



Department of Community  
and Human Services

# Alexandria Food Resource Directory

## Benefits

### SNAP (Supplemental Nutrition Assistance Program)

Formerly known as food stamps, assists individuals and families who are unable to purchase sufficient food for themselves by issuing an electronic benefit (EBT) card to purchase eligible food items.

855.635.4370

[commonhelp.virginia.gov](http://commonhelp.virginia.gov)

4850 Mark Center Drive, 5<sup>th</sup> Floor, Mon-Fri, 8 a.m.-5p.m.

### SNAP Double Dollar Program

Incentive program that allows SNAP recipients who visit participating farmers markets to receive up to \$30 in matching dollars to purchase eligible food products at the market.

703.746.5700

[alexandriava.gov/FarmersMarket](http://alexandriava.gov/FarmersMarket)

- Old Town Farmers Market: Market Square (301 King St), Sat, 7 a.m.-12 p.m., year round
- Old Town North Farmers Market: Montgomery Park (901 North Royal St)
  - Thurs, 3 p.m.-7 p.m., Mar-Sept
  - Sun, 10 a.m.-2 p.m., year round
- Southern Towers Farmers Market: Southern Towers (5067 Seminary Rd), Sat & Sun, 10 a.m.– 4 p.m., year round
- Four Mile Run Farmers Market: Four Mile Run Park (4109 Mount Vernon Ave), Sun, 9 a.m.-1 p.m., year round

### Farm Market Fresh Senior & WIC Farmers' Market Nutrition Program

The Farm Market Fresh program, also known as the Senior & WIC Farmers' Market Nutrition Program (S/FMNP) provides vouchers to older adults 60 years of age or older and families that receive WIC. Vouchers can be used to purchase fresh fruit, vegetables, and cut herbs.

Vouchers can be acquired from the Department of Community and Human Services, 4850 Mark Center Drive, 9<sup>th</sup> Floor, Wed, 8am-5pm. They must be used June 1<sup>st</sup>-November 18<sup>th</sup>.

Vendors must have a sign indicating that they participate in the program. Participating vendors at:

- Old Town North Farmers Market: Montgomery Park (901 North Royal St)
  - Thurs, 3 p.m.-7 p.m., Mar-Sept
  - Sun, 10 a.m.-2 p.m., year round
- Four Mile Run Farmers Market: Four Mile Run Park (4109 Mount Vernon Ave), Sun, 9 a.m.-1 p.m., year round
- West End Farmers Market: Ben Brenman Park (4800 Brenman Park Dr), Sun, 8:30 a.m.-1 p.m., Apr-Nov
- Southern Towers Farmers Market: Southern Towers (5067 Seminary Rd), Sat & Sun, 10 a.m.– 4 p.m., year round

## Division of Aging & Adult Services

Senior Congregate Meals are served at two locations, both centers offer a hot lunch Monday through Friday, except for holidays. There is no cost for meals for persons aged 60 or older. Must pre-register.

- St. Martins Senior Center (4650 Taney Ave), 703.751.2766, Mon-Fri, 12-1 p.m.
- Charles Houston Senior Center (901 Wythe St), 703.746.5456, Mon-Fri, 12-12:30 p.m.

## Women, Infants, and Children (WIC) Program

Provides nutritious food benefits, nutrition counseling, promotes breast/chest feeding, and provides breast/chest feeding support to pregnant, postpartum, and breast/chest feeding parents, and for infants and children up to the age of 5 years. WIC also issues free breast pumps to eligible breast/chest feeding parents. All services are by appointment only, any custodial parent may apply for children.

Appointments: 703.746.4998

[alexandriava.gov/NutritionWIC](http://alexandriava.gov/NutritionWIC)

- Main Office: 4850 Mark Center Drive, 3<sup>rd</sup> Floor, Mon-Fri, by appointment
- Neighborhood Health: 2 East Glebe Road, Mon-Fri, by appointment
- Casey: 1200 N. Howard Street, Suite 105, Mon-Fri, by appointment

## Alexandria City Public Schools Free and Reduced Price Meals

Parents who believe their children may be eligible for free or reduced-price meals complete a FARM application. Applications can be acquired from the school or online. Only one application is needed per family, a new application is required every school year. Foster children and children experiencing homelessness are categorically eligible for free meal benefits.

