Alexandria City Academy

Session 5

October 8, 2015

Public Health in Alexandria

A Presentation to the Alexandria City Academy

Stephen A. Haering, MD, MPH, FACPM
Health Director
Alexandria Health Department

VDH VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment

Overview

- Public Health
- Public Health
  - Virginia
  - Alexandria
- Partnership for a Healthier Alexandria
- Next…?

What Is Public Health?

ALEXANDRIA HEALTH DEPARTMENT
Protecting and Promoting Health

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Protecting You and Your Environment

“Health”

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity

Preamble to the Constitution of the
World Health Organization
7 April 1948

“Public Health”

The science and art of preventing disease, prolonging life, and promoting health and well-being through organized community effort

- C.E.A. Winslow, 1920

- The Acheson Report, 1988

10 Great Public Health Achievements of the 20th Century

- Vaccination
- Motor vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco as a health hazard

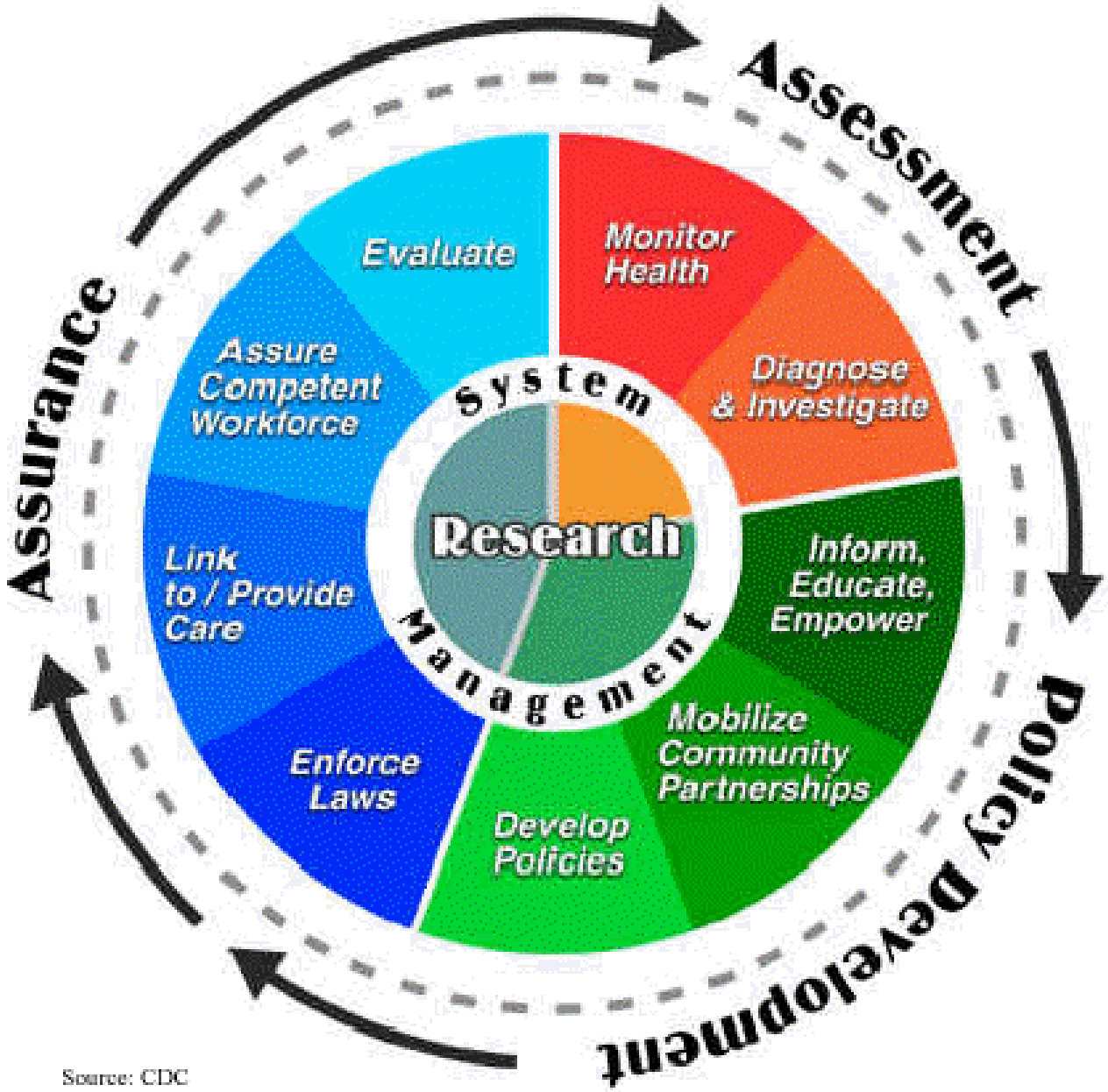
"Ten Great Public Health Achievements, US, 1900-1999," MMWR 12/24/99.

