

Alexandria City Academy

Session 4

September 29, 2016



Public Health in Alexandria

September 29, 2016

A Presentation to the Alexandria City Academy

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Overview

- **Why** is Public Health important?
- **How** does Public Health work in the City of Alexandria?
- **What** does the Alexandria Health Department do?
- **How** can YOU improve Public Health in Alexandria?



WHY IS PUBLIC HEALTH IMPORTANT?



Health & Public Health

Health

Health is a state of complete **physical, mental, and social wellbeing** and not merely the absence of disease or infirmity

Preamble to the
Constitution of the World Health
Organization

7 April 1948



Public Health

The science and art of **preventing** disease, **prolonging** life, and **promoting** health and well-being through organized community effort

C.E.A. Winslow, 1920

The Acheson Report, 1988

10 Great Public Health Achievements of the 20th Century

- Vaccination
- Motor vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco as a health hazard

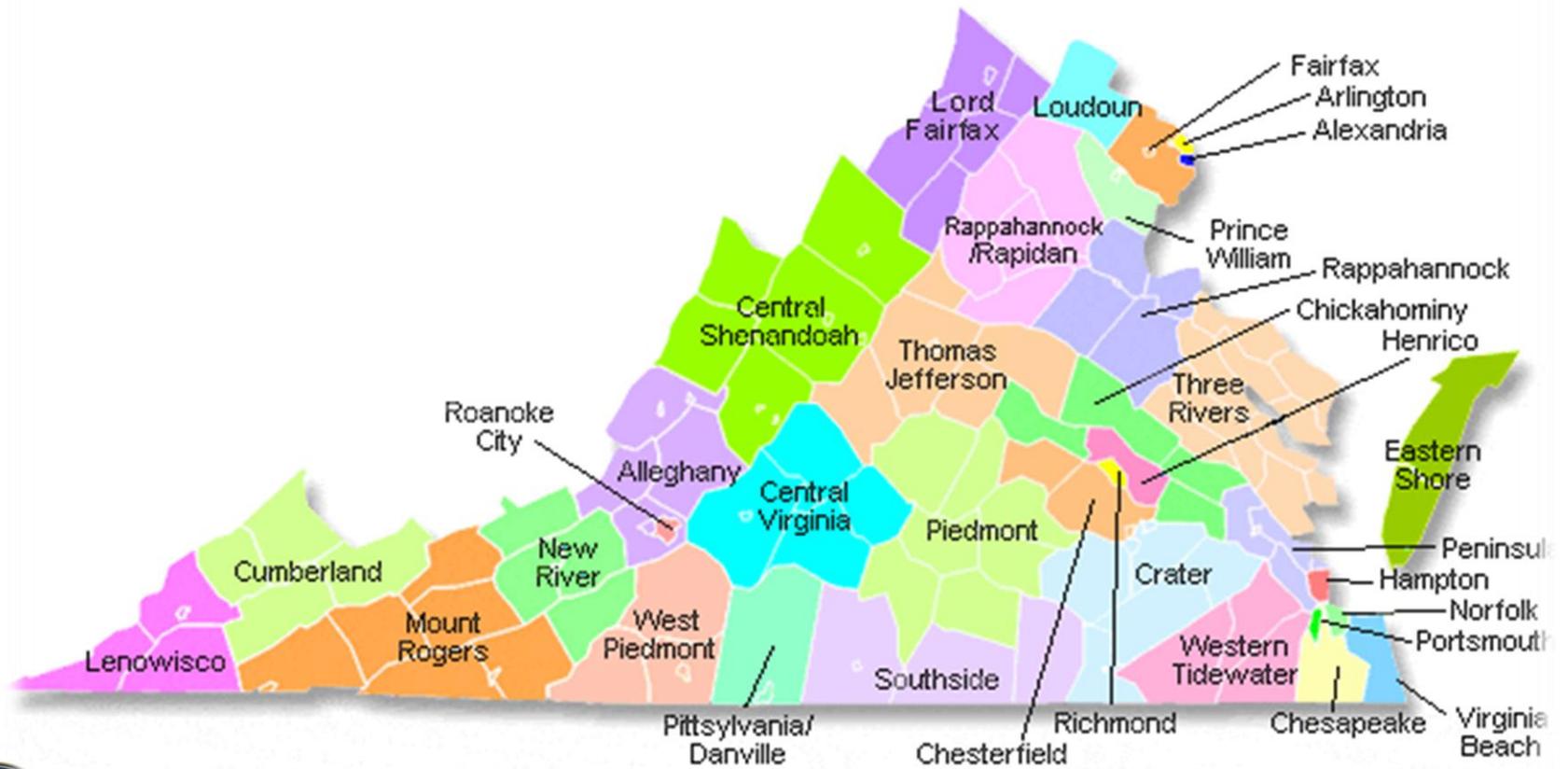


HOW DOES PUBLIC HEALTH WORK IN THE CITY OF ALEXANDRIA?

