

Roadmap for Developing the Next Children & Youth Community Plan

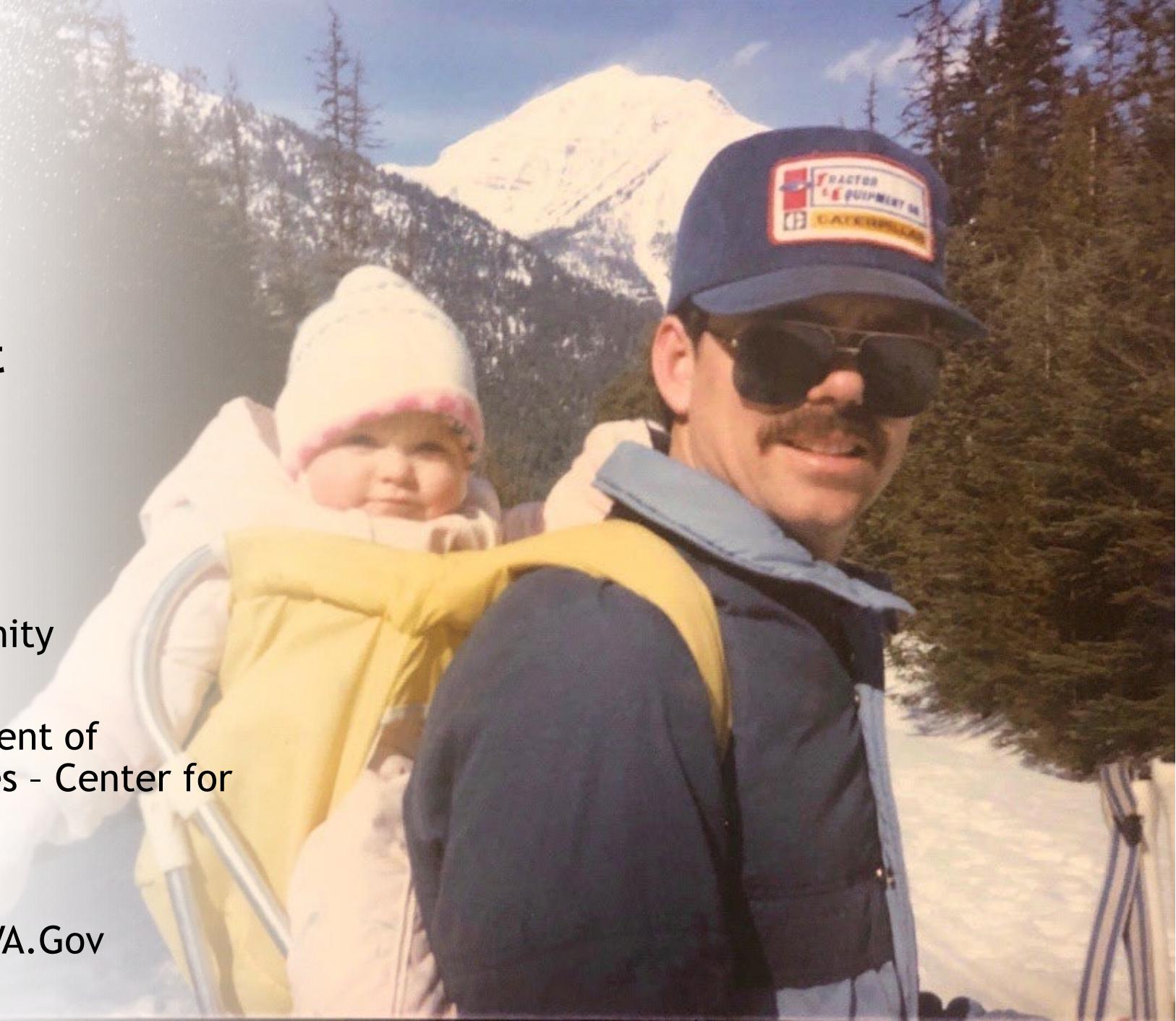
Children, Youth, & Families Collaborative Commission Meeting

