

# **Biking in** Alexandria? Let's GO!

Looking to save money on travel? Get exercise? Help the environment? See Alexandria in a whole new light? We've got you covered. With a world class bike network of 23 miles of off-street trails and 21 miles of on-street bike lanes it's easy to get started. Biking is a great alternative to driving and helps to decrease traffic.

This guide helps you bike, scoot, and even walk around beautiful Alexandria. Read on to find out how to sign up for Capital Bikeshare, follow rules of the road, or just get wherever you are going.

Have fun biking!

# How to Ride

Whether you are taking your bike or scooter on the road, trail, bus, or train, keep everyone safe by following rules.

# WHEN RIDING ON TRAILS



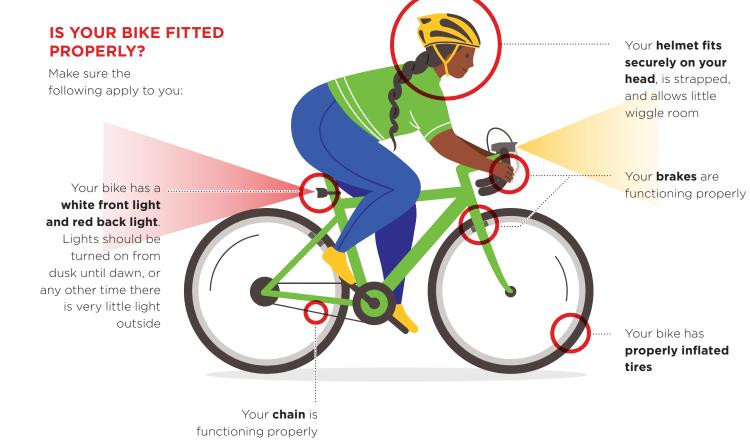
• Ride on the right • Alert walkers, runners and other bicyclists when passing

the left Know the rules of the trail

• Be cautious and yield to crossing traffic

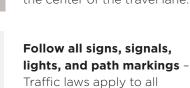
Slow down and pass on

- If riding on a trail when it's dark, use lights
- When riding in groups **use** the right side and stay single file when others are using the left side of the trail
- Keep the trail **clean**



WHEN RIDING ON THE ROAD





road users



**Ride defensively** -Remember that drivers aren't always watching for bikes, so

prepare to stop if needed

look both ways, and yield to

pedestrians - They always

Stop at stop signs,

have right of way



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Bring your bike on Metrorail for free any time the system is open. You car also park your bike at over 2,400 bike racks and lockers available at any Metrorail station.

• METRORAIL



 VIRGINIA RAILWAY EXPRESS (VRE) Full-size and collapsible bikes are welcomed

BRINGING YOUR BIKE ON

on all VRE trains. **vre.org** 

• POTOMAC WATER TAXI

The Water Taxi, a private company, has space for up to six bikes on their water taxis

• DASH AND METROBUS

All DASH and Metrobuses have folding bike racks that are free to use.

# • AMTRAK

Bikes are welcome on some trains. Check amtrak.com for details and pricing.

### **USING BIKE RACKS ON BUSES**



Place your

bike in the

rack slot

Squeeze handle and pull down rack

Grasp support arm and pull over tire

There are many organizations and programs in the City that help keep you moving:

### **GO** Alex

GO Alex encourages the reduction of automobile dependence, increasing mobility, and improving air quality through the promotion of public transit, ridesharing, bicycling, and walking as money and time-saving alternatives. Learn more at alexandriava.gov/GOAlex

### Washington Area Bicyclist Association (WABA) Bike Classes

The City sponsors a variety of bike sses throughout the year, provided by WABA. Participants can learn how to ride a bike and how to cycle safely on the region's streets to commute to work, school, or run errands. Check out alexandriava.gov/bicycling for more information on class dates and times.

# **Capital Bikeshare**

# Renting a bike from Capital Bikeshare is easy and affordable!

With over 600 stations and thousands of bikes, you can borrow in many places in Alexandria, as well as Arlington, Washington DC, Fairfax County, Fairfax City, Falls Church, Montgomery County, and Prince George's County. It's an easy and affordable way to get around!



**UNLOCK AND RIDE** 

Use your member key fob to unlock. If you own a smartphone, you can also use the Capital Bikeshare app to unlock. Available on both iTunes and Google Play.







