CHILDREN & YOUTH COMMUNITY PLAN (CYCP) PROGRESS REPORT 2021 - 2022

ALEXANDRIA'S PROGRESS TOWARDS ENSURING EVERY CHILD SUCCEEDS TODAY AND TOMORROW

EXECUTIVE SUMMARY

Background

In April 2021, the Alexandria City Council and the School Board of Alexandria City Public Schools approved and endorsed the City's Children and Youth Community Plan (CYCP) 2025. The CYCP is a roadmap for how our community will work together to create the conditions for all young people to thrive in Alexandria. We know that our community is stronger when all young people can realize their potential. The image on the next page is the Strategy Map for the CYCP 2025. It provides a high-level snapshot of the CYCP 2025 vision, goals, objectives, and strategies.

Monitoring the Plan's Progress

Each Strategy in this Plan is connected to an Action Plan. Tactic Owners, who are responsible for implementing the action steps, report their progress to their Strategy's Champion, a specific person or entity who is responsible for coordinating the Plan's implementation. Champions report progress to the Children and Youth Community Plan Coordinator who then reports that progress to the general public in the form of these Progress Reports and the CYCP Report Cards. Tactic Owners and Champions are also encouraged to use the CYCP Scorecard – an online tool that helps organizations evaluate their performance, measure our impact, and report our progress with the community. This Report is a high-level overview of the action steps' status. For a more robust description of each initiative, visit the CYCP Report Cards page.

Overall Progress

The Plan is made up of 30 action plans containing 44 strategies and 169 action steps. Information on the progress of each of these actions was collected from over 40 Tactic Owners. Some Tactic Owners were able to provide many details on their efforts, while others were limited with the amount of information they could provide at this time. Based on the information that was provided, it was determined that approximately 78% of the Plan's actions are either in progress or have been fully implemented. However, there is about six percent of the Plan's progress that is still being determined. Eleven percent of the Plan's actions have not begun their implementation yet. Finally, because this Plan is considered a living document and the actions it prescribed in the spring of 2021 were a starting place, it has been determined that about five percent of the actions need to be revised or removed to meet the needs of Alexandria's young people.

Performance Measurements

How much have we done since April 2021?
- **78%** of the Plan's 169 action steps are either in progress or fully implemented
- **15** CYCP Work Group Meetings
- **30** Scorecards created

How well did we do it?
- **38%** of Tactic Owners attend the Work Group Meetings
- **24%** Tactic Owner Turnover rate
- **43%** of Scorecards in use
- **9%** of actions without tactic owners

Is anyone better off?
- **62%** of Scorecard users report on the progress of their results

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CYCP Strategy Map

We will ensure that all children, youth, and families are physically safe and healthy

We will ensure that children are academically successful and career ready

We will ensure that children, youth, and their families have positive experiences

Start Healthy and Connected.

Create the conditions for children to have a strong start in life and support economic stability among families

Increase participation in early childhood education and care

Promote health, wellness, and wellbeing

Prevent risk-taking behaviors

Connect families to transportation, housing, financial, and employment resources

Preserve our natural environment

Support Academic Success and College and Career Readiness.

Advance educational equity and prepare youth for post-secondary success

Foster supportive learning environments

Light pathways to college and careers

Decrease ACEs, Increase Assets

Build safe, stable, and nurturing environments and relationships

Minimize exposure to Adverse Childhood Experiences (ACEs) and childhood trauma

Create trauma-informed and resilient communities

Build Developmental Assets

To be successful in each of the CYCP Goal Areas, our systems must be coordinated and equitable

Address systemic racism and advance equity.

Build capacity to expand resources and workforce resilience.

Mobilize funding for positive experiences.

Improve data collection and sharing.

Strengthen collaboration and communication to build resilience.

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Who Owns How Much of the Plan?

Acronyms

ACAP | Alexandria Campaign on Adolescent Pregnancy (6%)

ACPS | Alexandria City Public Schools (14%)

APD | Alexandria Police Department (4%)

CHIP | Community Health Improvement Plan (9%)

CSU | Court Service Unit (4%)

CSSG | City School Staff Group (4%)

CYCP WG | Children and Youth Community Plan Work Group (11%)

CYFCC | Children, Youth, and Families Collaborative Commission (1%)

KFY | Kids First Years (8%)

MCTEB | Mayor's Campaign to End Bullying (3%)

Housing | Office of Housing (4%)

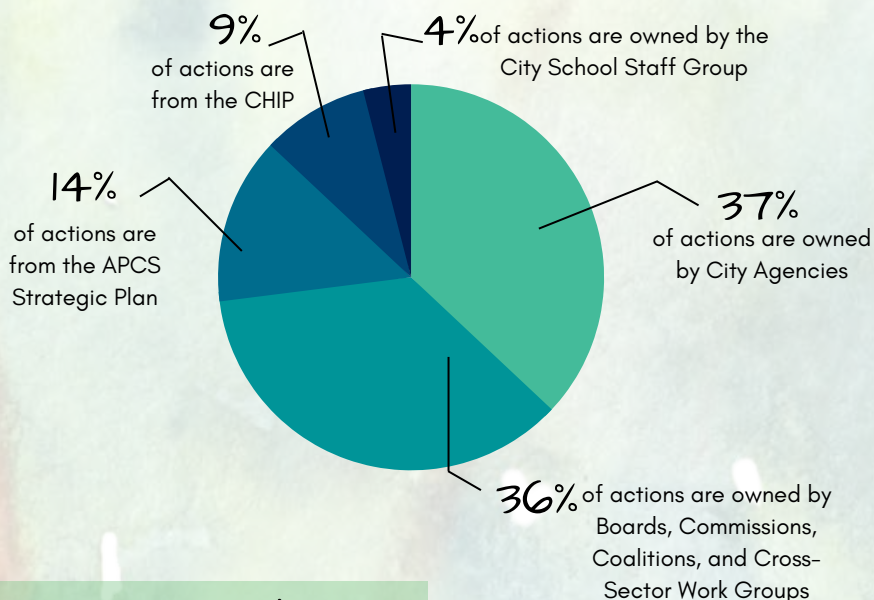**RAISE** | Resilience Alexandria: Inform. Support. Elevate (3%)

RPCA | Recreation, Parks, and Cultural Activities (4%)

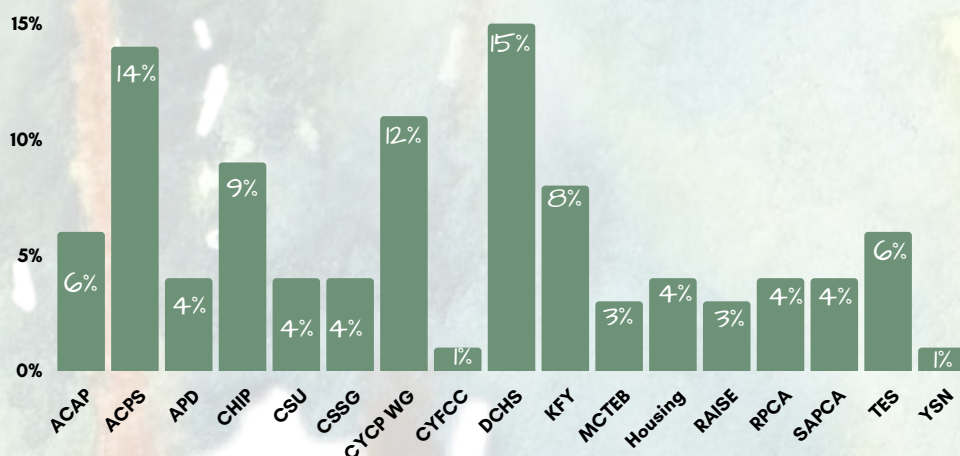**SAPCA** | Substance Abuse Prevention Coalition of Alexandria (4%)

TES | Transportation and Environmental Services (6%)

YSN | Youth Support Network (1%)

System-Level

9% of actions are from the CHIP

4% of actions are owned by the City School Staff Group

14% of actions are from the APCS Strategic Plan

37% of actions are owned by City Agencies

36% of actions are owned by Boards, Commissions, Coalitions, and Cross-Sector Work Groups

Organization-Level

Category	Percentage
ACAP	6%
ACPS	14%
APD	4%
CHIP	9%
CSU	4%
CSSG	4%
CYCP WG	12%
CYFCC	1%
DCHS	15%
KFY	8%
MCTEB	3%
Housing	4%
RAISE	3%
RPCA	4%
SAPCA	4%
TES	6%
YSN	1%

Unified Planning and Implementation

The **Children and Youth Community Plan 2025** is connected to many City-wide plans that aim to improve outcomes among Alexandria's residents, including the Alexandria City Public Schools (ACPS) **Equity for All Strategic Plan 2025** and the Alexandria Health Department (AHD) and the Partnership for a Healthier Alexandria **Community Health Improvement Plan 2025 (CHIP)** .

In one of the first major plan alignment efforts of the city, the leadership of these organizations established a Unified Implementation Team to jointly develop the three plans in areas where the goals and outcomes overlapped. The Team reports out twice a year, in the spring and fall. You can find more information about the Team, including their Community Reports in multiple languages, **here**.

