



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

MONDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL			
6:00 AM						POTOMAC MARLINS 6AM-630AM				6:00 AM			
6:30 AM										6:30 AM			
7:00 AM										7:00 AM			
7:30 AM										7:30 AM			
8:00 AM										8:00 AM			
8:30 AM										8:30 AM			
9:00 AM		ACPS SPLASH PROGRAM 9 AM- 11 AM						AQUA AEROBICS 9AM-10AM		9:00 AM			
9:30 AM												9:30 AM	
10:00 AM	WE Aquatics 10AM-1PM												10:00 AM
10:30 AM									10:30 AM				
11:00 AM									11:00 AM				
11:30 AM										11:30 AM			
12:00 PM										12:00 PM			
12:30 PM										12:30 PM			
1:00 PM										1:00 PM			
1:30 PM										1:30 PM			
2:00 PM			WE Aquatics 2:00PM-7:00PM								2:00 PM		
2:30 PM													2:30 PM
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM <i>starting 9/18</i>												
3:30 PM							ACHS Swim Team Conditioning			3:30 PM			
4:00 PM										4:00 PM			
4:30 PM						POTOMAC MARLINS 430-6:00P	POTOMAC MARLINS 430PM-700PM <i>starting 9/11</i>			4:30 PM			
5:00 PM										5:00 PM			
5:30 PM													5:30 PM
6:00 PM										6:00 PM			
6:30 PM										6:30 PM			
7:00 PM									GET IN DEEP 630-730PM	7:00 PM			
7:30 PM										7:30 PM			
8:00 PM										8:00 PM			
8:30 PM	POOL CLOSSES AT 8:45PM										8:30 PM		
9:00 PM													
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL			



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

TUESDAY

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM											6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM		ACPS SPLASH PROGRAM 9 AM- 11 AM					AQUA EXERCISE FOR SENIORS 815AM-900AM				8:30 AM
9:00 AM									AQUA EXERCISE FOR SENIORS 930AM-1015AM		
9:30 AM		WE Aquatics 10AM-1PM									9:30 AM
10:00 AM					WATER WALKING 1055AM-1155AM						
10:30 AM		WE Aquatics 2:00PM-7:00PM									10:30 AM
11:00 AM					ALEX SWIM SWIM LESSONS 3:00PM-8:30PM <i>starting 9/19</i>						
11:30 AM		ALEX LTS 630P-8:30P									
12:00 PM					POTOMAC MARLINS 430-6:00P						
12:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
1:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
1:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
2:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
2:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
3:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
3:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
4:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
4:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
5:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
5:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
6:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
6:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
7:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
7:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
8:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
8:30 PM		POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>									
9:00 PM					POTOMAC MARLINS 430PM-8PM <i>starting 9/12</i>						
	POOL CLOSSES AT 8:45PM										
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

WEDNESDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL		
6:00 AM						POTOMAC MARLINS 6AM-630AM				6:00 AM		
6:30 AM										6:30 AM		
7:00 AM										7:00 AM		
7:30 AM										7:30 AM		
8:00 AM										8:00 AM		
8:30 AM										8:30 AM		
9:00 AM		ACPS SPLASH PROGRAM 9 AM- 11 AM						AQUA AEROBICS 9AM-10AM		9:00 AM		
9:30 AM												9:30 AM
10:00 AM	WE Aquatics 10AM-1PM											
10:30 AM									10:30 AM			
11:00 AM									11:00 AM			
11:30 AM										11:30 AM		
12:00 PM										12:00 PM		
12:30 PM										12:30 PM		
1:00 PM										1:00 PM		
1:30 PM										1:30 PM		
2:00 PM			WE Aquatics 2:00PM-7:00PM							2:00 PM		
2:30 PM											2:30 PM	
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM <i>starting 9/20</i>											3:00 PM
3:30 PM									3:30 PM			
4:00 PM										4:00 PM		
4:30 PM						POTOMAC MARLINS 430-6:00P	POTOMAC MARLINS 430PM-700PM <i>starting 9/13</i>			4:30 PM		
5:00 PM										5:00 PM		
5:30 PM										5:30 PM		
6:00 PM										6:00 PM		
6:30 PM										6:30 PM		
7:00 PM										7:00 PM		
7:30 PM										7:30 PM		
8:00 PM										8:00 PM		
8:30 PM										8:30 PM		
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

THURSDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL			
6:00 AM											6:00 AM		
6:30 AM											6:30 AM		
7:00 AM											7:00 AM		
7:30 AM											7:30 AM		
8:00 AM											8:00 AM		
8:30 AM		ACPS SPLASH PROGRAM 9 AM- 11 AM					AQUA EXERCISE FOR SENIORS 815AM-900AM				8:30 AM		
9:00 AM													9:00 AM
9:30 AM		ACPS SPLASH PROGRAM 9 AM- 11 AM					AQUA EXERCISE FOR SENIORS 930AM-1015AM				9:30 AM		
10:00 AM													10:00 AM
10:30 AM		WATER WALKING 1055AM-1155AM									10:30 AM		
11:00 AM	WE Aquatics 10AM-1PM												11:00 AM
11:30 AM		WATER WALKING 1055AM-1155AM									11:30 AM		
12:00 PM													12:00 PM
12:30 PM										12:30 PM			
1:00 PM		Skills on the Hill 1:00-3:00P									1:00 PM		
1:30 PM											1:30 PM		
2:00 PM		Skills on the Hill 1:00-3:00P		WE Aquatics 2:00PM-7:00PM							2:00 PM		
2:30 PM													2:30 PM
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:30PM <i>starting 9/19</i>		WE Aquatics 2:00PM-7:00PM			Skills on the Hill 3:00-4:00P						3:00 PM	
3:30 PM													
4:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:30PM <i>starting 9/19</i>		WE Aquatics 2:00PM-7:00PM			Skills on the Hill 3:00-4:00P		POTOMAC MARLINS 430-6:00P				4:00 PM	
4:30 PM													
5:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:30PM <i>starting 9/19</i>		WE Aquatics 2:00PM-7:00PM			Skills on the Hill 3:00-4:00P		POTOMAC MARLINS 430-6:00P			POTOMAC MARLINS 430PM-8PM <i>starting 9/14</i>		5:00 PM
5:30 PM													
6:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:30PM <i>starting 9/19</i>		WE Aquatics 2:00PM-7:00PM			Skills on the Hill 3:00-4:00P		POTOMAC MARLINS 430-6:00P			POTOMAC MARLINS 430PM-8PM <i>starting 9/14</i>		6:00 PM
6:30 PM													
7:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:30PM <i>starting 9/19</i>		WE Aquatics 2:00PM-7:00PM			Skills on the Hill 3:00-4:00P		POTOMAC MARLINS 430-6:00P			POTOMAC MARLINS 430PM-8PM <i>starting 9/14</i>		7:00 PM
7:30 PM													
8:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:30PM <i>starting 9/19</i>		WE Aquatics 2:00PM-7:00PM			Skills on the Hill 3:00-4:00P		POTOMAC MARLINS 430-6:00P			POTOMAC MARLINS 430PM-8PM <i>starting 9/14</i>		8:00 PM
8:30 PM													
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM		
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL			



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

FRIDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL		
6:00 AM						POTOMAC MARLINS 6AM-630AM				6:00 AM		
6:30 AM										6:30 AM		
7:00 AM										7:00 AM		
7:30 AM										7:30 AM		
8:00 AM										8:00 AM		
8:30 AM										8:30 AM		
9:00 AM		ACPS SPLASH PROGRAM 9 AM- 11 AM									9:00 AM	
9:30 AM												9:30 AM
10:00 AM	WE Aquatics 10AM-1PM											
10:30 AM									10:30 AM			
11:00 AM									11:00 AM			
11:30 AM										11:30 AM		
12:00 PM										12:00 PM		
12:30 PM										12:30 PM		
1:00 PM										1:00 PM		
1:30 PM										1:30 PM		
2:00 PM	FAMILY SWIM 2:00-5:45PM		We Aquatics 2:00PM-5:30PM							2:00 PM		
2:30 PM										2:30 PM		
3:00 PM											3:00 PM	
3:30 PM		NOVA PT 3:00-4:00PM								3:30 PM		
4:00 PM								ACHS Swim Team Conditioning		4:00 PM		
4:30 PM										4:30 PM		
5:00 PM										5:00 PM		
5:30 PM										5:30 PM		
6:00 PM	POOL CLOSES at 5:45p.m									6:00 PM		
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



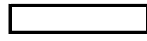
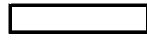
Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

SATURDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL		
8:00 AM											8:00 AM	
8:30 AM											8:30 AM	
9:00 AM	ALEX SWIM SWIM LESSONS 9:00AM-1:30PM								UNAVAILABLE 8AM-2:30PM		9:00 AM	
9:30 AM											9:30 AM	
10:00 AM												10:00 AM
10:30 AM												10:30 AM
11:00 AM												11:00 AM
11:30 AM										11:30 AM		
12:00 PM											12:00 PM	
12:30 PM											12:30 PM	
1:00 PM											1:00 PM	
1:30 PM	FAMILY SWIM BIRTHDAY PARTIES 1:30-5:30PM										1:30 PM	
2:00 PM											2:00 PM	
2:30 PM												2:30 PM
3:00 PM												3:00 PM
3:30 PM												3:30 PM
4:00 PM										4:00 PM		
4:30 PM											4:30 PM	
5:00 PM											5:00 PM	
5:30 PM											5:30 PM	
6:00 PM	POOL CLOSING AT 5:45PM										6:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		





Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

SUNDAY

NO PUBLIC SWIM 10AM-11AM

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL							
8:00 AM									UNAVAILABLE 8AM-3:30PM		8:00 AM						
8:30 AM											8:30 AM						
9:00 AM	ALEX SWIM SWIM LESSONS 9:00AM-1:30PM							AQUA ZUMBA 9:00-10:00A	UNAVAILABLE 11AM-4PM		9:00 AM						
9:30 AM											9:30 AM						
10:00 AM				WAHOOS								10:00 AM					
10:30 AM												10:30 AM					
11:00 AM												11:00 AM					
11:30 AM												11:30 AM					
12:00 PM	FAMILY SWIM BIRTHDAY PARTIES 1:30-5:30PM				WE Aquatics 11:00am-2:30pm		WE AQUATIC SWIM TEAM				12:00 PM						
12:30 PM															12:30 PM		
1:00 PM															1:00 PM		
1:30 PM															1:30 PM		
2:00 PM															2:00 PM		
2:30 PM															2:30 PM		
3:00 PM							PARKLAWN SWIM TEAM				3:00 PM						
3:30 PM												3:30 PM					
4:00 PM												4:00 PM					
4:30 PM												4:30 PM					
5:00 PM										5:00 PM							
5:30 PM										5:30 PM							
6:00 PM	POOL CLOSSES AT 5:45PM										6:00 PM						
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL							

