

Alexandria City Academy

Session 5

April 7, 2016



Public Health in Alexandria

A Presentation to the Alexandria City Academy

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Overview

- *Why* is Public Health Important?
- *How* Does Public Health Work in the City of Alexandria?
- *What* Does the Alexandria Health Department Do?
- *How* Can You Improve Public Health in Alexandria?



WHY IS PUBLIC HEALTH IMPORTANT?



Health & Public Health

Health

Health is a state of complete **physical, mental, and social wellbeing** and not merely the absence of disease or infirmity

Preamble to the
Constitution of the World Health
Organization

7 April 1948



Public Health

The science and art of **preventing** disease, **prolonging** life, and **promoting** health and well-being through organized community effort

C.E.A. Winslow, 1920

The Acheson Report, 1988

10 Great Public Health Achievements of the 20th Century

- Vaccination
- Motor vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco as a health hazard



All individuals should have the opportunity to make choices that allow them to live a long, healthy life, regardless of income, educational achievement, ethnic background, race, gender, age, place of residence.

The default choice, for every individual, should be the healthy choice.

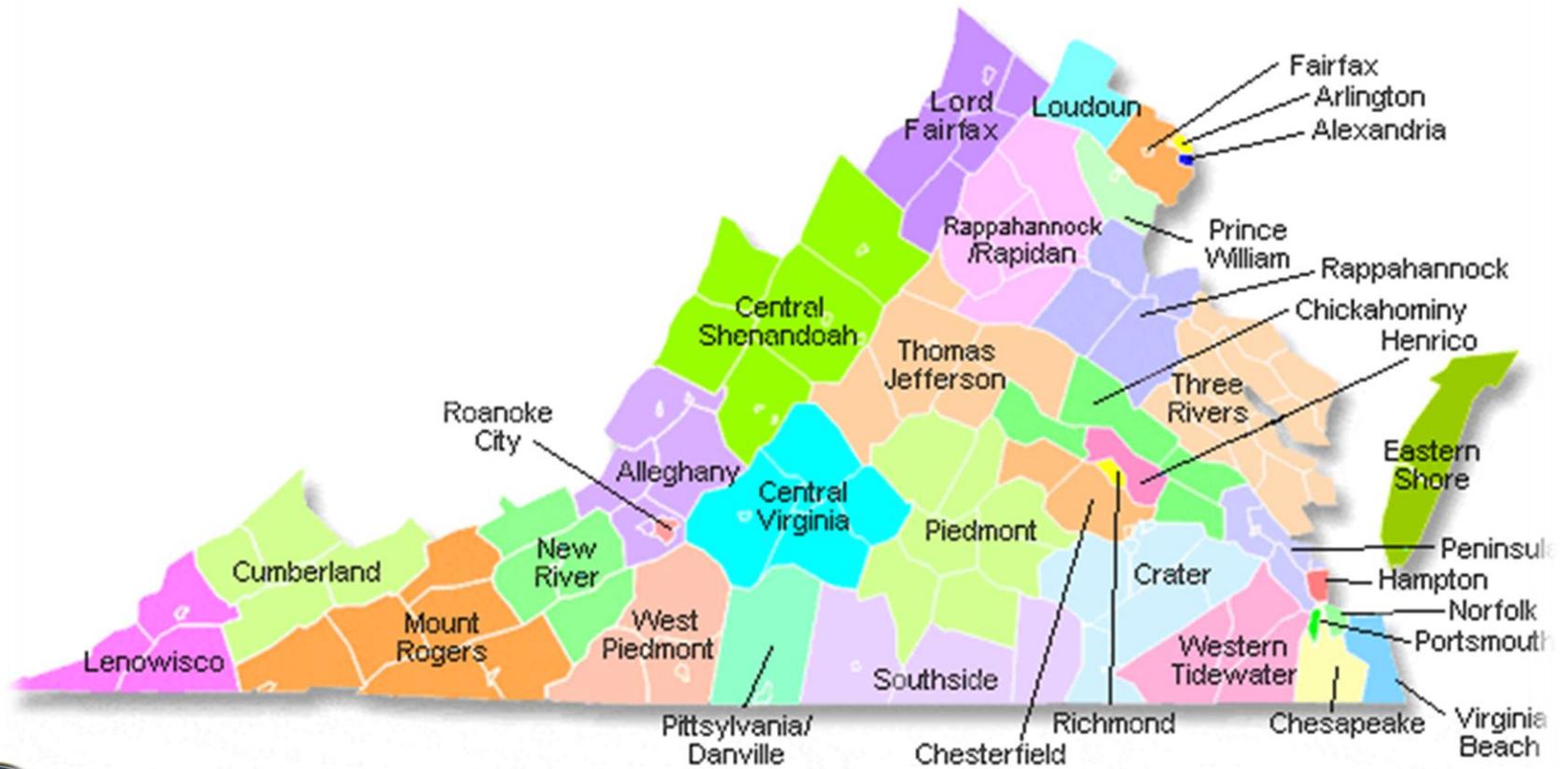


HOW DOES PUBLIC HEALTH WORK IN THE CITY OF ALEXANDRIA?