September 11, 2024



Meet the Children & Youth Community Plan Coordinator

- Chelsea Eickert | MA Community Development & Planning
- City of Alexandria's Department of Community & Human Services - Center for Children & Families
- In this role since in 2017
- Chelsea.Eickert@AlexandriaVA.Gov

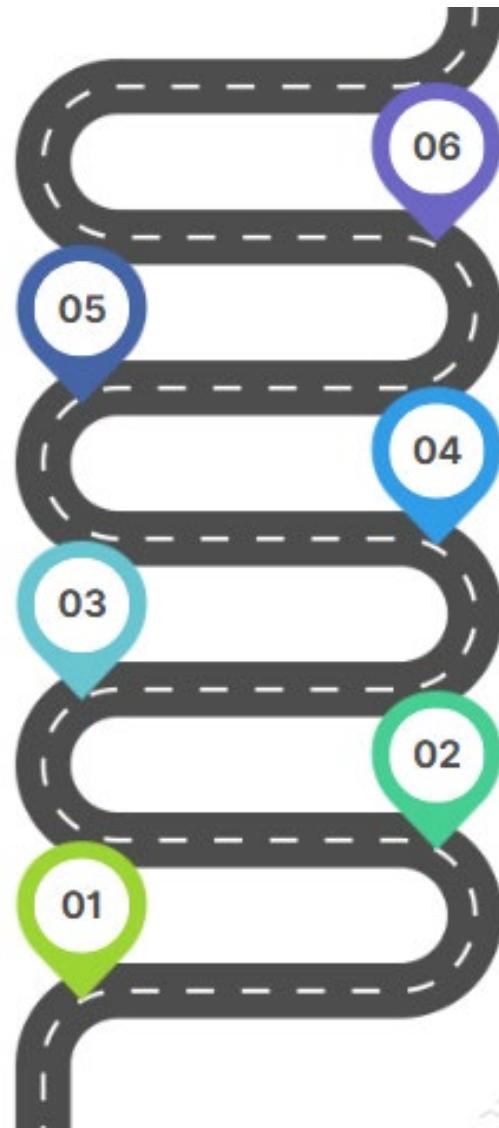


Overview

- **Where We've Been** - Previous Planning Efforts
- **Where We Are** - Current Children & Youth Community Plan
- **Where We're Headed** - Assessing Youths' Needs & Planning for the Future

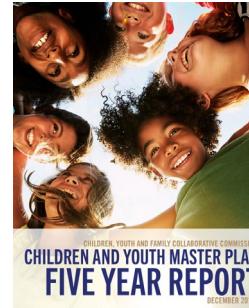


WHERE WE'VE BEEN



2011-2013

- Established the CYFCC.
- Released the CYFCC's Children and Youth Well-Being Data Profile 2013.
- Built the Children & Youth Master Plan (CYMP).



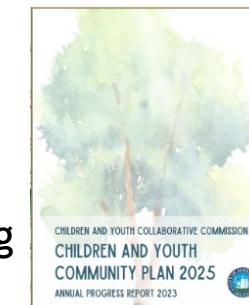
2014

- CYMP was approved!



2015-2018

- Monitored the implementation of the CYMP.
- Released the CYFCC's Children and Youth Well-Being Data Profile 2016.



2019-2020

- Established the Unified Planning Group.
- Released CYMP 5 Year Progress Report.
- Built the Children & Youth Community Plan (CYCP) 2025.

2021

- CYCP 2025 was approved!

2022-2024

- Monitored the implementation of the CYCP.
- Released monthly community "report cards" and 2 annual progress reports.