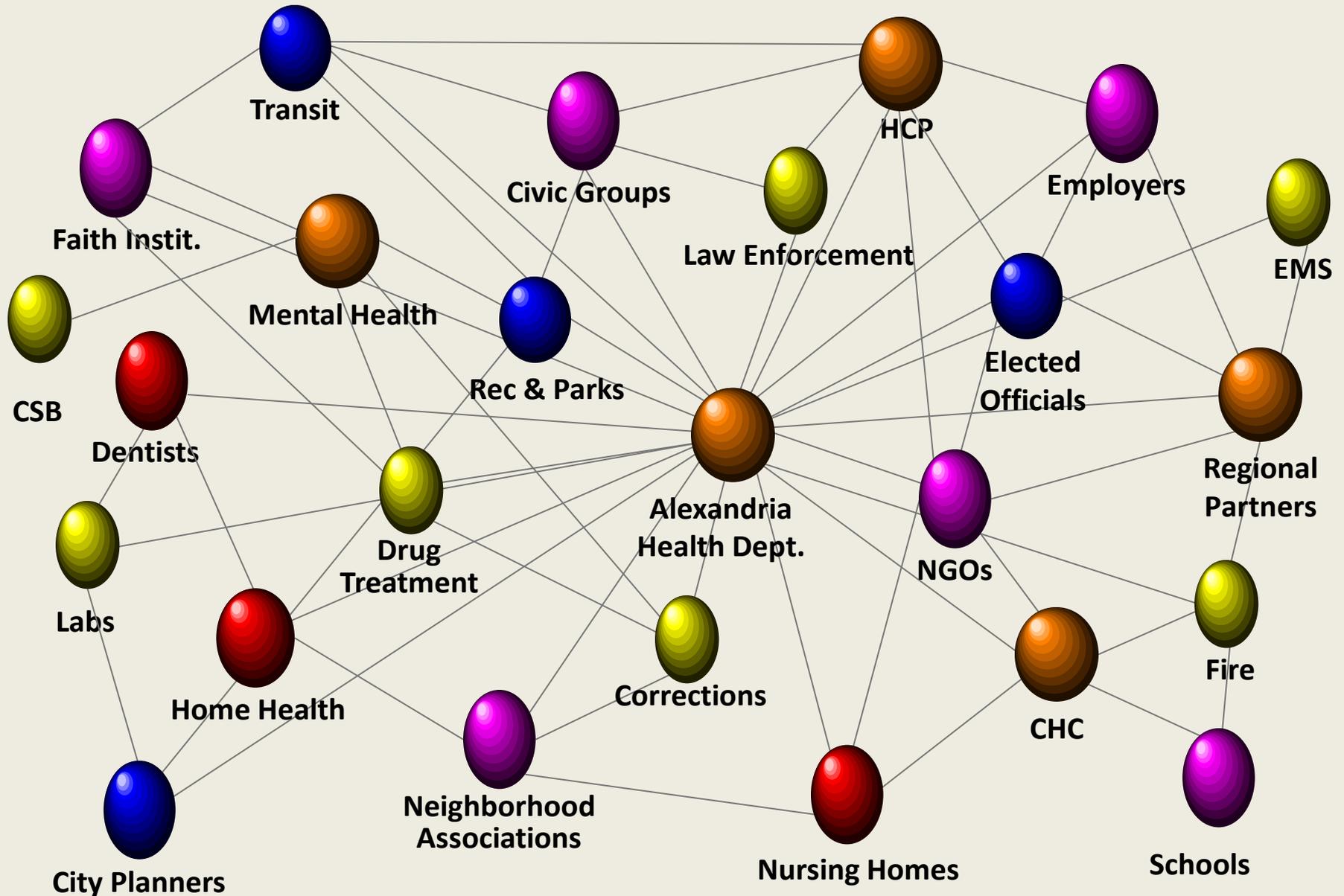


VDH VIRGINIA DEPARTMENT OF HEALTH

Protecting You and Your Environment



Local [Alexandria] Public Health System



WHAT DOES THE ALEXANDRIA HEALTH DEPARTMENT DO?



