

# Health and Safety Coordinating Committee

September 8, 2023

# Agenda

## Topic Area

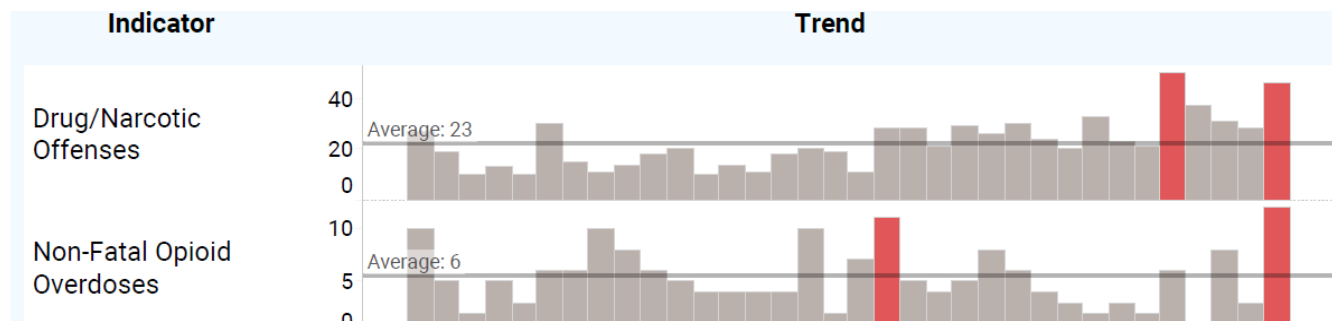
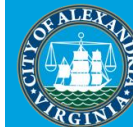
- Opioid Update
- Behavioral Health & Criminal Justice Collaboration

