

# Alexandria

**SPRING &  
SUMMER 2026**  
Program Guide

**DISCOVER**  
**WILLIAM RAMSAY**  
**Recreation Center**  
page 38



Photo captured during a volleyball game at William Ramsay Recreation Center.



# Letter from the RPCA Director



Hello Alexandria,

As spring begins to turn into summer, I'm reminded of what makes Alexandria such a special place to call home. It's the people, the energy in our neighborhoods, the creativity throughout our community, and the many ways we come together across cultures, backgrounds, and generations. That spirit is what makes our City vibrant in every season.

At the Department of Recreation, Parks, and Cultural Activities (RPCA), we are excited to welcome another season filled with opportunities to connect, explore, and enjoy the outdoors together. This spring and summer, residents can look forward to a variety of events across the City, including neighborhood picnics, creative workshops, community celebrations, pool parties, and family-friendly gatherings in our parks and recreation centers.

You will also see many favorite traditions return, including RecFest, our Community Cookouts, and the Alexandria & USA Birthday Celebration. These events highlight the pride we share in our City and bring neighbors together to celebrate what makes Alexandria unique.

Summer camp season is right around the corner, and registration is now open. Our team looks forward to welcoming children and teens from across the City for a summer filled with learning, exploration, and fun.

Thank you for being part of this community and for the role you play in making Alexandria such a welcoming and dynamic place. We look forward to seeing you this season. Come join the fun with RPCA!

**Hashim T. Taylor**  
Director, Department of Recreation, Parks & Cultural Activities



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to the  
**RPCA  
COMMUNITY  
CONNECTION**

Monthly Newsletter

[alexandriava.gov/rpca/community-connection](http://alexandriava.gov/rpca/community-connection)

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- (INCLUSION)** Programs for all abilities
- (+ADULT)** Adult participation required
- (DROP-IN)** No registration required, show up
- (NEW!)** New this season
- (55+)** Ideal for ages 55 & up. See pg.32
- (TR)** Designed for individuals with disabilities. Assessment required. See pg.37



**No class on 5/25, 5/26, 6/19, 7/3 & 7/4.** PHRC & CHRC: Open 9 a.m.-3 p.m. on 6/19. Please contact your program sites for more information.



The City of Alexandria Department of Recreation, Parks & Cultural Activities received national re-accreditation from the Commission for Accreditation of Park & Recreation Agencies (CAPRA) in September 2024. National accreditation requires that park & recreation agencies meet 155 standards representing elements of effective & efficient park & recreation operations.

## Table of Contents

To improve our customer experience, we will now have separate registration dates for spring and summer programs.

**Spring Registration**      **Summer Registration**  
**Residents:** March 18      **Residents:** May 13  
**Non-Residents:** March 20      **Non-Residents:** May 15

For more information, visit [alexandriava.gov/rpca](http://alexandriava.gov/rpca).

### FEATURED HIGHLIGHTS

#### A New Chapter for the West End...pg. 38

The William Ramsay Recreation Center enters a new era with upgraded spaces, expanded wellness programming, and stronger community connections for residents of all ages.

#### RPCA Brain Games...pgs. 40-41

Challenge your mind and get creative with our RPCA coloring page, crossword puzzle, and Sudoku!

ACTIVITY NUMBER	SECTION NUMBER	DAY	CLASS TIME	START & END DATE	NUMBER OF CLASSES	FEE	LOCATION
222610-01		F	11-11:45am	9/28-10/26	12	\$169	NLRC
<b>CLASS SIZE</b> Min 6/ Max 10		<b>RECREATION CENTERS/POOLS</b>					
<b>M = Monday</b>		<b>BFNC</b> Jerome Buddie Ford Nature Center 5750 Sanger Ave.					
<b>Tu = Tuesday</b>		<b>CBRC</b> Charles Barrett 1115 Martha Custis Dr.					
<b>W = Wednesday</b>		<b>CHRC</b> Charles Houston/Memorial Pool 901 Wythe St.					
<b>Th = Thursday</b>		<b>CQRC/CQPK</b> Chinquapin Park & Aquatics Facility 3210 King St.					
<b>F = Friday</b>		<b>LARC</b> Leonard "Chick" Armstrong 25 West Reed Ave.					
<b>Sa = Saturday</b>		<b>LEEC/LCCM</b> Lee Center Complex 1108 Jefferson St.					
<b>Su = Sunday</b>		<b>MHAF</b> Minnie Howard Aquatics Facility 3795 W. Braddock Rd.					
		<b>MVRC</b> Mount Vernon 2701 Commonwealth Ave.					
		<b>NLRC</b> Nannie J. Lee 1108 Jefferson St.					
		<b>ODRC</b> Oswald Durant 1605 Cameron St.					
		<b>OTPL</b> Old Town Pool 1609 Cameron St.					
		<b>PHRC</b> Patrick Henry 4653 Taney Ave.					
		<b>WRRC</b> William Ramsay 5650 Sanger Ave.					
		<b>WWPL</b> Warwick Pool 3301 Landover St.					
<b>SCHOOLS/OTHER FACILITIES</b>							
<b>ACHS</b>		Alexandria City High School 3330 King St.					
<b>ABPK</b>		Armistead L Boothe Park 520 Cameron Station Blvd.					
<b>BBPK</b>		Ben Brenman Park 4800 Brenman Park Dr.					
<b>CLPK</b>		Carlyle Park 450 Andrews Lane.					
<b>DKPK</b>		Dora Kelley Nature Park 5750 Sanger Ave.					
<b>DMES</b>		Douglas MacArthur Elementary School 1101 Janneys Ln.					
<b>FDES</b>		Ferdinand T. Day Elementary School 1701 N. Beauregard St.					
<b>FHMS</b>		Francis C. Hammond Middle School 4646 Seminary Rd.					
<b>GWMS</b>		George Washington Middle School 1005 Mt. Vernon Ave.					
<b>JPES</b>		James K. Polk Elementary School 5000 Polk Ave.					
<b>JHES</b>		Jefferson Houston School 1501 Cameron St.					
<b>JAES</b>		John Adams Elementary School 5651 Rayburn Ave.					
<b>JHPK</b>		Joseph Hensley Park 4200 Eisenhower Ave.					
<b>LMFD</b>		Limerick Field 1800 Limerick St.					
<b>PYPK</b>		Potomac Yard Park 2051 Potomac Ave.					
<b>SJSP</b>		Schuyler Jones Skatepark 3540 Wheeler Ave.					
<b>SSSA</b>		St. Stephen's & St. Agnes 1000 St. Stephens Rd.					
<b>TFAC</b>		Torpedo Factory Art Center 105 N. Union St.					
<b>WRFD</b>		Witter Recreational Fields 2700 Witter Dr.					



## Alexandria Swim Academy

Learn to swim with confidence. The Alexandria Swim Academy offers American Red Cross swim lessons for infants, youth, teenagers, and adults. With lessons for ages six months and older, you and your entire family can learn to master the skills needed to help you swim safely and enjoyably for life. It is quite common for children to participate in several sessions of a class before they successfully demonstrate all the skills.



### Water Explorers 1 \* +ADULT

**Ages 6 mos.-3 yrs. with adult.** You and your child will participate in activities designed to develop comfort and basic skills, building the foundation for learning to swim. Skills include how to properly support and hold your child in the water, how to safely enter and exit water, moving in the water, breath control, introducing glides, and back and front floats. Safety skills and drowning prevention information are an important part of this class.

434240-01	Sa	9-9:30am	4/11-5/16	6	\$95	CQRC
434240-02	Sa	11:15-11:45am	4/11-5/16	6	\$95	CQRC
434240-03	Su	9-9:30am	4/12-5/17	6	\$95	CQRC
434240-04	Su	11:15-11:45am	4/12-5/17	6	\$95	CQRC
436301-01	Sa	9-9:30am	4/11-5/9	5	\$79	MHAF
436301-02	Sa	10:45-11:15am	4/11-5/9	5	\$79	MHAF
436301-03	Su	9:35-10:55am	4/12-5/10	5	\$79	MHAF
436301-04	Su	11:20-11:50am	4/12-5/10	5	\$79	MHAF
436301-05	Sa	9-9:30am	5/16-6/13	5	\$79	MHAF
436301-06	Sa	10:45-11:15am	5/16-6/13	5	\$79	MHAF
436301-07	Su	9:35-10:55am	5/17-6/14	5	\$79	MHAF
436301-08	Su	11:20-11:50am	5/17-6/14	5	\$79	MHAF
134340-01	Tu-F	4-4:30pm	6/23-7/1	6	\$95	CHRC
134340-02	Tu-F	5:30-6pm	6/23-7/1	6	\$95	CHRC
134340-03	Tu-F	4-4:30pm	7/7-7/15	6	\$95	CHRC
134340-04	Tu-F	5:30-6pm	7/7-7/15	6	\$95	CHRC
134340-21	Tu-F	4-4:30pm	7/21-7/29	6	\$95	CHRC
134340-22	Tu-F	5:30-6pm	7/21-7/29	6	\$95	CHRC
136301-01	Sa	9-9:30am	6/20-8/8	7	\$109	MHAF
136301-02	Sa	10:45-11:15am	6/20-8/8	7	\$109	MHAF
136301-03	Su	9:35-10:05am	6/21-8/9	8	\$109	MHAF
136301-04	Su	11:20-11:50am	6/21-8/9	8	\$109	MHAF

### Water Explorers 2 \* +ADULT

**Ages 6 mos.-3 yrs. with adult.** You and your child will participate in activities designed to further develop comfort and basic skills, further building the foundation of learning to swim from Water Explorers 1.

434240-05	Sa	9:45-10:15am	4/11-5/16	6	\$95	CQRC
434240-06	Sa	10:30-11am	4/11-5/16	6	\$95	CQRC
434240-07	Su	9:45-10:15am	4/12-5/17	6	\$95	CQRC
436302-01	Sa	9:35-10:05am	4/11-5/9	5	\$79	MHAF

436302-02	Sa	11:20-11:50am	4/11-5/9	5	\$79	MHAF
436302-03	Su	10:10-10:40am	4/12-5/10	5	\$79	MHAF
436302-04	Sa	9:35-10:05am	5/16-6/13	5	\$79	MHAF
436302-05	Su	11:20-11:50am	5/16-6/13	5	\$79	MHAF
436302-06	Su	10:10-10:40am	5/17-6/14	5	\$79	MHAF

### Alex Swim Preschool & Me \* +ADULT

**Ages 1.5-3 yrs. with adult.** This class is for preschoolers who are not ready to participate in a class independently. Your child will work with you and the instructor to develop basic swimming skills, such as breath control, water entry and exit, floating and gliding, rolling from front to back, and arm and leg movement.

436303-01	Sa	10:10-10:40am	4/11-5/9	5	\$79	MHAF
436303-02	Su	9-9:30am	4/12-5/10	5	\$79	MHAF
436303-03	Su	10:45-11:15am	4/12-5/10	5	\$79	MHAF
436303-04	Sa	10:10-10:40am	5/16-6/13	5	\$79	MHAF
436303-05	Su	9-9:30am	5/17-6/14	5	\$79	MHAF
436303-06	Su	10:45-11:15am	5/17-6/14	5	\$79	MHAF
136303-01	Sa	10:10-10:40am	6/20-8/8	7	\$109	MHAF
136303-02	Su	9-9:30am	6/21-8/9	7	\$109	MHAF
136303-03	Su	10:45-11:15am	6/21-8/9	7	\$109	MHAF
134370-01	Tu-F	5:30-6pm	6/23-7/1	6	\$95	CHRC
134370-02	Tu-F	4-4:30pm	6/23-7/1	6	\$95	CHRC
134370-03	Tu-F	5:30-6pm	7/7-7/15	6	\$95	CHRC
134370-04	Tu-F	4-4:30pm	7/7-7/15	6	\$95	CHRC
134370-05	Tu-F	5:30-6pm	7/21-7/29	6	\$95	CHRC
134370-06	Tu-F	4-4:30pm	7/21-7/29	6	\$95	CHRC

### Alex Swim Preschool 1 \*

**Ages 3-5.** Your child is introduced to basic skills creating the foundation for swimming strokes and water competency, while developing positive attitudes and safe practices around the water.

434248-01	Sa	11:15-11:45am	4/11-5/16	6	\$95	CQRC
434248-02	Sa	10:30-11am	4/11-5/16	6	\$95	CQRC
434248-03	Su	11:15-11:45am	4/12-5/17	6	\$95	CQRC
434248-04	Su	10:30-11am	4/12-5/17	6	\$95	CQRC
436304-01	Sa	9-9:30am	4/11-5/9	5	\$79	MHAF
436304-02	Sa	9-9:30am	4/11-5/9	5	\$79	MHAF
436304-03	Sa	9:40-10:10am	4/11-5/9	5	\$79	MHAF
436304-04	Sa	10:20-10:50am	4/11-5/9	5	\$79	MHAF
436304-05	Sa	11-11:30am	4/11-5/9	5	\$79	MHAF
436304-06	Su	9-9:30am	4/12-5/10	5	\$79	MHAF
436304-07	Su	9:40-10:10am	4/12-5/10	5	\$79	MHAF
436304-08	Su	10:20-10:50am	4/12-5/10	5	\$79	MHAF
436304-09	Su	11-11:30am	4/12-5/10	5	\$79	MHAF
436304-10	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-11	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-12	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-13	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-14	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-15	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-16	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-17	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
436304-18	Tu	6-6:30pm	4/7-5/5	5	\$79	MHAF
134348-04	Tu-F	6:15-6:45pm	6/23-7/1	6	\$95	CHRC

134348-05	Tu-F	4:45-5:15pm	6/23-7/1	6	\$95	CHRC
134348-06	Tu-F	4:45-5:15pm	7/7-7/15	6	\$95	CHRC
134348-07	Tu-F	4:45-5:15pm	7/7-7/15	6	\$95	CHRC
134348-08	Tu-F	6:15-6:45pm	7/21-7/29	6	\$95	CHRC
134348-09	Tu-F	4:45-5:15pm	7/21-7/29	6	\$95	CHRC
134348-19	Tu-F	4-4:30pm	6/23-7/1	6	\$95	CHRC
134348-20	Tu-F	5:30-6pm	6/23-7/1	6	\$95	CHRC
134348-21	Tu-F	4-4:30pm	7/7-7/15	6	\$95	CHRC
134348-22	Tu-F	5:30-6pm	7/7-7/15	6	\$95	CHRC
134348-23	Tu-F	4-4:30pm	7/21-7/29	6	\$95	CHRC
134348-24	Tu-F	5:30-6pm	7/21-7/29	6	\$95	CHRC
136304-01	Sa	9-9:30am	6/20-8/8	7	\$109	MHAF
136304-02	Sa	9:40-10:10am	6/20-8/8	7	\$109	MHAF
136304-03	Sa	10:20-10:50am	6/20-8/8	7	\$109	MHAF
136304-04	Sa	11-11:30am	6/20-8/8	7	\$109	MHAF
136304-05	Su	9-9:30am	6/21-8/9	7	\$109	MHAF
136304-06	Su	9:40-10:10am	6/21-8/9	7	\$109	MHAF
136304-07	Su	10:20-10:50am	6/21-8/9	7	\$109	MHAF
136304-08	Su	11-11:30am	6/21-8/9	7	\$109	MHAF
136304-09	Tu	4-4:30pm	6/23-8/11	8	\$125	MHAF

### Alex Swim Preschool 2 \*

**Ages 3-5.** Preschool 2 marks the beginning of independent aquatic locomotion skills. Children continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain greater proficiency and independent swimming in preparation for performing strokes. Preschool 2 milestones include: gliding on front at least 2 body lengths independently; rolling to back, floating on back for 15 seconds, then recovering to a vertical position with assistance; gliding on back for at least 2 body lengths; rolling to front, then recovering to a vertical position; swimming using combined arm and leg actions on front for 3 body lengths; and rolling to back, floating for 15 seconds, rolling to front then continuing to swim on front for 3 body lengths.

434249-01	Sa	9-9:30am	4/11-5/16	6	\$95	CQRC
434249-02	Sa	9:45-10:15am	4/11-5/16	6	\$95	CQRC
434249-03	Su	9-9:30am	4/12-5/17	6	\$95	CQRC
434249-04	Su	9:45-10:15am	4/12-5/17	6	\$95	CQRC
436305-01	Sa	9-9:30am	4/11-5/9	5	\$79	MHAF
436305-02	Sa	9:40-10:10am	4/11-5/9	5	\$79	MHAF
436305-03	Sa	10:20-10:50am	4/11-5/9	5	\$79	MHAF
436305-04	Sa	11-11:30am	4/11-5/9	5	\$79	MHAF
436305-05	Su	9-9:30am	4/12-5/10	5	\$79	MHAF
436305-06	Su	9:40-10:10am	4/12-5/10	5	\$79	MHAF
436305-07	Su	10:20-10:50am	4/12-5/10	5	\$79	MHAF
436305-08	Su	11-11:30am	4/12-5/10	5	\$79	MHAF
436305-09	Tu	6:40-7:10pm	4/7-5/5	5	\$79	MHAF
436305-10	Sa	9-9:30am	5/16-6/13	5	\$79	MHAF
436305-11	Sa	9:40-10:10am	5/16-6/13	5	\$79	MHAF
436305-12	Sa	10:20-10:50am	5/16-6/13	5	\$79	MHAF
436305-13	Sa	11-11:30am	5/16-6/13	5	\$79	MHAF
436305-14	Su	9-9:30am	5/17-6/14	5	\$79	MHAF
436305-15	Su	9:40-10:10am	5/17-6/14	5	\$79	MHAF
436305-16	Su	10:20-10:50am	5/17-6/14	5	\$79	MHAF
436305-17	Su	11-11:30am	5/17-6/14	5	\$79	MHAF
436305-18	Tu	6:40-7:10pm	5/12-6/9	5	\$79	MHAF
136305-01	Sa	9-9:30am	6/20-8/8	7	\$109	MHAF
136305-02	Sa	9:40-10:10am	6/20-8/8	7	\$109	MHAF
136305-03	Sa	10:20-10:50am	6/20-8/8	7	\$109	MHAF



136305-04	Sa	11-11:30am	6/20-8/8	7	\$109	MHAF
136305-05	Su	9-9:30am	6/21-8/9	7	\$109	MHAF
136305-06	Su	9:40-10:10am	6/21-8/9	7	\$109	MHAF
136305-07	Su	10:20-10:50am	6/21-8/9	7	\$109	MHAF
136305-08	Su	11-11:30am	6/21-8/9	7	\$109	MHAF
136305-09	Tu	4:40-5:10pm	6/23-8/11	8	\$125	MHAF

### Alex Swim Preschool 3 \*

**Ages 3-5.** Preschool 3 participants should already be able to swim independently with combined arm and leg actions on front and back for three body lengths. Preschool 3 milestones include: treading or floating for 15 seconds, then swimming on front and/or back for 5 body lengths, then exiting the water, and recovering body position from front to back and back to front, then continuing to swim for several body lengths independently.

434247-01	Sa	9-9:30am	4/11-5/16	6	\$95	CQRC
434247-02	Sa	11:15-11:45am	4/11-5/16	6	\$95	CQRC
434247-03	Su	9-9:30am	4/12-5/17	6	\$95	CQRC
434247-04	Su	11:15-11:45am	4/12-5/17	6	\$95	CQRC
436308-01	Sa	9-9:30am	4/11-5/9	5	\$79	MHAF
436308-02	Sa	9:40-10:10am	4/11-5/9	5	\$79	MHAF
436308-03	Sa	10:20-10:50am	4/11-5/9	5	\$79	MHAF
436308-04	Sa	11-11:30am	4/11-5/9	5	\$79	MHAF
436308-05	Su	9-9:30am	4/12-5/10	5	\$79	MHAF
436308-06	Su	9:40-10:10am	4/12-5/10	5	\$79	MHAF
436308-07	Su	10:20-10:50am	4/12-5/10	5	\$79	MHAF
436308-08	Su	11-11:30am	4/12-5/10	5	\$79	MHAF
436308-09	Sa	9-9:30am	5/16-6/13	5	\$79	MHAF
436308-10	Sa	9:40-10:10am	5/16-6/13	5	\$79	MHAF
436308-11	Sa	10:20-10:50am	5/16-6/13	5	\$79	MHAF
436308-12	Sa	11-11:30am	5/16-6/13	5	\$79	MHAF
436308-13	Su	9-9:30am	5/17-6/14	5	\$79	MHAF
436308-14	Su	9:40-10:10am	5/17-6/14	5	\$79	MHAF
436308-15	Su	10:20-10:50am	5/17-6/14	5	\$79	MHAF
436308-16	Su	11-11:30am	5/17-6/14	5	\$79	MHAF
134347-01	T-F	4:45-5:15pm	6/23-7/1	6	\$95	CHRC
134347-02	T-F	6:15-6:45pm	6/23-7/1	6	\$95	CHRC
134347-03	T-F	4:45-5:15pm	7/7-7/15	6	\$95	CHRC
134347-04	T-F	6:15-6:45pm	7/7-7/15	6	\$95	CHRC
134347-06	T-F	4:45-5:15pm	7/21-7/29	6	\$95	



back float for 5 seconds with assistance; recovering to a vertical position with assistance; combined arm and leg actions on front and back with assistance; and alternating and simultaneous arm and leg actions on front and back with assistance.

434241-01	Sa	9:45-10:15am	4/11-5/16	6	\$95	CQRC
434241-02	Sa	10:30-11am	4/11-5/16	6	\$95	CQRC
434241-03	Su	9:45-10:15am	4/12-5/17	6	\$95	CQRC
434241-04	Su	10:30-11am	4/12-5/17	6	\$95	CQRC
434241-05	Tu	7-7:30pm	4/7-5/12	6	\$95	CQRC
434241-06	W	7-7:30pm	4/8-5/13	6	\$95	CQRC
434241-07	Th	7-7:30pm	4/9-5/14	6	\$95	CQRC
434241-08	Tu	5:30-6pm	4/7-5/12	6	\$95	CQRC
434241-09	W	5:30-6pm	4/8-5/13	6	\$95	CQRC
434241-10	Th	5:30-6pm	4/9-5/14	6	\$95	CQRC
134241-01	Sa	10:20-10:50am	6/6-7/11	5	\$79	CQRC
134241-02	Sa	9-9:30am	6/6-7/11	5	\$79	CQRC
134241-03	Su	10:20-10:50am	6/7-7/12	5	\$79	CQRC
134241-04	Su	11:40am-12:10pm	6/7-7/12	5	\$79	CQRC
134241-05	Sa	9-9:30am	7/18-8/15	5	\$79	CQRC
134241-06	Su	9-9:30am	7/19-8/16	5	\$79	CQRC
436307-01	Sa	11:40am-12:10pm	4/11-5/9	5	\$79	MHAF
436307-02	Sa	12:20-12:50pm	4/11-5/9	5	\$79	MHAF
436307-03	Su	11:40am-12:10pm	4/12-5/10	5	\$79	MHAF
436307-04	Tu	7:20-7:50pm	4/7-5/5	5	\$79	MHAF
436307-05	Th	6-6:30pm	4/9-5/7	5	\$79	MHAF
436307-06	Sa	11:40am-12:10pm	5/16-6/13	5	\$79	MHAF
436307-07	Sa	12:20-12:50pm	5/16-6/13	5	\$79	MHAF
436307-08	Su	11:40am-12:10pm	5/17-6/14	5	\$79	MHAF
436307-09	Tu	7:20-7:50pm	5/12-6/9	5	\$79	MHAF
436307-10	Th	6-6:30pm	5/14-6/11	5	\$79	MHAF
136307-01	Sa	11:40am-12:10pm	6/20-8/8	7	\$109	MHAF
136307-02	Sa	12:20-12:50pm	6/20-8/8	7	\$109	MHAF
136307-03	Su	11:40am-12:10pm	6/21-8/9	7	\$109	MHAF
136307-04	Tu	5:20-5:50pm	6/23-8/11	8	\$125	MHAF
136307-05	Th	4-4:30pm	6/25-8/13	8	\$125	MHAF
134341-01	W-F	4-4:30pm	6/17-7/1	6	\$95	WWPL
134341-02	W-F	6:25-6:55pm	6/17-7/1	6	\$95	WWPL
134341-03	W-F	4-4:30pm	7/8-7/17	6	\$95	WWPL
134341-04	W-F	5:30-6pm	7/8-7/17	6	\$95	WWPL
134341-05	W-F	4-4:30pm	7/22-7/31	6	\$95	WWPL

### Alex Swim Level 2 \*

**Ages 6-12.** Fundamental aquatic skills are built on skills learned in Level 1. Your child begins to perform skills at a slightly more advanced level and begins to gain rudimentary propulsive skills on both the front and the back. This level marks the beginning of independent aquatic locomotion skills.