Free breakfast and lunch will be provided to all students attending a Community Eligibility Provision (CEP) school; families of students attending these CEP schools do not need to complete an application:

- ACHS Minnie Howard
- Cora Kelly
- Ferdinand T. Day
- Francis C. Hammond
- James K. Polk
- Jefferson Houston
- John Adams/Early Childhood Center
- Patrick Henry
- Samuel W. Tucker
- William Ramsay

703.619.8048

[acps.k12.va.us/departments/facilities-operations/the-office-of-school-nutrition-services/free-and-reduced-price-meals](https://acps.k12.va.us/departments/facilities-operations/the-office-of-school-nutrition-services/free-and-reduced-price-meals)

[acps.k12.va.us/families/enrollment/homeless-education-liaison-program-help](https://acps.k12.va.us/families/enrollment/homeless-education-liaison-program-help)

## Food Distribution

### DCHS Food Distribution at Leonard “Chick” Armstrong Recreation Center

Seasonal food distribution open to all, bring a bag.

703.887.4992

25 W Reed Ave

2nd Friday each month, 11 a.m.-1 p.m., recommended to arrive early.

### ALIVE! Weekend Food Distribution

5-day supply of fresh produce, meat, eggs, bread, and staple food distribution. No registration needed. Distributions are for Alexandria Residents and proof of residency may be requested.

703.837.9321 for general information

Dates may change, see most recent schedule at [alive-inc.org/food-program-in-alexandria-virginia](https://alive-inc.org/food-program-in-alexandria-virginia)

Last Sat of month, Jan-Apr & Jun- Oct, 8:30 -11:30 a.m.

Second Saturday of the month, May, Nov, Dec (months where the last Saturday is a Federal Holiday Weekend)

Walk-up:

- Cora Kelly Elementary School (3600 Commonwealth Ave)
  - (DASH Line 33 & 36A/B)
- William Ramsay Rec Center (5650 Sanger Ave)
  - (DASH Line 35)

## ALIVE! Food Hubs

Offers residents of the City of Alexandria food for their family, personal hygiene items, cleaning supplies, school supplies, connections to information other about services. People can choose what items they would like to take from the food hub, generally meat, produce, dairy, eggs, fresh bread, and shelf stable pantry items are stocked regularly.

703.549.3692

[alive-inc.org/food-program-in-alexandria-virginia](https://alive-inc.org/food-program-in-alexandria-virginia)

- West End: 510-F South Van Dorn Street, Tues-Thurs, 11 a.m.-6 p.m. (Closed 2 p.m. – 3 p.m.), Sat, 10 a.m.-2 p.m.
  - (DASH Line 30, 32 & 35)
- Del Rey: 2601 Mt Vernon Ave, Tues-Thurs, 12 p.m.-6 p.m. (Closed 2 p.m. – 3 p.m.), Sat, 10 a.m.-2 p.m.
  - (DASH Line 33, Metrobus 10A/B)

## ALIVE! Food Pop-Ups

Provides bags of food to specific neighborhoods and apartment buildings, in collaboration with our community partners, in the parking lot at each pop-up location. Drive-through and walk-up service available depending on site.

Dates may change, see most recent schedule at [alive-inc.org](https://alive-inc.org)

- Ramsay Recreation Center (5650 Sanger Ave), 2nd Thursday of the month, 4:30-6 p.m. (DASH Line 35)
- Hammond Middle School (4646 Seminary Rd), 2nd Thursday of the month, 4-6 p.m. (DASH Line 36A/B & 102, Metrobus 28A)
- Old Town Community Church (212 S. Washington St), 3rd Friday of the month, 10:30 a.m.-12 p.m. (DASH Line 30, 31, 34 & King Street Trolley, Metrobus 10A/B)
- Fairlington United Methodist Church (3900 King St), 3rd Saturday of the month, 8-10 a.m. (DASH Line 31 & 36A/B)

- UNCUT Youth (1501 Cameron St), 3rd Saturday of the month, 10 a.m.-12 p.m. (DASH Line 30, 31 & King Street Trolley)

## Historic Christ Church Lazarus Food Pantry

Provides perishable and non-perishable food (and toiletries once a month). Requires sign-in by name, bring a bag if you can.