## Committee Reports

- Revised Mission Statement
- Significant Change Data
- Roundtable

## FY24 Workplan

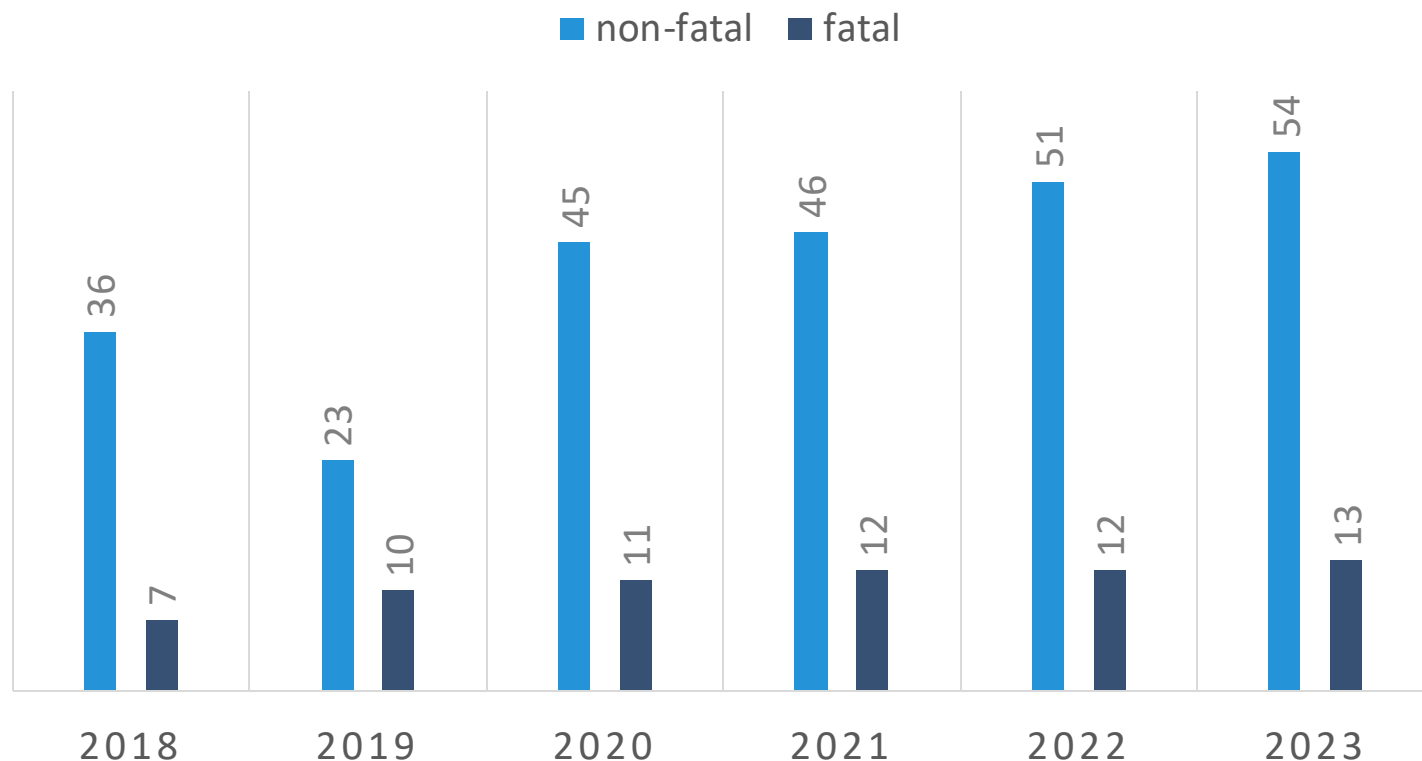
# Opioid Use Data



- Caveats: Overdose data is only sourced from APD and limited Fire/EMS data (stripped down Narcan deployments) and 911 calls. More overdoses occur in the city for which 911 is not called and notifications are not made.
- Narcan saturation is high and people increasingly do at-home reversals.
- Xylazine and other pollutants on the rise in Northern VA
- Fentanyl or its analogs are the lead substance in our overdoses (23 known YTD)
- Prior to 2022, Alexandria had not had a juvenile overdose since 2019 (1). We also saw lower numbers of Hispanic victims, all adults. Since 2022:
  - Over 20% of confirmed overdoses are juveniles, primarily of suspected fentanyl being smoked.
  - Around 30% of confirmed overdoses are of Hispanic-identifying victims.

