

# **Alexandria City Academy**

**Session 4**

**October 1, 2014**

# ***Public Health in Alexandria***

## **A Presentation to the Alexandria City Academy**

Stephen A. Haering, MD, MPH, FACPM  
Health Director  
Alexandria Health Department



# Overview

- Public Health
- Public Health
  - Virginia
  - Alexandria
- Partnership for a Healthier Alexandria
- Next...?



# What Is Public Health?



# “Health”

*Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity*

Preamble to the Constitution of the  
World Health Organization  
7 April 1948



# “Public Health”

*The science and art of preventing disease, prolonging life, and promoting health and well-being through organized community effort*

- C.E.A. Winslow, 1920

- The Acheson Report, 1988



# 10 Great Public Health Achievements of the 20<sup>th</sup> Century

- Vaccination
- Motor vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco as a health hazard

"Ten Great Public Health Achievements, US, 1900-1999," MMWR 12/24/99.



# Greatest Public Health Challenges

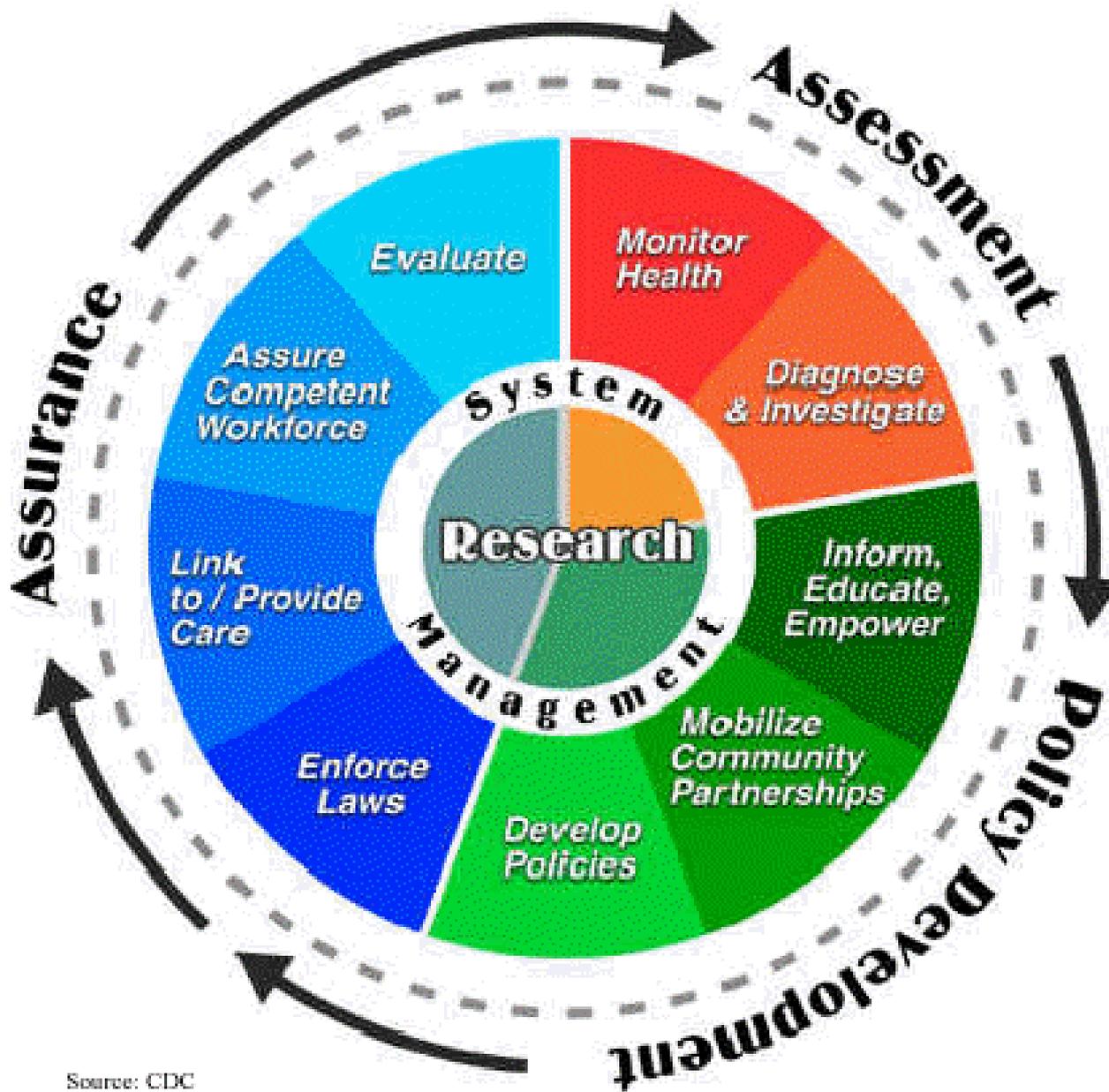
- Tobacco Use
- Obesity
- Physical Inactivity
- Mental Health
- Early Childhood Development
- Aging Population
- Health Inequities
- Globalization
- Urbanization
- Economic Conditions
- Social Exclusion
- Fragmented Healthcare Sector