434242-01	Sa	11:15-11:45am	4/11-5/16	6	\$95	CQRC
434242-02	Sa	9-9:30am	4/11-5/16	6	\$95	CQRC
434242-03	Su	11:15-11:45am	4/12-5/17	6	\$95	CQRC
434242-04	Su	9-9:30am	4/12-5/17	6	\$95	CQRC
434242-05	Tu	4:45-5:15pm	4/7-5/12	6	\$95	CQRC
434242-07	W	4:45-5:15pm	4/8-5/13	6	\$95	CQRC
434242-08	Th	4:45-5:15pm	4/9-5/14	6	\$95	CQRC
434242-09	Tu	6:15-6:45pm	4/7-5/12	6	\$95	CQRC
434242-10	W	6:15-6:45pm	4/8-5/13	6	\$95	CQRC
434242-11	Th	6:15-6:45pm	4/9-5/14	6	\$95	CQRC

436313-01	Sa	12:20-12:50pm	4/11-5/9	5	\$79	MHAF
436313-02	Su	11:40am-12:10pm	4/12-5/10	5	\$79	MHAF
436313-03	Su	12:20-12:50pm	4/12-5/10	5	\$79	MHAF
436313-04	Th	6:40-7:10pm	4/9-5/7	5	\$79	MHAF
436313-05	Sa	12:20-12:50pm	5/16-6/13	5	\$79	MHAF
436313-06	Su	11:40am-12:10pm	5/17-6/14	5	\$79	MHAF
436313-07	Su	12:20-12:50pm	5/17-6/14	5	\$79	MHAF
436313-08	Th	6:40-7:10pm	5/14-6/11	5	\$79	MHAF
134242-01	Sa	9:40-10:10am	6/6-7/11	5	\$79	CQRC
134242-02	Su	11:40am-12:10pm	6/7-7/12	5	\$79	CQRC
134242-03	Sa	12:20-12:50pm	7/18-8/15	5	\$79	CQRC
134242-04	Su	12:15-12:45pm	7/19-8/16	5	\$79	CQRC
136313-01	Sa	12:20-12:50pm	6/20-8/8	7	\$109	MHAF
136313-02	Su	11:40am-12:10pm	6/21-8/9	7	\$109	MHAF
136313-03	Su	12:20-12:50pm	6/21-8/9	7	\$109	MHAF
136313-04	Th	4:40-5:10pm	6/25-8/13	8	\$125	MHAF
134342-01	W-F	4:45-5:15pm	6/17-7/1	6	\$95	WWPL
134342-02	W-F	4-4:30pm	6/17-7/1	6	\$95	WWPL
134342-03	W-F	4:45-5:15pm	7/8-7/17	6	\$95	WWPL
134342-04	W-F	4-4:30pm	7/8-7/17	6	\$95	WWPL
134342-05	W-F	4:45-5:15pm	7/22-7/31	6	\$95	WWPL
134342-06	W-F	4-4:30pm	7/22-7/31	6	\$95	WWPL

### Alex Swim Level 3 \*

**Ages 6-12.** Stroke Development. Your child learns to swim the front crawl, elementary backstroke, survival float, and rules for headfirst entries; is introduced to scissor and dolphin kicks; and increases the time duration for treading water.

434243-01	Sa	11:15-11:45am	4/11-5/16	6	\$95	CQRC
434243-02	Sa	10:30-11am	4/11-5/16	6	\$95	CQRC
434243-03	Su	11:15-11:45am	4/12-5/17	6	\$95	CQRC
434243-04	Su	10:30-11am	4/12-5/17	6	\$95	CQRC
436309-01	Sa	11:40am-12:10pm	4/11-5/9	5	\$79	MHAF
436309-02	Su	12:20-12:50pm	4/12-5/10	5	\$79	MHAF
436309-03	Th	7:20-7:50pm	4/9-5/7	5	\$79	MHAF
436309-04	Sa	11:40am-12:10pm	5/16-6/13	5	\$79	MHAF
436309-05	Su	12:20-12:50pm	5/17-6/14	5	\$79	MHAF
436309-06	Th	7:20-7:50pm	5/14-6/11	5	\$79	MHAF
134243-01	Sa	11-11:30am	6/6-7/11	5	\$79	CQRC
134243-02	Su	9:40-10:10am	6/7-7/12	5	\$79	CQRC
134243-03	Sa	11:40am-12:10pm	7/18-8/15	5	\$79	CQRC
134243-04	Su	9:45-10:15am	7/19-8/16	5	\$79	CQRC
134343-01	W-F	5:30-6pm	6/17-7/1	6	\$95	WWPL
134343-02	W-F	4:45-5:15pm	6/17-7/1	6	\$95	WWPL
134343-03	W-F	6:15-6:45pm	7/8-7/17	6	\$95	WWPL
136309-01	Sa	11:40am-12:10pm	6/20-8/8	7	\$109	MHAF
136309-03	Th	5:20-5:50pm	6/25-8/13	8	\$125	MHAF

### Alex Swim Level 4 \*

**Ages 6-12.** Stroke Improvement. Milestones include swimming the following for 25 yards: front crawl and elementary backstroke; swimming the following for 15 yards: breaststroke, butterfly, back crawl, and sidestroke; headfirst entry from a stride position (9-ft. water or deeper); and open turns on the front and back.

434244-01	Sa	9-9:30am	4/11-5/16	6	\$95	CQRC
434244-02	Sa	9:45-10:15am	4/11-5/16	6	\$95	CQRC
434244-03	Su	9:45-10:15am	4/12-5/17	6	\$95	CQRC

434244-04	Su	9-9:30am	4/12-5/17	6	\$95	CQRC
434244-05	Th	6:15-6:45pm	4/16-5/14	5	\$79	CQRC
434244-06	Tu	4-4:30pm	4/7-5/12	6	\$95	CQRC
436310-01	Sa	11:40am-12:10pm	4/11-5/9	5	\$79	MHAF
436310-02	Su	11:40am-12:10pm	4/12-5/10	5	\$79	MHAF
436310-03	Sa	11:40am-12:10pm	5/16-6/13	5	\$79	MHAF
436310-04	Su	11:40am-12:10pm	5/17-6/14	5	\$79	MHAF
134244-01	Sa	9:40-10:10am	6/6-7/11	5	\$79	CQRC
134244-02	Su	12:20-12:50pm	6/7-7/12	5	\$79	CQRC
134244-03	Sa	9:40-10:10am	7/18-8/15	5	\$79	CQRC
134244-04	Su	10-10:30am	7/19-8/16	5	\$79	CQRC
136310-01	Sa	11:40am-12:10pm	6/20-8/8	7	\$109	MHAF
136310-02	Su	11:40am-12:10pm	6/21-8/9	7	\$109	MHAF
134344-05	W-F	6:15-6:45pm	6/17-7/1	6	\$95	WWPL

### Alex Swim Level 5 \*

**Ages 6-12.** Stroke Refinement. Learn survival swimming and perform rescue breathing. They will also perform the following: standing dive, open turns on front and back, front and back crawl, tuck surface dive and pike surface dive, front flip turn and backstroke flip turn, elementary backstroke, butterfly, breast stroke, and sidestroke.

434245-01	W	4-4:30pm	4/8-5/13	6	\$95	CQRC
434245-02	Th	7-7:30pm	4/9-5/14	6	\$95	CQRC
134245-01	Sa	9:40-10:10am	6/6-7/11	5	\$79	CQRC
134245-02	Su	9-9:30am	6/7-7/12	5	\$79	CQRC
134345-05	W-F	4-4:30pm	6/17-7/1	6	\$95	WWPL

### Alex Swim Level 6 \*

**Ages 6-12.** Swimming and Skill Proficiency. This class refines the strokes so students swim with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that focus on preparing students to participate in more advanced courses.

434246-01	Tu	7:45-8:30pm	4/7-5/12	6	\$95	CQRC
134246-01	Sa	11-11:30am	6/6-7/11	5	\$79	CQRC
134246-02	Su	10:20-10:50am	6/7-7/12	5	\$79	CQRC
134246-03	Sa	12:45-1:15pm	7/18-8/15	5	\$79	CQRC
134246-04	Su	11:30am-12pm	7/19-8/16	5	\$79	CQRC

### Wahoo Swim Team

**Ages 6-18 (as of May 26, 2026).** This program promotes individual growth and team camaraderie through friendly competition with experienced swim coaches. Participants must be able to swim 25 yards. For more information, see alexandriava.gov/WebTrac.

134350-01	M-Sa	Varies	5/26-7/27	54	\$225	OTPL
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### Adult Beginner Swim \*

**Ages 13 & up.** Skills include entering and exiting water, floating on front and back, gliding on front and back, breathing techniques, rolling from front to back and back to front, swimming at least two body lengths on front and back using simultaneous arm and leg action.

436312-01	Sa	12-12:45pm	4/11-5/9	5	\$109	MHAF
436312-02	Tu	8-8:45pm	4/7-5/5	5	\$109	MHAF
436312-03	Sa	12-12:45pm	5/16-6/13	5	\$109	MHAF
436312-04	Tu	8-8:45pm	5/12-6/9	5	\$109	MHAF
136312-01	Sa	12-12:45pm	6/20-8/8	7	\$149	MHAF
136312-02	Tu	6-6:45pm	6/23-8/11	8	\$169	MHAF

### Adult Intermediate Swim

**Ages 13 & up.** Intermediate Swimming is for participants who have attended Beginner Swim and are looking to build upon previous skills. Advanced Swim skills include swimming from wall with rotary breathing, open or flip turns for 100 yards, back crawl with open or flip turns for 50 yards, and breaststroke with open turns for 50 yards (optional).

434231-01	W	7:45-8:30pm	4/8-5/13	6	\$119	CQRC
434231-02	Th	7:45-8:30pm	4/9-5/14	6	\$119	CQRC
134331-03	W-F	6:15-7pm	6/17-7/1	6	\$119	WWPL

### Adult Advanced Swim \*

**Ages 13 & up.** Advanced Swim skills include swimming from wall with rotary breathing, open or flip turns for 100 yards, back crawl with open or flip turns for 50 yards, and breaststroke with open turns for 50 yards (optional).

434232-01	W	7:45-8:30pm	4/8-5/13	6	\$119	CQRC
434232-02	Th	7:45-8:30pm	4/9-5/14	6	\$119	CQRC
134332-03	W-F	6-6:30pm	7/8-7/17	6	\$119	WWPL

### Adult Intermediate & Advanced Swim \*

**Ages 13 & up.** Intermediate Swimming is for participants who have attended Beginner Swim and are looking to build upon previous skills. Advanced Swim skills include swimming from wall with rotary breathing, open or flip turns for 100 yards, back crawl with open or flip turns for 50 yards, and breaststroke with open turns for 50 yards (optional).

436315-01	Su	12-12:45pm	4/12-5/10	5	\$109	MHAF
436315-02	Th	8-8:45pm	4/9-5/7	5	\$109	MHAF
436315-03	Su	12-12:45pm	5/17-6/14	5	\$109	MHAF
436315-04	Th	8-8:45pm	5/14-6/11	5	\$109	MHAF
136315-01	Su	12-12:45pm	6/21-8/9	7	\$149	MHAF
136315-02	Th	6-6:45pm	6/25-8/13	8	\$169	MHAF

## Interested in becoming a Lifeguard or Water Safety Instructor?



Sign up for one of our certification classes today! Visit alexandriava.gov/aquatics.



# Aquatics

alexandriava.gov/Aquatics

## Masters Swimming

**Ages 18 & up.** Ready to take your swimming to the next level? High level, low impact coached swim workouts will be great for adults of all ages! So if you are trying to improve your fitness, get your swim technique down, bring your triathlon time down or just enjoy the social aspect of swimming with others, this masters swim class is the way to go!

434237-01	Tu, Th	6-7am	4/7-5/14	12	\$240	CQRC
134336-01	Tu, Th	6-7am	6/23-7/30	12	\$240	OTPL

## Specialty Swim

### Swim Like a Mermaid, Merman, or Merson

**Ages 16 & up.** Learn how to safely and effectively swim in a mermaid tail, learn tricks, and understand various aspects of mermaiding. Students should be able to swim 25 yards unassisted and float or tread water for 2 min. Dive mask and snorkel encouraged, tail provided.

436330-01	Th	6:30-7:30pm	4/9-5/7	5	\$175	MHAF
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### Adult Mermaiding Jumpstart **NEW!**

**Ages 16 & up.** Designed to teach you everything you need to know to start mermaiding safely. This introduction covers selecting your tail and monofin, learning the mermaid swim technique, important safety information, basic solo and partner tricks.

134400-01	Sa	12-2:30pm	6/13	1	\$190	OTPL
134400-02	Sa	12-2:30pm	7/11	1	\$190	OTPL
134400-03	Sa	12-2:30pm	8/8	1	\$190	OTPL
436327-01	Sa	12-2:30pm	5/2	1	\$190	MHAF

### Intermediate Mermaiding

**Ages 16 & up.** This class focuses on underwater tricks, posing and performance skills. We will cover arm placement, body positioning, facial expression, and coordinating movements with other mermaids. Suitable for students who have completed "Swim Like a Mermaid" class or have been mermaiding for over 6 months. Dive mask and snorkel encouraged.

436328-01	W	6:30-7:30pm	5/13-6/10	5	\$175	MHAF
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### Mermaiding Supervised Open Swim **NEW!**

**Ages 16 & up.** The most fantastic hour of the week. Drop in or come every week for a designated time to swim splash and play in your tail. Practice tricks and make friends. Mermaid Chè Monique will be there for coaching and guidance as needed. This is an unstructured swim session.

436329-01	Th	7:35-8:35pm	4/9-5/7	5	\$75	MHAF
436329-02	W	7:35-8:35pm	5/13-6/10	5	\$75	MHAF



## Aqua Aerobics

**DROP-IN** \$25/class or \$20/class for qualifying City residents ages 60 & up.

### Water Walking **\* DROP-IN**

**Ages 16 & up.** Water walk your way to fitness with this fun and exciting experience! This non-weight bearing class will condition, build, tone, and strengthen muscles using the water in a lively atmosphere set to popular music of the past and present. Instructor: Chechena Thurston-Furlow, Owner, Coast to Coast Fitness, LLC.

434271-01	Tu, Th	10:55-11:55am	4/7-6/16	19	\$215	CQRC
136331-01	Tu, Th	10:55-11:55am	6/24-8/14	16	\$190	MHAF

## Safe Place & Bully Free Starts With Me Alexandria National Safe Place - A Safe Haven for Youth

Safe Place is a national youth outreach program, which brings together several City agencies to provide immediate help and safety for young people facing abuse, neglect, bullying, or other crisis situations. All neighborhood recreation centers and fire houses in Alexandria are Safe Place sites. For more information, contact the Alexandria Safe Place Office at 703.746.5400. For help, text the word SAFE and your current location (address/city/state) to 69866 or 4HELP (44357).



Nearly 40% of Alexandria middle school students and 15% of high school students report being bullied on school property. The goal of the Mayor's Campaign to End Bullying is to increase awareness about the effects of bullying and to prevent bullying among Alexandria's youth. For information, visit alexandriava.gov/EndBullying.

# Aquatics

alexandriava.gov/Aquatics



### Get in Deep With Candice **\* DROP-IN**

**Ages 18 & up.** Challenge your cardiovascular and muscular strength, improve flexibility and balance, and have fun in the diving well. You will do steady-state cardio, along with high intensity interval training (HIIT), while using noodles and dumbbells during this fast-paced workout. Learn more about instructor Candice at ontheforwellness.com or call 703.863.1898.

436320-01	M	6:30-7:15pm	4/6-6/8	9	\$135	MHAF
136320-01	M	6-6:45pm	6/15-8/10	9	\$135	MHAF

### Aqua Soothe for Arthritis **DROP-IN**

**Ages 18 & up.** Designed to help those suffering from arthritis and joint pain, this low-impact class will focus on critical pillars of healthy aging: joint mobility, muscle flexibility, posture, and balance. Learn more about instructor Candice at ontheforwellness.com or call 703.863.1898.

436321-01	W	6:30-7:15pm	4/8-6/10	10	\$155	MHAF
136321-01	W	6-6:45pm	6/17-8/12	9	\$135	MHAF

### Aqua Aerobics **DROP-IN**

**Ages 18 & up.** A low impact but high intensity water aerobics class, where no swimming skills are needed. This class is designed to improve flexibility, range of motion, strength, muscle tone, and cardiovascular endurance, while using the resistance of the water to cushion the feet, knees, and back. Exercises are performed to lively, motivating music.

434222-01	M, W	9-10am	4/20-6/10	16	\$285	CQRC
134222-01	M, W	9-10am	6/15-8/5	16	\$245	CQRC

### Aqua Zumba **DROP-IN**

**Ages 18 & up.** Aqua Zumba is an exhilarating and challenging, water-based workout that is cardio-conditioning and body-toning, and blends together the Zumba formula and philosophy with aqua fitness disciplines.

434225-01	M	7:15-8:05pm	4/20-6/8	8	\$145	CQRC
434225-02	Su	9-9:50am	4/19-6/7	8	\$145	CQRC
134325-01	M	6:55-7:45pm	6/15-8/10	9	\$159	OTPL

### Deep Water Aqua Aerobics **DROP-IN**

**Ages 18 & up.** This non-impact, co-ed deep-water class offers a safe and effective total-body workout. Participants wear a flotation belt to stay comfortably above water; no swimming skills are required. Ideal for rehabilitation, it strengthens muscles, boosts cardio endurance, and protects joints.

434224-02	W	6:30-7:30pm	4/8-6/10	10	\$179	CQRC
134224-01	M, W	10:10-11:10am	6/15-8/5	16	\$289	CQRC

### Aquatic Exercise for Seniors **55+ DROP-IN**

**Ages 55 & up.** Make new friends, build stronger muscles and get your heart pumping with some interval and steady-state cardio training. We will also focus on functional exercises that help with your daily movement, arthritis, balance, and flexibility. Learn more about instructor Candice at ontheforwellness.com or call 703.863.1898.

434217-01	Tu, Th	8:15-9am	4/7-6/11	20	\$285	CQRC
434217-02	Tu, Th	9:30-10:15am	4/7-6/11	20	\$285	CQRC
134317-01	Tu, Th	8:15-9am	6/16-8/27	22	\$309	CQRC
134317-02	Tu, Th	9:30-10:15am	6/16-8/27	22	\$309	CQRC



## Dog Swims

### Memorial Pool

Saturday, August 29  
10-10:45 a.m.  
11-11:45 a.m.  
12-12:45 p.m.  
1-1:45 p.m.

### Warwick Pool

Saturday, September 12  
10-10:45 a.m.  
11-11:45 a.m.  
12-12:45 p.m.  
1-1:45 p.m.

### Old Town Pool

Sunday, September 13  
11-11:45 a.m.  
12-12:45 p.m.  
1-1:45 p.m.  
2-2:45 p.m.

*Dogs must have proof of up-to-date rabies vaccination. Limited capacity. No additional spots can be added once full.*

*Tickets go on sale May 13.  
Secure yours early!*

[alexandriava.gov/aquatics/dog-swims](http://alexandriava.gov/aquatics/dog-swims)



# Exercise & Fitness

alexandriava.gov/RPCA/Fitness

## Mind/Body Wellness

**DROP-IN**

Please note: the drop-in rate increased to \$25/class or \$20/class for qualifying City residents ages 60 & up.

### Gentle Yoga \*

**Ages 16 & up.** Practice supported standing, seated, and supine poses that build body awareness while improving balance, stamina, flexibility, and strength. Props include chairs, blocks, blankets, and straps provided by the instructor and facility.

413126-01	M	10-11am	4/13-5/11	5	\$65	CHRC
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### Small Group Training for Women

**Ages 18 & up.** Our hour-long class combines muscle-building exercises with targeted conditioning to improve overall fitness. Enjoy active recovery with personalized cardio, followed by core-strengthening moves for enhanced balance and stability. Relax and rejuvenate with guided meditation and breathwork. Register at lungrenfitnessandwellness.com or contact Jennifer at jennifer@lungrenfitnessandwellness.com.

413144-01	Tu	9:15-10:15am	4/7-6/30	13	Varies	PHRC
113144-01	Tu	9:15-10:15am	6/2-8/25	13	Varies	PHRC

### Intro to Power Yoga \*

**Ages 18 & up.** This beginner class series introduces the history of yoga, fundamental principles of alignment, and breath work. Students will be introduced to yoga postures through step-by-step verbal description and demonstration. Emphasis is placed on student understanding, safety, and stability within each pose.

413636-01	Sa	10:20-11:20am	4/11-6/6	9	\$99	CHRC
113636-01	Sa	10:20-11:20am	6/20-8/22	9	\$99	CHRC

### Glitterati Pilates \* **DROP-IN** **NEW!**

**Ages 18 & up.** Glitterati Pilates features the innovative HeroBoard™, offering reformer-inspired mat training for all levels. Build deep core strength, balanced stability, and functional strength through joyful challenges that enhance mobility, boost endurance, sharpen mind-body connection, and support aligned posture. Props included. For inquiries, please contact Sparkler Coach Loretta at l'mPossible Wellness at admin@myimpossiblewellness.com.

413131-01	Tu	6:30-7:15pm	4/7-5/26	8	\$199	ODRC
113131-01	Tu	6:30-7:15pm	6/16-8/18	10	\$219	ODRC
113131-02	F	6:30-7:15pm	6/26-8/21	8	\$199	ODRC

### Essentrics: Classical Stretch \*

**Ages 18 & up.** Age-reversing workout increases joint movement, flexibility, strength, relieves pain, and increases energy. Full body workout based on Tai Chi flowing movements for balanced health, ballet theories for long, lean muscles, and healing powers of physiotherapy. By author of Aging Backwards and PBS show/book titled Forever Painless. Bring a mat. For more information, visit essentrics.com.

