

**ALEXANDRIA COMMISSION ON AGING MEETING AGENDA**  
**Draft Agenda**

**Meeting: Thursday, May 14, 2026, 4:30 PM – 6:30 PM**

**Mark Center**  
**- Del Pepper Community Center, 4850 Mark Center Drive – Alexandria VA 22311**

**9<sup>th</sup> Floor**

This meeting is being held in person. However, electronic access will be provided. The meeting can be accessed by the public through the Zoom link or phone number provided below. Public comment will be received at the meeting. Public comments can also be sent to [daas@alexandriava.gov](mailto:daas@alexandriava.gov) in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

**Zoom Link:** [https://zoom.us/webinar/register/WN\\_N5\\_O8Gv1SWi9tder9FYIkA#/registration](https://zoom.us/webinar/register/WN_N5_O8Gv1SWi9tder9FYIkA#/registration)

**MISSION**

To identify the needs of older adults, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of older adults

**MEMBERS: PLEASE READ THROUGH THE AGENDA & HAVE AVAILABLE FOR REFERENCE AT THE MEETING.**

1. **4:30 Call to Order**
2. **Approval of Agenda**
3. **Approval of Thursday, April 9, 2026, Minutes**
  
4. **4:32 Swearing in of new Commissioners**
  
5. **4:35 Alexandria Police Department Liaison Report – Sgt. Ian Torrance**
  
6. **4:40 Special Presentation:** A Panel Discussion on the Small Assisted Living Model –
  - a. **Allen Wong**, Executive Director and Administrator of Beverly Assisted Living;
  - b. **Wade Chilcoat**, Administrator and Owner of Tilden Memory Care and Assisted Living; and
  - c. **Patrick Carr**, Advisor and Partner, Paragon Assisted Living.
  
7. **5:20 Executive Report – DAAS Staff**

**8. 5:25 Discussion/Action Items**

- a. Age Friendly Plan – Update and Next Steps – DAAS staff and Co-Chairs
- b. Excellence in Aging Awards– May 12, 2026 at Mark Center – Update – Ana Rivas Beck - Debrief
- c. Follow-up discussion from April Medicare/3-day rule presentation (Outreach discussion for the sake of community awareness and knowledge sharing)
- d. Discussion about pedestrian safety – Jessica Lefevre
- e. Future Speakers –
  - i. Darryl T. Evans, Director, Consumer Relations Center for Economic Support (CES), and Brandon Hare, Community Services Program, Coordinator II, Department of Community and Human Service/CES Dental Program (June COA meeting);
  - ii. Northern Virginia Families for Safe Streets;
  - iii. Heather Volkema, Client Success Manager at Trualta, Inc.: *From Surviving to Thriving: A Caregiver’s Guide to Recognizing and Overcoming Burnout.*
- f. Election of new COA Officers

**10. 6:10 Committee Updates**

- 1. Housing Committee - Co-Chairs, Michael Schuster and Lois Steele
- 2. Outreach Committee – Co-Chairs, Marshall Hespe & Barbara D’Agostino
- 3. Economic Security and Civic Engagement – Chair, Jessica Lefevre
- 4. Health /Dementia Friendly Committee – Chair, Barbara Huelat

**11. Liaison Reports – Written Only**

**12. Other Business**

**13. New Business**

**14. Public comments – please limit your comments to 2 minutes**

**15. 6:30 Adjournment**

**Next Commission on Aging Meetings:**

**Executive Committee: June 1, 2026 – 1:30 (VIRTUAL)**

**Commission on Aging: June 11, 2026 - 4:30 (VIRTUAL)**

**Northern Virginia Network Meetings**

Meeting Schedule / Rotation of Chairmanship	
2025- 2026	
September 16, 2025	Arlington
November 18, 2025	Loudoun
January 20, 2026	Prince William
March 17, 2026	Alexandria
April 21, 2026	Legislative Brainstorming
May 19, 2026	Legislative Platform
July 21, 2026	Fairfax

**COMMISSION OFFICERS:** Michael Schuster, Co-Chair  
DT Oliver – Co-Chair  
Ana Rivas Beck, Vice Chair  
Kim Koch, Secretary

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). An individual with a disability who wishes to request a reasonable accommodation may contact the Division of Aging and Adult Services at 703.746.5999, email [DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov)

**The Alexandria Commission on Aging Racial Social Equity Committee**  
(as of June 01, 2021)

No one should be denied the opportunity to engage fully in our community.

We encourage people of different cultures, races, nationalities, immigration status, ages, abilities, sexual orientation, gender identities, and religious affiliation in Alexandria to be informed about and have access to the range of services available in the City, and to be engaged in civic life.

We are committed to representing a diverse community that represents the rich heritage of our city. We are committed to ensuring older persons have access: to affordable housing, transportation, health care, broadband, nutrition services and to opportunities for meaningful employment and related training.

Older adults and persons with serious medical conditions often experience various degrees of inequity, particularly in obtaining access to health care. It is essential to support older persons, family caregivers, and direct care workers since these residents face additional biases and hurdles.