Greatest Public Health Challenges

- Tobacco Use
- Obesity
- Physical Inactivity
- Mental Health
- Early Childhood Development
- Aging Population
- Health Inequities
- Globalization
- Urbanization
- Economic Conditions
- Social Exclusion
- Fragmented Healthcare Sector

Public Health IS:

- About protecting and promoting health and well-being of POPULATIONS
- A primary responsibility of government at all levels, but with partnerships with communities and the private sector
- Assessment, Policy Development, Assurance
- Everyone's concern
- For rich and poor and everyone in between


Assessment
Policy Development
Assurance
Monitor Health
Diagnose & Investigate
Inform, Educate, Empower
Mobilize Community Partnerships
Develop Policies
Enforce Laws
Link to / Provide Care
Assure Competent Workforce
Evaluate
System
Research
Management

Source: CDC

Virginia Department of Health

0 25 50 100 150 200 Miles

Prepared by Division of Disease Prevention - Health & Research Informatics, 2008

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www.vdh.virginia.gov

Alexandria Health Department

Alexandria Health Department

- **Vision**

  Healthy People, Healthier Communities

- **Mission**

  To Protect and Promote Health and Well-Being in Our Communities

- **Values**

  Working Together
  Improving Continuously
  Making a Difference

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AHD – Service Components

- Vital Records
- Family Planning
- Immunizations
- Nutrition / WIC
- Prenatal Care
- Case Management
- Teen Wellness Center
- Public Health Emergency Management
- Environmental Health Services
- Epidemiology and Communicable Diseases
- Community Partnerships

Public Health Emergency Management

- Ensure readiness for all public health emergencies
- Medical Reserve Corps
  - http://alexandriava.gov/medicalreserve
  - Paula Rosca, Coordinator
    - paula.rosca@vdh.virginia.gov
    - 703-746-4978

