



Chinquapin Rixse Memorial Pool

APRIL SCHEDULE

MONDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM						POTOMAC MARLINS 6AM-630AM					6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM								AQUA AEROBICS 9AM-10AM			9:00 AM
9:30 AM											9:30 AM
10:00 AM	WE Aquatics 10AM-1PM										10:00 AM
10:30 AM										Deep Water Aqua Aero 10:10-11:10	10:30 AM
11:00 AM											11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM			WE Aquatics 2:00PM-7:00PM								2:00 PM
2:30 PM											2:30 PM
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM										3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM						POTOMAC MARLINS 4:30PM- 6:30PM	POTOMAC MARLINS 4:30PM- 7:30PM				5:00 PM
5:30 PM											5:30 PM
6:00 PM											6:00 PM
6:30 PM										GET IN DEEP 630-715PM	6:30 PM
7:00 PM											7:00 PM
7:30 PM		Aqua Zumba 7:15-8:05									7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM	POOL CLOSING AT 8:45PM										9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

APRIL SCHEDULE

TUESDAY

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL
6:00 AM							CQ MASTERS SWIM PRACTICE			6:00 AM
6:30 AM										6:30 AM
7:00 AM										7:00 AM
7:30 AM										7:30 AM
8:00 AM							AQUA EXERCISE FOR SENIORS 815AM-900AM			8:00 AM
8:30 AM										8:30 AM
9:00 AM										9:00 AM
9:30 AM							AQUA EXERCISE FOR SENIORS 930AM-1015AM			9:30 AM
10:00 AM										10:00 AM
10:30 AM										10:30 AM
11:00 AM	WE Aquatics 10AM-1PM	WATER WALKING 1055AM-1155AM								11:00 AM
11:30 AM										11:30 AM
12:00 PM										12:00 PM
12:30 PM										12:30 PM
1:00 PM										1:00 PM
1:30 PM										1:30 PM
2:00 PM			WE Aquatics 2:00PM-6:30PM							2:00 PM
2:30 PM										2:30 PM
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM									3:00 PM
3:30 PM										3:30 PM
4:00 PM										4:00 PM
4:30 PM										4:30 PM
5:00 PM						POTOMAC MARLINS 430-6:00P	POTOMAC MARLINS 430PM-8PM			5:00 PM
5:30 PM										5:30 PM
6:00 PM										6:00 PM
6:30 PM										6:30 PM
7:00 PM		HI/LO WATER AEROBICS 630PM-730PM		ALEX LTS 630P-8:15P						7:00 PM
7:30 PM										7:30 PM
8:00 PM										8:00 PM
8:30 PM										8:30 PM
9:00 PM	POOL CLOSING AT 8:45PM									9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL



Chinquapin Rixse Memorial Pool

APRIL SCHEDULE

WEDNESDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM						POTOMAC MARLINS 6AM-630AM					6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM								AQUA AEROBICS 9AM-10AM			9:00 AM
9:30 AM											9:30 AM
10:00 AM	WE Aquatics 10AM-1PM										10:00 AM
10:30 AM										Deep Water Aqua Aero 10:10-11:10	10:30 AM
11:00 AM											11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM		Aqua Soothe for Arthritis 12:30-12:45pm									12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM			WE Aquatics 2:00PM-7:00PM								2:00 PM
2:30 PM											2:30 PM
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM										3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM						POTOMAC MARLINS 430-6:00P	POTOMAC MARLINS 430PM-700PM				5:00 PM
5:30 PM											5:30 PM
6:00 PM						WEA- ST 5:30-6:30p					6:00 PM
6:30 PM											6:30 PM
7:00 PM										DEEP WATER 630PM- 730PM 740PM- 840PM	7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM	POOL CLOSING AT 8:45PM										9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