703.549.1450, then press 2

[historicchristchurch.org](http://historicchristchurch.org)

118 N. Washington Street

Thurs, 9-10 a.m.

## Alexandria Food Pantry

Provides perishable and non-perishable foods, including fresh produce, dairy, meat, and traditional staples such as cereal, canned vegetables, rice, and beans. Clients are eligible to receive food once per month. Bring photo ID, proof of address, & dependents' identification.

703.548.4227

[AROpantry@ccda.net](mailto:AROpantry@ccda.net) or [Attaulhaq.Mirwais@ccda.net](mailto:Attaulhaq.Mirwais@ccda.net)

[ccda.net/need-help/food/food-pantries/alexandria-food-pantry](http://ccda.net/need-help/food/food-pantries/alexandria-food-pantry)

Eisenhower Business Park, 4725A Eisenhower Ave

Wed-Thurs, 9 a.m.-1 p.m., please arrive by 12:30 p.m.

## Grace Episcopal Church Food Pantry

Provides food staples to low-income families and individuals.

703.549.1980

[gracealex.org/service/local-missions/food-ministries](http://gracealex.org/service/local-missions/food-ministries)

3601 Russell Rd

Tues & Fri, 6:30-7:30 p.m.

## West End Food Pantry

Provides perishable and non-perishable foods, receive a prepared amount of food, specific to family size.

[contact@westendfoodpantry.com](mailto:contact@westendfoodpantry.com)

5150 Fillmore Ave (DASH Line 31, Metrobus 28A)

Monday 5-6:30 p.m.

## Delete: First Agape Baptist Community of Faith

Seasonal food distribution open to all, bring a bag.

703.519.9100

2423 Mt Vernon Ave

2nd Friday each month, 11 a.m.-1 p.m.

## Oakland Baptist Church

703.998.9006

[obcalexandria.church](http://obcalexandria.church)

3408 King St (DASH Line 31 & 36A/B)

1<sup>st</sup> & 3<sup>rd</sup> Friday each month, 11 a.m. – 12 p.m.

## Mt. Jezreel Baptist Church Food Pantry

Provides healthy and nutritious food options, bring a bag. Must register each week by Wednesday.

[thegourmetangelmeals.org](http://thegourmetangelmeals.org)

317 N. Payne St (DASH Line 30, 31 & King Street Trolley)

## Free Little Pantry

Grassroots crowdsourced mini pantry for immediate and local need. Always open to take or leave food.

[mapping.littlefreepantry.org](http://mapping.littlefreepantry.org)

- Charles Houston Recreation Center, 901 Wythe St
- William Ramsay Recreation Center, 5650 Sanger Ave
- Dale Street Community Garden, 65 Dale St
- Alexandria Country Day School, 2500 Russell Rd (in front of the soccer field)
- St. Rita's Catholic Church, 3704 Mt Vernon Ave (rear corner of parking lot)

- Woodlawn Elementary, 8505 Highland Ln
- Duke Street, 2647 Duke St
- Chirilagua, 3907 Bruce St
- Girl Scout Troop 1444, 6120 N. Kings Hwy
- Fairlington Presbyterian Church (3846 King Street)

## Prepared Meals

### Christ House Evening Meal

Evening meal for homeless and low-income individuals; dinners are to-go meals and can be picked up every night, in all weather conditions. Guests may begin to arrive at 4:30 p.m. and arrive by 5:30 p.m. in order to be served with Hot Meal to-go bag. Guests who arrive after 5:30 p.m. may be served if there still available to-go hot meal bag, otherwise non-perishable meal bag will be available for the late guest.

703.549.8644

[ccda.net/need-help/food/christ-house-evening-meal](https://ccda.net/need-help/food/christ-house-evening-meal)

131 S West St

Daily, 5-5:30 p.m.