# Opioid Use Data

OPIOID OVERDOSES THROUGH AUGUST



Note: 10 of the 13 are suspected fatalities

## Non-Fatal 2023 Overdoses:

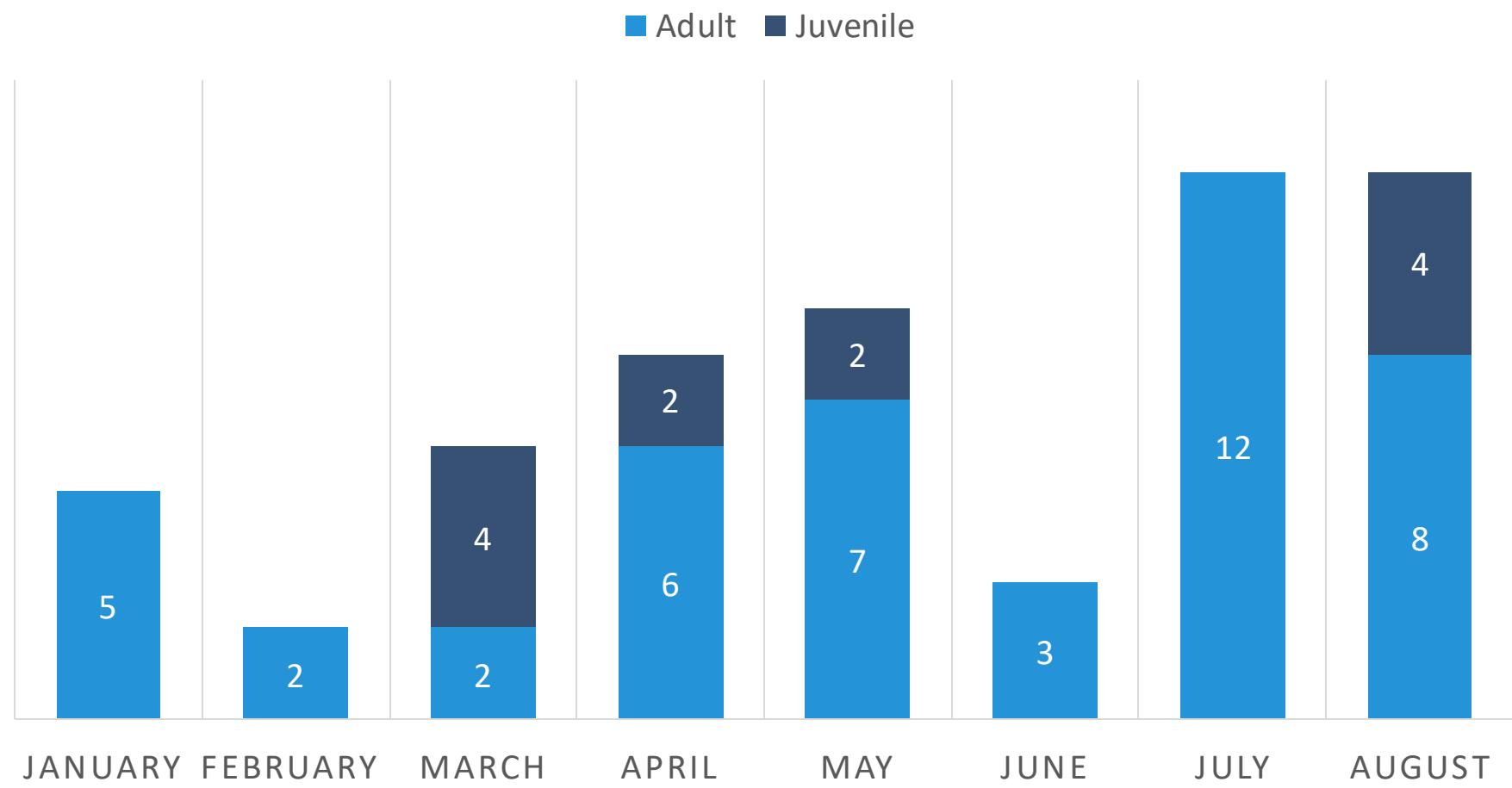
- 5 individuals have overdosed multiple times (1 juvenile)
- Youth (24 and under) represent 35.1% of opioid overdoses.

## Of the fatal in 2023 (through August):

- 3 confirmed overdose fatalities, including 1 juvenile
- 10 more suspected adult fatalities, pending medical examiner report