VDH VIRGINIA DEPARTMENT OF HEALTH

Protecting You and Your Environment



Local [Alexandria] Public Health System

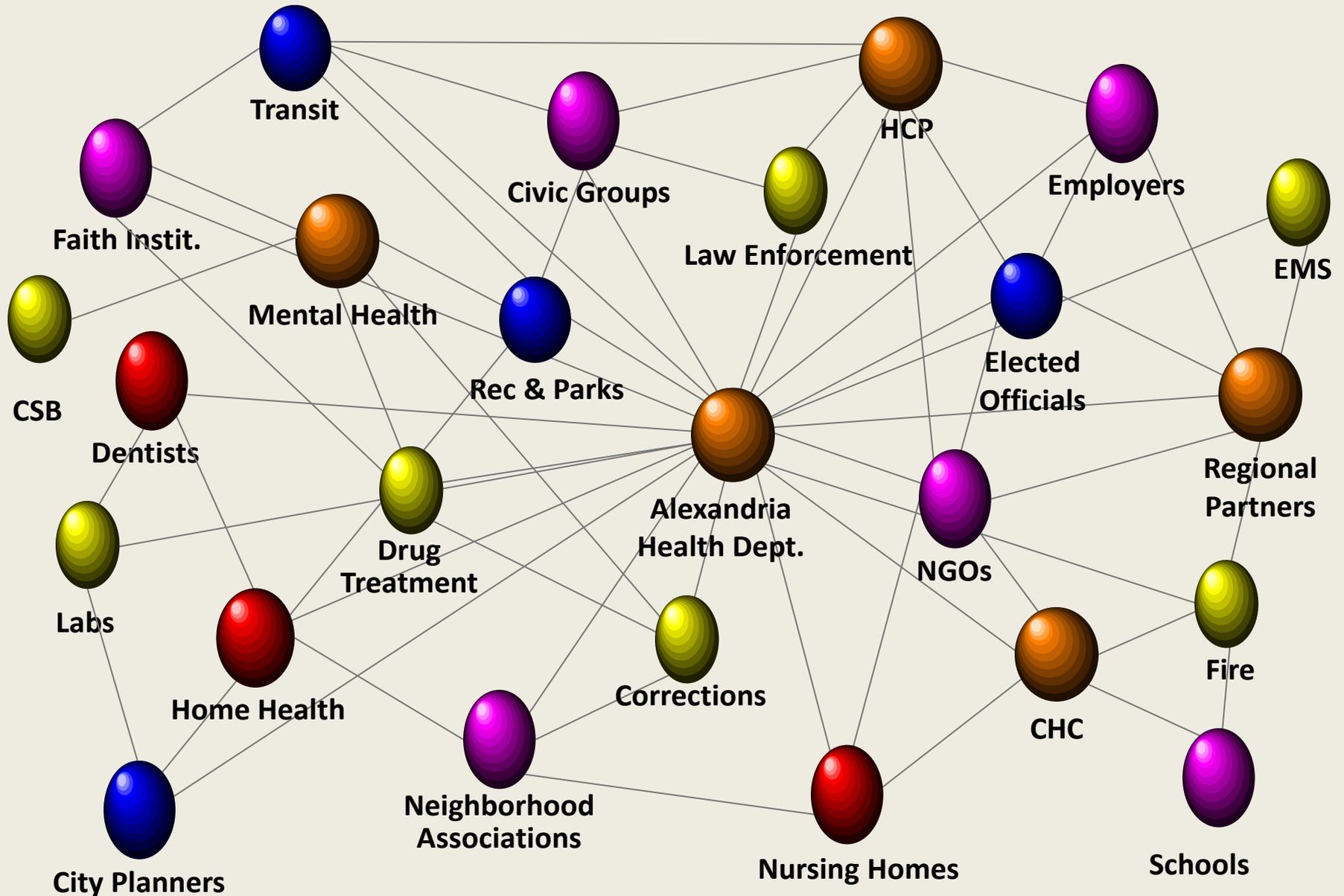


Photo Credit: National Association of County and City Health Officials

Alexandria Health Department