# Public Health IS:

- About protecting and promoting health and well-being of POPULATIONS
- A primary responsibility of government at all levels, but with partnerships with communities and the private sector
- Assessment, Policy Development, Assurance
- Everyone's concern
- For rich and poor and everyone in between

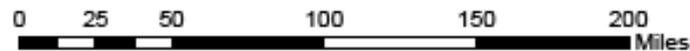




Source: CDC



# Virginia Department of Health



Prepared by Division of Disease Prevention - Health & Research Informatics, 2008

# Alexandria Health Department



# Alexandria Health Department

- **Vision**

*Healthy People, Healthier Communities*

- **Mission**

*To Protect and Promote Health and Well-Being in Our Communities*

- **Values**

*Working Together  
Improving Continuously  
Making a Difference*



# AHD – Service Components

- Vital Records
- Child Health
- Family Planning
- Immunizations
- Nutrition / WIC
- Prenatal Care
- Case Management
- Teen Wellness Center
- Public Health Emergency Management
- Environmental Health Services
- Epidemiology and Communicable Diseases
- Community Partnerships

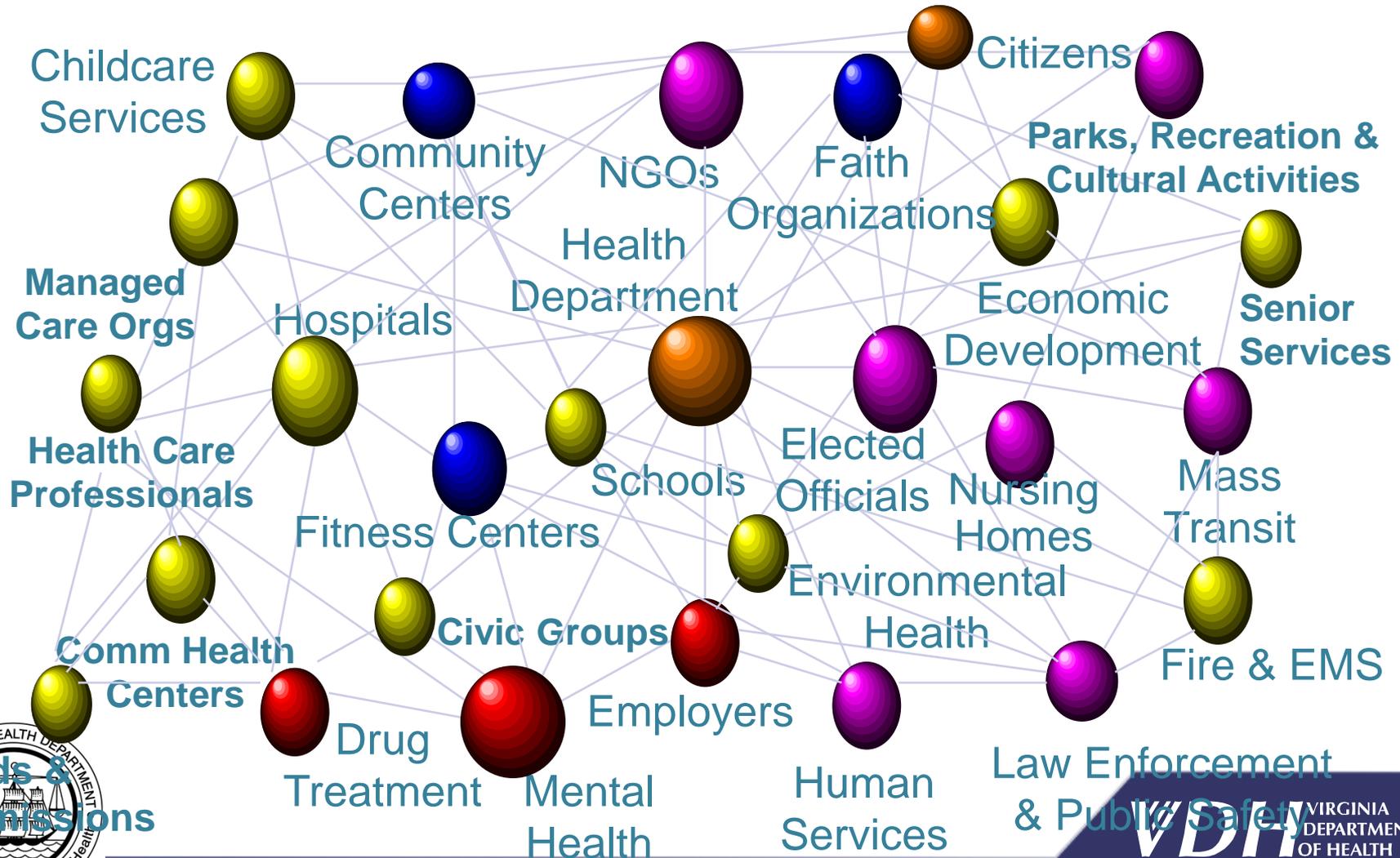