# Opioid Use Data

SUSPECTED OPIOID OVERDOSES  
2023



# Opioid Use – Partnerships and Engagement

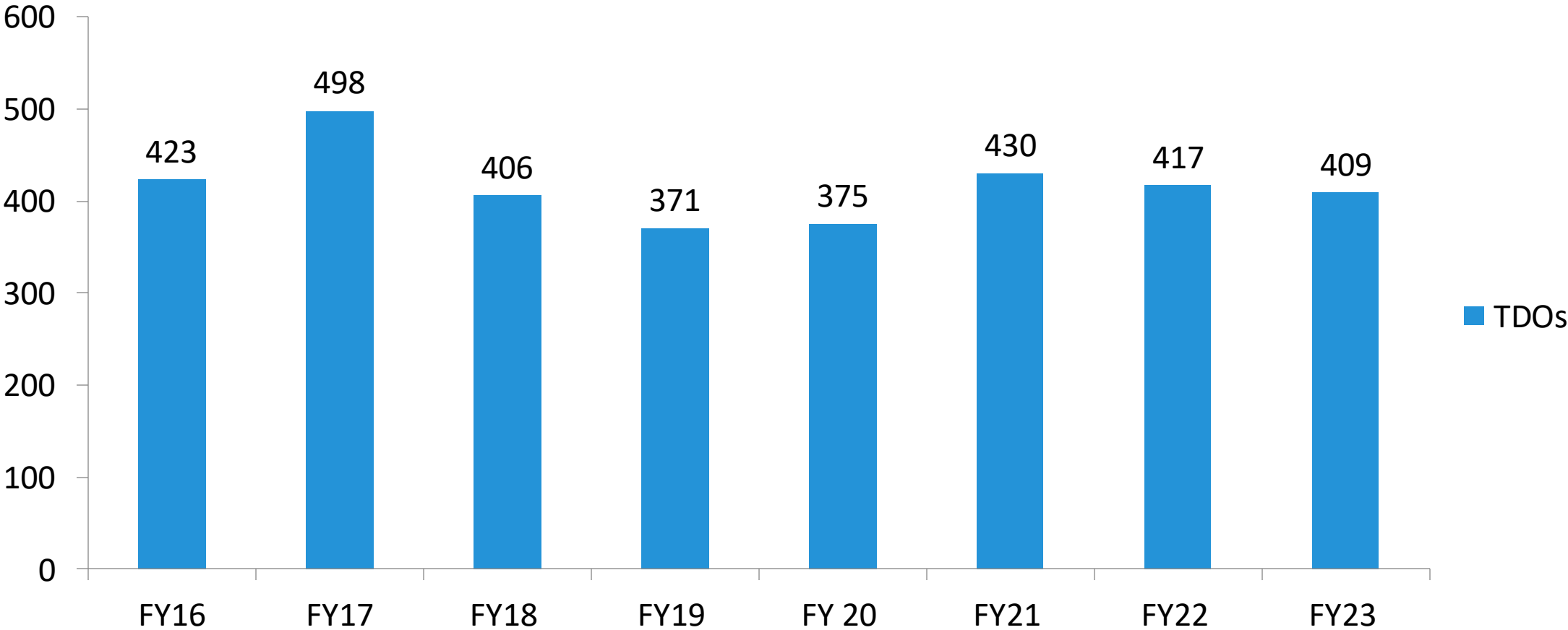
- Partnered with the Alexandria Health Department (AHD) for Narcan distribution at restaurants across the City of Alexandria
- Regional Opioid Task Force meets every month to share data, ideas, initiatives, and support, while partnerships
- Opioid Work Group (OWG) is providing community education and Narcan Trainings with partners, including: Libraries, West End Business Association, Alexandria Public Health Advisory Commission
- OWG coordinator continues to provide education seminars to all interested organizations aimed at addressing the impact of opioids in our community
  - Presentations have occurred at nonprofits, faith-based organizations, private school community, and for other departments within the City of Alexandria.
  - Speaking at John P Mayhugh Foundation and Institute for Public Health Innovation on Alexandria's initiatives and harm reduction programs.

# Opioid Use – Youth Focused Initiatives

- Youth only 12 step meeting began in March 2023, the only one of its kind in the area
  - ACPS provides a Spanish speaking parents' support group that runs simultaneously
- Continued local and regional efforts to develop appropriate treatment continuum for our youth
- AHD, OWG, and ACPS partnered together to distribute Recovery bags to teens at the Teen Wellness Center. This bag contains Narcan, Fentanyl Test Strips, treatment information, and detailed instructions on how to use the Harm Reduction products.
- A Youth Ambassador Program was recently launched:
  - Two youth with lived experience have been selected to be youth ambassadors for the OWG. These youth will be able to provide the group with a new perspective on the opioid issues facing our youth, speak at community education and prevention events, and provide support to other youth challenged with substance use disorders.

