## SC@CH DECEMBER 2025 SHOPPING AND ACTIVITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00am- Arrival 10:00 am- Bingocize Class 11:00am – Board Games and Cards 12 pm -Lunch 1:30 pm Departure	9:00am -Arrival 10:00am - Chair Yoga 11:00am- White Board Games 12 pm-Lunch 12:30 pm- Music Therapy 1:30 pm- Departure	3 9:00am- Arrival 10:00 am- Bingocize Class 11:00am – Board Games and Cards 12 pm -Lunch 1:30 pm Departure	9:00am- Arrival 9:30am ; National Gallery of Art Washington DC 12:00pm- Lunch 1:30 -Departure	5 9:00 am Arrival 10:00 am Hopkins House Children Will bring Xmas gift for seniors 11:30am – White Board Games 12:pm – Lunch 1:30pm - Departure
8 9:00am- Arrival 10:00am- Bingocize class 11:00am- Chat and Chew 12:pm- Lunch 12:30pm- music therapy 1:30pm-Departure	9 9:00am -Arrival 10:00am - Chair Yoga 11:00am- White Board Games 12 pm-Lunch 12:30 pm- Music Therapy 1:30 pm- Departure	9:00am- Arrival 10:00 am- Bingocize Class 11:00am – Concentration game 12 pm -Lunch 1:30 pm Departure 5:30 Christmas lights, Watkins Park, MD	9:00 am Arrival 9:30 am-Amish Market Upper Marlboro, MD 12:00- lunch 1:30pm- Departure	12 9:00 am- Arrival 10:00am -HOLIDAY CELEBRATION AT THE LEE CENTER  12:pm - Lunch 1:30pm Departure
9:00am- Arrival 10:00am- Bingocize class 11:00am- Chat and Chew 12:pm- Lunch	16 9:00am -Arrival 10:00am - Chair Yoga 11:00am- White Board Games 12 pm-Lunch 12:30 pm- Music Therapy 1:30 pm- Departure	17 9:00am- Arrival 10:00 am-  let's have a party!	9:00am Arrival 9:30am- Botanical Garden Washington D.C. 12:00pm- Lunch 1:30pm Departure	9:00 am- Arrival 10:00am – Cards and Table Games 10:00am – Walking at the Pentagon Mall (transportation Permitted) 11:30am – White Board Games 12:pm – Lunch 1:30pm Departure

## SC@CH DECEMBER 2025 SHOPPING AND ACTIVITY

9:00am- Arrival
10:00am- Bingocize class
11:00am- Brain teaser/ Trivia
12:pm- Lunch
12:30pm- music therapy
1:30pm-Departure

9:00am -Arrival 10:00am - Chair Yoga 11:00am- Ugly Sweater Day 12 pm-Lunch



1:30 pm- Departure

30

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9:00am- Arrival 10:00am- Bingocize Class

11:00am -BINGO 12:pm – Lunch 1:30pm- Departure 25 Center closed



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CENTER CLOSED

9:00am- Arrival 10:00am- Bingocize class 11:00am- Brain teaser/ Trivia 12:pm- Lunch 12:30pm- music therapy

1:30pm-Departure

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9:00am - Arrival 10:00am - Chair Yoga 11:00am Wii Bowling 12:pm lunch 1:30pm Departure 9:00a

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9:00am- Arrival 10:00 am- New Years Eve at Masonic Memorial







## SC@CH DECEMBER 2025 SHOPPING AND ACTIVITY