



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

MONDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL			
6:00 AM			Masters Swimming 6am-7am			Potomac Marlins Swim Team 6am-6:30am					6:00 AM		
6:30 AM											6:30 AM		
7:00 AM			Lessons to Laps 7am-8am								7:00 AM		
7:30 AM											7:30 AM		
8:00 AM											8:00 AM		
8:30 AM											8:30 AM		
9:00 AM								Aqua Aerobics 9am-10am			9:00 AM		
9:30 AM											9:30 AM		
10:00 AM											10:00 AM		
10:30 AM										Deep Water Aqua Aero 10:10-11:10	10:30 AM		
11:00 AM											11:00 AM		
11:30 AM											11:30 AM		
12:00 PM											12:00 PM		
12:30 PM											12:30 PM		
1:00 PM											1:00 PM		
1:30 PM											1:30 PM		
2:00 PM				WE Aquatics 2pm-7pm							2:00 PM		
2:30 PM												2:30 PM	
3:00 PM	Alex Swim Lessons 3pm-8:45pm & Simpson Aquatics 3:45pm-8:45pm											3:00 PM	
3:30 PM												3:30 PM	
4:00 PM												4:00 PM	
4:30 PM							Potomac Marlins Swim Team 4:30pm-7pm					4:30 PM	
5:00 PM													5:00 PM
5:30 PM													5:30 PM
6:00 PM												6:00 PM	
6:30 PM											6:30 PM		
7:00 PM											7:00 PM		
7:30 PM		Aqua Zumba 7:15pm-8:05pm									7:30 PM		
8:00 PM											8:00 PM		
8:30 PM											8:30 PM		
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM		
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL			

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		
6:00 AM			Masters Swimming 6am-7am								6:00 AM	
6:30 AM											6:30 AM	
7:00 AM											7:00 AM	
7:30 AM											7:30 AM	
8:00 AM							Aquatic Exercise for Seniors 8:15am-9am				8:00 AM	
8:30 AM											8:30 AM	
9:00 AM											9:00 AM	
9:30 AM							Aquatic Exercise for Seniors 9:30am-10:15am				9:30 AM	
10:00 AM											10:00 AM	
10:30 AM											10:30 AM	
11:00 AM		Water Walking 10:55am-11:55am									11:00 AM	
11:30 AM											11:30 AM	
12:00 PM											12:00 PM	
12:30 PM											12:30 PM	
1:00 PM											1:00 PM	
1:30 PM											1:30 PM	
2:00 PM				We Aquatics 2pm-7pm							2:00 PM	
2:30 PM												2:30 PM
3:00 PM	Alex Swim Lessons 3pm-8:45pm & Simpson Aquatics 3:45pm-8:45pm											3:00 PM
3:30 PM												3:30 PM
4:00 PM											4:00 PM	
4:30 PM											4:30 PM	
5:00 PM						Potomac Marlins Swim Team 4:30pm-8pm					5:00 PM	
5:30 PM												5:30 PM
6:00 PM												6:00 PM
6:30 PM		Hi/Lo Water Aerobics 6:30pm-7:30pm										6:30 PM
7:00 PM											7:00 PM	
7:30 PM											7:30 PM	
8:00 PM											8:00 PM	
8:30 PM	POOL CLOSING AT 8:45PM										8:30 PM	
9:00 PM												
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

WEDNESDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		
6:00 AM			Masters Swimming 6am 7am			Potomac Marlins Swim Team 6am-6:30am					6:00 AM	
6:30 AM											6:30 AM	
7:00 AM			Lessons to Laps 7am-9:15am								7:00 AM	
7:30 AM											7:30 AM	
8:00 AM											8:00 AM	
8:30 AM											8:30 AM	
9:00 AM								Aqua Aerobics 9am-10am			9:00 AM	
9:30 AM											9:30 AM	
10:00 AM											10:00 AM	
10:30 AM										Deep Water Aqua Aero 10:10-11:10	10:30 AM	
11:00 AM											11:00 AM	
11:30 AM											11:30 AM	
12:00 PM											12:00 PM	
12:30 PM											12:30 PM	
1:00 PM											1:00 PM	
1:30 PM											1:30 PM	
2:00 PM				We Aquatics 2pm-7pm							2:00 PM	
2:30 PM												2:30 PM
3:00 PM	Alex Swim Lessons 3pm-8:45pm & Simpson Aquatics 3:45pm-8:45pm											3:00 PM
3:30 PM												3:30 PM
4:00 PM												4:00 PM
4:30 PM												4:30 PM
5:00 PM												5:00 PM
5:30 PM												5:30 PM
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6:30 PM												6:30 PM
7:00 PM											7:00 PM	
7:30 PM											7:30 PM	
8:00 PM											8:00 PM	
8:30 PM											8:30 PM	
9:00 PM	POOL CLOSING AT 8:45PM										9:00 PM	
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL		



