

Eligibility

Eligible applicants will:

- Be 18 years or older.
- Be residents of the City of Alexandria.
- Demonstrate a willingness and ability to benefit from services offered.
- Have a serious mental illness documented on the Serious Mental Illness Determination Assessment in the electronic clinical record.
- Have a need for and ability to benefit from supported living services.

For More Information

If you are interested in starting services or would like to know more about the program, you may talk with your CSB case manager.

To schedule a clinical intake, or to inquire about other programs for people living with mental illness, please call 703.746.3400

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**Department of Community
and Human Services**

**4480 King Street
Alexandria, Virginia 22301**

703.746.3400

Supported Living Program



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Community and
Human Services**

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www.alexandriava.gov/DCHS

Mission

Are you interested in increasing your community based supports to make progress in your recovery? The Supported Living Program might be for you!

We offer in-home and community-based individual services tailored to your personal needs and preferences.

Our mission is to help people living with mental illness develop the skills they need to live an independent, happy and stable life.

The Supported Living Program philosophy is that all people deserve the opportunity to achieve the greatest personal and financial independence and the best quality of life possible.



Services

Services offered through the Supported Living Program include:

- In-home organizing
- Budgeting, grocery shopping and menu-planning
- Accessing community resources that support wellness and recovery
- Increasing social/recreational opportunities
- Researching affordable housing placements
- Helping people move to safe, stable housing
- Tracking medical appointments and prescription refills
- Resolving issues related to sharing a living space

Services are provided with the assistance of a Service Associate, supervised by a clinical social worker.

Services are offered by appointment, Monday through Friday, from 8:30 p.m. to 5 p.m.

What Clients Say

Program clients have said:

“My counselor is someone in my corner, someone I can count on to help me get things done. It’s like having a lifeline to the world.”



“The counselor really helped me when my lease didn’t get renewed. With her help I was able to find a better apartment that feels much more like home.”

"My Supported Living counselor helps motivate me to get my correspondence organized and stay within my budget. I get so much junk mail, things pile up and I don't know where to start. It's great to have someone to help me focus and take things one step at a time."