

City of Alexandria Substance Abuse Update

1/27/12

*Alexandria Community Services Board
Alexandria Police Department
Alexandria Sheriff's Office*

CSB Treatment Data

Includes both illicit drug and alcohol use

- 1500 adults treated each year for substance use disorders
- Treatment occurs in Outpatient Clinic, Detox, and Detention Center
- 70% male; 30% female
- 50% are between 36-65 years old; 26% between 26-35 years old; 16% between 18-25
- 91% earn less than \$15,000 per year; half are unemployed
- 43% also have a co-occurring mental health diagnosis (depression, schizophrenia bi-polar disorder, etc)

CSB Trends in Use

- Most clients use more than one substance (40% use at least three).
- When seeking treatment for one substance only, that substance is usually alcohol.
- Alcohol, Heroin and Marijuana use has remained relatively steady since 2005.
- Cocaine/Crack use has declined slightly.
- Other opiate (OxyContin) and PCP use has increased, although total numbers remain small.
- Very little methamphetamine seen in CSB treatment.

CSB Clients Drugs of Choice

Most abused substances in order of frequency

- Alcohol
- Heroin
- Cocaine/Crack
- Marijuana
- Other opiates (OxyContin, Vicodin)
- Other prescription drugs (Xanax, Ritalin, Valium, etc)
- PCP

