

Alexandria City Academy

Session 7

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Public Health in Alexandria

A Presentation to the Alexandria City Academy

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Overview

- Public Health
- Public Health
 - Virginia
 - Alexandria
- Partnership for a Healthier Alexandria
- Next...?



What Is Public Health?



“Health”

Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity

Preamble to the Constitution of the
World Health Organization
7 April 1948



“Public Health”

The science and art of preventing disease, prolonging life, and promoting health and well-being through organized community effort

- C.E.A. Winslow, 1920

- The Acheson Report, 1988



10 Great Public Health Achievements of the 20th Century

- Vaccination
- Motor vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco as a health hazard

"Ten Great Public Health Achievements, US, 1900-1999," MMWR 12/24/99.



Greatest Public Health Challenges

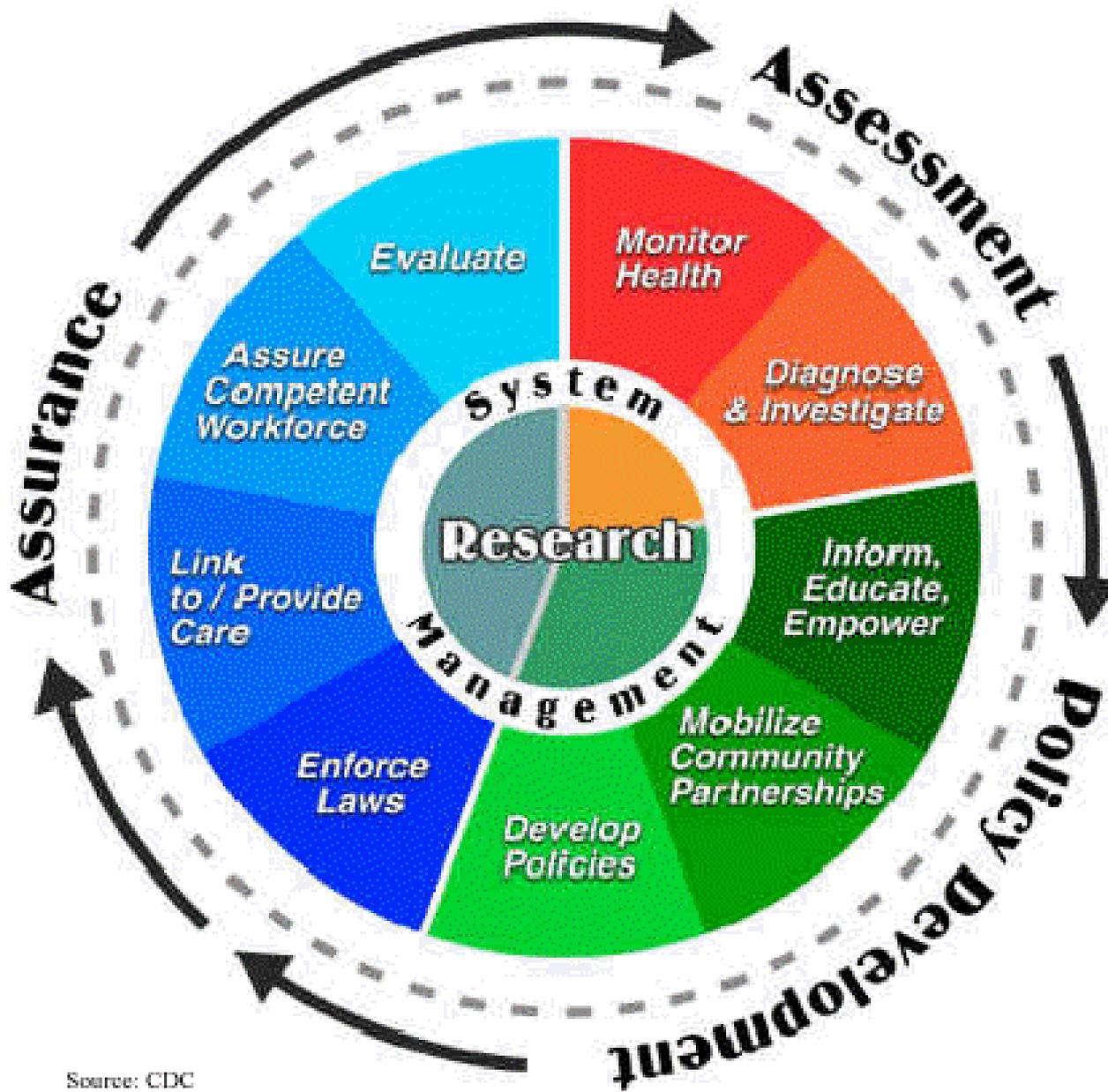
- Tobacco Use
- Obesity
- Physical Inactivity
- Mental Health
- Early Childhood Development
- Aging Population
- Health Inequities
- Globalization
- Urbanization
- Economic Conditions
- Social Exclusion
- Fragmented Healthcare Sector