CYCP PROGRESS REPORT 2021-2022

Partners, Leadership, and Staff

The following CYCP partners provided progress reports on their respective initiatives:

Allen Lomax
Partnership for a Healthier Alexandria/ Substance Abuse Prevention Coalition of Alexandria

Caitlin Brown
ACT for Alexandria

Chrishonna Greene
Department of Community and Human Services

Clint Page
Alexandria City Public Schools

Cordell Fields
Volunteer Alexandria

Darrell Sampson
Alexandria City Public Schools

David Ulloa
Alexandria Mentoring Partnership

Debbie Evans
Department of Community and Human Services

Emma Beall
Substance Abuse Prevention Coalition of Alexandria

Erika Callaway Kleiner
Department of Community and Human Services

Faith Spillman
Alexandria Police Department

Gina Green
Alexandria City Public Schools

Greta Rosenzweig
Department of Community and Human Services

Jason Tepper
Alexandria City Public Schools

Jessica Lassetter
Department of Transportation and Environmental Services

Judy Lo
Department of Recreation, Parks, and Cultural Activities

Juliette Milashev
Department of Community and Human Services

Katia Childs
Alexandria Police Department

Kat Ashmore
Department of Community and Human Services

Mac Slover
Mayor's Campaign to End Bullying

Michelle Biwer
Alexandria Library

Michelle Smith Howard
Kids' First Years

Mike Mackey
Court Service Unit

Rachel Philpott
Alexandria Campaign on Adolescent Pregnancy

Robin Crawley
Department of Community and Human Services

Sharon Minter
Department of Community and Human Services

Stephen Florence
Department of Recreation, Parks, and Cultural Activities

Tamara Jovovic
Office of Housing

Tamika Coleman
Department of Recreation, Parks, and Cultural Activities

Tarryn Lee
Department of Recreation, Parks, and Cultural Activities

Tricia Bassing
Department of Community and Human Services

CYCP Work Group Chairs

Helen Morris
Seaport Foundation/ Alexandria Campaign on Adolescent Pregnancy

Lisette Torres
Alexandria Campaign on Adolescent Pregnancy

Noraine Buttar
Department of Community and Human Services

CYCP Staff

Chelsea Eickert
Department of Community and Human Services

CYCP PROGRESS REPORT 2021-2022

Goal One | All Children, Youth, and Families are Physically Safe and Healthy

Strategic Area | Early Care and Education

Result

All children have a great start in life so they can be healthy, do well in school, and have strong relationships
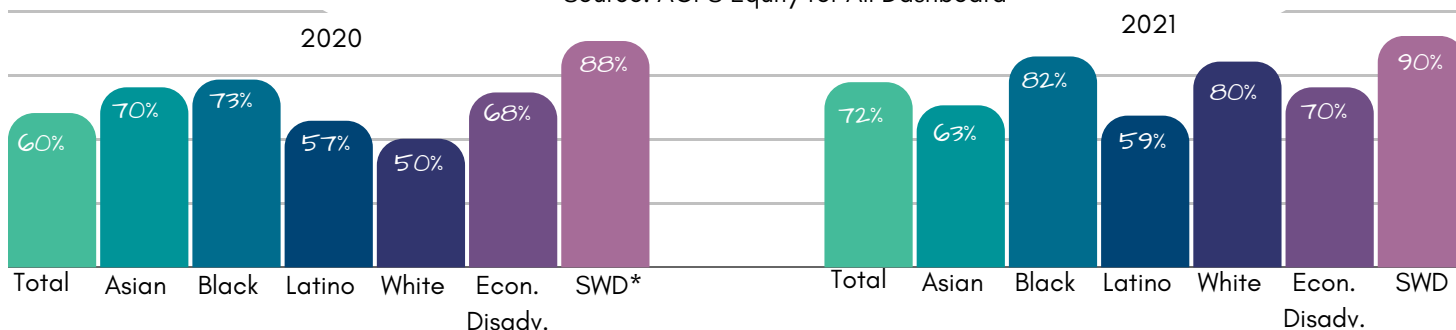
Champion/Tactic Owners

Kids' First Years,
DCHS - Early Childhood

How Are We Doing?

*Students with Disabilities

Kindergarten Students with a Pre-K Experience

Source: ACPS Equity for All Dashboard

2020

Total	Asian	Black	Latino	White	Econ. Disadv.	SWD*
60%	70%	73%	57%	50%	68%	88%

2021

Total	Asian	Black	Latino	White	Econ. Disadv.	SWD
72%	63%	82%	59%	80%	70%	90%

Strategies

1. Foster a coordinated system of equitable access, capacity, enrollment, and funding

2. Establish meaningful partnerships and channels of information sharing with families to support families as their child's first teacher

3. Develop and coordinate professional learning opportunities for all early care and education providers to ensure equitable high-quality, culturally responsive learning experiences for young children

4. Promote our collective early care and education vision through collaborative strategic planning, data-driven decision making, sustainable funding, and policy

Implementation Progress

Progress with increasing participation in early childhood education and care:

4 Strategies, **16** Action Steps,

100% are in progress or fully implemented

To learn more about Alexandria's efforts to increase participation in the early care and education system, visit **Kids' First Years** and read Our Common Agenda

CYCP PROGRESS REPORT 2021-2022

What Have we Done?

To advance strategy # 1, Kids' First Years has begun the process of:
- Completing a preschool space audit for program continuity and expansion opportunities
- Creating an annual preschool delivery strategy and optimizing funding streams supporting it
- Refining the enrollment processes to enable families to have a more transparent understanding of their eligibility for various programs
- Developing a coordinated enrollment process with one point of entry

To advance strategy # 2, Kids' First Years has fully implemented:
- The Basics Awareness Campaign
- Forging connections among health and education providers in order to identify specific ways KFY can support comprehensive health care

...and has begun the process of:
- Developing stronger feedback mechanisms for families to engage with providers
- Strengthening transitions between pre-K and grades K-3
- Promoting parent and family engagement in education around child development by supporting efforts to establish universal developmental screening for families who have children ages 0-5

To advance strategy # 3, Kids' First Years has begun the process of:
- Increasing the number of childcare centers, preschools, and family childcare homes that are accredited and/or participating in the Quality Rating and Improvement System (QRIS)
- Developing a professional learning continuum that is based on provider professional goals

...and, DCHS – Early Childhood has begun the process of:
- Developing a system for ongoing Infant Mental Health consultation by providing professional development and training opportunities
- Developing a system to evaluate the impact of Infant Mental Health services

To advance strategy # 4, Kids' First Years has begun the process of:
- Developing a data system and data sharing agreements with key partners to capture how children are being served by and benefiting from the early care and education system
- Implementing a longitudinal data tracking system to track children as they move through the early care and education system
- Understanding the gaps and opportunities related to existing funding streams and capacity

CYCP PROGRESS REPORT 2021-2022

Strategic Area | Health, Wellness, and Wellbeing

Result

All youth enjoy access to healthy and culturally appropriate food

Champion/Tactic Owners

Alexandria City Public Schools' School Nutrition Services
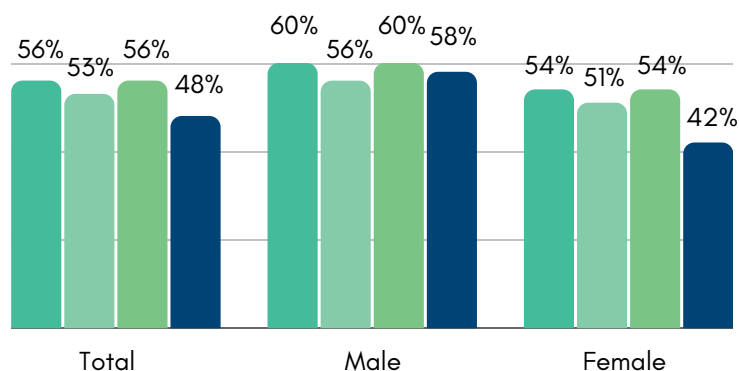
How Are We Doing?

Maintains Good Health

Source: Developmental Assets: A Profile of Your Youth

Since 2013, the number of students who pay attention to nutrition and exercise decreased by

14%

Legend: 2013, 2016, 2019, 2022

Total: 56%, 53%, 56%, 48%
Male: 60%, 56%, 60%, 58%
Female: 54%, 51%, 54%, 42%

Strategy

5. Increase the number of plant-based entrees on the ACPS school lunch menu

What Have we Done?

The ACPS Student Nutritional Services Team has begun the process of:

- Implementing their Farm to School "Harvest of the Month" program

Implementation Progress

Progress with promoting healthy eating:

1 Strategy, 2 Action Steps,

50% are in progress

To learn more about the progress made in this area, read the CYCP Report Card on Healthy Eating

CYCP PROGRESS REPORT 2021-2022

Result

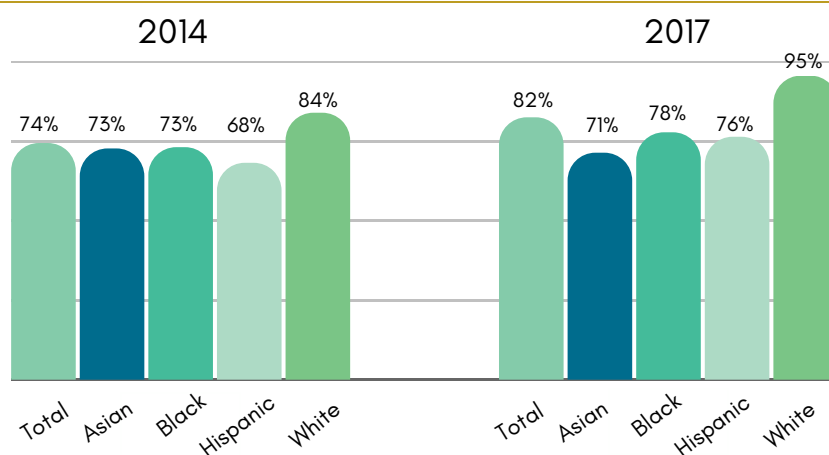All young people have affordable health care

Champion/Tactic Owners

Alexandria City Public Schools,
Department of Community and Human Services,
Alexandria Libraries,
Department of Recreation, Parks, and Cultural Activities

How Are We Doing?

Children with a Medical Home or a Usual Doctor

Source: Youth Risk Behavior Survey, 2017

	2014					2017				
	Total	Asian	Black	Hispanic	White	Total	Asian	Black	Hispanic	White
	74%	73%	73%	68%	84%	82%	71%	78%	76%	95%

Strategy

6. Connect students to health care resources and services

Implementation Progress

Progress with connecting youth to health care:

1 Strategy, 4 Action Steps

75% are in progress

What Have we Done?

