



August 2024 Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>**Cereal or Toast will be offered for substitutes</p> <p>** Menu are subject to change</p>		<p>1 1 cup 1% Milk 1- 2 oz. WG English Muffin 1 Scrambled Egg ½ cup Tropical Fruit 1 cup Pineapple Juice</p>	<p>2 1 cup 1% Milk 2 slices WW Toast / Apple Butter ½ cup Mandarin Oranges 1-6 oz. Blueberry Yogurt 1 cup Cranberry Juice</p>
<p>5 1 cup 1% Milk 2-oz. WG Banana Muffin 1 Boiled Egg ½ cup Apple Sauce 1 cup Grape Juice</p>	<p>6 1 cup 1% Milk 2 sl. Raisin Toast 1- 6 oz. cup Raspberry Yogurt ½ cup Pears 1 cup Orange Juice</p>	<p>7 1 cup 1% Milk 1 ½ cup Rice Krispie Cereal ½ Cottage Cheese ½ cup Peaches 1 cup Apple Juice</p>	<p>8 1 cup 1% Milk 1-2 oz. WG English Muffin 1 Scrambled Egg ½ cup Tropical Fruit 1 cup Pineapple Juice</p>	<p>9 1 cup 1% Milk 2 slices WW Toast w/ Apple Butter ½ cup Mandarin Oranges 1-6 oz. Blueberry Yogurt 1 cup Cranberry Juice</p>
<p>12 1 cup 1% Milk 2-oz. WG Banana Muffin 1 Boiled Egg ½ cup Apple Sauce 1 cup Grape Juice</p>	<p>13 1 cup 1% Milk 2 sl. Raisin Toast 1-6 oz. cup Raspberry Yogurt ½ cup Pears 1 cup Orange Juice</p>	<p>14 1 cup 1% Milk 1 ½ cup Rice Krispie Cereal ½ Cottage Cheese ½ cup Peaches 1 cup Apple Juice</p>	<p>15 1 cup 1% Milk 1- 2 oz. WG English Muffin 1 Scrambled Egg ½ cup Tropical Fruit 1 cup Pineapple Juice</p>	<p>16 1 cup 1% Milk 2 slices WW Toast w/ Apple Butter ½ cup Mandarin Oranges 1-6 oz. Blueberry Yogurt 1 cup Cranberry Juice</p>
<p>19 1 cup 1% milk 2-oz. WG Banana Muffin 1 Boiled Egg ½ cup Apple Sauce 1 cup Grape Juice</p>	<p>20 1 cup 1% Milk 2 sl. Raisin Toast 1-6 oz. cup Raspberry Yogurt ½ cup Pears 1 cup Orange Juice</p>	<p>21 1 cup 1% Milk 1 ½ cup Rice Krispie Cereal ½ Cottage Cheese ½ cup Peaches 1 cup Apple Juice</p>	<p>22 1 cup 1 % Milk 1 -2 oz. WG English Muffin 1 Scrambled Egg ½ cup Tropical Fruit 1 cup Pineapple Juice</p>	<p>23 1 cup 1% Milk 2 slices WW Toast w/ Apple Butter ½ cup Mandarin Oranges 1-6 oz. Blueberry Yogurt 1 cup Cranberry Juice</p>
<p>26 1 cup 1% milk 2-oz. WG Banana Muffin 1 Boiled Egg ½ cup Apple Sauce 1 cup Grape Juice</p>	<p>27 1 cup 1% Milk 2 sl. Raisin Toast 1-6 oz. cup Raspberry Yogurt ½ cup Pears 1 cup Orange Juice</p>	<p>28 1 cup 1% Milk 1 ½ cup Rice Krispie Cereal ½ Cottage Cheese ½ cup Peaches 1 cup Apple Juice</p>	<p>29 1 cup 1 % Milk 1 – 2 oz. WG English Muffin 1 Scrambled Egg ½ cup Tropical Fruit 1 cup Pineapple Juice</p>	<p>30 1 cup 1% Milk 2 slices WW Toast w/ Apple Butter ½ cup Mandarin Oranges 1-6 oz. Blueberry Yogurt 1 cup Cranberry Juice</p>

August 2024 Snack

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Substitutes are available for special diets**</p> <p>**Menu items are subject to change**</p>	<p>1</p> <p>4 Peanut Butter Crackers ½ cup Apple Juice</p>	<p>2</p> <p>1 cup 1% Milk 1 Granola Bar</p>
<p>5</p> <p>½ cup Strawberry Yogurt ½ cup Tropical Fruit</p>	<p>6</p> <p>1 Slice Cheese 6 ritz crackers</p>	<p>7</p> <p>1 cup 1% Milk ½ cup Pears</p>	<p>8</p> <p>4 Peanut Butter Crackers ½ Apple Juice</p>	<p>9</p> <p>1 cup 1% Milk 1 Granola Bar</p>
<p>14</p> <p>½ cup Strawberry Yogurt ½ cup Tropical Fruit</p>	<p>13</p> <p>1 Slice Cheese 6 Ritz Crackers</p>	<p>14</p> <p>1 cup 1% Milk ½ cup Pears</p>	<p>15</p> <p>4 Peanut Butter Crackers ½ Apple Juice</p>	<p>16</p> <p>1 cup 1% Milk 1 Granola Bar</p>
<p>21</p> <p>½ cup Strawberry Yogurt ½ cup Tropical Fruit</p>	<p>20</p> <p>1 Slice Cheese 6 Ritz Crackers</p>	<p>21</p> <p>1 cup 1% Milk ½ cup Pears</p>	<p>22</p> <p>4 Peanut Butter Crackers ½ Apple Juice</p>	<p>23</p> <p>1 cup 1% Milk 1 Granola Bar</p>
<p>28</p> <p>½ cup Strawberry Yogurt ½ cup Tropical Fruit</p>	<p>27</p> <p>1 Slice Cheese 6 Ritz Crackers</p>	<p>28</p> <p>1 cup 1% Milk ½ cup Pears</p>	<p>29</p> <p>4 Peanut Butter Crackers ½ cup Apple Juice</p>	<p>30</p> <p>1 cup 1% Milk 1 Granola Bar</p>