413113-01	M	12-1pm	4/20-6/1	6	\$75	ODRC
413113-02	Tu	12-1pm	4/21-5/26	6	\$75	CHRC
413113-03	Th	6-7pm	4/23-5/28	6	\$75	CQRC
413113-04	W	10:30-11:30am	4/15-5/20	6	\$75	PHRC

113113-01	M	12-1pm	6/15-8/17	10	\$125	ODRC
113113-02	Tu	12-1pm	6/16-8/11	9	\$115	CHRC
113113-03	W	10:30-11:30am	6/17-8/19	9	\$115	PHRC
113113-04	Th	6-7pm	6/18-8/6	8	\$99	CQRC

### Slow Flow With Amy

**Ages 18 & up.** The beginner class series introduces the history of yoga, fundamental principles of alignment, and breath work. Students will be introduced to yoga postures through step-by-step verbal description and demonstration. Emphasis is placed on student understanding, safety, and stability within each pose.

413635-01	Sa	9:10-10:10am	4/11-6/6	9	\$99	CHRC
413635-02	M	6:30-7:30pm	4/13-6/8	9	\$99	CHRC
113635-01	Sa	9:10-10:10am	6/20-8/22	9	\$99	CHRC
113635-02	M	6:30-7:30pm	6/22-8/17	9	\$99	CHRC

### Breathwork & Meditation for Calm & Self-Regulation

**Ages 25 & up.** Feeling stuck in worry, depleted, or scattered? Join Lisa, Certified Yoga Therapist (C-IAYT, E-RYT 500), for an introduction to meditation and intentional breathing practices designed to regulate the nervous system and restore calm. Discover simple yet effective tools to cultivate steadiness, energy, and a deeper connection to your overall well-being.

413156-01	M	5-6pm	4/20	1	\$25	ODRC
413156-02	M	5-6pm	5/4	1	\$25	ODRC
113157-01	M	5-6pm	7/13	1	\$25	ODRC

### Pop Up: Sound Bath Meditation **NEW!**

**Ages 25 & up.** Join Lisa, a C-IAYT-certified yoga therapist (1,000+ hours), for an immersive healing sound bath featuring Tibetan and Crystal Singing Bowls and other therapeutic instruments. The session begins with gentle movement, grounding breathwork, and intention-setting, then unfolds into deep relaxation through the power of vibration and sound. You'll leave feeling grounded, clear, and rejuvenated with a renewed sense of calm and inner guidance.

413151-01	W	5:15-6pm	4/29	1	\$25	ODRC
413151-02	M	6:30-7:15pm	5/4	1	\$25	ODRC
113151-01	M	6:30-7:15pm	7/13	1	\$25	ODRC

### Yoga for Healthy Aging Series

**Ages 40 & up.** A series designed and guided by a C-IAYT (1,000) yoga therapist promoting increased stability, strength, flexibility, and improved posture and balance. Participants will practice therapeutic tools including breathing practices and short meditations to reduce stress and to improve the overall health of our lungs and nervous system, and sleep. Suggestions for home practice included. Props provided

413152-01	Tu	9:30-10:30am	4/7-5/19	7	\$125	PHRC
113152-01	Tu	9:30-10:30am	6/23-7/21	5	\$95	PHRC

### Stretch & Flow Yoga

**Ages 40 & up.** Feeling depleted and agitated? Interested in reigniting a sense of balance, focus, and strength while simultaneously stretching tight/contracted muscles in the body? Join Lisa, E-RYT 500 and Certified Yoga Therapist (1,000 hours), for a class ideal for all levels. This class supports individuals in reducing muscle tension, improving posture and confidence in the body, and promoting greater release and ease in the body and the mind.

Register through alexandriava.gov/WebTrac

# Exercise & Fitness

alexandriava.gov/RPCA/Fitness



413146-01	Tu	5-6pm	4/7-5/19	7	\$125	ODRC
113146-01	Tu	5-6pm	6/23-7/21	5	\$95	ODRC

### Chair Yoga: Balance, Strength, Posture

**Ages 50 & up.** Join Lisa, Certified Yoga Therapist (C-IAYT/1,000, E-RYT 500) for a new kind of chair yoga. The use of a chair, in therapeutic yoga, can support individuals in building strength, improving balance, increasing flexibility and mobility, and supporting individuals with conscious breathing practices that improve lung function and activate the relaxation response for more restful sleep.

413153-01	M	9:30-10:30am	4/20	1	\$19	ODRC
413154-01	W	9:30-10:30am	4/8-5/20	7	\$169	ODRC
413154-02	W	11am-12pm	4/8-5/20	7	\$169	ODRC
113154-01	W	9:30-10:30am	6/24-7/22	5	\$125	ODRC
113154-02	W	11am-12pm	6/24-7/22	5	\$125	ODRC

### Chair Yoga: Gentle Movement for Body & Mind

**Ages 55 & up.** Experience the benefits of gentle, accessible yoga designed for older adults and those with limited mobility. Using a chair for support, participants enjoy seated and standing poses that enhance flexibility, balance, and relaxation. Ideal for beginners or anyone seeking low-impact movement, this class offers a welcoming environment where you can move safely, breathe deeply, and feel your best.

414038-01	F	9:30-10:30am	4/24-6/5	6	\$55	PHRC
114038-01	F	9:30-10:30am	6/12-7/24	7	\$55	PHRC

### Tai Chi: Gentle Movement for Balance & Wellness \*

**Ages 55 & up.** Seniors Tai Chi. Experience the benefits of low-impact, meditative exercise with Seniors Tai Chi. Gentle, slow, and flowing movements help improve balance, flexibility, and overall wellness, making it ideal for joint health and fall prevention. Designed for all fitness levels, this program offers a calm, supportive environment where older adults can stay active, focused, and energized.

414041-01	M	9:30-10:30am	4/20-6/1	6	\$95	PHRC
114041-01	M	9:30-10:30am	6/8-7/20	6	\$95	PHRC

### Essentrics **55+**

**Ages 55 & up.** Enjoy a low-impact, full-body workout that blends stretching and strengthening through smooth, flowing movements. Essentrics helps improve flexibility, mobility, posture, and muscle tone, making it suitable for all fitness levels. This class promotes balance, circulation, and injury prevention while emphasizing functional, graceful movement—perfect for older adults looking to stay strong, flexible, and energized.

114107-01	Th	9:30-10:30am	6/18-8/27	11	\$135	WRRRC
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## Cardio Workout

### Fun Fitness

**Ages 6-12.** Youth will enjoy sports in a fun, safe and non-competitive environment with coach Jason. While encouraging them to learn basic fundamental skills for basketball, track & field, and more.

413811-01	W	6:15-7:15pm	4/22-5/27	6	\$109	MVRC
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### Jazzercise **DROP-IN** \*

**Ages 18 & up.** Choreographed to today's hottest music, Jazzercise is a fusion of dancing, aerobic exercise, resistance training, Pilates, yoga, and

Spring/Summer 2026

kickboxing to sculpt, tone, and lengthen muscles for maximum fat burn. Call Cameron Hall at 703.395.7766 or email hall\_cameron@hotmail.com for more information. Monthly (Easy Fitness Ticket) \$85, Walk-ins \$25.

419701-01	M,Th	5:15-6:15pm	4/6-5/25	29	Varies	ODRC
419701-02	M,W,Th	6:30-7:15pm	4/6-5/28	24	Varies	ODRC
419701-03	Sa	9-9:45am	4/4-5/30	9	Varies	NLRC
419701-04	Su	10-11am	4/12-5/31	8	Varies	ODRC
119701-01	M,Th	5:15-6:15pm	6/1-8/27	52	Varies	ODRC
119701-02	M,W,Th	6:30-7:15pm	6/1-8/27	39	Varies	ODRC
119701-03	Sa	9:15-10am	6/6-8/29	12	Varies	NLRC
119701-04	Su	10-11am	6/7-8/30	13	Varies	ODRC

### Zumba \*

**Ages 18 & up.** Zumba infuses Latin dances such as salsa, meringue, bachata, samba, reggaeton, and modern-day hip hop. This intense workout helps you lose weight, while having fun and learning basic Latin moves.

413107-01	M	5:30-6:15pm	4/13-5/18	6	\$79	CHRC
113107-01	Tu	5:30-6:15pm	6/16-8/18	8	\$105	CHRC
414113-01	Sa	9:30-10:30am	4/11-6/6	9	\$12	WRRRC
114111-01	Sa	9:30-10:30am	6/20-8/22	10	Free	WRRRC

### Hi/Lo Impact Aerobics

**Ages 18 & up.** This one-hour class, designed for all levels, includes a complete cardiovascular workout and a stretching and strength training component that will tone muscles and burn fat. Routines are set to music for energy and fun.

413634-01	Th	10:45-11:45am	4/23-6/11	8	\$65	CHRC
113634-01	Th	10:45-11:45am	6/25-8/6	8	\$65	CHRC

### Senior Body Part Aerobics \* **55+**

**Ages 55 & up.** Senior Body Part Aerobics is a low-impact fitness program that incorporates an aerobics workout and everyday movements to tone and sculpt the body, while using a chair for stability.

414013-01	M	10-11am	4/20-6/1	6	\$55	PHRC
114013-01	M	10-11am	6/8-7/20	6	\$55	PHRC

### Advanced Senior Body Part Aerobics \* **55+**

**Ages 55 & up.** Advanced Senior Body Part Aerobics is a high-intensity fitness program that targets specific muscle groups to improve cardiovascular endurance, strength, balance, and coordination. Participants use equipment such as resistance bands or light weights, all guided by a skilled instructor.

414027-01	F	10-11am	4/24-6/5	6	\$75	PHRC
114027-01	F	10-11am	6/12-7/24	7	\$75	PHRC

### Stay Active & Independent for Life (SAIL) \* **55+**

**Ages 55 & up.** SAIL is an evidence-based strength, balance, and fitness program that improves strength, balance, and fitness, which help adults stay active and reduce their chances of falling.

414028-01	Tu,Th	11am-12pm	4/21-7/16	23	Free	PHRC
414111-01	W,F	10:30-11:30am	4/8-6/12	20	Free	WRRRC
114109-01	W,F	10:30-11:30am	6/17-8/28	22	Free	WRRRC



# Exercise & Fitness

alexandriava.gov/RPCA/Fitness

## Senior Trailblazers \* 55+

**Ages 55 & up.** Calling all active seniors! Join our Senior Trailblazers program, where we enjoy the great outdoors together, as we embark on invigorating walks, weather permitting. Stay fit, connect with fellow seniors, and discover the beauty of nature. Lace up your shoes and become a Senior Trailblazer today!

414026-01	Th	9:30-11:30am	4/23-7/16	13	Free	PHRC
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## Cardio & Strength

### Roller Skating for Fitness/Fun

**Ages 6 & up.** Instruction includes safety guidelines, skating skills, and proper techniques. For beginners to intermediate. Bring protective gear (helmet, elbow, wrist guards, and knee pads). Instructors National/World Champions. Rentals provided upon request. Call Christie for questions 703.623.7354.

413141-01	T	6:30-7:20pm	4/7-4/28	4	\$99	PHES
413141-02	Sa	9-9:50am	5/2-5/23	4	\$99	ODRC

### Fitness Room Orientation

**Ages 16 & up.** Join us for a comprehensive Fitness Room orientation, tailored to help you navigate equipment and develop a personalized workout plan. Our expert trainers will guide you through safe and effective exercises, empowering you to achieve your fitness goals. Start your journey today!

414033-01	Th	5:30-6:30pm	4/23	1	Free	PHRC
414033-02	Th	5:30-6:30pm	5/14	1	Free	PHRC
414110-01	Th	5-6pm	4/16	1	Free	WRRC
414110-02	Th	5-6pm	5/7	1	Free	WRRC
414110-03	Th	5-6pm	5/21	1	Free	WRRC
414110-04	Th	5-6pm	6/4	1	Free	WRRC

114108-01	Th	5-6pm	6/18	1	Free	WRRC
114108-02	Th	5-6pm	7/2	1	Free	WRRC
114108-03	Th	5-6pm	7/16	1	Free	WRRC
114108-04	Th	5-6pm	8/6	1	Free	WRRC
114108-05	Th	5-6pm	8/20	1	Free	WRRC

## FIT4MOM \*

**Ages 18 & up.** Join FIT4MOM Alexandria for a variety of 60-minute workouts designed to support and strengthen every stage of motherhood. Whether you're looking to build strength, boost endurance, improve posture, or connect with a community of moms, there's a class for you, with or without your stroller. To view detailed descriptions for each class and register, visit alexandriava.gov/WebTrac and search by activity code.

<b>Body Ignite®</b>						
419708-02	M	6:30-7:30pm	4/6-5/25	8	Varies	PHES
119708-01	M	6:30-7:30pm	6/15-8/17	10	Varies	PHES
<b>Stroller Barre®</b>						
419708-01	W	9:30-10:30am	4/8-5/27	8	Varies	ODRC
419708-03	F	9:30-10:30am	4/10-5/29	8	Varies	ODRC
<b>Stroller Strides</b>						
419708-04	M	9:30-10:30am	4/6-5/18	7	Varies	ODRC
419708-05	Sa	9:15-10:15am	4/11-5/30	8	Varies	PHES
419708-06	Tu	9:30-10:30am	4/7-5/26	8	Varies	BBPK
119708-02	Sa	9:05-10:05am	6/20-8/22	8	Varies	PHES
<b>Strides 360</b>						
419708-03	F	9:30-10:30am	4/10-5/29	8	Varies	ODRC

## ChinquaCircuit \*

**Ages 18 & up.** An all-encompassing workout that targets resistance training, core strength, cardio, and balance by employing weight machines, free weights, and other workout equipment.

414208-01	Sa	9-9:45am	4/18-6/6	8	\$115	CQRC
414208-02	Tu	9-10am	4/7-6/9	10	\$139	CQRC

# Exercise & Fitness

alexandriava.gov/RPCA/Fitness



114208-01	Sa	9-9:45am	6/20-8/8	7	\$99	CQRC
114208-02	Tu	6:15-7:15pm	6/23-8/4	7	\$99	CQPK

## Advance Boxercise \*

**Ages 18 & up.** This fun and effective form of cross-training incorporates a combination of boxing movements and aerobics, while improving rhythm and coordination. Focus on upper body conditioning, cardiovascular fitness, and toning your arms, chest, and abs. Box your way through a great workout!

413603-01	M,W	6:30-7:30pm	4/13-5/6	8	\$115	CHRC
413603-02	M,W	6:30-7:30pm	5/18-6/10	8	\$115	CHRC
113603-01	M,W	6:30-7:30pm	6/22-7/15	8	\$115	CHRC

## Adult Fitness Class with Coach Brian

**Ages 18 & up.** To improve participants' overall strength, mobility, cardiovascular endurance, and functional movement patterns in a safe, supportive environment. The program is designed to progressively challenge all fitness levels through structured workouts that build confidence, promote proper technique, and encourage long-term healthy habits.

413711-01	M,W	6:30-7:30pm	4/20-5/13	8	\$70	LARC
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## Kangaroo Power Fitness

**Ages 18 & up.** Kangaroo Power Fitness is a high-energy cardio and strength workout using Kangaroo Jumps rebound boots. This low-impact, joint-friendly class enhances endurance, balance, and core strength while burning calories. It's fun, safe, and perfect for adults seeking a dynamic and unique fitness experience. Boots provided or bring your own.

414039-02	Th	6:30-7:30pm	4/23-6/4	7	\$89	PHES
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## Adult Cardio & Weight Training \*

**Ages 18 & up.** Adult cardio and weight training incorporates weight and cardio fitness machines in a timed interval system to increase endurance, burn calories, strengthen, tone muscles, and improve flexibility.

414000-01	Th	6:30-7:30pm	4/23-5/28	7	\$55	PHRC
114000-01	Th	6:30-7:30pm	6/4-7/16	6	\$55	PHRC

## Shadow Boxercise Level 1 \*

**Ages 18 & up.** Learn basic self-defense tactics, while getting in shape. This beginner-level class is a fun and low-impact boxercise class that will help with muscle toning, weight loss, strength, and conditioning, while building and enhancing your self-esteem. Participants must purchase boxing gloves for the class. Instructor: Washington's own Hall of Famer, Anthony Suggs.

413705-01	Tu,Th	6:30-7:30pm	5/5-6/11	12	\$79	LARC
113717-01	Tu,Th	6:30-7:30pm	6/30-8/6	12	\$79	LARC

## BoxFit

**Ages 18 & up.** This dynamic, full-body workout that blends boxing drills with strength training exercises, emphasizes power, agility, and mental focus, providing a challenging yet rewarding experience. This class helps build stamina, improve balance, and increase muscle tone, all while enhancing your boxing skills, and fitness levels.

142166-01	T	6:30-7:30am	6/23-8/11	8	\$95	CQRC
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## Tabata

**Ages 18 & up.** Get ready to push your limits! This high-intensity interval training program features quick, intense bursts of exercise followed by

## Spring/Summer 2026

short rest periods. Designed for all fitness levels, participants will improve strength, endurance, and cardiovascular health, while enjoying a fast-paced, motivating atmosphere. Join us for an energizing workout that maximizes results in minimal time!

142477-01	Th	7-8am	6/25-7/30	6	\$99	CQRC
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## Walk & Fit Training \* 55+

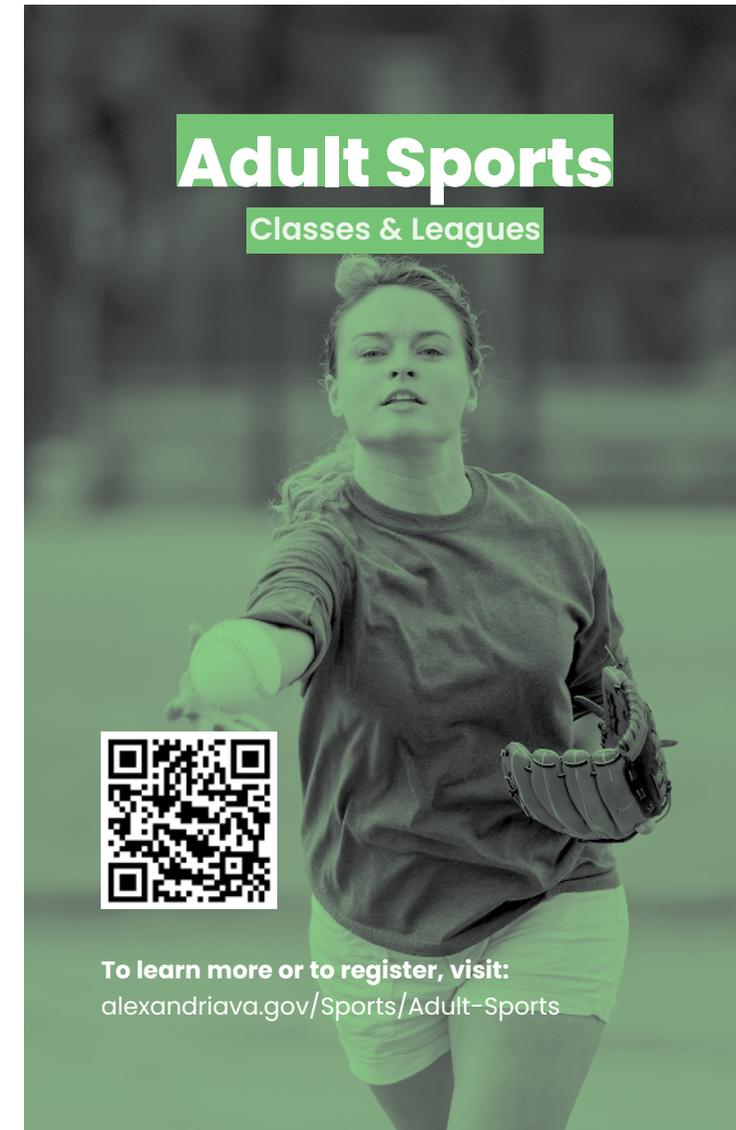
**Ages 55 & up.** This circuit training class incorporates walking as an aerobic activity and using hand-held weights and resistance bands for strength training. This is a cardiovascular fat burning workout that will aid in firming and sculpting your body.

414001-01	W	9-10am	4/22-5/27	6	\$55	PHRC
114001-01	W	9-10am	6/3-7/5	7	\$55	PHRC

## Senior Cardio & Weight Training \* 55+

**Ages 55 & up.** This class incorporates weight and cardio fitness machines in a timed interval system to increase endurance, burn calories, strengthen, and tone muscles and improve flexibility.

414003-01	W	12-1pm	4/22-6/3	6	\$55	PHRC
114003-01	W	12-1pm	6/3-7/15	7	\$55	PHRC



# Adult Sports

## Classes & Leagues



To learn more or to register, visit:  
alexandriava.gov/Sports/Adult-Sports

# Fitness Pass & Personal Training

Visit alexandriava.gov/RPCA/Fitness-Pass for more information.

## Neighborhood Recreation Center Pass

(Valid at Charles Houston, Chick Armstrong, Patrick Henry & William Ramsay)

Fitness Passes	Resident	Non-resident
Daily Visit	\$6	\$10
3-Month Pass	\$45	\$80
6-Month Pass	\$85	\$150
12-Month Pass	\$140	\$250

## Aquatics & Fitness Center Pass

(Valid at all aquatics facilities & fitness centers)

Fitness Passes	Resident	Non-resident
Daily Visit	\$9	\$12
1-Month Pass	\$55	\$100
6-Month Pass	\$260	\$500
12-Month Pass	\$465	\$885

## Personal Training

Certified trainers design a 60-minute customized exercise program and provide guidance on proper form.

## Group Sessions

Dynamic Duo: \$99/person for 4 or \$29/person per session  
Triple Threat: \$79/person for 4 or \$25/person per session  
Fantastic Four: \$59/person for 4 or \$19/person per session

## Individual Sessions

\$199 for 4 or \$59 per session

# Jump Into Outdoor Pool Season

alexandriava.gov/Aquatics



## SEASON PASSES

Youth (5-12): \$53  
 Teen (13-17): \$39  
 Adult (18+): \$105  
 Senior (60+): \$84  
 Family (up to 4): \$288  
 Non-residents: Child/Youth/Teen: \$154  
 Adult/Senior: \$205

## DAILY ADMISSION

Child (0-4) w/ paid adult: Free  
 Youth/Teen (5-17): \$3  
 Adult (18+): \$4  
 Senior (60+): \$3  
 Non-residents: Child/Youth: \$6  
 Adult/Senior: \$8

### EARLY BIRD POOL PASS SALE: May 1-May 25: 15% off resident outdoor passes

Passes can be purchased at Chinquapin & Minnie Howard May 1-22 or at any of the outdoor pools May 23-25.

### Memorial Pool

901 Wythe St. | 703.746.5451 | max.: 45

Small pool with beach entry. Ideal with families with small children or adults seeking therapeutic benefits. Free parking lot onsite & DASH bus stop one block away. Wristbands purchased inside rec center.

### Warwick Pool

3301 Landover St. | 703.721.3422  
 max.: 154

This complex includes a six-lane, 25-yard lap pool with accessible ramp entry. Water depth is 0-5 ft. Landover St. Playground adjacent, limited free street parking & DASH bus stop two blocks away.

### Old Town Pool

1609 Cameron St. | 703.746.6999  
 max.: 225

This complex includes a large pool with eight 25-yard lap lanes, diving well & is the home of the Wahoos Swim Team. Training pool closed for this summer. Adjacent picnic area, playground, free parking lot onsite & DASH bus stop one block away.