# Public Health Emergency Management

- Ensure readiness for all public health emergencies
- Medical Reserve Corps
  - <http://alexandriava.gov/medicalreserve>
  - Paula Rosca, Coordinator
    - [paula.rosca@vdh.virginia.gov](mailto:paula.rosca@vdh.virginia.gov)
    - 703-746-4978



# Community Partnerships



# PARTNERSHIP FOR A *Healthier Alexandria*



# The Partnership's Priority Issues

## ▶ Work Groups



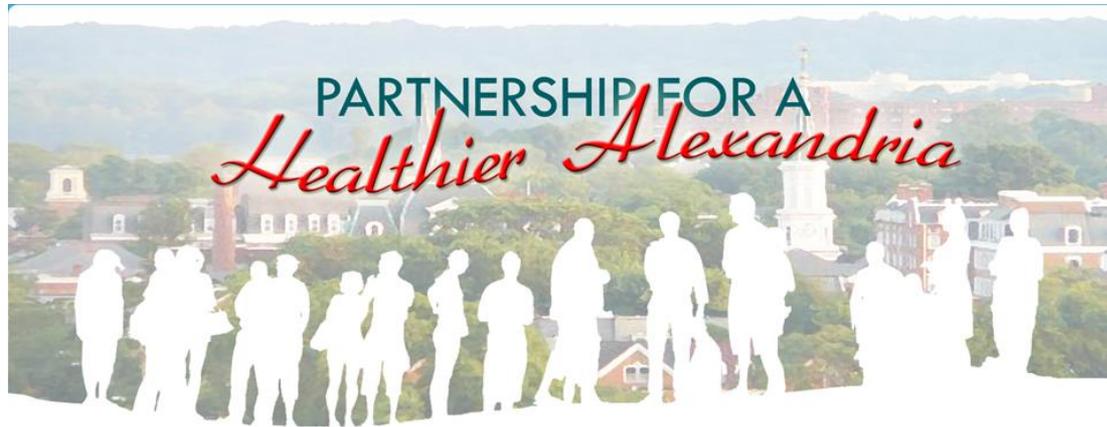
## ▶ Childhood Obesity Action Network

## ▶ Mental Health Anti-Stigma HOPE Campaign

## ▶ Substance Abuse Prevention Coalition

## ▶ Coalition for Clean & Smoke Free Air





- <http://healthieralexandria.org/>
- Katie Leonard, MAURP, MPH, AICP
  - [katie.leonard@vdh.virginia.gov](mailto:katie.leonard@vdh.virginia.gov)
  - 703-746-4914



# What is Public Health?

Childcare  
Services

Citizens



Parks, Recreation &  
Cultural Activities

Economic  
Development Senior  
Services

Mass  
Transit

Fire & EMS

Enforcement  
Public Safety



Managed  
Care Orgs

Health Care  
Professionals

Comm H

Boards &  
Commissions



# Questions?

## Health Department

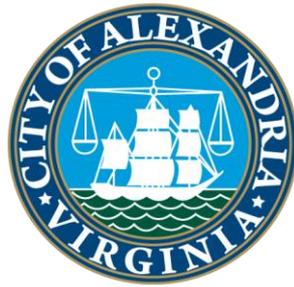
4480 King St.

