



TECHNICAL APPENDICES

Alexandria Recurring Income for Success and Equity: Year One Insights

Authors:

Haisheng Yang
Zoe Greenwood
Randall Juras

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Appendix A: Quantitative Methods Specification

This study follows the pre-analysis plan published by Abt Global, which can be accessed [here](#). Below, we present a condensed version of the quantitative portion of the analysis plan.

The study team collected survey data from individuals who were randomized to receive guaranteed income and the control group. ARISE had a 10-day window for people to apply to receive guaranteed income. Of the over 4,000 applications received, Abt Global randomly selected 170 people to receive a guaranteed income and 210 applicants to be part of the surveyed control group. After the initial randomization, ARISE conducted an eligibility screening and consent process for people selected to receive guaranteed income. Because some applicants were found to be ineligible or refused the GI benefit, 184 total applicants were randomized to receive guaranteed income, but only 170 applicants received the benefit. Applicants selected to receive GI or selected to be part of the control group were then surveyed at 6- and 12-months following the initial GI disbursement. The six-month survey was a tracking survey which asked participants to update basic contact information.

To conduct an intent-to-treat (ITT) analysis, we included every person who was randomized to receive GI or randomized to be part of the surveyed control group. All research activities were voluntary, and we only surveyed people who were not onboarded to receive GI at baseline. We present item-level response rates in Appendix Tables B.1 through B.7. To address missing outcome and explanatory data, we used multivariate imputation by chained equations (MICE). In our multiple imputation models, we include the following characteristics at baseline: age, gender, household size, race and ethnicity, household income, whether a participant received public benefits, employment status, Adult Hope Score, whether a participant experienced food insecurity, education level, whether a participant was living in a rental unit, and whether a participant had more than \$500 in savings. In addition to these characteristics, we include all future and past measures of the outcome of interest, indicators for treatment and successful onboarding, and an indicator for whether a participant was unhoused. For each outcome, we add 25 imputations to estimate the treatment effect.

We estimate the effect of the GI payment using the following regression model:

$$[1] y_{i,t \neq 0} = \beta_0 + \beta_1(Treatment_i) + B_2(y_{i,t=0}) + \mathbf{X}_i' \boldsymbol{\gamma} + \epsilon_{i,t \neq 0}$$

Where i indexes a participant during survey follow-up t . For each outcome, we include a control for the outcome measured at baseline, $y_{i,t=0}$, and a vector of control variables, \mathbf{X} , which includes all the variables included in the imputation model. We estimate models separately for each follow-up wave and use heteroscedastic-robust standard errors. To test the sensitivity of our models, we present two additional sets of impact estimates: i) impact estimates generated from a complete case analysis using all the control variables included in equation [1]; ii) impact estimates generated from a complete case analysis only including the outcome measured at baseline as a control.

Appendix B: Baseline Characteristics of the Analytic Sample

The tables in Appendix B present data that can be used to assess item non-response and baseline equivalence for each outcome and survey wave combination. Each table has 8 columns. The first column describes the baseline characteristic (i.e., a characteristic measured at the time of application) of interest. For each characteristic, the table has 2 rows identifying the sample on which baseline balance is being assessed: The first row (“time of application”) presents data measured at the time of application for the full randomized sample. The second row shows data **measured at the time of application** (i.e., data from the same baseline survey as in the first row), but *only for study members who responded to the 12-month follow-up*. So, for example, the row labeled “12-month follow-up” for *Annual Household Income* shows annual household income, measured at the time of application, for ARISE participants and control group members who responded to the 12-month follow-up survey. The purpose of showing this data is to establish whether ARISE participants and control group members in the final analytic sample, after attrition, look similar to each other. If they do, bias in the impact estimate caused by survey non-response is unlikely even without imputing missing data.

The next group of three columns (columns 2-4) shows data for ARISE participants, and the three columns to the right of those (columns 5-7) show data for the control group. For each study group, these rows show the mean and standard deviation of the characteristic of interest along with the number of survey respondents at that follow up. The table’s final column (column 8) shows the difference between the two study groups.

Table B1. Demographic Characteristics for ARISE and the Control Group at the Time of Application

| | ARISE | | | Control Group | | | Difference |
|--|----------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Age | 43.1 | 13.9 | 184 | 42.0 | 12.3 | 210 | 1.1 |
| Household Income | \$25,109 | \$18,486 | 178 | \$23,844 | \$18,670 | 206 | \$1,265 |
| Household Size | 2.8 | 1.8 | 184 | 3.1 | 1.7 | 210 | -0.3 |
| White | 11% | NA | 184 | 11% | NA | 210 | 0% |
| Black | 45% | NA | 184 | 47% | NA | 210 | -2% |
| Two or More Races | 3% | NA | 184 | 3% | NA | 210 | 0% |
| Hispanic | 33% | NA | 183 | 28% | NA | 210 | 5% |
| Public Benefits | 59% | NA | 157 | 64% | NA | 185 | 6% |
| Food Insecurity in the Last Month | 71% | NA | 184 | 69% | NA | 207 | 2% |
| Paid or Unpaid Labor | 76% | NA | 184 | 65% | NA | 209 | 10% |
| Full Time Employment | 32% | NA | 184 | 33% | NA | 209 | -1% |
| Part Time Employment | 20% | NA | 184 | 16% | NA | 209 | 4% |
| Full Time Caregiver/Parent | 5% | NA | 184 | 5% | NA | 209 | 0% |
| Self Employed/Business Owner | 14% | NA | 184 | 8% | NA | 209 | 5% |
| Gig Worker | 5% | NA | 184 | 3% | NA | 209 | 2% |
| Retired or Disabled | 9% | NA | 184 | 12% | NA | 209 | -2% |
| Full Time Student | 2% | NA | 184 | 2% | NA | 209 | 0% |
| Unemployed | 13% | NA | 184 | 21% | NA | 209 | -8% |

Table B2. Baseline Balance for Financial Well-Being Outcomes

| | ARISE | | | Control Group | | | Difference |
|-------------------------------------|----------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Annual Household Income | | | | | | | |
| Time of Application | \$25,109 | \$18,486 | 178 | \$23,844 | \$18,670 | 206 | \$1,265 |
| 12-Month Follow-Up | \$25,714 | \$18,204 | 106 | \$22,833 | \$17,815 | 96 | \$2,881 |
| Public Benefits Use | | | | | | | |
| Time of Application | 59% | NA | 157 | 64% | NA | 185 | -6% |
| 12-Month Follow-Up | 49% | NA | 91 | 63% | NA | 83 | -13% |
| Full Time Employment | | | | | | | |
| Time of Application | 32% | NA | 184 | 33% | NA | 209 | -1% |
| 12-Month Follow-Up | 35% | NA | 108 | 35% | NA | 96 | 0% |
| Part Time Employment | | | | | | | |
| Time of Application | 20% | NA | 184 | 16% | NA | 209 | 4% |
| 12-Month Follow-Up | 19% | NA | 108 | 15% | NA | 96 | 4% |
| Full Time Caregiver/Parent | | | | | | | |
| Time of Application | 5% | NA | 184 | 5% | NA | 209 | 0% |
| 12-Month Follow-Up | 4% | NA | 108 | 5% | NA | 96 | -2% |
| Self Employed/Business Owner | | | | | | | |
| Time of Application | 14% | NA | 184 | 8% | NA | 209 | 5% |
| 12-Month Follow-Up | 17% | NA | 108 | 4% | NA | 96 | 12% |
| Gig Worker | | | | | | | |
| Time of Application | 5% | NA | 184 | 3% | NA | 209 | 2% |
| 12-Month Follow-Up | 5% | NA | 108 | 2% | NA | 96 | 3% |
| Retired/Disabled | | | | | | | |
| Time of Application | 9% | NA | 184 | 11% | NA | 209 | -2% |
| 12-Month Follow-Up | 11% | NA | 108 | 15% | NA | 96 | -3% |
| Student | | | | | | | |
| Time of Application | 2% | NA | 184 | 2% | NA | 209 | 0% |
| 12-Month Follow-Up | 3% | NA | 108 | 2% | NA | 96 | 1% |
| Unemployed | | | | | | | |
| Time of Application | 13% | NA | 184 | 21% | NA | 209 | -8% |
| 12-Month Follow-Up | 7% | NA | 108 | 22% | NA | 96 | -14% |
| Paid or Unpaid Work | | | | | | | |
| Time of Application | 76% | NA | 184 | 65% | NA | 209 | 10% |
| 12-Month Follow-Up | 79% | NA | 108 | 61% | NA | 96 | 17% |
| Number of Jobs | | | | | | | |
| Time of Application | 0.86 | 0.50 | 184 | 0.77 | 0.57 | 209 | 0.09 |
| 12-Month Follow-Up | 0.89 | 0.52 | 108 | 0.73 | 0.57 | 96 | 0.16 |
| Job Fulfilling | | | | | | | |
| Time of Application | 2.82 | 0.96 | 116 | 2.84 | 0.87 | 120 | -0.02 |
| 12-Month Follow-Up | 2.79 | 0.99 | 72 | 2.80 | 0.85 | 51 | -0.01 |
| Wanted to Find Work | | | | | | | |
| Time of Application | 3.70 | 1.65 | 177 | 3.66 | 1.62 | 199 | 0.04 |

| | ARISE | | | Control Group | | | Difference |
|---|----------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| 12-Month Follow-Up | 3.55 | 1.71 | 106 | 3.76 | 1.54 | 91 | -0.21 |
| Expected to Find Work | | | | | | | |
| Time of Application | 2.66 | 1.71 | 176 | 2.82 | 1.71 | 198 | -0.16 |
| 12-Month Follow-Up | 2.64 | 1.72 | 106 | 2.97 | 1.68 | 91 | -0.33 |
| Annual Individual Income | | | | | | | |
| Time of Application | \$19,417 | \$14,185 | 176 | \$17,225 | \$14,860 | 205 | \$2,192 |
| 12-Month Follow-Up | \$21,057 | \$13,730 | 103 | \$18,271 | \$14,917 | 96 | \$2,786 |
| 5-Point Financial Well-Being Scale | | | | | | | |
| Time of Application | 40.9 | 10.7 | 183 | 41.2 | 11.9 | 205 | -0.3 |
| 12-Month Follow-Up | 39.4 | 10.4 | 108 | 38.9 | 11.1 | 95 | 0.4 |
| % Who Could Pay for a 400 Expense | | | | | | | |
| Time of Application | 29% | NA | 184 | 24% | NA | 210 | 5% |
| 12-Month Follow-Up | 31% | NA | 108 | 17% | NA | 96 | 15% |
| % with Mortgage Debt | | | | | | | |
| Time of Application | 8% | NA | 184 | 12% | NA | 210 | -4% |
| 12-Month Follow-Up | 8% | NA | 108 | 11% | NA | 96 | -3% |
| % with Utility Debt | | | | | | | |
| Time of Application | 32% | NA | 184 | 26% | NA | 210 | 6% |
| 12-Month Follow-Up | 34% | NA | 108 | 25% | NA | 96 | 9% |
| % with Medical Debt | | | | | | | |
| Time of Application | 34% | NA | 184 | 31% | NA | 210 | 2% |
| 12-Month Follow-Up | 40% | NA | 108 | 35% | NA | 96 | 4% |
| % with Bank Loan | | | | | | | |
| Time of Application | 11% | NA | 184 | 10% | NA | 210 | 1% |
| 12-Month Follow-Up | 12% | NA | 108 | 11% | NA | 96 | 1% |
| % with Payday Loan | | | | | | | |
| Time of Application | 4% | NA | 184 | 5% | NA | 210 | 0% |
| 12-Month Follow-Up | 4% | NA | 108 | 10% | NA | 96 | -7% |
| % with Personal Loan | | | | | | | |
| Time of Application | 25% | NA | 184 | 17% | NA | 210 | 8% |
| 12-Month Follow-Up | 27% | NA | 108 | 22% | NA | 96 | 5% |
| % with Other Debt | | | | | | | |
| Time of Application | 14% | NA | 184 | 22% | NA | 210 | -8% |
| 12-Month Follow-Up | 17% | NA | 108 | 23% | NA | 96 | -6% |
| % with Vehicle Debt | | | | | | | |
| Time of Application | 26% | NA | 184 | 30% | NA | 210 | -3% |
| 12-Month Follow-Up | 29% | NA | 108 | 30% | NA | 96 | -2% |
| % with Credit Card Debt | | | | | | | |
| Time of Application | 48% | NA | 184 | 42% | NA | 210 | 6% |
| 12-Month Follow-Up | 54% | NA | 108 | 49% | NA | 96 | 5% |
| % with Student Loan (Own) | | | | | | | |
| Time of Application | 16% | NA | 184 | 18% | NA | 210 | -2% |
| 12-Month Follow-Up | 16% | NA | 108 | 25% | NA | 96 | -9% |