Vision

Healthy People, Healthier Communities

Mission

*To Protect and Promote Health and well-Being in
Our Communities*

Values

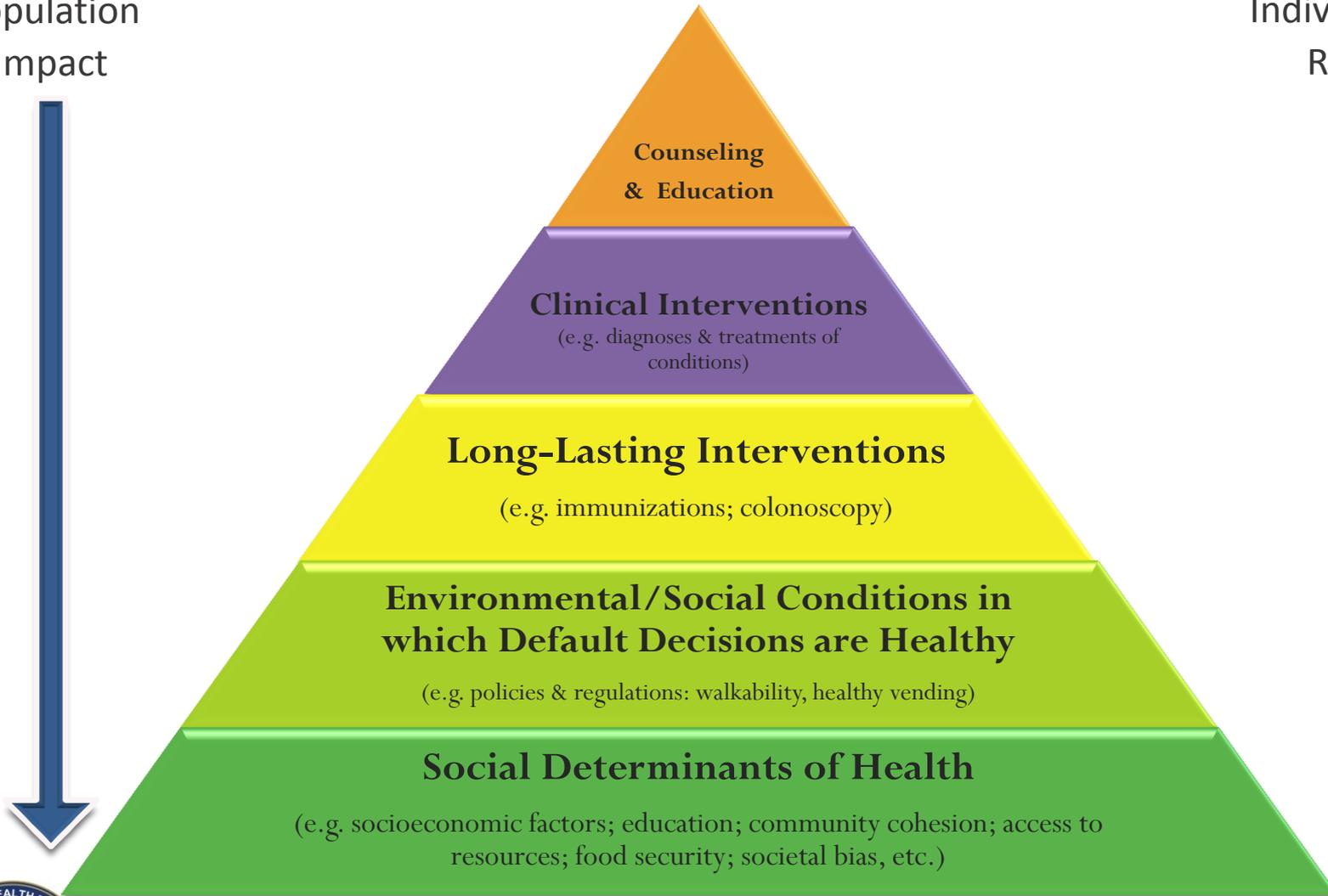
*Working Together
Improving Continuously
Making a Difference*



