

# RESILIENCE ALEXANDRIA AGENDA

*Mission: To build a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community.*

Date: October 22, 2020

Time: 10-12

Zoom Link: <https://us02web.zoom.us/j/85752174403>

## Agenda Items

### 10:00 Welcome

- Welcome new and returning members!
- Today is Purple Day - show support for domestic violence awareness by wearing purple

### 10:10 Guest Speaker on Grief and Loss

- Allyson Drake, M.Ed., CT will join us to talk about grief and loss. Allyson founded the Full Circle Grief Center in Richmond 12 years ago as a comprehensive grief resource center for children, adults, and families

### 10:40 Legislative Updates from General Assembly Special Session (Mary Beth)

### 10:55 RAISE Transformation Plan Update

- Supervisor Toolkit Town Hall
  - November 5<sup>th</sup> @3PM
  - November 10<sup>th</sup> @ 12PM
  - November 11<sup>th</sup> @ 10:30AM

### 11:00 Committee Work

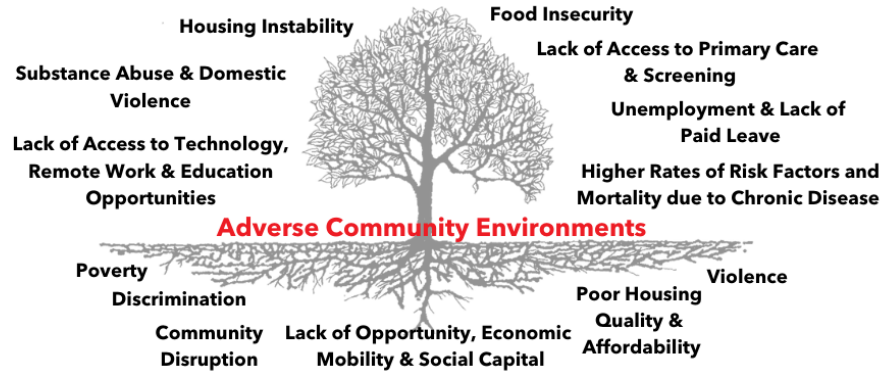
- Committees will meet and continue developing/coordinating implementation of their action plans

### 11:30 Close

- **Committees** - regroup and report out
- **Decide** - Holiday Meeting Schedule

# The Pair of ACES

## COVID-19 Adverse Community Experiences



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-93. DOI Information: 10.1016/j.acap.2016.12.011