Offenses by Drug Type

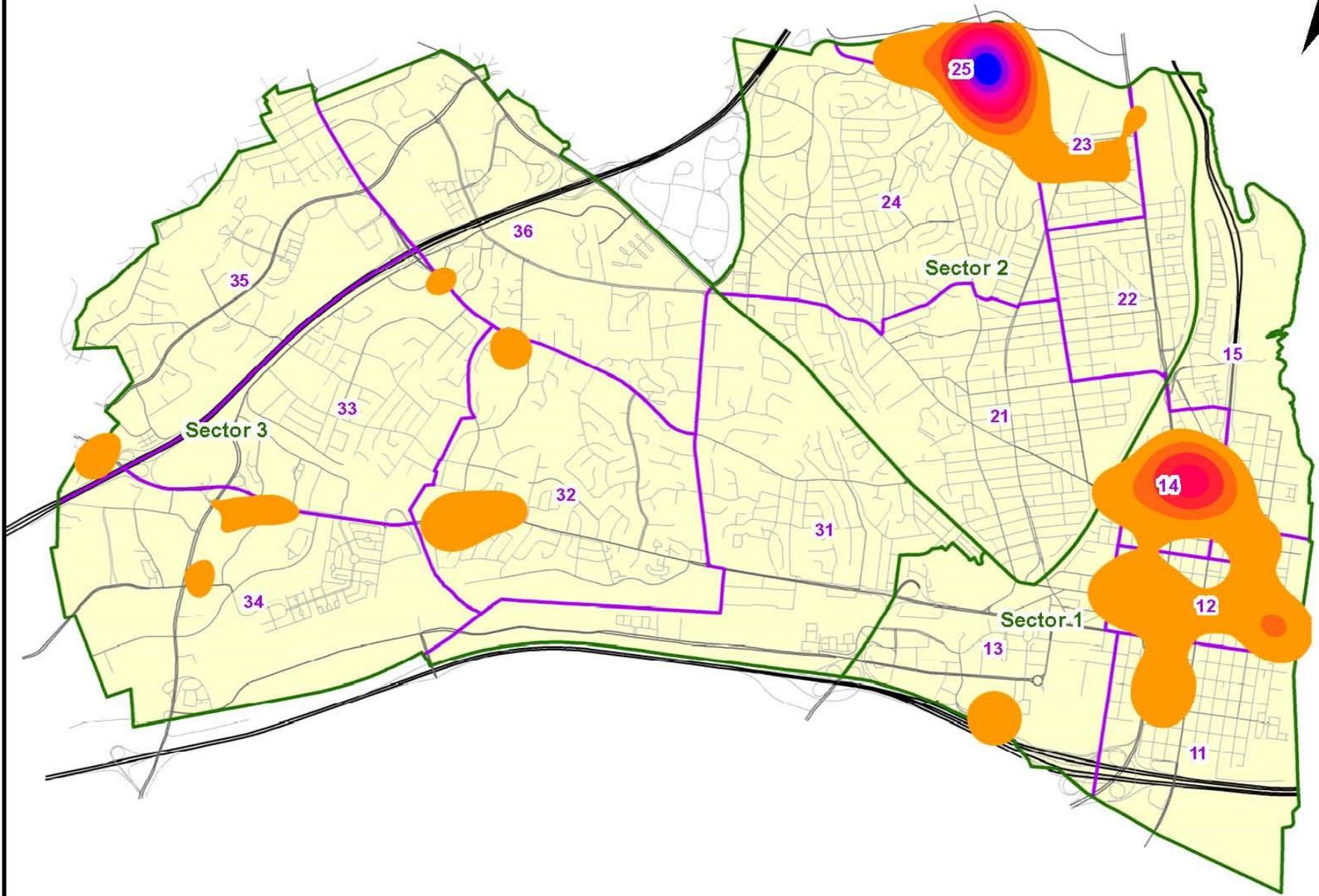
In order of offense frequency

- Alcohol
- Marijuana
- Cocaine/crack
- Heroin
- Pills/Synthetic Drugs
- PCP

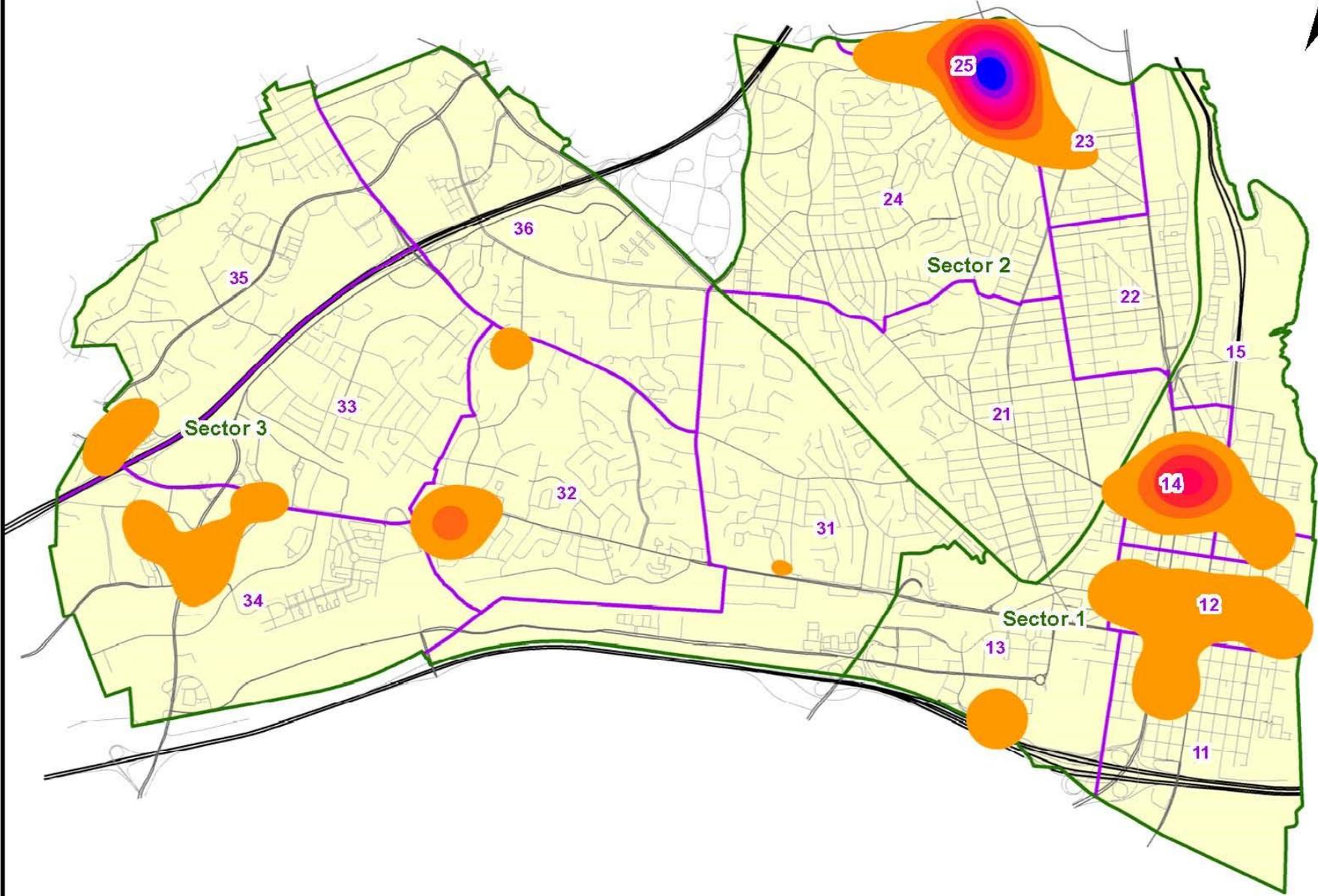
Police Trends

- 54% of nuisance crimes are substance use related.
- Steady increase in drug and alcohol offenses City wide over the last 6 years. Particular growth seen in West End and Old Town.
- PCP use on the rise over the last decade; use appears to be higher in Old Town. PCP intoxicated individuals can be highly agitated and violent.
- Increase in highly potent marijuana, particularly from California
- Increase in pills, particularly OxyContin/OxyCodone
- Alcohol remains a significant problem in Arlandria.