APRIL SCHEDULE

THURSDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL		
6:00 AM							CQ MASTERS SWIM PRACTICE				6:00 AM	
6:30 AM							CQ MASTERS SWIM PRACTICE				6:30 AM	
7:00 AM											7:00 AM	
7:30 AM											7:30 AM	
8:00 AM							AQUATIC EXERCISE FOR SENIORS				8:00 AM	
8:30 AM							8:15AM-9AM				8:30 AM	
9:00 AM											9:00 AM	
9:30 AM							AQUATIC EXERCISE FOR SENIORS				9:30 AM	
10:00 AM							8:15AM-9AM				10:00 AM	
10:30 AM											10:30 AM	
11:00 AM	WE Aquatics 10AM-1PM	WATER WALKING									11:00 AM	
11:30 AM		1055AM-1155AM									11:30 AM	
12:00 PM											12:00 PM	
12:30 PM											12:30 PM	
1:00 PM											1:00 PM	
1:30 PM											1:30 PM	
2:00 PM			WE Aquatics 2:00PM-6:30PM								2:00 PM	
2:30 PM											2:30 PM	
3:00 PM	ALEX SWIM SWIM LESSONS 3:00-8:15P											3:00 PM
3:30 PM												3:30 PM
4:00 PM												4:00 PM
4:30 PM									POTOMAC MARLINS 430-6:00P	POTOMAC MARLINS 430PM-8PM		
5:00 PM							5:00 PM					
5:30 PM								5:30 PM				
6:00 PM								6:00 PM				
6:30 PM		HI/LO WATER AEROBICS						6:30 PM				
7:00 PM		630PM-730PM		ALEX LTS				7:00 PM				
7:30 PM				630P-8:15P						7:30 PM		
8:00 PM										8:00 PM		
8:30 PM										8:30 PM		
9:00 PM	POOL CLOSING AT 8:45PM										9:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



Chinquapin Rixse Memorial Pool

APRIL SCHEDULE

FRIDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM						POTOMAC MARLINS 6AM-630AM					6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM											9:00 AM
9:30 AM											9:30 AM
10:00 AM	WE Aquatics 10AM-1PM										10:00 AM
10:30 AM											10:30 AM
11:00 AM											11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM	FAMILY SWIM 2:00- 5:45PM		We Aquatics 2:00PM-5:30PM								2:00 PM
2:30 PM											2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM	POOL CLOSES at 5:45p.m										6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

APRIL SCHEDULE

SATURDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM	ALEX SWIM SWIM LESSONS 9:00AM-1:00PM	Hi/Lo 9:05-9:55									9:00 AM
9:30 AM											9:30 AM
10:00 AM											10:00 AM
10:30 AM											10:30 AM
11:00 AM											11:00 AM
11:30 AM				WE Aquatics 11:00am-2:30pm							11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM	FAMILY SWIM & BIRTHDAY PARTIES 1:30-5:30PM										1:00 PM
1:30 PM						WE Aquatics Swim Team 1:30pm-2:30pm					1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM	POOL CLOSING AT 5:45PM										6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

APRIL SCHEDULE

SUNDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm **Lane**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL		
8:00 AM											8:00 AM	
8:30 AM											8:30 AM	
9:00 AM	ALEX SWIM SWIM LESSONS 9:00AM-1:30PM							AQUA ZUMBA 9:00-10:00			9:00 AM	
9:30 AM										9:30 AM		
10:00 AM					WAHOOS							10:00 AM
10:30 AM					WAHOOS							10:30 AM
11:00 AM	ALEX SWIM SWIM LESSONS 9:00AM-1:30PM				WE Aquatics 11:00am-2:30pm						11:00 AM	
11:30 AM										11:30 AM		
12:00 PM						WE Aquatics Swim Team 12:30-2:30pm					12:00 PM	
12:30 PM											12:30 PM	
1:00 PM	FAMILY SWIM BIRTHDAY PARTIES 1:30-5:30PM				WE Aquatics 11:00am-2:30pm	WE Aquatics Swim Team 12:30-2:30pm					1:00 PM	
1:30 PM											1:30 PM	
2:00 PM											2:00 PM	
2:30 PM											2:30 PM	
3:00 PM	FAMILY SWIM BIRTHDAY PARTIES 1:30-5:30PM										3:00 PM	
3:30 PM										3:30 PM		
4:00 PM										4:00 PM		
4:30 PM										4:30 PM		
5:00 PM	FAMILY SWIM BIRTHDAY PARTIES 1:30-5:30PM										5:00 PM	
5:30 PM										5:30 PM		
6:00 PM	POOL CLOSING AT 5:45PM										6:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		