



ALEXANDRIA'S COMMUNITY HEALTH IMPROVEMENT PLAN 2025

Winter 2024-25 Progress Report

Prepared by Alexandria Health Department and the
Partnership for a Healthier Alexandria

REPORT SUMMARY

The [Community Health Improvement Plan \(CHIP\) 2025](#) is our community's roadmap and action plan for addressing the most important health issues in Alexandria. Specifically, this plan highlights ways that organizations are working collaboratively to improve health for all Alexandrians.

The Community Health Improvement Plan (CHIP) serves as a true community-centered approach to address the health, economic, racial, and social issues within Alexandria. Residents and stakeholders in the public and private sector developed this plan over the course of 17 months. The priority areas of the CHIP, **poverty**, **mental health**, and **housing** are based on the results of the [2019 Community Health Assessment](#) and were selected by community members. Strategies and tactics within this plan reflect the community conditions that impact health, with an emphasis on addressing differences in health outcomes for our most marginalized populations.

Measuring Impact

Alexandria Health Department (AHD) and the Partnership for Healthier Alexandria (PHA) are responsible for providing technical support, tracking and collecting data, and preparing the community progress report. The Monitoring and Evaluation Team completes a bi-annual review process with two components:

- Assess barriers, action steps, and goals for each of the active CHIP tactics; and,
- Leverage partnerships and expertise within the community to provide technical assistance to tactic owners experiencing implementation barriers. Tactic owners are organizations or agencies who have taken ownership of at least one of the 80 tactics within the CHIP.

Every measurement period, the Monitoring and Evaluation Team will provide a community progress report with updates on strategy progress, opportunities to enhance, revise, or amplify tactics within the CHIP.

Report features:

- Spotlight of tactics making an impact
- Recently funded tactics that are in progress and updates on previously funded tactics
- Data visualizations illustrating direct outcomes for select tactics

For more information, including an appendix with tactic updates from the most recent monitoring period (3/2024-12/2024), visit www.alexandriava.gov/Health.

Get Involved!

Creating a healthier Alexandria requires a collective effort from all agencies, organizations, and residents. If you would like to get involved with one of the report tactics or have questions, email sean.curry@vdh.virginia.gov.

Review the [CHIP 2025](#) and see how much the report reflects the community's priorities. Our next [Community Health Assessment](#) (CHA) is underway and expected to be completed by June 2025. Once the

Assessment is complete, the work to begin the next CHIP will begin in Summer 2025. If you would like to be involved in the next CHA and the following CHIP, sign up for our [mailing list](#).

CHIP PROGRESS SUMMARY

CHIP PROGRESS SUMMARY

Overview of tactic progress made within the CHIP.



74 Tactics in Progress



Tactic Progress by Priority



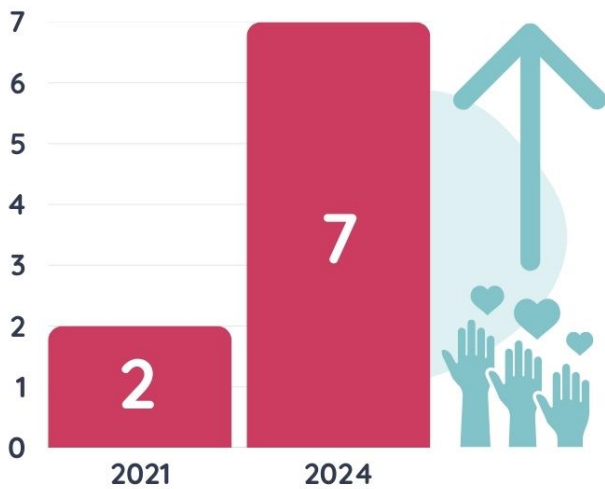
35 technical assistance sessions

CHIP SPOTLIGHT

The Monitoring and Evaluation team would like to thank the collective work of all tactic owners. These spotlights are an opportunity to see how just a few tactics outlined in the CHIP are making a big difference in Alexandria. The following spotlights cover the success related to one tactic per priority area:

Mental Health

Girls on the Run of Northern Virginia (GOTR NOVA) provides impactful programming to instill critical life skills regarding mental, emotional, social, and physical health through a fun, interactive curriculum. As of 2024, GOTR NOVA successfully regained & grew beyond pre-pandemic participation as a primarily volunteer-run program.



Rebounded from COVID isolation and grew from 2 to 7 teams.



Provided scholarships for 30% of kids to participate



467
participants
(+135% since 2021)



"At Girls on the Run of Northern Virginia, we're proud of our growth in empowering youth, serving thousands of young participants each year with life-changing lessons in confidence, connection, and resilience.

With the introduction of our GOTR for Grown-Ups lessons, we're extending that impact to adults, showing that learning, growth, and self-improvement are lifelong journeys."

-Caroline Woods, Executive Director, GOTR NOVA

Poverty

Based on needs created during COVID-19, the Youth Support Network, now Alexandria Beyond the Classroom (ALX Beyond), was formed to create a better, more impactful environment for youth and youth-serving organizations. It is a hub for expanded learning opportunities in Alexandria.