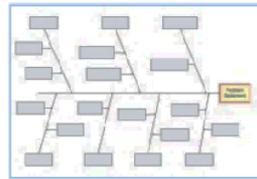
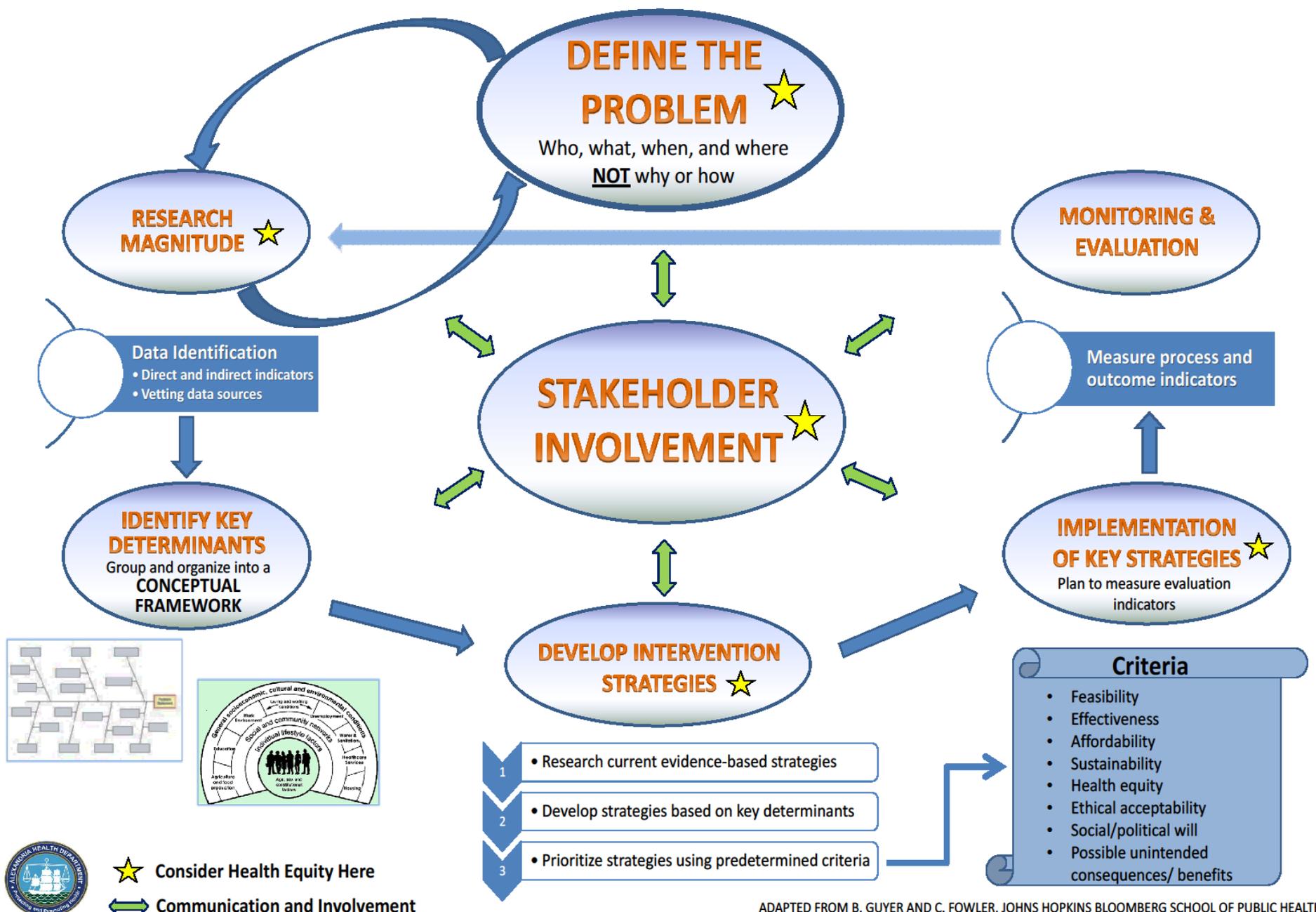
Health Impact Pyramid