| | ARISE | | | Control Group | | | Difference |
|---------------------------------------|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| More than 500 Saved | | | | | | | |
| Time of Application | 16% | NA | 182 | 18% | NA | 208 | -2% |
| 12-Month Follow-Up | 20% | NA | 107 | 22% | NA | 96 | -2% |
| I Am Going into Debt | | | | | | | |
| Time of Application | 27% | NA | 183 | 28% | NA | 209 | -1% |
| 12-Month Follow-Up | 31% | NA | 108 | 29% | NA | 96 | 1% |
| I am Living on My Savings | | | | | | | |
| Time of Application | 4% | NA | 183 | 7% | NA | 209 | -3% |
| 12-Month Follow-Up | 6% | NA | 108 | 7% | NA | 96 | -1% |
| I Am Managing | | | | | | | |
| Time of Application | 48% | NA | 183 | 44% | NA | 209 | 4% |
| 12-Month Follow-Up | 42% | NA | 108 | 49% | NA | 96 | -7% |
| I Have a Bit of Money Leftover | | | | | | | |
| Time of Application | 6% | NA | 183 | 5% | NA | 209 | 1% |
| 12-Month Follow-Up | 7% | NA | 108 | 0% | NA | 96 | 7% |
| I Have Enough Left to Save | | | | | | | |
| Time of Application | 0% | NA | 183 | 3% | NA | 209 | -3% |
| 12-Month Follow-Up | 0% | NA | 108 | 2% | NA | 96 | -2% |
| I Do Not Know | | | | | | | |
| Time of Application | 9% | NA | 183 | 5% | NA | 209 | 3% |
| 12-Month Follow-Up | 8% | NA | 108 | 5% | NA | 96 | 3% |
| Would Rather Not Say | | | | | | | |
| Time of Application | 7% | NA | 183 | 8% | NA | 209 | -2% |
| 12-Month Follow-Up | 6% | NA | 108 | 7% | NA | 96 | -2% |

Table B3. Baseline Balance for Emotional, Mental, and Physical Well-Being Outcomes

| | ARISE | | | Control Group | | | Difference |
|--|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Psychological Distress (Kessler 10) | | | | | | | |
| Time of Application | 21.8 | 9.7 | 183 | 21.6 | 10.1 | 207 | 0.3 |
| 12-Month Follow-Up | 22.7 | 10.2 | 108 | 23.0 | 10.1 | 96 | -0.4 |
| Psychological Distress from Medical Problems (Kessler 10) | | | | | | | |
| Time of Application | 4.5 | 1.5 | 183 | 4.4 | 1.6 | 207 | 0.1 |
| 12-Month Follow-Up | 4.4 | 1.6 | 108 | 4.3 | 1.6 | 95 | 0.1 |
| Number of Doctor Visits (Kessler 10) | | | | | | | |
| Time of Application | 1.0 | 1.8 | 183 | 1.1 | 1.6 | 207 | 0.0 |
| 12-Month Follow-Up | 1.2 | 2.1 | 108 | 1.1 | 1.5 | 96 | 0.1 |
| General Health (1 = Excellent; 2 = Very Good; 3 = Good; 4 = Fair or Poor) | | | | | | | |
| Time of Application | 2.8 | 1.0 | 184 | 2.9 | 1.0 | 209 | -0.1 |
| 12-Month Follow-Up | 2.8 | 1.0 | 108 | 3.0 | 0.9 | 96 | -0.2 |
| Physical Functioning | | | | | | | |
| Time of Application | 73.7 | 27.9 | 183 | 71.5 | 29.6 | 206 | 2.2 |
| 12-Month Follow-Up | 73.0 | 29.2 | 108 | 72.0 | 29.8 | 95 | 0.9 |
| Role Limitations Due to Health | | | | | | | |
| Time of Application | 67.5 | 40.2 | 181 | 65.5 | 39.8 | 205 | 2.1 |
| 12-Month Follow-Up | 64.4 | 42.0 | 108 | 61.3 | 41.4 | 95 | 3.0 |
| Perceived Stress Scale | | | | | | | |
| Time of Application | 7.3 | 3.2 | 182 | 7.3 | 3.0 | 206 | 0.0 |
| 12-Month Follow-Up | 7.7 | 2.9 | 108 | 8.0 | 2.9 | 94 | -0.3 |

Table B4. Baseline Balance for Food and Housing Security Outcomes

| | ARISE | | | Control Group | | | Difference |
|--------------------------------|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Food Insecurity | | | | | | | |
| Time of Application | 71% | NA | 184 | 69% | NA | 207 | 2% |
| End of Pilot | 74% | NA | 108 | 73% | NA | 95 | 1% |
| Homeless | | | | | | | |
| Time of Application | 5% | NA | 184 | 5% | NA | 208 | 0% |
| End of Pilot | 5% | NA | 108 | 3% | NA | 96 | 2% |
| Homeowner | | | | | | | |
| Time of Application | 3% | NA | 184 | 3% | NA | 208 | 0% |
| End of Pilot | 6% | NA | 108 | 1% | NA | 96 | 5% |
| Friends/Family | | | | | | | |
| Time of Application | 7% | NA | 184 | 7% | NA | 208 | 0% |
| End of Pilot | 8% | NA | 108 | 9% | NA | 96 | -1% |
| Other | | | | | | | |
| Time of Application | 2% | NA | 184 | 0% | NA | 208 | 1% |
| End of Pilot | 2% | NA | 108 | 1% | NA | 96 | 1% |
| Public Housing | | | | | | | |
| Time of Application | 9% | NA | 184 | 10% | NA | 208 | 0% |
| End of Pilot | 10% | NA | 108 | 10% | NA | 96 | 0% |
| Rent | | | | | | | |
| Time of Application | 74% | NA | 184 | 75% | NA | 208 | -1% |
| End of Pilot | 69% | NA | 108 | 75% | NA | 96 | -6% |
| % Evicted | | | | | | | |
| Time of Application | 6% | NA | 182 | 6% | NA | 205 | 0% |
| End of Pilot | 6% | NA | 107 | 3% | NA | 95 | 2% |
| % with Mortgage Default | | | | | | | |
| Time of Application | 9% | NA | 177 | 11% | NA | 198 | -2% |
| End of Pilot | 8% | NA | 108 | 12% | NA | 93 | -3% |
| Household Chaos | | | | | | | |
| Time of Application | 27.1 | 6.7 | 183 | 26.9 | 7.7 | 204 | 0.2 |
| End of Pilot | 26.8 | 7.0 | 108 | 26.9 | 7.5 | 92 | -0.1 |

Table B5. Baseline Balance for Hope and Sense of Mattering

| | ARISE | | | Control Group | | | Difference |
|--|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Hope Score | | | | | | | |
| Time of Application | 47.3 | 9.9 | 183 | 46.1 | 11.2 | 203 | 1.3 |
| End of Pilot | 46.2 | 9.5 | 108 | 43.8 | 12.3 | 93 | 2.4 |
| Agency Subscale | | | | | | | |
| Time of Application | 23.6 | 5.2 | 183 | 22.7 | 5.9 | 203 | 0.9 |
| End of Pilot | 22.9 | 5.3 | 108 | 21.4 | 6.4 | 93 | 1.4 |
| Pathways Subscale | | | | | | | |
| Time of Application | 23.7 | 5.6 | 183 | 23.5 | 5.8 | 202 | 0.3 |
| End of Pilot | 23.4 | 5.3 | 108 | 22.4 | 6.5 | 93 | 1.0 |
| Difficulty Fulfilling Commitments Outside of Work | | | | | | | |
| Time of Application | 2.7 | 1.5 | 161 | 2.6 | 1.4 | 179 | 0.1 |
| End of Pilot | 2.8 | 1.5 | 97 | 2.5 | 1.3 | 81 | 0.3 |
| General Mattering Scale | | | | | | | |
| Time of Application | 82.4 | 22.8 | 183 | 80.0 | 24.1 | 206 | 2.4 |
| End of Pilot | 84.4 | 21.6 | 108 | 80.5 | 22.0 | 94 | 3.9 |

Table B6. Baseline Balance for 6-Point Transit Security Index

| | ARISE | | Control Group | | | Difference | |
|---|-------|--------------------|---------------|------|--------------------|------------|------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| In the past 30 days, how often did you have to reschedule an appointment because of a problem with transportation? | | | | | | | |
| Time of Application | 1.6 | 0.7 | 183 | 1.7 | 0.8 | 207 | -0.1 |
| 12-Month Follow-Up | 1.5 | 0.7 | 108 | 1.7 | 0.8 | 95 | -0.2 |
| In the past 30 days, how often did you skip going somewhere because of a problem with transportation? | | | | | | | |
| Time of Application | 1.6 | 0.7 | 183 | 1.7 | 0.8 | 206 | -0.1 |
| 12-Month Follow-Up | 1.6 | 0.7 | 108 | 1.7 | 0.8 | 95 | -0.1 |
| In the past 30 days, how often were you not able to leave the house when you wanted to because of a problem with transportation? | | | | | | | |
| Time of Application | 1.6 | 0.7 | 183 | 1.7 | 0.8 | 206 | -0.1 |
| 12-Month Follow-Up | 1.5 | 0.7 | 108 | 1.7 | 0.8 | 95 | -0.2 |
| In the past 30 days, how often did you feel bad because you did not have the transportation you needed? | | | | | | | |
| Time of Application | 1.7 | 0.7 | 183 | 1.8 | 0.8 | 207 | -0.1 |
| 12-Month Follow-Up | 1.7 | 0.8 | 108 | 1.8 | 0.9 | 95 | -0.2 |
| In the past 30 days, how often did you worry about inconveniencing your friends, family, or neighbors because you needed help with transportation? | | | | | | | |
| Time of Application | 1.6 | 0.7 | 184 | 1.8 | 0.8 | 207 | -0.1 |
| 12-Month Follow-Up | 1.7 | 0.7 | 108 | 1.8 | 0.9 | 95 | -0.1 |
| In the past 30 days, how often did problems with transportation affect your relationships with others? | | | | | | | |
| Time of Application | 1.5 | 0.7 | 184 | 1.5 | 0.8 | 207 | -0.1 |
| 12-Month Follow-Up | 1.5 | 0.7 | 108 | 1.6 | 0.8 | 95 | -0.1 |

Table B7. Baseline Balance for Childcare Outcomes

| | ARISE | | | Control Group | | | Difference |
|---|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| During the past 12 months, was there any time when any child in your household needed medical care, but did not get it because you/the family couldn't afford it? | | | | | | | |
| Time of Application | 20% | NA | 100 | 21% | NA | 114 | -1% |
| 12-Month Follow-Up | 15% | NA | 53 | 19% | NA | 47 | -4% |
| Childcare arrangements: Stays at home with parent, stepparent, or guardian | | | | | | | |
| Time of Application | 50% | NA | 100 | 49% | NA | 114 | 1% |
| 12-Month Follow-Up | 43% | NA | 53 | 45% | NA | 47 | -1% |
| Childcare arrangements: Stays with other family member, such as an older sibling or grandparent | | | | | | | |
| Time of Application | 19% | NA | 100 | 21% | NA | 114 | -2% |
| 12-Month Follow-Up | 15% | NA | 53 | 23% | NA | 47 | -8% |
| Childcare arrangements: Stays at home alone | | | | | | | |
| Time of Application | 4% | NA | 100 | 4% | NA | 114 | 0% |
| 12-Month Follow-Up | 2% | NA | 53 | 4% | NA | 47 | -2% |
| Childcare arrangements: Stays at home with babysitter (caring only for my child/children or my child and babysitter's own child/children) | | | | | | | |
| Time of Application | 3% | NA | 100 | 3% | NA | 114 | 0% |
| 12-Month Follow-Up | 4% | NA | 53 | 0% | NA | 47 | 4% |
| Childcare arrangements: Stays somewhere other than home with an unrelated person who cares for a few children, such as a neighbor or unlicensed childcare provider | | | | | | | |
| Time of Application | 5% | NA | 100 | 5% | NA | 114 | 0% |
| 12-Month Follow-Up | 4% | NA | 53 | 6% | NA | 47 | -3% |
| Childcare arrangements: Attends licensed home-based family or group care provider | | | | | | | |
| Time of Application | 4% | NA | 100 | 2% | NA | 114 | 2% |
| 12-Month Follow-Up | 6% | NA | 53 | 0% | NA | 47 | 6% |
| Childcare arrangements: Attends licensed childcare center | | | | | | | |
| Time of Application | 6% | NA | 100 | 4% | NA | 114 | 2% |
| 12-Month Follow-Up | 6% | NA | 53 | 6% | NA | 47 | -1% |
| Childcare arrangements: Attends Early Head Start or Head Start program | | | | | | | |
| Time of Application | 11% | NA | 56 | 12% | NA | 67 | -1% |
| 12-Month Follow-Up | 14% | NA | 29 | 12% | NA | 25 | 2% |
| Childcare arrangements: Attends preschool or pre-K | | | | | | | |
| Time of Application | 17% | NA | 29 | 32% | NA | 40 | -15% |
| 12-Month Follow-Up | 29% | NA | 17 | 35% | NA | 17 | -6% |
| Childcare arrangements: Attends school (Elementary, Middle, or High School) | | | | | | | |
| Time of Application | 56% | NA | 48 | 53% | NA | 58 | 3% |
| 12-Month Follow-Up | 58% | NA | 26 | 54% | NA | 26 | 4% |
| Childcare arrangements: Attends after-school program | | | | | | | |
| Time of Application | 17% | NA | 48 | 17% | NA | 58 | -1% |
| 12-Month Follow-Up | 23% | NA | 26 | 15% | NA | 26 | 8% |
| Childcare arrangements: Other | | | | | | | |
| Time of Application | 2% | NA | 100 | 4% | NA | 114 | -2% |

| | ARISE | | | Control Group | | | Difference |
|---|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| 12-Month Follow-Up | 2% | NA | 53 | 9% | NA | 47 | -7% |
| How many hours per week does your child receive care (paid or unpaid)? | | | | | | | |
| Time of Application | 35.3 | 50.4 | 98 | 30.7 | 48.0 | 110 | 4.7 |
| 12-Month Follow-Up | 24.2 | 32.9 | 53 | 25.5 | 36.1 | 44 | -1.3 |
| Childcare schedule need: Help with children while working from home | | | | | | | |
| Time of Application | 7% | NA | 100 | 7% | NA | 114 | 0% |
| 12-Month Follow-Up | 2% | NA | 53 | 4% | NA | 47 | -2% |
| Childcare schedule need: Childcare during the 9-5 Monday-Friday workday | | | | | | | |
| Time of Application | 25% | NA | 100 | 23% | NA | 114 | 2% |
| 12-Month Follow-Up | 25% | NA | 53 | 23% | NA | 47 | 1% |
| Childcare schedule need: Childcare outside of the 9-5 Monday-Friday workday | | | | | | | |
| Time of Application | 10% | NA | 100 | 12% | NA | 114 | -2% |
| 12-Month Follow-Up | 15% | NA | 53 | 11% | NA | 47 | 4% |
| Childcare schedule need: Variable Schedule | | | | | | | |
| Time of Application | 15% | NA | 100 | 19% | NA | 114 | -4% |
| 12-Month Follow-Up | 17% | NA | 53 | 17% | NA | 47 | 0% |
| Childcare schedule need: Other | | | | | | | |
| Time of Application | 3% | NA | 100 | 8% | NA | 114 | -5% |
| 12-Month Follow-Up | 4% | NA | 53 | 9% | NA | 47 | -5% |
| Childcare schedule need: None of the above | | | | | | | |
| Time of Application | 51% | NA | 100 | 49% | NA | 114 | 2% |
| 12-Month Follow-Up | 53% | NA | 53 | 53% | NA | 47 | 0% |
| How easy or difficult has it been to find childcare arrangements (1 = Very easy, 2 = Somewhat easy, 3 = Neutral, 4 = Somewhat difficult, 5 = Very difficult) | | | | | | | |
| Time of Application | 3.0 | 1.3 | 99 | 3.2 | 1.3 | 111 | -0.2 |
| 12-Month Follow-Up | 3.0 | 1.3 | 53 | 3.2 | 1.4 | 44 | -0.1 |
| What challenges do you face when accessing childcare? Lack of opening at childcare provider | | | | | | | |
| Time of Application | 11% | NA | 100 | 11% | NA | 114 | 0% |
| 12-Month Follow-Up | 9% | NA | 53 | 11% | NA | 47 | -1% |
| What challenges do you face when accessing childcare? Lack of high-quality care | | | | | | | |
| Time of Application | 17% | NA | 100 | 13% | NA | 114 | 4% |
| 12-Month Follow-Up | 15% | NA | 53 | 11% | NA | 47 | 4% |
| What challenges do you face when accessing childcare? Lack of affordable care | | | | | | | |
| Time of Application | 33% | NA | 100 | 31% | NA | 114 | 2% |
| 12-Month Follow-Up | 38% | NA | 53 | 36% | NA | 47 | 2% |
| What challenges do you face when accessing childcare? Inconvenient location (care was too far away) | | | | | | | |
| Time of Application | 11% | NA | 100 | 13% | NA | 114 | -2% |
| 12-Month Follow-Up | 8% | NA | 53 | 15% | NA | 47 | -7% |
| What challenges do you face when accessing childcare? Lack of care that accommodates my work schedule | | | | | | | |
| Time of Application | 21% | NA | 100 | 18% | NA | 114 | 3% |
| 12-Month Follow-Up | 21% | NA | 53 | 9% | NA | 47 | 12% |
| What challenges do you face when accessing childcare? Lack of back-up car, or emergency care, or care for sick kid | | | | | | | |
| Time of Application | 12% | NA | 100 | 7% | NA | 114 | 5% |

| | ARISE | | | Control Group | | | Difference |
|---|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| 12-Month Follow-Up | 15% | NA | 53 | 11% | NA | 47 | 4% |
| What challenges do you face when accessing childcare? My child was too young for programs | | | | | | | |
| Time of Application | 14% | NA | 100 | 16% | NA | 114 | -2% |
| 12-Month Follow-Up | 17% | NA | 53 | 6% | NA | 47 | 11% |
| What challenges do you face when accessing childcare? Lack of care for a child with special needs | | | | | | | |
| Time of Application | 1% | NA | 100 | 5% | NA | 114 | -4% |
| 12-Month Follow-Up | 0% | NA | 53 | 9% | NA | 47 | -9% |
| What challenges do you face when accessing childcare? Other | | | | | | | |
| Time of Application | 24% | NA | 100 | 19% | NA | 114 | 5% |
| 12-Month Follow-Up | 25% | NA | 53 | 28% | NA | 47 | -3% |
| How do you feel about the quality of childcare (1 = Very satisfied, 2 = Somewhat satisfied, 3 = Neutral, 4 = Somewhat dissatisfied, 5 = Very dissatisfied) | | | | | | | |
| Time of Application | 1.9 | 1.1 | 98 | 2.0 | 1.2 | 111 | -0.1 |
| 12-Month Follow-Up | 1.9 | 1.0 | 53 | 2.0 | 1.1 | 44 | -0.1 |
| How much do you current spend per week on childcare for all children in your household? | | | | | | | |
| Time of Application | \$166 | \$625 | 98 | \$76 | \$138 | 111 | \$89 |
| 12-Month Follow-Up | \$86 | \$142 | 53 | \$56 | \$138 | 46 | \$30 |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I missed a full day of work | | | | | | | |
| Time of Application | 19% | NA | 100 | 18% | NA | 114 | 1% |
| 12-Month Follow-Up | 21% | NA | 53 | 17% | NA | 47 | 4% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was late for work | | | | | | | |
| Time of Application | 25% | NA | 100 | 13% | NA | 114 | 12% |
| 12-Month Follow-Up | 21% | NA | 53 | 11% | NA | 47 | 10% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I left work early | | | | | | | |
| Time of Application | 16% | NA | 100 | 15% | NA | 114 | 1% |
| 12-Month Follow-Up | 15% | NA | 53 | 15% | NA | 47 | 0% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was absent from work during the workday | | | | | | | |
| Time of Application | 10% | NA | 100 | 11% | NA | 114 | -1% |
| 12-Month Follow-Up | 8% | NA | 53 | 11% | NA | 47 | -3% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was distracted and less productive at work | | | | | | | |
| Time of Application | 14% | NA | 100 | 8% | NA | 114 | 6% |
| 12-Month Follow-Up | 11% | NA | 53 | 6% | NA | 47 | 5% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? None of the above | | | | | | | |
| Time of Application | 58% | NA | 100 | 66% | NA | 114 | -8% |
| 12-Month Follow-Up | 53% | NA | 53 | 66% | NA | 47 | -13% |
| Over the last month how many hours were you absent from work specifically due to childcare issues? | | | | | | | |
| Time of Application | 6.6 | 11.7 | 78 | 16.5 | 63.3 | 69 | -9.9 |
| 12-Month Follow-Up | 7.2 | 9.4 | 44 | 4.8 | 9.3 | 29 | 2.4 |
| Over the last year have any of the following happened to you specifically because of childcare issues? I missed so much time at work I was reprimanded | | | | | | | |
| Time of Application | 5% | NA | 100 | 8% | NA | 114 | -3% |
| 12-Month Follow-Up | 6% | NA | 53 | 4% | NA | 47 | 1% |

| | ARISE | | | Control Group | | | Difference |
|--|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Over the last year have any of the following happened to you specifically because of childcare issues? I missed so much time at work I had trouble performing my job duties | | | | | | | |
| Time of Application | 6% | NA | 100 | 8% | NA | 114 | -2% |
| 12-Month Follow-Up | 4% | NA | 53 | 4% | NA | 47 | 0% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I quit my job | | | | | | | |
| Time of Application | 6% | NA | 100 | 3% | NA | 114 | 3% |
| 12-Month Follow-Up | 8% | NA | 53 | 2% | NA | 47 | 5% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was fired from my job | | | | | | | |
| Time of Application | 1% | NA | 100 | 4% | NA | 114 | -3% |
| 12-Month Follow-Up | 0% | NA | 53 | 2% | NA | 47 | -2% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was demoted or transferred to a less desirable position | | | | | | | |
| Time of Application | 1% | NA | 100 | 0% | NA | 114 | 1% |
| 12-Month Follow-Up | 2% | NA | 53 | 0% | NA | 47 | 2% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was passed over for an opportunity or promotion | | | | | | | |
| Time of Application | 3% | NA | 100 | 4% | NA | 114 | -1% |
| 12-Month Follow-Up | 2% | NA | 53 | 6% | NA | 47 | -4% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I changed from full-time work to part-time work | | | | | | | |
| Time of Application | 6% | NA | 100 | 9% | NA | 114 | -3% |
| 12-Month Follow-Up | 2% | NA | 53 | 6% | NA | 47 | -4% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I chose not to change from part-time to full-time work | | | | | | | |
| Time of Application | 1% | NA | 100 | 1% | NA | 114 | 0% |
| 12-Month Follow-Up | 2% | NA | 53 | 2% | NA | 47 | 0% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I declined a promotion | | | | | | | |
| Time of Application | 2% | NA | 100 | 4% | NA | 114 | -2% |
| 12-Month Follow-Up | 0% | NA | 53 | 0% | NA | 47 | 0% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I turned down a job offer | | | | | | | |
| Time of Application | 9% | NA | 100 | 11% | NA | 114 | -2% |
| 12-Month Follow-Up | 6% | NA | 53 | 11% | NA | 47 | -5% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I declined to pursue further education or training | | | | | | | |
| Time of Application | 7% | NA | 100 | 6% | NA | 114 | 1% |
| 12-Month Follow-Up | 4% | NA | 53 | 6% | NA | 47 | -3% |
| Over the last year have any of the following happened to you specifically because of childcare issues? Other | | | | | | | |
| Time of Application | 4% | NA | 100 | 4% | NA | 114 | 0% |
| 12-Month Follow-Up | 6% | NA | 53 | 6% | NA | 47 | -1% |
| Over the last year have any of the following happened to you specifically because of childcare issues? None of the above | | | | | | | |
| Time of Application | 63% | NA | 100 | 62% | NA | 114 | 1% |
| 12-Month Follow-Up | 66% | NA | 53 | 68% | NA | 47 | -2% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Childcare program on site. | | | | | | | |
| Time of Application | 1% | NA | 100 | 4% | NA | 114 | -3% |
| 12-Month Follow-Up | 0% | NA | 53 | 4% | NA | 47 | -4% |

| | ARISE | | | Control Group | | | Difference |
|---|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Reserved space at an offsite childcare facility. | | | | | | | |
| Time of Application | 0% | NA | 100 | 0% | NA | 114 | 0% |
| 12-Month Follow-Up | 0% | NA | 53 | 0% | NA | 47 | 0% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Financial support to help pay for childcare. | | | | | | | |
| Time of Application | 4% | NA | 100 | 2% | NA | 114 | 2% |
| 12-Month Follow-Up | 8% | NA | 53 | 2% | NA | 47 | 5% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Financial support to help pay for childcare. | | | | | | | |
| Time of Application | 1% | NA | 100 | 1% | NA | 114 | 0% |
| 12-Month Follow-Up | 0% | NA | 53 | 0% | NA | 47 | 0% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Flexibility and tolerance of childcare needs. | | | | | | | |
| Time of Application | 2% | NA | 100 | 3% | NA | 114 | -1% |
| 12-Month Follow-Up | 0% | NA | 53 | 0% | NA | 47 | 0% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Other | | | | | | | |
| Time of Application | 1% | NA | 100 | 0% | NA | 114 | 1% |
| 12-Month Follow-Up | 0% | NA | 53 | 0% | NA | 47 | 0% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? None of the above | | | | | | | |
| Time of Application | 88% | NA | 100 | 91% | NA | 114 | -3% |
| 12-Month Follow-Up | 92% | NA | 53 | 94% | NA | 47 | -1% |
| During the past week, has anyone in your household done the following things with your child? Told them a story (does not include reading to this child) | | | | | | | |
| Time of Application | 61% | NA | 100 | 63% | NA | 114 | -2% |
| 12-Month Follow-Up | 57% | NA | 53 | 53% | NA | 47 | 3% |
| During the past week, has anyone in your household done the following things with your child? Done activities like arts and crafts, coloring, painting, pasting, or using clay with them | | | | | | | |
| Time of Application | 78% | NA | 100 | 71% | NA | 114 | 7% |
| 12-Month Follow-Up | 70% | NA | 53 | 68% | NA | 47 | 2% |
| During the past week, has anyone in your household done the following things with your child? Played board games or done puzzles with them | | | | | | | |
| Time of Application | 64% | NA | 100 | 57% | NA | 114 | 7% |
| 12-Month Follow-Up | 57% | NA | 53 | 57% | NA | 47 | -1% |
| During the past week, has anyone in your household done the following things with your child? Worked on a project with them like building, making, or fixing something | | | | | | | |
| Time of Application | 60% | NA | 100 | 62% | NA | 114 | -2% |
| 12-Month Follow-Up | 58% | NA | 53 | 60% | NA | 47 | -1% |
| During the past week, has anyone in your household done the following things with your child? Played sports, active games, or exercised together | | | | | | | |
| Time of Application | 75% | NA | 100 | 80% | NA | 114 | -5% |
| 12-Month Follow-Up | 70% | NA | 53 | 77% | NA | 47 | -7% |
| During the past week, has anyone in your household done the following things with your child? Discussed with them how to manage time | | | | | | | |
| Time of Application | 67% | NA | 99 | 71% | NA | 114 | -4% |
| 12-Month Follow-Up | 62% | NA | 53 | 68% | NA | 47 | -6% |
| During the past week, has anyone in your household done the following things with your child? Talked with them about their family's history or ethnic heritage | | | | | | | |

| | ARISE | | | Control Group | | | Difference |
|---------------------|-------|--------------------|-----|---------------|--------------------|-----|------------|
| | Mean | Standard Deviation | N | Mean | Standard Deviation | N | |
| Time of Application | 65% | NA | 100 | 64% | NA | 114 | 1% |
| 12-Month Follow-Up | 64% | NA | 53 | 62% | NA | 47 | 2% |

Appendix C: Impact Findings for all Outcomes

The tables in Appendix C present detailed impact estimates for all outcomes identified in the study's pre-specified analysis plan, at each survey wave. Outcomes are grouped by type. Each table show the regression-adjusted *ARISE* participant and control group means, the estimated impact (which is the difference between the regression-adjusted participant and control group means), the standard error associated with the impact estimate, the relative impact (i.e., the impact as a percentage of the control group mean), and the upper and lower bounds associated with the 95 percent confidence interval.

Table C1. Impact Estimates for Financial Well-Being Outcomes

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|---|------------|--------------------|----------|----------------|---------------------|----------|----------|
| Annual Household Income | | | | | | | |
| 12-Month Follow-Up | \$19,527 | \$23,989 | -\$4,461 | \$2,460 | -19 | -\$9,298 | \$376 |
| Public Benefits Use | | | | | | | |
| 12-Month Follow-Up | 55% | 60% | -5% | 7% | -8 | -19% | 8% |
| Full Time Employment | | | | | | | |
| 12-Month Follow-Up | 33% | 35% | -2% | 6% | -6 | -13% | 10% |
| Part Time Employment | | | | | | | |
| 12-Month Follow-Up | 14% | 18% | -4% | 6% | -22 | -15% | 7% |
| Full Time Caregiver/Parent | | | | | | | |
| 12-Month Follow-Up | 7% | 5% | 1% | 3% | 20 | -5% | 8% |
| Self Employed/Business Owner | | | | | | | |
| 12-Month Follow-Up | 10% | 9% | 0% | 4% | 0 | -8% | 9% |
| Gig Worker | | | | | | | |
| 12-Month Follow-Up | 4% | 6% | -2% | 3% | -33 | -8% | 5% |
| Retired/Disabled | | | | | | | |
| 12-Month Follow-Up | 12% | 9% | 3% | 4% | 33 | -4% | 10% |
| Full Time Student | | | | | | | |
| 12-Month Follow-Up | 1% | 1% | 0% | 2% | 0 | -4% | 3% |
| Unemployed | | | | | | | |
| 12-Month Follow-Up | 15% | 20% | -5% | 6% | -25 | -17% | 6% |
| Paid or Unpaid Work | | | | | | | |
| 12-Month Follow-Up | 69% | 70% | -1% | 6% | -1 | -12% | 11% |
| Number of Jobs | | | | | | | |
| 12-Month Follow-Up | 0.8 | 0.9 | -0.1 | 0.1 | -8 | -0.2 | 0.1 |
| Job Fulfilling | | | | | | | |
| 12-Month Follow-Up | 2.9 | 3.0 | -0.1 | 0.2 | -4 | -0.5 | 0.2 |
| Wanted to Find Work | | | | | | | |
| 12-Month Follow-Up | 3.4 | 3.1 | 0.3 | 0.3 | 10 | -0.2 | 0.8 |
| Expected to Find Work | | | | | | | |
| 12-Month Follow-Up | 2.6 | 2.3 | 0.3 | 0.2 | 13 | -0.2 | 0.8 |
| Annual Individual Income | | | | | | | |
| 12-Month Follow-Up | \$16,196 | \$16,502 | -\$306 | \$1,915 | -2 | -\$4,072 | \$3,460 |
| 5-Point Financial Well-Being Scale | | | | | | | |
| 12-Month Follow-Up | 43.7 | 42.1 | 1.6 | 1.4 | 4 | -1.1 | 4.3 |
| % Who Could Pay for a 400 Expense | | | | | | | |
| 12-Month Follow-Up | 37% | 29% | 8% | 6% | 28 | -5% | 20% |
| % with Mortgage Debt | | | | | | | |
| 12-Month Follow-Up | 19% | 9% | 10% | 5% | 111 | 0% | 20% |
| % with Utility Debt | | | | | | | |
| 12-Month Follow-Up | 23% | 24% | -1% | 6% | -4 | -13% | 12% |
| % with Medical Debt | | | | | | | |
| 12-Month Follow-Up | 29% | 32% | -3% | 7% | -9 | -16% | 10% |

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|---------------------------------------|------------|--------------------|--------|----------------|---------------------|----------|----------|
| % with Bank Loan | | | | | | | |
| 12-Month Follow-Up | 8% | 13% | -5% | 5% | -38 | -15% | 4% |
| % with Payday Loan | | | | | | | |
| 12-Month Follow-Up | 6% | 7% | -1% | 4% | -14 | -9% | 6% |
| % with Personal Loan | | | | | | | |
| 12-Month Follow-Up | 27% | 25% | 2% | 7% | 8 | -11% | 15% |
| % with Other Debt | | | | | | | |
| 12-Month Follow-Up | 20% | 19% | 0% | 6% | 0 | -12% | 13% |
| % with Vehicle Debt | | | | | | | |
| 12-Month Follow-Up | 32% | 31% | 1% | 6% | 3 | -12% | 14% |
| % with Credit Card Debt | | | | | | | |
| 12-Month Follow-Up | 40% | 45% | -5% | 7% | -11 | -18% | 8% |
| % with Student Loan (Own) | | | | | | | |
| 12-Month Follow-Up | 17% | 15% | 2% | 4% | 13 | -6% | 10% |
| More than 500 Saved | | | | | | | |
| 12-Month Follow-Up | 21% | 17% | 3% | 6% | 18 | -8% | 15% |
| I Am Going into Debt | | | | | | | |
| 12-Month Follow-Up | 20% | 23% | -3% | 7% | -13 | -16% | 10% |
| I am Living on My Savings | | | | | | | |
| 12-Month Follow-Up | 1% | 6% | -5% | 3% | -83 | -12% | 1% |
| I Am Managing | | | | | | | |
| 12-Month Follow-Up | 43% | 40% | 3% | 8% | 8 | -13% | 19% |
| I Have a Bit of Money Leftover | | | | | | | |
| 12-Month Follow-Up | 11% | 5% | 5% | 5% | 100 | -4% | 15% |
| I Have Enough Left to Save | | | | | | | |
| 12-Month Follow-Up | 2% | 2% | 0% | 3% | 0 | -6% | 5% |
| I Do Not Know | | | | | | | |
| 12-Month Follow-Up | 5% | 8% | -3% | 4% | -38 | -11% | 6% |
| Would Rather Not Say | | | | | | | |
| 12-Month Follow-Up | 12% | 15% | -3% | 6% | -20 | -15% | 9% |

Table C2. Impact Estimates for Emotional, Mental, and Physical Well-Being Outcomes

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|--|------------|--------------------|--------|----------------|---------------------|----------|----------|
| Psychological Distress (Kessler 10) | | | | | | | |
| 12-Month Follow-Up | 19.9 | 21.0 | -1.1 | 1.3 | -5 | -3.6 | 1.4 |
| Psychological Distress from Medical Problems (Kessler 10) | | | | | | | |
| 12-Month Follow-Up | 4.5 | 4.4 | 0.1 | 0.2 | 2 | -0.3 | 0.5 |
| Number of Doctor Visits (Kessler 10) | | | | | | | |
| 12-Month Follow-Up | 1.2 | 1.7 | -0.5 | 0.4 | -30 | -1.4 | 0.3 |
| General Health (1 = Excellent; 2 = Very Good; 3 = Good; 4 = Fair or Poor) | | | | | | | |
| 12-Month Follow-Up | 2.9 | 2.9 | 0.0 | 0.1 | 0 | -0.2 | 0.2 |
| Physical Functioning | | | | | | | |
| 12-Month Follow-Up | 70.1 | 70.5 | -0.4 | 3.5 | -1 | -7.2 | 6.4 |
| Role Limitations Due to Health | | | | | | | |
| 12-Month Follow-Up | 61.0 | 63.7 | -2.7 | 5.9 | -4 | -14.4 | 9.0 |
| Perceived Stress Scale | | | | | | | |
| 12-Month Follow-Up | 6.2 | 7.0 | -0.8 | 0.5 | -12 | -1.7 | 0.1 |

Table C3. Impact Estimates for Food and Housing Security Outcomes

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|--------------------------------|------------|--------------------|--------|----------------|---------------------|----------|----------|
| Food Insecurity | | | | | | | |
| 12-Month Follow-Up | 59% | 65% | -6% | 6% | -9 | -18% | 6% |
| Homeless | | | | | | | |
| 12-Month Follow-Up | 1% | 0% | 1% | 1% | NA | -1% | 4% |
| Homeowner | | | | | | | |
| 12-Month Follow-Up | 5% | 3% | 2% | 2% | 67 | -3% | 7% |
| Friends/Family | | | | | | | |
| 12-Month Follow-Up | 5% | 7% | -2% | 4% | -29 | -11% | 6% |
| Other Housing | | | | | | | |
| 12-Month Follow-Up | 0% | 3% | -3% | 2% | -100 | -6% | 0% |
| Public Housing | | | | | | | |
| 12-Month Follow-Up | 12% | 12% | 0% | 5% | 0 | -9% | 9% |
| Rent | | | | | | | |
| 12-Month Follow-Up | 72% | 75% | -3% | 5% | -4 | -14% | 7% |
| % Evicted | | | | | | | |
| 12-Month Follow-Up | 4% | 8% | -5% | 3% | -63 | -11% | 1% |
| % with Mortgage Default | | | | | | | |
| 12-Month Follow-Up | 13% | 15% | -2% | 4% | -13 | -10% | 6% |
| Household Chaos | | | | | | | |
| 12-Month Follow-Up | 26.4 | 29.0 | -2.7 | 1.0 | -9 | -4.7 | -0.6 |

Table C4. Impact Estimates for Hope and Sense of Mattering Outcomes

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact | Lower CI | Upper CI |
|--|------------|--------------------|--------|----------------|-----------------|----------|----------|
| Hope Score | | | | | | | |
| 12-Month Follow-Up | 48.3 | 44.5 | 3.8 | 1.3 | 9 | 1.3 | 6.4 |
| Hope Scale: Agency Subscale | | | | | | | |
| 12-Month Follow-Up | 23.7 | 21.9 | 1.8 | 0.8 | 8 | 0.1 | 3.4 |
| Hope Scale: Pathway Subscale | | | | | | | |
| 12-Month Follow-Up | 24.7 | 22.9 | 1.7 | 0.8 | 8 | 0.2 | 3.3 |
| Difficulty Fulfilling Commitments Outside of Work | | | | | | | |
| 12-Month Follow-Up | 2.4 | 2.4 | 0.0 | 0.2 | 0 | -0.4 | 0.4 |
| General Mattering Scale | | | | | | | |
| 12-Month Follow-Up | 79.2 | 78.1 | 1.2 | 3.3 | 1 | -5.3 | 7.7 |

Table C5. 6-Point Transit Security Index

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|---|------------|--------------------|--------|----------------|---------------------|----------|----------|
| In the past 30 days, how often did you have to reschedule an appointment because of a problem with transportation? | | | | | | | |
| 12-Month Follow-Up | 1.4 | 1.6 | -0.3 | 0.1 | -18 | -0.5 | -0.1 |
| In the past 30 days, how often did you skip going somewhere because of a problem with transportation? | | | | | | | |
| 12-Month Follow-Up | 1.4 | 1.7 | -0.3 | 0.1 | -17 | -0.5 | -0.1 |
| In the past 30 days, how often were you not able to leave the house when you wanted to because of a problem with transportation? | | | | | | | |
| 12-Month Follow-Up | 1.4 | 1.7 | -0.2 | 0.1 | -13 | -0.4 | -0.1 |
| In the past 30 days, how often did you feel bad because you did not have the transportation you needed? | | | | | | | |
| 12-Month Follow-Up | 1.4 | 1.7 | -0.3 | 0.1 | -18 | -0.5 | -0.1 |
| In the past 30 days, how often did you worry about inconveniencing your friends, family, or neighbors because you needed help with transportation? | | | | | | | |
| 12-Month Follow-Up | 1.5 | 1.7 | -0.2 | 0.1 | -12 | -0.4 | 0.0 |
| In the past 30 days, how often did problems with transportation affect your relationships with others? | | | | | | | |
| 12-Month Follow-Up | 1.4 | 1.5 | -0.2 | 0.1 | -10 | -0.3 | 0.0 |

Table C6. Impact Estimates for Childcare Outcomes

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|---|------------|--------------------|--------|----------------|---------------------|----------|----------|
| During the past 12 months, was there any time when any child in your household needed medical care, but did not get it because you/the family couldn't afford it? | | | | | | | |
| 12-Month Follow-Up | 20% | 22% | -2% | 8% | -9 | -17% | 13% |
| Childcare arrangements: Stays at home with parent, stepparent, or guardian | | | | | | | |
| 12-Month Follow-Up | 40% | 57% | -18% | 10% | -32 | -38% | 2% |
| Childcare arrangements: Stays with other family member, such as an older sibling or grandparent | | | | | | | |
| 12-Month Follow-Up | 26% | 23% | 4% | 9% | 17 | -14% | 22% |
| Childcare arrangements: Stays at home alone | | | | | | | |
| 12-Month Follow-Up | 10% | 7% | 3% | 5% | 43 | -8% | 14% |
| Childcare arrangements: Stays at home with babysitter (caring only for my child/children or my child and babysitter's own child/children) | | | | | | | |
| 12-Month Follow-Up | 2% | 1% | 0% | 3% | 0 | -6% | 6% |
| Childcare arrangements: Stays somewhere other than home with an unrelated person who cares for a few children, such as a neighbor or unlicensed childcare provider | | | | | | | |
| 12-Month Follow-Up | 5% | 1% | 4% | 3% | 400 | -2% | 10% |
| Childcare arrangements: Attends licensed home-based family or group care provider | | | | | | | |
| 12-Month Follow-Up | 1% | 0% | 1% | 2% | NA | -3% | 4% |
| Childcare arrangements: Attends licensed childcare center | | | | | | | |
| 12-Month Follow-Up | 11% | 3% | 8% | 5% | 267 | -2% | 18% |
| Childcare arrangements: Attends Early Head Start or Head Start program | | | | | | | |
| 12-Month Follow-Up | 7% | -2% | 9% | 5% | -450 | -1% | 19% |
| Childcare arrangements: Attends preschool or pre-K | | | | | | | |
| 12-Month Follow-Up | 10% | 4% | 6% | 7% | 150 | -7% | 19% |
| Childcare arrangements: Attends school (Elementary, Middle, or High School) | | | | | | | |
| 12-Month Follow-Up | 23% | 41% | -18% | 10% | -44 | -37% | 1% |
| Childcare arrangements: Attends after-school program | | | | | | | |
| 12-Month Follow-Up | 10% | 17% | -8% | 7% | -47 | -22% | 6% |
| Childcare arrangements: Other | | | | | | | |
| 12-Month Follow-Up | 8% | 5% | 3% | 5% | 60 | -6% | 13% |
| How many hours per week does your child receive care (paid or unpaid)? | | | | | | | |
| 12-Month Follow-Up | 24.1 | 39.9 | -15.7 | 6.8 | -39 | -29.2 | -2.3 |
| Childcare schedule need: Help with children while working from home | | | | | | | |
| 12-Month Follow-Up | 7% | 7% | 0% | 6% | 0 | -12% | 12% |
| Childcare schedule need: Childcare during the 9-5 Monday-Friday workday | | | | | | | |
| 12-Month Follow-Up | 15% | 14% | 1% | 7% | 7 | -14% | 15% |
| Childcare schedule need: Childcare outside of the 9-5 Monday-Friday workday | | | | | | | |
| 12-Month Follow-Up | 7% | 5% | 3% | 5% | 60 | -8% | 13% |
| Childcare schedule need: Variable Schedule | | | | | | | |
| 12-Month Follow-Up | 14% | 16% | -2% | 8% | -13 | -17% | 13% |
| Childcare schedule need: Other | | | | | | | |
| 12-Month Follow-Up | 5% | 9% | -3% | 5% | -33 | -12% | 6% |
| Childcare schedule need: None of the above | | | | | | | |
| 12-Month Follow-Up | 58% | 50% | 8% | 10% | 16 | -12% | 28% |
| How easy or difficult has it been to find childcare arrangements (1 = Very easy, 2 = Somewhat easy, 3 = Neutral, 4 = Somewhat difficult) | | | | | | | |