May 23-24: Sat-Sun 10am-4:45pm

Jun 16-Aug 7: Tue-Fri 10am-5:45pm

Jun 13-Aug 16: Sat-Sun 10am-4:45pm

Aug 10-21: Mon, Wed-Fri 10am-12pm

CLOSED Mondays (except Memorial Day)

Holiday Hours: 10am-4:45pm

(May 25, June 19, July 3-4)

May 23-Sep 6: Sat-Sun 11am-5:45pm

May 26-Jun 12: Mon, Wed-Fri 4:30-6:45pm

Jun 15-Aug 14: Mon, Wed-Fri 11am-6:45pm

Aug 17-Sep 4: Mon, Wed-Fri 4:30-6:45pm

CLOSED Tuesdays & Jun 6

Holiday Hours: 10am-4:45pm

(May 25, June 19, July 3-4, Sept 7)

May 23-Aug 23: Sat-Sun 12-7:45pm

May 26-Jun 12: Mon, Tue, Thu, Fri 4:30-6:45pm

Jun 15-Aug 14: Mon, Tue, Thu, Fri 12-7:45pm

Aug 17-Aug 28: Mon, Tue, Thu, Fri 4:30-6:45pm

Aug 29-Sep 6: Sat-Sun 8am-6:45pm

Aug 31-Sep 11: Mon-Fri 7am-6:45pm

CLOSED Wednesdays & Jun 6

Holidays Hours: 10am-4:45pm

(May 25, June 19, July 3-4, Sep 7)

# Sports Classes & Leagues

alexandriava.gov/RPCA/Sports



## Tumbling

### Baby Tumbling +ADULT \*

**Ages 1.5-2 with adult.** This class is designed to help stimulate and introduce some basic balancing, tumbling, agility techniques to your child. This class will include a group warm-up and individual drills that will consist of parent participation.

422620-01 W 10-10:30am 4/8-5/20 7 \$155 CHRC



### Mom/Dad & Me Tumbling +ADULT \*

**Ages 2.5-4 with adult.** This class is designed to help introduce some basic tumbling techniques to your child, such as forward rolls, handstands and bridges. This class will include a group warm-up and individual drills that will consist of parent participation.

422605-01 Sa 9:30-10:15am 4/11-5/16 6 \$125 PHRC

122605-01 Sa 9:30-10:15am 6/13-8/15 8 \$169 PHRC

### Wiggles, Toes & Rolls

**Ages 3-5.** Participants will learn basic tumbling and yoga skills with dance movement.

423613-01 Tu 4:30-5pm 4/7-5/19 7 \$125 CHRC

### Movement & Gymnastics \*

**Ages 3-5.** Learn basic gymnastics skills with dance movement! The class will rotate to alternating events each week. Students will gain strength, flexibility and coordination.

424215-01 Su 9:15-9:45am 4/5-5/17 7 \$159 CQRC

424215-02 Su 11:15-11:45am 4/5-5/17 7 \$159 CQRC

114238-01 Su 9:15-9:45am 6/14-8/16 9 \$195 CQRC

114238-02 Su 11:15-11:45am 6/14-8/16 9 \$195 CQRC

### Basic Tumbling \*

**Ages 5-8.** Beginner tumblers will start learning basic techniques, such as forward rolls, backward rolls, handstands, and bridges. A fun warm-up exercise will help athletes attain these skills.

422606-01 Sa 10:30-11:15am 4/11-5/16 6 \$125 PHRC

122606-01 Sa 10:30-11:15am 6/13-8/15 8 \$169 PHRC

### Gymnastics

**Ages 5-9.** Learn basic gymnastics skills on four events (vault, bars, beam, and floor) using proper body position and correct form with training equipment. The class will rotate to alternating events each week. Students will gain strength, flexibility and coordination.

424206-01 Su 10-11am 4/5-5/17 7 \$159 CQRC

124206-01 Su 10-11am 6/14-8/16 9 \$195 CQRC

## Soccer

### Little Kicks Soccer & Me +ADULT \*

**Ages 2-3 with adult.** Fun parent and me soccer class is designed to introduce children to soccer through games and activities.

414296-01 Sa 9:15-10am 4/18-6/6 7 \$135 CQPK

114256-01 Su 9:15-10am 6/28-8/9 6 \$115 CQPK

### Spring/Summer 2026

424001-01 Sa 9:15-10am 4/18-6/6 7 \$135 PHES  
 124002-01 Sa 9:15-10am 6/27-8/15 6 \$115 PHES

### Soccer Tots \*

**Ages 2-6.** Specialized for our youngest age group, a variety of fun games are professionally designed to delight and engage kids in physical education. A non-competitive environment and fun are encouraged above all else to develop motor skills, promote physical fitness and create self-confidence.

### Ages 2-3

422610-01 Su 11-11:45am 4/5-5/17 7 \$145 ODRC

422610-03 Tu 1:30-2:15pm 4/7-5/19 7 \$145 NLRC

422610-04 W 3:15-3:55pm 4/8-5/20 7 \$145 PHRC

422610-05 Sa 11:15am-12pm 4/11-5/16 6 \$125 PHRC

### Ages 3-6

422610-02 M 11:30am-12:10pm 4/6-5/11 6 \$125 CHRC

122610-01 Sa 11-11:45am 6/20-8/15 8 \$165 ODRC

### Excite Soccer

**Ages 3-6.** Children will be encouraged to develop their mental, physical, and social abilities through creative soccer games and other activities taught by highly experienced staff. Our emphasis is on mastering basic coordination and agility with and without a soccer ball, and focusing on providing a high energy, confidence-building environment. Each practice will finish with scrimmages (1v1, 2v2, 3v3 & 4v4).

422600-01 Sa 4-4:45pm 4/11-5/23 7 \$175 JHES

### Little Kicks Soccer \*

**Ages 4-6.** Little Kicks Soccer includes energetic games that enhance kids' soccer skills, teamwork, and overall sportsmanship.

414256-01 Sa 12-12:45pm 4/18-6/6 7 \$135 CQPK

114256-01 Su 11:15am-12pm 6/28-8/9 6 \$115 CQPK

### Little Champions Soccer \*

**Ages 7-10.** This coed program includes energetic games that enhance kids' soccer skills, teamwork, and overall sportsmanship.

414246-01 Sa 1-1:45pm 4/18-6/6 7 \$135 CQPK

114246-01 Su 1:15-2pm 6/28-8/9 6 \$115 CQPK

## Racquet Sports

### Advantage Tiny Tennis \*

**Ages 3-5.** Introduce your kids to a premier lifetime sport that builds athletic skills like hand-eye coordination while challenging their creativity and cognitive abilities. This internationally acclaimed early childhood tennis curriculum blends academics and athletics to keep children engaged and growing—and it's so much fun!

422617-01 Tu,Th 5:30-6:30pm 4/14-4/30 6 \$255 WRRC

122617-01 Sa 8:30-9:30am 6/27-8/8 6 \$255 FWPK

### Advantage: Kids Tennis

**Ages 6-16.** Introduce your child to this premier lifetime sport while building fundamental athletic skills like visual tracking and hand-eye coordination. This internationally acclaimed early childhood tennis program blends





# Sports Classes & Leagues

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learning and play, combining academic and sports activities to keep kids engaged and having fun.

## Ages 6-8

422619-01	M	3:30-4:30pm	4/13-5/18	6	\$255	WRRRC
122632-01	Sa	9:30-10:30am	6/27-8/8	6	\$255	FWPK

## Ages 8-10

422619-02	M	4:30-5:30pm	4/13-5/18	6	\$255	WRRRC
122632-02	Sa	10:30-11:30am	6/27-8/8	6	\$255	FWPK

## Ages 11-13

422619-03	Sa	9-10am	4/11-5/16	6	\$255	FWPK
122632-03	Sa	11:30am-12:30pm	6/27-8/8	6	\$255	FWPK

## Ages 13-16

422619-04	Sa	10-11am	4/11-5/16	6	\$255	FWPK
122632-04	Sa	12:30-1:30pm	6/27-8/8	6	\$255	FWPK

## Tennis 4 Kids

**Ages 3-7.** Learn the fundamentals and techniques to play like the pros in this exciting and interactive tennis class that consists of singles and doubles games, round-robin play, and a variety of drills and cardio exercises that will keep kids agile and on their feet during game play. Participants must bring their own racquet.

424211-01	Su	9:30-10am	4/5-5/17	7	\$155	CQRC
424211-02	Su	10:10-10:40am	4/5-5/17	7	\$155	CQRC
424211-03	Su	10:50-11:20am	4/5-5/17	7	\$155	CQRC
424211-04	Su	11:30am-12pm	4/5-5/17	7	\$155	CQRC
124211-01	Su	9:30-10am	6/14-8/16	9	\$195	CQPK
124211-02	Su	10:10-10:40am	6/14-8/16	9	\$195	CQPK
124211-03	Su	10:50-11:20am	6/14-8/16	9	\$195	CQPK
124211-04	Su	11:30am-12pm	6/14-8/16	9	\$195	CQPK

## Baroody Pickleball for Kids \*

**Ages 7-11.** Pickleball is a fun, fast-paced paddle sport that combines tennis, table tennis, and badminton. Children will learn the rules of the game and will practice their skills through games. Once they have gotten used to the basics of ball striking and the rules of gameplay, they will work together as a team while competing in fun, lightly competitive tournament-style matches.

422615-01	Tu	3-4pm	4/14-5/12	5	\$95	ODRC
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## Bounce-Boom Tennis 1 & 2 \*

**Ages 7-13.** Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement, and ball striking skills in a fun learning environment with a low student to instructor ratio. Level 1 players learn the fundamentals, scoring, and develop a lifelong love of the game. Participants must bring their own racquet.

### Ages 7-9

422616-02	W	5:30-6:20pm	4/8-5/27	8	\$235	CQPK
422616-03	Th	4:30-5:20pm	4/9-5/28	8	\$235	PYPK
122616-02	W	6:30-7:20pm	6/17-8/12	8	\$235	CQPK

### Ages 10-13

422616-01	W	4:30-5:20pm	4/8-5/27	8	\$235	CQPK
422616-04	Th	5:30-6:20pm	4/9-5/28	8	\$235	PYPK
122616-01	W	5:30-6:20pm	6/17-8/12	8	\$235	CQPK

## Bounce-Boom Adult Tennis 1 \*

**Ages 15 & up.** Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement, and ball striking skills in a fun learning environment with a low student to instructor ratio. Level 1 players learn the fundamentals, scoring, and develop a lifelong love of the game. Participants must bring their own racquet.

423102-01	M	5:10-6:20pm	4/6-5/18	7	\$265	PYPK
423102-02	M	7:50-9pm	4/6-5/18	7	\$265	PYPK
423102-03	Th	6:30-7:40pm	4/9-5/21	7	\$265	PYPK
123102-01	M	6:10-7:20pm	6/15-8/10	8	\$299	PYPK
123102-02	W	7:30-8:40pm	6/17-8/12	8	\$299	CQPK

## Bounce-Boom Adult Tennis 2 \*

**Ages 15 & up.** Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement, and ball striking skills in a fun learning environment with a low student to instructor ratio. Level 2 players learn important match-play skills that will improve results in open play and tournaments. Participants must bring their own racquet.

423103-01	M	6:30-7:40pm	4/6-5/18	7	\$265	PYPK
423103-02	W	6:30-7:40pm	4/8-5/27	8	\$299	CQPK
123103-01	M	7:30-8:40pm	6/15-8/10	8	\$299	PYPK

## Bounce-Boom Pickleball Level 1

**Ages 15 & up.** Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement, and ball striking skills in a fun learning environment with a low student to instructor ratio. Level 1 players learn the fundamentals, scoring, and develop a lifelong love of the game. Participants must bring their own paddle.

423105-01	Tu	5:30-6:20pm	4/7-5/26	8	\$235	CQPK
423105-02	W	5:30-6:20pm	4/8-5/27	8	\$235	CQPK
423105-03	W	6:30-7:20pm	4/8-5/27	8	\$235	CQPK
123105-01	Tu	5:30-6:20pm	6/16-8/11	8	\$235	CQPK
123105-02	W	6:30-7:20pm	6/17-8/12	8	\$235	CQPK

## Bounce-Boom Pickleball Level 2

**Ages 15 & up.** Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement, and ball striking skills in a fun learning environment with a low student to instructor ratio. Level 3 players will increase power and accuracy while learning advanced match-play techniques and tactics. Participants must bring their own paddle.

423106-01	Tu	7:30-8:20pm	4/7-5/26	8	\$235	CQPK
423106-02	W	6:30-7:20pm	4/8-5/27	8	\$235	CQPK
123106-01	Tu	6:30-7:20pm	6/16-8/11	8	\$235	CQPK
123106-02	W	5:30-6:20pm	6/17-8/12	8	\$235	CQPK

## Bounce-Boom Pickleball Level 3

**Ages 15 & up.** Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement, and ball striking skills in a fun learning environment with a low student to instructor ratio. Level 2 players learn important match-play skills that will improve results in open play and tournaments. Participants must bring their own paddle.

423114-01	Tu	6:30-7:20pm	4/7-5/26	8	\$235	CQPK
123114-01	Tu	7:30-8:20pm	6/16-8/11	8	\$235	CQPK

## Bounce-Boom Adult Tennis 3

**Ages 15 & up.** Bounce-Boom Racquet Sports uses innovative teaching techniques focused on eye tracking, movement, and ball striking skills in a fun learning environment with a low student to instructor ratio. Level 3 players work on developing cleaner, more reliable strokes through match-based drills. Participants must bring their own racquet.

423113-01	W	7:50-9pm	4/8-5/27	8	\$299	CQPK
423113-02	Th	7:50-9pm	4/9-5/28	8	\$299	PYPK
123113-01	M	8:50-10pm	6/15-8/10	8	\$299	PYPK
123113-02	W	8:50-10pm	6/17-8/12	8	\$299	CQPK

## Advantage Tennis: Adult Red Ball Tennis

**Ages 16 & up.** Easy to play, a lifetime to master. The world's healthiest sport is highly accessible, and you only need 1 playmate. More fun than a party. Skill building at a professional tennis pace. Bring your friends. Make social connections. Come out and play!

423110-01	Sa	11:30am-12:30pm	4/11-5/16	6	\$255	CQPK
423110-02	Su	1-2pm	6/28-8/9	6	\$255	CQPK

## Intro to Pickleball \*

**Ages 18 & up.** Pickleball is played on a court, and combines elements of badminton, ping pong, and tennis. Come out, have fun, meet new people, and get some exercise! Please wear tennis or court shoes. All equipment is provided.

423619-01	F	9:15-10:15am	4/10-6/5	9	\$155	CHRC
123619-01	F	9:15-10:15am	6/26-8/21	9	\$155	CHRC

## Intermediate Pickleball \*

**Ages 18 & up.** Classes will focus on competitive play and teaches gamesmanship. Drills will include footwork, weight transfer, and spin serve. Please wear tennis or court shoes. Students must take intro to pickleball prior to registering for this advanced level class. All equipment provided.

423620-01	F	10:45am-12:15pm	4/10-6/5	9	\$155	CHRC
123620-01	F	10:45am-12:15pm	6/26-8/21	9	\$155	CHRC

## Advantage Tennis: Adult Beginner Tennis \*

**Ages 18 & up.** The sport for your longer, healthier life is high-skill fun! Get playing immediately and learn the healthy, performant, modern play in simple steps. You will learn all the fundamental strokes and shots, as well as etiquette and the rules.

### Beginner

423107-01	M	6-7pm	4/13-5/18	6	\$255	CLPK
123107-01	M	6-7pm	6/29-8/10	6	\$255	CLPK

### Advanced Beginner

423107-02	M	7-8pm	4/13-5/18	6	\$255	CLPK
123107-02	M	7-8pm	6/29-8/10	6	\$255	CLPK

## Basketball

### Jump Shots for Tots/Kids

**Ages 3-9.** Play in fun basketball skill-building games to create or fuel a passion for the game of basketball. Come dressed in athletic apparel.

### Ages 3-6

422602-01	Sa	10-10:45am	4/11-5/30	8	\$155	NLRC
122602-01	Sa	10-10:45am	6/27-8/22	8	\$155	NLRC

Spring/Summer 2026



# Sports Classes & Leagues

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## Ages 6-9

422602-02	Sa	11am-12pm	4/11-5/30	8	\$165	NLRC
122602-02	Sa	11am-12pm	6/27-8/22	8	\$165	NLRC

## Run, Shoot, Basketball \*

**Ages 5-8.** This basketball program teaches the fundamentals of basketball in a fun and exciting way, introducing and teaching basketball techniques that will help build a foundation and everlasting appreciation for the sport. Each class is filled with fun mini games and specific skill-building in passing, shooting, dribbling, and defense.

424004-01	Sa	12:15-1pm	4/18-6/6	7	\$135	PHES
124004-01	Sa	12:15-1pm	6/27-8/15	6	\$115	PHRC

## Basketball Drills & Skills

**Ages 7-14.** Participants will learn the basics of passing, shooting, dribbling, offense, and defense. Open to City of Alexandria residents only.

122716-01	W	6-7pm	7/22-8/12	4	\$100	NLRC
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## Hoop Life Skills Academy \*

**Ages 9-14.** Participants will enjoy learning the rules of basketball, fundamental skills, and basic game concepts on regulation hoops in accordance to our certified Jr. NBA youth development curriculum. Participants will get to compete in fun skill-building games and scrimmages for prizes.

422625-01	Sa	12-1pm	4/11-5/30	8	\$165	NLRC
122625-01	Sa	12-1pm	6/27-8/22	8	\$165	NLRC

## Alexandria Select Basketball Program **NEW!**

**Ages 10-17.** The program provides high-level basketball training focused on improving players' basketball IQ, skill development, and overall conditioning in a challenging and supportive environment. Our goal is to help athletes elevate their game and prepare for the next level of competition.

422720-01	W	6:30-7:30pm	4/8-5/27	8	\$130	JHES
122720-01	Tu	6:30-7:30pm	6/2-7/21	8	\$130	JHES

## Running & Track & Field

### Alexandria Titans Indoor Track

**Ages 7-14.** Develop fundamentals in the sport of track and field. This program is focused on running techniques, sportsmanship, and healthy competition.

422719-01	Su	1-2pm	4/26-5/17	4	\$100	PHRC
422719-02	Su	2:15-3:15pm	4/26-5/17	4	\$100	PHRC

### Alexandria Titans Track Club (Outdoors)

**Ages 7-14 as of July 31, 2026.** Club members will receive the basic skills and techniques of track and field with an emphasis on teamwork, sportsmanship, commitment, and healthy competition. Open to City of Alexandria residents only.

122705-01	Tu,Th	6-7:30pm	6/25-8/6	13	\$100	ACHS
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# Sports Classes & Leagues

alexandriava.gov/RPCA/Sports



## Sports Hotlines

For weather & field closure updates

Youth | 703.746.5597

Adult Men's | 703.746.5596

Adult Coed & Women's | 703.746.5595



## Sports Affiliates

**Alexandria Lacrosse Club**  
[alexandrialacrosse.com](http://alexandrialacrosse.com)

The Alexandria Lacrosse Club offers boys and girls a chance to enjoy lacrosse in a fun and structured environment. Our aim is to provide a fantastic lacrosse experience, fostering sportsmanship, teamwork, and leadership skills. Teams are age- and skill-based, welcoming players of all levels from beginners to advanced. Practices are weekly, and games are on Saturdays (boys) and Sundays (girls).

**Alexandria Little League**  
[alexandrialittleleague.org](http://alexandrialittleleague.org)

Alexandria Little League provides softball (ages 6-18) and baseball (ages 4-16) leagues in both Fall and Spring. Practice and game schedules vary by team. Our mission is to instill in our community's children the values of sportsmanship, honesty, loyalty, courage, and respect for authority. This ensures they grow into well-rounded, resilient, and trustworthy citizens.

**Alexandria Rugby Club**  
[alexandriarugby.com](http://alexandriarugby.com)

Alexandria Rugby delivers an exciting, dynamic sport involving running, catching, passing, and, for older players, tackling. Our focus is on ensuring all players have a blast, learn essential skills, stay active, and foster teamwork. We offer non-contact (U6 to U14) and tackle rugby (U12, U14, and high school during the summer), with coed teams until high school.

**Alexandria Soccer Association**  
[alexandria-soccer.org](http://alexandria-soccer.org)

The Alexandria Soccer Association provides year-round soccer and futsal programs for all ages, fostering character, mental and physical fitness, and interpersonal skills through sports. Whether you're into Tots soccer (ages 2-4), soccer camps, recreational play, competitive teams, or the thrilling sport of futsal, we have something for everyone.

**Alexandria Titans Football**  
[alexandriatitansfootball.org](http://alexandriatitansfootball.org)

Alexandria Titans Football is dedicated to offering Alexandria's youth (ages 5-14) a safe, fun, and competitive football experience. Our coaches, volunteers, and parents prioritize teaching football fundamentals with a strong emphasis on safety.

# Sports Classes & Leagues

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## Additional Sports Classes

**Grand Slam T-Ball & Me** \* +ADULT

**Ages 2-3 with adult.** The emphasis at this age is to have fun. This class is geared toward helping establish the true passion and excitement of t-ball, while learning the fundamentals of the sport.

414286-01	Sa	9:30-10:15am	4/18-6/6	\$135	CQPK
114286-01	Su	9:15-10am	6/28-8/9	6	\$115 CQPK

**Little Athletes & Me** \* +ADULT

**Ages 2-3 with adult.** Little Athletes is a fun and exciting collaboration co-ed sports class with the Patrick Henry Center and Tip Top Sports. The program is an athlete's dream, filled with various sports, games, and lead-in activities that will allow kids to develop their true passion for sports.

424006-01	Sa	10:15am-11am	4/18-6/6	7	\$135 PHRC
124006-01	Sa	10:15-11am	6/27-8/15	6	\$115 PHRC

**Biking 4 Tots**

**Ages 3-5.** This Learn to Ride program builds confidence and safe riding skills in a fun, supportive setting. Ages 3-5 move at a slower pace with a focus on balance and play, and balance bikes are required. Ages 6-10 develop skills such as starting, stopping, turning, and speed control. All riders must bring a properly fitted helmet and their own bike.

422638-01	Sa	3-3:45pm	4/11-5/16	6	\$255 JHES
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422638-02	Su	4-4:50pm	4/5-5/17	7	\$295 JHES
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**Junior Dashers**

**Ages 3-5.** Come get your run on! This class promotes physical fitness and develops skills such as running, jumping, and throwing in a fun environment.

422725-01	Su	12-1pm	4/26-5/17	4	\$100 PHRC
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**Lil' Pro Sports**

**Ages 3-5.** Have fun and learn the basics of basketball, baseball, tennis and volleyball in a fun and energetic atmosphere. Participants will be introduced to the fundamentals of sports. All sessions will take place outdoors.

122708-01	Sa	10:15-11am	7/11-8/1	4	\$100 LCCM
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**Lil' Lacrosse** \*

**Ages 3-6.** Kids will develop lacrosse fundamentals in a safe and fun environment. With an emphasis on hand/eye coordination, speed, agility, and stick skills, this class is perfect for participant's brand new to lacrosse. Participants must bring their own lacrosse stick.

422618-01	Su	9-9:45am	4/5-5/17	7	\$139 ODRC
422618-02	Sa	2:30-3:15pm	4/11-5/16	6	\$125 PHRC
122618-01	Sa	2:30-3:15pm	6/13-8/15	8	\$165 PHRC

**T-Ball for Tots** \* NEW!

**Ages 3-6.** This class is the perfect introduction to the game. Participants will develop their sports motor skills, learn the basic rules of the game, and play in fun skill-building games to create or fuel a passion for the game of baseball. Come dressed in athletic apparel.