Increasing
Population
Impact

Increasing
Individual Effort
Required



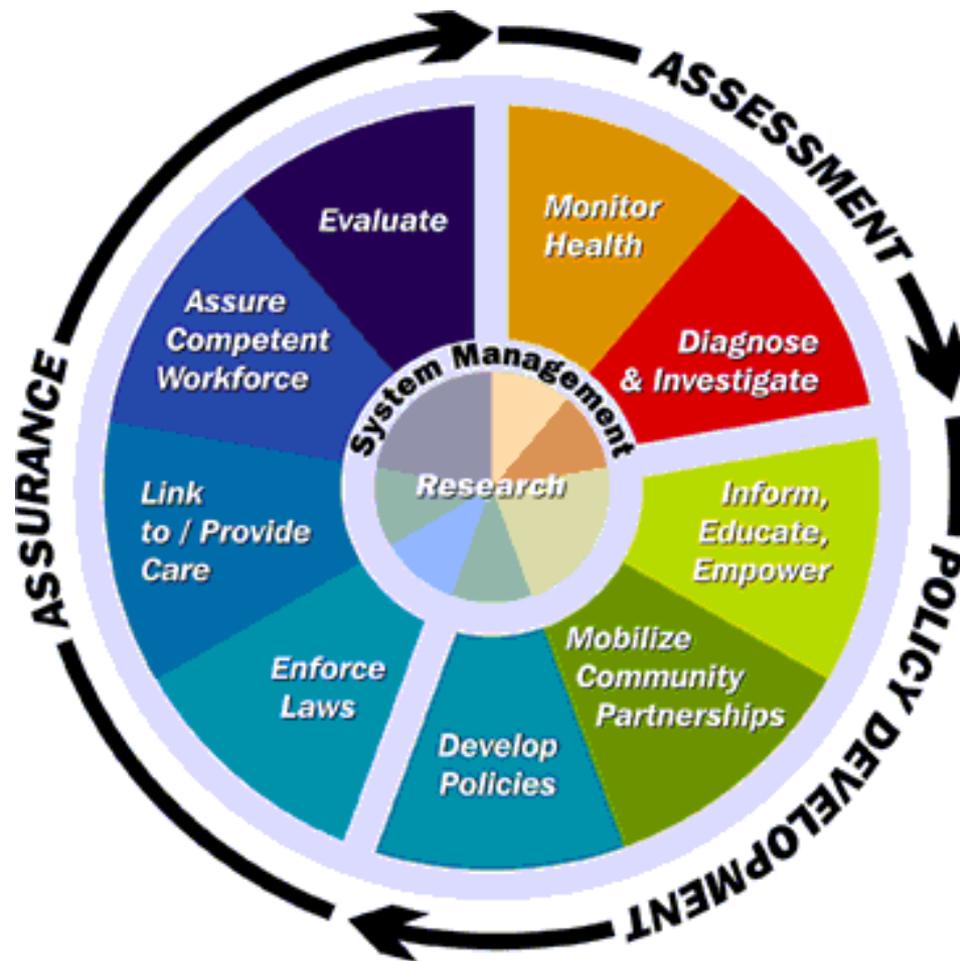
PROBLEM SOLVING IN PUBLIC HEALTH



WHAT DOES THE ALEXANDRIA HEALTH DEPARTMENT DO?



Assessment, Policy Development, Assurance



Administrative Services

- Eligibility
- Vital Records
- Budget and Finance
- Policy Implementation
- Facilities Management
- Human Resources



Clinical Services

- Immunizations
- Family Planning
- Immunization Clinic
- Newcomer Health Clinic
- Nutrition Services/WIC
- Pharmacy
- Prenatal Care
- BabyCare & Case Management
- Teen Wellness Center
- Sexually Transmitted Infections (STI) Clinic
- Rainbow Tuesday's Clinic
- HIV/AIDS Services
- Tuberculosis (TB) Clinic