We Are Here

Monitoring & evaluating the implementation of the Children & Youth Community Plan 2025



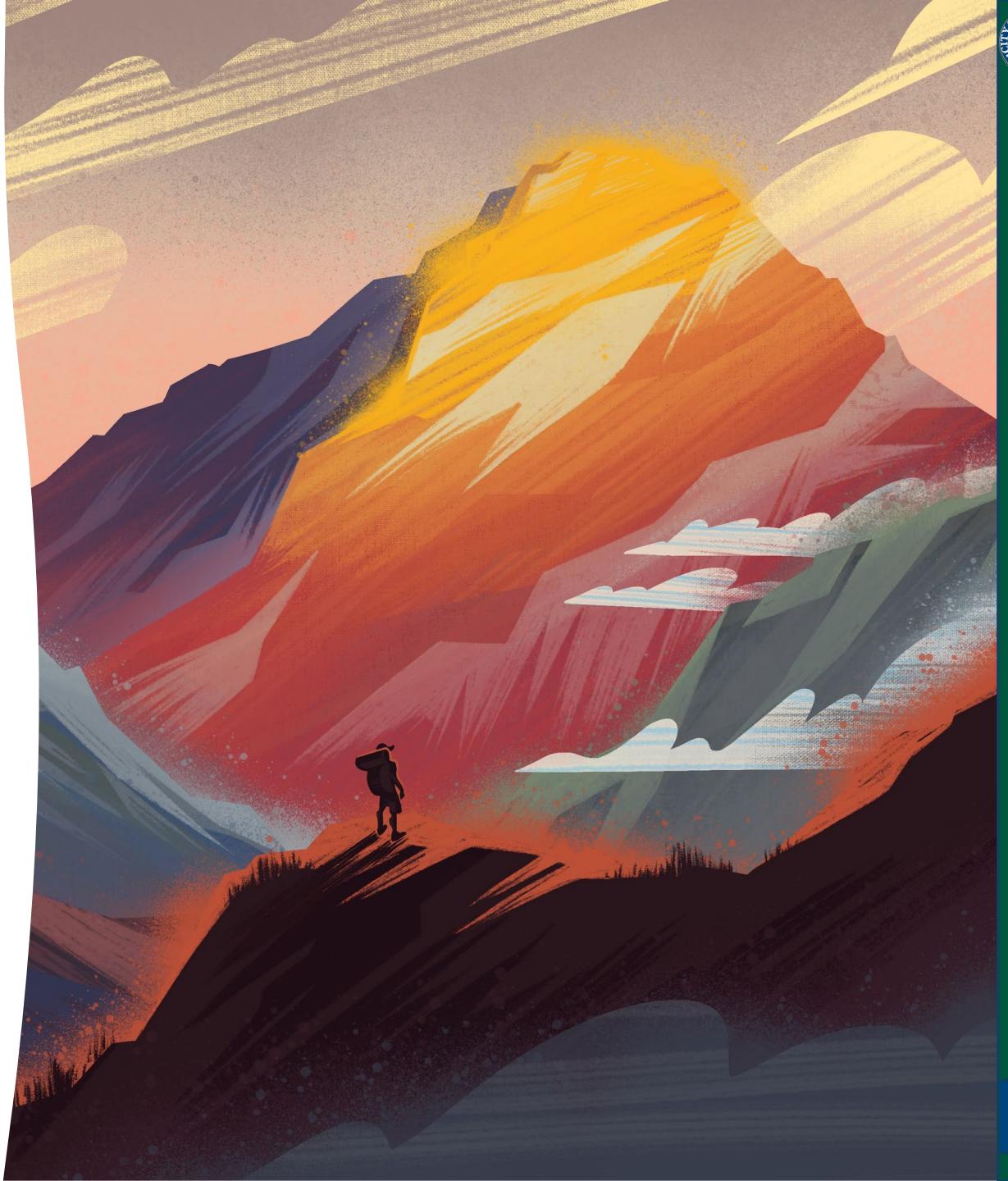
- The Plan sets 3 aspirational goals for young people, ages 0-21 and is a roadmap for how our community will work together to create the conditions for all young people to thrive in Alexandria.
- 2,100 community members, 88% of whom were youth, were engaged in the development of the Plan.
- The result is a plan that centers equity while preventing harmful experiences and promoting positive ones.
- Approved by City Council and the School Board in April 2021.
- Updated every five years.