ACPS has begun the process of:
- Working with city and nonprofit partners to address the health, social service and academic needs of students and their families
- Engaging students and families in identifying needed supports and services and offering them in schools while monitoring utilization of existing and new resources

DCHS has begun the process of:
- Developing communications materials to increase awareness of health resources and services available to students and families in the City of Alexandria

The CHIP has begun the process of:
- Creating services in multi-functional space at housing units/ apartment complexes, etc.

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Result

Sports and recreational programs are available to all youth

Champion/Tactic Owners

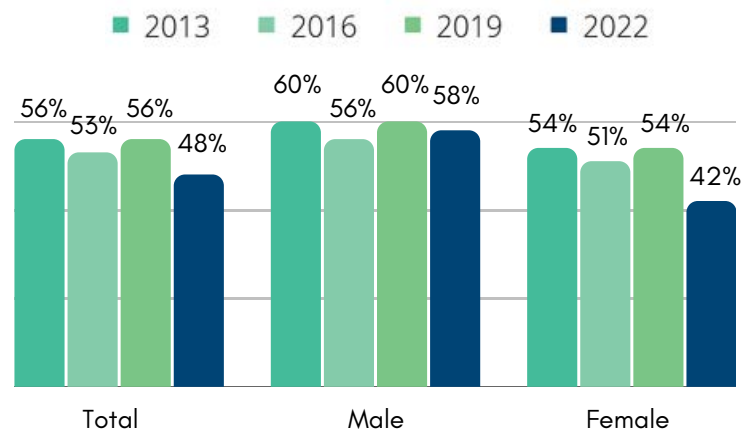Department of Recreation, Parks, and Cultural Activities

The Community Health Improvement Plan

How Are We Doing?

Maintains Good Health

Source: Developmental Assets: A Profile of Your Youth

The rate of male students who pay attention to nutrition and exercise is **28%** higher than the rate of female students

Legend: 2013, 2016, 2019, 2022

Total: 56%, 53%, 56%, 48%
Male: 60%, 56%, 60%, 58%
Female: 54%, 51%, 54%, 42%

Strategy

7. Enhance and expand sports/ recreational programs and activities for students

Implementation Progress

Progress with promoting physical activity:

1 Strategy, 5 Action Steps,

40% are in progress

What Have we Done?

The Department of Recreation, Parks, and Cultural Activities (RPCA) has begun the process of:
- Improving and expanding access to play spaces throughout Alexandria
- Increasing engagement in physical activity and healthy lifestyles to improve health

The CHIP has begun the process of:
- Engaging students and families in identifying needed supports and services and offering them in schools while monitoring utilization of existing and new resources

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Result

All children and youth are mentally healthy
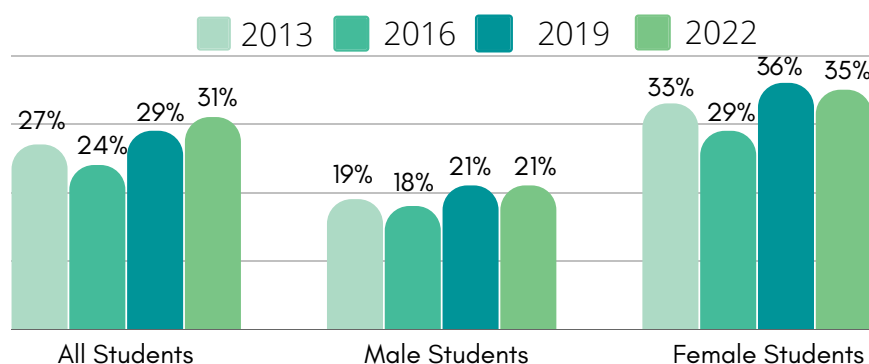
Champion/Tactic Owners

Alexandria City Public Schools,
DCHS – Child and Family Behavioral Health Services,
DCHS – Youth Development Team

How Are We Doing?

Depression/Attempted Suicide

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Since 2013, rates have increased by **15%**

Legend: 2013 | 2016 | 2019 | 2022

All Students: 27%, 24%, 29%, 31%
Male Students: 19%, 18%, 21%, 21%
Female Students: 33%, 29%, 36%, 35%

Strategies

8. Incorporate social, emotional, and academic learning into the school day

9. Increase access to mental health and wellness services, supports, resources, and dialogues

Implementation Progress

Progress with promoting mental health:

2 Strategies, **9** Action Steps, **67%** are in progress

What Have we Done?

To advance strategy #8, ACPS is in the process of:

- Providing training to school teams in social emotional and academic learning programs
- Investing in professional development so educators and support staff can learn how to incorporate social emotional learning approaches into the school day. Scale up efforts that already exist to reach partners across and outside of the school system
- Conducting a study to assess the viability of pushing back school start times.
- Creating structures within the school schedule for delivery of social, emotional, and academic learning (SEAL) through restorative practices and community circles at each school in ACPS

To advance strategy #9, DCHS's Child and Family Behavioral Health Services is in the process of:

- Increasing access to Family Mental Health Services via Schools
- Strengthening community-based education, outreach and access around and Family Mental Health

DCHS's Youth Development Team is in the process of:

- Providing and promoting mental health trainings and education

ACPS is in the process of:

- Engaging students and families in identifying needed supports and services and offering them in schools while monitoring utilization of existing and new resources

CYCP PROGRESS REPORT 2021-2022

Strategic Area | Prevention

Result

All Alexandria youth choose to be alcohol- and drug-free.

Champion/Tactic Owners

Substance Abuse Coalition of Alexandria (SAPCA),
Alexandria Campaign on Adolescent Pregnancy (ACAP),
Alexandria Sexual Assault Center (SAC)
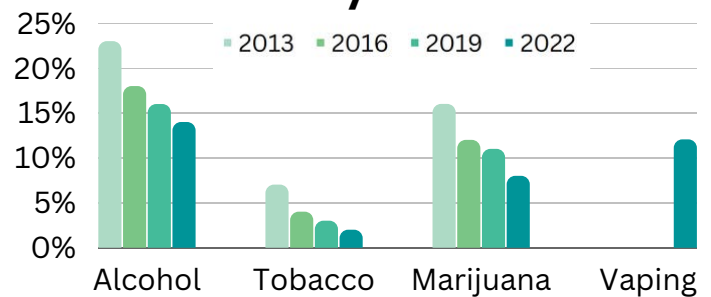
How Are We Doing?

Since 2013...

Tobacco use has decreased by **71%**

Alcohol use has decreased by **39%**

Marijuana use has decreased by **50%**

Past 30-Day Substance Use

Legend: 2013, 2016, 2019, 2022

Y-axis: 0%, 5%, 10%, 15%, 20%, 25%

X-axis: Alcohol, Tobacco, Marijuana, Vaping

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Strategies

10. Enhance connections to and bonding with adults, peers and organizations in the community

11. Provide youth with information about substance use and raise awareness about the impacts of substance use

12. Modify access to substances and e-cigarettes

13. Provide healthy alternative to use

Implementation Progress

Progress with preventing substance use:

4 Strategies, **5** Action Steps, **80%** are in progress or fully implemented

What Have we Done?

To advance strategy #10, SAPCA, ACAP, and SAC have fully implemented:
- Holding an annual Youth Leadership Conference

To advance strategy #11, SAPCA has fully implemented:
- Providing information about substance use and abuse

...**and is in the process of**:
- Holding substance-specific community events

To advance strategy #12, SAPCA has fully implemented:
- Providing information about the legal consequences of adults providing substances to minors and minors purchasing, possessing or using substances

To advance strategy #13, SAPCA and ACAP are in the process of:
- Hosting Titan Takeover Teen Nights twice a year, as well as providing support and staff at RPCA events

To learn more about the progress made in this area, read the CYCP Report Card on Youth Alcohol Use

CYCP PROGRESS REPORT 2021-2022

Result

All young people live healthy lives and violence-free

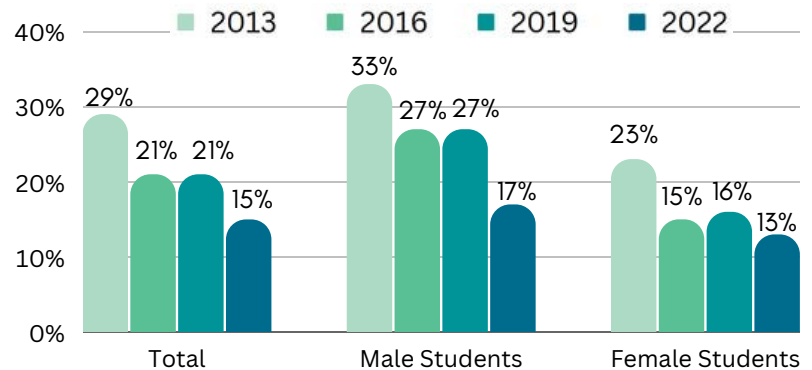## Champion/Tactic Owners

Alexandria Court Service Unit

How Are We Doing?

Violence

Has engaged in three or more acts of fighting, hitting, injuring a person, carrying or using a weapon, or threatening physical harm in the last 12 months

Overall, youth engaging in violence has decreased by **48%**

Legend: 2013, 2016, 2019, 2022

Total: 29%, 21%, 21%, 15%
Male Students: 33%, 27%, 27%, 17%
Female Students: 23%, 15%, 16%, 13%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Strategy

14. Support healthy youth development in communities and groups that are disproportionately affected by youth court involvement and gang/violence

Implementation Progress

Progress with preventing youth violence and court-involvement:

1 Strategy, 6 Action Steps,

100% are in progress or fully implemented

What Have we Done?

