

FEBRUARY SCHEDULE

MONDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELI	-
6:00 AM						PO	TOMAC MARI	LINS 6AM-630	AM		6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM								AQUA A	EROBICS		9:00 AM
9:30 AM		ACPS.	SPLASH PRO	GRAM				9AM-	10AM		9:30 AM
10:00 AM			9 AM- 11 AM	1							10:00 AM
10:30 AM	NC	NO F	NO PROGRAM JAN 2-5								10:30 AM
11:00 AM	WE Aquatics										11:00 AM
11:30 AM	10AM-1PM										11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM								2:30 PM			
3:00 PM						HIGH SCHOOL SWIM TEAM SSSA & ACDS					
3:30 PM						2:30PM-4PM					3:30 PM
4:00 PM	ALEX S	SWIM	WE A	quatics	ALEX	LEXANDRIA CITY HIGH SCHOOL SWIM & DIVE TEAM PRACTICE					4:00 PM
4:30 PM	SWIM LI	ESSONS		-7:00PM				-5:00PM			4:30 PM
5:00 PM	3:00PM- STARTING										5:00 PM
5:30 PM						РОТОМАС					5:30 PM
6:00 PM						MARLINS 5:15-6:45P		TOMAC MARL			6:00 PM
6:30 PM							5	5:15PM-7:45P	M	GET IN DEEP	6:30 PM
7:00 PM	S	ALEX SWIM WIM LESSON	S							630-730PM	7:00 PM
7:30 PM		3PM-8PM									7:30 PM
8:00 PM	A	QUA AEROBIC 7:15-8:15	CS								8:00 PM
8:30 PM											8:30 PM
9:00 PM				•	OL CLOSE	S AT 8:4!	5PM				9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

TUESDAY

				unless not							
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELI	
6:00 AM											6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM							AQUA E	XERCISE FOR S	SENIORS		8:00 AM
8:30 AM								815AM-900AN	Л		8:30 AM
9:00 AM		ACPS	SPLASH PRO	GRAM							9:00 AM
9:30 AM		NO DI	9 AM- 11 AM					XERCISE FOR S 30AM-1015A			9:30 AM
10:00 AM		NO PI	NO PROGRAM JAN 2-5TH					30AW-1013A	VI		10:00 AN
10:30 AM											10:30 AM
11:00 AM	WE Aquatics	W	ATER WALKI	NG							11:00 AN
11:30 AM	10AM-1PM	10)55AM-1155 <i>A</i>	AM							11:30 AV
12:00 PM											12:00 PN
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM						HIGH SCHOOL SWIM TEAM					
3:00 PM							SSSA & ACDS				
3:30 PM						2:30PM-4PM					3:30 PM
4:00 PM			\//F Δ(quatics	ΔΙΕΧ	ANDRIA CITY	HIGH SCHOO	I SWIM & DIV	Έ ΤΕΔΜ ΡΒΔ	CTICE	4:00 PM
4:30 PM	ALEX S	SWIM		-7:00PM	, (CL)	ALEXANDRIA CITY HIGH SCHOOL SWIM & DIVE TEAM PRACTICE 4:00PM-5:00PM					
5:00 PM	SWIM LI	ESSONS				_					5:00 PM
5:30 PM	3:00PM- HI/LO AQ					РОТОМАС					5:30 PM
6:00 PM	6:30PM-	7:30PM				MARLINS 5:15-6:45P					6:00 PM
6:30 PM						3.23 3.131	PO	TOMAC MARL	INS		6:30 PM
7:00 PM							5	:15PM-8:45PI	M		7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM				POC	DL CLOSE	S AT 8:4!	5PM				9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

WEDNESDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELI	
6:00 AM						PO	TOMAC MA	RLINS 6AM-630	DAM		6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM			·					AQUA AI	EROBICS		9:00 AM
9:30 AM			ACPS SPLASH PROGRAM 9 AM- 11 AM					9AM-	10AM		9:30 AM
10:00 AM											10:00 AN
10:30 AM			JAW IIAW								10:30 AM
11:00 AM	WE Aquatics										11:00 AN
11:30 AM	10AM-1PM										11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM						HIGH SCHOOL SWIM TEAM SSSA & ACDS					
3:00 PM											
3:30 PM							2:30PM-4PM				3:30 PM
4:00 PM	ALEV	CAAUN A	WE Ad	quatics	ALE	XANDRIA CITY HIGH SCHOOL SWIM & DIVE TEAM PRACTICE					4:00 PM
4:30 PM		SWIM .ESSONS	2:00PM	-7:00PM			4:00F	PM-5:00PM			4:30 PM
5:00 PM	3:00PM	-8:15PM									5:00 PM
5:30 PM						POTOMAC					5:30 PM
6:00 PM						MARLINS 5:15-6:45P	PO	OTOMAC MARI			6:00 PM
6:30 PM								5:15PM-7:45P	IVI		6:30 PM
7:00 PM										DEEP WATER	7:00 PM
7:30 PM										630PM-730PM 740PM-840PM	7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM				POOL	CLOSES	S AT 8:45	5PM				9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

THURSDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WEL	L	
6:00 AM											6:00 AM	
6:30 AM											6:30 AM	
7:00 AM											7:00 AM	
7:30 AM											7:30 AM	
8:00 AM							A O L L A E	VEDCICE FOR	CENHODS		8:00 AM	
8:30 AM								XERCISE FOR S 815AM-900AN			8:30 AM	
9:00 AM		ACDS.	SPLASH PROC	SRAM								
9:30 AM			9 AM- 11 AM					XERCISE FOR S			9:30 AM	
10:00 AM		No	No programs Jan 2-5				<u>C</u>	930AM-1015A		10:00 AM		
10:30 AM										10:30 AM		
11:00 AM	WE Aquatics	W	ATER WALKIN	NG							11:00 AM	
11:30 AM)55AM-1155A	ιM							11:30 AM	
12:00 PM											12:00 PM	
12:30 PM				-							12:30 PM	
1:00 PM				-							1:00 PM	
1:30 PM		Skills on the									1:30 PM	
2:00 PM		Hill 1:00-3:00P									2:00 PM	
2:30 PM							חוכח גרחטט	L SWIM TEAM			2:30 PM	
3:00 PM							SSSA 8		3:00 PM			
3:30 PM							2:30Pl	M-4PM		3:30 PM		
4:00 PM			WE Ad	quatics	ALEXANDRIA CITY HIGH SCHOOL SWIM & DIVE TEAM PRACTICE							
4:30 PM	ALEX:	SWIM		-7:00PM			4:00PM	-5:00PM			4:30 PM	
5:00 PM	SWIM L	ESSONS -8:30PM									5:00 PM	
5:30 PM	HI/LO AQ					POTOMAC			5:30 PM			
6:00 PM	6:30PM-					MARLINS 5:15-6:45P					6:00 PM	
6:30 PM	STARTING	JAN 18th						TOMAC MARL			6:30 PM	
7:00 PM							5	5:15PM-8:45PN	M		7:00 PM	
7:30 PM											7:30 PM	
8:00 PM											8:00 PM	
8:30 PM				I							8:30 PM	
9:00 PM				POC	L CLOSE	S AT 8:45	5PM				9:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



FEBRUARY SCHEDULE

FRIDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7		IVING WEL	
6:00 AM						PO ⁻	TOMAC MARI	INS 6AM-630	AM		6:00 AM
6:30 AM											6:30 AM
7:00 AM								-			7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM											9:00 AM
9:30 AM											9:30 AM
10:00 AM		ACPS	SPLASH PROG								10:00 AM
10:30 AM			9 AM- 11 AM								10:30 AM
	WE Aquatics										11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM											
	FAN	ИILY	Wo A	quatics							3:00 PM
3:30 PM	3.00 5	'IM :45PM		l-5:30PM							3:30 PM
4:00 PM		.431 141									4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM 6:00 PM				POOL	CLOSES	at 5:45	p.m				5:30 PM 6:00 PM
0.00 FIVI	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	O.OU FIVI



FEBRUARY SCHEDULE

SATURDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm Lane availability is subject to change.

		БП	rthuay Pari	ties 1:30pm	1-2:30pm &	3:30pm-4:	30pm Lan	ie avaliabili	ty is subje	ct to chang	e	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WEL	L	
8:00 AM											8:00 AM	
8:30 AM											8:30 AM	
9:00 AM											9:00 AM	
9:30 AM	WATER EVEROUS									9:30 AM		
10:00 AM	WATER EXERCISE 9:00AM-10:00AM										10:00 AM	
10:30 AM											10:30 AM	
11:00 AM	c	ALEX SWIM	c		<u>l</u>					11:00 AM		
11:30 AM	SWIM LESSONS 9:00AM-1:30PM								_	UNAVAILABLE		
12:00 PM	STA	ARTING JAN 20	0th						8AM-	3AM-4:00PM 12 :		
12:30 PM					quatics n-2:30pm						12:30 PM	
1:00 PM				11.00aii	1-2.30pm				-		1:00 PM	
1:30 PM							WE Aquatics				1:30 PM	
2:00 PM							Swim Team 1:30-2:30PM				2:00 PM	
2:30 PM											2:30 PM	
3:00 PM		FAMILY SWIM	1			Dowde	n Terrace Swi	m team			3:00 PM	
3:30 PM	BIF	RTHDAY PART					:45 PM-4:15 F				3:30 PM	
4:00 PM		1:30-5:30PM						I			4:00 PM	
4:30 PM											4:30 PM	
5:00 PM											5:00 PM	
5:30 PM											5:30 PM	
6:00 PM				POC	OL CLOSE	S AT 5:4!	5PM				6:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



FEBRUARY SCHEDULE

SUNDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WEL	L	
8:00 AM	10 11011	27.172.2	2.1172.2	211123	271172	27.1172.5	E II C	2,1112,		AILABLE	8:00 AM	
8:30 AM									8AM-	3:30PM	8:30 AM	
9:00 AM				AQUA ZUMBA		ZUMBA		9:00 AM				
9:30 AM									10:00A	9:30 AM		
10:00 AM					(CITY OF ALEXANDRIA WAHOOS SWIM TEAM						
10:30 AM		ALEX SWIM				10		10:30 AM				
11:00 AM		SWIM LESSON 9:00AM-1:30P									11:00 AM	
11:30 AM		ARTING JAN 2									11:30 AM	
12:00 PM							WE AQUATIC SWIM TEAM			12:00 PM		
12:30 PM					quatics n-2:30pm					12:30 PM		
1:00 PM				11.000.1	. 2.30р				UNAV	1:00 PM		
1:30 PM									11AN	1:30 PM		
2:00 PM										2:00 PM		
2:30 PM										2:30 PM		
3:00 PM		FAMILY SWIN	l								3:00 PM	
3:30 PM	BII	RTHDAY PART 1:30-5:30PM	IES								3:30 PM	
4:00 PM		2.30 3.301 1					LAWN SWIM :30PM-5:30P				4:00 PM	
4:30 PM											4:30 PM	
5:00 PM											5:00 PM	
5:30 PM											5:30 PM	
6:00 PM				РО	OL CLOSI	ES AT 5:4	5PM				6:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		