NOVEMBER 2026 - SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 1 OZ WG CRACKERS 1/2 CUP COTTAGE CHEESE	**3** 1/2 CUP EGG SALAD 2 OZ WG ROLL	**4** 1 OZ CHEESE CUBES 1/2 CUP SLICED CUCUMBER	**5** 2 OZ WG MUFFIN 1/2 CUP APPLESAUCE	**6** 1/2 CUP YOGURT CUP 1 OZ WG GRANOLA
9 1 OZ CHEESE CUBES 1/2 CUP SLICED CUCUMBER	**10** 1 OZ WG GRAHAM CRACKERS 1/2 CUP VANILLA GREEK YOGURT	**11** 2 OZ WG MUFFIN 1/2 CUP APPLESAUCE	**12** 1 OZ WG CRACKERS 1/2 CUP CHEESE CUBES	**13** 1/2 CUP YOGURT CUP 1 OZ WG GRANOLA
16 1.5 OZ PEANUT BUTTER 1 OZ WG CRACKERS	**17** 4 OZ YOGURT CUP 1 OZ WG GRANOLA	**18** 1.5 OZ PEANUT BUTTER/JELLY SANDWICH 1 OZ WG BREAD	**19** 1/2 CUP EGG SALAD 2 OZ WG ROLL	**20** 1 OZ WG CEREAL 8 OZ MILK
23 2 OZ WG MUFFIN 1/2 CUP APPLESAUCE	**24** 1/2 CUP COTTAGE CHEESE 1/2 CUP FRUIT CUP	**25** 1 OZ WG CEREAL 8 OZ MILK	**26** 4 OZ VANILLA GREEK YOGURT 1 OZ WG GRANOLA	**27** 1 OZ CHEESE SLICE 1 OZ WG CRACKERS
30 1/2 CUP CHICKEN SALAD 2 OZ WG ROLL				