Created an easy-to-use hub for local youth activities



featuring a database with

148

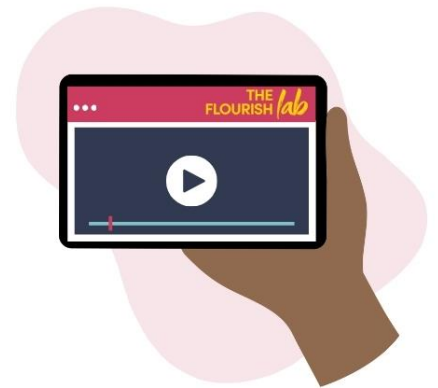
activity listings



Launched program quality cohort of 14 organizations to measure impact



Evaluating development of middle school programming that best serves the city



Selected “The Flourish Lab” platform with a plan to provide on-demand social-emotional learning (SEL) training



“In the Alexandria community, there is tremendous opportunity to engage every young person in an array of opportunities that allow them to try new things, explore diverse interests, discover talents, build relationships, and experience joy. Our dedicated and passionate youth-serving providers are genuinely and generously collaborating to build an equitable system that centers high-quality programming, social-emotional development, and the hopes and needs of our youth.”

-Caitlin Brown, Executive Director, ALX Beyond

Housing

To better understand and respond to the local eviction landscape and its effects on Alexandrians, Alexandria formed the Eviction Prevention Task Force, a multi-agency partnership of 30-40 organizations and landlords, to better understand the local eviction landscape.

Since its creation, task force stakeholders have

LEGISLATION



Supported, advocated for state bills requiring:

- Translation of official documents into 5 languages
- Posting of rent and fees on first page of leases
- Clarified eviction expungement language and process

EDUCATION AND OUTREACH



- Led Tenants' Rights Trainings
- Created eviction dashboard
- Updated and developed community resource lists
- Created weekly distribution listserv to share court dockets, legal information, and resources with stakeholders
- Partnered with high-filing landlords to avoid evictions

DIRECT ASSISTANCE



- Supported landlords and tenants in obtaining emergency rental assistance
- Provided in-person support for clients in court

79%

of people who received assistance from Office of Community Services avoided an eviction filing.

Awarded Bloomberg Philanthropies' "What Works Cities" Silver Certification



66%

of all 2024 eviction cases did not result in eviction judgement



"I have utilized the program for the past five years due to a serious injury that I have endured that has changed my life as well as my son's. I benefited from all the services that were suggested / provided...case management, regular check-in's and assessments, goal planning, benefits application assistance, referrals, advocacy, genuine case manager/client relationships, etc. I'm grateful for all the assistance I received . . . helping myself and my son through the most difficult time in our life."

-Client served by providers

PHA GRANT-FUNDED TACTICS

With the release of the plan, the Partnership for a Healthier Alexandria immediately initiated an annual grants program to help advance the CHIP's priority areas, strategies, and tactics. Over the last four years, PHA has awarded over \$134,000 to 17 nonprofits.

See past and current awardees below. Learn more about how current tactics address the root causes of their tactics in "Connecting the Dots" on page 16.

2021 AWARDEES

AWARDEE: OFFENDER AID AND RESTORATION OF ARLINGTON, ALEXANDRIA, AND FALLS CHURCH (OAR).

THIS GRANTEE'S WORK FELL UNDER TWO DIFFERENT TACTICS WITHIN THE CHIP.

Category: Poverty

Strategy: Address disparities in the criminal justice system.

Tactic: Establish pathways to connect impacted community members to resources to promote a holistic integration back into the community.

Category: Mental Health

Strategy: Assure culturally appropriate and trauma-informed mental health resources, services, and support for all Alexandria communities.

Tactic: Provide trauma-informed training to community groups.

Activity Summary:

- OAR successfully used the funds to support 35 individuals through facilitating Health and Wellness, Employment, and Healthy Relationships courses in the William G. Truesdale Adult Detention Center and the Arlington County Detention Facility (where several Alexandrians are located) while incarcerated (in prison) and post release.
- Launched a new Gender responsive program, designed to focus on the unique needs of people identifying as women, females, or femmes. This program supports those participants identifying as women, females, or femmes while incarcerated and post-release.

AWARDEE: MOVE2LEARN (FORMERLY RUNNINGBROOKE).

THIS GRANTEE'S WORK FELL UNDER FOUR DIFFERENT TACTICS WITHIN THE CHIP.

Category: Mental Health

Strategy: Assure culturally appropriate and trauma-informed mental health resources, services, and support for all Alexandria communities.

Tactic: Provide trauma-informed training to community groups.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Integrate Social, Emotional, and Academic Learning (SEAL) activities across many different types of programs and classrooms.



Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Invest in professional development so educators and support staff can learn how to incorporate Social-Emotional Learning (SEL) approaches into the school day

Category: Mental Health

Strategy: Expand opportunities to free and low-cost physical activity.

Tactic: Partner with ACPS to sponsor monthly "walk the block" events for students, parents, staff, and community members.

