RESILIENCE ALEXANDRIA AGENDA

Mission: To build a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community.

Date: October 22, 2020

Time: 10-12

Zoom Link: https://us02web.zoom.us/j/85752174403

Agenda Items

10:00 Welcome

- Welcome new and returning members!
- Today is Purple Day show support for domestic violence awareness by wearing purple

10:10 Guest Speaker on Grief and Loss

 Allyson Drake, M.Ed., CT will join us to talk about grief and loss. Allyson founded the Full Circle Grief Center in Richmond 12 years ago as a comprehensive grief resource center for children, adults, and families

10:40 Legislative Updates from General Assembly Special Session (Mary Beth)

10:55 RAISE Transformation Plan Update

- Supervisor Toolkit Town Hall
 - November 5th @3PM
 - November 10th @ 12PM
 - November 11th @ 10:30AM

11:00 Committee Work

 Committees will meet and continue developing/coordinating implementation of their action plans

11:30 Close

- Committees regroup and report out
- **Decide** Holiday Meeting Schedule

The Pair of ACES

COVID-19 Adverse Community Experiences

Housing Instability

Substance Abuse & Domestic Violence

Lack of Access to Technology, **Remote Work & Education Opportunities**

Food Insecurity

Lack of Access to Primary Care & Screening

> **Unemployment & Lack of Paid Leave**

Higher Rates of Risk Factors and Mortality due to Chronic Disease

Adverse Community Environments

Poverty

Discrimination

Community Lack of Opportunity, Economic Affordability Disruption **Mobility & Social Capital**

Violence **Poor Housing**



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp. S86-93. DOI Information: 10.1016/j.acap.2016.12.011