



Meeting 6.24.21



Welcome!

It's PTSD Awareness Month and Pride Month!



Please introduce yourself in the chat and share anything you wish were more visible. What is something you want to shine a light on, uplift, learn more about, or help others to see?

Today's Agenda



Updates

ALEXANDRIA TRAUMA & RESILIENCY MAY 20 SUMMIT

9AM-5PM
A VIRTUAL EVENT

A free community-wide event focusing on the pillars of EQUITY and RESILIENCE with three tracks
[Register](#) online by May 14



Questions?
RAISE@alexandriava.gov
Visit alexandriava.gov/YouthPlan for agenda and workshops

RAISE Resilience Alexandria Inform. Support. Elevate.

Post-Summit Planning

RAISE Updates

ACE Interface

- ACE Interface
- Stacey and Chelsea trained as presenters
- Will present to RAISE in coming months
- Training for Alexandria Cohort Coming in August or September!
 - Link to Presenter Application forthcoming

RAISE



RAISE Updates

Unified Planning & Implementation



- [Community Health Improvement Plan](#) + [Alexandria City Public Schools Strategic Plan 2025](#) + [Children and Youth Master Plan 2025](#)
 - Developed with a trauma-informed lens
 - Include Mental Health and Social Emotional Learning Strategies
 - RAISE is a Tactic Owner for both the CHIP and the CYMP
- **CHIP Tactics that will be implemented by RAISE:**
 - **Strategy A:** Assure culturally appropriate and trauma-informed mental health resources, services, and support for all Alexandria's communities.
 - **Tactic 2:** Provide trauma-informed trainings to community groups.
 - **Strategy B:** Advocate for mental health services and education funding.
 - **Tactic 3:** Train residents on how to advocate for services and funding.



RAISE Updates

Unified Planning & Implementation



- **CYMP Tactics that will be implemented by RAISE:**
 - **Strategy 36:** Create a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community
 - **Tactic a:** Support existing efforts that aim to promote community wellness and resiliency
 - **Tactic b:** Promote the use of the equity lens in decision making
 - **Tactic c:** Deliver trainings focused on ACEs, trauma, and resilience
 - **Tactic d:** Support organizations becoming trauma-informed by providing them with technical assistance in transforming their spaces, policies, and procedures
 - **Tactic e:** Elevate the voices and experiences of marginalized communities to promote healing, reconciliation, and justice and advance policies that dismantle systems that perpetuate racial trauma and inequity
 - **Overarching Strategy:** Design, implement, and evaluate solutions that undo racism, end discrimination, and advance equity
 - **Tactic a:** Elevate youth and family voice in decisions that affect their lives (include advocacy)
 - Provide community members the opportunity to develop and use their skills in advocacy

RAISE Updates

2nd Birthday!



- RAISE was born July 19th, 2019
- Celebrate RAISE next month
- Community Film Screening of Resilience and Panel

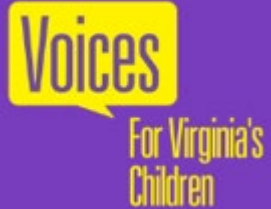
Policy Updates

Voices & RTR upcoming events

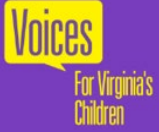
[Events Archive - Voices for Virginia's Kids](#)

[Voices for Virginia's Children \(vakids.org\)](http://vakids.org)

- **June 23-** Health, Wealth, & Justice Policy Network
- **June 23-** Racial Truth & Reconciliation VA Committee Launch Event
- **June 28-** Racial Trauma & Resilience 101
- **June 30-** Racial Trauma & Resilience 102
- **July 21-** Racial Truth & Reconciliation VA Coalition Meeting
- **8/22 – 8/28-** Racial Truth & Reconciliation Week



**RACIAL TRUTH
& RECONCILIATION**



RACIAL TRUTH
& RECONCILIATION

Policy Updates



Advocacy & Activism Committee

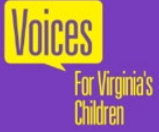
- The Racial Truth & Reconciliation Virginia Coalition Advocacy & Activism Committee is seeking two co-chairs. We are looking for one co-chair that specializes in Advocacy and another co-chair that specializes in Activism. Learn more about the committees here: <https://vakids.org/racial-truth/coalition-committees>. If interested, please email Tiffany@vakids.org.