To advance strategy #19, the Court Service Unit is in the process of:

- Helping court-involved youth develop skills to prevent violence, solve conflicts peacefully, and engage in healthy behaviors
- Providing case management, counseling, restorative services, education, and evidence-based services that help you build anger management and life skills
- Providing systems-involved youth with therapeutic services that are designed to help them process traumatic events, manage trauma-related distress, and develop effective coping strategies and skills
- Developing gang prevention, intervention, and education programs within the region to lessen harms of violence exposure and prevent further involvement in violence
- Supporting families at-risk of youth violence by creating and strengthening policies to improve household financial security, strengthen access to high quality childcare and education, and implement trauma-informed services
- Identifying youth at-risk of gang involvement and connect them with quality mentors and programs that foster social interaction and strengthen social connectedness

CYCP PROGRESS REPORT 2021-2022

Result

Young people have complete and accurate sexual health information and access to sexual and reproductive health care services
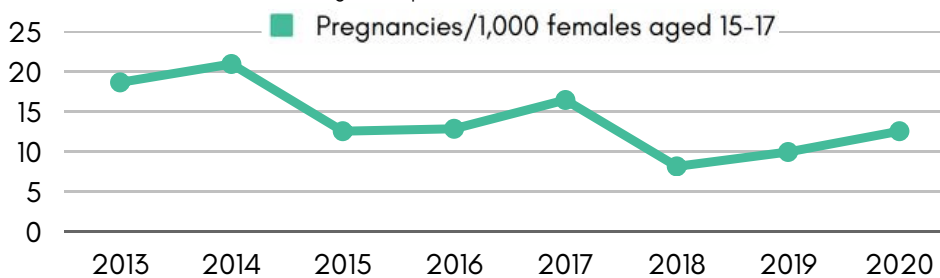
Champion/Tactic Owners

Alexandria Campaign on Adolescent Pregnancy (ACAP)

How Are We Doing?

Teen Pregnancy Rate
Source: Virginia Department of Health, Division of Health Statistics

■ Pregnancies/1,000 females aged 15-17

(Line chart with y-axis values 0, 5, 10, 15, 20, 25 and x-axis years 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020)

Since 2013, rates have decreased by

33%

To learn more about the progress made in this area, read the CYCP Report Card on Sex Ed for All

Strategies

15. Support ACPS in providing comprehensive K-12 sex ed that is LGBTQ inclusive and includes consent, violence prevention, and refusal skills

16. Target resources for prevention education and health services specifically for communities and groups that are disproportionately affected by teen pregnancy (i.e. Black and Latina girls, girls ages 18-19)

Implementation Progress

Progress with promoting sex ed for all:

2 Strategies, 6 Action Steps,

100% are in progress or fully implemented

What Have we Done?

To advance strategy #15, ACAP has fully implemented:

- The provision of supplemental sexual health education and technical assistance for ACPS Health and P.E. programs

...and is in the process of:

- Establishing and staffing the Family Life Education (FLE) workgroup with community experts to review current FLE curriculum and make recommendations for revisions and enhancements
- Advocating at local and state level for policies that improve student access to comprehensive sexual health education

To advance strategy, #16, ACAP has fully implemented:

- The "El Camino" curriculum with Black and Latino youth, youth in the International Academy, and youth involved in the criminal justice system across various community-based locations

...and is in the process of:

- Implementing ACAP's Latino Outreach Plan to provide prevention messaging and information to Latino community
- Installing condom dispensers at various community sites where disproportionately impacted groups reside, work and attend school

CYCP PROGRESS REPORT 2021-2022

Result

All young people live healthy lives and violence-free
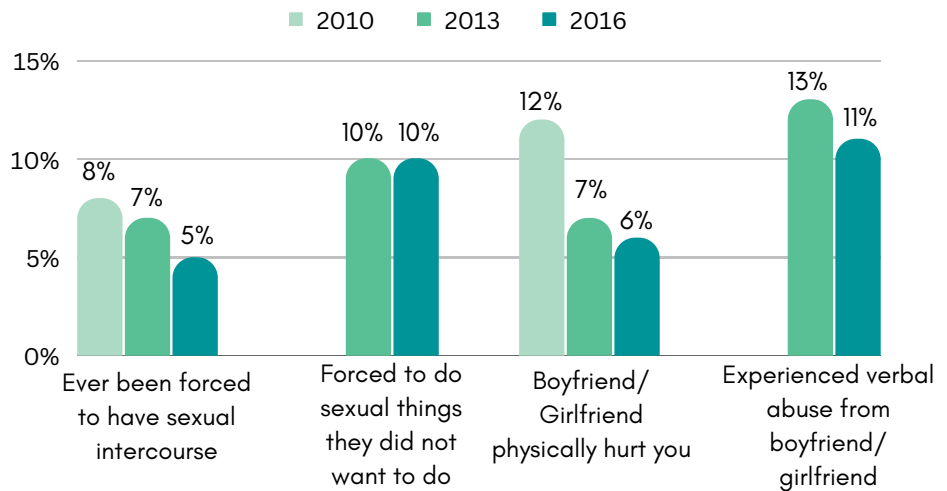
Champion/Tactic Owners

Alexandria Sexual Assault Center (SAC)

How Are We Doing?

Dating/Relationship Violence*

Source: Youth Risk Behavior Survey, 2017

*Obtaining accurate data on sexual violence is inherently difficult because it is understandably under-reported. The numbers are more a reflection of whether our community is a place where students feel comfortable reporting the incidents.

Legend: 2010, 2013, 2016

	Ever been forced to have sexual intercourse	Forced to do sexual things they did not want to do	Boyfriend/ Girlfriend physically hurt you	Experienced verbal abuse from boyfriend/ girlfriend
2010	8%		12%	
2013	7%	10%	7%	13%
2016	5%	10%	6%	11%

Strategies

17. Offer programs to empower youth, build self-confidence, and foster healthy relationships with a focus on attracting BIPOC youth participation

18. Support peer to peer education and advocacy through the Keep it 360 Peer Advocate program

Implementation Progress

Progress with preventing dating violence:

2 Strategies, **6** Action Steps,

50% are in progress or fully implemented

What Have we Done?

To advance strategy #18, the DCHS – Sexual Assault Center has fully implemented:

- Collaborate to hire and train teen peer advocates in sexual and domestic violence prevention, substance abuse prevention, sexual health education, and general advocacy and presentation skills
- Empower peer advocates to educate youth across Alexandria about healthy relationships and prevention through workshops, social media, and forums

...and is in the process of:

- Provide opportunities for peer advocates to engage with City service providers and leaders for exchange of information and perspectives

To learn more about the progress made in this area, read the CYCP Report Card on Preventing Teen Dating Violence

CYCP PROGRESS REPORT 2021-2022

Strategic Area | Family Resources

Result

All families have the ability to safely and affordably get to the places that enable a fulfilling and healthy life

Champion/Tactic Owners

Department of Transportation Services (TES)

How Are We Doing?

% of Commuters using Alternative Transportation Options
Source: Metropolitan Washington Council of Government's State of the Commute Survey

Year	%
2013	37%
2016	39%
2019	45%
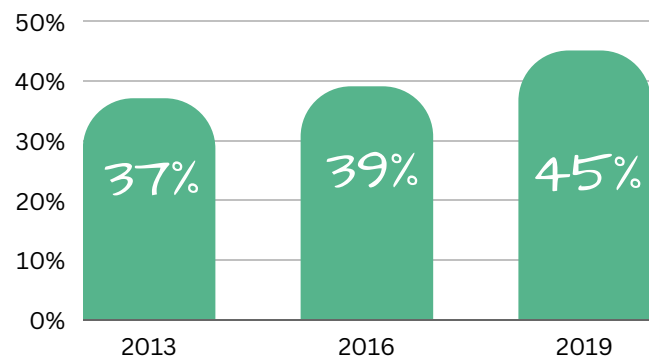
Strategy

19. Expand access to public transportation among children, youth, and families

Implementation Progress

Progress with connecting families to transportation:

1 Strategy, **4** Action Steps,

75% are in progress or fully implemented

What Have we Done?

To advance strategy #20, TES is in the process of:

- Improving and expanding Alexandria's public transit system so that passenger rail and bus systems are safe, reliable, accessible, convenient, attractive, efficient, and equitable
- Promoting vibrant, human-scale city streets that prioritize people's access and mobility so that all Alexandria residents and visitors have access to the commercial and cultural resources of the city

To learn more about Alexandria's plans to enhance and expand public transit, read the Environmental Action Plan 2040

ACPS is in the process of:

- Conducting an evaluation of school transportation with a focus on timeliness and safety of buses

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Result

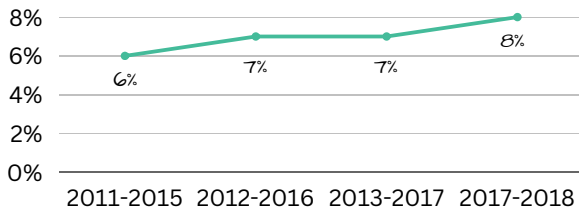All families are supported by an equitable economy

Champion/Tactic Owners

DCHS Refugee and Immigrant Work Group, Community Health Improvement Plan
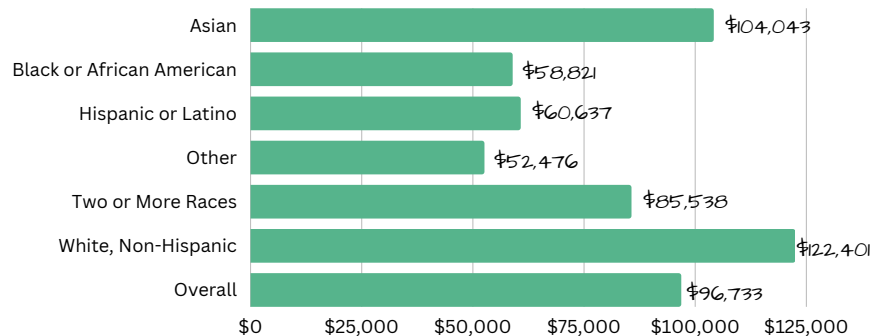
How Are We Doing?

