

**Alexandria Commission on Aging (COA)
Executive Committee Virtual Meeting,**

Monday, September 29, 2025 – 1:30 p.m.

This meeting is being held virtually. Public comment will be received at the meeting. Public comments can also be sent to daas@alexandriava.gov in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

**Topic: Executive Committee Virtual Meeting
Time: This is a recurring meeting Meet anytime
Join Zoom Meeting
<https://zoom.us/j/94709836534>**

**Meeting ID: 947 0983 6534
Passcode: 686958**

MISSION

To identify the needs of older adults,
develop overall planning to meet those needs,
evaluate service delivery plans as implemented,
and advocate on behalf of older persons

DRAFT AGENDA

- 1. Welcome**
- 2. Call to Order**
- 3. Approval of Agenda with additions**
- 4. Approval of August 26, 2025 EC meeting minutes**
- 5. COA Executive Committee (ExCo) Business Meeting**

A. Presentation

| | |
|------|--|
| (1). | |
| (2). | |

B. ExCo Information only

| | |
|------|---|
| (1). | Chair Report |
| | |
| (a) | Update on Age-Friendly Plan |
| (b) | NVAN Legislative Breakfast – October 3, 2025 (County Club of Fairfax) |
| (c) | 2024-2025 COA Annual Report |
| (d) | |
| (e) | |
| (f) | |
| (2). | DAAS Staff Report - |
| (a) | |
| (b) | |

C. ExCo Discussion Items

| | |
|------|-----------------------------|
| (1). | 2024-2025 COA Annual Report |
| (2). | Age Friendly Plan |

| | |
|-----|--|
| (3) | |
| (4) | |
| (5) | |

D. ExCo Decision Items

| | |
|------|-----------------------------------|
| (1). | Age Friendly Goals and Objectives |
| (2). | |

5. Planning for Thursday, October 9, 2025, 4:00 p.m. COA Monthly Meeting - Virtual

A. Presentation:

| | |
|------|---|
| (1). | Harumi N ReisReilly – Alexandria City Food Security Coordinator |
| (2). | |

B. COA Information Items

| | |
|------|-------------------|
| (1). | Chair Report |
| | (a) |
| | (b) |
| | (c) |
| (2). | DAAS Staff Report |
| | (a) |
| | (b) |

C. COA Discussion Items

| | |
|------|--|
| (1). | October 15 th AHAAC Meeting |
| (2). | Age Friendly Update |
| (3). | |
| (4). | |
| (5). | |
| (6). | |

D. COA Decision Only Items

| | |
|------|-----------------------------------|
| (1). | Age Friendly Goals and Objectives |
| (2). | |
| (3). | |
| (4). | |
| (5). | |

6. Planning for future COA meetings

A. Future Speakers

| | |
|------|-----|
| (1). | TBD |
| (2). | |

B. Additional items - Please submit other proposed speakers to mschuster432@gmail.com

7. Other Business

8. Announcements

A. Next (1) COA Executive Committee (ExCo) Meetings

| | |
|------|--|
| (1). | Date: Monday November 3, 2025 Time: 1:30 p.m. PM How: In-Person – Mark Center |
| (2). | |

B. Next (1) COA Monthly Meeting

| | |
|------|--|
| (1). | Date: Thursday, November 13, 2025 Time: 4:30 – 6:00 PM – IN-Person at Mark Center Speaker: TBD Topic: |
| (2). | |

C. Other non-Alexandria COA events

| | |
|-----|--|
| | NVAN Legislative Group |
| (1) | Date: TBD Time: 9:30 to 10:30 a.m. Hosts: |
| (2) | |
| (3) | NVAN Bi-Monthly Meeting Date: November 18, 2025 Time: 9:30 a.m. Host: Loudoun County Commission on Aging |
| | |

9. Public Comment

10. Adjourn

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999 or Virginia Relay 711. Please provide at least 7 calendar days advance notice