Alexandria Health Department

Vision

Healthy People, Healthier Communities

Mission

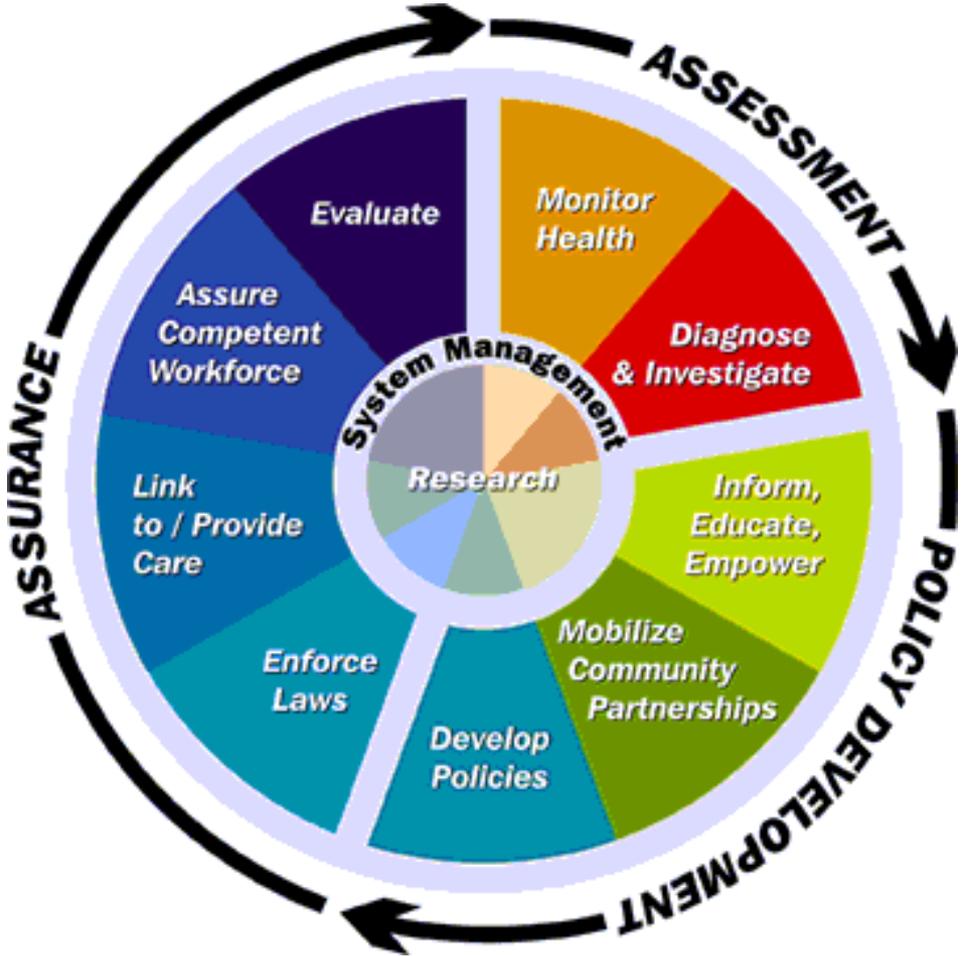
*To Protect and Promote Health and well-Being in
Our Communities*

