



Chinquapin Rixse Memorial Pool

MONDAY SCHEDULE

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL				
6:00 AM						POTOMAC MARLINS 6:00AM-6:30AM					6:00 AM			
6:30 AM											6:30 AM			
7:00 AM											7:00 AM			
7:30 AM											7:30 AM			
8:00 AM											8:00 AM			
8:30 AM											8:30 AM			
9:00 AM		ACPS SPLASH 9:00AM-11:00AM						AQUA AEROBICS 9:00AM-10:00AM			9:00 AM			
9:30 AM												9:30 AM		
10:00 AM	WE Aquatics 10AM-1PM									DEEP WATER 10:10-11:10AM	10:00 AM			
10:30 AM											10:30 AM			
11:00 AM											11:00 AM			
11:30 AM											11:30 AM			
12:00 PM											12:00 PM			
12:30 PM											12:30 PM			
1:00 PM											1:00 PM			
1:30 PM											1:30 PM			
2:00 PM			WE Aquatics 2:00PM-7:00PM									2:00 PM		
2:30 PM														2:30 PM
3:00 PM														
3:30 PM											3:30 PM			
4:00 PM	ALEX SWIM LESSONS 3:00PM-8:00PM										4:00 PM			
4:30 PM											4:30 PM			
5:00 PM							POTOMAC MARLINS 4:30PM-6:00PM	POTOMAC MARLINS 4:30PM-7:00PM			5:00 PM			
5:30 PM												5:30 PM		
6:00 PM											6:00 PM			
6:30 PM										GET IN DEEP 6:30-7:15PM	6:30 PM			
7:00 PM											7:00 PM			
7:30 PM		AQUA ZUMBA 7:15PM-8:05PM									7:30 PM			
8:00 PM											8:00 PM			
8:30 PM	POOL CLOSING AT 8:45PM										8:30 PM			
9:00 PM														
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL				



Chinquapin Rixse Memorial Pool

Tuesday SCHEDULE

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL			
6:00 AM										6:00 AM			
6:30 AM										6:30 AM			
7:00 AM										7:00 AM			
7:30 AM										7:30 AM			
8:00 AM										8:00 AM			
8:30 AM							Aqua Exercise for Seniors 8:15a.m-9:00a.m.			8:30 AM			
9:00 AM		ACPS SPLASH 9:00AM-11:00AM								9:00 AM			
9:30 AM											9:30 AM		
10:00 AM	WE Aquatics 10AM-1PM	Water Walking 10:55a.m-11:55a.m.						Aqua Exercise for Seniors 9:30am.-10:15a.m		10:00 AM			
10:30 AM											10:30 AM		
11:00 AM										11:00 AM			
11:30 AM											11:30 AM		
12:00 PM										12:00 PM			
12:30 PM										12:30 PM			
1:00 PM										1:00 PM			
1:30 PM										1:30 PM			
2:00 PM			WE Aquatics 2:00PM-7:00PM								2:00 PM		
2:30 PM												2:30 PM	
3:00 PM	ALEX SWIM LESSONS 3:00PM-8:00PM												3:00 PM
3:30 PM													3:30 PM
4:00 PM											4:00 PM		
4:30 PM											4:30 PM		
5:00 PM										5:00 PM			
5:30 PM										5:30 PM			
6:00 PM							POTOMAC MARLINS 4:30PM-6:00PM	POTOMAC MARLINS 4:30PM-8:00PM		6:00 PM			
6:30 PM											6:30 PM		
7:00 PM											7:00 PM		
7:30 PM		Hi/Lo Water Areobics 6:30p.m-7:30p.m		Alex Swim 6:30p.m-8:00p.m						7:30 PM			
8:00 PM										8:00 PM			
8:30 PM										8:30 PM			
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM		

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL
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Chinquapin Rixse Memorial Pool

Wednesday SCHEDULE

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL				
6:00 AM						POTOMAC MARLINS 6:00AM-6:30AM				6:00 AM				
6:30 AM										6:30 AM				
7:00 AM										7:00 AM				
7:30 AM										7:30 AM				
8:00 AM										8:00 AM				
8:30 AM										8:30 AM				
9:00 AM		ACPS SPLASH 9:00AM-11:00AM						AQUA AEROBICS 9:00AM-10:00AM			9:00 AM			
9:30 AM												9:30 AM		
10:00 AM	WE Aquatics 10AM-1PM									DEEP WATER 10:10-11:10AM	10:00 AM			
10:30 AM											10:30 AM			
11:00 AM											11:00 AM			
11:30 AM											11:30 AM			
12:00 PM											12:00 PM			
12:30 PM											12:30 PM			
1:00 PM											1:00 PM			
1:30 PM											1:30 PM			
2:00 PM			WE Aquatics 2:00PM-7:00PM									2:00 PM		
2:30 PM													2:30 PM	
3:00 PM	ALEX SWIM LESSONS 3:00PM-8:00PM													3:00 PM
3:30 PM														3:30 PM
4:00 PM												4:00 PM		
4:30 PM												4:30 PM		
5:00 PM						POTOMAC MARLINS 4:30PM- 6:00PM	POTOMAC MARLINS 4:30PM-7:00PM				5:00 PM			
5:30 PM													5:30 PM	
6:00 PM											6:00 PM			
6:30 PM											6:30 PM			
7:00 PM		AQUA ZUMBA 7:15PM-8:05PM								Deep Water Exercise 6:30-7:30p.m 7:40p.m-8:40p.m	7:00 PM			
7:30 PM												7:30 PM		
8:00 PM											8:00 PM			
8:30 PM											8:30 PM			
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM			
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL				