WHERE WE ARE

- **How much have we done since April 2021?**
 - 80% of the Plan’s 169 action steps are either in progress or fully implemented
 - 19 CYCP Report Cards created
 - 2 Comprehensive Progress Reports published
- **How well did we do it?**
 - 62% of CYCP Tactic Owners reported progress in 2022
 - 24% of CYCP Tactic Owners reported progress in 2023
- **Is anyone better off?**
 - 58% of the indicators have improved since their respective baseline year
 - 56% of the indicators with disparities have improved since their baseline year
 - 43% of the indicators show disparity ratios greater than 2

Examples of Accomplishments

- ~500 students have been engaged in workshops about preventing substance use, teen pregnancy, and sexual and domestic violence delivered by **28 Youth Peer Educators** who have been employed by the City
- **78,000+ free condoms** have been distributed since condom dispensers were installed at community sites in Alexandria to prevent unintended teen pregnancy
- ~1,840 community members have attended free trainings where they built their skills in trauma-informed approaches, building community resilience, suicide prevention, and identifying and responding to signs of mental illnesses and substance use disorders among youth
- 350+ resources have been compiled in an online Resource Directory for Youth & Young Adults that includes health services, social services, employment programs, college and career supports, and out-of-school time opportunities
- 830+ youth service providers and caring adults participated in free trainings on how to strengthen their relationships with youth
- 800+ youth have participated in a program that built their leadership skills in Alexandria
- 100% of the youth who graduated from the piloted Jr. City Academy reported being more knowledgeable and comfortable accessing city resources, and 70% reported seeing themselves as a leader in their city after graduating from the program
- ~1,400 youth have been connected to mentors