Values

*Working Together
Improving Continuously
Making a Difference*



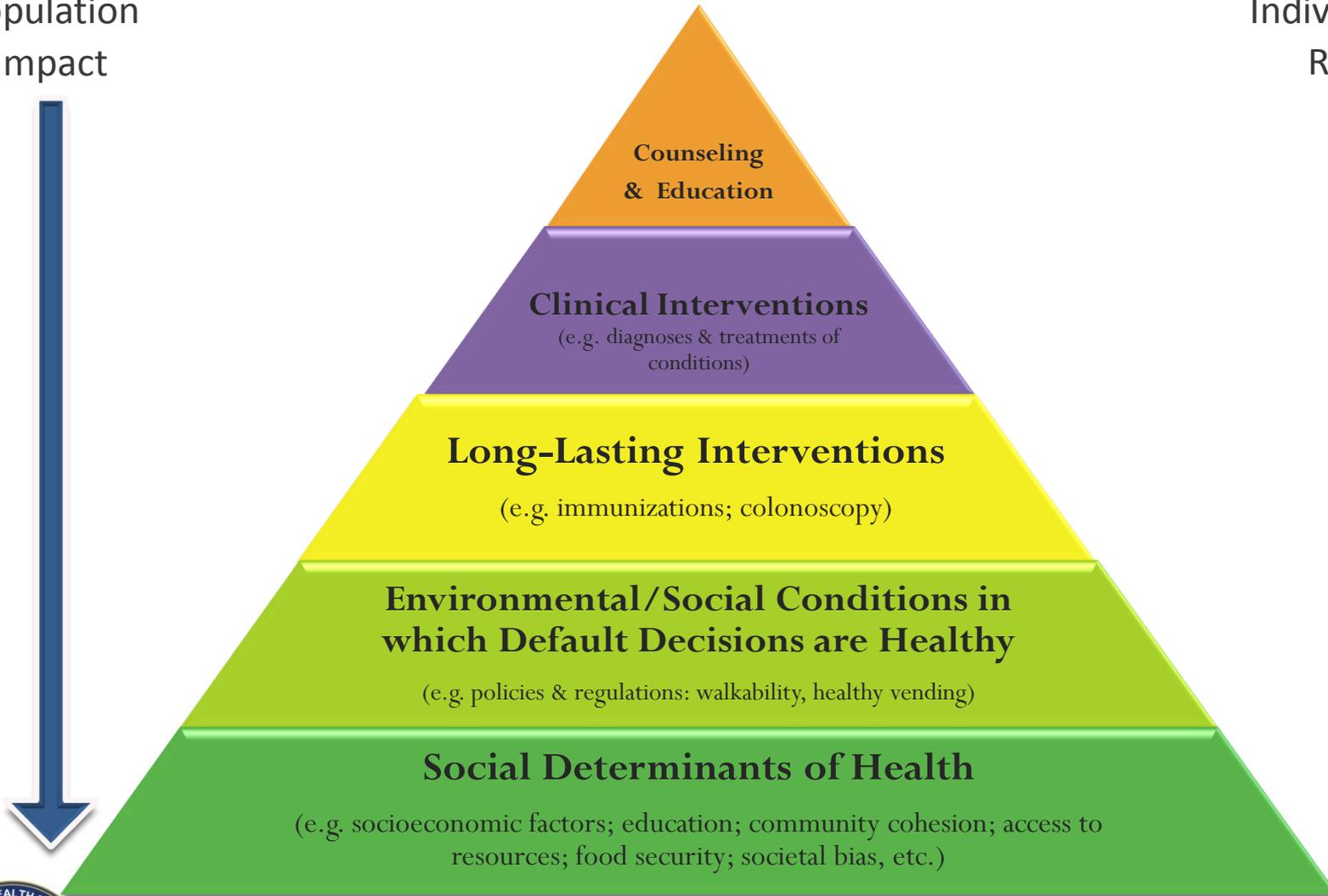
Assessment, Policy Development, Assurance