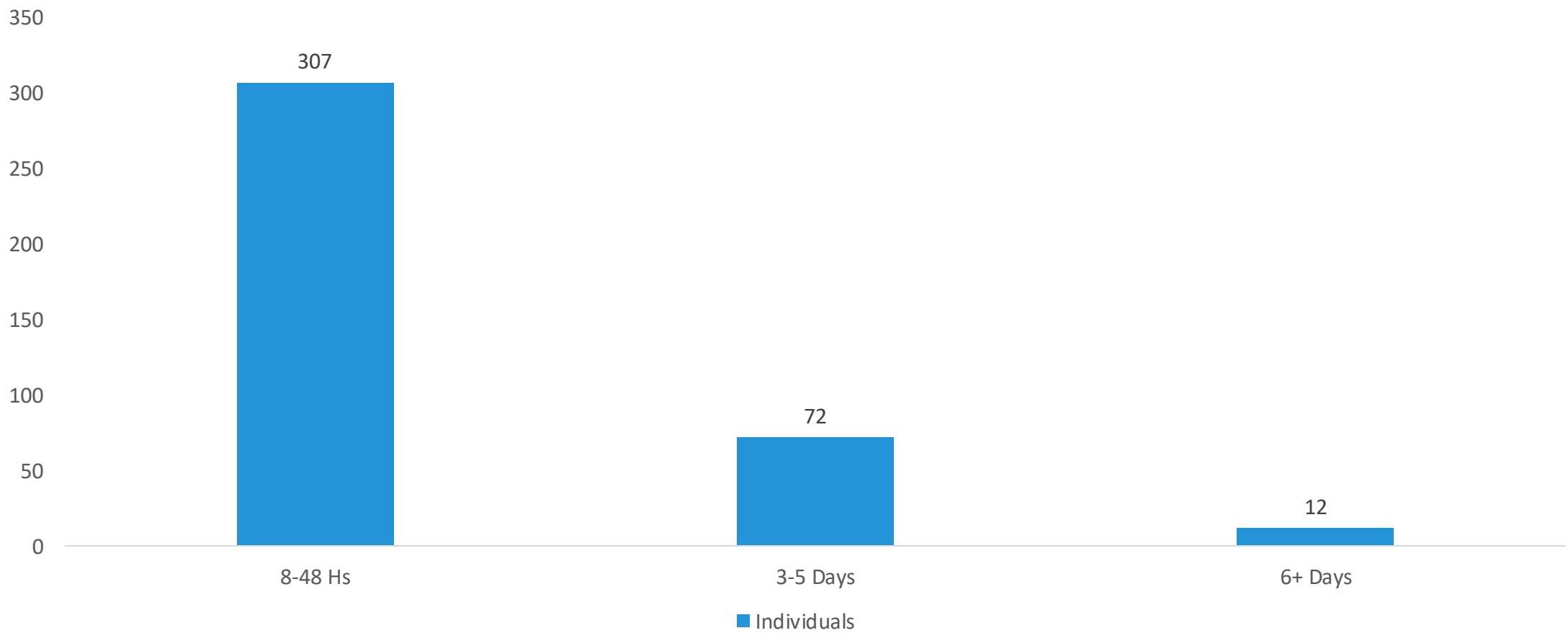
# Behavioral Health

## Temporary Detention Orders (TDO's) Year Over Year





# Psychiatric Boarding FY23



# Alexandria Co Response Team (ACORP) FY 2023

- Two new teams launched
- 7 days week coverage
- 739 Total Contacts
- 225 Face to Face evaluations
- Consistent outcomes:
  - *Diversion from higher level of care and legal system*

# Ongoing Initiatives

- Marcus Alert System Pre implementation
- Harvard Government Performance Lab Technical Support
- Federal Block Grant: Mobile Crisis/Outreach Teams

# Behavioral Health & Criminal Justice Collaboration: Crisis Services Data Integration Initiative

## Purpose:

- Improve integrated crisis services in the City of Alexandria, so that there is an increased utilization of less restrictive and more appropriate interventions.