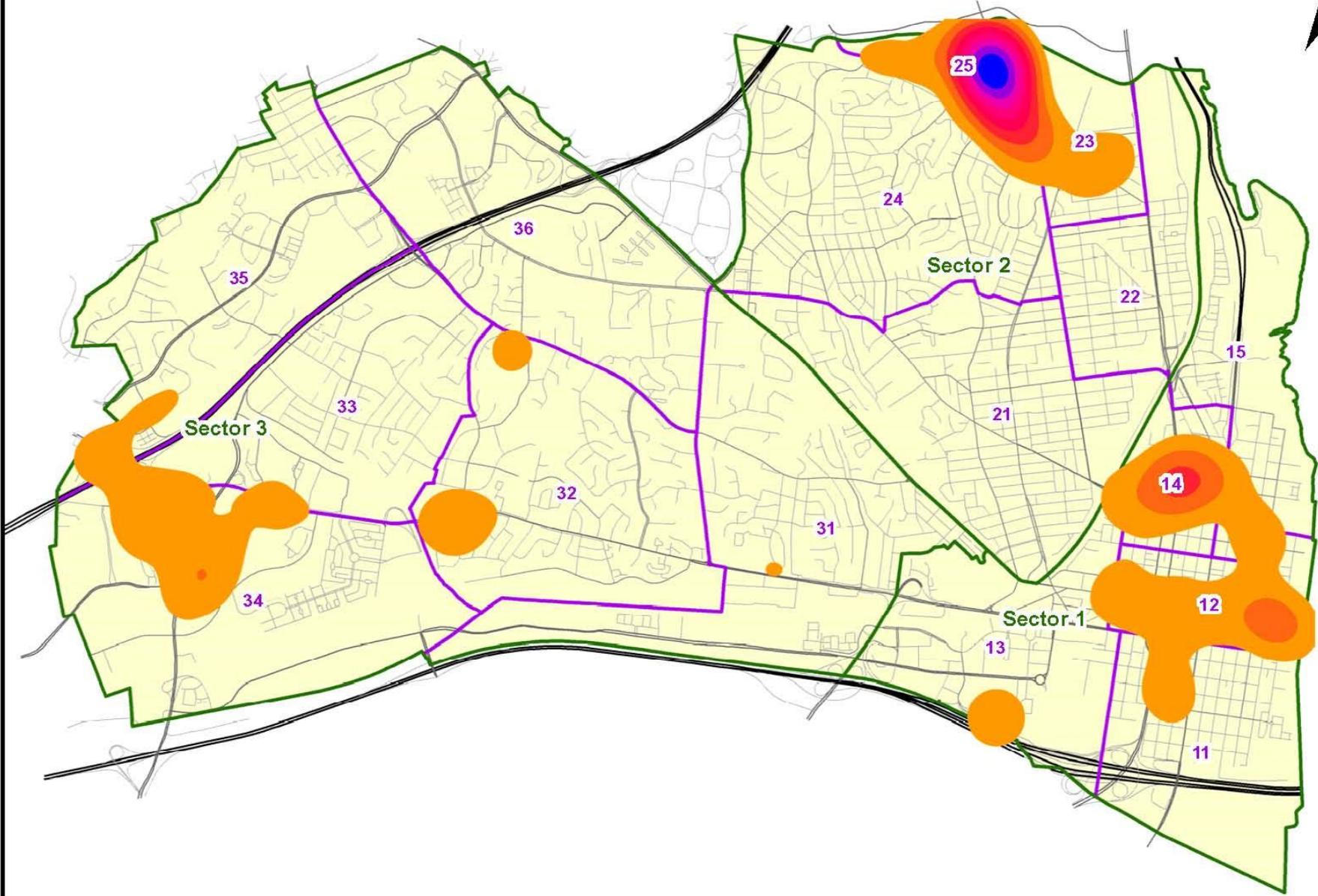
2006 Substance Abuse Density Map



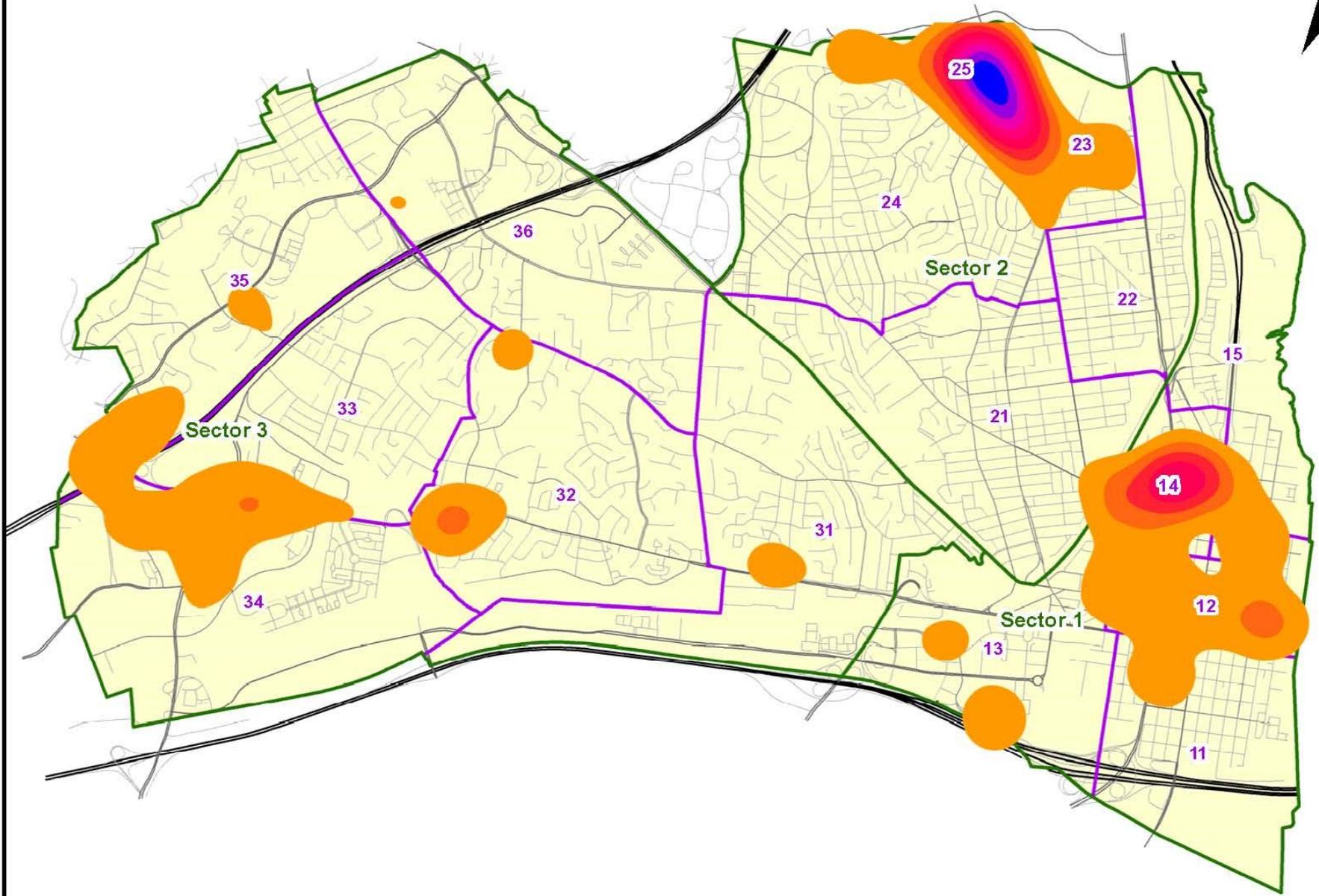
2007 Substance Abuse Density Map



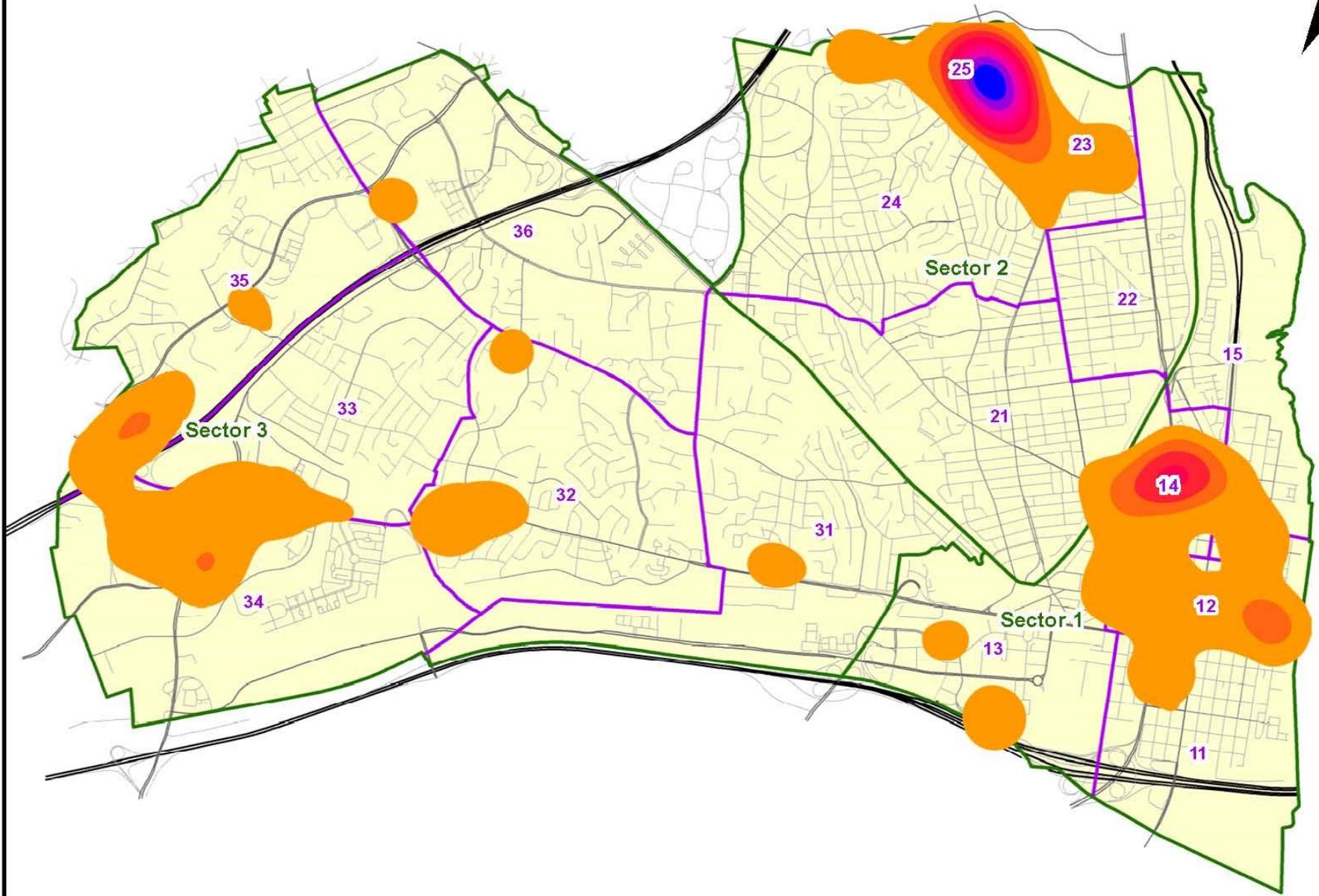
2008 Substance Abuse Density Map



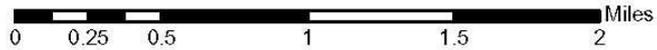
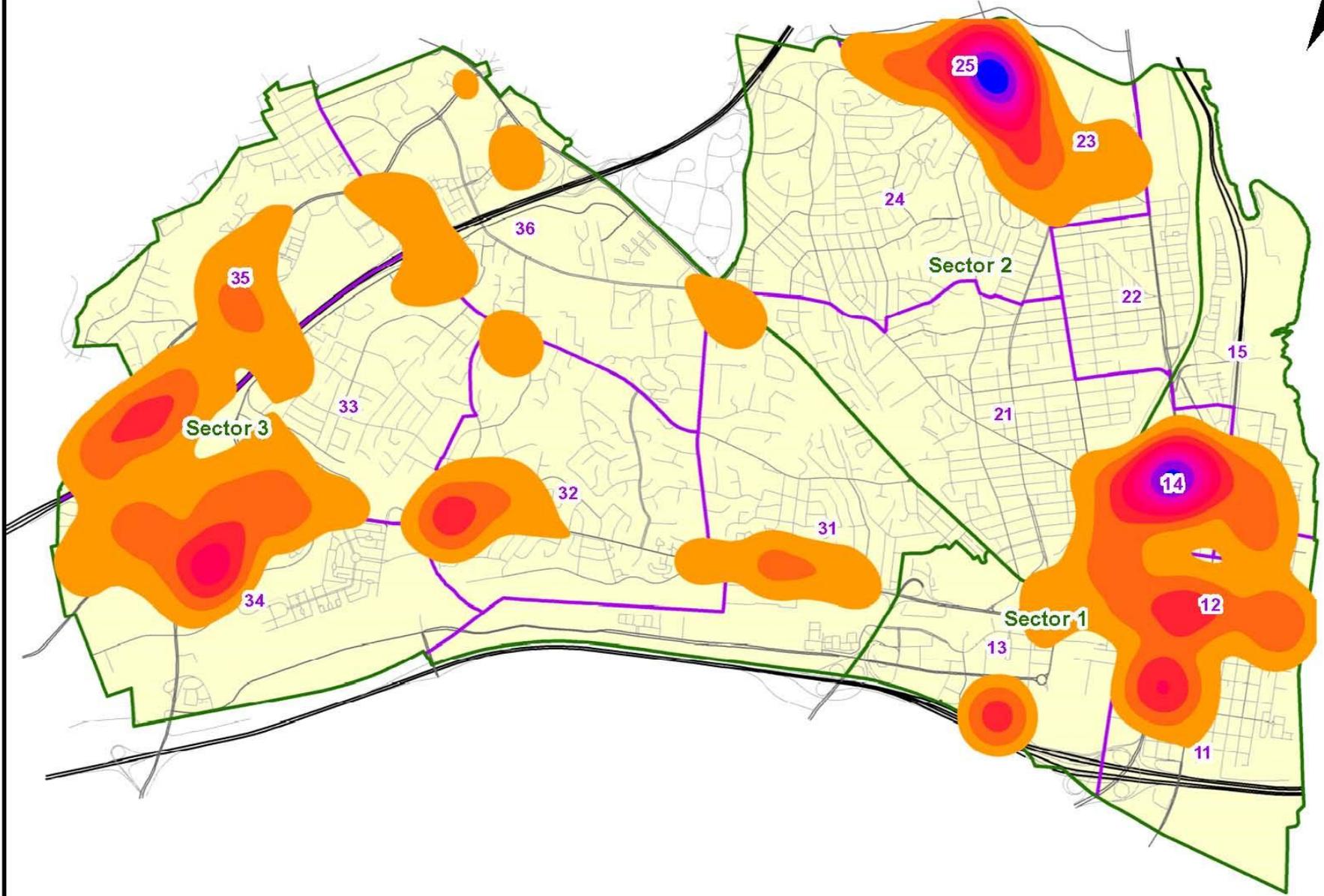
2009 Substance Abuse Density Map



2010 Substance Abuse Density Map



2011 Substance Abuse Density Map



Detention Center Trends

- Seeing an increase in marijuana, prescription drug (Xanax) abuse and PCP
- 70% of inmates present with substance use problems
- PCP intoxication is very difficult to manage and presents safety challenges for staff
- Alcohol withdrawal presents serious medical concerns
- Recently seeing Spice, particularly among younger inmates

Final Thoughts

- Untreated substance abuse costs Virginia \$613 million each year (mostly criminal justice costs), compared to \$102 million to treat substance abuse.
- Annually, Virginia spends \$311 per Virginia resident on untreated substance abuse, compared with \$5.65 to treat substance abuse.
- DOC estimates that 75% of all adults in Virginia prisons are incarcerated due in some measure to substance abuse.
- ACSB runs a chronic wait for treatment services and often denies admission to Detox due to capacity problems.