

### Meeting 3.25.21



# Welcome!





It's Social Work Month so let's celebrate our Social Workers!

#### Today's Agenda



#### Statewide TICN & Policy Updates



#### **Summit Planning**



## Statewide TICN Updates

#### Campaign for Trauma-Informed Policy and Practice

- WHO Report ACEs cost U.S. \$748 billion a year in lost productivity
- Encourage Congress to adopt trauma-informed legislation and fund local trauma-informed coalitions that can set their own priorities based on local needs
- \$1.9 trillion stimulus bill has money that can be spent on trauma-informed efforts



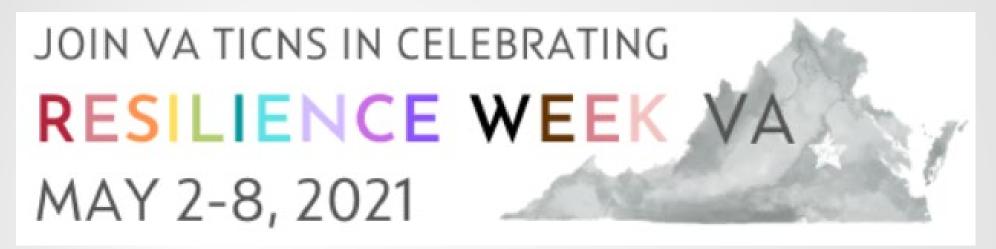
## Statewide TICN Updates

#### **ACE Interface Training**

- DBHS received some funding to create full-time role to lead the effort and part-time role to support
- DBDHS has allocated funds to address trauma and partner with TICNs with a focus on ACE Interface & Learning Communities
- ACE Interface is a storytelling that helps us to build empathy, understand ourselves and each other, help each other heal
- ACE Interface Master Trainers can train cohorts of presenters who can continue growing and giving this training
- Fairfax TICN put together a 3-day virtual train the trainer and is ready to do more of these cohort trainings
- Next steps: TICNs interested in having cohort training can reach out to Keith about the 3-day training; ideal cohort is 25-30 people



#### Statewide TICN Updates



- Second Annual Resilience Week VA
  - New flyer with potential themes on Resilience Week website:
  - <u>http://grscan.com/resilience-week-virginia/</u>
  - Themes are flexible, can use or not in whatever ways make sense for your networks/organizations





## **Policy Updates**

- 2021 General Assembly Session Results
  - See the outcomes of this year's session <u>on Voices for VA's</u> <u>Children site</u>
  - Highlights include:
    - \$143,260 restored funding for ACEs Interface Training in FY22
    - A resolution declaring racism as a public health crisis in Virginia
    - \$517,553 allotted to support to the Virginia Helping Everyone Access Services (HEALS) program in FY22
    - State Health Commissioner will establish a Task Force on Maternal Health Data and Quality Measures to improve maternal care, quality, and outcomes.
    - \$2.4 million for increasing access to doula care for pregnant women in FY22
- Register to attend the next <u>Racial Truth & Reconciliation</u> VA Coalition Meeting Tickets, Thu, Apr 15, 2021 at 12:00 PM | Eventbrite





#### SAVE THE DATE

Trauma & Resiliency Summit

> THURSDAY, MAY 20 VIRTUAL EVENT







# Summit Planning

Weekly Planning meetings with RAISE Committee Chairs

- Awareness/Communications Committee Noraine Buttar
- Changing Environments Committee Paula Navarro
- Training Committee Gina White
- RAISE Co-Coordinators Chelsea Eickert & Stacey Hardy-Chandler

#### Review Summit Agenda

Marketing & Communications

Plan Closing Ceremony

#### Volunteer Needs

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#### Summit Planning



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Time	Racial & Social Justice Trac	ck Navigating Environments Track	Wellness Track
9AM	<b>Opening Remarks &amp; Plenary Speaker</b> (Dr. Wendy Ellis, Director of George Washington University's Center for Community Resilience)		
10AM	Building Resilience through Self-Care: Healing Racist Wounds (Amanda Lynch, Writer)	<b>Building Trauma-Informed Spaces</b> (Chrissy Cunningham, Fairfax County)	<b>Introduction to Trauma &amp;</b> <b>Resilience</b> ( <i>Tamika Daniel, Greater Richmond</i> <i>SCAN</i> )
11AM	Alexandria's History of Racial & Social Justice (Audrey Davis, Office of Historic Alexandria)	<b>Resiliency Toolkit for Trauma-Informed</b> <b>Supervision</b> ( <i>RAISE</i> )	<b>Building Resilience through Mindfulness</b> ( <i>Gina White, Mindful Junkie</i> )
12PM	Lunch 'n Learn		
1PM	How to Create Change: Community Organizing for Social Justice (Ingris Moran, Tenants & Workers United)	<b>Institutionalizing Professional Resiliency in Human Service Organizations</b> ( <i>Alexandria Multidisciplinary Team</i> )	Building Resilience through Social Supports Across the Lifespan (Panel) (Michelle Kelsey Mitchell)
2PM	Advocating for Racial Justice through Systemic Change (Chloe Edwards, Voices for VA's Children)	Multi-System Collaboration & Legislative Change: Crossover Youth Practice Model (Tricia Bassing, Greta Rosenzweig, & Sonnja Brown, Children & Youth Crossover Practice Model)	<b>Secondary Traumatic Stress &amp;</b> <b>Self-Care Basics</b> ( <i>Melissa McGinn &amp; Lisa Wright,</i> <i>Greater Richmond SCAN/TICN</i> )
ЗРМ	<b>Building a Plan for Advocacy</b> ( <i>Sarah Taylor, Legislative Director</i> )	<b>Elevating Youth &amp; Family Voice</b> (Jenna White, Fairfax County PTA Council Representative to the Fairfax Trauma Informed Community Network)	<b>Building Resilience through</b> <b>Work n' Well</b> (Dr. Grace Page, City of Alexandria)
4PM	Closing		

# Marketing & Communications



- Registration
  - Breakout Rooms + Zen Den
- Flyers & Social Media
- Target Audience
  - All are welcome
  - Human Service Providers & Community Advocates
  - Alexandria-Focused



## **Closing Ceremony**

- Evaluation
  - Put link to evaluation in the chat at the top of the hour
  - Encourage everyone to fill it out during the last 10 minutes of Ceremony
- Wrap up Set the expectation for ongoing participation
  - Plant the seed for the quarterly events; invite attendees to lead workshops next year.
- Poetry Share
- Reflection Activity
  - Youth and adults will share what trauma-informed approaches are important to them
  - Everyone will be invited to share their ideas for action
  - Compile a Top 10 list of actions from the ideas shared
- Breathing or Movement Activity
- Close out with some music while people complete their evaluations



#### **Volunteer Needs/Roles**

- Workshop Moderators
- Staff for Main Room
- Staff for Zen Den
- Help promote the event among your networks
- Evaluation Designer
- Movement/Mindfulness Activities in between workshops
- Resiliency Toolkit for Trauma-Informed Supervision Workshop (CCF Trauma-Informed Champions)



#### **Announcements?**