Chinquapin Rixse Memorial Pool

Thursday SCHEDULE

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM										6:00 AM	
6:30 AM										6:30 AM	
7:00 AM										7:00 AM	
7:30 AM										7:30 AM	
8:00 AM										8:00 AM	
8:30 AM										8:30 AM	
9:00 AM										9:00 AM	
9:30 AM										9:30 AM	
10:00 AM										10:00 AM	
10:30 AM										10:30 AM	
11:00 AM										11:00 AM	
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5:30 PM										5:30 PM	
6:00 PM										6:00 PM	
6:30 PM										6:30 PM	
7:00 PM										7:00 PM	
7:30 PM										7:30 PM	
8:00 PM										8:00 PM	
8:30 PM										8:30 PM	
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	

WE Aquatics
10AM-1PM

ACPS SPLASH
9:00AM-11:00AM

Water Walking 10:55a.m-11:55a.m.

Skills on the Hill 1:00p.m-3:00p.m

WE Aquatics
2:00PM-7:00PM

Skills on the Hill 3:00p.m-4:00p.m

ALEX SWIM LESSONS
3:00PM-8:00PM

POTOMAC MARLINS
4:30PM-6:00PM

POTOMAC MARLINS
4:30PM-8:00PM

Hi/Lo Water Areobics
6:30p.m-7:30p.m

Alex Swim
6:30p.m-8:00p.m



Chinquapin Rixse Memorial Pool

FRIDAY SCHEDULE

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL		
6:00 AM						POTOMAC MARLINS 6:00AM-6:30AM				6:00 AM		
6:30 AM										6:30 AM		
7:00 AM										7:00 AM		
7:30 AM										7:30 AM		
8:00 AM										8:00 AM		
8:30 AM										8:30 AM		
9:00 AM		ACPS SPLASH 9:00AM-11:00AM								9:00 AM		
9:30 AM												9:30 AM
10:00 AM	WE Aquatics 10AM-1PM											
10:30 AM									10:30 AM			
11:00 AM									11:00 AM			
11:30 AM									11:30 AM			
12:00 PM									12:00 PM			
12:30 PM									12:30 PM			
1:00 PM									1:00 PM			
1:30 PM	FAMILY SWIM 1:30P.M- 5:45P.M									1:30 PM		
2:00 PM			NOVA PT 2-4	We Aquatics 2:00p.m- 5:30p.m						2:00 PM		
2:30 PM										2:30 PM		
3:00 PM										3:00 PM		
3:30 PM									3:30 PM			
4:00 PM								4:00 PM				
4:30 PM								4:30 PM				
5:00 PM								5:00 PM				
5:30 PM								5:30 PM				
6:00 PM	POOL CLOSSES at 5:45p.m									6:00 PM		
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



Chinquapin Rixse Memorial Pool

SATURDAY SCHEDULE

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL			
8:00 AM											8:00 AM		
8:30 AM											8:30 AM		
9:00 AM	ALEX SWIM LESSONS 9:00AM-2:00PM			ALEX SWIM 9-11AM						UNAVAILABLE 8AM-3:30PM	9:00 AM		
9:30 AM												9:30 AM	
10:00 AM												10:00 AM	
10:30 AM												10:30 AM	
11:00 AM	FAMILY SWIM 2:30PM-5:45PM			WE Aquatics 11:00am-2:30pm								11:00 AM	
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM								RENTAL			1:00 PM		
1:30 PM	Birthday Parties* 1:30pm-2:30						WE Aquatics SWIM TEAM 1:30PM-4:00PM					1:30 PM	
2:00 PM											2:00 PM		
2:30 PM	Birthday Parties* 3:30pm-4:30 shared space		Dowden Terrace Swim Team 2:45PM-4:15PM									2:30 PM	
3:00 PM												3:00 PM	
3:30 PM											3:30 PM		
4:00 PM											4:00 PM		
4:30 PM										4:30 PM			
5:00 PM										5:00 PM			
5:30 PM	POOL CLOSES AT 5:45PM										5:30 PM		
6:00 PM													
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL			



Chinquapin Rixse Memorial Pool

SUNDAY SCHEDULE

NO PUBLIC SWIM 10AM-11AM

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL			
7:30 AM											7:30 AM		
8:00 AM											8:00 AM		
8:30 AM											8:30 AM		
9:00 AM	ALEX SWIM LESSONS 8:45AM-2:00PM			ALEX SWIM 9-10AM				AQUA ZUMBA 9:00AM-10:00AM		UNAVAILABLE 10A-1:30P	9:00 AM		
9:30 AM											9:30 AM		
10:00 AM				WAHOOS SWIM CLINIC 10:00AM-11:00AM									10:00 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM										11:30 AM			
12:00 PM											12:00 PM		
12:30 PM											12:30 PM		
1:00 PM											1:00 PM		
1:30 PM											1:30 PM		
2:00 PM											2:00 PM		
2:30 PM											2:30 PM		
3:00 PM	FAMILY SWIM 2:30PM- 5:45PM	RENTAL 2:30p-4:30p									3:00 PM		
3:30 PM											3:30 PM		
4:00 PM											4:00 PM		
4:30 PM											4:30 PM		
5:00 PM											5:00 PM		
5:30 PM											5:30 PM		
6:00 PM	POOL CLOSSES AT 5:45PM										6:00 PM		
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL			