



Alexandria Recurring Income for Success and Equity: Summary of Year One Insights

The following outcomes are results from survey and interview data collected through the first 12 months of the ARISE Guaranteed Income (GI) pilot.

ARISE participants reported improved mental well-being

- a) Surveys confirmed that ARISE participants reported significantly more peaceful and stable home environments and reported feeling more hopeful about the future than members of the control group after 1 year of ARISE.
- b) Most interviewees reported that ARISE payments reduce their financial stress, which in turn improved their mental wellbeing.
- c) Most parents interviewed described feeling more patient with their children and being able to spend more time with them.

ARISE participants show signs of improved financial stability

- a) ARISE survey data show small but promising signs that *ARISE* participants have better financial health than control group members do. They are, for example, less likely to be living off their savings (1% of *ARISE* participants compared to 6% of control group members).
- b) ARISE participants were better able to afford reliable transportation: One year into the pilot, *ARISE* participants reported significantly fewer problems related to transportation reliability than control group members did.

ARISE might have enabled participants to work fewer hours and focus on other responsibilities

- a) One year into the pilot, *ARISE* participants have not left the labor force as a result of receiving the GI, but appeared to have reduced the number of hours they worked or left what had been second or third jobs. Some participants shared they have reduced their paid work hours slightly, finding time to be more present with their children, to focus on finishing school, or take up other activities.
- b) Similar numbers of ARISE participants and control group members (69% and 70%, respectively) were working at the time of the 12-month survey. However, the annual household income for ARISE participants was nearly \$4,500 less than that of control group participants. This difference in income coupled with stable rates of employment suggests that *ARISE* participants reduced the number of hours they worked or left what had been their second or third jobs.

Despite Improvements from ARISE, Participants Still Face Challenges

- a) Despite this assistance, more than 70% reported experiencing food insecurity in the past month. Few had any meaningful savings, and more than half had credit card or other revolving debt.
- b) About half of interviewees specifically reported still running a household budget deficit. They were still making trade-offs by forgoing material needs or basic self-care such as sufficient sleep so they can work enough hours to make ends meet or living in substandard housing or unsafe neighborhoods.

Overall Findings: *While participants reported improvements in their financial, emotional, and familial wellbeing, Alexandria's high cost of living continues to be a challenge that might have limited participants' ability to save enough money to feel financially secure and invest in their futures.*