EVALUATE

ASSESS

PLAN

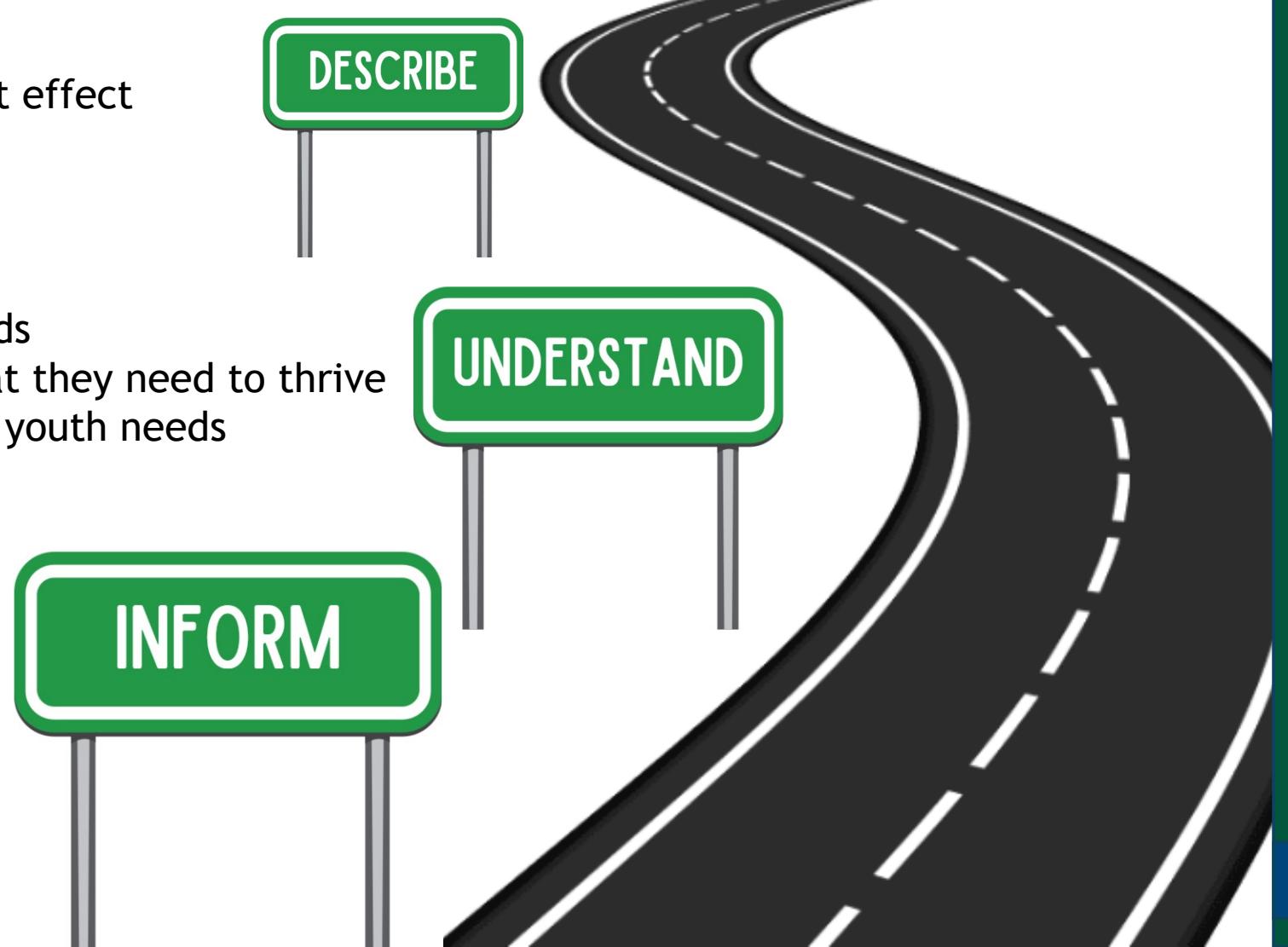
ACT

Where We Are Headed

- **Evaluate** - Continue to monitor and evaluate the impact of the CYCP 2025
- **Assess** - Assess the needs of today's youth in Alexandria
- **Plan** - Build the next CYCP
- **Act** - Implement the actions set in the Plan

Goals of the Youth Needs Assessment

- Our community and the problems that effect Alexandria's youth
- The contributing factors to health trends
- What matters to today's youth and what they need to thrive
- How well existing services are meeting youth needs
- Priorities in the next Children and Youth Community Plan





Assessment Seasons

Summer 2024

- Compile existing data
- Engage caregivers

Fall-Winter 2024

- Engage youth & service providers
- Analyze data

Spring 2025

- Draft, review, revise, & approve Assessment

Summer 2025

- Design Assessment
- Publish & promote Assessment



Planning Seasons

Summer 2025

- Celebrate CYCP 2025
- Launch next CYCP

Fall-Winter 2025

- Facilitate planning meetings with stakeholders

Spring 2026

- Draft, review, revise, & approve Plan

Summer 2026

- Design, publish, & promote Plan



Assessment Season: Summer

Compile Data

- Demographic data
- Service Utilization Data
- Local Surveys, Studies, & Reports

Engage Caregivers

- Facilitate Listening Session(s) with parents and caregivers



Assessment Season: Fall & Winter

Engage Youth

- Train people to deliver workshops
- Deliver workshops in classrooms & community settings
- Select priorities

Make Meaning of the Results

- Analyze data
- Identify service providers to engage

Engage Service Providers

- Conduct Key Informant Interviews



Assessment Season: Spring

Draft Assessment

- Compile and synthesize all information
- Create a draft of the assessment

Review & revise Assessment

- Share the draft with City leadership to review and recommend revisions
- Incorporate revisions and review again



Assessment Season: Summer 2025

Design Assessment

- Submit draft to DCHS Communications to design layout
- Develop communications plan

Publish & promote Assessment

- Submit Assessment through the City's approval process
- Implement communications plan

Get Involved

- Share performance and progress updates on efforts;
- Join the Youth Engagement Team October through January;
- Help determine root causes to disparities;
- Identify ways of strengthening communication and information sharing