### Meade Memorial Episcopal Church Food Programs

All food programs take place between 11:30 a.m.-12:30 p.m. No ID required.

703.549.1334

[meadechurch.org](https://meadechurch.org)

322 N Alfred St

- Bag Lunch Program, Mon-Fri, 11:30 a.m.-12:30 p.m.
- Saturday Hot Meal Program, Sat (Oct-April), 12:30 p.m.-1:30 p.m.

### Open Table

Shared breakfast ministry, breakfast open to all.

[wsumc.com/engagement/open-table](https://wsumc.com/engagement/open-table)

[oldtown.cc/get-connected/open-table](https://oldtown.cc/get-connected/open-table)

[opmh.org/service-and-justice](https://opmh.org/service-and-justice)

- Washington Street United Methodist, Mon & Fri, 6-8 a.m.
- Old Town Deli, Tues, 8-10 a.m.
- Old Town Community Church, Wed, 6-8 a.m.
- Old Presbyterian Meeting House, Thurs, 6-8 a.m.

## YMCA Food Pantry

School-age children can receive 7 breakfast meals and 7 lunch meals every week.

703.838.8085.

420 East Monroe Ave

Mondays, 4-6 p.m.

# Food Delivery

## ALIVE! Home Delivery Food Program

3-day supply of groceries delivered once a month to older adults, people with disabilities, or single parents with young children who are homebound. Resident must be home at the time of the delivery. Referrals taken from local social service agencies and ALIVE! congregations. Self-referrals can be made one-time.

703.549.3692

[alive-inc.org/food-program-in-alexandria-virginia](https://alive-inc.org/food-program-in-alexandria-virginia)

Weekdays, mid-day

## Meals on Wheels

Administered by Divisions of Aging & Adult Services and Senior Services of Alexandria. Provides meals to Alexandria seniors who are unable to leave their homes to shop or have difficulty preparing a meal. Two healthy meals a day delivered to their homes, \$12 a day.

703.836.4414, ext. 112

Delivered daily, mornings-midday

[seniorservicesalex.org/programs/meals-on-wheels](https://seniorservicesalex.org/programs/meals-on-wheels)

Subsidized meals available through the Division on Aging and Adult Services, call to see if you qualify.

703.746.5999



[alexandriava.gov/older-adult-services/program/nutrition-health](http://alexandriava.gov/older-adult-services/program/nutrition-health)

## Senior Services of Alexandria Groceries to Go

Screened volunteers deliver groceries based off the grocery recipient's personal shopping list. There are no delivery fees, and no minimum order requirements. To be eligible, you must be a resident of the City of Alexandria, be at least 60 years old, and have a debit, credit, or EBT card.

703.836.4414, ext. 112

[seniorservicesalex.org/programs/groceries-to-go](http://seniorservicesalex.org/programs/groceries-to-go)

Year-round, every other week

## Mother of Light Center

Deliver food, clothing, and household items to those in need.

703.307.5902

[motheroflightcenter.com](http://motheroflightcenter.com)

Year-round, Mon-Sat

# Other

## 2-1-1 Virginia

Free service individuals or families in need of additional food or other resources. Available 24 hours a day, seven days a week.

Call 2.1.1

[211virginia.org](http://211virginia.org)

## Hunger Free Alexandria

Community-based coalition of food providers, faith-based communities, schools, social service organizations, and advocates for ending hunger, web page lists various types of food providers.

703.662.1067

[hungerfreealexandria@gmail.com](mailto:hungerfreealexandria@gmail.com)

[hungerfreealexandria.com](http://hungerfreealexandria.com)

## Too Good to Go

Purchase surplus food and meals from local stores and restaurants at a discounted price and save it from going to waste.

[toogoodtogo.com](https://www.toogoodtogo.com)

App available in Apple App Store, Google Play, & Huawei AppGallery

## Animal Welfare League of Alexandria

Provides free pet food and other supplies for people in need.

(703) 746-4774

[community@alexandriaanimals.org](mailto:community@alexandriaanimals.org)