

Alexandria CPAT Schedule

Date	Time	Session Type	# of PFT's
Wednesday, November 18 th Practice #1	1700-2100	Practice	4
Saturday, November 21 st Practice #2	0800-1200	Practice	4
Saturday, November 28 th Practice #3	0800-1200	Practice	4
Wednesday, December 2 nd Practice #4	1700-2100	Practice	4
Saturday, December 5 th Practice #5	0800-1200	Practice	4
Wednesday, December 9 th Practice #5	1700-2100	Practice	4
Saturday, December 12 th Practice #6	0800-1200	Practice	4
Wednesday, December 16 th	0800-1700	Voluntary Timed Run Through Location in Fairfax	20
Saturday, December 19 th Practice #7	0800-1200	Regular practice	4
Wednesday, December 23 rd	0800-1700	Voluntary Timed Run Through Location in Arlington	20
Wednesday, December 30 th Practice #8	1700-2100	Practice	4
Wednesday, January 6 th Practice #9	1700-2100	Practice	4
Saturday, January 9 th Practice #10	0800-1200	Practice	4
Monday, January 11 th and Tuesday, January 12 th	0800-1700	Test	All PFT's

