



**The Alexandria CSB and Friends of the Alexandria Mental Health Center\*  
Receive Funding from Virginia Foundation for Healthy Youth**

A \$191,659 grant from the Virginia Tobacco Settlement Foundation (VTSF), a division of the Virginia Foundation for Healthy Youth, is making it possible for 442 students in 32 at-risk preschool classrooms to participate in *Al's Pals: Kids Making Healthy Choices* through June, 2012. The CSB's Preschool Prevention Team has been funded by VTSF to implement Al's Pals since July, 2004.

A \$52,533 grant from VTSF that is managed by the Friends of the Alexandria Mental Health Center is making it possible for 1,186 students to participate in *Too Good for Drugs* or *LifeSkills Training* at three elementary schools during the current fiscal year. The CSB's School-age Prevention Team implements the programs at Patrick Henry, Cora Kelly and Tucker Elementary Schools.

All three science-based programs are proven to increase social skills and reduce risk behaviors related to future substance use. The programs take place within the City of Alexandria. For more information, contact Tricia Bassing, 703-746-3473 or [tricia.bassing@alexandriava.gov](mailto:tricia.bassing@alexandriava.gov).

Friends is non-profit group of resident-volunteers, that for 25 years, has supported Alexandrians with mental disabilities and their families through advocacy, education and fundraising to meet social, vocational and emergency needs.