About the Advocacy & Activism Committee

- The advocacy and activism committee leads awareness and community-building events to promote justice. The committee works to connect local-level trends to deconstruct systemic, social, and institutional barriers to achieving an equitable and just society for all. Members of the committee plan and execute advocacy trainings, resources, community assessments, workshops, and events to leave coalition members empowered and prepared to advocate and to support partner policy initiatives and Voices policy agenda.

Committee's Goals

- The goal of the advocacy and activism committee is to be data-informed, which includes data advocacy and advocating for trauma-informed and equity-informed policies to improve the lives of Virginia's children around Early Childhood Education, child welfare, health and mental health, trauma-informed care, equity, and justice. We also have the goal of developing partnerships with other organizations and to serve as a liaison for children and family centric policies.



**RACIAL TRUTH
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Committee Co-Chairs' Responsibilities

- **Reports To:** Work Group Chair

Responsibilities:

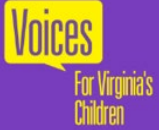
- Preside over Work Group meetings in absence of Work Group Chair; Assume role of Chair in event of Chair's inability to complete a responsibility or term
- Consult with Work Group Chair as needed
- Perform other duties as directed by the Chair

Time Commitment:

- Approximately 4-5 hours per month, this may vary or lessen based on any additional planned events/commitments
- Attend Work Group, Executive Committee/Coalition meetings and major events, One-year availability

Qualifications:

- Ascribe to Coalition mission, goals and bylaws
- Possess strong leadership and organizational skills
- Be familiar with or willing to learn principles of parliamentary procedure



RACIAL TRUTH
& RECONCILIATION

Policy Updates




Additional Resources:

- Check out shareable graphics explaining all of the American Rescue Plan benefits and additional resources for information: <https://vakids.org/take-action/american-rescue-plan-benefits>


Tax Assistance Resources:

- **IRS Free File:** <https://www.irs.gov/filing/free-file-do-your-federal-taxes-for-free>
 - For people who have an income of \$72,000 or less.
 - Public-private partnership to offer online free federal filing. State preparation fees may apply but have to be listed on website so they cannot charge fees without consent.
- **Volunteer Income Tax Assistance (VITA)**
 - Free in-person assistance for people making less than \$57,000 a year, people with disabilities, and limited English-speaking taxpayers
 - People can locate a VITA near them here: <https://irs.treasury.gov/freetaxprep/>
- **Local Community Action Agencies and United Ways** can also help file taxes: <https://www.vacap.org/free-tax-prep-news/>
- **GetYourRefund.org** <https://www.getyourrefund.org/en>
 - Free online filing assistance for people with incomes below \$66,000. Website is also available in Spanish.
- **Low Income Taxpayer Clinics (LITCs)**
 - Assists people who have disputes with the IRS (such as not receiving a credit they are entitled to or issues with audits). They specifically serve people whose income is below 250% of the federal poverty line and can provide information about taxpayer rights and responsibilities in different languages. Services are offered for free or a small fee. <https://www.taxpayeradvocate.irs.gov>
- **VA CAP Tax Filing Resources:** <https://www.vacap.org/free-tax-prep-news/>