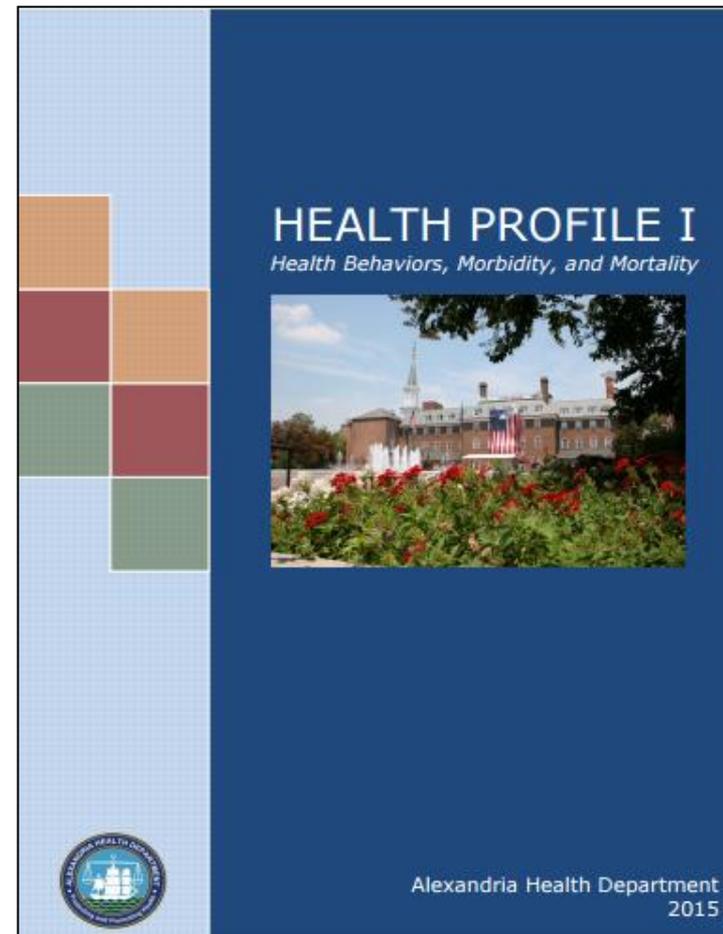
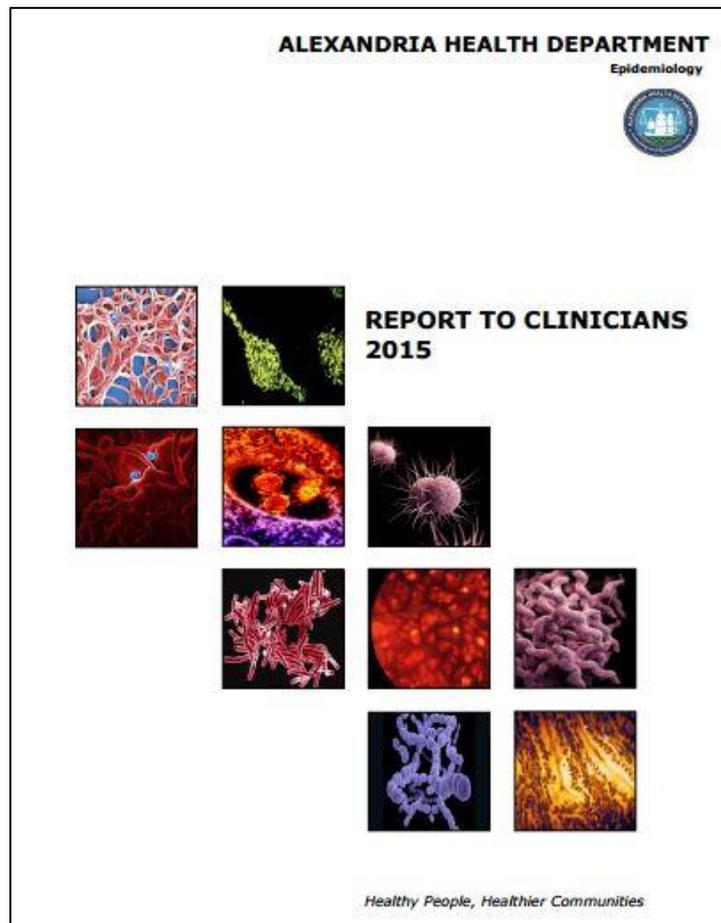


Environmental Health Services

- Food Safety Program
- Aquatic Health & Safety
- Vector-Borne Illness Prevention Program
- Animal Bites/Rabies Prevention
- Hotel Sanitation Program
- Water Quality Programs
- Permits & Plan Reviews
- Concerns & Complaints
- Various Environmental Health Concerns



Epidemiology & Communicable Disease



Public Health Emergency Management

- Enhances ability to prepare for, respond to, recover from PH emergencies
- All-hazards
- Residents, community organizations, health care providers, businesses
- Includes Medical Reserve Corps



Medical Reserve Corps



Volunteer organization of local medical and non-medical volunteers who are ready to respond to public health emergencies.



MRC volunteers strengthen the emergency preparedness and daily services of Alexandria Health Department.

