Outreach Committee of the Alexandria Commission on Aging Thursday, November 16th, 2023, 11:30 AM

AGENDA

- 1. Approval of Agenda
- 2. (Waiting on Confirmation that he will attend) Introduction of David Ulloa, Alexandria Mentoring Partnership Coordinator, City of Alexandria, Virginia
- 3. Updates including outreach to Faith, LGBTQ, and other communities. Update on Senior Ambassadors. Update on Alexandria Age Friendly Plan.
 - LGBTQ+ Task force update from Ray and Gerri
 - Quarterly contact with faith-based communities
 - We spoke last meeting about having a committee member responsible for reaching out to these communities and creating connections.
 - Status of July 7 Age Friendly Ad-Hock Committee
 - Update on Mindfulness Project from Gerri
 - COA Website and overall presence online. Committee members are encouraged to bring forward any ideas about how we can boost our online engagement. Link to our current landing page on the City Website <u>https://www.alexandriava.gov/dchs/commission-on-aging</u>
- 4. Committee planning for 2024 and beyond as we continue to engage with diverse communities and disseminate information that is pertinent to senior residents living in the City of Alexandria.
- 5. Need for new Committee members.
- 6. Public Comment

7. Date of next meeting: Virtual Meeting Thursday, January 18, 2023 Zoom Link: <u>https://us06web.zoom.us/j/86154796502</u>

2024 Meeting Schedule: March 21 at GHA

May 16 at GHA

July 18 at GHA September 19 at GHA November 21 Virtual

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999, <u>daas@alexandriava.gov</u> or Virginia Relay 711. Please provide at least 7 calendar days advance notice.