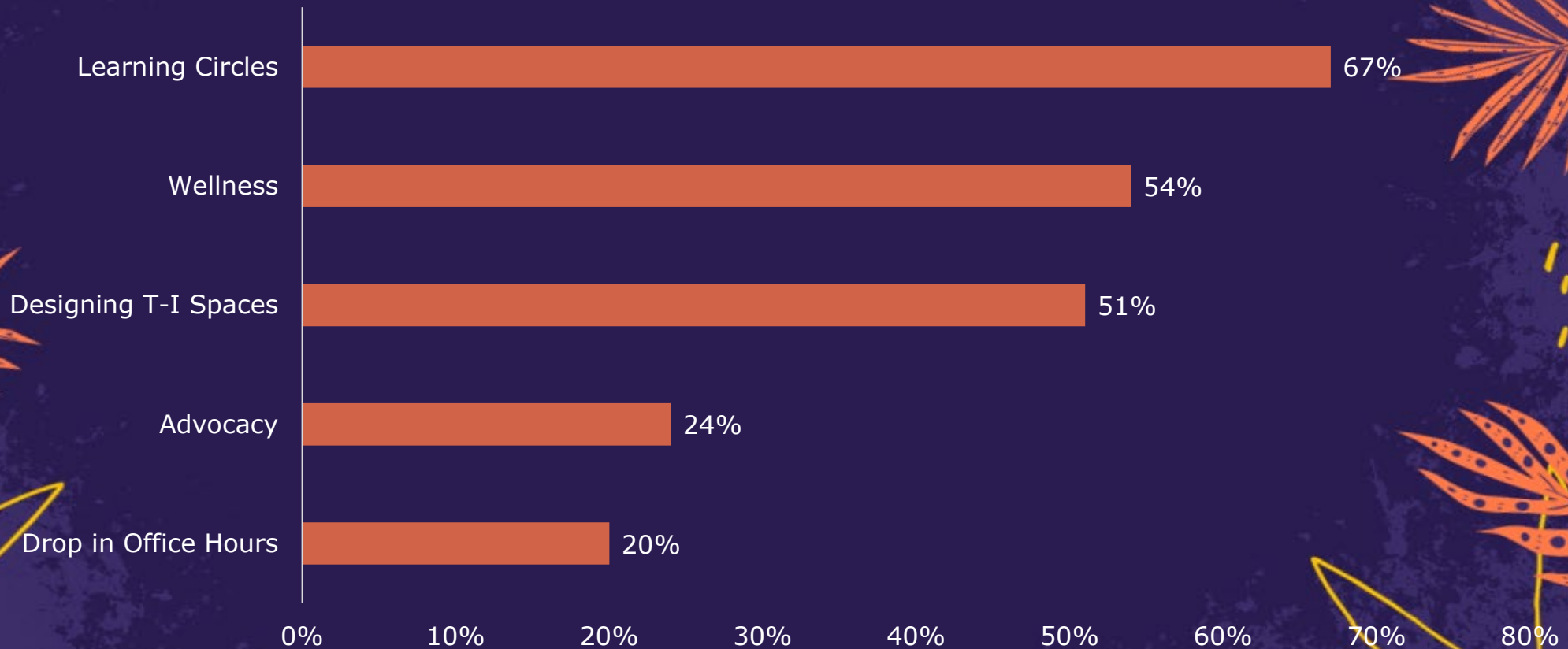
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Summit Debrief – *Future Engagement*

What types of post-Summit activities would you be interested in participating in to continue your growth and resilience?



Post-Summit Planning

Summit 2021



Basecamp August

- Build Community and Connections

Basecamp November

- Trauma-Informed Spaces Workshops
- Create welcoming spaces for immigrants, BIPOC, LGBTQ+
- Language Access

Basecamp February

- Mentoring Program

Summit May 2022





Announcements

Youth Mental Health First Aid Trainings – Full!

Community Cookouts - Each year, community organizations in Alexandria work together to host a series of cookouts to ensure youth and families are aware of community resources.

- 6/25 from 5-7 p.m. – Charles Houston Recreation Center (901 Wythe Street)
- 6/30 from 4-6 p.m. – Casa Chirilagua (4109 Mt Vernon Avenue)
- 7/6 from 6-8 p.m. – Ruby Tucker Family Center (322 Tancil Ct)
- 7/7 from 6-8 p.m. – Southern Towers Apartments (4901 Seminary Rd)
- 7/13 from 6-8 p.m. – Brent Place Apartments (375 S Reynolds St)
- 7/14 from 6-8 p.m. – William Ramsey Recreation Center (5650 Sanger Ave)