Activity Summary:

- Provided professional development to 200 special educators (teachers and paraprofessionals), 160 school counselors, and 200 ACPS leaders from central office.
- Developed three M2L SEAL lessons focused on teaching students the mind-body connection. M2L/RB Director of Programs taught two to three in-person lessons each to 20 different classrooms (approximately 500 students) at Samuel Tucker, Charles Barrett, Cora Kelly, and ACHS AVID.
- Organized Step Challenge at ACHS for Mental Health Awareness Month with school counselor and social worker to provide over 1200 high school students M2L lesson plans.
- Translated M2L Toolkit materials (fitness cubes and clocks) into Arabic, Amharic, and Spanish.
- Distributed 300 fitness cubes to families at PTA/PTAC events at nearly every school in ACPS.
- Distributed 400 toolkits to ACPS teachers during professional development sessions and instructed them on how to integrate movement into their classrooms.
- **Post Grant Update:** In 2024, Move2Learn created 24-mini social emotional learning lessons all about the science of movement for ACPS teachers to use during the school day or during Out-of-School Time. They continue to strengthen community partnerships through the M2L Healthy Community Action Team (HCAT) through funding from VA Foundation for Healthy Youth (VFHY). Their goal is to work together to mitigate obesity in Hispanic Youth at ACHS, GWMS, Hammond, and Casa Chirilagua.

2022 AWARDEES

AWARDEE: CARPENTER'S SHELTER.

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Housing

Strategy: Build appropriate supports for those experiencing homelessness.

Tactic: Increase rapid re-housing to individuals and families experiencing homelessness.

Activity Summary:

- During the grant-funded year, Carpenter's Shelter served 191 households through its Rapid Re-Housing (RRH) program. The funding was used to expand the capacity, allowing them to provide direct services to 4 additional households.
 - The program provided support to individuals experiencing a housing crisis and offered tailored supports that promoted the ability for families to stay in the home long-term. Services included access to benefits, job opportunities, training, health care, childcare, and more.
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AWARDEE: FRIENDS OF GUEST HOUSE.

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Poverty

Strategy: Address disparities in the criminal justice system.

Tactic: Establish pathways to connect impacted community members to resources to promote a holistic integration back into the community.

Activity Summary:

- Friends of Guest House has successfully serviced 170 reentering women across all programs, including Residential, Aftercare, Outreach, and Peer Support Services.
- Each resident took part in in the Workforce & Life Development (WLD) Program, equating to over 2,000 class hours on topics such as parenting, personal finance, and job skills training.
- During the grant period, 39 women participated in the Aftercare program through the Second Chance Community, a house and three apartments with single rooms that clients can rent on a transitional basis with a sliding pay scale.
- The Outreach program provided non-residential assistance to 47 women transitioning directly from incarceration into the community. Services provided range from short-term support, such as locating affordable housing in the community, to longer-term case management.

AWARDEE: SPITFIRE CLUB.

THIS GRANTEE'S WORK FELL UNDER TWO DIFFERENT TACTICS WITHIN THE CHIP.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Streamline the youth mental services referral process.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Strengthen school and community-based education, outreach, and access around family mental health.

Activity Summary:

- The Spitfire Club (TSC) piloted a model of integrated wraparound mental health care services into TSC's core book club programming, meaning they included a team of various service providers, not just one professional. The pilot program aimed to establish 1-2 cohorts of up to 30 girls in Title I schools, affordable housing communities, or community centers serving low-income neighborhoods.
- Approximately 17 youth and 8 caregivers were directly engaged in social-emotional learning programming. 80% of participants self-reported that this program has positively impacted their mental health, exceeding the target rate of 75%. 71% of respondents reported assets growth in "Support" and 57% of respondents reported assets growth in "Positive Identity" categories. Lastly, 100% of responding caregivers reported perceived improvement of social-emotional wellbeing in participants.

AWARDEE: SOCIAL RESPONSIBILITY GROUP.

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Poverty

Strategy: Increase access to employment resources and opportunities.

Tactic: Support the City project to collect and map minority and immigrant businesses to strengthen existing businesses and encourage new businesses.

Activity Summary:

- The Social Responsibility Group aimed to establish a marketing/media platform to showcase individual businesses and entrepreneurs in addition to establishing an annual business expo.
- Approximately 200 businesses/entrepreneurs were engaged resulting in the creation of a database of newly established and existing businesses.
- Business within this network will have opportunities to build business relationships, identify opportunities for growth while gaining increased awareness within the community. This effort is ongoing. One project they are focused on is working toward a business expo to promote minority-owned businesses.

2023 AWARDEES

AWARDEE: ALEXANDRIA SOCCER ASSOCIATION.

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Mental Health

Strategy: Expand opportunities to free and low-cost physical activity.

Tactic: Establish and implement a youth physical activity scholarship program to cover all fees for eligible youth.