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|--|------------|--------------------|--------|----------------|---------------------|----------|----------|
| difficult, 5 = Very difficult) | | | | | | | |
| 12-Month Follow-Up | 2.8 | 2.8 | 0.0 | 0.2 | -1 | -0.4 | 0.4 |
| What challenges do you face when accessing childcare? Lack of opening at childcare provider | | | | | | | |
| 12-Month Follow-Up | 5% | 10% | -5% | 4% | -50 | -14% | 3% |
| What challenges do you face when accessing childcare? Lack of high-quality care | | | | | | | |
| 12-Month Follow-Up | 11% | 19% | -8% | 6% | -42 | -20% | 3% |
| What challenges do you face when accessing childcare? Lack of affordable care | | | | | | | |
| 12-Month Follow-Up | 33% | 30% | 3% | 9% | 10 | -14% | 20% |
| What challenges do you face when accessing childcare? Inconvenient location (care was too far away) | | | | | | | |
| 12-Month Follow-Up | 4% | 17% | -12% | 5% | -71 | -23% | -2% |
| What challenges do you face when accessing childcare? Lack of care that accommodates my work schedule | | | | | | | |
| 12-Month Follow-Up | 15% | 21% | -5% | 8% | -24 | -20% | 10% |
| What challenges do you face when accessing childcare? Lack of back-up car, or emergency care, or care for sick kid | | | | | | | |
| 12-Month Follow-Up | 19% | 9% | 10% | 7% | 111 | -3% | 24% |
| What challenges do you face when accessing childcare? My child was too young for programs | | | | | | | |
| 12-Month Follow-Up | 4% | 13% | -9% | 5% | -69 | -20% | 1% |
| What challenges do you face when accessing childcare? Lack of care for a child with special needs | | | | | | | |
| 12-Month Follow-Up | 2% | 2% | 0% | 3% | 0 | -6% | 6% |
| What challenges do you face when accessing childcare? Other | | | | | | | |
| 12-Month Follow-Up | 31% | 23% | 8% | 8% | 35 | -8% | 25% |
| How do you feel about the quality of childcare (1 = Very satisfied, 2 = Somewhat satisfied, 3 = Neutral, 4 = Somewhat dissatisfied, 5 = Very dissatisfied) | | | | | | | |
| 12-Month Follow-Up | 2.0 | 2.4 | -0.4 | 0.2 | -16 | -0.8 | 0.0 |
| How much do you current spend per week on childcare for all children in your household? | | | | | | | |
| 12-Month Follow-Up | \$79 | \$66 | \$13 | \$25 | 20 | -\$37 | \$63 |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I missed a full day of work | | | | | | | |
| 12-Month Follow-Up | 6% | 4% | 3% | 6% | 75 | -9% | 15% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was late for work | | | | | | | |
| 12-Month Follow-Up | 17% | 12% | 5% | 8% | 42 | -10% | 20% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I left work early | | | | | | | |
| 12-Month Follow-Up | 9% | 15% | -6% | 6% | -40 | -19% | 6% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was absent from work during the workday | | | | | | | |
| 12-Month Follow-Up | 9% | 8% | 1% | 5% | 13 | -9% | 10% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was distracted and less productive at work | | | | | | | |
| 12-Month Follow-Up | 5% | 4% | 1% | 4% | 25 | -6% | 8% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? None of the above | | | | | | | |
| 12-Month Follow-Up | 68% | 80% | -12% | 9% | -15 | -30% | 5% |
| Over the last month how many hours were you absent from work specifically due to childcare issues? | | | | | | | |
| 12-Month Follow-Up | 4.6 | 5.9 | -1.3 | 2.6 | -21 | -6.5 | 4.0 |
| Over the last year have any of the following happened to you specifically because of childcare issues? I missed so much time at work I was reprimanded | | | | | | | |
| 12-Month Follow-Up | 1% | 6% | -5% | 5% | -83 | -15% | 6% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I missed so much time at work I had trouble performing my job duties | | | | | | | |

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|---|------------|--------------------|--------|----------------|---------------------|----------|----------|
| 12-Month Follow-Up | 2% | -1% | 3% | 5% | -300 | -6% | 12% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I quit my job | | | | | | | |
| 12-Month Follow-Up | 1% | -1% | 2% | 3% | -200 | -3% | 7% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was fired from my job | | | | | | | |
| 12-Month Follow-Up | 2% | 7% | -5% | 6% | -71 | -16% | 7% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was demoted or transferred to a less desirable position | | | | | | | |
| 12-Month Follow-Up | 3% | 1% | 1% | 2% | 100 | -3% | 6% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was passed over for an opportunity or promotion | | | | | | | |
| 12-Month Follow-Up | 0% | 1% | -1% | 4% | -100 | -8% | 6% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I changed from full-time work to part-time work | | | | | | | |
| 12-Month Follow-Up | 4% | 3% | 1% | 4% | 33 | -7% | 10% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I chose not to change from part-time to full-time work | | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | NA | 0% | 0% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I declined a promotion | | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | NA | 0% | 0% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I turned down a job offer | | | | | | | |
| 12-Month Follow-Up | 5% | 2% | 3% | 4% | 150 | -5% | 12% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I declined to pursue further education or training | | | | | | | |
| 12-Month Follow-Up | 6% | 3% | 3% | 6% | 100 | -8% | 14% |
| Over the last year have any of the following happened to you specifically because of childcare issues? Other | | | | | | | |
| 12-Month Follow-Up | 3% | 2% | 1% | 3% | 50 | -6% | 7% |
| Over the last year have any of the following happened to you specifically because of childcare issues? None of the above | | | | | | | |
| 12-Month Follow-Up | 68% | 68% | 0% | 10% | 0 | -19% | 19% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Childcare program on site. | | | | | | | |
| 12-Month Follow-Up | 3% | 3% | 1% | 4% | 33 | -8% | 9% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Reserved space at an offsite childcare facility | | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | NA | 0% | 0% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Financial support to help pay for childcare. | | | | | | | |
| 12-Month Follow-Up | 6% | -2% | 8% | 4% | -400 | -1% | 17% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Information on finding childcare | | | | | | | |
| 12-Month Follow-Up | 1% | 0% | 1% | 3% | NA | -4% | 6% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Flexibility and tolerance of childcare needs. | | | | | | | |
| 12-Month Follow-Up | 1% | 1% | 0% | 4% | 0 | -7% | 7% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Other | | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | NA | 0% | 0% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? None of the above | | | | | | | |
| 12-Month Follow-Up | 87% | 93% | -6% | 7% | -6 | -19% | 7% |
| During the past week, has anyone in your household done the following things with your child? Told them a story (does not include reading to this child) | | | | | | | |

| | ARISE Mean | Control Group Mean | Impact | Standard Error | Relative Impact (%) | Lower CI | Upper CI |
|---|------------|--------------------|--------|----------------|---------------------|----------|----------|
| 12-Month Follow-Up | 72% | 61% | 10% | 10% | 16 | -9% | 30% |
| During the past week, has anyone in your household done the following things with your child? Done activities like arts and crafts, coloring, painting, pasting, or using clay with them | | | | | | | |
| 12-Month Follow-Up | 79% | 91% | -13% | 7% | -14 | -27% | 2% |
| During the past week, has anyone in your household done the following things with your child? Played board games or done puzzles with them | | | | | | | |
| 12-Month Follow-Up | 63% | 75% | -11% | 9% | -15 | -28% | 6% |
| During the past week, has anyone in your household done the following things with your child? Worked on a project with them like building, making, or fixing something | | | | | | | |
| 12-Month Follow-Up | 78% | 79% | -2% | 8% | -3 | -17% | 14% |
| During the past week, has anyone in your household done the following things with your child? Played sports, active games, or exercised together | | | | | | | |
| 12-Month Follow-Up | 67% | 82% | -15% | 8% | -18 | -30% | 0% |
| During the past week, has anyone in your household done the following things with your child? Discussed with them how to manage time | | | | | | | |
| 12-Month Follow-Up | 75% | 85% | -10% | 8% | -12 | -26% | 6% |
| During the past week, has anyone in your household done the following things with your child? Talked with them about their family's history or ethnic heritage | | | | | | | |
| 12-Month Follow-Up | 68% | 77% | -9% | 10% | -12 | -29% | 11% |

Appendix D: Sensitivity of Impact Estimates to Alternative Specifications

The tables in Appendix D present alternative model specifications to test the sensitivity of our results to model misspecification. Our main results use a technique called multiple imputation through chained equations (MICE) to fill in data that are missing due to survey non-response, as described in the study's pre-specified analysis plan. Therefore, those results rely on a set of assumptions about the missing data mechanism (in particular, that data are missing at random—but not missing completely at random, as is required for complete case analysis. Missing at random means that the probability that a value is missing depends only on observed values and not on unobserved values). Misspecification of our imputation model may introduce bias into our impact estimates.

We present two alternative models—complete case analysis and complete case analysis using only the pretest measure of the outcome—to test whether our results are sensitive to model specification and inclusion of control variables. In each table in this appendix, columns 2-3 show the impact estimate and associated standard error, respectively, for our main specification using imputation at each follow up. These are the same as the impact estimates presented in Appendix C. Columns 4-5 show the impact estimate and associated standard error, respectively, for a complete cases analysis that includes all the variables used in the imputation as independent variables in the regression model. Substantial differences between the main specification and the complete case analysis would suggest a misspecification of the imputation model. Columns 6-7 show the impact estimate and associated standard error, respectively, for a complete case analysis that only includes a treatment indicator and the outcome measured at baseline as independent variables in the regression model. Substantial differences between the main specification and this alternative specification would suggest that attrition was correlated with these observable characteristics (i.e., not missing completely at random).

The results presented in this appendix show that in the evaluation of ARISE, there was little difference between the main impact estimates and impact estimates produced under alternative specifications. The robustness of the main findings to these alternative specifications lends credibility to the results.

