## **ALEXANDRIA COMMISSION ON AGING MEETING AGENDA**

Meeting: Thursday, December 14, 2023, 4 PM – 6 PM

### VIRTUAL

This meeting is VIRTUAL. The meeting can be accessed by the public through the Zoom link or phone number provided below. Public comment will be received at the meeting. Public comments can also be sent to <u>daas@alexandriava.gov</u> in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

Zoom Link: https://zoom.us/j/97262502330 Meeting ID: 972 6250 2330 Password: 968693 Phone In number: +1 301 715 8592

#### MISSION

To identify the needs of older adults, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of older adults

#### MEMBERS: PLEASE READ THROUGH THE AGENDA & HAVE AVAILABLE FOR REFERENCE AT THE MEETING.

- 1. Call to Order
- 2. Approval of Agenda
- 3. Approval of Thursday, November 9, 2023, Minutes
- 4. Alexandria Police Department Liaison Report Sgt. Ian Torrance
- 5. Special Presentation: Marcie Campbell, Vice President, Marketing & Intake, One Senior Care: "Cherry Blossom PACE"
- 6. Executive Committee Report
- 7. Discussion / Action Items
  - a. Review and approval of Letter to City Manager on the Proposed City Budget
  - b. Approval of Draft Age Friendly Final Report
  - c. Formation of a Long-Term Care Residences Work Group
  - d. Arlington-Alexandria Legislative Forum November 14, 2023 (Virtual)

- 8. Liaison Reports Please provide a written summary to Pamela.Austin@alexandriava.gov
  - 1. Division of Aging and Adult Services Chris Moore
  - **2.** INOVA Alexandria Hospital
  - **3.** Human Rights Commission Tom Reeder
  - **4.** AHA Bob Eiffert
  - 5. AARP Jane King
  - 6. NVAN Michael Schuster
  - 7. St. Martins de Porres Senior Center Juanita Balenger
  - 8. VHC Health (formerly, Virginia Hospital Center) Kate Chutuape/Blanca Cali
  - **9.** Commission for Women Jenn Stowe

- 10. Partnership for a Healthier Alexandria
- 11. Public Health Advisory Commission
- 12. Commission on Persons with Disabilities –
- 13. Senior Center @ Charles Houston Pamela Guerra-
- 14. Senior Services of Alexandria Mary Lee Anderson, Marshall Hespe
- 15. Alexandria Commission on Employment, ACE Mary Lee Anderson
- **16.** Northern Virginia Falls Prevention Alliance, NVFPA Mary Lee Anderson
- **17.** Arlington Legislative Committee Michael Schuster
- **18.** Arlington Commission on Aging Linc Cummings
- **19.** Successful Aging Committee Harold Little
- **20.** Recreation, Parks, and Cultural Activities Harold Little
- **21.** Alexandria Adult Day Services Center, ADSC Darrell Wesley
- 22. Housing Affordability Advisory Committee, AHAAC Jan Macidull

#### 9. Committee Updates

- 1. Housing Committee Co-Chairs, Michael Schuster and Lois Steele
- 2. Outreach Committee Co-Chairs, Marshall Hespe & Barbara D'Agostino
- 3. Transportation Co-Chairs, Bill Campbell and Alan Dinsmore
- 4. Economic Security Chair, Jessica Lefevre
- 5. Strategic Planning Chair, Michael Schuster
- 6. Health /Dementia Friendly Committee Chair, Barbara Huelat
- 10. Other Business
- 11. New Business
- 12. Public comments please limit your comments to 3 minutes
- 13. Adjournment

## <u>Next Commission Meeting</u>: Thursday, January 11, 2023 – 4 PM, at 4850 Mark Center Drive

Executive Committee Meeting: Monday, TBD- 1:00 p.m., at Goodwin House-Alexandria

COMMISSION OFFICERS: Michael Schuster, Chair Barbara D'Agostino, Vice Chair Tom Reeder, Secretary

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). An individual with a disability who wishes to request a reasonable accommodation may contact the Division of Aging and Adult Services at 703.746.5999, email <u>DAAS@alexandriava.gov</u>

Visit the Division of Aging and Adult Services website for Commission on Aging agendas and minutes and other aging information: <u>www.Alexandriava.gov/aging</u>

# The Alexandria Commission on Aging Racial Social Equity Committee (as of June 01, 2021)

No one should be denied the opportunity to engage fully in our community.

We encourage people of different cultures, races, nationalities, immigration status, ages, abilities, sexual orientation, gender identities, and religious affiliation in Alexandria to be informed about and have access to the range of services available in the City, and to be engaged in civic life.

We are committed to representing a diverse community that represents the rich heritage of our city. We are committed to ensuring older persons have access: to affordable housing, transportation, health care, broadband, nutrition services and to opportunities for meaningful employment and related training.

Older adults and persons with serious medical conditions often experience various degrees of inequity, particularly in obtaining access to health care. It is essential to support older persons, family caregivers, and direct care workers since these residents face additional biases and hurdles.