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permitted on sidewalks

Watch out for car doors -

lane around parked vehicles

Stay on street - While streets

in Alexandria, except south of

Scooters and E-bikes are not

City Hall on King St and Union St

are generally safer, you are allowed to bike on all sidewalks

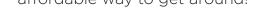
You can move to center of your

### Vision Zero

Vision Zero is about saving lives on Alexandria's streets. The City of Alexandria's Vision Zero goal is to eliminate fatal and severe crashes by 2028. Find out more at alexandriava.gov/VisionZero

### Alexandria Bicycle & Pedestrian Advisory Committee

Do you have ideas that could make your neighborhood better for people walking or biking? The Alexandria Bicycle and Pedestrian Advisory Committee (BPAC) needs your help! Visit alexandriabpac.wordpress.com to get involved!



To see bikes in real time or get a membership, scan the QR code or visit capitalbikeshare.com



The first 45 minutes of any ride are free with a membership.



Unlimited 45-minute rides on a classic bike \*\$95 billed upfront annually

# capital bikeshare

# **CAPITAL BIKESHARE FOR ALL**

Did you know you may qualify for a membership for only \$5/year? Sign up for Capital Bikeshare for All if you either a) receive certain federal benefits (including SNAP, TANF, WIC and others), or b) are a member of a participating social services agency

If you receive certain Federal benefits such as TANF, WIC, SNAP and others, you can qualify for a \$5 Capital Bikeshare annual membership. You can sign up for Capital Bikeshare for All at capitalbikeshare.com/pricing/for-all

Do you want a non-profit to get involved? Let us help you at GOAlex@alexandriava.gov!

# **Biking on Alexandria Trails**



### **MOUNT VERNON TRAIL** (18.5 miles, paved)

This paved trail is located along the Potomac River from Rosslyn to George Washington's estate at Mount Vernon, passing through Old Town Alexandria via Union Street. The trail provides access to the Pentagon, Ronald Reagan Washington National Airport, and multiple bridges into DC, as well as Four Mile Run Trail.



POTOMAC YARD TRAIL (2 miles, paved)



### HOLMES RUN TRAIL (5 miles, paved)

A scenic path paralleling Holmes Run in Alexandria's West End that runs between the Eisenhower Avenue Trail in Alexandria and Lake Barcroft in Fairfax County. Note that parts of this trail are temporarily closed due to flood damage and are being repaired. For more information, visit: alexandriava.gov/capital-projects/project/ holmes-run-trail-repairs



FOUR MILE RUN TRAIL (0.9 miles, paved)

# **Biking on Regional Trails**

The DC area has many terrific trails for bicycle commuting and recreation. Learn more at alexandriava.gov/public-transportation/multi-use-trails



# OLD DOMINION (W&OD) **RAILROAD REGIONAL PARK**

(45 miles, paved)

Running from Shirlington to Purcellville, this trail is used by over two million people every year Photo: Casey Kane

## **CHESAPEAKE & OHIO** CANAL (C&O) NATIONAL HISTORICAL PARK

(184 miles, crushed stone and clay)

Running along north bank of Potomac River from Georgetown to Cumberland, MD, the C&O Canal trail is managed by the National Park Service Photo: Anthony Le



(13 miles, paved and crushed stone) Running from Georgetown to Silver





Kids can explore the City's traffic gardens to learn about the rules of the road, practice their skills, and have fun doing it! Traffic gardens are miniature street networks where children can practice safely walking, biking, or "driving" along roadways and through intersections in a low-risk, low-stress environment that is completely separate from motor vehicles. Traffic gardens can be found at the following locations:

 Mount Jefferson Park Traffic Garden (207 Hume Ave)

 Cora Kelly Traffic Garden (Cora Kelly School, 3600 Commonwealth Ave)

• Ewald Park Traffic Garden (4452 Duke St)

 Jones Point Park Traffic Garden (100 Jones Point Drive)

# City

# **WASHINGTON &**



The Potomac Yard Trail runs from the Braddock Road Metro Station North along Potomac Ave to connect with the Four Mile Run Trail. This trail features exercise equipment, basketball courts, tennis courts, and numerous playgrounds

The Four Mile Run Park Trail connects to the Potomac Yard Trail, the Mount Vernon Trail, and Arlington's Four Mile Run Trail. The trail runs through Four Mile Run Park, which features athletic facilities, playgrounds, picnic areas, and more.

Spring, MD, mostly along a former

rail bed, the CCT includes 7 miles of

paved trail from Georgetown to

Bethesda, MD.

Photo: Anthony Le

The City often hosts "Learn to Ride" classes at Jones Point Park, often in partnership with the

Washington Area Bicycle Association (WABA).

To learn more, visit

alexandriava.gov/traffic-safety/traffic-gardens





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**BIKING** 

**GUIDE**