

**Minnie Howard Aquatic Facility- March 2026 Lap Lane Schedule Monday**

*\*Please note, this information is subject to change and is only applicable to the day and date range provided\**

[illegible]

## Minnie Howard Aquatic Facility- March 2026 Lap Lane Schedule Tuesday

*\*Please note, this information is subject to change and is only applicable to the day and date range provided\**

[illegible]

# Minnie Howard Aquatic Facility- March 2026 Lap Lane Schedule Wednesday

\*Please note, this information is subject to change and is only applicable to the day and date range provided\*

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours: Open 6pm-8:45pm												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm	ACPS Swim Team: 3:45pm-6pm. Public Hours 6pm-8:45pm												
3:30pm													
4pm													
4:30pm													
5pm													
5:30pm													
6pm	Simpson: 6pm-8:45pm	AVAC: 6:15pm-8:15pm		Fish Swim Team: 6:15pm-8:15pm								Simpson: 6pm-8:45pm	Aqua Soothe: 6:30pm-7:15pm
6:30pm													
7pm							Water Polo: 7pm-8:30pm						
7:30pm													
8pm													
8:30pm													
9pm													

**Minnie Howard Aquatic Facility- March 2026 Lap Lane Schedule Thursday**

*\*Please note, this information is subject to change and is only applicable to the day and date range provided\**

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool																																			
7am	Closed During School Hours: Open 6pm-8:45pm																																															
7:30am																																																
8am																																																
8:30am																																																
9am																																																
9:30am																																																
10am																																																
10:30am																																																
11am																																																
11:30am																																																
12pm																																																
12:30pm																																																
1pm																																																
1:30pm																																																
2pm	ACPS Swim Team: 3:45pm-6pm. Public Hours: 6pm-8:45pm																																															
2:30pm																																																
3pm																																																
3:30pm																																																
4pm	<table><tr><td rowspan="5">Alex Swim Lessons: 6pm-8:30pm</td><td colspan="2" rowspan="3">AVAC: 6:15pm-8:15pm</td><td colspan="4" rowspan="3">Fish Swim Team: 6:15pm-8:15pm</td><td colspan="2" rowspan="3"></td><td colspan="2" rowspan="3">Nova Syncro: 6:30pm-8:45pm</td><td colspan="4" rowspan="3">Alex Swim Lessons: 6pm-8pm</td></tr><tr></tr><tr></tr><tr><td colspan="2"></td><td colspan="2"></td><td colspan="2"></td><td colspan="2"></td></tr><tr><td colspan="2"></td><td colspan="2"></td><td colspan="2"></td><td colspan="2"></td><td colspan="2"></td><td colspan="2"></td></tr></table>													Alex Swim Lessons: 6pm-8:30pm	AVAC: 6:15pm-8:15pm		Fish Swim Team: 6:15pm-8:15pm						Nova Syncro: 6:30pm-8:45pm		Alex Swim Lessons: 6pm-8pm																							
Alex Swim Lessons: 6pm-8:30pm																													AVAC: 6:15pm-8:15pm		Fish Swim Team: 6:15pm-8:15pm						Nova Syncro: 6:30pm-8:45pm		Alex Swim Lessons: 6pm-8pm									
4:30pm																																																
5pm																																																
5:30pm																																																
6pm																																																
6:30pm																																																
7pm																																																
7:30pm																																																
8pm																																																
8:30pm																																																
9pm																																																

**Minnie Howard Aquatic Facility- March 2026 Lap Lane Schedule Friday**

*\*Please note, this information is subject to change and is only applicable to the day and date range provided\**

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	Closed Fridays, Special Events/ Swim Team Only												
4:30pm													
5pm													
5:30pm													
6pm													
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

## Minnie Howard Aquatic Facility- March 2026 Lap Lane Schedule Saturday

*\*Please note, this information is subject to change and is only applicable to the day and date range provided\**

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool	
7am													CLOSED	
7:30am		Fish Swim Team: 7:30am-9am												
8am		Fish Swim Team: 7:30am-9am							NOVA Syncro: 8:15am-11:30am					
8:30am		Fish Swim Team: 7:30am-9am							NOVA Syncro: 8:15am-11:30am					
9am		Fish Swim Team: 7:30am-9am							NOVA Syncro: 8:15am-11:30am					
9:30am	Simpson: 9:45am-5pm								NOVA Syncro: 8:15am-11:30am				Alex Swim Classes: 9am-1pm	
10am									NOVA Syncro: 8:15am-11:30am					
10:30am									NOVA Syncro: 8:15am-11:30am					
11am									NOVA Syncro: 8:15am-11:30am					
11:30am									NOVA Syncro: 8:15am-11:30am					
12pm									NOVA Syncro: 8:15am-11:30am					
12:30pm									NOVA Syncro: 8:15am-11:30am					
1pm									NOVA Syncro: 8:15am-11:30am					
1:30pm									NOVA Syncro: 8:15am-11:30am					
2pm									NOVA Syncro: 8:15am-11:30am					
2:30pm									NOVA Syncro: 8:15am-11:30am				Simpson: 1pm-6:30pm	
3pm									NOVA Syncro: 8:15am-11:30am					
3:30pm									NOVA Syncro: 8:15am-11:30am					
4pm									NOVA Syncro: 8:15am-11:30am					
4:30pm									NOVA Syncro: 8:15am-11:30am					
5pm									NOVA Syncro: 8:15am-11:30am					
5:30pm									NOVA Syncro: 8:15am-11:30am					
6pm									NOVA Syncro: 8:15am-11:30am					
6:30pm									NOVA Syncro: 8:15am-11:30am					
7pm	Facility Closed													Simpson: 1pm-6:30pm
7:30pm	Facility Closed													
8pm	Facility Closed													
8:30pm	Facility Closed													
9pm	Facility Closed													

**Minnie Howard Aquatic Facility- March 2026 Lap Lane Schedule Sunday**

*\*Please note, this information is subject to change and is only applicable to the day and date range provided\**

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am													CLOSED
7:30am													
8am													
8:30am													
9am													
9:30am	Simpson: 9:45am-5pm												Alex Swim Classes: 9am-1pm
10am													
10:30am													
11am		We Aquatics: 11am-5pm											
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm													
4:30pm													
5pm													
5:30pm													
6pm													
6:30pm													
7pm	Facility Closed												
7:30pm													
8pm													
8:30pm													
9pm													