



What is Sexual Violence?

Sexual violence is an act of sexual aggression that occurs when a person is forced, threatened, or coerced into sexual contact without consent. Examples include forced vaginal, anal, or oral sex; fondling; indecent exposure; peeping toms; obscene phone calls; childhood sexual abuse and sexual harassment.

Who Can Be a Victim?

Anyone regardless of gender, gender identity, sexual orientation, race, religion, ethnicity, physical or mental ability, age, educational level, marital status, or socioeconomic status.

What Should You Do After an Assault?

- Do not bathe, douche or change your clothes
- Do not touch or move anything in the area where the assault occurred
- Get medical attention as soon as possible
- Call the police at 9-1-1
- Contact the Sexual Assault Center at 703.683.7273
- Call a friend or family member

Remember:

Sexual assault is never the victim's fault!

The assailant is responsible.

Department of Community and Human Services
Sexual Assault Center
24-hour hotline: 703.683.7273
alexandriava.gov/SexualViolence



What Does a Survivor Feel?

- Anger
- Anxiety
- Fear
- Depression
- Distrust
- Loss of control over one's life

What Help is Available?

The Sexual Assault Center offers crisis intervention to survivors of sexual violence and their loved ones. Trained volunteers and staff are available 24 hours a day to provide emotional support; advocacy with medical, police and court systems; individual counseling; support groups and information. **The Sexual Assault Center provides:**

- 24-hour hotline
- Companions to meet the survivor at the hospital, police station or prosecutor's office
- Counseling for survivors of recent or past assault
- Information and referrals to community resources
- Education about sexual violence, including community presentations and self-defense classes
- LGBTQ+ friendly services

How Can You Help Survivors?

Call the Sexual Assault Center at 703.683.7273 to:

- Volunteer to be a companion advocate
- Donate items or money to support Sexual Assault Center
- Participate in April Sexual Assault Awareness and Prevention Month Activities
- Schedule a community awareness event

