

FEBRUARY SCHEDULE

MONDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELI	-
6:00 AM						PO	TOMAC MAR	LINS 6AM-630	AM		6:00 AM
6:30 AM										-	6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM								AQUA AEROBICS			9:00 AM
9:30 AM						-			-10AM		9:30 AM
10:00 AM											10:00 AM
10:30 AM										Deep Water	10:30 AM
11:00 AM	WE Aquatics					-				Aqua Aero 10:10-11:10	11:00 AM
11:30 AM	10AM-1PM						-			11:30 AM	
12:00 PM								-		-	12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM						St Stephens & St Agnes MS Swim Team 2:30-					2:30 PM
3:00 PM						3t Stephie	3:1		3:00 PM		
3:30 PM							Alevandria	Country Day S	School Swim		3:30 PM
4:00 PM			M/F A	quatics				n: 3:30pm-4:3			4:00 PM
4:30 PM	ALEX : SWIM L			-7:00PM						<u> </u>	4:30 PM
5:00 PM	2.0051.4	-8:15PM									5:00 PM
5:30 PM						MARLINS					5:30 PM
6:00 PM						500-6:30P	POTON	ЛАС MARLI	NS 500-		6:00 PM
6:30 PM							10101	730PM		GET IN DEEP	6:30 PM
7:00 PM										630-715PM	7:00 PM
7:30 PM		Aqua Zumba									7:30 PM
8:00 PM		7:15-8:05									8:00 PM
8:30 PM											8:30 PM
9:00 PM				POC	OL CLOSE	S AT 8:4	5PM				9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

TUESDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM											6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM							AOUA EVED	CISE FOR SENI	ODC 91EANA		8:00 AM
8:30 AM							AQUA LALK	900AM	OK3 813AW-		8:30 AM
9:00 AM											9:00 AM
9:30 AM							AQUA EXERO	CISE FOR SENI	ORS 930AM-		9:30 AM
10:00 AM		-						1015AM			10:00 AM
10:30 AM		-									10:30 AM
11:00 AM	WE Aquatics	W	/ATER WALKIN	NG							11:00 AM
11:30 AM	10AM-1PM	10	055AM-1155A	M							11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM	-						St Steph	nens & St A		3:00 PM	
3:30 PM								m Team 3-4		3:30 PM	
4:00 PM	ALEV	CVA/INA		quatics -6:30PM							4:00 PM
4:30 PM	ALEX S SWIM L		2.001101	-0.50PW		DOTOMAC					4:30 PM
5:00 PM	3:00PM-	-8:15PM				POTOMAC MARLINS					5:00 PM
5:30 PM						430-6:00P	DO:	TO 0.4.4.C. 0.4.4.D.I.	INC		5:30 PM
6:00 PM							PO	TOMAC MARL 430PM-8PM	.IINS		6:00 PM
6:30 PM		HI/I O WATE	IER AEROBICS								6:30 PM
7:00 PM		•	-730PM	ALEX LTS							7:00 PM
7:30 PM				630P-8:15P							7:30 PM
8:00 PM					-					I	8:00 PM
8:30 PM											8:30 PM
9:00 PM				POC	L CLOSE	S AT 8:4	5PM				9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

WEDNESDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7		DIVING WELL	
6:00 AM								RLINS 6AM-630			6:00 AM
6:30 AM							10101/101011	NEITYS OF HVT OSC	57 (IVI		6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM						Eliza Basis		AQUA A	FRORICS		9:00 AM
9:30 AM						Fire Department Rental: 7:45-12pm 02/12-02/14 ONLY		9AM-			9:30 AM
10:00 AM											10:00 AM
10:30 AM	WE Aquatics									Deep Water	10:30 AM
11:00 AM										Aqua Aero 10:10-11:10	11:00 AM
11:30 AM	10AM-1PM										11:30 AM
12:00 PM											12:00 PM
12:30 PM		Aqua 300tile 10 12:4									12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM						St Stephens & St Agnes MS Swim Team 2:30-					2:30 PM
3:00 PM						3:15pm			-	3:00 PM	
3:30 PM							Alexandria	Country Day S	School Swim		3:30 PM
4:00 PM			WE Ac	uatics				m: 3:30pm-4:3		-	4:00 PM
4:30 PM	ALEX :			-7:00PM		РОТОМАС				l	4:30 PM
5:00 PM		ESSONS -8:15PM				MARLINS	D.C	OTOMAC MARI	INIS		5:00 PM
5:30 PM						430-6:00P	10	430PM-700PM			5:30 PM
6:00 PM					WEA- ST 5:30-6:30p						6:00 PM
6:30 PM											6:30 PM
7:00 PM										DEEP WATER 630PM-	7:00 PM
7:30 PM										730PM 740PM-	7:30 PM
8:00 PM										740PM- 840PM	8:00 PM
8:30 PM											8:30 PM
9:00 PM				POOL	CLOSES	AT 8:45	PM			_	9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL]