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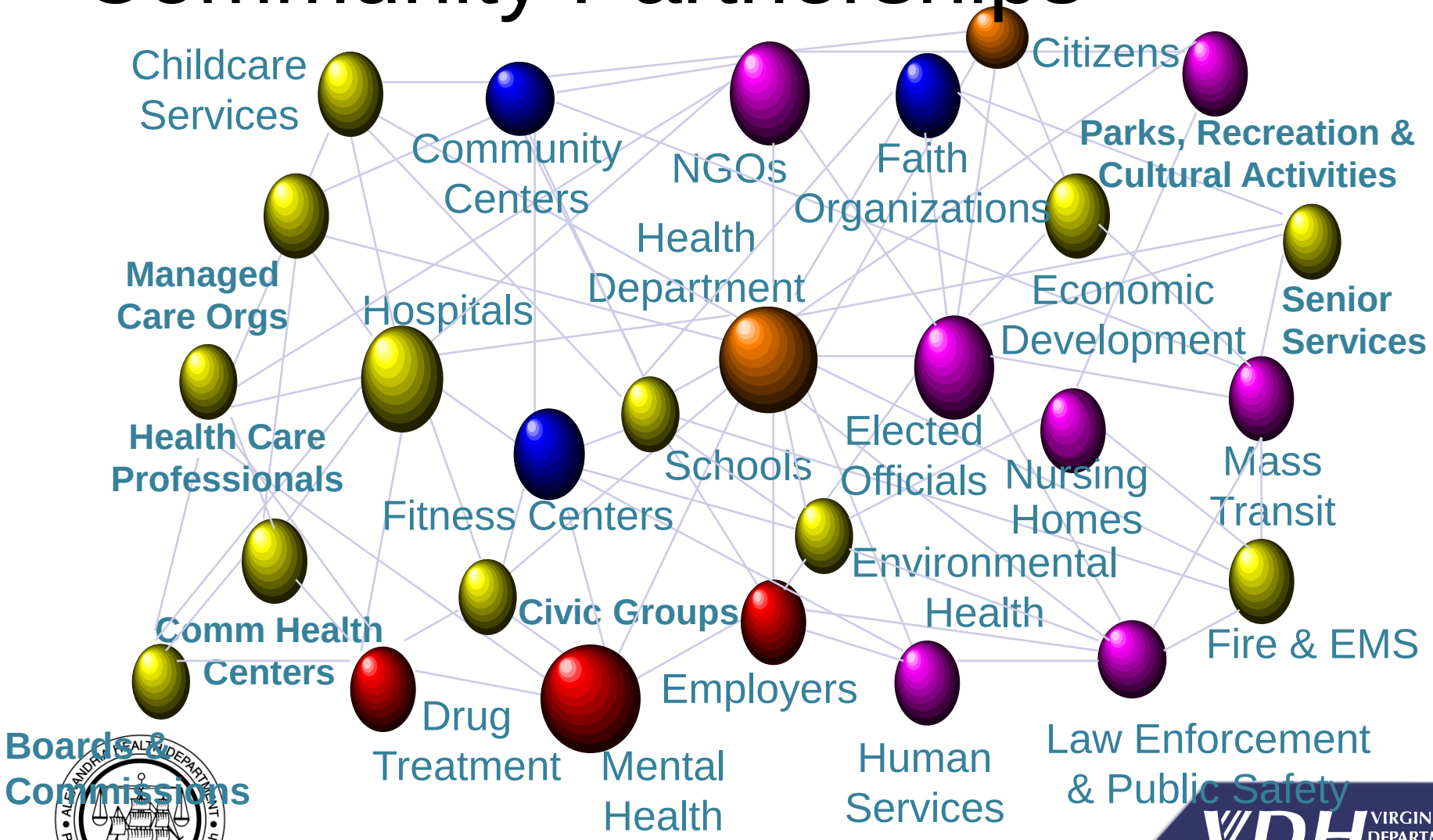
Community Partnerships



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PARTNERSHIP FOR A HEALTHIER Alexandria

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The Partnership's Priority Issues

- Work Groups

- **Childhood Obesity Action Network**
- **Mental Health Anti-Stigma HOPE Campaign**
- **Substance Abuse Prevention Coalition**
- **Coalition for Clean & Smoke Free Air**
- **Work Well, Live Well**

PARTNERSHIP FOR A HEALTHIER Alexandria

- http://healthieralexandria.org/
- Katie Leonard, MAURP, MPH, AICP
  - katie.leonard@vdh.virginia.gov
  - 703-746-4914

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What is Public Health?

Alexandria Health Department • Protecting and Promoting Health

VDH Virginia Department of Health
Protecting You and Your Environment

Questions?

Health Department
4480 King St.
Alexandria, VA 22302
703.746.4996

www.alexandriava.gov/Health

VDH VIRGINIA DEPARTMENT OF HEALTH
Protecting You and Your Environment

Department of Community & Human Services

Kate Garvey, Director

Providing social services and public benefits assistance;
mental health, intellectual disability and substance abuse services;
and supporting initiatives for women.