Families Living Below Poverty Level, Alexandria
Source: American Community Survey (2014-2018)

Period	Percentage
2011-2015	6%
2012-2016	7%
2013-2017	7%
2017-2018	8%

Median Household Income by Race/Ethnicity, Alexandria
Source: American Community Survey (2014-2018)

| Race/Ethnicity	Median Household Income
Asian	$104,043
Black or African American	$58,821
Hispanic or Latino	$60,637
Other	$52,476
Two or More Races	$85,538
White, Non-Hispanic	$122,401
Overall	$96,733

Strategies

20. Empower the voices and experiences of immigrant and refugee communities to identify and address inequities and system gaps

21. Increase parents' access to employment resources and opportunities

22. Create the conditions for families to meet their basic needs and move out of poverty

Implementation Progress

Progress with connecting families to resources:

3 Strategies, **12** Action Steps, **58%** are in progress
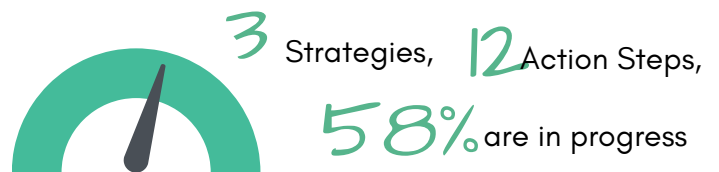
To learn more about the Alexandria's plans to address poverty, see the **CHIP 2025**

What Have we Done?

To advance strategy #21, the DCHS Refugee and Immigrant Work Group was in the process of:

- Bridging system gaps by improving resource sharing among local agencies serving immigrant populations
- Promoting equity and intersectionality by hosting cultural events and facilitating community dialogues and conversations about culture
- Promoting equity and inclusion through truth and storytelling to help a broader audience understand the experiences of refugees and immigrants living in Alexandria

To advance strategy #22, the CHIP is in the process of:

- Supporting the City project to collect and map minority and immigrant businesses to strengthen existing businesses and encourage new businesses.
- Identifying and assessing best and promising practices for providing assistance to small businesses to help ensure their sustainability

The CHIP is in the process of:

- Increasing quality, equity, and relevance of education for youth in and out of schools
- Establishing wage equity and hiring opportunities

CYCP PROGRESS REPORT 2021-2022

Result

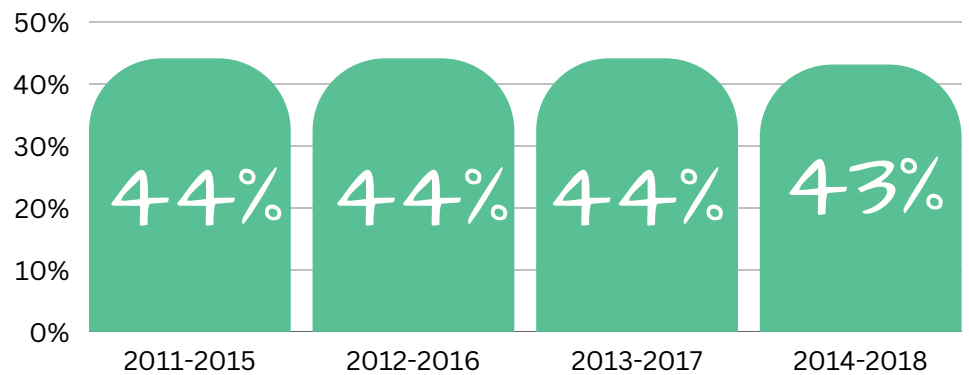Alexandria is an affordable place for families to live

Champion/Tactic Owners

Alexandria Office of Housing

How Are We Doing?

Renters Spending 30% or More of Household Income on Rent, Alexandria
Source: American Community Survey (2014-2018)

2011-2015	2012-2016	2013-2017	2014-2018
44%	44%	44%	43%

Strategies

23. Make Alexandria a more affordable place to live, especially for low-income families and the city's workforce

24. Support healthy, well-designed, and energy efficient housing that fosters the well-being of Alexandria residents

Implementation Progress

Progress with securing affordable and energy efficient housing:

2 Strategies, || Action Steps,

67% are in progress

What Have we Done?

To advance strategy #21, the Office of Housing is in the process of:

- Preserving the long-term affordability of committed affordable housing
- Securing long-term affordable and workforce rental housing through strategic development
- Securing affordable and workforce affordable for-sale housing through strategic development and supporting affordable and workforce home purchase opportunities for Alexandria residents and workers

To advance strategy # 25, the Office of Housing is in the process of:

- Assisting homeowners in assessing energy efficiency and indoor air quality through home audits and assessments

To learn more about the Alexandria's plans and progress to secure affordable housing, see the Housing Master Plan

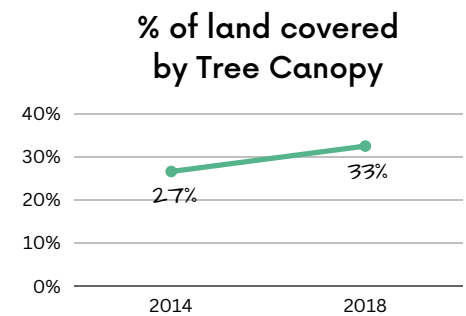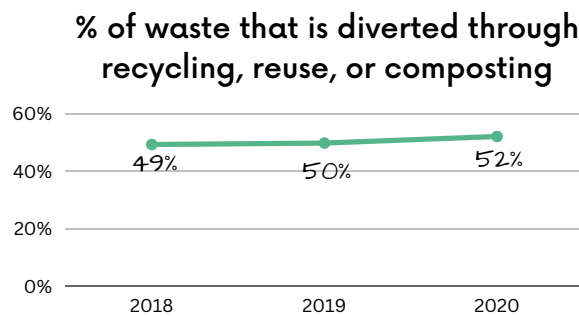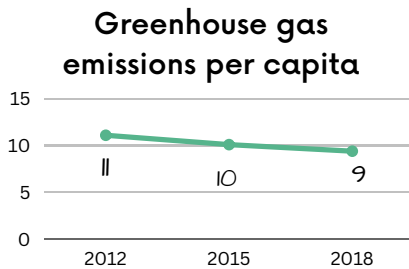# CYCP PROGRESS REPORT 2021-2022

Result

Alexandria is a sustainable Eco-City in which young people live, work, and play for generations to come

Champion/Tactic Owners

Department of Transportation and Environmental Services (TES)
Department of Recreation, Parks, and Cultural Activities (RPCA)

How Are We Doing?

Greenhouse gas emissions per capita

2012	2015	2018
11	10	9

% of waste that is diverted through recycling, reuse, or composting

2018	2019	2020
49%	50%	52%

% of land covered by Tree Canopy

2014	2018
27%	33%

Source: Alexandria City Strategic Plan Environment Theme Key Indicator Dashboard

Strategies

25. Protect the health and sustainability of Alexandria's natural environment

26. Introduce environmental education at younger age

Implementation Progress

Progress with preserving our natural environment:

2 Strategies, **12** Action Steps,

92% are in progress or fully implemented

What Have we Done?

To advance strategy #26, TES is in the process of:

- Preserving and expanding a healthy urban tree canopy
- Preserving, managing, and increasing open space
- Reducing greenhouse gas emissions and air pollution
- Reducing solid waste
- Making Alexandria's waterbodies swimmable
- Ensuring safe drinking water

To advance strategy # 27, TES and RPCA (respectively) are in the process of:

- Updating environmental education in the Alexandria City Public Schools curriculum, focusing on City-specific sustainability issues. This work may include creating resources to facilitate student education and outreach
- Offering hands-on and informative nature programs to help us appreciate our natural resources

CYCP PROGRESS REPORT 2021-2022

Goal Two | All Children and Youth are Academically Successful and Career Ready

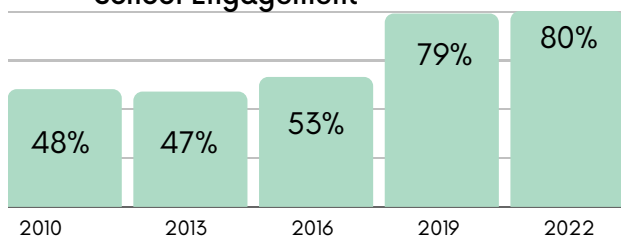## Strategic Area | Educational Equity

RESULT

All young people are supported by an equitable education system that promotes their success in school, career, and life

CHAMPION/TACTIC OWNERS

ACPS
DCHS - Early Childhood
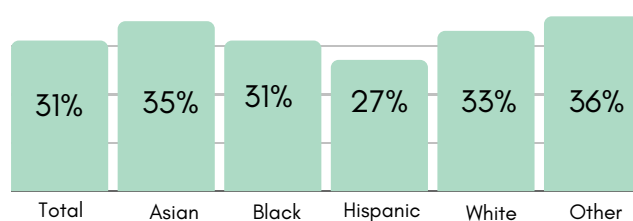Community Health Improvement Plan (CHIP)
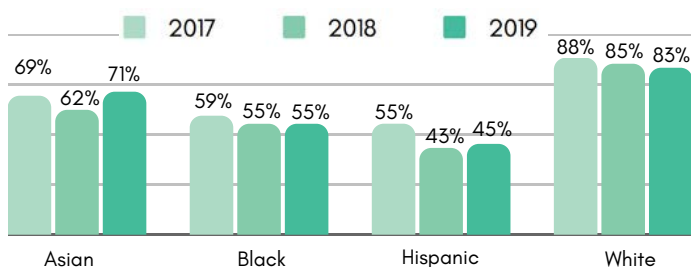
HOW ARE WE DOING?