Activity Summary:

- Funds were used to expand free after school soccer programming at the following Alexandria City (ACPS), Title I elementary and middle schools: Cora Kelly, Francis Hammond, John Adams, John Polk, and William Ramsay. ASA's Access4All After School League program was expanded to ensure students at these schools have access to free soccer programming throughout the school year.
- Funding also went toward training additional professional coaches. The Access4All After School program is designed to reach students who may not have access to organized and structured soccer programming. Each after school soccer session begins with a "team circle" wherein coaches facilitate sharing using social-emotional learning (SEL) practices in small groups. The team circle fosters and develops one or more of the following soft skills: peer bonds, authentic engagement, personal growth, expanded interests, goal setting, team building, and power sharing.
- 2023-24 school year hosted free soccer and futsal programming at five Title 1 ACPS schools, reaching approximately 500 students. Participants received eight hours of physical activity and learned new soccer skills.
- Teachers/administrators shared school attendance appeared higher on days kids had soccer programming. This will be further evaluated in following school year.

AWARDEE: POSTPARTUM SUPPORT VIRGINIA.

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Mental Health

Strategy: Expand early intervention programming and counseling in the community.

Tactic: Expand mental health counseling services for adults.

Activity Summary:

- Funding was used to recruit and provide peer/support training to expand the number of community members trained to provide evidence-based peer and social support to those suffering from mental health issues during pregnancy and postpartum.
- In grant-funded year, organization conducted an in-person social support training to eight community members (six now are PSVa volunteers in peer mentor program), providing them the skills to provide evidence-based peer support to those suffering from [postpartum mood and anxiety disorders](#) (PMADs).
- Participants' confidence in providing peer support increased 87% and their knowledge of PMADs increased 82%.
- The number of volunteers to provide support has doubled to 14 in past year.

AWARDEE: REBUILDING TOGETHER.

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Housing

Strategy: Support healthy, high-quality, energy-efficient housing.

Tactic: Develop and implement a coordinated, healthy housing program.

Activity Summary:

- Funding was used to cover contractor labor and material expenses needed to provide free home repairs and energy-efficient upgrades to our low-income clients. Repair expenses include roof repair, Energy Star appliances, installation of new smoke/CO detectors, weatherization, installation of GFCIs in kitchens and bathrooms, etc.
- Services are aimed to improve the health, safety, and well-being of a home's residents, especially related to asthma and other breathing conditions, mental and physical health, and financial stress.
- In grant-funded year, Rebuilding Together completed repairs to improve health and safety of four homes (eight individuals) in Alexandria. 90% of homeowners noticed a decrease in utility bills following repairs in addition to safer, healthier living spaces.

AWARDEE: CASA CHIRILAGUA.

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Poverty

Strategy: Increase quality, equity, and relevance of education for youth in and out of schools

Tactic: Increase awareness among youth and their parents and guardians on the process, requirements, and techniques for participating in higher education.

Activity Summary:

- Funds were used to support the development of a new part-time position responsible for overseeing the daily activities of the Casa to College program, ensuring the students and families have the tools and resources they need, and thinking through ways to improve the long-term viability.
- This effort removes barriers for students and families who desire to be first generation college enrollees. Through Casa to College, first generation high school students and their families gain awareness of post high school opportunities and access to college application support through targeted programming, building the leadership capacity of youth and their families in Chirilagua.
- Grant-funded school year, Casa Chirilagua worked with 16 students in Casa to College program. 100% graduated this year and will be attending college or trade school in Fall 2024.
- Casa to College program had 83% retention rate of students from previous year and 64% participation rate at family dinners.



2024 AWARDEES

AWARDEE: CAMPAGNA CENTER

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Poverty

Strategy: Increase quality, equity, and relevance of education for youth in and out of schools.

Tactic: Increase awareness among youth and their parents and guardians on the process, requirements, and techniques for participating in higher education.

Activity Summary:

- Funding will be used to expand the organization's Building Better Futures (BBF) program.
- Specifically, the funding will be used to expand the BBF programming at middle schools.

AWARDEE: CASA CHIRILAGUA

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Poverty

Strategy: Increase quality, equity, and relevance of education for youth in and out of schools.

Tactic: Increase awareness among youth and their parents and guardians on the process, requirements, and techniques for participating in higher education.

Activity Summary:

- Funding will be used to expand the Casa to College program to middle school students participating in its Teens Club
- See more information on Casa to College program on previous page.

AWARDEE: CHILD AND FAMILY NETWORK CENTERS

THIS GRANTEE'S WORK FELL UNDER THREE TACTICS WITHIN THE CHIP.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Integrate Social, Emotional, and Academic Learning (SEAL) activities across many different types of programs and classrooms.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Invest in professional development so educators and support staff can learn how to incorporate social-emotional learning approaches into the school day.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Strengthen school and community-based education, outreach, and access around family mental health.



Activity Summary:

- Funding will be used to implement the Child and Family Network Centers (CFNC) social emotional enhancements in its classrooms.
- A Behavioral Health Specialist will be added to CFNC's permanent staff.
- Continue to implement the CFNC's own multilingual social-emotional mental health curriculum— "Feelings Time"—across eight neighborhood-based preschool classrooms.
- Increase professional development efforts to train CFNC teachers on Feelings Time curriculum.
- Hold parent workshops in three languages focused on family mental health and provide parents with referrals.