Table D1. Alternative Impact Estimates for Financial Well-Being Outcomes

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|-------------------------------------|----------|----------------|---------------------------------|----------------|---|----------------|
| | Impact | Standard Error | Impact | Standard Error | Impact | Standard Error |
| Annual Household Income | | | | | | |
| 12-Month Follow-Up | -\$4,461 | \$2,460 | -\$5,718 | \$2,434 | -\$3,522 | \$2,259 |
| Public Benefits Use | | | | | | |
| 12-Month Follow-Up | -5% | 7% | -4% | 7% | -8% | 6% |
| Full Time Employment | | | | | | |
| 12-Month Follow-Up | -2% | 6% | -3% | 6% | 0% | 5% |
| Part Time Employment | | | | | | |
| 12-Month Follow-Up | -4% | 6% | 2% | 6% | -1% | 5% |
| Full Time Caregiver/Parent | | | | | | |
| 12-Month Follow-Up | 1% | 3% | 1% | 3% | 1% | 3% |
| Self Employed/Business Owner | | | | | | |
| 12-Month Follow-Up | 0% | 4% | 0% | 3% | 1% | 3% |
| Gig Worker | | | | | | |
| 12-Month Follow-Up | -2% | 3% | 0% | 3% | -2% | 3% |
| Retired/Disabled | | | | | | |
| 12-Month Follow-Up | 3% | 4% | 5% | 3% | 4% | 3% |
| Full Time Student | | | | | | |
| 12-Month Follow-Up | 0% | 2% | 0% | 2% | 1% | 1% |
| Unemployed | | | | | | |
| 12-Month Follow-Up | -5% | 6% | -6% | 6% | -4% | 5% |
| Paid or Unpaid Work | | | | | | |
| 12-Month Follow-Up | -1% | 6% | 0% | 6% | -3% | 6% |
| Number of Jobs | | | | | | |
| 12-Month Follow-Up | -0.07 | 0.08 | -0.07 | 0.08 | -0.03 | 0.07 |
| Job Fulfilling | | | | | | |
| 12-Month Follow-Up | -0.12 | 0.18 | -0.13 | 0.21 | -0.11 | 0.16 |
| Wanted to Find Work | | | | | | |
| 12-Month Follow-Up | 0.32 | 0.25 | 0.37 | 0.26 | 0.51 | 0.23 |
| Expected to Find Work | | | | | | |
| 12-Month Follow-Up | 0.3 | 0.23 | 0 | 0.28 | 0.41 | 0.25 |
| Annual Individual Income | | | | | | |
| 12-Month Follow-Up | -\$306 | \$1,915 | -\$1,173 | \$2,362 | -\$563 | \$2,010 |
| Financial Well-Being | | | | | | |
| 12-Month Follow-Up | 1.59 | 1.39 | 2.44 | 1.68 | 2.43 | 1.55 |
| Emergency Expense | | | | | | |
| 12-Month Follow-Up | 8% | 6% | 5% | 7% | 7% | 6% |
| % with Mortgage Debt | | | | | | |
| 12-Month Follow-Up | 10% | 5% | 9% | 4% | 9% | 4% |
| % with Utility Debt | | | | | | |
| 12-Month Follow-Up | -1% | 6% | -1% | 6% | -2% | 6% |
| % with Medical Debt | | | | | | |

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|---------------------------------------|--------|----------------|---------------------------------|----------------|---|----------------|
| | Impact | Standard Error | Impact | Standard Error | Impact | Standard Error |
| 12-Month Follow-Up | -3% | 7% | -8% | 7% | -5% | 6% |
| % with Bank Loan | | | | | | |
| 12-Month Follow-Up | -5% | 5% | -8% | 5% | -6% | 4% |
| % with Payday Loan | | | | | | |
| 12-Month Follow-Up | -1% | 4% | -3% | 4% | -1% | 3% |
| % with Personal Loan | | | | | | |
| 12-Month Follow-Up | 2% | 7% | 1% | 6% | -1% | 6% |
| % with Other Debt | | | | | | |
| 12-Month Follow-Up | 0% | 6% | -2% | 6% | -1% | 5% |
| % with Vehicle Debt | | | | | | |
| 12-Month Follow-Up | 1% | 6% | 3% | 7% | 0% | 6% |
| % with Credit Card Debt | | | | | | |
| 12-Month Follow-Up | -5% | 7% | -6% | 7% | -7% | 6% |
| % with Student Loan (Own) | | | | | | |
| 12-Month Follow-Up | 2% | 4% | 3% | 4% | 1% | 3% |
| More than 500 Saved | | | | | | |
| 12-Month Follow-Up | 3% | 6% | 4% | 6% | 5% | 5% |
| I Am Going into Debt | | | | | | |
| 12-Month Follow-Up | -3% | 7% | -1% | 6% | -4% | 5% |
| I am Living on My Savings | | | | | | |
| 12-Month Follow-Up | -5% | 3% | -6% | 3% | -4% | 3% |
| I Am Managing | | | | | | |
| 12-Month Follow-Up | 3% | 8% | 4% | 8% | 4% | 7% |
| I Have a Bit of Money Leftover | | | | | | |
| 12-Month Follow-Up | 5% | 5% | 7% | 5% | 6% | 4% |
| I Have Enough Left to Save | | | | | | |
| 12-Month Follow-Up | 0% | 3% | -2% | 2% | 2% | 2% |
| I Do Not Know | | | | | | |
| 12-Month Follow-Up | -3% | 4% | -6% | 4% | -2% | 4% |
| Would Rather Not Say | | | | | | |
| 12-Month Follow-Up | -3% | 6% | 3% | 6% | -2% | 5% |

Table D2. Alternative Impact Estimates for Emotional, Mental, and Physical Well-Being Outcomes

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|--|--------|----------------|---------------------------------|----------------|---|----------------|
| | Impact | Standard Error | Impact | Standard Error | Impact | Standard Error |
| Psychological Distress (Kessler 10) | | | | | | |
| 12-Month Follow-Up | -1.13 | 1.27 | -0.66 | 1.26 | -1.27 | 1.02 |
| Psychological Distress from Medical Problems (Kessler 10) | | | | | | |
| 12-Month Follow-Up | 0.09 | 0.22 | 0.16 | 0.25 | 0.22 | 0.2 |
| Number of Doctor Visits (Kessler 10) | | | | | | |
| 12-Month Follow-Up | -0.51 | 0.43 | -0.48 | 0.32 | -0.81 | 0.34 |
| General Health (1 = Excellent; 2 = Very Good; 3 = Good; 4 = Fair or Poor) | | | | | | |
| 12-Month Follow-Up | -0.01 | 0.1 | -0.06 | 0.11 | -0.01 | 0.1 |
| Physical Functioning | | | | | | |
| 12-Month Follow-Up | -0.39 | 3.46 | 0.54 | 4.31 | 0.22 | 3.67 |
| Role Limitations Due to Health | | | | | | |
| 12-Month Follow-Up | -2.69 | 5.93 | -6.43 | 6.16 | -2.88 | 5.21 |
| Perceived Stress Scale | | | | | | |
| 12-Month Follow-Up | -0.81 | 0.47 | -1.06 | 0.46 | -0.92 | 0.39 |

Table D3. Alternative Impact Estimates for Food and Housing Security Outcomes

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|--------------------------------|--------|----------------|---------------------------------|--------|---|--------|
| | Impact | Standard Error | Impact | Impact | Standard Error | Impact |
| Food Insecurity | | | | | | |
| 12-Month Follow-Up | -6% | 6% | -10% | 7% | -11% | 6% |
| Homeless | | | | | | |
| 12-Month Follow-Up | 1% | 1% | 2% | 2% | 1% | 1% |
| Homeowner | | | | | | |
| 12-Month Follow-Up | 2% | 2% | -1% | 1% | 2% | 2% |
| Friends/Family | | | | | | |
| 12-Month Follow-Up | -2% | 4% | -3% | 4% | -3% | 4% |
| Other Housing | | | | | | |
| 12-Month Follow-Up | -3% | 2% | -2% | 2% | -2% | 1% |
| Public Housing | | | | | | |
| 12-Month Follow-Up | 0% | 5% | 2% | 4% | 0% | 4% |
| Rent | | | | | | |
| 12-Month Follow-Up | -3% | 5% | 0% | 6% | -1% | 5% |
| % Evicted | | | | | | |
| 12-Month Follow-Up | -5% | 3% | -6% | 4% | -3% | 3% |
| % with Mortgage Default | | | | | | |
| 12-Month Follow-Up | -2% | 4% | 3% | 5% | 0% | 4% |
| Household Chaos | | | | | | |
| 12-Month Follow-Up | -2.67 | 1.03 | -3.06 | 1.28 | -3.35 | 1.05 |

Table D4. Alternative Impact Estimates for Hope and Sense of Mattering Outcomes

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|--|--------|----------------|---------------------------------|--------|---|--------|
| | Impact | Standard Error | Impact | Impact | Standard Error | Impact |
| Hope Score | | | | | | |
| 12-Month Follow-Up | 3.84 | 1.32 | 4.18 | 1.57 | 3.38 | 1.38 |
| Hope Scale: Agency Subscale | | | | | | |
| 12-Month Follow-Up | 1.76 | 0.82 | 1.84 | 0.83 | 1.58 | 0.75 |
| Hope Scale: Pathway Subscale | | | | | | |
| 12-Month Follow-Up | 1.73 | 0.8 | 1.91 | 0.8 | 1.62 | 0.74 |
| Difficulty Fulfilling Commitments Outside of Work | | | | | | |
| 12-Month Follow-Up | -0.01 | 0.2 | 0.02 | 0.24 | 0.07 | 0.21 |
| General Mattering Scale | | | | | | |
| 12-Month Follow-Up | 1.15 | 3.3 | 1.74 | 3.94 | 0.83 | 3.22 |

Table D5. Alternative Impact Estimates for the 6-Point Transit Security Index

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|---|--------|----------------|---------------------------------|--------|---|--------|
| | Impact | Standard Error | Impact | Impact | Standard Error | Impact |
| In the past 30 days, how often did you have to reschedule an appointment because of a problem with transportation? | | | | | | |
| 12-Month Follow-Up | -0.29 | 0.08 | -0.32 | 0.09 | -0.28 | 0.08 |
| In the past 30 days, how often did you skip going somewhere because of a problem with transportation? | | | | | | |
| 12-Month Follow-Up | -0.3 | 0.09 | -0.4 | 0.1 | -0.34 | 0.09 |
| In the past 30 days, how often were you not able to leave the house when you wanted to because of a problem with transportation? | | | | | | |
| 12-Month Follow-Up | -0.22 | 0.08 | -0.23 | 0.1 | -0.26 | 0.08 |
| In the past 30 days, how often did you feel bad because you did not have the transportation you needed? | | | | | | |
| 12-Month Follow-Up | -0.30 | 0.09 | -0.32 | 0.1 | -0.33 | 0.09 |
| In the past 30 days, how often did you worry about inconveniencing your friends, family, or neighbors because you needed help with transportation? | | | | | | |
| 12-Month Follow-Up | -0.20 | 0.09 | -0.26 | 0.12 | -0.24 | 0.1 |
| In the past 30 days, how often did problems with transportation affect your relationships with others? | | | | | | |
| 12-Month Follow-Up | -0.15 | 0.08 | -0.18 | 0.1 | -0.19 | 0.09 |