122604-01	Sa	9-9:45am	6/27-8/22	8	\$155 LEEC
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**Martial Arts 4 Kids** \*

**Ages 3-8.** Learn the basics including kicking, punching, self-defense, balance, discipline, focus, respect, and group interaction. New exercises are introduced each week to build self-esteem and physical conditioning. Instructor's World Taekwondo Federation certified. Uniforms are required after the first class and are part of the tuition. Optional belt testing will be available at the end of the session for an additional fee.

422626-01	W	1-1:30pm	4/8-5/20	7	\$155 ODRC
422626-02	Sa	11-11:30am	4/11-5/16	6	\$135 ODRC

122626-01	Sa	11-11:30am	6/13-8/8	8	\$165 ODRC
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**Touchdown for Tots** \*

**Ages 3-6.** Does your kid like to run, catch, throw, and kick? This exciting intro to flag football class is for them. Participants will develop the basic motor skills for football, learn some of the basic rules, and play in fun games that will teach them the fundamentals of the game. Spaces are limited.

422603-01	F	6:15-7pm	4/10-5/29	8	\$155 JHES
122603-01	F	6:15-7pm	6/26-8/21	8	\$155 JHES

**Grand Slam T-Ball** \*

**Ages 4-6.** This co-ed class is geared toward helping establish the true passion and excitement of T-ball while learning the fundamentals of the sport.

414285-01	Sa	10:20-11:05am	4/18-6/6	7	\$135 CQPK
114285-01	Su	10:15-11am	6/28-8/9	6	\$115 CQPK

**Tip Top Stick Handling** \*

**Ages 4-7.** Tip Top Sticks offer exposure to two different stick sports all in one session. Kids will begin learning hockey first, then lacrosse. Students will learn the fundamentals of each sport while developing stickhandling, passing and scoring through scrimmage games and learning about sportsmanship. Excellent opportunity to learn multiple sports in a safe and dynamic environment.

424214-01	Sa	1:50-2:35pm	4/18-6/6	7	\$135 CQPK
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124021-01	Sa	1:15-2pm	6/27-8/15	6	\$115 PHRC
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**Little Athletes**

**Ages 4-7.** Little Athletes is a fun and exciting collaboration coed sports class. The program is an athlete's dream. It is filled with various Sports, games and lead in activities that will allow kids to develop their true passion for sports.

424008-01	Sa	11:15am-12pm	4/18-6/6	7	\$135 PHRC
124008-01	Sa	11:15am-12pm	6/27-8/15	6	\$115 PHRC

**First Down Flag Football** \*

**Ages 5-8.** Our co-ed flag football program will help players develop an understanding of the game, rules, and technical skills in a fun-filled, exciting environment.

414276-01	Sa	12:55-1:40pm	4/18-6/6	7	\$135 CQPK
124276-01	Su	12:15-1pm	6/28-8/9	6	\$115 CQPK



# Sports Classes & Leagues

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## Nerf Fencing

**Ages 6-11.** Learn the basic stance, lunge, parries, and attacks, and other basic concepts of fencing. All ages will use Nerf foam sabers and have the option to wear fencing equipment.

422609-01 Tu 4-5pm 4/7-5/19 7 \$159 CQRC

## Tip Top All Ball \*

**Ages 7-10.** Combining the excitement of soccer, basketball, and ultimate frisbee, speedball is the ultimate team sport that keeps kids on their toes and engaged. Young athletes will develop agility, coordination, and teamwork skills while having a blast with friends. Each session is filled with high-energy drills, fun games, and competitive scrimmages that foster sportsmanship and confidence.

422639-01 Sa 1-1:45pm 4/18-6/6 7 \$135 PHRC  
122639-01 Sa 2:15-3pm 6/27-8/15 6 \$115 PHRC

## Skateboarding 4 Kids

**Ages 7-14.** This camp is packed with fun, excitement and safety. Campers will receive instruction on how to safely ride, tack turn, kick turn, approach ramps, rock n' roll, rock to fakie, ollie, grind, drop in and get air. Instructional moves and skating games will be incorporated into each camp day. Participants must bring their own skateboards, helmets, and pads.

422623-01 W 4:15-5:15pm 4/8-5/20 7 \$135 SJSP

## Fencing

**Ages 10 & up.** Learn the principles of modern sport fencing including footwork, blade control, and technique. Foils, masks, and jackets are provided. Please wear comfortable athletic clothing. Court shoes or cross trainers recommended. \$30 non-competitive USA Fencing membership

required (details at first class session). Instructor: Olde Town Fencing.

423100-01 W 7-8pm 4/8-5/27 8 \$119 PHES  
123100-01 W 7-8pm 6/17-8/5 8 \$119 PHES

## Adult Kickball

**Ages 18 & up.** Get ready to relive recess, no homework required! Our Adult Kickball League is a fun, social way to stay active while enjoying friendly competition. Teams play weekly games with a focus on sportsmanship, teamwork, and plenty of laughs, making this league perfect for beginners and seasoned players alike. Game schedules, rules, and standings will be provided at the start of the season, so all you need to bring is your game face and a sense of fun!

424111-01 Sa 10am-12pm 4/11-6/6 9 \$10 WRRC

## Leagues

### Miracle Baseball League of Alexandria

**Ages 6 & up.** Play baseball regardless of ability or mental/physical challenges in this non-competitive environment. A buddy assists each player as much as they require in hitting, fielding, and running the bases. In this fun-filled, positive atmosphere, players develop self-esteem, while learning new skills, exercising, and making new friends - turning miracles into reality! \$30 discount for current Alexandria Therapeutic Recreation participants. Youth games will be played on Wednesdays from 4:30-5:30pm and adult games will be played on Saturdays from 1-2:30 p.m.

422704-01 W 4:30-5:30pm 4/22-5/27 6 \$65 LCCM  
422704-02 Sa 1-2:30pm 4/18-5/30 6 \$65 LCCM

### Johnson & Siebert Teen Basketball League \*

**Ages 12-18 as of June 30, 2026.** Boys' and girls' teams will be formed in two divisions (ages 12-14 and ages 15-18). Boys' teams are formed by

skills assessment and draft. Girls' teams are formed by recreation districts. All team practices and league games will be played during the week. Open to City of Alexandria residents only.

122702-01 M,W 6-9pm 6/15-8/5 16 \$100 JHES

## Coed Soccer

**Ages 18 & up.** Kick and Score! Make your workout social by exercising with a team at weekly soccer games. To register, complete the roster form found online at alexandriava.gov/Recreation for a maximum of nine and a minimum of six of either gender. Registration: 2/19-3/29. League Play: April-July 2026. Register by team.

423200 M-Th Varies 4/6-7/21 10 \$895 LMFD

## Coed Volleyball

**Ages 18 & up.** Bump, set, spike! Make your workout social by exercising with a team at weekly volleyball games. To register, complete the roster form found online at alexandriava.gov/Recreation for a maximum of six and a minimum of four of either gender. Registration: 2/19-3/29. League Play: April-July 2026. Register by team.

423201-02 Tu Varies 4/7-7/21 10 \$555 JHES

## Coed Softball

**Ages 18 & up.** Grab some friends for fun recreational play, where each player bats every inning. To register, complete the roster form found online at alexandriava.gov/Recreation for a maximum of nine and a minimum of six of either gender. Registration: 2/19-3/29. League Play: April-July 2026. Register by team.

423205-07 M-Th Varies 4/8-7/21 10 \$555 JHPK

## Sports Events

### Rookie Baseball Clinic

**Ages 4-8 as of July 31, 2026.** Participants will work with instructors on the basics of throwing, catching, fielding, and hitting. The goal is to teach the game of baseball in a fun and safe environment. Open to City of Alexandria residents only.

122714-01 Tu,Th 6:30-7:30pm 7/14-7/16 2 \$45 LCCM

### Alexandria City Track & Field Meet

**Ages 5-14 as of May 31, 2026.** Come show how fast you are! Participants can compete in the 50, 100, 200, 400 meter dash and the 800 and 1600 meter run or get your friends together and form a relay team. Field events include softball throw, standing long jump, and javelin throw. Open to City of Alexandria residents only.

422703-01 Su 12-3pm 5/3 1 Free SSSA

### Adult Glow Volleyball **NEW!**

**Ages 18 & up.** Serve, Spike, and Shine! Get ready for Adult Glow Volleyball, where traditional game play meets a vibrant twist! Play under low-light conditions with black-light effects, don glowing gear, and move to high-energy music as teams rotate, rally, and compete. Open to all skill levels, this program offers a fun, social, and active way to stay fit, meet new people, and light up the court.

424110-01 F 6:15-9pm 7/10 1 \$10 WRRC



## OFFICE OF

# Historic Alexandria

Alexandria residents receive **free admission** to all City-owned museums! For a complete list and hours, visit [alexandriava.gov/Museums](http://alexandriava.gov/Museums).



# Sports Classes & Leagues

alexandriava.gov/RPCA/Sports



## March 21 Teen Centers

For middle & high school students

**Charles Houston, 901 Wythe St.**  
6-8 p.m.

⚡ Sip & paint, 5v5 basketball, Uno No Mercy Tournament + saran wrap ball game

**Patrick Henry, 4653 Taney Ave.**  
6:30-8:30 p.m.

⚡ 3v3 basketball, futsal, glow up studio (hair, nails, temporary tattoos), Tiktok booth, gaming zone, open mic battle + raffle

**William Ramsay, 5650 Sanger Ave.**  
7-10:45 p.m.

⚡ Game truck, karaoke, wing bar + open gym basketball

**Leonard Armstrong, 25 W. Reed Ave.**  
4-6 p.m.

⚡ Raffles + prizes, karaoke challenge (boys versus girls), board game tournament, video game tournaments, sports picture wall, music + food



Register here!

[alexandriava.gov/rpca/teens](http://alexandriava.gov/rpca/teens)





## Education

### Dungeons & Dragons: Create an Adventure **NEW!**

**Ages 9-12.** Enter the world of tabletop gaming as we create our own Dungeons & Dragons-inspired adventures. Participants will build characters, craft stories, solve challenges, and explore concepts like probability while developing social, emotional, and creative skills. Children will collaborate to design a shared world and even lead their own adventure. All materials are provided, just bring your imagination.

442612-01 Th 3-4pm 4/16-5/14 5 \$125 ODRC

## Socialize

### Kid Rock Social Hour **+ADULT** **DROP-IN**

**Ages 0-4 with adult.** It's never too early to help your child learn social skills. This unstructured playgroup encourages development through music, movement, and play. Drop-ins welcome: \$6/child.



453805-01	M,W	10am-12pm	4/20-5/13	8	\$79	MVRC
453805-02	M,W,F	10am-12pm	4/20-5/15	12	\$109	MVRC
153805-01	M,W	10am-12pm	6/1-7/8	12	\$79	MVRC
153805-02	M,W,F	10am-12pm	6/1-7/10	18	\$99	MVRC

### Musical Theatre for Kids

**Contact Leonard "Chick" Armstrong Recreation Center to learn which ages this program is designed for.** Leonard Armstrong is presenting musical theatre for kids, featuring a wide range of genres where music plays a major role in moving stories forward and bringing characters to life.

153704-01 Tu,Th 6:15-7:15pm 7/7-7/30 \$35 LARC

### Silver Knights Chess Club

**Ages 5-12.** Learn chess with Silver Knights (formerly Magnus Chess Academy)! They have taught 100,000 children to play, including state and national champions, but most students are beginners looking to learn a new skill and have fun. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments. All chess supplies provided. All skill levels are welcome.

442632-01	W	6-7pm	4/8-5/27	8	\$179	ODRC
142632-01	W	6-7pm	6/17-8/5	8	\$179	ODRC

### Lego® Lab

**Ages 6-12.** Lego® Builders Unite! This is the perfect challenge for the creative builder. Participants can build LEGO® models to their heart's content or go off the grid and explore their creative side. So, come with friends or pick up some pointers from new LEGO® Masters like you.

494002-01 Tu 5:30-6:30pm 4/21-6/2 7 \$69 PHRC

### Senior Recreation Orientation **55+ NEW!**

**Ages 55 & up.** Join our Senior Wellness Orientation Program for an insightful tour of our recreation center tailored just for you! From fitness classes to social gatherings, discover a range of services, programs, and events designed for your well-being. The orientation includes assistance with financial aid, program registration, and an opportunity to meet staff and instructors. Embrace a healthier and more connected lifestyle with us!

184000-01 W 10am-12pm 8/5 1 Free PHRC



## Financial Assistance

Our department wants everyone to have access to safe and equitable recreation opportunities for all ages, levels and abilities. If you are in need of financial assistance to participate in any of our programs, apply now!

For more information on requirements and how to apply, visit [alexandriava.gov/rpca/financial-assistance](http://alexandriava.gov/rpca/financial-assistance).



## Technology & Science

### Science Art Mania

**Ages 5-10.** Little scientists are introduced to awesome activities that foster curiosity, "what if" questions, and messy fun! Activities include learning how volcanoes evolve and erupt, the use of safe household products for blowing up balloons, making lava lamps, building interactive lung models, and more.

#### Art Box Science Art Mania (Ages 5-10)

443801-01	Tu	6:30-7:30pm	4/21-5/26	6	\$115	MVRC
143800-01	Tu	6:30-7:30pm	6/2-7/7	6	\$115	MVRC

### CyberTeck Classes

**Ages 5-14.** CyberTeck classes introduce students to the exciting world of STEM through hands-on technology programs focused on coding, robotics, game design, engineering, and digital innovation. Designed for a variety of age groups and skill levels, these engaging classes build problem-solving, creativity, and critical thinking skills in a fun, structured environment.

#### CyberTeck Lego® Robotics (Ages 5-9)

442633-01 Sa 9:30-10:30am 4/11-5/9 5 \$165 ODRC

#### Coding with Scratch (Ages 6-9)

142619-01 Sa 9:30-10:30am 6/13-7/18 6 \$199 ODRC

#### Fortnite (Ages 6-9)

142619-02 Sa 10:45-11:45am 6/13-7/18 6 \$199 ODRC

#### Lego® Robotics (Ages 6-9)

142619-03 Sa 9:30-10:30am 7/25-8/29 6 \$199 ODRC

142619-04 Sa 10:45-11:45am 7/25-8/29 6 \$199 ODRC

#### Coding With Scratch (Ages 6-14)

442634-01 Su 2-3pm 4/12-5/10 5 \$165 CHRC

442634-02 Su 3:15-4:15pm 4/12-5/17 6 \$165 CHRC

#### CyberTeck Lego® Robotics (Ages 10-14)

442633-02 Sa 10:45-11:45am 4/11-5/9 5 \$165 ODRC

### LAD Communications Adult Tech Classes

**Ages 35 & up.** LAD Communications has been in business since 2010, specializing in helping Baby Boomers and Beyond in their everyday life, saving money, maintaining care and use of their equipment, and helping to connect them better with their family, friends, and community!

#### Decrease Telecom Costs

443133-01 Tu 10am-12pm 4/7 1 \$65 LEEC

#### Keeping Socially Engaged in Retirement

443133-02 Tu 10am-12pm 4/14 1 \$65 LEEC

#### Get up to Speed on your iPhone/iPad

443133-03 Tu 10am-12pm 4/21 1 \$65 LEEC

#### Computer Maintenance

443133-04 Tu 10am-12pm 4/28-5/5 2 \$135 LEEC

#### Mastering Digital Security & Scam Prevention

443133-06 Tu 10am-12pm 5/19 1 \$65 LEEC

## Connect With Us!

for latest news, events, pop-up programs, Information & more!



[alexandriava.gov/RPCA/Social](http://alexandriava.gov/RPCA/Social)

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Scan the QR Code or visit [alexandriava.gov/rpca/subscribe](http://alexandriava.gov/rpca/subscribe)



## Ballet

### Pre-Ballet & Movement \*

**Ages 3-5.** Do you have an aspiring ballet dancer? This class teaches children the five ballet positions and explores creative movement. Students learn the disciplines of dance while having fun and promoting physical coordination and mental concentration.

452605-01	Sa	9:15-10am	4/11-5/2	4	\$55	CHRC
452605-02	Sa	9:10-9:55am	4/11-5/2	4	\$55	PHES
152605-01	Sa	9:15-10am	7/11-8/8	4	\$55	PHES

### Movement & Ballet

**Ages 3-5.** Does your little one love to move and dance? This class will give your little dancer a basic introduction to ballet steps and positions, while enhancing their motor skills and coordination with fun exercises in music qualities and rhythms, story-telling with movement, and free dance with various props.

453620-01	Su	1:30-2:15pm	5/17-6/28	7	\$35	CHRC
153620-01	Su	1:30-2:15pm	7/5-8/2	7	\$35	CHRC

### Local Motion Creative Ballet

**Ages 5-8.** These classes are designed to introduce ballet concepts and vocabulary to young dancers. Dancers will increase understanding of their bodies in space, how to express ideas through movement, and how to work with others in their class during exercises and dance-making activities.

452632-01	Sa	9:45-10:45am	4/11-5/30	8	\$279	ODRC
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### Ballet I \*

**Ages 5-8.** Learn the basic ballet techniques, including adagio, barre and center floor. Children will learn the disciplines of dance while having fun and promoting physical coordination and mental concentration.

452610-01	Sa	10:15-11:05am	4/11-5/2	4	\$55	CHRC
452610-02	Sa	10:15-11:05am	4/11-5/2	4	\$55	PHES

### Introduction to Ballet

**Ages 5-8.** Introduce your little dancer to the beautiful art of ballet! This class will enhance your child's coordination, balance, and flexibility with the teaching of basic ballet positions, steps, and terminology through standing barre work and simple center floor exercises. Your child will also enjoy simple and fun exercises in creative dance and music exploration.

453621-01	Su	2:30pm-3:15pm	5/17-6/28	7	\$35	CHRC
153621-01	Su	2:30pm-3:15pm	7/5-8/2	7	\$35	CHRC

### Ballet I/Ballet II

**Ages 5-10.** Learn basic ballet techniques, including adagio, basic routines, barre and center floor. Children will learn the disciplines of dance while having fun and promoting physical coordination and mental concentration.

152610-01	Sa	10:15-11:05am	7/11-8/8	4	\$59	PHES
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### Ballet II \*

**Ages 6-10.** Focus on barre, center floor, across the floor, stretching, adagio, and routines with an introduction to leaps, turns, and jumps. Your child will learn the disciplines of dance, while having fun and promoting physical and mental concentration, balance, and strength. Prerequisite: completion of Ballet I or equivalent training.

452611-01	Sa	11:15am-12:05pm	4/11-5/2	4	\$55	CHRC
452611-02	Sa	11:15am-12:05pm	4/11-5/2	4	\$55	PHES

### Youth Ballet

**Ages 6-11.** This beginning level class is designed to develop awareness of alignment and basic ballet vocabulary and technique. Class will include basic barre exercises, as well as center work. Your child will have a fun time learning the secrets behind becoming a great ballerina!

453622-01	Su	3:30-4:20pm	5/17-6/28	7	\$35	CHRC
153622-01	Su	3:30-4:20pm	7/5-8/2	7	\$35	CHRC

### Ballet II/Ballet III

**Ages 6-14.** Focus on barre, center floor, across the floor, stretching, adagio, and routines with an introduction to leaps, turns, and jumps. Your child will learn the disciplines of dance, while having fun and promoting physical and mental concentration, balance, and strength. Prerequisite: completion of Ballet I or equivalent training.

152611-01	Sa	11:20am-12:05pm	7/11-8/8	4	\$59	PHES
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### Ballet III \*

**Ages 7-12.** Focus on barre, center floor, across the floor, stretching, adagio and routine with an introduction to leaps, turns and jumps. learn the disciplines of dance while having fun and promoting physical and mental concentration, balance and strength. Prerequisite: completion of Ballet II or equivalent training.

452612-01	Sa	12:15-1:15pm	4/11-5/2	4	\$65	PHES
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## Dance

### Move With Me \* +ADULT

**Ages 1.5-3 with adult.** This class provides an introduction for young students and one accompanying adult to movement and dance. Using singing, nursery rhymes, activities, props, and the help of their adults, students develop their basic motor skills, coordination, and self-expression.

454205-01	Sa	11-11:30am	4/4-5/16	7	\$129	CQRC
114237-01	Sa	11-11:30am	6/20-8/15	8	\$125	CQRC

### Modern Tots \*

**Ages 3-5.** Students will express themselves creative, artistic soul in everyone because of its expressiveness and freedom of individuality. Techniques and focus on movement from the inside out, encouraging use of breath, energy, and connection. Students will learn a variety of dance styles including hip hop, jazz, and more.

454203-01	Su	10-10:30am	4/12-5/24	7	\$129	CQRC
114236-01	Sa	10-10:30am	6/13-8/8	8	\$149	CQRC

### Jazz Hip Hop Combo \*

**Ages 4-6.** Build confidence as a dancer by learning basic jazz and hip-hop dance principles set to popular music such as syncopated rhythms, body isolations, coordination, and choreography. Develop musicality and rhythm while learning dance vocabulary and the use of counting. This class will encourage students to dance outside of the box and bring their own personality to each movement.

454201-01	Sa	9-9:45am	4/11-5/16	6	\$139	CQRC
154201-01	Sa	9-9:45am	6/20-8/15	8	\$185	CQRC

### Jazz Hip Hop

**Ages 4-11.** Jazz Hip Hop dance class infuses the funky style of hip hop with the technical side of jazz. Students will learn the fundamentals of each style such as isolations and flexibility. This class will encourage students to dance outside of the box and bring their own personality to each movement.

454201-02	F	5-5:50pm	4/10-5/15	6	\$139	CQRC
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### Modern Dance 4 Kids

**Ages 5-9.** Modern Dance appeals to the creative, artistic soul in everyone because of its expressiveness and freedom of individuality. Techniques and

focus on movement from the inside out, encouraging use of breath, energy, and connection. Students will learn a variety of dance styles including hip hop, jazz, and more.

454200-01	W	5-5:50pm	4/8-5/20	7	\$125	CQRC
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### Wedding Dance

**Ages 16 & up.** Learn how to use a basic box step in three popular dances waltz, foxtrot, and rumba and some special steps to move around the floor and show off the dress. In this four-week, eight session series, you'll not only learn three dances, you'll get wedding dance song suggestions, some special wedding dance styling and a fun entrance and end for your very special dance.

453104-01	F	7-8:15pm	4/17-5/22	6	\$85	ODRC
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### Social Dance

**Ages 16 & up.** Join the fun at the next wedding or on your cruise! Master the basic steps of social-style foxtrot, cha cha, and swing. You'll learn to lead and follow as well as the steps and styling to help you step out on the dance floor with confidence. Special styling and music tips for wedding couples and their parents. While singles are welcome, couples are preferred.

453103-01	W	7-8:15pm	4/15-5/20	6	\$85	ODRC
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### Soulful Line Dance

**Ages 18 & up.** Whether you're just starting out or ready to step up your skills, these fun, high-energy sessions are the perfect way to enjoy music and movement. The beginner class is designed for those new to line dancing or looking to build a solid foundation. The intermediate class builds on the fundamentals with more complex choreography, syncopation, and transitions. Expect classic soul, R&B, and smooth grooves to get you moving!