AWARDEE: SENIOR SERVICES OF ALEXANDRIA

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Mental Health

Strategy: Expand early intervention programming and counseling in the community.

Tactic: Expand programming to reduce isolation at all ages.

Activity Summary:

- Funding will be used to launch a Friendly Caller Program to connect socially isolated seniors with trained volunteers who will provide regular phone calls.
- The implementation plan for the program includes outreach and enrollment to identify potential participants, volunteer recruitment and training and monitoring and support.

AWARDEE: NORTHERN VIRGINIA FAMILY SERVICE

THIS GRANTEE'S WORK FELL UNDER TWO TACTICS WITHIN THE CHIP.

Category: Mental Health

Strategy: Expand early intervention programming and counseling in the community.

Tactic: Expand mental health screenings for adults.

Category: Mental Health

Strategy: Expand early intervention programming and counseling in the community.

Tactic: Expand programming to reduce isolation at all ages.

Activity Summary:

- Funding will be used to support eight events aimed at reducing isolation among expectant and new mothers and fostering an ongoing network of support.
- At each event, a psychologist from the Kids First Years Family Connections Committee will provide practical skills and techniques for identifying and managing stress and addressing mental health challenges.
- A certified doula will offer guidance on pregnancy, childbirth and postpartum care.

AWARDEE: SPITFIRE CLUB

THIS GRANTEE'S WORK FELL UNDER TWO DIFFERENT TACTICS WITHIN THE CHIP.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Streamline the youth mental services referral process.

Category: Mental Health

Strategy: Incorporate mental health strategies into the school day.

Tactic: Strengthen school and community-based education, outreach, and access around family mental health.

Activity Summary:

- Funding will be used in the expansion of the organization's Small Group Mentoring Program.
- During the 2024-25 school year, the program will be expanded to 1st – 3rd grade cohorts at John Adams and Cora Kelly schools.

AWARDEE: CONCERNED CITIZENS NETWORK OF ALEXANDRIA

THIS GRANTEE'S WORK FELL UNDER ONE TACTIC WITHIN THE CHIP.

Category: Mental Health

Strategy: Normalize conversations about mental health.

Tactic: Create and deliver a mental health literacy program to eliminate mental health stigma.

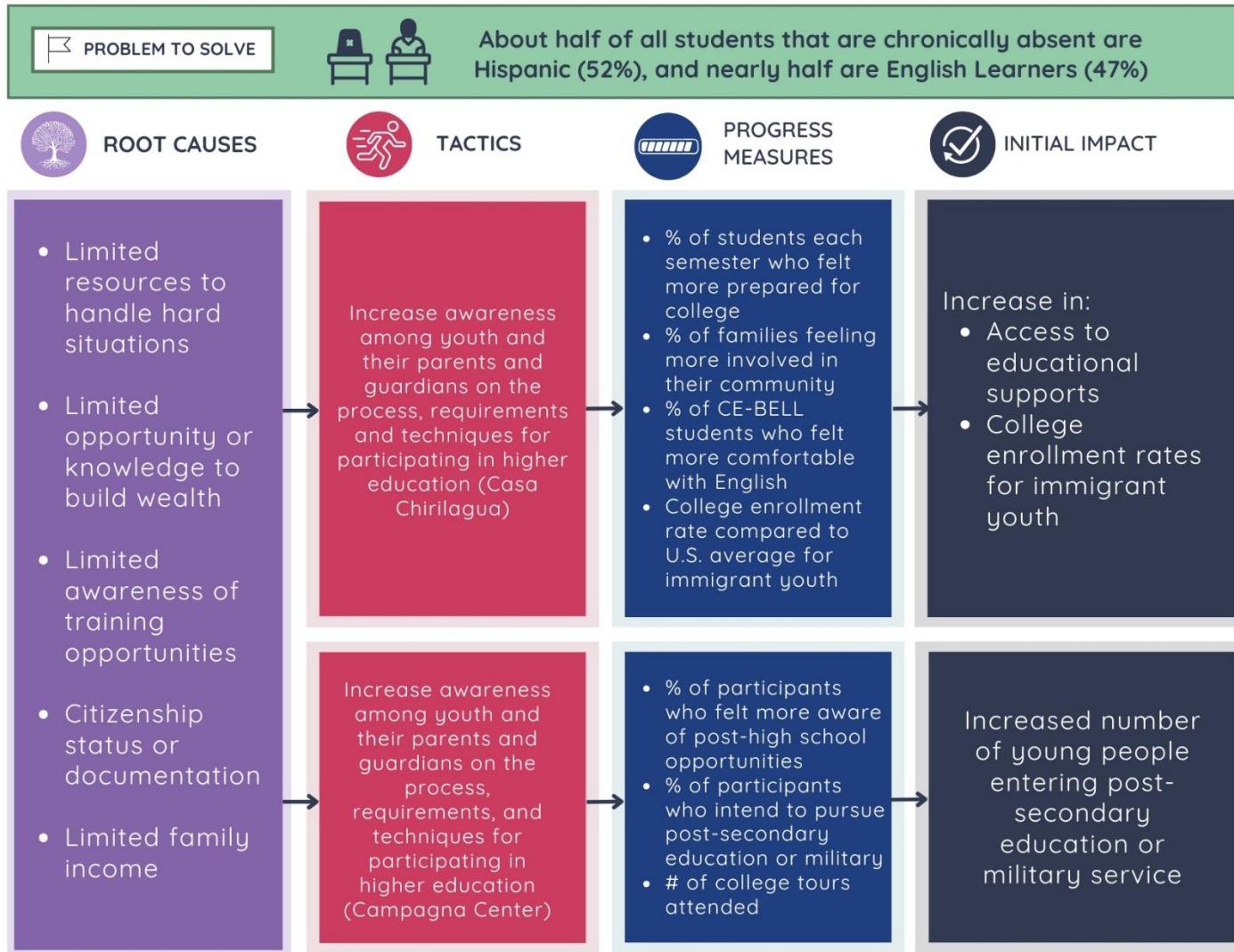
Activity Summary:

