



# Building Futures

## ***Prepare for Construction and Building Trade Apprenticeships and Jobs***

**Pre-Apprenticeship Classes Help You Become a Better Candidate for These Occupations:**

- Insulation • Heavy Equipment • Building Maintenance • Laborers •**
- Cement Masonry • Steam fitting • Bricklaying • Sheet Metal Work • Plumbing •**
- Electrical Systems • Carpentry • Ironwork • Fire & Alarm Systems • Painting**

**To apply you must:**

- Be 21 years old or older
- Be drug-free & healthy
- Have a high school diploma or GED
- Have a valid Driver's License or Learner's Permit

**You will learn about:**

- The construction industry
- Tools and materials
- Basic construction math
- Blueprint reading
- Job readiness

**Become certified in:**

- OSHA 10
- CPR
- First Aid
- Flagger Safety
- LEED 101

**If you are interested in CONSTRUCTION as a career,  
Visit the Charles Houston Recreation Center, 901 Wythe St.,  
Alexandria, VA  
Thursday, December 15, from 10 a.m. to 3 p.m.**

Community Services Agency of the Metropolitan Washington Council, AFL-CIO in partnership with Wider Opportunities for Women has made this program possible through funds provided by DOL GJIF, the MARPAT Foundation, and other local supporters.



Charles Houston Recreation Center is 5 blocks from the Braddock Road Metro Stop. The Center is handicapped accessible. For special accommodations, call 703.746.5990 or VP 866.386.4756.

This event is sponsored by *JobLink*, Alexandria's one-stop career center, a division the Department of Community and Human Services.