FEBRUARY SCHEDULE

THURSDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WEL	•
6:00 AM				-		-					6:00 AM
6:30 AM				-				. =			6:30 AM
7:00 AM				-				. =			7:00 AM
7:30 AM						See b	rolow				7:30 AM
8:00 AM						See r					8:00 AM
8:30 AM								XERCISE FOR 815AM-900AI			8:30 AM
9:00 AM											9:00 AM
9:30 AM							AQUA E	XERCISE FOR	SENIORS		9:30 AM
10:00 AM							g	30AM-1015A	M		10:00 AM
10:30 AM						Alexano	dria Fire				10:30 AM
	WE Aquatics	14	/ATER WALKII	NG.		Department:	02/12-02/14				11:00 AM
11:30 AM	10AM-1PM	10	055AM-1155A			01	NLY				11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM						St Stanka	ns & St Agno	s MS Swim To	2.20		2:00 PM
2:30 PM						St Stephens & St Agnes MS Swim Team 2:30- 3:15pm					2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM		SWIM		quatics							4:00 PM
4:30 PM	SWIM L		2:00PM	-6:30PM							4:30 PM
5:00 PM		8:15P				POTOMAC MARLINS					5:00 PM
5:30 PM						430-6:00P					5:30 PM
6:00 PM							PO	TOMAC MARI 430PM-8PM	.INS		6:00 PM
6:30 PM	i	HI/I O W/ATE	ER AEROBICS								6:30 PM
7:00 PM			-730PM	ALEX LTS							7:00 PM
7:30 PM				630P-8:15P							7:30 PM
8:00 PM										<u> </u>	8:00 PM
8:30 PM											8:30 PM
9:00 PM				POC	L CLOSE	S AT 8:45	5PM				9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

FRIDAY

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7		DIVING WEL	
6:00 AM						PO ⁻	TOMAC MARL	INS 6AM-630	AM		6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM						Fire Department Rental: 7:45-12pm 02/12-02/14				8:30 AM	
9:00 AM										9:00 AM	
9:30 AM											9:30 AM
10:00 AM						ON	ILY				10:00 AM
10:30 AM											10:30 AM
	WE Aquatics										11:00 AM
11:30 AM	10000										11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM											3:00 PM
3:30 PM	FAMILY		Μ ρ Δι	quatics							3:30 PM
4:00 PM	2:00-5:45PM			-5:30PM							4:00 PM
4:30 PM											4:30 PM
5:00 PM 5:30 PM											5:00 PM 5:30 PM
6:00 PM				POOL	CLOSES	at 5:45	p.m				6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

SATURDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm Lane availability is subject to change.

		5	chady rait		1 2.50pm a	. 3.30pm-4.	Sopin Lan	c availabili	ty 15 5000je.	et to thang	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WEL	<u>L</u>
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM		Hi/Lo									9:00 AM
9:30 AM		9:05-9:55									9:30 AM
10:00 AM											10:00 AM
10:30 AM											10:30 AM
11:00 AM		ALEX SWIM			ı						11:00 AM
11:30 AM		SWIM LESSONS 0:00AM-1:30PF									11:30 AM
12:00 PM											12:00 PM
12:30 PM					quatics n-2:30pm						12:30 PM
1:00 PM				11.00011	. 2.30pm						1:00 PM
1:30 PM					WE Aquatics Swim Team					1:30 PM	
2:00 PM							-2:30pm				
2:30 PM											2:30 PM
3:00 PM		AMILY SWIM & RTHDAY PARTI									3:00 PM
3:30 PM		1:30-5:30PM									3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM				POC	OL CLOSE	S AT 5:4	5PM				6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



FEBRUARY SCHEDULE

SUNDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm Lane

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WEL	1_		
8:00 AM											8:00 AM		
8:30 AM											8:30 AM		
9:00 AM								AQUA	ZUMBA		9:00 AM		
9:30 AM								9:00	-10:00		9:30 AM		
L0:00 AM				www.co									
10:30 AM					WAHOOS								
L1:00 AM		ALEX SWIM									11:00 AN		
11:30 AM		SWIM LESSON									11:30 AN		
L2:00 PM	Ç	9:00AM-1:30P	M								12:00 PN		
12:30 PM					quatics n-2:30pm						12:30 PN		
1:00 PM					·	WE Aquatics	Swim Team				1:00 PM		
1:30 PM						12:30-2	2:30pm				1:30 PM		
2:00 PM											2:00 PM		
2:30 PM											2:30 PM		
3:00 PM		FAMILY SWIN									3:00 PM		
3:30 PM	BII	RTHDAY PART 1:30-5:30PM									3:30 PM		
4:00 PM											4:00 PM		
4:30 PM											4:30 PM		
5:00 PM											5:00 PM		
5:30 PM											5:30 PM		
6:00 PM				PO	OL CLOSI	ES AT 5:4	5PM				6:00 PM		
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL			