

## Biking in Alexandria?

### Let's GO!

Looking to save money on travel? Get exercise? Help the environment? See Alexandria in a whole new light? We've got you covered. With a world class bike network of **23 miles of off-street trails and 21 miles of on-street bike lanes** it's easy to get started. Biking is a great alternative to driving and helps to decrease traffic.

This guide helps you bike, scoot, and walk around Alexandria. Rent Capital Bikeshare bikes, e-bikes, or scooters citywide—and always park in designated corrals, not on sidewalks or ramps. Read on to find out how to sign up for Capital Bikeshare, learn the rules of the road, or just get wherever you are going.

Have fun biking!

## How to Ride

Whether you are taking your bike or scooter on the road, trail, bus, or train, keep everyone safe by following rules.

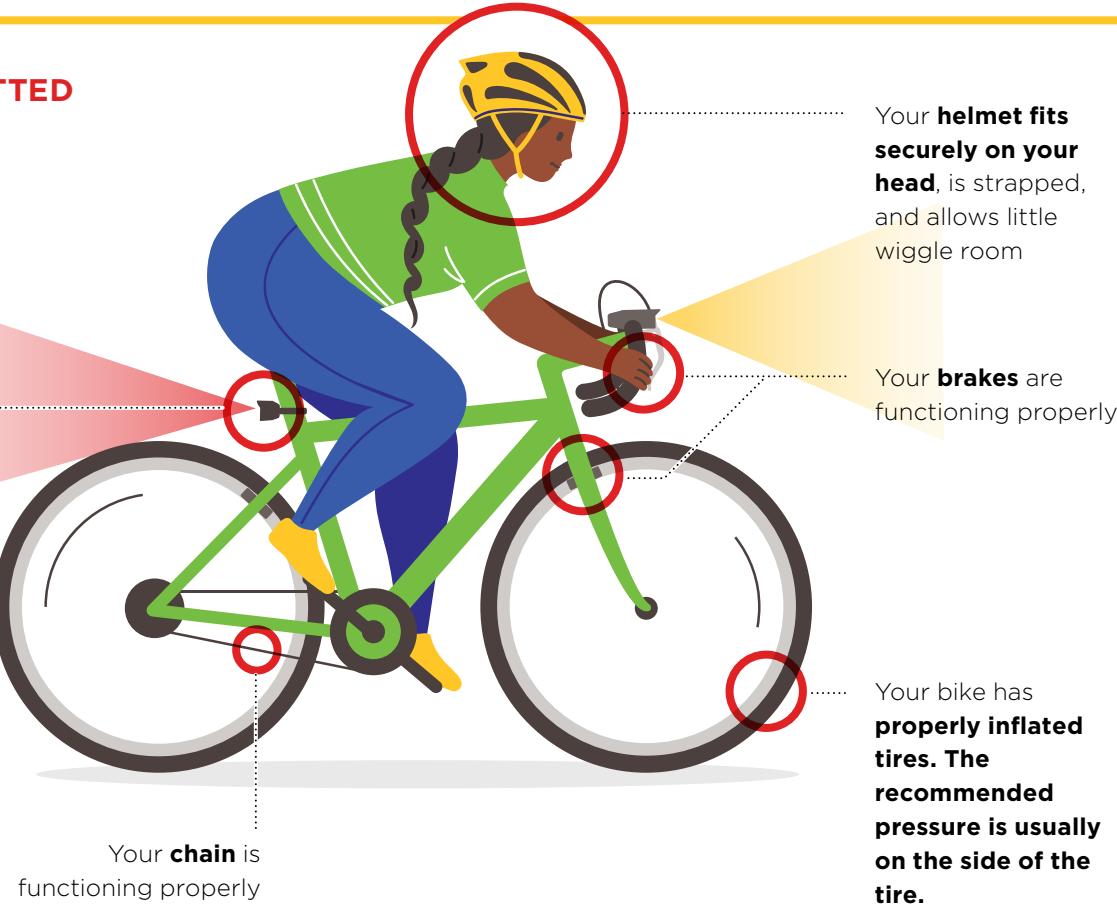
### WHEN RIDING ON TRAILS



- Ride on the right**
- Alert** walkers, runners and other bicyclists when passing
- Slow down** and pass on the left
- Know the rules** of the trail
- Be cautious** and yield to crossing traffic
- If riding on a trail when it's dark, **use lights**
- When riding in groups **use the right side and stay single file** when others are using the left side of the trail
- Keep the trail **clean**

### IS YOUR BIKE FITTED PROPERLY?

Make sure the following apply to you:



Your helmet fits securely on your head, is strapped, and allows little wiggle room

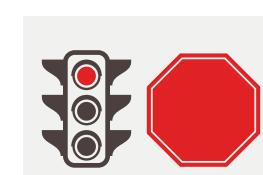
Your brakes are functioning properly

Your bike has properly inflated tires. The recommended pressure is usually on the side of the tire.

### WHEN RIDING ON THE ROAD



**Take the lane** – Bicyclists are more visible and less likely to be passed too closely when they ride in the center of the travel lane.



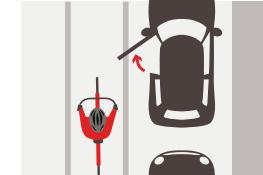
**Follow all signs, signals, lights, and path markings** – Traffic laws apply to all road users



**Stop at stop signs, look both ways, and yield to pedestrians** – They always have right of way



**Ride defensively** – Remember that drivers aren't always watching for bikes, so prepare to stop if needed



**Watch out for car doors** – You can move to the center of your lane around parked vehicles



**Stay on street** – While streets are generally safer, you are allowed to bike on all sidewalks in Alexandria, except south of City Hall on King St and Union St

**Scooters and E-bikes** are not permitted on sidewalks

### BRINGING YOUR BIKE ON PUBLIC TRANSPORTATION

#### • METRORAIL

Bring your bike on Metrorail for free. You can also park your bike at over 2,400 bike racks and lockers available at any Metrorail station. Learn more at [wmata.com](#)



#### • DASH AND METROBUS

All DASH and Metrbuses have folding bike racks that are free to use.

#### • VIRGINIA RAILWAY EXPRESS (VRE)

Full-size and collapsible bikes are welcomed on all VRE trains. See [vre.org](#) for more info.

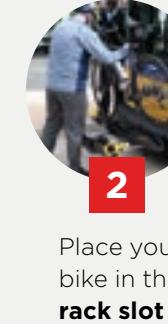
#### • AMTRAK

Bikes are welcome on some trains. Check [amtrak.com](#) for details and pricing.

#### • POTOMAC WATER TAXI

The Water Taxi, a private company, has space for up to six bikes on their water taxis.

### USING BIKE RACKS ON BUSES



## Capital Bikeshare

### Renting a bike from Capital Bikeshare is easy and affordable!

With over 800 stations and thousands of pedal bikes and e-bikes, you can find your ride in many places in Alexandria, as well as Arlington, Washington DC, Fairfax County, Fairfax City, Falls Church, Montgomery County, and Prince George's County. It's an easy and affordable way to get around!

To see bikes in real time or get a membership, scan the QR code or visit [capitalbikeshare.com](#)



### UNLOCK AND RIDE

Use your member key fob or the Capital Bikeshare app to unlock. For a system map, pricing, and more info, check out [capitalbikeshare.com](#).

#### SINGLE TRIP

#### \$1/unlock

\$0.15/min for a classic bike ride  
\$0.35/min for an ebike

#### 24-HOUR PASS

#### \$10/day

Free to unlock  
Unlimited free 45-minute rides on a classic bike, then \$0.05/minute  
\$0.15/minute on an e-bike

#### ANNUAL MEMBERSHIP

#### \$10\*/month

Free to unlock  
Unlimited free 45-minute rides on a classic bike, then \$0.05/minute  
\$0.15/minute on an e-bike

**capital bikeshare**



### CAPITAL BIKE SHARE FOR ALL

**Did you know you may qualify for a discounted membership?** Sign up for Capital Bikeshare for All if you either a) receive certain federal benefits (including SNAP, TANF, WIC and others), or b) are a member of a participating social services agency.