- Funding will be used to support the organization's Health Forum in February 2025, during Black History Month
- The Health Forum will focus on mental health in the Alexandria Black community.

Connecting the Dots

The data maps below are designed to illustrate how tactics within the CHIP address the root causes of issues impacting residents in Alexandria. Look below to see how some of the currently funded tactic owners will make a difference in our community.

POVERTY



MENTAL HEALTH

PROBLEM TO SOLVE



More than one third of female youth (36%) and one in five male youth report feeling frequently depressed or has attempted suicide



ROOT CAUSES



TACTICS



PROGRESS MEASURES



INITIAL IMPACT

- Limited stress management skills
- Unaware of resources already available
- Limited resources to handle hard situations
- Long-term, constant stress
- Mental health-related stigma
- Lack of equitable access to care

Streamline the youth mental health services referral process (Spitfire Club)

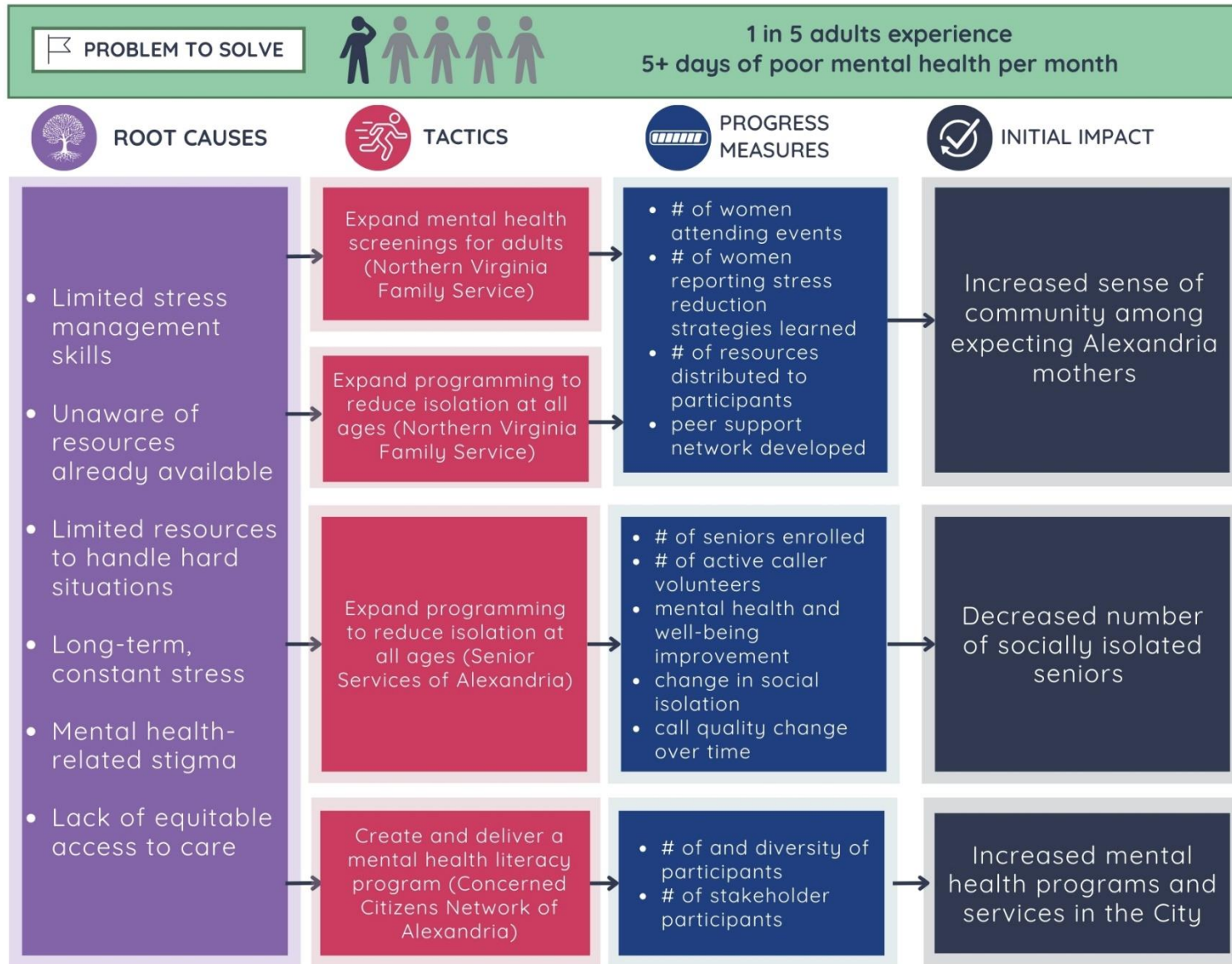
Strengthen school and community-based education, outreach, and access around family mental health (Spitfire Club)

