

# AGENDA ALEXANDRIA

## Mental Health: Lifeline to Recovery

**Dr. James Reinhard**  
Virginia's Commissioner of the Department of  
Behavioral Health and Developmental  
Services

**Dr. Michael Gilmore**  
Director, Alexandria's  
Department of Mental Health

**Liz Wixson, LCSW**  
Director of Acute Care Services,  
Alexandria's Department of Mental Health

**Craig Pearson**  
Peer Support Specialist and Client

**Program Co-Chairs:**  
**Rosalind Bovey, Bill Clayton and  
Paul Friedman**

Twenty-six percent of Americans ages 18 and older — about one in four adults — is thought to suffer from a diagnosable mental health disorder in a given year. About six percent of Americans are diagnosed with a serious mental health disorder such as schizophrenia, major depression or bipolar disorder; it is these individuals who require the intensive safety net services provided by the Alexandria Department of Mental Health, Mental Retardation, and Substance Abuse.

Agenda:Alexandria will provide an overview of the mental health system in City and State, looking at how the economic woes of Alexandria and the Commonwealth have affected the City's ability to maintain a safety net and treat those Alexandrians most in need. Hear about the exciting new City-wide collaboration between Alexandria's mental health and criminal justice systems to reduce the incarceration of persons with mental illness and improve their ability to live law-abiding lives in our community. Dr. Reinhard will focus on what effect the State's financial situation is having on State services and how the cuts will be absorbed. Dr. Gilmore will focus on how the Alexandria Department is organized, how many are served, the safety net, how Alexandria has weathered the cuts and what decisions about cutting services have had to be made. Ms. Wixson will focus on preventing criminalization of persons with mental illness by discussing coordination among the sheriff, police, judges, public defenders, etc. Mr. Pearson will provide an overview from the perspective of being both a client and employee of the Department of Mental Health Mental, Mental Retardation, and Substance Abuse.

**MONDAY, NOVEMBER 23**

Holiday Inn Eisenhower Metro Center - 2460 Eisenhower Avenue

Reception at 6:30 P.M., Buffet at 6:45 P.M., Program at 7:15 P.M.

\$22 for members - \$27 for non-members/members without reservations - \$5 program only - \$30 for membership

For questions, information or directions, contact Sherry Brown at 703-548-7089 or [agendaalexandria@aol.com](mailto:agendaalexandria@aol.com)

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### Three Easy Ways to Register

### Reservation Policy

Name \_\_\_\_\_

#### Web

Register on  
line, bring  
your check  
**AgendaAlexandria.com**

**R.s.v.p. by Tuesday, November 17**

Additionally, unpaid reservations not cancelled by Friday, November 20, are considered due and payable.

Occupation \_\_\_\_\_

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### Cancellation Policy

For inclement weather, Agenda: Alexandria follows the Alexandria City Public Schools cancellation policy. If schools events are cancelled, our meeting is cancelled and you will be notified about rescheduling.

Phone \_\_\_\_\_

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Guest #1  
Name \_\_\_\_\_

Guest #2  
Name \_\_\_\_\_

#### Mail

Envelope  
enclosed  
**PO Box 3598  
Alexandria, VA 22302**

### Questions?

Executive Director  
Sherry Wilson Brown  
703-548-7089  
[AgendaAlexandria@aol.com](mailto:AgendaAlexandria@aol.com)

Tickets Membership (\$30) \$ \_\_\_\_\_

Dinner: \_\_\_ Member (\$22) \_\_\_ Nonmember (\$27) \$ \_\_\_\_\_

Membership/Prepaid Meals for Season (\$150) \$ \_\_\_\_\_

Tax Deductible Contribution \$ \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

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