



CYCP PROGRESS REPORT 2021-2022

RESULT

All children and youth are mentally healthy

CHAMPION/TACTIC OWNERS

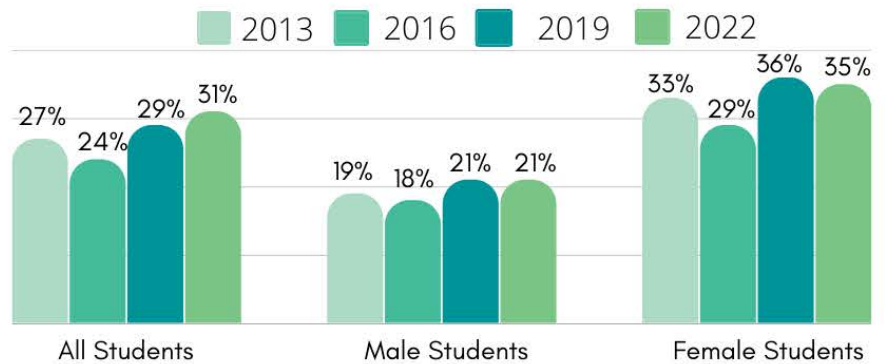
Alexandria City Public Schools,
DCHS - Child and Family Behavioral Health Services,
DCHS - Youth Development Team

HOW ARE WE DOING?

Depression/Attempted Suicide

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Since 2013, rates have increased by **15%**



STRATEGIES

8. Incorporate social, emotional, and academic learning into the school day
9. Increase access to mental health and wellness services, supports, resources, and dialogues

IMPLEMENTATION PROGRESS

Progress with promoting mental health:

2 Strategies, 9 Action Steps,

67% are in progress

WHAT HAVE WE DONE?

To advance strategy #8, ACPS is in the process of:

- Providing training to school teams in social emotional and academic learning programs
- Investing in professional development so educators and support staff can learn how to incorporate social emotional learning approaches into the school day. Scale up efforts that already exist to reach partners across and outside of the school system
- Conducting a study to assess the viability of pushing back school start times.
- Creating structures within the school schedule for delivery of social, emotional, and academic learning (SEAL) through restorative practices and community circles at each school in ACPS

To advance strategy #9, DCHS's Child and Family Behavioral Health Services is in the process of:

- Increasing access to Family Mental Health Services via Schools
- Strengthening community-based education, outreach and access around and Family Mental Health

DCHS's Youth Development Team is in the process of:

- Providing and promoting mental health trainings and education

ACPS is in the process of:

- Engaging students and families in identifying needed supports and services and offering them in schools while monitoring utilization of existing and new resources