Vision & Mission

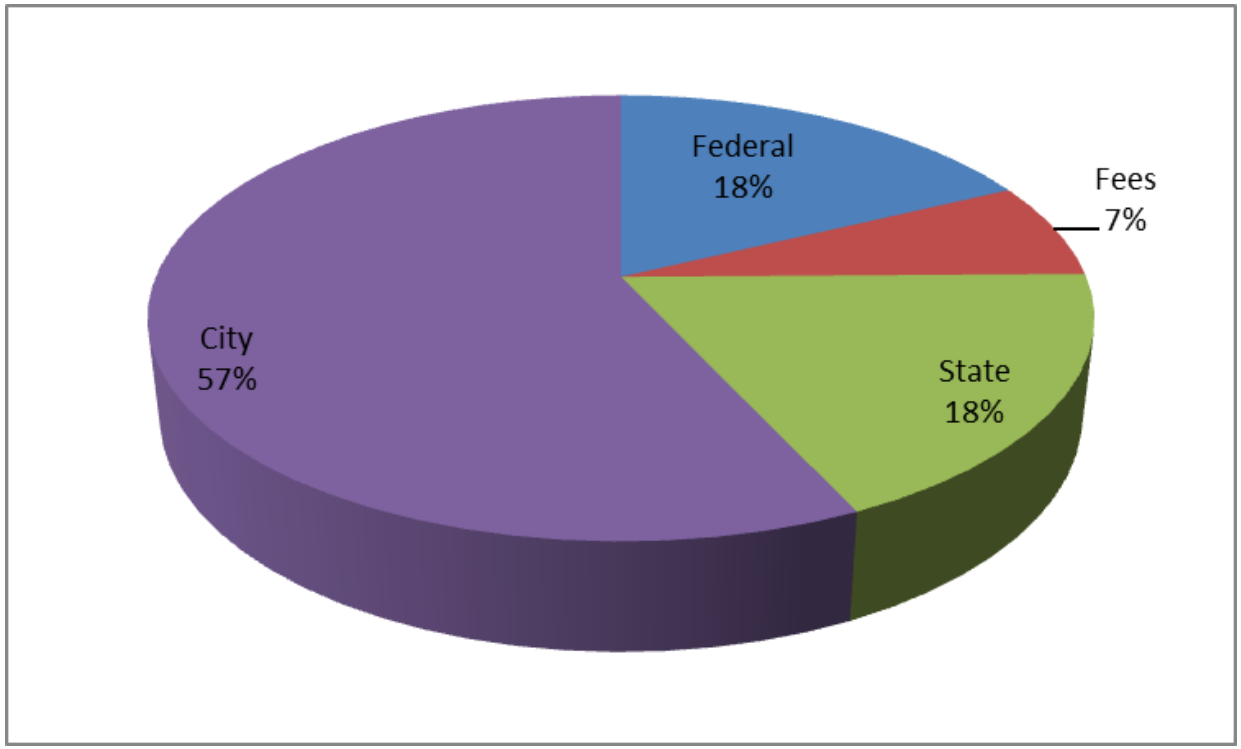
The Department of Community and Human Services envisions a community in which residents enjoy a sense of well-being, safety and self-sufficiency.

We strive to provide effective and essential safety net services that measurably improve or maintain the quality of life for Alexandrians.

Where We Are

- More than 650 employees
- Three direct care service centers:
  Adult Services
  Children and Families
  Economic Support
- Seven primary locations
- Staff in schools, recreation centers, adult and juvenile detention centers, shelters and in residential programs located throughout the City