Table D6. Alternative Impact Estimates for Childcare Outcomes

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|---|--------|----------------|------------------------------|--------|--------------------------------------|--------|
| | Impact | Standard Error | Impact | Impact | Standard Error | Impact |
| During the past 12 months, was there any time when any child in your household needed medical care, but did not get it because you/the family couldn't afford it? | | | | | | |
| 12-Month Follow-Up | -2% | 8% | -4% | 9% | -4% | 7% |
| Childcare arrangements: Stays at home with parent, stepparent, or guardian | | | | | | |
| 12-Month Follow-Up | -18% | 10% | -16% | 12% | -16% | 10% |
| Childcare arrangements: Stays with other family member, such as an older sibling or grandparent | | | | | | |
| 12-Month Follow-Up | 4% | 9% | 7% | 11% | -1% | 9% |
| Childcare arrangements: Stays at home alone | | | | | | |
| 12-Month Follow-Up | 3% | 5% | 0% | 5% | 3% | 5% |
| Childcare arrangements: Stays at home with babysitter (caring only for my child/children or my child and babysitter's own child/children) | | | | | | |
| 12-Month Follow-Up | 0% | 3% | 1% | 4% | 0% | 3% |
| Childcare arrangements: Stays somewhere other than home with an unrelated person who cares for a few children, such as a neighbor or unlicensed childcare provider | | | | | | |
| 12-Month Follow-Up | 4% | 3% | 2% | 2% | 2% | 2% |
| Childcare arrangements: Attends licensed home-based family or group care provider | | | | | | |
| 12-Month Follow-Up | 1% | 2% | 1% | 1% | 0% | 0% |
| Childcare arrangements: Attends licensed childcare center | | | | | | |
| 12-Month Follow-Up | 8% | 5% | 9% | 6% | 5% | 5% |
| Childcare arrangements: Attends Early Head Start or Head Start program | | | | | | |
| 12-Month Follow-Up | 9% | 5% | 10% | 13% | 11% | 8% |
| Childcare arrangements: Attends preschool or pre-K | | | | | | |
| 12-Month Follow-Up | 6% | 7% | 19% | 22% | 6% | 16% |
| Childcare arrangements: Attends school (Elementary, Middle, or High School) | | | | | | |
| 12-Month Follow-Up | -18% | 10% | 7% | 19% | -10% | 14% |
| Childcare arrangements: Attends after-school program | | | | | | |
| 12-Month Follow-Up | -8% | 7% | -1% | 9% | 2% | 12% |
| Childcare arrangements: Other | | | | | | |
| 12-Month Follow-Up | 3% | 5% | -1% | 7% | 6% | 5% |
| How many hours per week does your child receive care (paid or unpaid)? | | | | | | |
| 12-Month Follow-Up | -15.7 | 6.8 | -10 | 7.01 | -12.46 | 6.71 |
| Childcare schedule need: Help with children while working from home | | | | | | |
| 12-Month Follow-Up | 0% | 6% | -6% | 7% | -5% | 5% |
| Childcare schedule need: Childcare during the 9-5 Monday-Friday workday | | | | | | |
| 12-Month Follow-Up | 1% | 7% | 0% | 9% | -6% | 7% |
| Childcare schedule need: Childcare outside of the 9-5 Monday-Friday workday | | | | | | |
| 12-Month Follow-Up | 3% | 5% | 4% | 6% | 0% | 5% |
| Childcare schedule need: Variable Schedule | | | | | | |
| 12-Month Follow-Up | -2% | 8% | -10% | 9% | -4% | 8% |
| Childcare schedule need: Other | | | | | | |
| 12-Month Follow-Up | -3% | 5% | -3% | 6% | -2% | 5% |
| Childcare schedule need: None of the above | | | | | | |

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|---|--------|----------------|---------------------------------|--------|---|--------|
| | Impact | Standard Error | Impact | Impact | Standard Error | Impact |
| 12-Month Follow-Up | 8% | 10% | 8% | 11% | 12% | 9% |
| How easy or difficult has it been to find childcare arrangements (1 = Very easy, 2 = Somewhat easy, 3 = Neutral, 4 = Somewhat difficult, 5 = Very difficult) | | | | | | |
| 12-Month Follow-Up | 0.0 | 0.2 | -0.03 | 0.31 | 0.06 | 0.25 |
| What challenges do you face when accessing childcare? Lack of opening at childcare provider | | | | | | |
| 12-Month Follow-Up | -5% | 4% | -5% | 7% | -6% | 5% |
| What challenges do you face when accessing childcare? Lack of high-quality care | | | | | | |
| 12-Month Follow-Up | -8% | 6% | -13% | 7% | -6% | 7% |
| What challenges do you face when accessing childcare? Lack of affordable care | | | | | | |
| 12-Month Follow-Up | 3% | 9% | 10% | 11% | 5% | 9% |
| What challenges do you face when accessing childcare? Inconvenient location (care was too far away) | | | | | | |
| 12-Month Follow-Up | -12% | 5% | -7% | 7% | -10% | 6% |
| What challenges do you face when accessing childcare? Lack of care that accommodates my work schedule | | | | | | |
| 12-Month Follow-Up | -5% | 8% | -1% | 8% | -3% | 8% |
| What challenges do you face when accessing childcare? Lack of back-up car, or emergency care, or care for sick kid | | | | | | |
| 12-Month Follow-Up | 10% | 7% | 12% | 8% | 14% | 7% |
| What challenges do you face when accessing childcare? My child was too young for programs | | | | | | |
| 12-Month Follow-Up | -9% | 5% | -7% | 6% | -10% | 6% |
| What challenges do you face when accessing childcare? Lack of care for a child with special needs | | | | | | |
| 12-Month Follow-Up | 0% | 3% | -1% | 6% | -1% | 3% |
| What challenges do you face when accessing childcare? Other | | | | | | |
| 12-Month Follow-Up | 8% | 8% | 7% | 12% | 2% | 9% |
| How do you feel about the quality of childcare (1 = Very satisfied, 2 = Somewhat satisfied, 3 = Neutral, 4 = Somewhat dissatisfied, 5 = Very dissatisfied) | | | | | | |
| 12-Month Follow-Up | -0.4 | 0.2 | -0.52 | 0.24 | -0.4 | 0.22 |
| How much do you current spend per week on childcare for all children in your household? | | | | | | |
| 12-Month Follow-Up | \$13 | \$25 | \$17 | \$23 | \$3 | \$22 |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I missed a full day of work | | | | | | |
| 12-Month Follow-Up | 3% | 6% | 8% | 9% | 0% | 8% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was late for work | | | | | | |
| 12-Month Follow-Up | 5% | 8% | 8% | 10% | 4% | 9% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I left work early | | | | | | |
| 12-Month Follow-Up | -6% | 6% | -4% | 10% | -3% | 7% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was absent from work during the workday | | | | | | |
| 12-Month Follow-Up | 1% | 5% | -1% | 5% | -3% | 6% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? I was distracted and less productive at work | | | | | | |
| 12-Month Follow-Up | 1% | 4% | 3% | 5% | 3% | 4% |
| Over the last month have any of the following happened to you, specifically because of childcare issues? None of the above | | | | | | |
| 12-Month Follow-Up | -12% | 9% | -16% | 14% | -11% | 10% |
| Over the last month how many hours were you absent from work specifically due to childcare issues? | | | | | | |
| 12-Month Follow-Up | -1.25 | 2.64 | -0.59 | 3.34 | -1.81 | 2.1 |
| Over the last year have any of the following happened to you specifically because of childcare issues? I missed so much time at work I was reprimanded | | | | | | |

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|---|--------|----------------|---------------------------------|--------|---|--------|
| | Impact | Standard Error | Impact | Impact | Standard Error | Impact |
| 12-Month Follow-Up | -5% | 5% | -3% | 4% | -6% | 4% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I missed so much time at work I had trouble performing my job duties | | | | | | |
| 12-Month Follow-Up | 3% | 5% | 3% | 4% | 4% | 4% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I quit my job | | | | | | |
| 12-Month Follow-Up | 2% | 3% | 4% | 4% | 2% | 2% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was fired from my job | | | | | | |
| 12-Month Follow-Up | -5% | 6% | -6% | 6% | -3% | 5% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was demoted or transferred to a less desirable position | | | | | | |
| 12-Month Follow-Up | 1% | 2% | 3% | 3% | 2% | 2% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I was passed over for an opportunity or promotion | | | | | | |
| 12-Month Follow-Up | -1% | 4% | -1% | 2% | -1% | 3% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I changed from full-time work to part-time work | | | | | | |
| 12-Month Follow-Up | 1% | 4% | 3% | 4% | 2% | 4% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I chose not to change from part-time to full-time work | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | 0% | 0% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I declined a promotion | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | 0% | 0% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I turned down a job offer | | | | | | |
| 12-Month Follow-Up | 3% | 4% | 7% | 4% | 7% | 4% |
| Over the last year have any of the following happened to you specifically because of childcare issues? I declined to pursue further education or training | | | | | | |
| 12-Month Follow-Up | 3% | 6% | 1% | 6% | 1% | 5% |
| Over the last year have any of the following happened to you specifically because of childcare issues? Other | | | | | | |
| 12-Month Follow-Up | 1% | 3% | 3% | 3% | 2% | 2% |
| Over the last year have any of the following happened to you specifically because of childcare issues? None of the above | | | | | | |
| 12-Month Follow-Up | 0% | 10% | -1% | 9% | 1% | 9% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Childcare program on site. | | | | | | |
| 12-Month Follow-Up | 1% | 4% | 2% | 4% | 2% | 4% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Reserved space at an offsite childcare facility | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | 0% | 0% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Financial support to help pay for childcare. | | | | | | |
| 12-Month Follow-Up | 8% | 4% | 10% | 6% | 8% | 4% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Information on finding childcare | | | | | | |
| 12-Month Follow-Up | 1% | 3% | 2% | 2% | 2% | 2% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Flexibility and tolerance of childcare needs. | | | | | | |
| 12-Month Follow-Up | 0% | 4% | 2% | 4% | 0% | 3% |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? Other | | | | | | |
| 12-Month Follow-Up | 0% | 0% | 0% | 0% | 0% | 0% |

| | MICE | | Complete Case (All Controls) | | Complete Case (Pretest Outcome Only) | |
|---|--------|----------------|---------------------------------|--------|---|--------|
| | Impact | Standard Error | Impact | Impact | Standard Error | Impact |
| Over the last year have you received any of the following types of support for childcare from an organization that employed you? None of the above | | | | | | |
| 12-Month Follow-Up | -6% | 7% | -12% | 7% | -6% | 6% |
| During the past week, has anyone in your household done the following things with your child? Told them a story (does not include reading to this child) | | | | | | |
| 12-Month Follow-Up | 10% | 10% | 18% | 13% | 11% | 11% |
| During the past week, has anyone in your household done the following things with your child? Done activities like arts and crafts, coloring, painting, pasting, or using clay with them | | | | | | |
| 12-Month Follow-Up | -13% | 7% | -12% | 9% | -4% | 9% |
| During the past week, has anyone in your household done the following things with your child? Played board games or done puzzles with them | | | | | | |
| 12-Month Follow-Up | -11% | 9% | -6% | 10% | -3% | 9% |
| During the past week, has anyone in your household done the following things with your child? Worked on a project with them like building, making, or fixing something | | | | | | |
| 12-Month Follow-Up | -2% | 8% | 4% | 9% | 5% | 9% |
| During the past week, has anyone in your household done the following things with your child? Played sports, active games, or exercised together | | | | | | |
| 12-Month Follow-Up | -15% | 8% | -20% | 9% | -10% | 8% |
| During the past week, has anyone in your household done the following things with your child? Discussed with them how to manage time | | | | | | |
| 12-Month Follow-Up | -10% | 8% | -19% | 12% | -10% | 9% |
| During the past week, has anyone in your household done the following things with your child? Talked with them about their family's history or ethnic heritage | | | | | | |
| 12-Month Follow-Up | -9% | 10% | -10% | 12% | -10% | 10% |