

# Update on Alexandria's Healthy Homes Initiative

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# A Brief History of Healthy Homes in Alexandria

**2020**

CHIP + \$

Residents select healthy homes as a topic for the CHIP in late 2019.

AHD secures grant for policy and gap data analysis.

**2021**

Release Analysis

Worked with NCHH to assess the state of healthy homes. Started building foundation with partners.

**2022**

Pilot + Plan

Launched ALX Breathes pilot with 20 families.

Human-centered design workshop and conversations for 1<sup>st</sup> Healthy Homes Action Plan.

**2023**

Network, Program,  
+ Survey

Built 35+ org network, redevelop ALX Breathes, launch resident survey.

A lot happened this year!

**2024**

Engagement  
+ Socialization

Analyzed survey, held 9 convos, and voted on results with Network.

Promoted concepts with Council and around town.

**2025**

2<sup>nd</sup> Plan +  
Coordination

Launched new action plan and worked with different agencies to integrate.

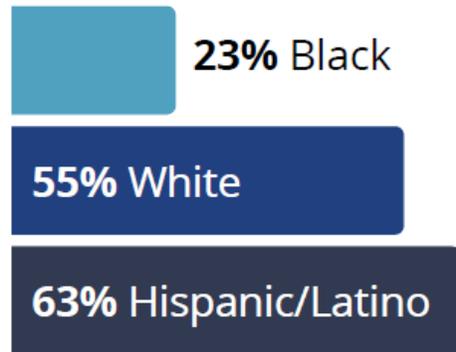
Started work on mold and 311.

# ALX Breathes

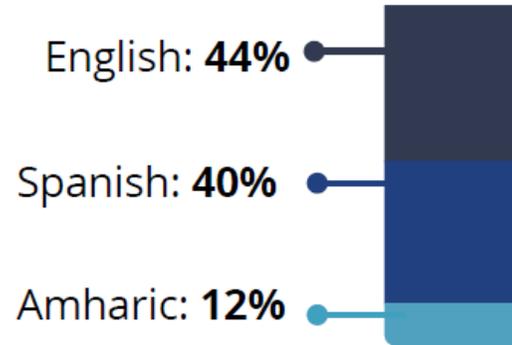
## Participant Demographics

As of January 2026, 24 participants have completed the program.

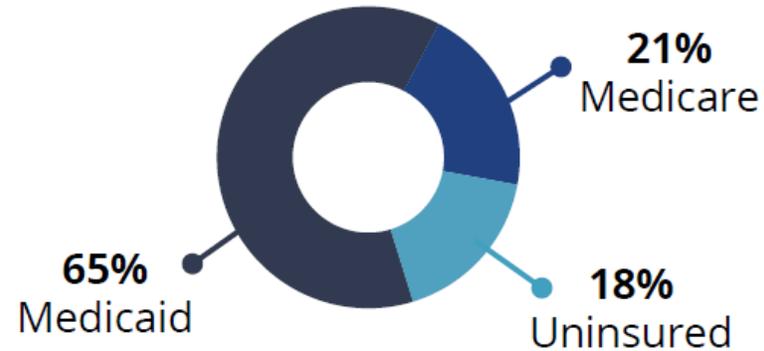
### Race/Ethnicity



### Language Preference



### Insurance Coverage



**48%** were under 18 years old



Top ZIP codes were:  
**22304** and **22305**

# ALX Breathes

- **Half of cases of water damage/leaks** were resolved by the end of the program (5 out of 10)
- **Most instances of mold** were resolved (10 out of 13)
- Despite providing rodent traps and insect spray, **only 2 out of 7 cases** of rodents and **2 out of 12 cases** of insects were resolved
- Over half of the households with significant clutter (**3 out of 5**) or garbage (**3 out of 5**) at the start of the program were cleaned up by the end
- On average, participants who completed the program **missed 4 fewer days** of work/school in the past month
- The program was most effective at reducing nighttime awakening from asthma (**72% of participants**)



# Action Plan Work

## Mold

Actions/Future Actions	Future Metrics
311 Category	Requests; % completed within stated timeframe
Website	Site visits/clicks
Brochure	# of handouts in the community
Trainings	# of trainings for city + property mgrs on mold and root causes; knowledge gain; issues addressed before using 311

## Alex311

Actions/Future Actions	Future Metrics
311 Category Tweaks	Requests; % completed within stated timeframe
Promotion	# handouts; change in service requests in underserved areas
Regular Data Analysis	Cadence of analysis; Resource allocation based on trends

# Next Up!

- Pests!
- What climate or sustainability metrics/factors should we be considering?