Alexandria, VA 22302

703.746.4996

[www.alexandriava.gov/Health](http://www.alexandriava.gov/Health)





# **Department of Community & Human Services**

**Kate Garvey, Director**

Providing social services and public benefits assistance;  
mental health, intellectual disability and substance abuse services;  
and supporting initiatives for women.



# Vision & Mission

The Department of Community and Human Services envisions a community in which residents enjoy a sense of well-being, safety and self-sufficiency.

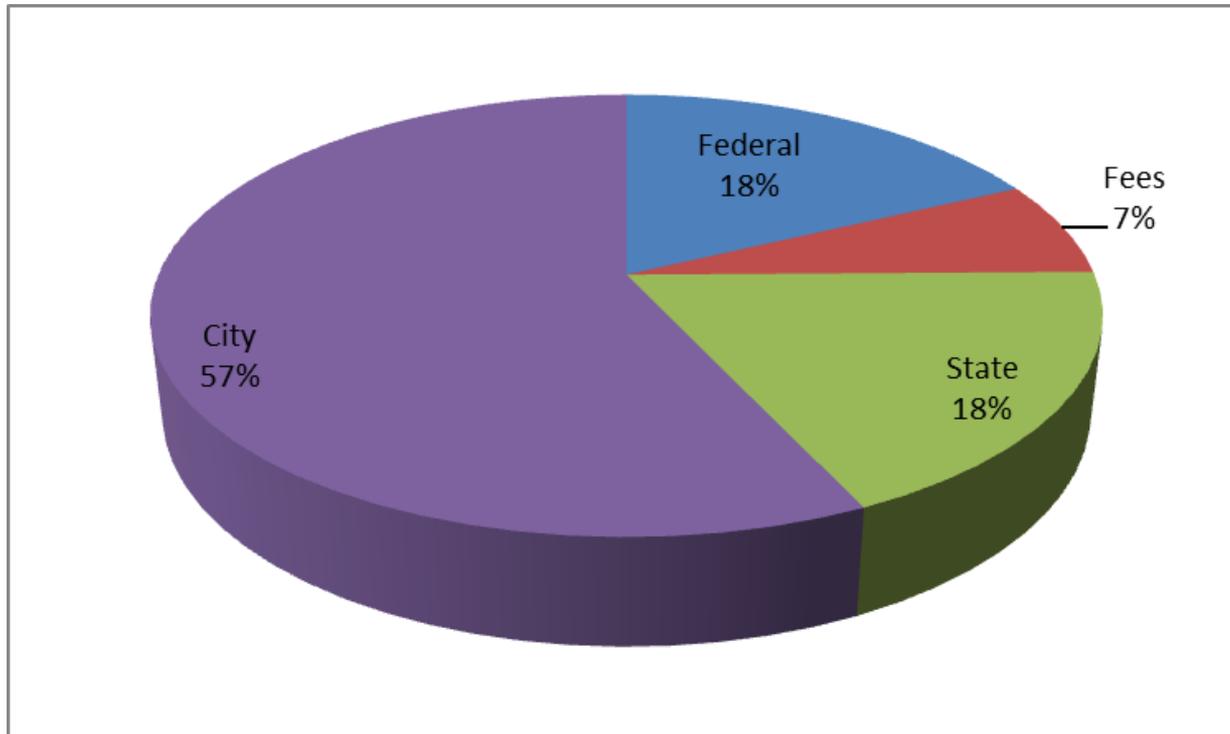
We strive to provide effective and essential safety net services that measurably improve or maintain the quality of life for Alexandrians.