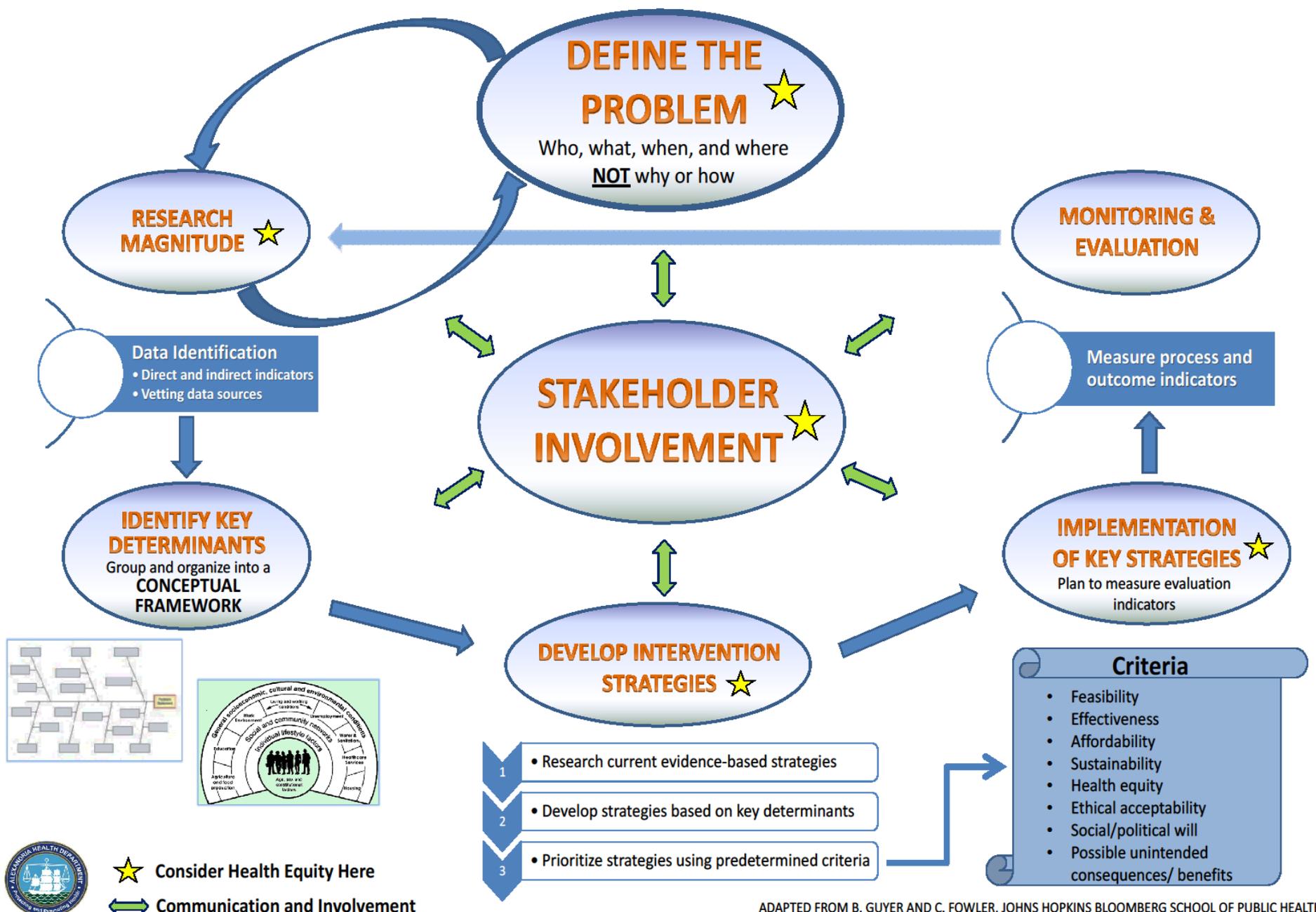
Health Impact Pyramid

Increasing
Population
Impact

Increasing
Individual Effort
Required



PROBLEM SOLVING IN PUBLIC HEALTH



Alexandria Health Department Service Areas

- Administrative Services
- Clinical and Public Health Nursing Services
- Environmental Health
- Epidemiology Program
- Public Health Emergency Management
- Community Partnerships



Administrative Services

- Budget and Finance
- Policy Implementation
- Facilities Management
- Human Resources
- Eligibility
- Vital Records



Clinical & Public Health Nursing Services

- Immunizations
- Family Planning
- Immunization Clinic
- Newcomer Health Clinic
- Nutrition Services/WIC
- Pharmacy
- Prenatal Care
- BabyCare & Case Management
- Teen Wellness Center
- Sexually Transmitted Infections (STI) Clinic
- Rainbow Tuesday's Clinic
- HIV/AIDS Services
- Tuberculosis (TB) Clinic



Environmental Health Services

- Food Safety Program
- Aquatic Health & Safety
- Vector-Borne Illness Prevention Program
- Animal Bites/Rabies Prevention
- Hotel Sanitation Program
- Water Quality Programs
- Permits & Plan Reviews
- Concerns & Complaints
- Various Environmental Health Concerns

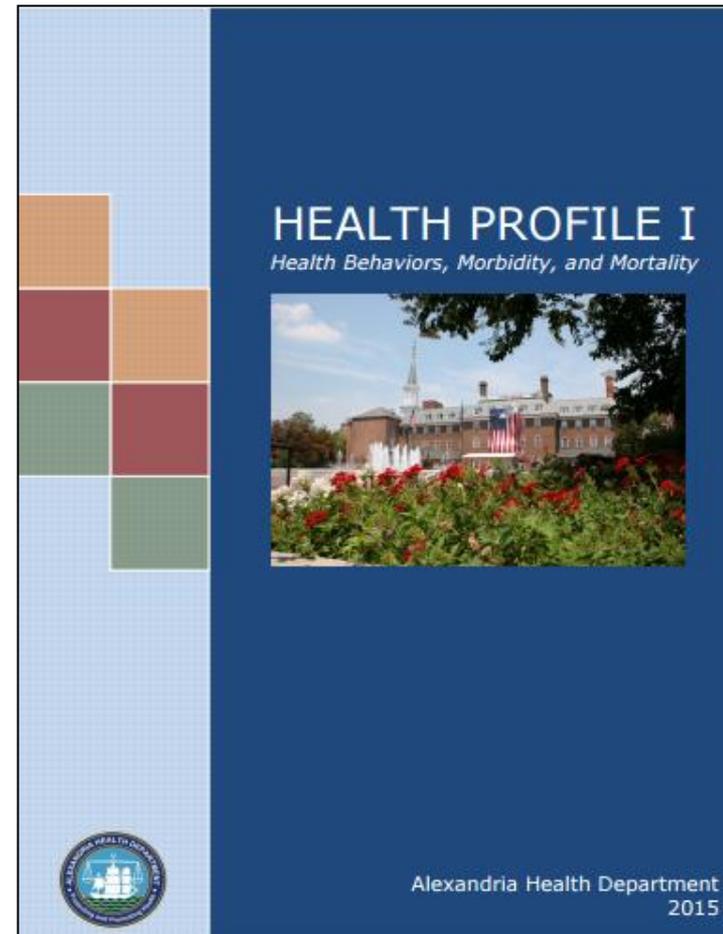
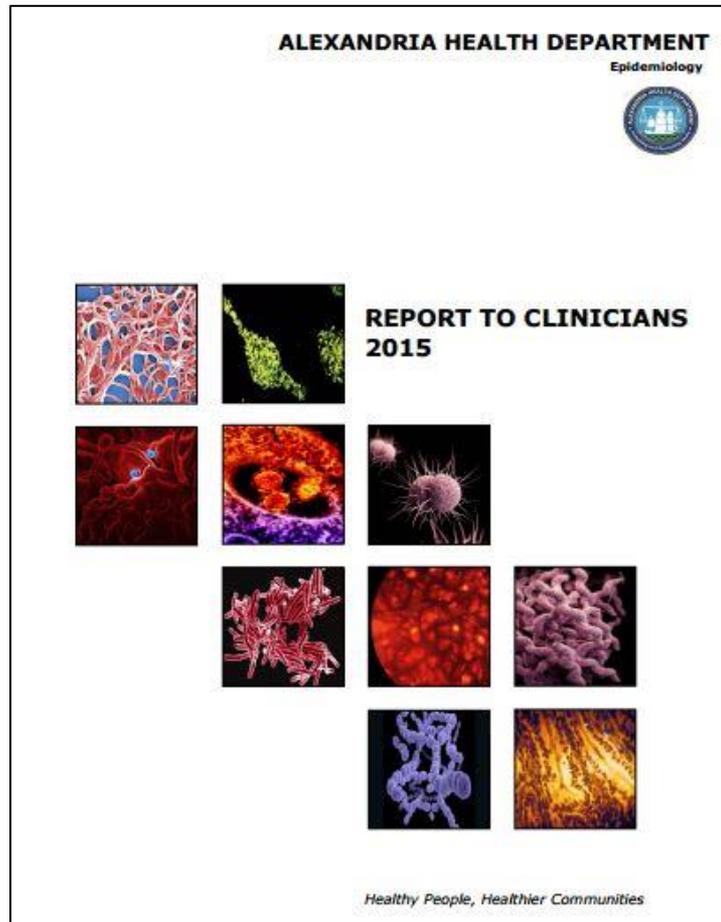