Public Health IS:

- About protecting and promoting health and well-being of POPULATIONS
- A primary responsibility of government at all levels, but with partnerships with communities and the private sector
- Assessment, Policy Development, Assurance
- Everyone's concern
- For rich and poor and everyone in between

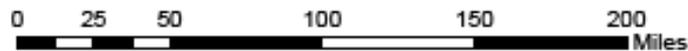




Source: CDC



Virginia Department of Health



Prepared by Division of Disease Prevention - Health & Research Informatics, 2008

Alexandria Health Department



Alexandria Health Department

- **Vision**

Healthy People, Healthier Communities

- **Mission**

To Protect and Promote Health and Well-Being in Our Communities

- **Values**

*Working Together
Improving Continuously
Making a Difference*



AHD – Service Components

- Vital Records
- Child Health
- Family Planning
- Immunizations
- Nutrition / WIC
- Prenatal Care
- Case Management
- Teen Wellness Center
- Public Health Emergency Management
- Environmental Health Services
- Epidemiology and Communicable Diseases
- Community Partnerships



Public Health Emergency Management

- Ensure readiness for all public health emergencies

- Medical Reserve Corps
 - <http://alexandriava.gov/medicalreserve>
 - Paula Rosca, Coordinator
 - paula.rosca@vdh.virginia.gov
 - 703-746-4978



PARTNERSHIP FOR A *Healthier Alexandria*



The Partnership's Priority Issues

▶ Work Groups



- ▶ **Childhood Obesity Action Network**
- ▶ **Mental Health Anti-Stigma HOPE Campaign**
- ▶ **Substance Abuse Prevention Coalition**
- ▶ **Coalition for Clean & Smoke Free Air**





- <http://healthieralexandria.org/>
- Katie Leonard, MAURP, MPH, AICP
 - katie.leonard@vdh.virginia.gov
 - 703-746-4914



What is Public Health?

Childcare
Services

Citizens

Parks, Recreation &
Cultural Activities

Economic
Development Senior
Services

Mass
Transit

Fire & EMS

Enforcement
Public Safety



Questions?

Health Department

4480 King St.

Alexandria, VA 22302

703.746.4996

www.alexandriava.gov/Health





Department of Community & Human Services

Kate Garvey, Director

Providing social services and public benefits assistance;
mental health, intellectual disability and substance abuse services;
and supporting initiatives for women.



Vision & Mission

The Department of Community and Human Services envisions a community in which residents enjoy a sense of well-being, safety and self-sufficiency.

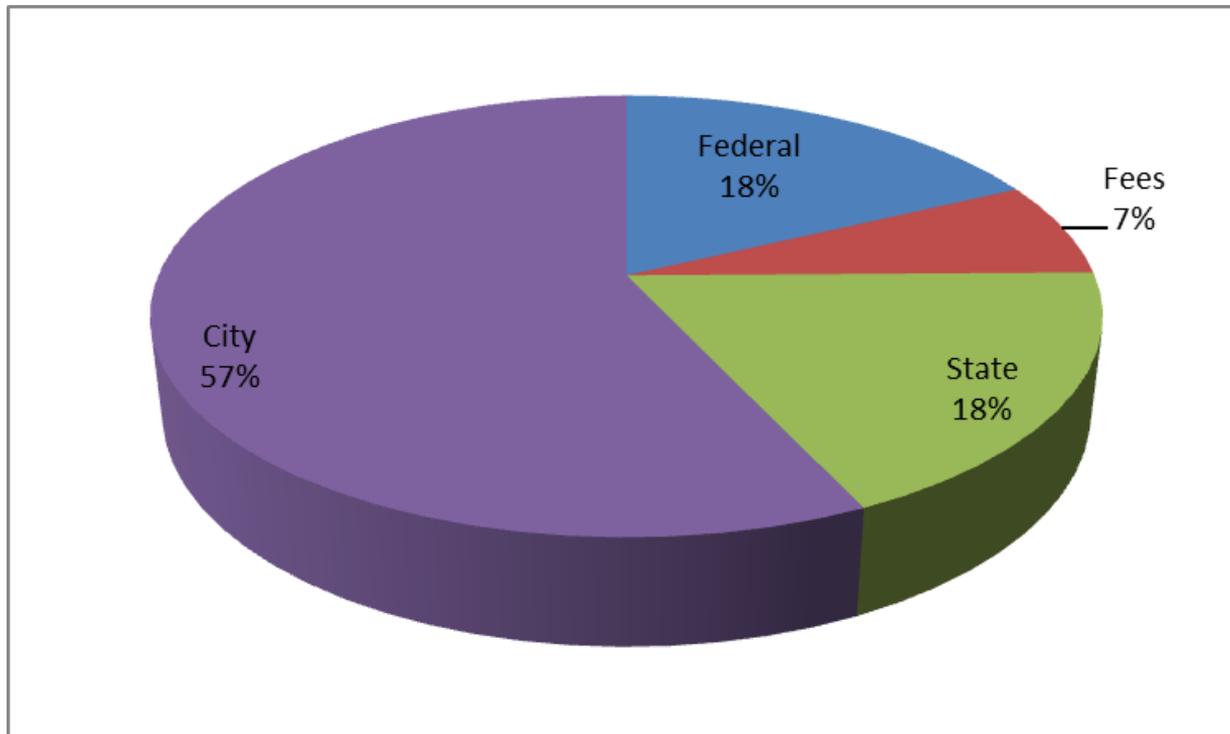
We strive to provide effective and essential safety net services that measurably improve or maintain the quality of life for Alexandrians.