School Engagement

- 2010: 48%
- 2013: 47%
- 2016: 53%
- 2019: 79%
- 2022: 80%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute
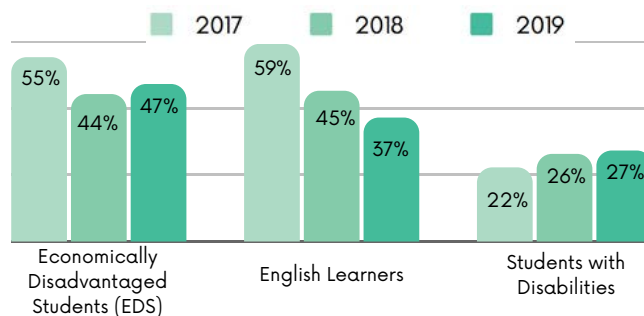
Caring School Climate by Race/Ethnicity, 2022

- Total: 31%
- Asian: 35%
- Black: 31%
- Hispanic: 27%
- White: 33%
- Other: 36%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute, 2022

3rd Grade Reading by Race/Ethnicity

Legend: 2017, 2018, 2019

- Asian: 69%, 62%, 71%
- Black: 59%, 55%, 55%
- Hispanic: 55%, 43%, 45%
- White: 88%, 85%, 83%

Source: ACPS Strategic Planning Report, 2019

3rd Grade Reading by Sub-Group

Legend: 2017, 2018, 2019

- Economically Disadvantaged Students (EDS): 55%, 44%, 47%
- English Learners: 59%, 45%, 37%
- Students with Disabilities: 22%, 26%, 27%

Suspension Rates by Sub-Group

Source: ACPS Equity for All Dashboard, 2021-2022

Legend: % of Enrollment, % of Suspensions
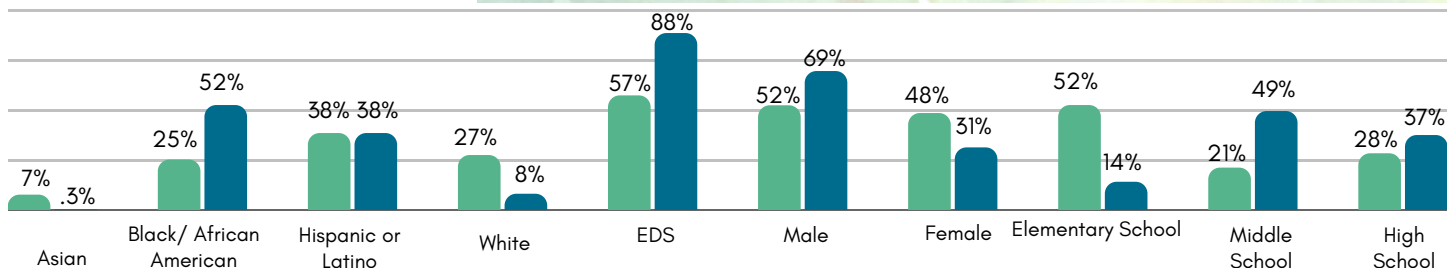
Trends in Suspension Rates: The chart below depicts the percentage of students by demographic enrolled in ACPS compared to the suspension rate of that sub-group. Comparing these sets of data reveal many instances of disproportionality in suspensions at ACPS. For example, Black students comprise 25% of student enrollment and yet make up 52% of school suspensions. EDS comprise of 57% enrollment and yet make up 88% of school suspensions.

- Asian: 7% / .3%
- Black/African American: 25% / 52%
- Hispanic or Latino: 38% / 38%
- White: 27% / 8%
- EDS: 57% / 88%
- Male: 52% / 69%
- Female: 48% / 31%
- Elementary School: 52% / 14%
- Middle School: 21% / 49%
- High School: 28% / 37%

CYCP PROGRESS REPORT 2021-2022

STRATEGIES

27. Promote equity and inclusion at the school and classroom level

28. Strengthen technology infrastructure

IMPLEMENTATION PROGRESS

Progress with fostering supportive learning environments:

2 Strategies, *5* Action Steps,

90% are in progress

WHAT HAVE WE DONE?

To advance strategy #28, ACPS is in the process of:
- Engaging students and families in identifying needed supports and services and offering them in schools while monitoring utilization of existing and new resources
- Improving students' and families' experiences during key transitions in their educational journey
- Identifying and remove educational barriers and provide supports to students who are identified as experiencing homeless as defined by the McKinney-Vento Act

...and DCHS – Early Childhood has fully implemented:
- Ensuring that all eligible youth with intellectual and other developmental disability diagnoses are assessed and placed on the Developmental Disabilities Waiver Services waiting list by age 18 years to ensure a seamless transition from high school to higher education, career readiness or other desired plan for independence.

To advance strategy # 29, ACPS and the CHIP is in the process of:
- Maintaining funding for technology and for building capacity for its use through professional learning
- Providing a reliable technology infrastructure that facilitates the operation of the school division and supports greater access and equity
- Funding tech or other skills training for vulnerable populations

To learn more about the Alexandria's plans to advance educational equity, see the <u>ACPS Equity for All 2025 Strategic Plan</u>

To learn more about the Alexandria's efforts to improve reading, see the <u>CYCP Report Card on Reading for Pleasure</u>

CYCP PROGRESS REPORT 2021-2022

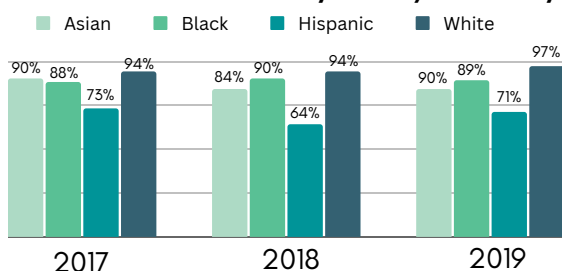## Strategic Area | Workforce Readiness

Result

All young people graduate from high school "college and career ready"
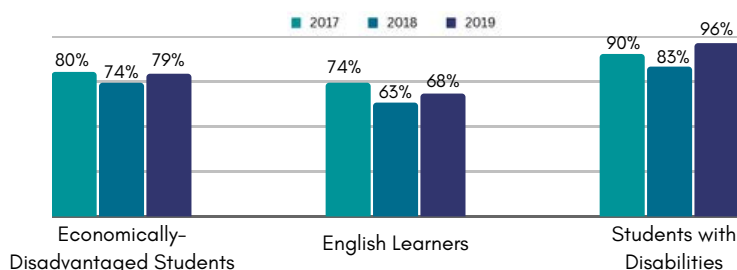
Champion/Tactic Owners

Alexandria City Public High School
Community Health Improvement Plan
Department of Community and Human Services

How Are We Doing?

Graduation Rates by Race/Ethnicity

Legend: Asian, Black, Hispanic, White

2017: 90%, 88%, 73%, 94%
2018: 84%, 90%, 64%, 94%
2019: 90%, 89%, 71%, 97%

Graduation Rates by Sub-Group

Legend: 2017, 2018, 2019

Economically-Disadvantaged Students: 80%, 74%, 79%
English Learners: 74%, 63%, 68%
Students with Disabilities: 90%, 83%, 96%

Source: Alexandria City Public Schools Strategic Planning Data Workbook, November 2019

Strategies

29. Increase youth access to the resources they need for educational and career success

30. Advocate for programs that enhance youth leadership skills, workforce skills, and Virginia's 5 c's

Implementation Progress

Progress with lighting pathways to college and careers:

2 Strategies,   5 Action Steps,

80% are in progress

What Have we Done?

To advance strategy #29, ACPS, the CHIP, and DCHS's Workforce Development Center is in the process of:

- Engaging business partners to expand opportunities for students
- Implementing the High School Project
- Enhancing work-based learning opportunities and expand the number of opportunities for youth
- Equipping Alexandria's youth for economic success through training, employment, entrepreneurship, and leadership development

To advance strategy # 30, ACPS is in the process of:

- Developing and implementing a sequence of work-based learning opportunities for students in middle and high schools

CYCP PROGRESS REPORT 2021-2022

Goal Three | All Children, Youth, and Families have Positive Experiences

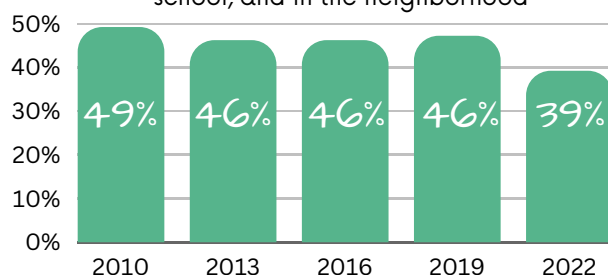## Strategic Area | Safe Homes, Schools, and Communities

Result

All young people feel safe at home, school, and in their community

Champion/Tactic Owners

DCHS – Center for Children and Families (CCF),
Community Health Improvement Plan (CHIP),
Alexandria Police Department,
Alexandria City Public Schools (ACPS)
Mayor's Campaign to End Bullying (MCTEB)

How Are We Doing?

Safety
Young person feels safe at home, school, and in the neighborhood

Year	%
2010	49%
2013	46%
2016	46%
2019	46%
2022	39%

Safety by Race/Ethnicity, 2022
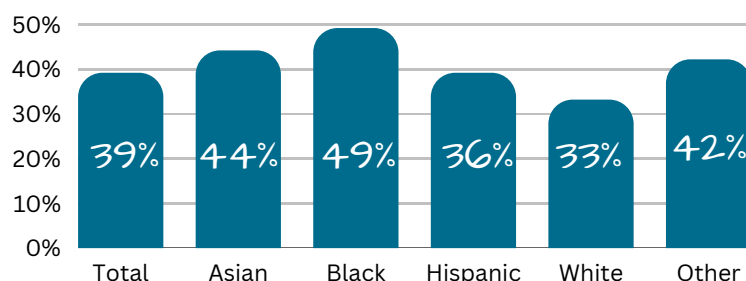
Category	%
Total	39%
Asian	44%
Black	49%
Hispanic	36%
White	33%
Other	42%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Strategies

31. Minimize and prevent exposure to ACEs and trauma in the household

32. Strengthen and maintain relationships with Alexandria's Law Enforcement

33. Expand access to and availability of physical spaces with trusted, caring adults, where youth can feel safe when not in school

34. Maintain the physical environment of school buildings and school grounds as well as the physical safety of students

35. Prevent bullying by providing education, building Developmental Assets®, and growing awareness among community

Implementation Progress

Progress with decreasing ACEs:

5 Strategies, 21 Action Steps,

76% are in progress or fully implemented

CYCP PROGRESS REPORT 2021-2022

What Have we Done?