Epidemiology Program

- Investigate communicable diseases reported by healthcare providers, doctors, schools, others
- Offers guidance to residents, schools, long-term care facilities, and others to prevent and control disease
- Monitors trends and analyzes data to guide program and policy developments



Epidemiology & Communicable Disease



Adolescent Obesity
Breast Cancer
Preterm Births/Low Birth Weight
Adolescent Smoking
Coronary Heart Disease
Pregnancy

HIV

Suicide

Prostate Cancer

Adult Binge Drinking

Diabetes

Infant Mortality
Septicemia
Cancer
Adult Smoking

Chronic Kidney Disease

Unintentional Injury

Influenza and Pneumonia

Chronic Lower Respiratory Disease

Adolescent Depression

Older Adult Asthma

Adolescent Physical Activity

Adult Physical Activity

Alzheimer's Disease
Lung and Bronchus Cancer

Syphilis

Adult Obesity

Adolescent Binge Drinking

Adolescent Asthma
Older Adult Depression

Gonorrhea/Chlamydia

Dementia

Stroke

Colon Cancer



Public Health Emergency Management

- PURPOSE: To enhance our communities' abilities to prepare for, respond to, and recover from public health emergencies
- TYPES: All-hazards (weather, pandemics, terrorism)
- WHO: Residents, health care providers, businesses, community organizations, visitors
- YOU SHOULD: "Be Informed – Make a Plan – Build a Kit – Get Involved" alexandriava.gov/AreYouReady



Medical Reserve Corps



Volunteer organization of local medical and non-medical volunteers who are ready to respond to public health emergencies.



MRC volunteers strengthen the emergency preparedness, and daily services, of Alexandria Health Department.

MRC@alexandriava.gov



Community Partnerships

WHAT AHD DOES

- Public health leadership
- Policies, systems, environments
- Lens of equity among sub-populations



WHAT PARTNERS DO

• Advocacy

- Public Health Advisory Commission
- Commission on HIV/AIDS

• Action

- Partnership for a Healthier Alexandria
- Alex Campaign on Adolescent Pregnancy
- Others!

Partnership for a Healthier Alexandria

Community Health Improvement Plan (CHIP)

Health Equity Lens

- Access to Care
- Adolescent Health and Wellbeing
- Aging Well in Place
- Clean and Smoke Free Air
- Healthy Eating Active Living
- HIV/AIDS Prevention and Care
- Maternal and Child Health
- Mental Wellness



FOR A
PARTNERSHIP
HEALTHIER

Alexandria

<http://healthieralexandria.org>

(703) 746-4914

HealthierAlexandria@alexandriava.gov



HOW CAN YOU IMPROVE PUBLIC HEALTH IN ALEXANDRIA?