MRC@alexandriava.gov



Community Partnerships

- Public health leadership to all stakeholders
- Policies, research, system changes
- Lens of equity among all sub-populations



Public Health Advocacy



Commission on HIV/AIDS

Public Health Advisory Commission



Partnership for a Healthier Alexandria

Community Health Improvement Plan (CHIP)

Health Equity Lens

- Access to Care
- Adolescent Health and Wellbeing
- Aging Well in Place
- Clean and Smoke Free Air
- Healthy Eating Active Living
- HIV/AIDS Prevention and Care
- Maternal and Child Health
- Social Stigma of Mental Illness



FOR A
PARTNERSHIP
HEALTHIER

Alexandria

<http://healthieralexandria.org>

(703) 746-4914

HealthierAlexandria@alexandriava.gov



HOW CAN YOU GET INVOLVED TO IMPROVE PUBLIC HEALTH?



Making a Difference

- Apply for a seat on a commission
- Get involved with the Partnership for a Healthier Alexandria
- Join the Medical Reserve Corps
- Apply to be a volunteer or intern
- Get to know your neighbors
- Direct yourself toward complete physical, mental, social and spiritual well-being



Questions?

Health Department

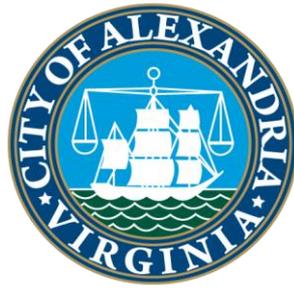
4480 King St.

Alexandria, VA 22302

703.746.4996

www.alexandriava.gov/Health





Department of Community & Human Services

Kate Garvey, Director



Vision & Mission

The Department of Community and Human Services envisions a community in which residents enjoy a sense of well-being, safety and self-sufficiency.

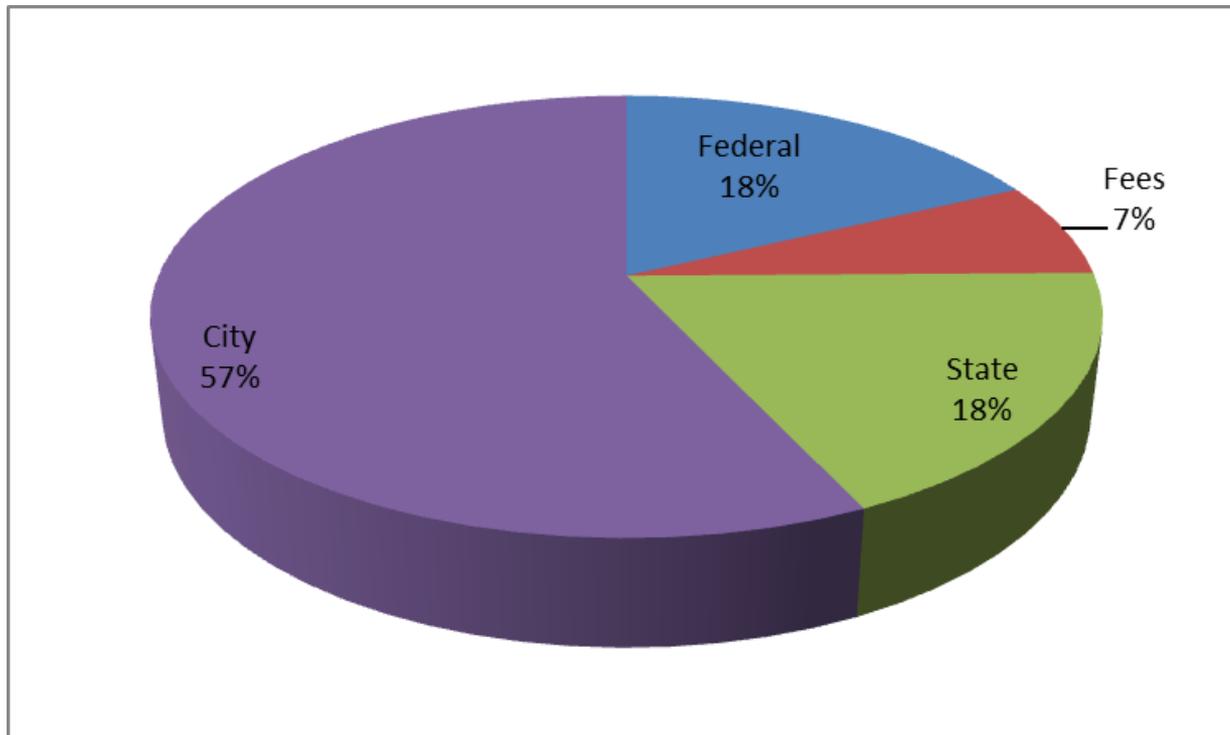
We strive to provide effective and essential safety net services that measurably improve or maintain the quality of life for Alexandrians.