453624-01	M	6:30-7:15pm	4/13-6/1	8	\$45	CHRC
453624-02	M	7:30-8:30pm	4/13-6/1	8	\$45	CHRC
153625-01	M	6:30-7:15pm	6/22-8/1	8	\$45	CHRC
153625-02	M	7:30-8:30pm	6/22-8/1	8	\$45	CHRC

## Music

### Little Hands Music \* +ADULT

**Ages 0-7.** Shake, rattle, and roll with bells, shakers, sticks, drums, and more! Move with scarves, parachute, and hoops to fully experience the joy of movement and music of this sessions theme. All classes are taught by experienced music educators and trained music therapists. To register, visit [littlehands.com](http://littlehands.com) or call 703.631.2046.

459704-01	Th	10:30-11:15am	4/9-6/11	10	Varies	CHRC
459704-02	Th	11:15am-12pm	4/9-6/11	10	Varies	CHRC

### Tiny Tunes Piano (Beginner Piano Exploration) \* +ADULT

**Ages 3-6 with adult.** Introduce your little one to the magic of music with this joyful, hands-on piano class designed just for preschoolers! Through songs, movement, and playful activities, kids develop their listening skills, finger coordination, and a love for the keys—all in a fun, nurturing environment. Rental instrument and music provided. The rental agreement must be signed. Rental instruments must be returned at the last class.

442618-01	Sa	10:30-11am	4/18-5/23	6	\$139	ODRC
142618-01	Sa	10:30-11am	6/20-8/1	6	\$139	ODRC



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[alexandriava.gov/RPCA](http://alexandriava.gov/RPCA)



Register through [alexandriava.gov/WebTrac](http://alexandriava.gov/WebTrac)





# Creative & Performing Arts

alexandriava.gov/RPCA/Creative-Arts

## Keys to Fun! Beginner Piano Class

**Ages 5-12.** Unlock the joy of music with this playful piano class! Students learn notes, rhythms, and short songs in a fun, hands-on environment—no experience needed! Rental instrument and music provided. The rental agreement must be signed. Rental instruments must be returned at the last class.

442624-01	W	6-7pm	4/8-5/13	6	\$155	CHRC
142624-01	W	6-7pm	6/17-7/22	6	\$155	CHRC

## Mark's Music Prep \*

**Ages 6 & up.** Learn a new artistic skill or continue developing! 30 minute lessons are one-on-one with Mark Evans. Instructor can teach piano, violin, cello and double bass. Piano provided but all other instruments must be brought by student.

442611-01	F	3:30-4pm	4/17-5/29	7	\$315	ODRC
442611-02	F	4:10-4:40pm	4/17-5/29	7	\$315	ODRC
442611-03	F	4:50-5:20pm	4/17-5/29	7	\$315	ODRC
442611-04	F	5:30-6pm	4/17-5/29	7	\$315	ODRC
442611-05	F	6:10-6:40pm	4/17-5/29	7	\$315	ODRC
442611-06	F	6:50-7:20pm	4/17-5/29	7	\$315	ODRC
442611-06	F	7:30-8pm	4/17-5/29	7	\$315	ODRC

## Adult Keys to Fun! Beginner Piano Class

**Ages 16 & up.** Unlock the joy of music with this playful piano class! Students learn notes, rhythms, and short songs in a fun, hands-on environment—no experience needed! Rental instrument and music provided. The rental agreement must be signed. Rental instruments must be returned at the last class.

443130-01	W	1-2pm	4/15-5/20	6	\$155	ODRC
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## Visual Arts

### Abrakadoodle Twosy Doodlers +ADULT \*

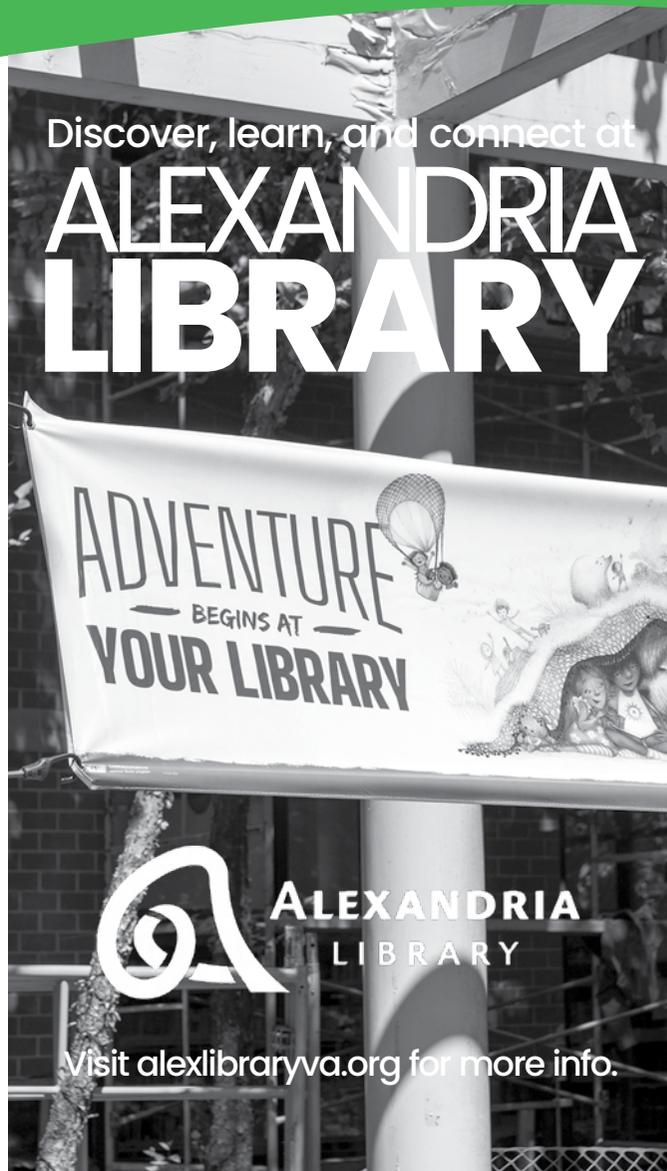
**Ages 20 mos.-3 yrs. with adult.** Little fingers will experiment with painting, gluing, sticking, printing, and creating, while developing fine motor, language, and self-help skills. This is an "I can do it" class that is fun and creative. Each session has new activities, and parents and helpers get to play too.

452600-01	M	10-10:45am	4/6-5/18	7	\$139	ODRC
452600-02	Tu	10-10:45am	4/7-5/19	7	\$139	MVRC
452600-03	Sa	11-11:45am	4/11-6/6	8	\$159	ODRC
152600-01	M	10-10:45am	6/15-8/3	8	\$159	ODRC
152600-02	Sa	11-11:45am	6/20-8/15	8	\$159	ODRC

### Abrakadoodle Mini Doodlers \*

**Ages 3-6.** Develop creativity through carefully designed lessons that ignite imagination and develop skills. Using real artists materials including watercolors, tempera paints, oil pastels, creative tools and more, children create masterpieces that are truly unique. All materials are included in the registration fee.

452613-01	Sa	10-10:45am	4/11-6/6	8	\$159	ODRC
152613-01	Sa	10-10:45am	6/20-8/15	8	\$159	ODRC



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### Artistic Drawing With Young Rembrandts \*

**Ages 5-10.** Develop creativity through carefully designed lessons that ignite imagination and develop skills. Using real artists materials including watercolors, tempera paints, oil pastels, creative tools and more, children create masterpieces that are truly unique. All materials are included in the registration fee.

452626-01	Sa	10-11am	4/11-5/30	8	\$179	ODRC
152626-01	Sa	10-11am	6/20-8/15	8	\$179	ODRC

## Cooking

### Culinary Art - Cooking With Children

**Ages 5-12.** Register your child for this class and they might become the top chef of your kitchen! Kids will build confidence and put their creativity to use in the kitchen while making friends with other kid chefs.

443703-01	Tu, Th	6:15-7:15pm	3/24-4/16	8	\$45	LARC
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Register through alexandriava.gov/WebTrac

# Cultural Activities

alexandriava.gov/Arts



## Celebrate national poetry month in the City of Alexandria

### Creative Pathways - Poetry Panel

Wednesday, April 8 | 12-2 p.m.

Northern Virginia Community College Alexandria

Come be inspired as poets share their journeys, creative paths, and the ways their work has inspired others. The panel may feature Poet Laureates and other accomplished poets.

### Welcome Reception for Cristi Donoso, Poet Laureate, City of Alexandria

Sunday, April 12 | 2-4 p.m.

Charles E. Beatley, Jr. Central Library, 5005 Duke Street.

Meet Cristi Donoso and learn about her plans for the City's Poet Laureate Program during her tenure. Light refreshments will be served.

The reception is a collaborative project between the Alexandria City Public Libraries, and the City of Alexandria Department of Recreation, Parks, and Cultural Activities.

### Poem in Your Pocket Celebration



Thursday, April 23

6:30 p.m.-8 p.m.

The Athenaeum, 201 Prince St.

Doors open at 6:30 p.m., formal program will begin at 7 p.m.

Cristi Donoso, Poet Laureate, City of Alexandria will lead the "Poem in Your Pocket Celebration." Ms.

Donoso will be joined by the 2025 Dashing Words in Motion poets, who will have their poems displayed inside the DASH buses and trolleys in April.

Limited seating will be available, so reservations are encouraged. If you wish to read a poem, or to make a reservation email poet@alexandriava.gov.

The Academy of American Poets designated April as National Poetry Month to celebrate poetry and its ability to enrich everyday life. To learn more about National Poetry Month and the activities celebrated throughout the country, visit Poets.org. To get involved in local poetry activities, email poet@alexandriava.gov or call Cheryl Anne Colton, Regional Program Director at 703.746.5565 or visit alexandriava.gov/Arts.

Registration required for the events above. For question, to register, or to get involved in local poetry activities, email poet@alexandriava.gov or call Cheryl Anne Colton, Regional Program Director at 703.746.5565 or visit alexandriava.gov/Arts.

## Succession Planning

Free | Thursday, March 12 | 12-1:30 p.m.  
For questions, email arts@alexandriava.gov.

This professional development workshop is facilitated by Northern Virginia Local Arts Agencies

Listen to panelists from local organizations discuss their experience with succession planning and transitions. Presented by the NVLAA.

This workshop will explore why succession planning is essential to keep your organization's mission, artistic vision, and community impact thriving. You'll learn how to spot key leadership and creative roles - from executive directors to emerging artists - and build plans that truly reflect your nonprofit's values and culture.

Panelists will discuss their experiences nurturing leadership and artistic growth while making sure diversity, equity and inclusion are at the heart of every succession step. You'll leave with practical tools to create a leadership pipeline that's inclusive, dynamic, and ready for the future. Plus, the workshop will cover simple ways to track and adjust your plans, so they keep pace with your organization's evolving needs - helping you build strong, creative leadership that lasts.

Session will be presented virtually.

Register by scanning this QR:



## Torpedo Factory Art Center

Free | 105 N. Union St.

Open Daily: 10 a.m.-6 p.m.\*

torpedofactory.org

torpedofactory@alexandriava.gov

America's largest collection of publicly accessible working-artist studios under one roof. Explore three floors of artists. Watch them at their craft, ask about their creative processes, and purchase original artwork.

\*Periodic 5 p.m. closure for private events. See dates on our website.



# Camps

alexandriava.gov/RPCA/Camps

## Camps

### Tennis 4 Kids Camp

**Ages 4-6.** Play like the pros in this fun, high-energy tennis class featuring singles and doubles play, round robins, drills, and cardio. Players learn fundamental rules and techniques, while building skills and confidence. Students must bring their own racket.

474211-01	M	9am-12pm	4/6	1	\$99	CQPK
474211-02	Tu	9am-12pm	5/26	1	\$99	CQPK

### Nature Day Camp

**Ages 5-10.** Spend the day discovering something new with our themed camps: get creative in Art & Nature and travel to the past with Prehistoric Virginia. Each camp includes hands-on activities, snacks, and plenty of fun! Please bring a water bottle and a bagged lunch.

#### Wild Art: Creating with Nature's Materials

469862-01	T	9am-3pm	5/26	1	\$75	BFNC
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#### Animals of Ancient Alexandria

469862-02	W	9am-3pm	5/27	1	\$75	BFNC
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### Ultimate Music Experience

**Ages 5-12.** Learn Now Music introduces campers to piano, guitar, violin, drums, voice, and movement through hands-on exploration, games, crafts, and listening activities. Free instrument rentals are provided with a signed agreement and must be returned at week's end. Campers should bring a daily snack and drink; full-day campers should also bring a lunch.

472668-01	Tu	9am-3pm	5/26	1	\$109	CHRC
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### Play-Well Camps

**Ages 5-12.** Join our LEGO® camp for hands-on STEM fun! Build cool machines with physics and engineering, then dive into Minecraft adventures with LEGO®. Craft tools, gather resources, and battle the Ender Dragon. Explore endless possibilities with a trained Play-Well instructor.

#### Minecraft Engineering using LEGO® Materials

472604-01	M	9am-12pm	4/6	1	\$45	ODRC
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#### Spring into STEM using LEGO® Materials

472604-02	M	12:30-3:30pm	4/6	1	\$45	ODRC
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### Abrakadoodle Art Camps

**Ages 5-12.** Celebrate your love of art and animals as you bring your favorite creatures to life through creative expression. From real-life wildlife to imagined beasts, explore your imagination and create artwork inspired by the animals you love most.

#### Furry Friends Art Camp

472600-01	M	9am-3pm	4/6	1	\$65	CHRC
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#### Let the Sun Shine In

472600-02	T	9am-3pm	5/26	1	\$65	ODRC
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### TSP Flag Football Camp

**Ages 6-13.** Learn to pass, catch, run routes and punt like the Pros! Well practice these skills while playing Button Hook and Down & Out, Pitch & Run, and First & Ten. Scrimmages will test your skills, promote teamwork,

and sportsmanship.

472684-01	M	9am-4pm	4/6	1	\$99	JHES
472684-02	Tu	9am-4pm	5/26	1	\$99	JHES

### Tiny Chefs Camps

**Ages 6-10.** Join us for a delicious adventure where creativity meets the kitchen! At Tiny Chefs, campers explore new recipes, cooking techniques, and culinary themes through hands-on activities led by our experienced culinary team. Designed for all skill levels, this camp builds confidence, creativity, and kitchen skills while serving up plenty of tasty fun.

#### Fiesta Kitchen Camp

472677-01	M	9am-4pm	4/6	1	\$155	ODRC
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#### Sweet & Savory Pies

472677-02	Tu	9am-4pm	5/26	1	\$155	ODRC
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### Silver Knights Chess Camp

**Ages 6-12.** Silver Knights Chess Academy has taught 100,000 children to play, including state and national champions, but most students are beginners looking to learn a new skill and have fun. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments. All chess supplies provided. All skill levels are welcome.

472675-01	M	9am-4pm	4/6	1	\$89	ODRC
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### Gymnastics Camps

**Ages 6-14.** Learn basic gymnastics skills on four events (vault, bars, beam, and floor) using proper body position and correct form with training equipment. Campers will gain strength, flexibility and coordination.

474215-01	M	9am-4pm	4/6	1	\$99	CQRC
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474215-02	Tu	9am-4pm	5/26	1	\$99	CQRC
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### Hoop Life Basketball Camp

**Ages 6-14.** Participants will walk away from this well-structured and exciting camp with improved skills, greater knowledge, and a heightened passion for the game of basketball. All of The Hoop Life coaches have played and/or coached higher levels of basketball, from high school to the NBA.

472601-01	M	9am-4pm	4/6	1	\$99	JHES
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472601-02	Tu	9am-4pm	5/26	1	\$99	JHES
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### Soccer Pros Soccer Camp

**Ages 6-14.** Younger campers learn fundamental skills through dribbling, shooting and passing games in a warm and friendly environment. Older age groups focus on developing skills and techniques through soccer games, challenges, and team-building competitions.

472632-01	M	9am-4pm	4/6	1	\$99	JHES
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472632-02	Tu	9am-4pm	5/26	1	\$99	JHES
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### PS Karma Camps

**Ages 8-12.** Students will dive into whimsical arts and crafts projects, from spellbinding paintings to enchanted sculptures. Unleash your creativity and explore a world of color and wonder. Join us for a magical journey of self-expression and fun!

#### Magical Art Camp

472635-01	M	9am-4pm	4/6	1	\$145	CQRC
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#### Mini Makers: Cake Decorating Class

472635-02	Tu	9am-4pm	5/26	1	\$185	CQRC
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## Teen Programs

### Basics of Manga Drawing

**Ages 8-12.** Come join the fun of drawing awesome manga stories! Our program will teach you how to draw cool characters and detailed scenes including shadows and lighting. Learn to create interesting story settings and improve your writing style.

454002-01	M	5:30-7pm	4/20-6/1	7	\$90	PHRC
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### Advantage Tennis: Middle School Tennis

**Ages 11-14.** Fun, modern, and healthy classes to build tennis abilities and skills. Make friends and learn how to play better and faster.

422632-01	W	3:30-4:30pm	4/8-5/13	6	\$255	GWMS
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### The Anime Society \*

**Ages 11-17.** Join Anime Society, the ultimate gathering for anime enthusiasts! Immerse yourself in the captivating world of Japanese animation. Connect with fellow fans, discuss your favorite series, watch screenings of popular shows, participate in cosplay events, and embrace the excitement of all things anime. Let's celebrate the artistry of anime together!

484011-01	W	6-7:30pm	4/22-6/10	7	Free	PHRC
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### Green Teen Club \*

**Ages 11-18.** The ultimate gathering for nature enthusiasts! Teens will enjoy a variety of outdoor activities and discussions on sustainability, environmental justice, and green careers. There will also be opportunities to connect with the community, network with guest speakers, and make an impact through citizen science. This club will take place on the 1st and 3rd Wednesday of the month.

469813-01	W	6-7pm	5/20	1	Free	BFNC
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### Teen Fishing Trip

**Ages 11-18.** Catch and release with your friends while learning about wildlife conservation! No experience, equipment, or fishing license required. Rods, reels, bait, and instruction are provided. Local fishing location to be determined.

469844-01	Sa	3-5pm	6/6	1	\$10	BFNC
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### Local Motion Teen Beginner Ballet

**Ages 12-17.** This class is designed for teens who are new to ballet or returning after time away. The progressive curriculum emphasizes body positivity, student voice, and safe training practices in an age-appropriate way. Students build coordination, strength, and body awareness while developing technical understanding, musicality, and confidence through movement.

452636-01	F	7:30-8:30pm	4/10-5/29	8	\$285	ODRC
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### Teen First Friday

**Ages 12-17.** Come and enjoy First Friday at Charles Houston Recreation Center! Fridays are designed for teens to kick back, hang out and have fun with friends. Each Friday will have a different theme with games, music, food, and fun!

483629-01	F	6-10pm	5/1	1	Free	CHRC
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483629-02	F	6-10pm	6/5	1	Free	CHRC
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### Spring/Summer 2026

# Teens

alexandriava.gov/RPCA/Teen-Programs



183629-01	F	6-10pm	7/3	1	Free	CHRC
183629-02	F	6-10pm	8/7	1	Free	CHRC

### Circle of Girls \*

**Ages 12-18.** The Circle of Girls program empowers young girls by focusing on building self-esteem, developing coping skills, and fostering meaningful friendships. Through engaging activities and discussions, participants gain confidence, resilience, and a supportive network, enabling them to navigate life's challenges with strength and positivity.

484010-01	Tu	6-7:30pm	4/21-6/9	7	Free	PHRC
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### Teen Open Court

**Ages 14-18.** The Teen Open Court Program offers a safe, supervised space for teens to enjoy pickup basketball all summer long. Participants can stay active, sharpen their skills, and engage in friendly competition while building teamwork, sportsmanship, and positive connections. It's a fun, structured environment where teens can compete, connect, and stay healthy all season.

122719-01	W	12:30-3pm	6/17-8/12	9	Free	GWMS
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## WE'RE LISTENING

Your Experience Matters!

At the City of Alexandria's Department of Recreation, Parks & Cultural Activities, we're committed to delivering service that's responsive, professional, courteous & accountable. Your input helps us grow & improve.

Tell us how we're doing by completing a quick survey:

[alexandriava.gov/RPCA/Experience-Survey](https://alexandriava.gov/RPCA/Experience-Survey)





# Afterschool Programs

alexandriava.gov/RPCA/OSTP



## 2025-26 School Year Power-On

**Ages 5-11.** Meet friends, play, build, learn, and grow through a variety of recreation, enrichment, and leisure activities. Afterschool fun includes arts and crafts, sports, cooperative games, performing arts, music and movement, enrichment, cooking, STEAM, physical fitness, and health & wellness. Participants will engage in theme-based activities and special events that promote self-awareness and confidence, as well as self-expression and creativity, while having fun and making new friends. Holiday and registration maximum and minimum vary by location. Program meets 2:30-6pm when ACPS schools are open, at the following locations: JAES, DMES, CBRC, CHRC, LARC, FDES, MVRC, PHRC, and WRRC.

**Registration:** Payment of \$892 is due at the time of registration and can be made by check, credit card or money order, payable to the City of Alexandria. Open to City of Alexandria residents only. Financial assistance and payment plans are available for eligible families. For more information, please contact the Registration & Reservation Office at 703.746.5414.

### Brain Games Answer Key

Across 1 playground 2 rec center 3  
public space 4 Jones Point 5 jazz fest  
6 Wilkes 7 Tunnel 8 Post 9 Laureate  
Down 1 Cronoco Bay 2 Iycenum 3 blue 4  
5 Mentorship 6 Street

3	7	2	6	5	1	8	7	9
7	9	5	2	7	4	6	1	3
8	1	6	3	9	7	2	5	4
9	3	1	6	7	5	8	2	4
8	6	7	2	1	4	3	5	9
2	4	5	3	8	3	5	7	2
6	7	1	1	7	7	6	2	1
1	9	3	5	4	6	7	8	2
7	2	4	8	9	1	6	3	5
5	8	6	3	2	7	4	9	1

## 2026-27 School Year Power-On Registration Begins June 24.

Registration process details will be available at [alexandriava.gov/Recreation](http://alexandriava.gov/Recreation)

## School Year Power-On/Power-Up Financial Assistance Pre-Registration

Available to families who qualify for federal assistance programs (free/reduced school meals, SNAP, and TANF).

Pre-registration opens June 7 and ends June 12. Families will be notified of their eligibility via email or by phone beginning June 17. General online only registration opens June 24 at 9am. In-person registration opens June 25 at 9am. Both in person and online registration will remain open until all openings are filled. Pre-registration forms can be completed online or onsite at one of the neighborhood recreation centers, or any OSTP afterschool location during regular program hours. In accordance with the City of Alexandria's Social Equity Initiative, pre-registration in the Power-On Out of School Time Program (OSTP) is available for families who qualify for federal assistance programs.

### Financial Assistance Procedures:

To be considered for financial assistance, the Financial Assistance Application form must be completed and submitted with supporting documentation within one (1) week of registration. Applicants must provide at least one of the following documents: official free/reduced school meal eligibility letter, official SNAP documentation, official TANF documentation, or official Department of Community and Human Services (DCHS) documentation. 2025-26 documentation is accepted.

Any request for fee assistance without the stated documentation or at a level above and beyond the established discount must include an explanation and be approved by a Recreation Services Division Chief. This process takes additional time and registration will be delayed until approval has been secured.

For more information, please call 703.746.5414.

Program Fees subject to increase beginning July 1.

SCHOOL YEAR POWER-ON FEES	
Full Program Fee	\$892
Free/Reduced School Meals	\$305
SNAP	\$255
TANF	\$149

# Nature & Environment

alexandriava.gov/NatureCenter



## Nature & Environmental Education

Nature Play **+ADULT** **DROP-IN**

**Ages 2-5 with adult.** You're invited to join our educator-led nature playdates! Children will explore nature through hands-on activities both in and outdoors (weather permitting). Activities will vary each month and may include both structured and unstructured play. Drop-ins welcome.