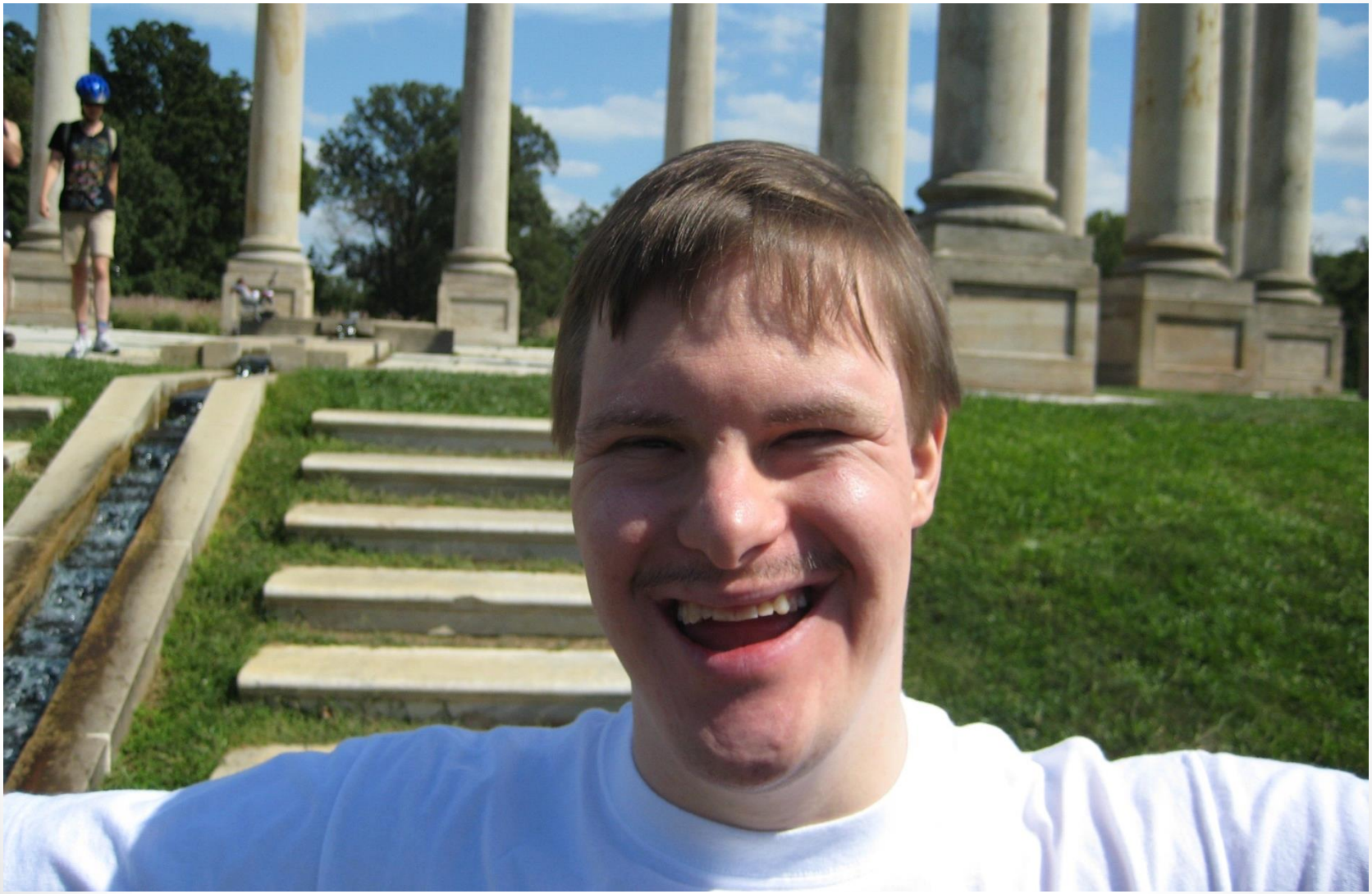
Budget of $88 Million: Funding Sources



Boards, Commissions and Committees Affiliated with DCHS

- Alexandria Community Policy Management Team
- Alexandria Community Services Board
- Children, Youth and Families Collaborative Commission
- Commission on Aging
- Commission on Employment
- Commission for Women
- Economic Opportunities Commission
- Friends of the Alexandria Mental Health Center
- Local Human Rights Committee
- Social Services Advisory Board
- Workforce Investment Board

Center for Adult Services



Center for Adult Services

- **Clinical & Emergency Services**
  - Emergency Mental Health Services
  - Mental Health and Substance Abuse Outpatient Services
  - Opioid Treatment Program
  - Detox Services
  - Jail Services
- Behavioral Health & Criminal Justice Collaboration (CIT)