Chinquapin Rixse Memorial Pool

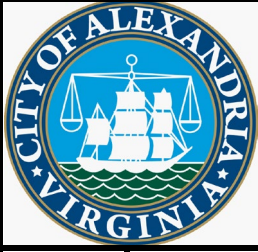
OCTOBER SCHEDULE

THURSDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	
6:00 AM			Masters Swimming 6am-7am								6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM							Aquatic Exercise for Seniors 8:15am-9am				8:00 AM
8:30 AM											8:30 AM
9:00 AM							Aquatic Exercise for Seniors 9:30am-10:15am				9:00 AM
9:30 AM											9:30 AM
10:00 AM											10:00 AM
10:30 AM											10:30 AM
11:00 AM		Water Walking 10:55am-11:55am									11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM	Alex Swim Lessons 3pm-8:45pm & Simpson Aquatics 3:45pm-8:45pm										3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM											6:00 PM
6:30 PM		Hi/Lo Water Aerobics 6:30pm-7:30pm					Potomac Marlins Swim Team 4:30pm-8pm				6:30 PM
7:00 PM											7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM											9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	

POOL CLOSSES AT 8:45PM



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

FRIDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	
6:00 AM						Potomac Marlins Swim Team 6am-6:30am					6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM											9:00 AM
9:30 AM											9:30 AM
10:00 AM											10:00 AM
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11:00 AM											11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM	Family Swim 2:45pm-5:45pm			WE Aquatics 2pm-5:30pm							2:00 PM
2:30 PM											2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM	POOL CLOSES at 5:45PM										6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

SATURDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM	Alex Swim Lessons 8:30am-1pm							Aqua Spin 9am-9:50am			9:00 AM
9:30 AM										9:30 AM	
10:00 AM										10:00 AM	
10:30 AM										10:30 AM	
11:00 AM				WE Aquatics 11:00am-2:30pm							11:00 AM
11:30 AM											
12:00 PM									12:00 PM		
12:30 PM									12:30 PM		
1:00 PM	Family Swim & Birthday Parties 1pm-5:45pm										1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM									5:00 PM		
5:30 PM	POOL CLOSING AT 5:45PM										5:30 PM
6:00 PM	POOL CLOSING AT 5:45PM										6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

OCTOBER SCHEDULE

SUNDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM								Aqua Zumba 9am-10am			9:00 AM
9:30 AM											9:30 AM
10:00 AM							Alexandria Swim Youth Stroke Clinic 10am-12pm				10:00 AM
10:30 AM											10:30 AM
11:00 AM				WE Aquatics 11:00am-2:30pm							11:00 AM
11:30 AM											11:30 AM
12:00 PM				WE Aquatics 11:00am-2:30pm						12:00 PM	
12:30 PM									12:30 PM		
1:00 PM				WE Aquatics 11:00am-2:30pm						1:00 PM	
1:30 PM	Family Swim & Birthday Parties 1pm-5:45pm										1:30 PM
2:00 PM				WE Aquatics 11:00am-2:30pm							2:00 PM
2:30 PM											2:30 PM
3:00 PM				Family Swim & Birthday Parties 1pm-5:45pm							3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM								4:30 PM			
5:00 PM	Family Swim & Birthday Parties 1pm-5:45pm								5:00 PM		
5:30 PM				POOL CLOSING AT 5:45PM							5:30 PM
6:00 PM	POOL CLOSING AT 5:45PM										6:00 PM
								RAMP	LANE 1	LANE 2	LANE 3