



DEPARTMENT OF
**COMMUNITY &
HUMAN SERVICES**



Virginia Insurance Counseling & Assistance Program (VICAP) Helping You Navigate Medicare

State-certified VICAP Counselors will conduct free Medicare presentations for older adults 64+, individuals potentially eligible for Medicare due to disabilities, and caregivers at these locations.

For Medicare questions, call VICAP at 703.746.5712.

**Del Pepper
Community Resource Center**

**Wednesday, Oct. 22
12:30 - 2:30 p.m.**

4850 Mark Center Dr., Room 9151

**Charles Houston
Recreational Center**

**Wednesday, Nov. 5
9:30 - 11:30 a.m.**

901 Wythe St.

Sign up today! Space is limited. Call 703.746.5712 or email VICAP@alexandriava.gov
For reasonable disability accommodation, contact christina.damhuis@alexandriava.gov

9/29/2025