To advance strategy #31, CCF has fully implemented:
- The provision of education, information, and resources to reduce incidents of assault and intimate partner violence
- The provision of resources to child-centered systems of care that effectively meet the needs of youth and their families

...and CCF and the CHIP (respectively) are in the process of:
- Increasing community access to behavioral health and substance use services for all Alexandrians
- Engaging families in creating and maintaining supportive, nurturing, and structured environments
- Addressing disparities in the criminal justice system

To advance strategy #34, APD and ACPS (respectively) are in the process of:
- Ensuring the safety of the children as they walk to and from school
- Modernizing school facilities at the elementary, middle and high school levels
- Implementing 10-year Capital Improvement Program (CIP) plan which includes funding for security upgrades and projects

To advance strategy #35, MCTEB is in the process of:
- Reviewing and evaluating current reporting structures for bullying
- Developing and implementing a communications plan to deliver bullying prevention information to the community
- Establishing calendar of four "Unity Days" (awareness days) per year in the City of Alexandria
- Advocating for adoption of bullying prevention curriculum/program in every school and recreation center, nonprofits' out of school programs, and in youth childcare programs and youth camps
- Providing a yearly budget to allocate funding to the Mayor's Campaign to End Bullying Committee for implementing and providing awareness programs and special events

CYCP PROGRESS REPORT 2021-2022
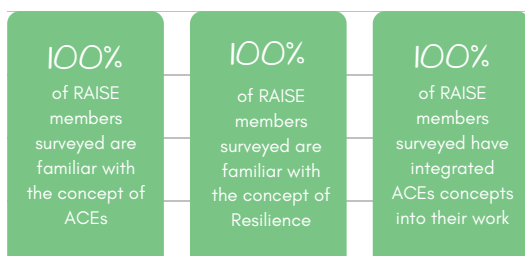
Strategic Area | Community Resilience

Result

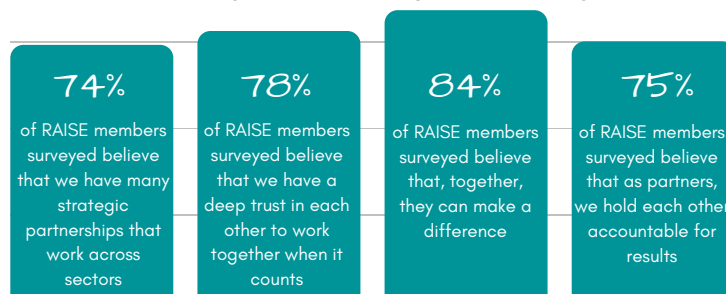Alexandria is a trauma-informed and resilient community

Champion/Tactic Owners

RAISE

How Are We Doing?

Adverse Childhood Experiences (ACES) and Resilience

100% of RAISE members surveyed are familiar with the concept of ACEs

100% of RAISE members surveyed are familiar with the concept of Resilience

100% of RAISE members surveyed have integrated ACEs concepts into their work

In the City of Alexandria, to reduce ACEs, increase resilience, and promote healthy child development...

74% of RAISE members surveyed believe that we have many strategic partnerships that work across sectors

78% of RAISE members surveyed believe that we have a deep trust in each other to work together when it counts

84% of RAISE members surveyed believe that, together, they can make a difference

75% of RAISE members surveyed believe that as partners, we hold each other accountable for results

Source: ACEs and Resilience Community Capacity Survey, Alexandria, 2022

Strategy

36. Create a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community

Implementation Progress

Progress with promoting trauma-informed practices:

1 Strategy, 5 Action Steps,

100% are in progress

What Have we Done?

To advance strategy #36, RAISE is in the process of:

- Supporting existing efforts that aim to promote community wellness and resiliency
- Promoting the use of the equity lens in decision making
- Delivering trainings focused on ACEs, trauma, and resilience
- Supporting organizations becoming trauma-informed by providing them with technical assistance in transforming their spaces, policies, and procedures
- Elevating the voices and experiences of marginalized communities to promote healing, reconciliation, and justice and advance policies that dismantle systems that perpetuate racial trauma and inequity

CYCP PROGRESS REPORT 2021-2022

Strategic Area | Developmental Assets

Result

Alexandria's youth have the 40 positive supports, relationships, and strengths that young people need to succeed
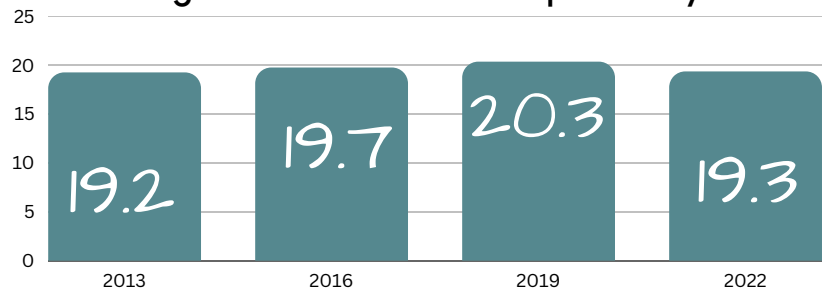
Champion/Tactic Owners

Alexandria Campaign on Adolescent Pregnancy (ACAP),

CYCP Work Group

How Are We Doing?

In Alexandria,
6% of youth surveyed have the ideal number of Assets (31-40)

Average Number of Assets Reported by Youth

Year	Average
2013	19.2
2016	19.7
2019	20.3
2022	19.3

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Strategies

37. Support schools and organizations in adopting the Developmental Assets Framework®

38. Provide fun and free community activities, clubs, and social events that promote social connectedness

Implementation Progress

Progress with promoting asset building and social connectedness:

2 Strategies, **6** Action Steps,

86% are in progress or fully implemented

What Have we Done?

To advance strategy #37, ACAP has fully implemented:

- The provision of technical assistance and trainings

...and is in the process of:

- Rolling out a messaging campaign on the importance of asset building

To advance strategy #38, the CYCP Work Group is in the process of:

- Developing communications materials to increase awareness of community activities, clubs, and social events in Alexandria.
- Creating trauma-informed and inclusive spaces and practices when facilitating positive youth development.
- Strengthening access, quality, and quantity of programs, community activities, clubs, and social events that promote social connectedness
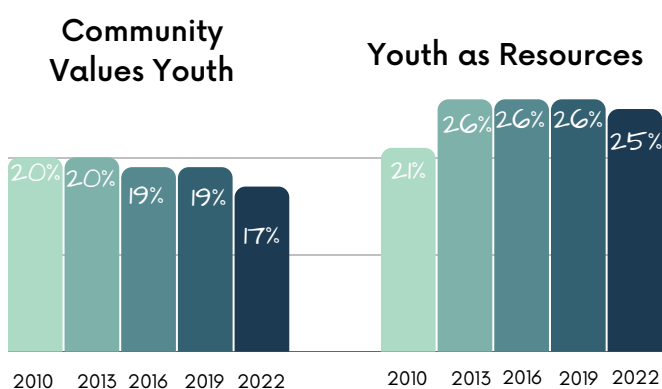
CYCP PROGRESS REPORT 2021-2022

Result

All young people perceive that adults in the community value youth
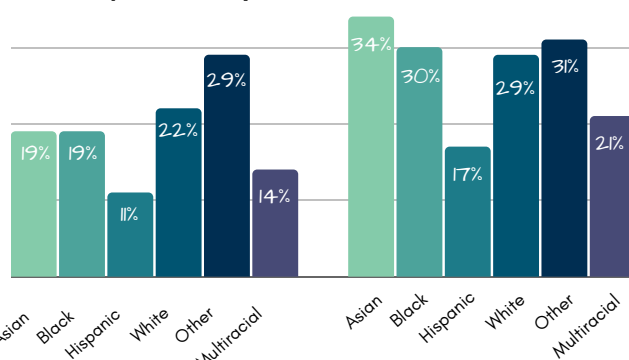
Champion/Tactic Owners

CYCP Work Group

How Are We Doing?

Community Values Youth

- 2010: 20%
- 2013: 20%
- 2016: 19%
- 2019: 19%
- 2022: 17%

Youth as Resources

- 2010: 21%
- 2013: 26%
- 2016: 26%
- 2019: 26%
- 2022: 25%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Community Values Youth by Race/Ethnicity

- Asian: 19%
- Black: 19%
- Hispanic: 11%
- White: 22%
- Other: 29%
- Multiracial: 14%

Youth as Resources by Race/Ethnicity

- Asian: 34%
- Black: 30%
- Hispanic: 17%
- White: 29%
- Other: 31%
- Multiracial: 21%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute, 2022
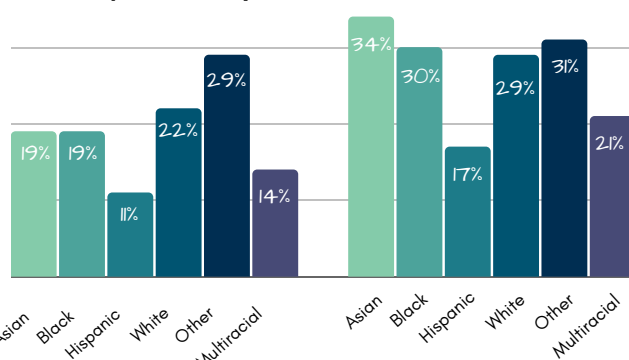
Strategy

39. Promote youth empowerment by sharing decision-making power with youth

Implementation Progress

Progress with promoting youth empowerment:

1 Strategy, 5 Action Steps,

100% are in progress or fully implemented

What Have we Done?