Where We Are

- More than 650 employees
- Three direct care service centers:
Adult Services
Children and Families
Economic Support
- Seven primary locations
- Staff in schools, recreation centers, adult and juvenile detention centers, shelters and in residential programs located throughout the City

Budget of \$88 Million: Funding Sources





Boards, Commissions and Committees Affiliated with DCCHS

- Alexandria Community Policy Management Team
- Alexandria Community Services Board
- Children, Youth and Families Collaborative Commission
- Commission on Aging
- Commission on Employment
- Commission for Women
- Economic Opportunities Commission
- Friends of the Alexandria Mental Health Center
- Local Human Rights Committee
- Social Services Advisory Board
- Workforce Investment Board



Center for Adult Services





Center for Adult Services

- **Clinical & Emergency Services**
 - Emergency Mental Health Services
 - Mental Health and Substance Abuse Outpatient Services
 - Opioid Treatment Program
 - Detox Services
 - Jail Services
- Behavioral Health & Criminal Justice Collaboration (CIT)



Center for Adult Services

- **Community Support Services**
 - Residential Services
 - Day Support
 - Case Management
 - Homeless Outreach
 - Discharge Planning



Center for Adult Services

- **Aging and Adult Services**
 - Adult Protective Services
 - Older Adult Clinical Services
 - Adult Day Health Care
 - Senior Centers
- Services include: Transportation, Nutrition, Recreation, Housing, Financial Assistance, In-Home Services, Caregiver Resources, Long Term Care



Center for Children and Families





Center for Children & Families

- **Behavioral Health for Children & Families**
 - Youth & Family Services
 - Community Wraparound Team
 - Family Partners Program
 - Juvenile Detention Center
Mental Health & Substance Abuse
Program
 - Child Assessment & Treatment Center
for Health (CATCH)



Center for Children & Families

- **Child Welfare and Child Protective Services**

- Prevention of Abuse and Neglect
- Foster Care and Adoption
- ChildThrive!
- Center for Alexandria's Children

- **Domestic Violence and Sexual Assault Division**

- Domestic Violence Program
- Sexual Assault Center
- LGBTQ and Stalking Services



Center for Children & Families

- **Early Childhood**

- Child Care
- Parent Infant Education Program
- Preschool Prevention Program

- **Youth Development**

- Office of Youth Services
- School-Age Youth Development Programs
- Substance Abuse Prevention Coalition of Alexandria
- Alexandria Campaign on Adolescent Pregnancy

Center for Economic Support





Center for Economic Support

- **Benefit Programs**

- Supplemental Nutrition Assistance Program (Food stamps)
- FAMIS
- TANF
- Medicaid
- Refugee Assistance
- Auxiliary Grant Program



Center for Economic Support

- **Workforce Development Center**
 - Virginia Initiative for Employment Not Welfare (VIEW)
 - Supplemental Nutrition and Assistance Program
Employment Training
 - Career Center
 - Career Readiness Program
 - Adult Employment Training
 - Dislocated Workers Program
 - Virginia Refugee Resettlement Program
 - Youth Employment Program & Youth Career Academy
 - IT Careers for Veteran's Initiative
 - Experienced Worker Program (Age 55+)



Center for Economic Support

- **Office of Community Services**

- Homeless Prevention Services – financial and household stabilization services
- Safety Net Services – rent, utility, prescription and burial assistance; referrals
- Case Management
- Homeless Services – crisis child care, eviction storage services, shelter contract management



In Crisis?

Call us 24 hours a day:

**Emergency Mental Health
Services**

703.746.3401

**Detox/Substance Abuse
Services**

703.746.3636

Sexual Assault

703.683.7273

Domestic Violence

703.746.4911

Child Protective Services

703.746.5800

or **State of Virginia**

1.800.552.7096

Adult Protective Services

703.746.5778



Resources

- Visit us at alexandriava.gov/DCHS
 - See the service chart to learn more about our programs
 - Register for Mental Health First Aid Training
- To find out about volunteer opportunities, visit alexandriava.gov/Volunteer
- To apply online for benefits, visit alexandriava.gov/CommonHelp
- DCHS Customer Call Center: 703.746.5700



Thank You!

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Department Director
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**Thank you for your interest in the
Department of Community and Human Services.**



Questions?

Department of Community & Human Services

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www.alexandriava.gov/DCHS