469860-01	Sa	10:30-11:30am	5/9	1	\$5	BFNC
469860-02	Sa	10:30-11:30am	6/13	1	\$5	BFNC
169825-01	Sa	10:30-11:30am	7/11	1	\$5	BFNC
169825-02	Sa	10:30-11:30am	8/8	1	\$5	BFNC

### First Friday Bird Count

**Ages 5 & up.** Join an environmental educator on the first Friday of each month for a morning bird count. Participants will observe a variety of species in Dora Kelley Park as the seasons change and contribute data to conservation efforts. Binoculars will be available to loan. All experience levels are welcome.

469838-01	F	9-11am	5/1	1	\$5	BFNC
469838-02	F	9-11am	6/5	1	\$5	BFNC

### Snakes Around the World

**All Ages.** Learn about different species of snakes from all over the world. See the different types of environments they live in and what makes them unique. This program includes a hike and meeting live snakes.

469834-01	Sa	10:30-11:30am	6/6	1	\$5	BFNC
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### Wildlife at Night **NEW!**

**All Ages.** Have you ever wondered why owls hunt at night or why bats are not seen during the day? Join us as we learn about Virginia's nocturnal wildlife! We will meet some of our nocturnal animal ambassadors and go on a hike through Dora Kelley Nature Park in search of these animals of the night.

169824-01	F	7-8:30pm	6/26	1	\$5	BFNC
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### City Nature Challenge Bioblitz **NEW!**

**All Ages.** You're invited to join our educator-led nature extravaganza, and we will be counting the flora and fauna within Dora Kelly Nature Park.

469850-01	Sa	10:30am-12pm	4/25	1	Free	BFNC
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Spring/Summer 2026



## Discover Nature at JEROME "BUDDIE" FORD NATURE CENTER

From wildlife encounters to peaceful trails, there's something for everyone.

5750 Sanger Ave.

Open W-Sa 10 a.m.-4 p.m. year-round excl. holidays

Weekday Activities at 11 a.m. | Open to the public

- **Wednesdays:** Storytime in Our Library
- **Thursdays:** Animal Brunch-watch animal feedings
- **Fridays:** Animal Meet & Greet



**Interactive Exhibits:** Get up close with live animals & learn about our region's ecosystems.



### Scenic Trails:

Wander through the beauty of Dora Kelley Nature Park & embrace the tranquility of the outdoors.



**Programs & Events:** Explore workshops, birdwatching & engaging activities perfect for all ages!

Questions?

Call 703.746.5559

Visit us online to learn more:

[alexandriava.gov/NatureCenter](http://alexandriava.gov/NatureCenter)



# Registration Information

**Spring Registration:** Residents: March 18 & Non-Residents: March 20  
**Summer Registration:** Residents: May 13 & Non-Residents: May 15

## 3 WAYS TO REGISTER



### Web

- Payment by credit card (Visa/Mastercard) or eCheck
- Visit alexandriava.gov/Recreation
- For login information, call 703.746.5414 or email registerARPCA@alexandriava.gov



### Walk-In

- Complete all information on the registration form including signature, and bring to the **Registration and Reservation Office, Lee Center, 1108 Jefferson St., Alexandria, VA 22314**
- Payment by credit card (Visa/Mastercard), cash, money order, or check payable to *City of Alexandria*



### Mail-In

- Mail completed registration form to the **Registration and Reservation Office, Lee Center, 1108 Jefferson St., Alexandria, VA 22314**
- Payment by check payable to *City of Alexandria*
- Mail-in registration takes at least 5 days to process. Mail-in registration **does not** guarantee placement in a class.

**Accommodations:** City of Alexandria programs, services, and facilities are available to all. The City of Alexandria complies with the Americans with Disabilities Act for qualified individuals. To make an ADA accommodation request, please call 703.746.4343 or VA Relay 711 two weeks prior to an event, activity, or registration deadline. If you need assistance with making your request or have questions about types of accommodations, please call the Therapeutic Recreation Office at 703.746.5550 or VA Relay 711. The City of Alexandria Department of Recreation, Parks, and Cultural Activities shall endeavor to meet requests for written material in alternative formats, including braille, within 10 days of the request.

**Cancellations:** Classes that have not met the minimum number of enrollees are cancelled approximately one week before the start date. Participants are notified of cancelled classes by phone or email.

**Class Size:** The minimum and maximum number of participants is based on one instructor. Class size may be increased when instructors are added.

**Confirmation:** Non-web registrants receive a confirmation receipt by mail. If you do not receive a confirmation in the mail, please call to confirm receipt of registration.

**Fees:** All fees must be paid in full and are due at the time of registration. Partial payment does not reserve enrollment. All personalized checks and money orders are payable to the *City of Alexandria*. You may use one form and check for family registrations. Fees are subject to change without notice.

**Fee Assistance:** To view the policy and access the Financial Assistance request form, visit alexandriava.gov/12288.

**Refund/Credit Policy: Registrants may request a refund or household credit for programs in writing** to the Lee Center, 1108 Jefferson St., Alexandria, VA 22314 or by emailing [registerarpc@alexandriava.gov](mailto:registerarpc@alexandriava.gov) based on the following criteria:

- Full credits are processed for activities cancelled by the department. If a refund is preferred, please let us know.
- Registrants dissatisfied with a class/program are encouraged to contact RPCA as soon as possible, so that we

can make it right. If we are unable to correct the issue, a credit or refund may be issued.

- Registrants unable to attend a program due to relocation from the City of Alexandria may request a refund.
- Credits will remain on a household account for no more than 90 days. Credits older than 90 days will be processed as a refund back to the customer.
- Adult league fees are non-refundable.

**Inclement Weather:** To view inclement weather and closure information, visit alexandriava.gov/rpca/recreation-closures.

**Non-resident Fee:** A fee of \$35 per person, in addition to the class fee, is required for all activity sections. This fee is non-refundable except when class/activity is cancelled by the Recreation, Parks, and Cultural Activities Department.

**Recreation Center ID Policy:** Proof of residency is required to register at neighborhood recreation centers. All participants who are 13 years of age or older are required to have a recreation center identification (initial ID card provided free of charge) to gain entrance to neighborhood recreation centers. ID cards are good for one year (July to June), and verification of residency is required to renew each year. A \$5 fee will be charged to replace lost ID cards. Acceptable forms of identification to verify City residency include:

1. Current VA driver's license with current utility bill;
2. Current picture ID along with a current lease, City issued document or utility bill; or
3. Current Alexandria School ID (students) and verification of parent's residency. Parents' residency may be verified as stated above.

**Release:** Participants in activities sponsored or cosponsored by the Department of Recreation, Parks, and Cultural Activities consent to the City's use of any photograph, film, or videotape of the activity in any marketing or promotional material.

**Senior Discount:** City residents 60 and older receive a 20% discount upon request. Visit alexandriava.gov/12288 for details about the fee assistance policy.

**Therapeutic Recreation:** Participants are required to have an Individualized Education Plan (IEP) or 504 Plan. All programs require an initial assessment and eligibility approval prior to participation in programs. To register, call 703.746.5550.

**Wait List:** If a class is full, a wait list is generated, and individuals on the wait list will be contacted if space becomes available.

**Waiver:** Fees, programs, and hours subject to change. Visit alexandriava.gov/Recreation or call 703.746.4343 for additional information.

## Registration Form

Questions? Call 703.746.5414 (M-F 9 am-7 pm), VA Relay 711 or email [registerarpc@alexandriava.gov](mailto:registerarpc@alexandriava.gov)  
**Spring Registration:** Residents: March 18 & Non-Residents: March 20  
**Summer Registration:** Residents: May 13 & Non-Residents: May 15

### 1 HOUSEHOLD INFORMATION- PLEASE PRINT \*Required Information. Refund Policy included in registration information on previous page.

\* Name of Head of Household (First/Last) \_\_\_\_\_ Check if change of Address Phone Email Effective Date \_\_\_\_\_  
 \*Address \_\_\_\_\_ \*City, State, Zip \_\_\_\_\_  
 \*Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 \*Head of Household Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_ \*Male/Female? (Circle) Email Address \_\_\_\_\_

### 2 ACTIVITY REGISTRATION (Please fill out completely. Attach an additional sheet if necessary)

Participant's Name	Gender M / F	Date of Birth	Activity Title	Activity #	Start Date	Fee
Joey Sample	M	1/2/12	Soccer Tots	322610-01	1/18/18	\$169

#### Total Listed Fees

Deduct Account Credits/Discounts-

Non-resident Fee (\$35 each/ per activity) +

Donation +

**TOTAL (Pay this Amount)**

**REGISTRATION DEADLINE** - Classes that have not met the minimum number of enrollees are cancelled approximately one week before the start date. Participants are notified of cancelled classes by phone or email and given a credit unless a refund or transfer is requested. Please allow 3-4 weeks for refund.

### Make checks payable to "City of Alexandria"

### 3 PLEASE READ AND SIGN BELOW:

**Hold Harmless Agreement:** In consideration of the City of Alexandria, Department of Recreation, Parks and Cultural Activities, conducting various programs and allowing the above to participate in such programs, the undersigned realizing the risk of injury attendant to such programs, does hereby and forever discharge the City of Alexandria, Department of Recreation, Parks and Cultural Activities and its officers, agents, contractors and employees from any and all action, claims or liability resulting from or arising out of or based upon any bodily injury or property damage which may be sustained by the undersigned or the undersigned's child while participating in such programs.

**Signature required of an adult participant, parent or guardian of child** \_\_\_\_\_ Date \_\_\_\_\_

**UNSIGNING REGISTRATION FORMS ARE RETURNED AND MAY AFFECT REGISTRATION IN CLASS**

### FEE ASSISTANCE PROGRAM FOR CITY RESIDENTS

The Department of Recreation, Parks and Cultural Activities encourages participation in City programs from all City residents. If you, a member of your family or a friend would like to participate in programs or activities sponsored by this department and are in need of fee assistance in order to participate, please contact the sponsoring program office for more detailed information at least two weeks in advance. For general information, please call 703.746.5414 or use VA Relay 711.

### 4 REGISTRATION METHOD

**Mail-In or Drop-Off:**  
 Registration & Reservations/Lee Center  
 1108 Jefferson St., Alexandria, VA 22314

**Web:**  
[alexandriava.gov/Recreation](http://alexandriava.gov/Recreation)

**Questions?**  
 Call 703.746.5414  
 Email [registerarpc@alexandriava.gov](mailto:registerarpc@alexandriava.gov)

**For Office Use Only:**  
 Check #: \_\_\_\_\_ Amt: \_\_\_\_\_  
 Date Received: \_\_\_\_\_ Staff: \_\_\_\_\_







# Community Activities

alexandriava.gov/RPCA/Events

## Community Activities

### Armstrong Spring Tech Refresh Event

**All Ages.** Need to declutter those unwanted electronics for free? Then spring into action by dropping off those unwanted, unused pieces of hardware at the Leonard Armstrong electronics recycling event. We are also expanding the mind on today's digital age issues and problems relating to cyber bullying, missing and exploited children, and other related issues facing our children. (Certain items might be limited to a certain amount per person based on recycling requirements).

483712-01 Sa 11am-1pm 4/11 1 Free LARC

### Charles Houston Line Dance Social

**Ages 18 & up.** Join us on Tuesdays this winter for Line Dance Socials! Get your boots ready and come join us for an evening of toe-tapping fun and socializing. No experience necessary, just bring your enthusiasm and get ready to groove to some of your favorite tunes. See you on the dance floor!

483633-01 Tu 6:30-8:30pm 4/14 1 Free CHRC

483633-02 Tu 6:30-8:30pm 5/12 1 Free CHRC

183633-01 Tu 6:30-8:30pm 7/14 1 Free CHRC

### Nerf the Turf

**Ages 7-12.** More than a battle with foam darts, kids develop teamwork, problem-solving, and sportsmanship skills. Bring gear and equipment, and we will supply the ammo.

484002-01 F 6:30-8:30pm 4/17 1 \$19 PHES

484002-02 F 6:30-8:30pm 6/5 1 \$19 PHES

### Dodgeball Fanatics

**Ages 7-12.** Duck, dip, dive, and dodge to a great time. This instructor-led program teaches participants a safe way to play dodgeball with gatorskin balls in a controlled environment. Each session's participants will be placed on teams based on their age and skills.

484004-01 F 6:30-8:30pm 4/24 1 \$19 PHES

484004-02 F 6:30-8:30pm 5/15 1 \$19 PHES

### Le Brunch en Bleu

**All Ages.** This event is designed to bring people together and strengthen social connections among residents of Alexandria's West End, while warmly welcoming Alexandrians, guests, and visitors from across the city. Community members are encouraged to bring blankets, tables, chairs, food, drinks, family, and friends for a relaxed afternoon of gathering, socializing, and fun in a welcoming, community-centered atmosphere.

484107-01 Sa 12-4pm 4/25 1 Free WRRRC

### K-Pop Hunters Glow Party

**Ages 6-10.** This party is themed after the blockbuster movie! Kids can dance to hits from the movie, enjoy creative arts & crafts activities, and munch on tasty snacks, all while glowing under colorful lights! It's the perfect time for friends, fun, and imagination.

483603-01 Sa 1-3pm 4/25 1 \$5 CHRC

### RecFest

**All Ages.** The City of Alexandria presents RecFest! This free event is full of family fun with activities representing the City's fitness, sports, enrichment, arts, nature, out-of-school time, and summer camp programs. Enjoy demos, meet instructors and staff, and register for programs and camps on-site.

487600-01 Sa 10am-2pm 5/2 1 Free PHRC

### Mother's Day Sip & Paint

**Ages 5 & up.** Join us for an afternoon of creativity, relaxation, and celebration as we honor mothers, grandmothers, and mother figures in our community. Guests will enjoy guided painting instruction in a fun and welcoming atmosphere, and no experience is needed! Sip on refreshing beverages, connect with friends and create a beautiful keepsake to take home.

483819-01 Sa 11am-1pm 5/2 1 \$15 MVRC

### Parents Night Out

**Ages 5-12.** Mom and Dad, have a fun night with friends, while we entertain your kids! The kids will enjoy games, activities, and more.

483816-01 F 6:30-8:45pm 5/8 1 \$25 MVRC

183819-01 F 6:30-8:45pm 6/12 1 \$25 MVRC

### Asian American Pacific Islander Month Celebration

**All Ages.** Celebrate Asian American and Pacific Islander cultures through food, music, performances, art, and community storytelling. This family-friendly event features local vendors, live entertainment, cultural demonstrations, youth activities, and resources highlighting the diversity, history, and contributions of AAPI communities. All are welcome to connect, learn, and celebrate together with neighbors present.

484014-01 Sa 3-7pm 5/30 1 Free PHRC

### Charles Houston Kiddie Cabaret +ADULT

**Ages 1-5.** Dance until nap time! Children will come dressed to impress and dance to the latest kiddie tunes. Lunch will be served, and plenty of fun activities to enjoy as well. Children must be accompanied by at least one parent or guardian.

483602-01 Sa 10am-12pm 6/13 1 \$6 CHRC

### 48th Annual ALX Jazz Fest

**All Ages.** Celebrate jazz music, America's original beloved art form, at the Alexandria Waterfront! Enjoy live performances by some of the region's top jazz performers, along with inspiring words by renowned poets. Plus: experience hands-on art projects, lawn games, food vendors, and drinks all afternoon. Located at Waterfront Park (1A Prince St.).

F 12-6pm 6/12 1 Free WFPK

Sa 12-9pm 6/13 1 Free WFPK

Su 12-6pm 6/14 1 Free WFPK

### Live on Top of The Hill (Concert Series)

**Ages 18 & up.** Enjoy an evening of music and community at our Live Concert Series, featuring a rotating lineup of talented folk, cover, and mariachi bands. Hosted indoors or outdoors, this series offers a relaxed, family-friendly atmosphere where residents can unwind, connect with neighbors, and enjoy diverse musical styles. From acoustic folk favorites

and crowd-pleasing covers to the vibrant sounds of traditional mariachi, the concert delivers a unique cultural experience.

184102-01 Sa 12-3pm 6/27 1 Free WRRRC

184102-02 Sa 12-3pm 7/25 1 Free WRRRC

### Community Family Picnic

**All Ages.** What's more fun than gathering with friends, family, and fellow Alexandrians to enjoy an evening of activities and entertainment in the park while forging new relationships.

183705-01 F 6:30-7:30pm 7/10 1 Free LARC

### Alexandria & USA Birthday Celebration

**All Ages.** The City will celebrate its 277th and the USA's 250th birthday on Saturday, July 12, at Oronoco Bay Park (100 Madison St.). Experience this one-of-a-kind Alexandria event with your family. The evening includes live music, food and drink vendors, and ends with the grand finale, a fireworks display on the Potomac River at 9:30 p.m.

Sa 6-9:45pm 7/11 1 Free OBPK

### Charles Houston's Summer-ween

**Ages 2-5.** Celebrate Halloween—summer style! Little ghouls and goblins are invited to our Summer-ween party, a not-too-spooky event! Children can come dressed in their favorite costumes and enjoy soft play toys, ride-on toys, festive music, simple crafts, and tasty treats. This playful mash-up of summer fun and Halloween cheer promises a safe, silly, and smile-filled experience for our youngest celebrators.

183612-01 Sa 10am-12pm 7/12 1 \$6 CHRC

### Top of The Hill (Adult Social)

**Ages 18 & up.** Top of the Hill Adult Social is a casual, welcoming program designed for adults to connect, unwind, and enjoy time together in a relaxed group setting. Participants will take part in light activities such as games, conversation starters, music, and themed social nights that encourage

## Individuals with Disabilities

### Therapeutic Recreation

Nannie J. Lee (1108 Jefferson St.) | 703.746.5550 | VA Relay 711

The Department of Recreation, Parks, and Cultural Activities is committed to providing innovative, inclusive, accessible, and affordable programs, which enhance the health, well-being, and quality of life for Alexandria residents with all abilities.



Look for the **TR** icon throughout this guide for programs designed for individuals with disabilities.

Please contact the Therapeutic Recreation office at 703.746.5550 for more information, and to determine whether Therapeutic Recreation programs are right for you or a family member. Participants are required to have an Individualized Education Plan (IEP) or 504 Plan. All programs require an initial assessment and eligibility approval by Therapeutic Recreation staff prior to participation in programs.

interaction, friendship, and community building. It's a great way to meet new people and enjoy a fun, laid-back evening.

184103-01 F 6:30-9pm 7/31 1 Free WRRRC



## Get Involved

The City of Alexandria Department of Recreation, Parks, and Cultural Activities provides many ways to be active and connect with neighbors. Help shape your community by volunteering. A wide variety of opportunities are available throughout the year, including:

- Advisory Councils
- Patrick Henry Recreation Center
- Charles Houston Recreation Center
- Chinquapin Park Recreation Center & Aquatics Facility
- Leonard "Chick" Armstrong Recreation Center
- Mount Vernon Recreation Center
- William Ramsay Recreation Center
- Youth Sports
- Therapeutic Recreation
- Youth Sports Coaches
- Therapeutic Rec Aide
- Program Support
- Greeter
- Administrative Support
- Park Clean-up & Planting
- Special Event Support

For available opportunities, visit [alexandriava.gov/Volunteer](http://alexandriava.gov/Volunteer).

# A New Chapter for the West End

*The Revitalized William Ramsay Recreation Center*



In the heart of the West End, the William Ramsay Recreation Center is stepping confidently into a new era defined by wellness, inclusivity, and deeper community connection. As part of the City of Alexandria's continued investment in vibrant, community-centered spaces, the center is undergoing thoughtful upgrades that reflect what residents have asked for most: more opportunities to stay active, gather comfortably, and grow together.

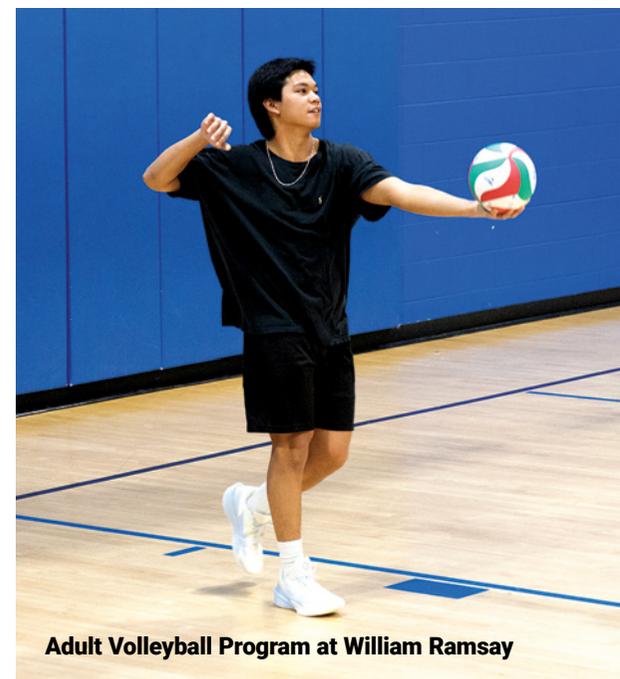
One of the most exciting improvements underway is the renovation of the center's dance studio. Once complete, the refreshed space will be dedicated exclusively to group fitness programming, creating a focused and comfortable environment designed specifically for adult wellness. The studio will host SAIL, Eccentrics, Yoga, Zumba, and

additional low-impact and strength-based classes that support balance, flexibility, cardiovascular health, strength, and overall well-being. With options tailored to a variety of fitness levels, the center is making it easier for adults and seniors to stay active and maintain independence.

Beyond the fitness studio, the center is upgrading its multi-purpose rooms with new tables and chairs. These enhancements will strengthen the Out of School Time Program, support community groups and rentals, and provide flexible spaces that adapt to the evolving needs of families in the West End. These revitalization efforts align with the City of Alexandria's broader goals of expanding access to high-quality, community-centered spaces that promote health, wellness, and lifelong learning.



Community feedback played an important role in shaping this new chapter.\* Residents consistently expressed interest in more adult wellness classes, improved fitness spaces, and more comfortable gathering areas. The decision to dedicate the studio to group fitness and improve shared spaces reflects that input and reinforces the center's commitment to listening and responding.



Youth development remains a cornerstone of the center's mission. Enhanced multi-purpose rooms will support academic enrichment, recreation, and social development through the Out of School Time Program. Inspire to Lead and RPCA Future Leaders continue to provide mentoring and leadership development opportunities for students across the city, ensuring young people have a safe and empowering place to grow.



Wellness at the center extends beyond fitness. In partnership with ALIVE!, the center hosts monthly food distributions to help address food insecurity and support family stability in the West End. Through additional partnerships with organizations such as Nova Raft and Alexandria Soccer Association, residents have access to educational programs, youth athletics, and community resources that serve multigenerational families.