To advance strategy #39, the CYCP Work Group has fully implemented:

- The provision of trainings and encouragement to support youth as decision-makers
- Increase access to information about youth engagement opportunities

...and is in the process of:

- Providing leadership and decision-making opportunities for youth
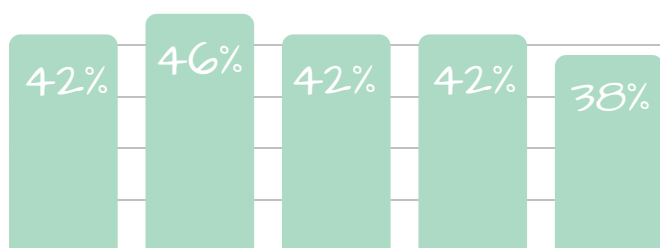
CYCP PROGRESS REPORT 2021-2022

Result

Alexandria's youth receive support from three or more non-parent adults

Champion/Tactic Owners

Alexandria Mentoring Partnership (AMP),
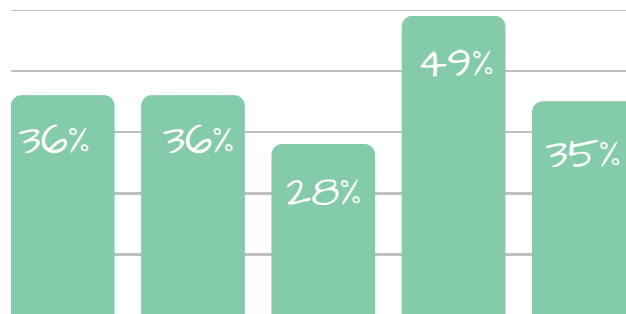
CYCP Work Group

How Are We Doing?

Other Adult Relationships

2010	2013	2016	2019	2022
42%	46%	42%	42%	38%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Other Adult Relationships by Race/Ethnicity

Asian	Black	Hispanic	White	Other
36%	36%	28%	49%	35%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute, 2022

Strategy

40. Ensure that every young person is embedded in a web of positive relationships with trusted, caring adults

Implementation Progress

Progress with connecting youth to caring adults:

1 Strategy, 5 Action Steps,

100% are in progress or fully implemented

What Have we Done?

To advance strategy #38, the AMP is in the process of:

- Focusing mentoring efforts to close the gaps that exist in communities of color and among males
- Including the importance of mentoring in the Assets Messaging Campaign
- Strengthening community settings so they inspire youth-adult relationships and asset building
- Leveraging resources to support mentoring programs and ongoing mentor development and retention within the Alexandria Mentoring Partnership

To learn more about the progress made in this area, read the CYCP Report Card on Mentoring
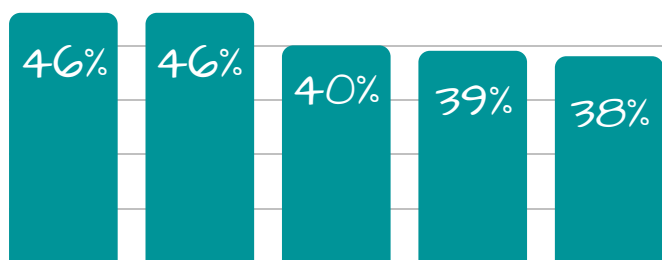
CYCP PROGRESS REPORT 2021-2022

Result

All Alexandria youth recognize the value of helping others

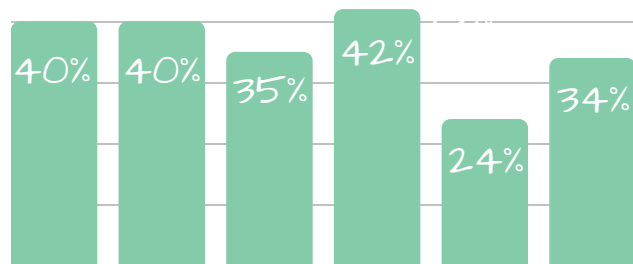## Champion/Tactic Owners

Volunteer Alexandria

How Are We Doing?

Service to Others

2010	2013	2016	2019	2022
46%	46%	40%	39%	38%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Service to Others by Race/Ethnicity

Asian	Black	Hispanic	White	Other	Multiracial
40%	40%	35%	42%	24%	34%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute, 2022

Strategy

41. Create more and expand opportunities for youth to volunteer in their community

Implementation Progress

Progress with connecting youth to volunteer opportunities:

1 Strategy, 2 Action Steps,

100% are in progress or fully implemented

What Have we Done?

To advance strategy #41, Volunteer Alexandria is in the process of:

- Expanding and enhancing opportunities to volunteer
- Informing young people of the available volunteer opportunities

To learn more about the progress made in this area, read the CYCP Report Card on Youth Helping Others
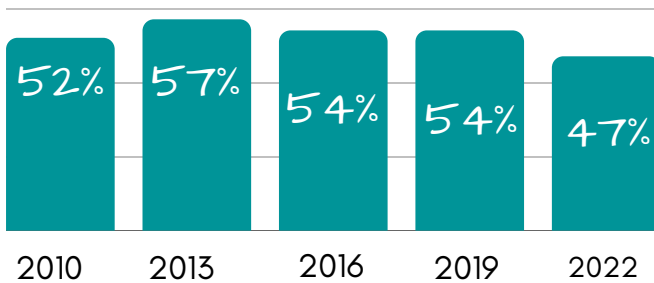
CYCP PROGRESS REPORT 2021-2022

Result

Alexandria's young people are involved in interesting activities that help bring out their best

Champion/Tactic Owners

Children and Youth Community Plan (CYCP) Work Group,
Act for Alexandria - Youth Support Network,
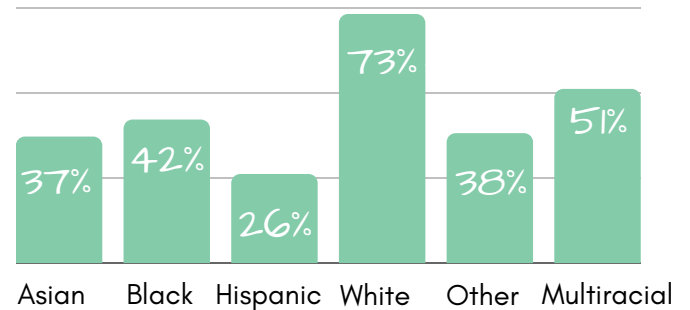Alexandria City Public Schools (ACPS)

How Are We Doing?

Youth Programs

2010	2013	2016	2019	2022
52%	57%	54%	54%	47%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

Youth Programs by Race/Ethnicity

Asian	Black	Hispanic	White	Other	Multiracial
37%	42%	26%	73%	38%	51%

Source: Developmental Assets, Alexandria City Public Schools, Search Institute, 2022

Strategy

42. Support the development and alignment of and equitable access to high-quality out of school time programs

Implementation Progress

Progress with strengthening out of school time programs:

1 Strategy, 6 Action Steps,

83% are in progress or fully implemented

What Have we Done?

To advance strategy #41, the CYCP Work Group fully implemented:

- Preparing afterschool providers for the post-COVID transition by disseminating information about Adverse Childhood Experiences science and sharing best practices for trauma-informed practice

...and ACPS and the Youth Support Network are in the process of:

- Improving impact of out-of-school learning opportunities
- Supporting OSTP Providers to adopt the developmental relationships approach
- Providing Professional Development Trainings to OSTP Network including
- Conducting a needs assessment of professional learning opportunities with staff involved in Division-wide after school programming

CYCP PROGRESS REPORT 2021-2022

Overarching Strategies | Our systems that serve children, youth, and families are well coordinated and equitable
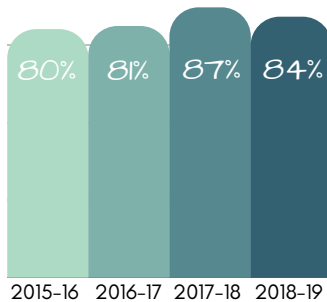
Result

Alexandria's youth and family serving systems are effective, equitable, and respectful

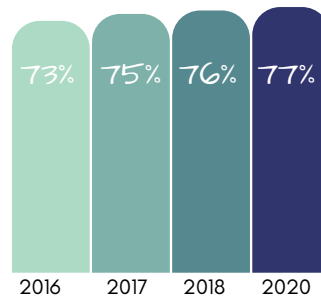### Champion/Tactic Owners

City-School Staff Group (CSSG)

How Are We Doing?

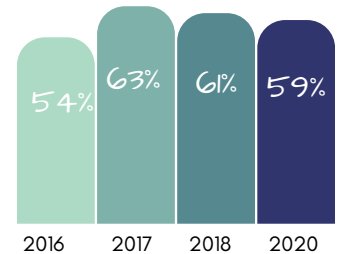**ACPS works with families to provide high quality services**

2015-16	2016-17	2017-18	2018-19
80%	81%	87%	84%

Source: ACPS 2020 Community Survey: Division Report

Alexandria as a Place to Raise Children

2016	2017	2018	2020
73%	75%	76%	77%

Overall Confidence in Alexandria Government

2016	2017	2018	2020
54%	63%	61%	59%

Source: Alexandria Resident Survey, 2016-2020

Strategies

Overarching Strategy 1. Design, implement, and evaluate solutions that undo racism, end discrimination, and advance equity

Overarching Strategy 2. Strengthen organizational capacity in the areas of staffing, infrastructure, communication, funding, planning, monitoring, evaluation, and professional development

Implementation Progress

Progress with advancing equity and strengthening capacity:

2 Strategies, 7 Action Steps,

86% are in progress

What Have we Done?

To advance strategy #1, the CSSG is in the process of:
- Elevating youth and family voice in decisions that affect their lives
- Adopting the consistent use of the racial equity lens when making key decisions

To advance strategy #2, the CSSG is in the process of:
- Developing and using a common system of measurement to improve the delivery of services
- Equipping the workforce to support young people and provide them with high-quality care
- Assessing the current mechanisms for collaboration, information sharing, and problem-solving across agencies.
- Strengthening marketing, communication, and ease of access to information so youth, families, and service providers know what resources are available

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