Making a Difference

- Apply for a seat on a Commission
- Get involved with the Partnership for a Healthier Alexandria
- Join the Medical Reserve Corps
- Get to know your neighbors
- Direct yourself toward complete physical, mental, social and spiritual well-being

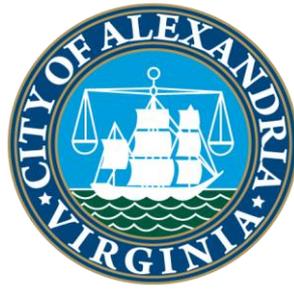


Questions?

Health Department
4480 King St.
Alexandria, VA 22302
703.746.4996

www.alexandriava.gov/Health





Department of Community & Human Services

Kate Garvey, Director



Vision & Mission

The Department of Community and Human Services envisions a community in which residents enjoy a sense of well-being, safety and self-sufficiency.

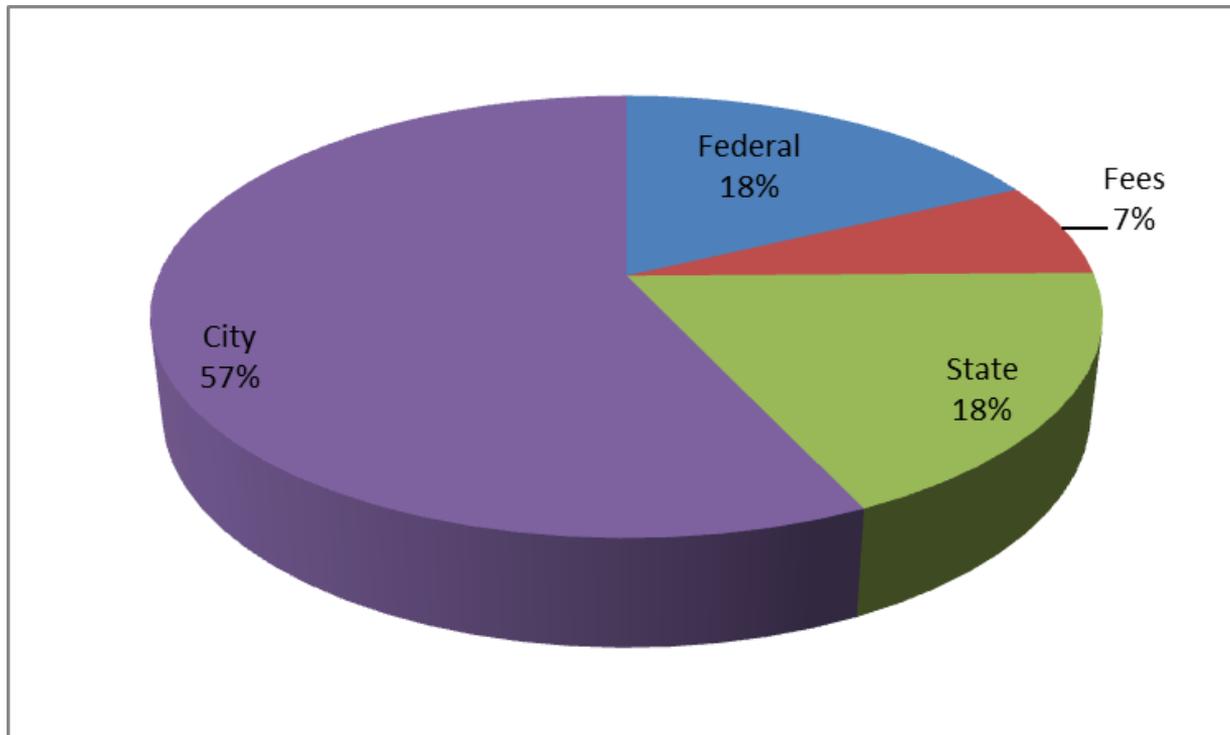
We strive to provide effective and essential safety net services that measurably improve or maintain the quality of life for Alexandrians.



Where We Are

- Three direct care service centers:
Adult Services
Children and Families
Economic Support
- Seven primary locations
- More than 650 employees
- Staff in schools, recreation centers, adult and juvenile detention centers, shelters and in residential programs located throughout the City

Budget of \$90 Million: Funding Sources





Boards, Commissions and Committees Affiliated with DCHS

- Alexandria Community Policy Management Team
- Alexandria Community Services Board
- Children, Youth and Families Collaborative Commission
- Commission on Aging
- Commission on Employment
- Commission for Women
- Economic Opportunities Commission
- Friends of the Alexandria Mental Health Center
- Local Human Rights Committee
- Social Services Advisory Board
- Workforce Investment Board

