# CHILDREN, YOUTH & FAMILIES COLLABORATIVE COMMISSION MEETING NOTES – NOVEMBER 09, 2022 CHARLES HOUSTON RECREATION CENTER, MULTI-PURPOSE ROOM

# **ATTENDANCE**

Catherine Clinger Jay Falk Mike Mackey Christina Sherlock Jessy Cuddy Francesca Gallozzi Julie Murphy J-Lynn Van Pelt (Virtual)

Rose Dawson Katie Greenway Jenny Rivera

Laura Durham (Virtual) Amanda Hazelwood (Virtual) Amanda Ruff

#### **Excused Absent**

Councilwoman Sarah Bagley Jacinta Greene Zahra Rahimi

Ingrid Bynum Kate Harbour
Kate Garvey J. Glenn Hopkins
Councilwoman Aliya GaskinsKurt Huffman
Angela Green Tammie Ignacio

# **Unexcused Absent**

Christine Raino

#### Staff

Chelsea Eickert Noraine Buttar

#### **Guest:**

Allen Lomax

# PUBLIC COMMENT PERIOD

The Chair invited members of the public to make any comments. None were made.

# **WELCOME**

The Children, Youth, and Families Collaborative Commission (CYFCC) Chair, Jessy Cuddy welcomed everyone to the meeting and went over the agenda and plans for the rest of the year. Cuddy opened the floor for feedback and discussion. There was brief discussion about the google drive and how to access it as well as follow up on the YVOC survey. Jessy welcomed new members Francesca Gallozzi and Amanda Ruff and led a round of introductions.

#### REVIEW AND APPROVE OCTOBER MEETING MINUTES

The Meeting Minutes were reviewed and approved with amendments.

Amendment - Rose Dawson was repeated twice on the notes, revision requested.

# **OLD BUSINESS – UPDATE ON YOUTH ADULT PARTNERSHIP PLANNING**

Catherine gave an update on the follow up for the YVOC survey. Together with youth commissioner Jenny Rivera, they suggested the commission introduce a "how you can help" survey and club to connect the commission more closely to the schools.

# OLD BUSINESS - REPORT OUT FROM GOAL COMMITTEES AND DISCUSSION

GG1: Mental Health Round Table – overview and initial thoughts

Catherine summarized progress of work on the roundtable. The goal group would like to host a pre-roundtable discussion to determine priorities and content of the formal roundtable. Allen Lomax commented that there was a recent report on the mental health status of youth and teachers in the Commonwealth of Virginia that may be relevant to the roundtable.

GG2: Social Emotional Learning (SEL) Follow-up Gregory Baldwin, Mental-Health Screener (DESSA)

Jessy framed need for follow up with Mr. Baldwin. Goal group is interested in how DESSA is being implemented, what the follow up will be, and how the screener will relate to implementation of student mental health supports. Clarification was offered on the difference between DESSA and developmental assets survey.

# GG3: Youth Speak Up Event – Update to group

Youth Speak Up event is from 6-8 on December 7th, focusing on the mental health of middle schoolers. Panel conversation will focus around what makes students feel stressed out, how they cope with anxiety, and then will be followed with small breakout groups focused on strategies and resources to support student mental health. Breakout groups will be by age group. High school students will facilitate middle school breakouts. Target is to complete another event at Hammond by the end of the school year. Allen Lomax commented that volunteer adult facilitators would be welcome.

#### NEW BUSINESS – CHILDREN AND YOUTH COMMUNITY PLAN PROGRESS UPDATE

A presentation on the Children and Youth Community Plan was delivered.

# **NEW BUSINESS – SMALL TRIAD GROUPS**

Pushed to goal group meetings.

# NEW BUSINESS - LARGE GROUP DISCUSSION/ACTION PLANNING

Motion to move meetings to virtual during winter months, in order to continue advancing work, agreed by consensus.

# **ADJOURNMENT**

Meeting adjourned at 8:02 PM.