# Where We Are

- More than 650 employees
- Three direct care service centers:
  - Adult Services
  - Children and Families
  - Economic Support
- Seven primary locations
- Staff in schools, recreation centers, adult and juvenile detention centers, shelters and in residential programs located throughout the City

# Budget of \$88 Million: Funding Sources



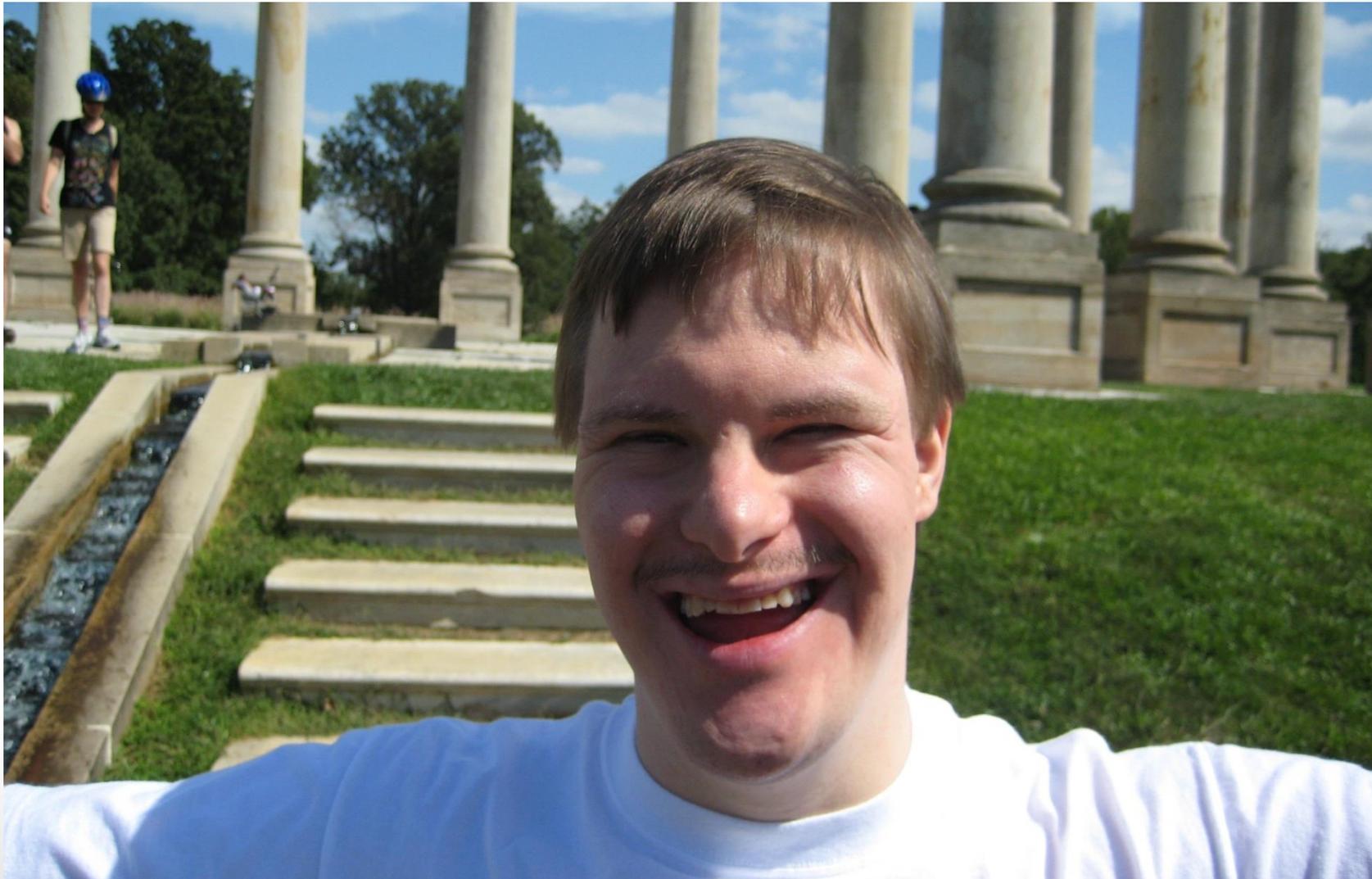


# Boards, Commissions and Committees Affiliated with DCHS

- Alexandria Community Policy Management Team
- Alexandria Community Services Board
- Children, Youth and Families Collaborative Commission
- Commission on Aging
- Commission on Employment
- Commission for Women
- Economic Opportunities Commission
- Friends of the Alexandria Mental Health Center
- Local Human Rights Committee
- Social Services Advisory Board
- Workforce Investment Board



# Center for Adult Services





# Center for Adult Services

- **Clinical & Emergency Services**
  - Emergency Mental Health Services
  - Mental Health and Substance Abuse Outpatient Services
  - Opioid Treatment Program
  - Detox Services
  - Jail Services
- Behavioral Health & Criminal Justice Collaboration (CIT)



