Minnie Howard Aquatic Facility- November 2026 Lap Lane Schedule Monday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours: Open 6pm-8:45pm												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	ACPS Swim Team 3:45pm-6pm. Public Hours 6pm-8:45pm												
4:30pm													
5pm													
5:30pm													
6pm		AVAC: 6:15pm-8:15pm											
6:30pm										Get in Deep: 6:30pm-7:15pm			
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- November 2026 Lap Lane Schedule Tuesday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	**Closed During School Hours: Open 6pm-8:45pm**												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	**ACPS Swim Team: 3:45pm-6pm. Public Hours 6pm-8:45pm**												
4:30pm													
5pm													
5:30pm													
6pm		**AVAC: 6:15pm-8:15pm**		**FISH Swim Team: 6pm-8pm**									**Alex Swim Lessons: 6pm-8:45pm**
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- November 2026 Lap Lane Schedule Wednesday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	**Closed During School Hours: Open 6pm-8:45pm** ***Facility Closed 11/11 all day***												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	**ACPS Swim Team: 3:45pm-6pm. Public Hours 6pm-8:45pm**												
4:30pm													
5pm													
5:30pm													
6pm		**AVAC: 6:15pm-8:15pm (Skip date: 11/11, 11/25)**		**We Aquatics Swim Team: 6pm-7:30pm (Skip date 11/11, 11/25)**									**Alex Swim Lessons 6pm-8:45pm**
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- November 2026 Lap Lane Schedule Thursday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	**Closed During School Hours: Open 6pm-8:45pm** ***Facility Closed 11/26 all day***												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	**ACPS Swim Team: 3:45pm-6pm. Public Hours: 6pm-8:45pm**												
4:30pm													
5pm													
5:30pm													
6pm		**AVAC: 6:15pm-8:15pm**		**FISH Swim Team: 6pm-8pm**								**Mermaid: 6:30pm-7:30pm**	**Alex Swim Lessons: 6pm-8:45pm**
6:30pm								**Nova Syncro: 6:45pm-8:45pm**					
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- November 2026 Lap Lane Schedule Friday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	**Closed During School Hours**												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	**Closed Fridays, Special Events/ Swim Team Only**												
4:30pm													
5pm													
5:30pm													
6pm													
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- November 2026 Lap Lane Schedule Saturday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am													Alex Swim Lessons: 9am-2pm
7:30am	FISH Swim Team: 7:30am-9am				Potomac Marlins: 7am-9am (11/28 Only)								
8am									Nova Syncro: 8:15am-11:30am				
8:30am													
9am													
9:30am													
10am													
10:30am	Simpson Aquatics: 10:30am-6:45pm		We Aquatics: 10:30am-6:45am										
11am													
11:30am													
12pm													
12:30pm					We Aquatics Swim Team: 12:30pm-2:30pm								
1pm													
1:30pm													
2pm													Open to Public: 2pm-6:30pm
2:30pm													
3pm													
3:30pm													
4pm													
4:30pm													
5pm													
5:30pm													
6pm													
6:30pm													
7pm	Facility Closed												
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- November 2026 Lap Lane Schedule Sunday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am													Alex Swim Lessons: 9am-2pm
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am	Simpson Aquatics: 10:30am-6:45pm		We Aquatics: 10:30am-6:45pm										
11am					We Aquatics Swim Team: 12:30pm-2:30pm								
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													Open to Public: 2pm-6:30pm
2:30pm						Dowden Terrace: 2:30pm-4pm (Skip date: 11/29)				Parklawn: 2:30pm-5:50pm (Skip date: 11/29)			
3pm													
3:30pm													
4pm													
4:30pm													
5pm													
5:30pm													
6pm													
6:30pm													
7pm	Facility Closed												
7:30pm													
8pm													
8:30pm													
9pm													