Center for Adult Services

Aging and Adult Services

- Adult Protective Services
 - Older Adult Clinical Services
 - Adult Day Health Care
 - Senior Centers
- 
- A photograph showing a woman in a blue and white plaid shirt assisting an elderly woman in a yellow and white plaid shirt. The woman is standing and holding the elderly woman's arm, while the elderly woman is seated in a chair. They are both smiling and looking at each other.
- Services include: Transportation, Nutrition, Recreation, Housing, Financial Assistance, In-Home Services, Caregiver Resources, Long Term Care



Center for Adult Services

Clinical & Emergency Services

- Emergency Mental Health Services
 - Mental Health and Substance Use Outpatient Services
 - Opioid Treatment Program
 - Detox Services
 - Jail Services
-
- Behavioral Health & Criminal Justice Collaboration (CIT)



Center for Adult Services

Community Support Services

- Residential Services
- Wellness Center
- Case Management
- Homeless Outreach
- Transitioning Adults Into Living Successfully (TRAILS)



Center for Adult Services Data

- **25 percent increase** in the number of persons seeking opioid treatment
- **1,591 served** through Emergency Services
- **302 served** through Adult Protective Services
- **209 served** through Residential Program

Center for Children and Families

Behavioral Health for Children & Families

- Youth & Family Services
- Community Wraparound Team
- Family Partners Program
- Juvenile Detention Center
Mental Health & Substance Abuse
Program
- Child Assessment & Treatment Center for
Health (CATCH)





Center for Children & Families

Child Welfare and Child Protective Services

- Prevention of Abuse and Neglect
- Foster Care and Adoption
- Center for Alexandria's Children

Domestic Violence and Sexual Assault Division

- Domestic Violence Program
- Sexual Assault Center
- LGBTQ and Stalking Services



Center for Children & Families

Early Childhood

- Child Care
- Parent Infant Education Program
- Preschool Prevention Program

Youth Development

- Office of Youth Services
- School-Age Youth Development Programs
- Substance Abuse Prevention Coalition of Alexandria
- Alexandria Campaign on Adolescent Pregnancy

Center for Children & Families Data



- **559 family assessments** through Child Protective Services
- **761 served** through the Infant and Toddler Connection
- **990 served** through Child and Family Behavioral Health
- **4,900 engaged** through substance abuse and pregnancy prevention initiatives and youth development programs

Center for Economic Support

Benefit Programs

- Supplemental Nutrition Assistance Program
- FAMIS
- TANF
- Medicaid
- Refugee Assistance





Center for Economic Support

Office of Community Services

- Homeless Prevention Services – financial and household stabilization services
- Safety Net Services – rent, utility, prescription and burial assistance, referrals
- Case Management
- Homeless Services – crisis child care, eviction storage services, shelter contract management



Center for Economic Support

Workforce Development Center

- Virginia Initiative for Employment Not Welfare (VIEW)
- SNAP Employment Training
- Career Center
- Dislocated Workers Program
- Virginia Refugee Resettlement Program
- Youth Employment Program & Youth Career Academy
- IT Careers for Veteran's Initiative
- Experienced Worker Program (Age 55+)



Center for Economic Support Data

- The City functionally ended veteran homelessness. Any identified homeless veteran will move into permanent housing within an average of 90 days
- **316 sheltered** at the Alexandria Community Shelter and **313** at the Winter Shelter
- **8,853 served** on average each month through SNAP (food stamps)
- **545 job placements** through Workforce Development Center

Community Impact





Community Impact

- DCHS employees trained 270 residents and City employees in Mental Health First Aid
- Out of School Time Services provided child-care for 1,197 children at 11 elementary school sites
- Sexual Assault & Domestic Violence Program volunteers provided crisis intervention to 2,334 people through 24-hour hotline
- Holiday Sharing Program assisted 401 families, 187 seniors or adults with disabilities and 92 foster children



Key Initiatives

- Unification and Integration of DCCHS Services
- Implementation of the Program of Assertive Treatment
- Implementation of the Children and Youth Master Plan
- Economic Security Approaches



In Crisis?

Call us 24 hours a day:

**Emergency Mental Health
Services**

703.746.3401

**Detox/Substance Abuse
Services**

703.746.3636

Sexual Assault

703.683.7273

Domestic Violence

703.746.4911

Child Protective Services

703.746.5800

or **State of Virginia**

1.800.552.7096

Adult Protective Services

703.746.5778



Resources

- Visit us at alexandriava.gov/DCCHS
 - See the service chart to learn more about our programs
 - Register for Mental Health First Aid Training
- To find out about volunteer opportunities, visit alexandriava.gov/Volunteer
- To apply online for benefits, visit alexandriava.gov/CommonHelp
- DCCHS Customer Call Center: 703.746.5700



Thank You!

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Department Director
Kate.Garvey@alexandriava.gov

**Thank you for your interest in the
Department of Community and Human Services.**



Questions?