# Center for Adult Services

- **Community Support Services**
  - Residential Services
  - Day Support
  - Case Management
  - Homeless Outreach
  - Discharge Planning



# Center for Adult Services

- **Aging and Adult Services**
  - Adult Protective Services
  - Older Adult Clinical Services
  - Adult Day Health Care
  - Senior Centers
- Services include: Transportation, Nutrition, Recreation, Housing, Financial Assistance, In-Home Services, Caregiver Resources, Long Term Care

# Center for Children and Families





# Center for Children & Families

- **Behavioral Health for Children & Families**
  - Youth & Family Services
  - Community Wraparound Team
  - Family Partners Program
  - Juvenile Detention Center  
Mental Health & Substance Abuse  
Program
  - Child Assessment & Treatment Center  
for Health (CATCH)



# Center for Children & Families

- **Child Welfare and Child Protective Services**

- Prevention of Abuse and Neglect
- Foster Care and Adoption
- ChildThrive!
- Center for Alexandria's Children

- **Domestic Violence and Sexual Assault Division**

- Domestic Violence Program
- Sexual Assault Center
- LGBTQ and Stalking Services



# Center for Children & Families

- **Early Childhood**

- Child Care
- Parent Infant Education Program
- Preschool Prevention Program

- **Youth Development**

- Office of Youth Services
- School-Age Youth Development Programs
- Substance Abuse Prevention Coalition of Alexandria
- Alexandria Campaign on Adolescent Pregnancy



# Center for Economic Support





# Center for Economic Support

- **Benefit Programs**

- Supplemental Nutrition Assistance Program (Food stamps)
- FAMIS
- TANF
- Medicaid
- Refugee Assistance
- Auxiliary Grant Program



# Center for Economic Support

- **JobLink**

- Virginia Initiative for Employment Not Welfare (VIEW)
- Supplemental Nutrition and Assistance Program  
Employment Training
- Career Center
- Career Readiness Program
- Adult Employment Training
- Dislocated Workers Program
- Virginia Refugee Resettlement Program
- Youth Employment Program
- IT Careers for Veteran's Initiative
- Experienced Worker Program (Age 55+)



# Center for Economic Support

- **Office of Community Services**

- Homeless Prevention Services – financial and household stabilization services
- Safety Net Services – rent, utility, prescription and burial assistance; referrals
- Case Management
- Homeless Services – crisis child care, eviction storage services, shelter contract management



# In Crisis?

## Call us 24 hours a day:

**Emergency Mental Health  
Services**

703.746.3401

**Detox/Substance Abuse  
Services**

703.746.3636

**Sexual Assault**

703.683.7273

**Domestic Violence**

703.746.4911

**Child Protective Services**

703.746.5800

or **State of Virginia**

1.800.552.7096

**Adult Protective Services**

703.746.5778



# Resources

- Visit us at [alexandriava.gov/DCHS](http://alexandriava.gov/DCHS)
  - See the service chart to learn more about our programs
  - Register for Mental Health First Aid Training
- To find out about volunteer opportunities, visit [alexandriava.gov/Volunteer](http://alexandriava.gov/Volunteer)
- To apply online for benefits, visit [alexandriava.gov/CommonHelp](http://alexandriava.gov/CommonHelp)
- DCHS Customer Call Center: 703.746.5700



# Thank You!

Adult Services Director  
[Carol.Layer@alexandriava.gov](mailto:Carol.Layer@alexandriava.gov)

Center for Children and Families Director  
[Deborah.Warren@alexandriava.gov](mailto:Deborah.Warren@alexandriava.gov)

Center for Economic Support Director  
[Dennis.McKinney@alexandriava.gov](mailto:Dennis.McKinney@alexandriava.gov)

Deputy Department Director  
[Suzanne.Chis@alexandriava.gov](mailto:Suzanne.Chis@alexandriava.gov)

Department Director  
[Kate.Garvey@alexandriava.gov](mailto:Kate.Garvey@alexandriava.gov)

**Thank you for your interest in the  
Department of Community and Human Services.**



# Questions?

## **Department of Community & Human Services**

720 N. Saint Asaph St.

Alexandria, VA 22314

703.746.3400

[www.alexandriava.gov/DCCHS](http://www.alexandriava.gov/DCCHS)