## Outreach Committee of the Alexandria Commission on Aging Meeting Thursday, April 11, 2024

## **AGENDA**

- 1. Approval of Agenda
- 2. Plans for the Mindfulness/Gratitude Project
  - a. Finalize locations and detail the responsibilities of Committee Members
  - b. Social Media Promotion and other Media
    - i. How do we make the biggest impact?
  - c. What information should we try to distribute and how to highlight the work of COA in a way that gets positive attention?
- 3. Updates including outreach to Faith, LGBTQ, and other communities.
- 4. Update on Senior Ambassadors.
- 5. Website Updates?
- 6. Need for new Committee members.
- 7. Public Comment

Date of next meeting: Thursday, May 16th at Goodwin House

2024 Meeting Schedule: July 18 at GHA

September 19 at GHA

November 21 Virtual

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999, <a href="mailto:daas@alexandriava.gov">daas@alexandriava.gov</a> or Virginia Relay 711. Please provide at least 7 calendar days advance notice.