- # of participants with improved mental health, including growth in “support” and “positive identity”
- # of service referrals
- Utilization of services
- # volunteer mentors engaged
- # of mentorship hours and relationships grown
- Caregiver perceived participant growth

Increased number of youth with access to essential mental health resources

Improved mental health and social competence

MENTAL HEALTH



MENTAL HEALTH

PROBLEM TO SOLVE



About 1 in 5 kindergarten students do not meet benchmarks in self-regulation and social skills; and 1 in 5 Alexandria children experience 2+ Adverse Childhood Experiences (ACEs), directly impacting their development and ability to cope.



ROOT CAUSES



TACTICS



PROGRESS MEASURES



INITIAL IMPACT

- Limited stress management skills
- Resource limitations
- Language barriers
- Limited health literacy
- Unaware of resources already available
- Long-term, constant stress
- Mental health-related stigma

Integrate Social, Emotional, and Academic Learning (SEAL) activities across many different types of programs and classrooms (Child and Family Network Centers)

Invest in professional development to educators and support staff (Child and Family Network Centers)

Strengthen school and community-based education, outreach, and access around family mental health (Child and Family Network Centers)

- % of children receiving social-emotional developmental screenings and referrals
- % of children improving self-regulation and social skills
- % of families attending parent workshops
- # of teachers completing Housman Institute training

Increased number of youth with ability to self-control their emotions and social skills

BARRIERS

The main obstacles that tactic owners reported during this monitoring and evaluation period were:

- **Funding limitations:** Some major funding sources, such as American Rescue Plan Act of 2021 (ARPA), are no longer available to some organizations. Those entities must pause their work to find new sources of funding for increased sustainability. Additional tactic owners mentioned the need for more funding to be able to expand their work to better meet community demand and needs.
- **Staff capacity:** Many tactic owners shared the need for additional, and multilingual, staff. Some work is paused or significantly slowed due to not enough staff to keep up with demand. Some tactic owners have been able to find temporary workers, but others are delaying hiring for several months.
- **Sustained, representative participation:** Tactic owners have expressed challenges with lower participation from various communities, particularly marginalized and disenfranchised residents. This may be a marketing issue or reflective of other barriers that participants experience. New partnerships with other community-based organizations may address this challenge. Other tactic owners have seen no-shows for appointments and meetings, likely impacting their ability to schedule and use staff time efficiently.
- **Changing legislative priorities:** Some owners shared that they had difficulty advancing their tactics because they are not aligned with the current focus of state and local level policies. Additional advocacy may be needed to ensure policymakers understand the importance and potential impact of these tactics. Many tactic owners are also concerned about the change in priorities at the federal level and how these changes may impact their federal grant funding.

MONITORING & EVALUATION

The Partnership for a Healthier Alexandria and the Alexandria Health Department are responsible for monitoring the Community Health Improvement Plan through 2025. This concerted effort provides technical support to each tactic owner and collects regular progress updates.

Monitoring and Evaluation Team Objectives



Unity

Encourage and support collaborative efforts amongst collaborators on each tactic.



Accountability

Encourage each tactic owner to establish clearly defined roles (reporting, data collection, etc.).



Transparency

Encourage consistent data review, information sharing, and continual



Technical Assistance

Provide support to tactic owners that may be facing barriers to implementation.



Awareness

Convey results to community members in a clear and concise manner.

Changing Lives Together

The CHIP is a result of meaningful and sustained partnerships within the community. These collaborations provide opportunities for collective action and establishing direct pathways to resources that are essential to the long-term health of every resident. The monitoring and evaluation team is thankful to all the members of the Alexandria community that have contributed to the development and implementation of this plan.