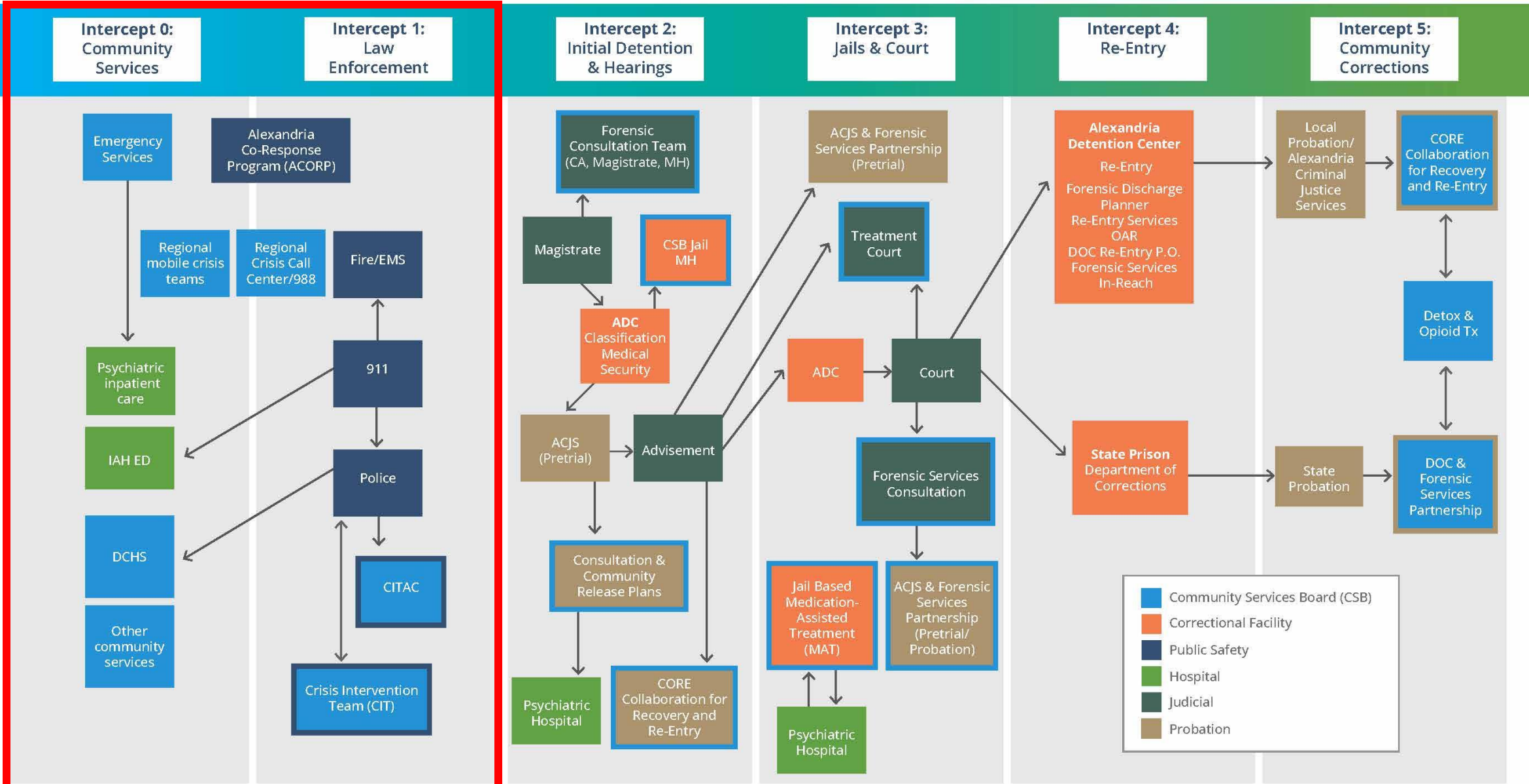
## Data Project Goals:

- In order to make more informed decisions regarding crisis response, we will be able to establish baseline data to measure the following:
  - Measure diversion from legal system when there are behavioral health needs
  - There is diversion from high level of care (hospital)
  - Are we reducing our hospitalizations relative to all of our evaluations
  - Percentage of evaluations resulting in TDO's
  - How many calls are diverted from 911 to 988 (future)



# Alexandria Behavioral Health & Criminal Justice Collaboration

The Sequential Intercept Model (SIM) details how individuals with mental and substance use disorders come into contact with and move through the criminal justice system.



# Revised Mission and Vision

## Mission Statement

The purpose of the Health and Safety Committee is for City serving agencies to collaborate and use data to problem-solve with members of City Council on prevention and intervention strategies that impact the overall health and safety of the community.

## Vision Statement

All Alexandrians are healthy and safe.



# Health and Safety Report: FY24 Changes

- Data report organized by “impact areas” that each have indicators demonstrating situational awareness, prevention, and intervention
- Promotes greater collaboration to problem-solving on service needs, rather than an organizational chart
- Provides some flexibility on how to present the data

## **Behavioral Health and Substance Use**

- DCHS
- APD
- Commonwealth Attorney’s Office

## **Youth Wellness**

- CSU
- DCHS
- RPCA

## **Healthy & Safe Homes**

- Code
- Fire

## **Vision Zero**

- T&ES
- APD

## **Community Health**

- DCHS
- Health

## **Recidivism**

- APD
- Commonwealth Attorney’s Office

## **Public Safety Emergency Response**

- DECC
- Sheriff’s Department
- APD
- Fire



# Health and Safety Report: Significant Changes

## Significant Changes

Indicators that were significantly different during the previous months from their average from data available from the past 3 years