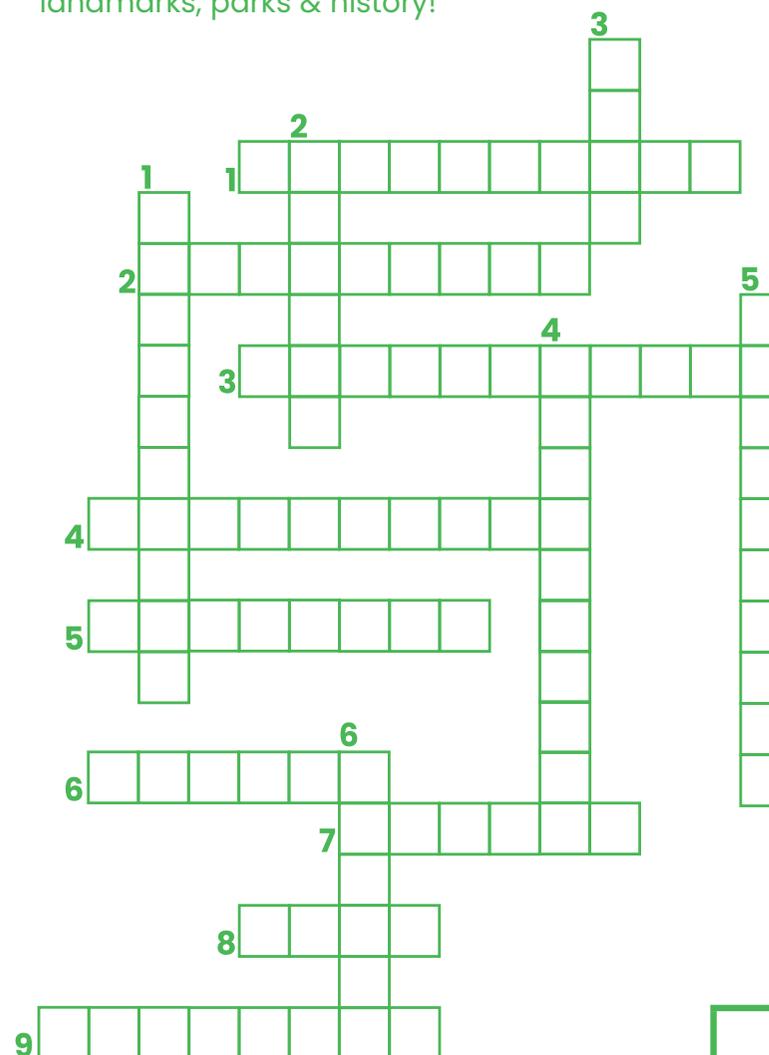
Accessibility and affordability remain central to every effort. Many programs are free or low-cost, with financial assistance available to ensure all residents can participate. With upgraded spaces, expanded wellness programming, and strong community partnerships, the William Ramsay Recreation Center is poised to remain a vibrant and welcoming hub for the West End for years to come. Stay tuned this fall for more exciting updates!

Color me!



The Native & Heirloom Seed Library Network (NHSL network) provides community members the opportunity to learn about native and heirloom plant, as well as the ability to plant native and heirloom plant varieties in their own gardens. For more information, please email [katrina.napora@alexandriava.gov](mailto:katrina.napora@alexandriava.gov) or visit [alexandriava.gov/parks/natural-resources](http://alexandriava.gov/parks/natural-resources).

**Directions:** Use the clues to fill in the crossword with places, facts & fun things about the City of Alexandria. Need help? Think local landmarks, parks & history!



## ACROSS

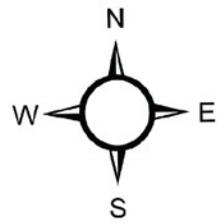
- 1 Landscaped play area
- 2 Indoor recreation building (abbr.)
- 3 Inclusive gathering space
- 4 Historic lighthouse
- 5 Annual music event
- 6 With **6-Down & 7-Across**, 1856 rail tunnel trail
- 7 See **6-Across & 6-Down**
- 8 With **9-Across**, City literary ambassador
- 9 See **8-Across**

## DOWN

- 1 Bay named for Revolutionary hero
- 2 Historic academy museum
- 3 Metro line color at King Street
- 4 Narrow home nickname
- 5 City partnership that connects caring adults with young people to build supportive one-to-one relationships in Alexandria
- 6 See **6-Across & 7-Across**

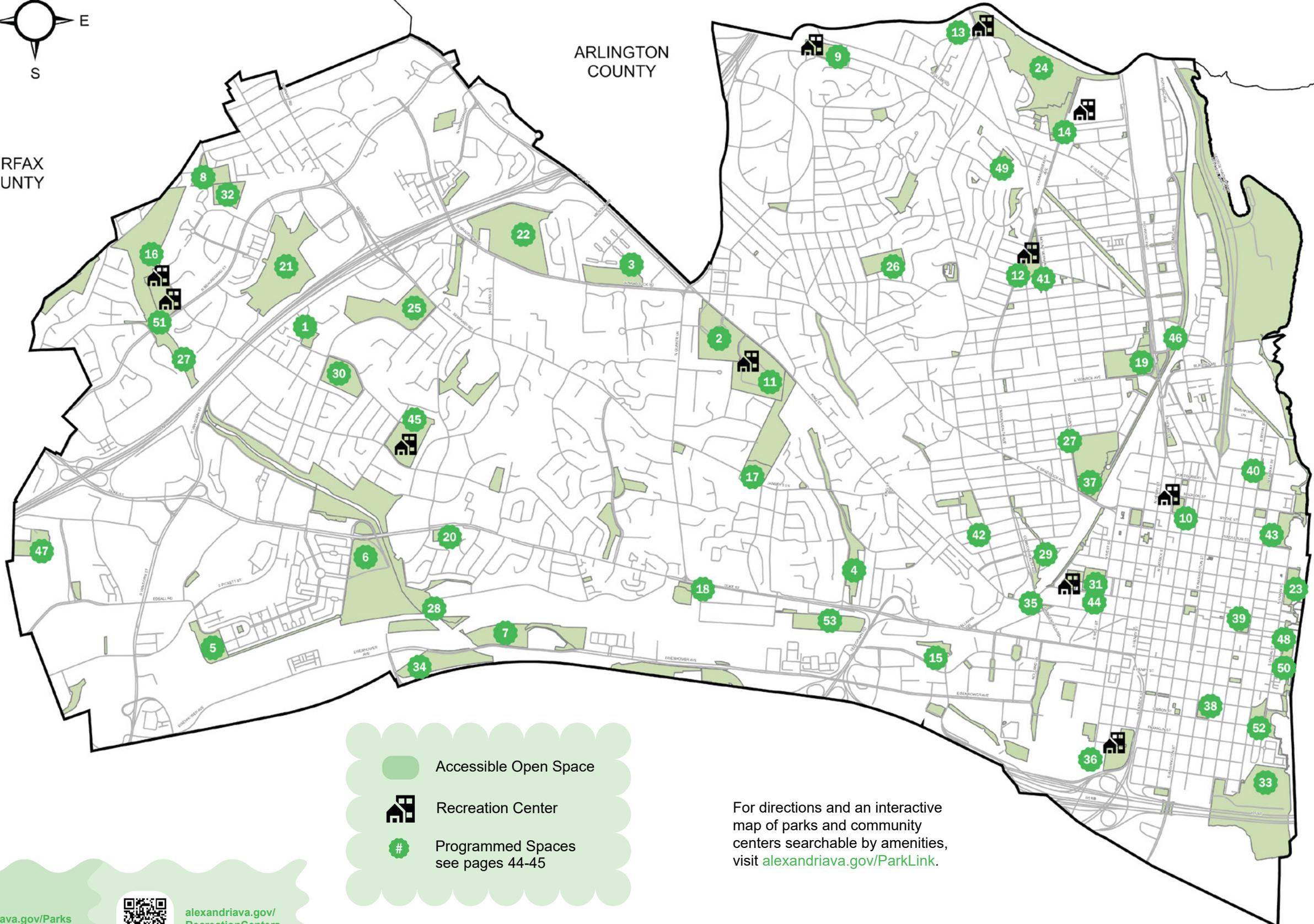
		6	3	7		
		4				5
1				6	8	2
2	5		3		1	6
		2			3	
9			7			4
	5					
	1					
		8	1	9		4





FAIRFAX COUNTY

ARLINGTON COUNTY



 Accessible Open Space

 Recreation Center

 Programmed Spaces  
see pages 44-45

For directions and an interactive map of parks and community centers searchable by amenities, visit [alexandriava.gov/ParkLink](http://alexandriava.gov/ParkLink).



[alexandriava.gov/Parks](http://alexandriava.gov/Parks)



[alexandriava.gov/RecreationCenters](http://alexandriava.gov/RecreationCenters)

# Parks & Facilities

Visit [alexandriava.gov/parks/find-a-park](http://alexandriava.gov/parks/find-a-park) to see all City of Alexandria parks and amenities. See page 47 for event sites and information about hosting special events.

# Parks & Facilities

1	<b>5325 Polk Avenue Park</b>	
2	<b>Alexandria City High School (ACHS) - King St. Campus</b> 3330 King St.	
3	<b>3a) ACHS/Minnie Howard Campus</b> 3801 W. Braddock Rd. <b>3b) Minnie Howard Pool</b> 3795 W. Braddock Rd.	
4	<b>Angel Park</b> 201 West Taylor Run Parkway	
5	<b>Armistead L. Boothe Park</b> 520 Cameron Station Blvd.	
6	<b>Ben Brenman Park</b> 4800 Brenman Park Dr.	
7	<b>Cameron Run Regional Park/Lake Cook (NOVA Parks)</b> 3699 Eisenhower Ave.	
8	<b>Chambliss Park</b> 2505 N. Chambliss St.	
9	<b>Charles Barrett School &amp; Recreation Center</b> 1115 Martha Custis Dr.	
10	<b>Charles Houston Recreation Center</b> 901 Wythe St. <i>Pool Seasonal</i>	
11	<b>Chinquapin Park Recreation Center &amp; Aquatics Facility/Forest Park</b> 3210 King St.	
12	<b>Colasanto Center</b> 2704 Mt. Vernon Ave.	
13	<b>Conservatory Center at Four Mile Run Park</b> 4109 Mt. Vernon Ave.	
14	<b>Cora Kelly School &amp; Leonard "Chick" Armstrong Recreation Center</b> 25 W. Reed Ave.	
15	<b>Dog Park at Carlyle</b> 450 Andrews Ln.	
16	<b>Dora Kelley Nature Park &amp; Jerome "Buddle" Ford Nature Center</b> 5750 Sanger Ave.	
17	<b>Douglas MacArthur Elementary School</b> 1101 Janneys Ln.	
18	<b>Lockett Field &amp; Schuyler Hamilton Jones Skateboard Park</b> 3540 Wheeler Ave.	
19	<b>Eugene Simpson Stadium Park</b> 426 E. Monroe Ave.	This park is under construction through Summer 2026.
20	<b>Ewald Park</b> 4452 & 4500 Duke St.	
21	<b>Ferdinand T. Day Elementary School</b> 1701 N. Beaugard St	
22	<b>Fort Ward Park</b> 4301 W. Braddock Rd. <b>Fort Ward Athletic Facility</b> 4421 W. Braddock Rd.	
23	<b>Founders Park</b> 351 N. Union St.	
24	<b>Four Mile Run Park</b> 3700 Commonwealth Ave.	
25	<b>Francis C. Hammond Middle School</b> 4646 Seminary Rd.	
26	<b>George Mason Elementary School</b> 2601 Cameron Mills Rd.	This site is under construction in 2026.
27	<b>George Washington School &amp; Park</b> 1005 Mt. Vernon Ave.	
28	<b>Holmes Run Park System</b> Holmes Run Pkwy. <b>Tarleton Park</b> S. Jensen St.	
29	<b>Hooff's Run Park &amp; Greenway</b> 18 A E. Linden St.	
30	<b>James K. Polk School</b> 5000 Polk Ave.	

31	<b>Jefferson Houston Elementary School</b> 1501 Cameron St.	
32	<b>John Adams Elementary School</b> 5651 Rayburn Ave.	
33	<b>Jones Point Park (National Park Service)</b> 100 Jones Point Dr.	
34	<b>Joseph Hensley Park</b> 4200 Eisenhower Ave.	
35	<b>King Street Gardens Park</b> 1806 King St.	
36	<b>Lee Center &amp; Nannie J. Lee Recreation Center</b> 1108 Jefferson St.	
37	<b>Lenny Harris Memorial Fields at Braddock Park</b> 1005 Mt. Vernon Ave.	
38	<b>Lyles Crouch Elementary School</b> 530 S. Saint Asaph St.	
39	<b>Market Square</b> 301 King St.	
40	<b>Montgomery Park</b> 901 N. Royal St.	
41	<b>Mt. Vernon Elementary School &amp; Recreation Center</b> 2701 Commonwealth Ave.	
42	<b>Naomi L. Brooks School</b> 600 Russell Rd.	
43	<b>Oronoco Bay Park</b> 100 Madison St.	
44	<b>Oswald Durant Center</b> 1605 Cameron St. <b>Old Town Pool</b> <i>Seasonal</i> 1609 Cameron St.	
45	<b>Patrick Henry Recreation Center</b> 4653 Taney Ave.	
46	<b>Potomac Yard Park</b> 2051 Potomac Ave.	
47	<b>Stevenson Park</b> 300 Stultz Rd.	
48	<b>Torpedo Factory Art Center</b> 105 N. Union St. <b>City Marina</b> 0 Cameron St.	
49	<b>Warwick Pool</b> <i>Seasonal</i> 3301 Landover St.	
50	<b>Waterfront Park</b> 1A Prince St.	
51	<b>William Ramsay Elementary School &amp; Recreation Center</b> 5700 & 5650 Sanger Ave.	
52	<b>Windmill Hill Park</b> 501 S. Union St.	
53	<b>Witter Recreational Fields</b> 2700 Witter Dr.	

## LEGEND

- Basketball
- Benches
- Center
- Community Garden
- Farmer's Market Location
- Fenced Dog Area
- Museum/Amphitheatre
- Parking
- Performance Space
- Pickleball
- Picnic Area
- Playground
- Playing Fields
- Public Art
- Running Track
- Skateboard Area
- Swimming
- Tennis Courts
- Unfenced Dog Area\*
- Volleyball
- Walking Trail
- Waterfront
- Available for Rental

\*Unfenced Sites Are Marked with Posts



## Park Capital Project Updates

Visit [alexandriava.gov/Parks](http://alexandriava.gov/Parks) for more information about these projects.

### Holmes Run Trail Repairs – Dora Kelley Park Stream Crossing

Construction is in progress for a new stream crossing. Construction is expected to be completed by Fall 2026. Construction on Sites 2, 3, and 4 is complete. For the latest detour and closure information, please visit [alexandriava.gov/Parks/Holmes-Run-Trail-Repairs](http://alexandriava.gov/Parks/Holmes-Run-Trail-Repairs).

### Fort Ward Park Playground Improvements

Playground upgrades at Fort Ward Park are under construction. The playground will be relocated uphill from its former location to improve access for all visitors. The new design will feature inclusive play equipment for children ages 2-12. The playground is estimated to reopen in Summer 2026. For more information, visit [alexandriava.gov/Parks/Fort-Ward-Implementation-Projects](http://alexandriava.gov/Parks/Fort-Ward-Implementation-Projects).

### Four Mile Run Park Kayak Launch

The Four Mile Run Park Kayak Launch opened to the public with a soft opening on December 4, 2025. A grand opening celebration is planned for the spring. Developed in partnership between the Four Mile Run Conservatory Foundation and the City, the project provides the first ADA-compliant public paddling access to the Potomac River, expanding waterfront access for people of all ages and abilities. A raised boardwalk, gangway, and floating dock with ADA-compliant slopes and landings allow visitors to safely reach the water for paddling, birdwatching, or enjoying river views. The project was partially funded by a FY 2023 Community Matching Fund Award and reflects strong community support and stewardship of the stream corridor.

## Contact Information

I Director's Office	703.746.5501
Hashim Taylor, Director: <a href="mailto:hashim.taylor@alexandriava.gov">hashim.taylor@alexandriava.gov</a>	
I General Information	703.746.4343
I Programs & Services	
Aquatics	703.746.5553
City Arborist/Trees	703.746.5496
City Marina	703.746.5487
Nature & Environmental Education Programs	703.746.5559
Out of School Time Programs	703.746.5411
Cultural Activities	703.746.5588
Park Maintenance	703.746.5484
Park Planning & Design	703.746.5488
Picnic Reservations & Facility Rentals	703.746.5414

Recreation Classes & Camps	703.746.5414
Senior & Teen Programs	703.746.5414
Special Events & Major Park Rentals	703.746.5421
Therapeutic Recreation	703.746.5550
Youth & Adult Sports	703.746.5402

### I VA Relay

Alexandria Safe Place	703.746.5400
Special Events	703.746.5592
Classes & Camps	703.746.5594
Coed & Women Sports	703.746.5595
Men Sports	703.746.5596
Youth Sports	703.746.5597

## Picnic, Facility & Event Reservations

No matter the occasion, City of Alexandria has a venue to suit your needs. City parks and facilities are great for parties, receptions, weddings, meetings, and more. Indoor facilities are available for rental year-round, and picnic areas are available for rental April-October.

To start planning an event, follow these simple steps:

### 1 Find a space

**Indoors:** Page 48 indicates the indoor amenities available for rental.  
**Outdoors:** Pages 44-45 indicate parks with space available for rental.

### 2 Contact a specialist

**Indoors:** To reserve, call the location listed on page 48.  
**Outdoors:** To reserve a field, contact the Sports Office at 703.746.5402.

To reserve a park, see below:

#### Picnic Area Reservations

Call 703.746.5414 about 4-hr

Picnic Area Reservations\* at:

- Armistead L. Boothe Park
- Ben Brenman Park
- Chinquapin Park
- Fort Ward Park
- Joseph Hensley Park
- Lee Center
- Old Town Pool

#### Waterfront Parks

Call 703.746.5421 for hourly

rate information regarding:

Waterfront Park

- Oronoco Bay Park
- Windmill Hill Park
- Montgomery Park
- King Street Gardens Park

\*If your event may include any of the following, please contact Special Events at 703.746.5421 for application and permit information:

- use of moon bounce, amplified sound, propane, and/or tent
- admission charge
- reserved parking and/or road closures

### 3 Finalize reservation

A specialist will provide pricing and application information and confirm availability, then provide information for you to obtain necessary permits for your event. Please refer to the City Special Events Policy at [alexandriava.gov/Recreation](http://alexandriava.gov/Recreation) for more information.



## Make your next event special

The Department of Recreation, Parks & Cultural Activities is committed to making your next event special. A variety of venues are available for large-scale special events and we're here to help get you started.

### Let us help you with:

- Applying for Special Event Permits
- Weddings on the Waterfront
- Waterfront Park Rentals for events
- Event and Concert Sponsorship Opportunities

Contact Events & Public Space Activation at 703.746.5421 for more information.

## Find a Park

Connecting you to active and open spaces in your neighborhood.



Search parks by your favorite amenity! Visit [alexandriava.gov/parks/find-a-park](http://alexandriava.gov/parks/find-a-park) to find nearby parks, community centers, playgrounds, trails, and more.

# Recreation Center Information



**Charles Barrett**  
1115 Martha Custis Dr., 22305  
703.746.5551

Open only for pre-scheduled programming.



**Charles Houston**  
901 Wythe St., 22314  
703.746.5552

\*M-Th: 9am-9pm,  
F-Sa: 9am-10pm, Su: 1-5pm



**Chinquapin Park Recreation Center & Aquatics Facility**  
3210 King St., 22314  
703.746.5553

\*M-Th: 6am-6pm (Jun 15-Aug 21),  
\*M-Th: 6am-9pm (Sep 22-Jun 12),  
F: 6am-6pm, Sa-Su: 8am-6pm



**Leonard "Chick" Armstrong**  
25 West Reed Ave., 22305  
703.746.5554

\*M-F: 9am-1:30pm & 6-9pm,  
Sa: 9am-6pm



**Oswald Durant**  
1605 Cameron St., 22314  
703.746.5560

Open only for scheduled programs & rentals.



**Jerome "Buddie" Ford Nature Center**  
5750 Sanger Ave., 22311  
703.746.5559

\*W-Sa: 10am-4pm



**Lee Center**  
1108 Jefferson St., 22314  
703.746.5414

Registration & Reservation Office  
\*M-F: 9am-7pm



**Minnie Howard Aquatics Facility**  
3795 W. Braddock Rd., 22314  
703.746.5479

\*M-Th: 4-9pm (May 18-Jun 12)  
\*M-Su: 7am-7pm (Jun 15-Aug 16)  
\*M-Th: 4-9pm (Aug 31-Nov 12)  
\*M-Th: 6-9pm (Nov 12-May 15)  
\*Sa-Su: 7am-6:30pm (Aug 29-Jun 13)



**Mount Vernon**  
2701 Commonwealth Ave.,  
22301  
703.746.5556

\*M-F: 9am-9pm, Sa: 9am-6pm



**Nannie J. Lee**  
1108 Jefferson St., 22314  
703.746.5550

Open only for pre-scheduled programming.



**Patrick Henry**  
4653 Taney Ave., 22304  
703.746.5557

\*M-Th: 9am-9pm, F: 9am-11pm,  
Sa: 9am-6pm



**Torpedo Factory Art Center**  
105 N. Union St., 22314  
703.746.4570

\*M-Su: 10am-6pm



**William Ramsay**  
5650 Sanger Ave., 22311  
703.746.5558

\*M-F: 9am-9pm, Sa: 9am-6pm



Each City of Alexandria Community Center listed on this page is a designated SAFE PLACE.

\*Hours subject to change. Programs may occur outside of operating hours, which may change. Call the center or scan the QR code for the full schedule, including specific hours for teens, special hours, or holiday hours.



- Arts & Crafts Room  
Small/Large Room
- Boxing Ring
- Computer Lab
- Dance Studio  
Small Room
- Game Room
- Gymnasium
- Kitchen
- Meeting Rooms  
Small/Large Room

- Multi-Purpose Room  
Small/Large Room
- Performance  
Small/Large Room, Auditorium
- Swimming Pool
- Soft Playroom, Playspace,  
or Sensory Room
- Racquetball Court
- Weight/Fitness Room
- Exhibit Space
- Available for Rental  
Rental hours may exceed operating hours.

Follow us on social!  
#RPCA

**REC FEST**

May 2  
10am-2pm

**FREE**

Patrick Henry Recreation Center  
4653 Taney Ave.

All Ages

Art • Nature • Games • Sports  
Food Truck • Prizes • DJ



City of Alexandria | RPCA  
Department of Recreation, Parks & Cultural Activities  
703.746.5414 | alexandriava.gov/rpca/RecFest



Scan the code to learn more



**DEPARTMENT OF RECREATION,  
PARKS & CULTURAL ACTIVITIES**

1108 Jefferson St.  
Alexandria, VA 22314

# NOW

# NEVER



## **New Public Art at Waterfront Park, Old Town Alexandria**

*Now or Never* by Alicia Eggert is the eighth installation in the Site See: New Views in Old Town Annual public art series commissioned by the City of Alexandria's Public Art Program.

Eggert's artwork features two monumental sculptures that echo the visual language of signs and billboards. They stand face to face across a narrow passageway, one declaring NOW and the other replying NEVER.

The phrase "now or never" resonates on multiple levels. Collectively, it speaks to global challenges in which hesitation means opportunity lost. Individually, it reminds us that every moment is a turning point, an opportunity to choose one's future and to live deliberately from this moment forward.

By inviting people to move physically between the structures, the artwork underscores the possibility of finding common ground, even in polarized circumstances.

*Now or Never* will be on display from March through November 2026 at Waterfront Park.

**Learn more at: [alexandriava.gov/publicart](https://alexandriava.gov/publicart)**



DEPARTMENT OF  
RECREATION, PARKS &  
CULTURAL ACTIVITIES