Center for Adult Services

- **Community Support Services**
  - Residential Services
  - Day Support
  - Case Management
  - Homeless Outreach
  - Discharge Planning
  - Transitioning Adults Into Living Successfully (TRAILS)

Center for Adult Services

- **Aging and Adult Services**
  - Adult Protective Services
  - Older Adult Clinical Services
  - Adult Day Health Care
  - Senior Centers
- Services include: Transportation, Nutrition, Recreation, Housing, Financial Assistance, In-Home Services, Caregiver Resources, Long Term Care

Center for Children and Families

Center for Children & Families

- **Behavioral Health for Children & Families**
  - Youth & Family Services
  - Community Wraparound Team
  - Family Partners Program
  - Juvenile Detention Center Mental Health & Substance Abuse Program
  - Child Assessment & Treatment Center for Health (CATCH)

Center for Children & Families

- **Child Welfare and Child Protective Services**
  - Prevention of Abuse and Neglect
  - Foster Care and Adoption
  - ChildThrive!
  - Center for Alexandria's Children
- **Domestic Violence and Sexual Assault Division**
  - Domestic Violence Program
  - Sexual Assault Center
  - LGBTQ and Stalking Services

Center for Children & Families

- **Early Childhood**
  - Child Care
  - Parent Infant Education Program
  - Preschool Prevention Program
- **Youth Development**
  - Office of Youth Services
  - School-Age Youth Development Programs
  - Substance Abuse Prevention Coalition of Alexandria
  - Alexandria Campaign on Adolescent Pregnancy
  - Youth Voice Alexandria

Center for Economic Support

Center for Economic Support

- **Benefit Programs**
  - Supplemental Nutrition Assistance Program (Food stamps)
  - FAMIS
  - TANF
  - Medicaid
  - Refugee Assistance
  - Auxiliary Grant Program

Center for Economic Support

- **Workforce Development Center**
  - Virginia Initiative for Employment Not Welfare (VIEW)
  - Supplemental Nutrition and Assistance Program Employment Training
  - Career Center
  - Career Readiness Program
  - Adult Employment Training
  - Dislocated Workers Program
  - Virginia Refugee Resettlement Program
  - Youth Employment Program & Youth Career Academy
  - IT Careers for Veteran's Initiative
  - Experienced Worker Program (Age 55+)

Center for Economic Support

- **Office of Community Services**
  - Homeless Prevention Services – financial and household stabilization services
  - Safety Net Services – rent, utility, prescription and burial assistance; referrals
  - Case Management
  - Homeless Services – crisis child care, eviction storage services, shelter contract management

In Crisis?
Call us 24 hours a day:

Emergency Mental Health Services
703.746.3401

Detox/Substance Abuse Services
703.746.3636

Sexual Assault
703.683.7273

Domestic Violence
703.746.4911

Child Protective Services
703.746.5800
or **State of Virginia**
1.800.552.7096

Adult Protective Services
703.746.5778

Resources

- Visit us at alexandriava.gov/DCHS
  - See the service chart to learn more about our programs
  - Register for Mental Health First Aid Training
- To find out about volunteer opportunities, visit alexandriava.gov/Volunteer
- To apply online for benefits, visit alexandriava.gov/CommonHelp
- DCHS Customer Call Center: 703.746.5700

Thank You!

Adult Services Director
Carol.Layer@alexandriava.gov

Center for Children and Families Director
Deborah.Warren@alexandriava.gov

Center for Economic Support Director (Acting)
Suzanne.Chis@alexandriava.gov

Deputy Department Director
Suzanne.Chis@alexandriava.gov

Department Director
Kate.Garvey@alexandriava.gov

Thank you for your interest in the Department of Community and Human Services.

Questions?

Department of Community & Human Services
720 N. Saint Asaph St.
Alexandria, VA 22314
703.746.3400

www.alexandriava.gov/DCHS