- No Significant Change
- Significant Change
- Significant Negative Change
- Significant Positive Change

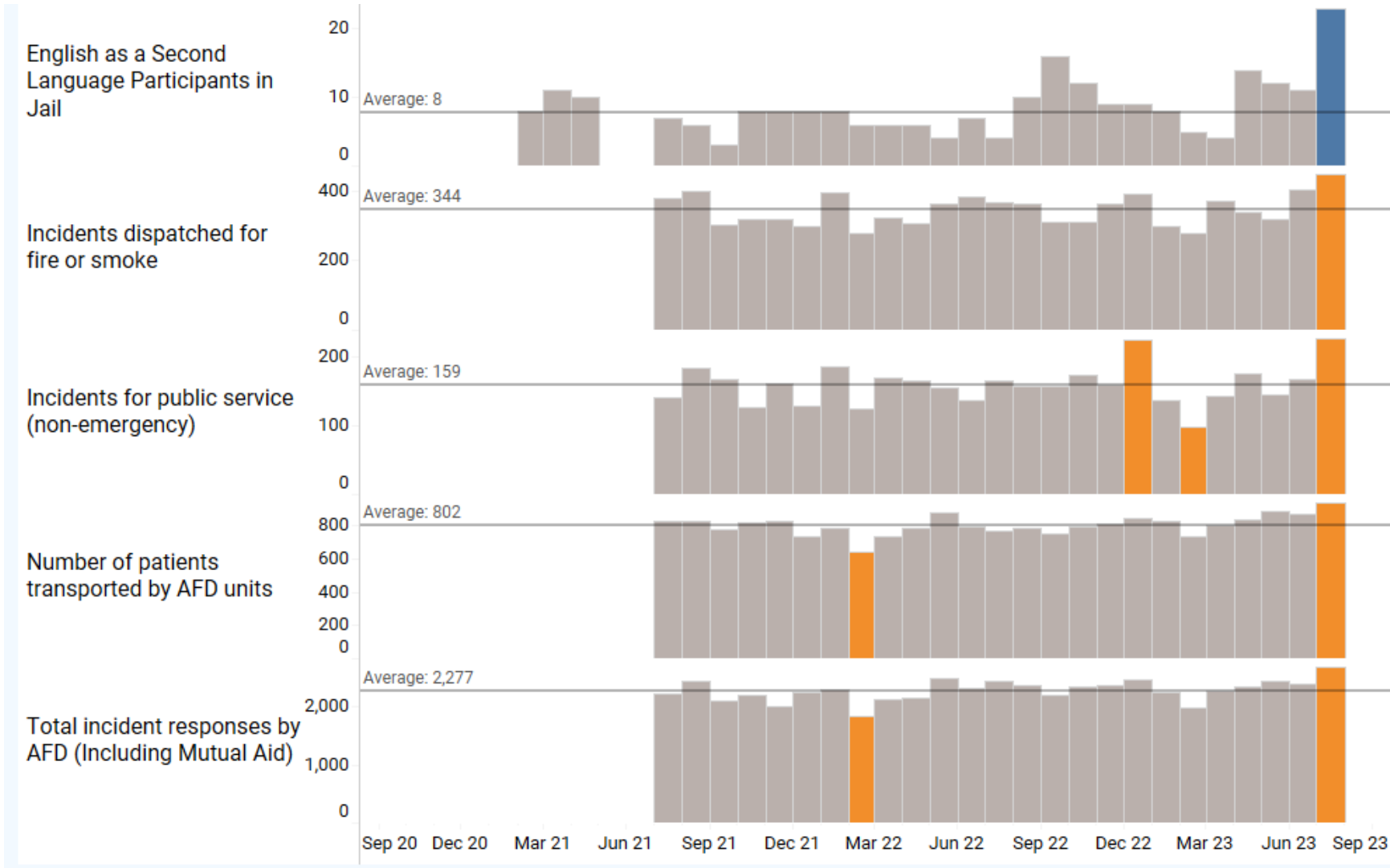
July 2023

Indicator

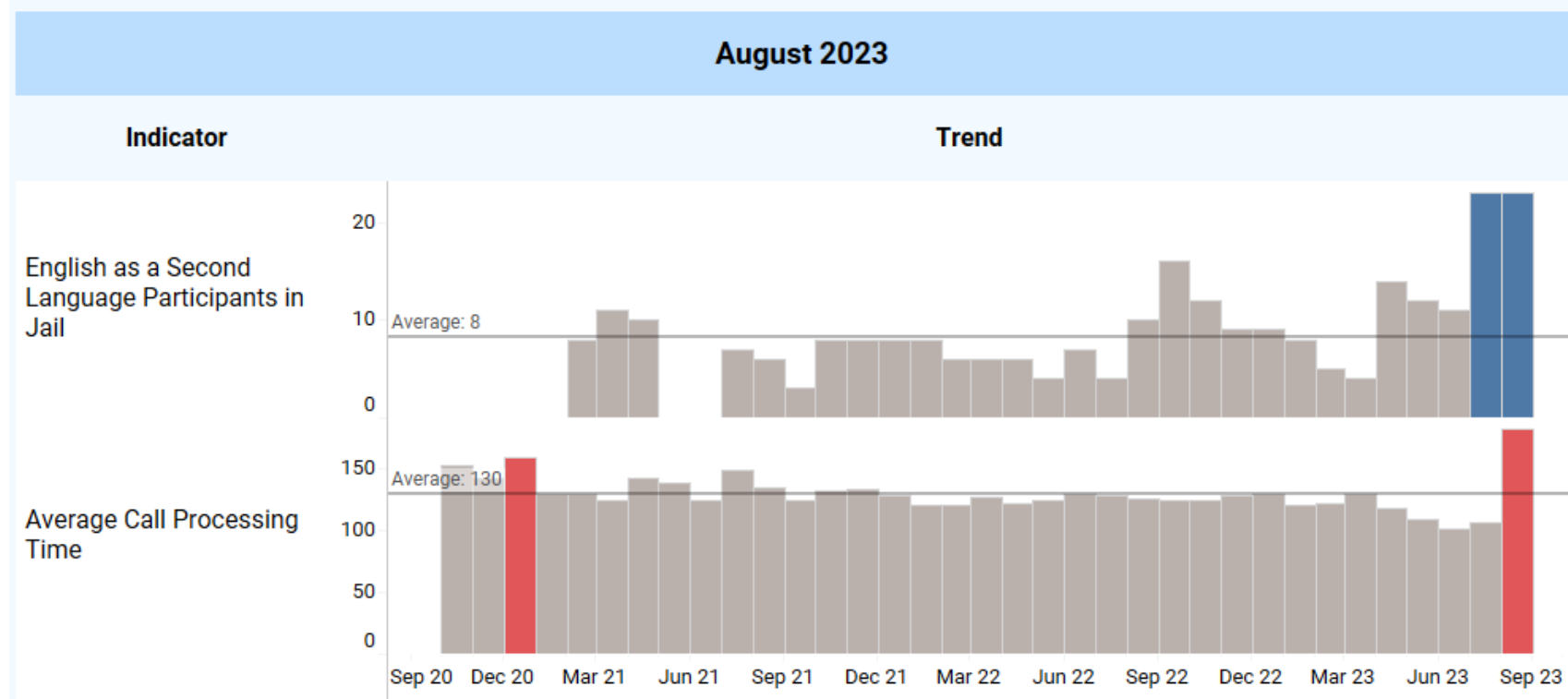
Trend



# Health and Safety Report: Significant Changes



# Health and Safety Report: Significant Changes





# Roundtable

# FY24 Workplan

*Note: The workplan is set prior to the first meeting in September to guide the discussion for the year ahead, though topics may change to reflect the most relevant community needs.*

## **September 2023 (Combined with CCJB):**

Behavioral Health:

- Criminal Justice Collaboration
- Opioid Workgroup Update

## **November 2023:**

- Youth Wellness: Youth Safety and Resilience work update

## **January 2024:**

- Youth Wellness: Northern Virginia Juvenile Detention Center

## **March 2024:**

- Community Health/Healthy and Safe Homes: Code Administration and Housing

## **May 2024 (Combined with CCJB):**

- Public Safety: APD Annual Report & Recidivism