If you receive certain Federal benefits such as TANF, WIC, SNAP and others, you can qualify for a discounted Capital Bikeshare annual membership.

You can sign up for Capital Bikeshare for All at [capitalbikeshare.com/pricing/for-all](#)

Are you a non-profit interested in partnering with Capital Bikeshare? Let us help you at [GOAlex@alexandriava.gov](#).

## Biking on Alexandria Trails



### MOUNT VERNON TRAIL

(18.5 miles, paved)

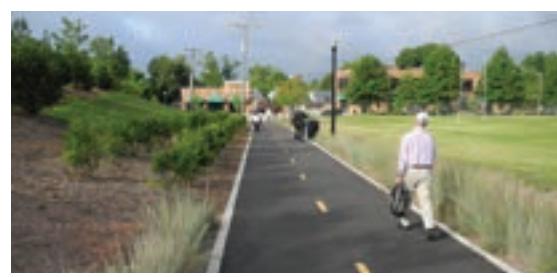
This paved trail is located along the Potomac River from Rosslyn to George Washington's estate at Mount Vernon, passing through Old Town Alexandria via Union Street. The trail provides access to the Pentagon, Ronald Reagan Washington National Airport, and multiple bridges into DC, as well as Four Mile Run Trail. It is also the Virginia Bike Route 1.



### HOLMES RUN TRAIL

(5 miles, paved)

A scenic path paralleling Holmes Run in Alexandria's West End that runs between the Eisenhower Avenue Trail in Alexandria and Lake Barcroft in Fairfax County. Note that parts of this trail are temporarily closed due to flood damage and are being repaired. For more information, visit: [alexandriava.gov/capital-projects/project/holmes-run-trail-repairs](#)



### POTOMAC YARD TRAIL

(2 miles, paved)

The Potomac Yard Trail runs from the Braddock Road Metro Station North along Potomac Ave to connect with the Four Mile Run Trail. This trail features exercise equipment, basketball courts, tennis courts, and numerous playgrounds.



### FOUR MILE RUN PARK TRAIL

(0.9 miles, paved)

The Four Mile Run Park Trail connects to the Potomac Yard Trail, the Mount Vernon Trail, and Arlington's Four Mile Run Trail. The trail runs through Four Mile Run Park, which features athletic facilities, playgrounds, picnic areas, and more.



### CHESAPEAKE & OHIO CANAL (C&O) NATIONAL HISTORICAL PARK

(184 miles, crushed stone and clay)

Running along north bank of Potomac River from Georgetown to Cumberland, MD, the C&O Canal trail is managed by the National Park Service  
Photo: Anthony Le



### CAPITAL CRESCENT TRAIL

(13 miles, paved and crushed stone)

Running from Georgetown to Silver Spring, MD, mostly along a former rail bed, the CCT includes 7 miles of paved trail from Georgetown to Bethesda, MD.  
Photo: Anthony Le

## Bike Education

### WASHINGTON AREA BICYCLIST ASSOCIATION (WABA) BIKE CLASSES

The City sponsors a variety of bike classes throughout the year, provided by WABA. Participants can learn how to ride a bike and how to cycle safely on the region's streets to commute to work, school, or run errands. Check out [alexandriava.gov/bicycling](#) for more information on class dates and times.

### Traffic Gardens



Kids can explore the City's traffic gardens to learn about the rules of the road, practice their skills, and have fun doing it! Traffic gardens are miniature street networks where children can practice safely walking, biking, or "driving" along roadways and through intersections in a low-risk, low-stress environment that is completely separate from motor vehicles. Traffic gardens can be found at the following locations:

- Mount Jefferson Park (207 Hume Ave)
- Cora Kelly (Cora Kelly School, 3600 Commonwealth Ave)
- Ewald Park (4452 Duke St)
- Jones Point Park (100 Jones Point Drive)

To learn more, visit [alexandriava.gov/traffic-safety/traffic-gardens](#)

## 2026



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BIKE MAP + RESOURCES

**ALEXANDRIA**