Current Partnership for a Healthier Alexandria Steering Committee Members:

- Allen Lomax, Chair, Community Member
- Jim Scott, Vice Chair, President, Applied Policy
- Mary Lee Anderson, Executive Director, Senior Services of Alexandria
- Joanne Broderick, Alexandria Commission on Aging Representative
- Marion Brunken, Executive Director, Volunteer Alexandria
- Debra Collins, Community Member and Retired Alexandria Deputy City Manager
- Jim Durham, Alexandria Bicycle and Pedestrian Advisory Committee Representative
- Jim Epstein, Board of Trustees, Frank and Betty Wright Foundation
- Jeanine Finch, External Affairs Manager-NOVA, Public Policy & Government Affairs, CareFirst Blue Cross Blue Shield
- Laurie Flynn, Community Member, Former Executive Director, NAMI
- Ann Harbour, Director, Government Affairs for the Commonwealth of Virginia, Johns Hopkins University & Medicine
- Karen Seaver Hill, Community Member and Health Expert
- Dr. Basim Khan, Executive Director, Neighborhood Health
- Jane Knops, Director, Community Partnerships and Communications, Neighborhood Health
- Rachel Lynch, Program Director, Northern Virginia Health Foundation
- JeanAnn Mayhan, Principal, Mayhan Associates – Researchers for HealthCare, Alexandria Medical Reserve Corps
- Helen Morris, Chair, Alexandria Campaign on Adolescent Pregnancy
- Col. Jim Paige (Retired), Executive Director, Concerned Citizens Network of Alexandria
- Melissa Poretz Riddy, Director, Eastern Region, Government and Community Relations, Inova Alexandria Hospital
- John Porter, Educator, Former President and CEO of ACT for Alexandria
- Tricia Rodgers, Community Member, Public Health Expert
- Stacey Swartz, Co-Owner and Pharmacist in Charge, The Neighborhood Pharmacy of Del Ray
- Aisha Salzar, Associate Extension Agent, Virginia Cooperative Extension, Virginia Tech
- Nigel Walker, Director, Community Health Programs, Inova Community Health and Health Equity

Ex-Officio Members:

- Emma Beall, Coordinator, Substance Abuse Prevention Coalition of Alexandria
- Kara Blankner, Philanthropic Advisor, Frank and Betty Wright Foundation

- Chelsea Eickert, Coordinator, Alexandria Children and Youth Community Plan, Alexandria Department of Community and Human Services
- Kate Garvey, Director, Alexandria Department of Community and Human Services
- Maggie Ryan, Coordinator, Alexandria Campaign on Adolescent Pregnancy
- Natalie Talis, Population Health Manager, Alexandria Health Department
- Sean Curry, Public Health Planner, Alexandria Health Department
- Lina Zimmerman, Population Health Epidemiologist, Alexandria Health Department

Tactic Owners

ACT for Alexandria	Alexandria Bicycle and Pedestrian Advisory Committee	Alexandria Chamber of Commerce
Alexandria Children, Youth and Families Collaborative Commission	Alexandria City Public Schools	Alexandria City Public Schools Career and Technical Education Advisory Committee
Alexandria Climate Action Office	Alexandria Commission on Information Technology	Alexandria Commission on Women
Alexandria Community Services Board	Alexandria Department of Community and Human Services	Alexandria Department of Parks, Recreation, and Cultural Activities
Alexandria Department of Transportation and Environmental Services	Alexandria Economic Development Partnership	Alexandria Economic Opportunities Commission
Alexandria Employment Commission	Alexandria Eviction Prevention Partnership	Alexandria Eviction Prevention Task Force
Alexandria Families for Safe Streets	Alexandria Health Department	Alexandria Housing Affordability Advisory Committee
Alexandria Housing Development Corporation	Alexandria Juvenile and Domestic Relations Court Services Unit	Alexandria Libraries
Alexandria Opioid Work Group	Alexandria Police Department	Alexandria Public Health Advisory Commission
Alexandria Redevelopment Housing Authority	Alexandria Small Business Development Center	Alexandria Social Services Advisory Board
Alexandria Transportation Commission	Alexandria Workforce Development Center	Alexandria Youth Employment and CTE Working Group
ALX Beyond	Animal Welfare League of Alexandria	Computer CORE
Del Ray Business Association	Dream Project	Educational Opportunities for Alexandrians
Ethiopian Community Development Council, INC	Friends of Guest House	Friends of Alexandria Mental Health Center

Tactic Owners (Cont.)

George Mason University Center for Community Mental Health	Grassroots Alexandria	Hunger Free Alexandria
Inova Health System	Kids First Years	NAMI Northern Virginia
Neighborhood Health	Northern Virginia Affordable Housing Alliance	Northern Virginia Community College
Office of Housing	Office of Planning and Zoning	Old Town Business Association
Partnership for a Healthier Alexandria	Partnership to Prevent and End Homelessness	Project Discovery
Project ID	RAISE	Move2Learn
Senior Services of Alexandria	Social Responsibility Group	Suicide Prevention Alliance of Northern Virginia
Tenants and Workers United	Urban Alliance	Virginia Cooperative Extension
Virginia Interfaith Center for Public Policy	Virginia Theological Seminary	West End Business Association
Virginia Cooperative Extension	Virginia Interfaith Center for Public Policy	Virginia Theological Seminary

For more information, including an appendix with tactic updates from the most recent monitoring period (3/2024 - 12/2024), visit alexandriava.gov/health.