Where We Are

- Three direct care service centers:
Adult Services
Children and Families
Economic Support
- Seven primary locations
- More than 650 employees
- Staff in schools, recreation centers, adult and juvenile detention centers, shelters and in residential programs located throughout the City

Budget of \$88 Million: Funding Sources





Boards, Commissions and Committees Affiliated with DCHS

- Alexandria Community Policy Management Team
- Alexandria Community Services Board
- Children, Youth and Families Collaborative Commission
- Commission on Aging
- Commission on Employment
- Commission for Women
- Economic Opportunities Commission
- Friends of the Alexandria Mental Health Center
- Local Human Rights Committee
- Social Services Advisory Board
- Workforce Investment Board

Center for Adult Services





Center for Adult Services

- **Clinical & Emergency Services**
 - Emergency Mental Health Services
 - Mental Health and Substance Abuse Outpatient Services
 - Opioid Treatment Program
 - Detox Services
 - Jail Services
- Behavioral Health & Criminal Justice Collaboration (CIT)



Center for Adult Services

- **Community Support Services**
 - Residential Services
 - Day Support
 - Case Management
 - Homeless Outreach
 - Discharge Planning
 - Transitioning Adults Into Living Successfully (TRAILS)



Center for Adult Services

- **Aging and Adult Services**
 - Adult Protective Services
 - Older Adult Clinical Services
 - Adult Day Health Care
 - Senior Centers
- Services include: Transportation, Nutrition, Recreation, Housing, Financial Assistance, In-Home Services, Caregiver Resources, Long Term Care



Center for Adult Services

- **25 percent increase** in the number of persons seeking opioid treatment
- **1,591 served** through Emergency Services
- **302 served** through Adult Protective Services
- **209 served** through Residential Program

Center for Children and Families





Center for Children & Families

- **Behavioral Health for Children & Families**
 - Youth & Family Services
 - Community Wraparound Team
 - Family Partners Program
 - Juvenile Detention Center
Mental Health & Substance Abuse
Program
 - Child Assessment & Treatment Center
for Health (CATCH)



Center for Children & Families

- **Child Welfare and Child Protective Services**

- Prevention of Abuse and Neglect
- Foster Care and Adoption
- ChildThrive!
- Center for Alexandria's Children

- **Domestic Violence and Sexual Assault Division**

- Domestic Violence Program
- Sexual Assault Center
- LGBTQ and Stalking Services



Center for Children & Families

- **Early Childhood**

- Child Care
- Parent Infant Education Program
- Preschool Prevention Program

- **Youth Development**

- Office of Youth Services
- School-Age Youth Development Programs
- Substance Abuse Prevention Coalition of Alexandria
- Alexandria Campaign on Adolescent Pregnancy



Center for Children & Families

- **559 family assessments** through Child Protective Services
- **761 served** through the Infant and Toddler Connection
- **990 served** through Child and Family Behavioral Health
- **4,900 engaged** through substance abuse and pregnancy prevention initiatives and youth development programs

Center for Economic Support





Center for Economic Support

- **Benefit Programs**

- Supplemental Nutrition Assistance Program (Food stamps)
- FAMIS
- TANF
- Medicaid
- Refugee Assistance
- Auxiliary Grant Program



Center for Economic Support

- **Workforce Development Center**
 - Virginia Initiative for Employment Not Welfare (VIEW)
 - SNAP Employment Training
 - Career Center
 - Career Readiness Program
 - Adult Employment Training
 - Dislocated Workers Program
 - Virginia Refugee Resettlement Program
 - Youth Employment Program & Youth Career Academy
 - IT Careers for Veteran's Initiative
 - Experienced Worker Program (Age 55+)



Center for Economic Support

- **Office of Community Services**
 - Homeless Prevention Services – financial and household stabilization services
 - Safety Net Services – rent, utility, prescription and burial assistance, referrals
 - Case Management
 - Homeless Services – crisis child care, eviction storage services, shelter contract management



Center for Economic Support

- The City functionally ended veteran homelessness. Any identified homeless veteran will move into permanent housing within an average of 90 days
- **316 sheltered** at the Alexandria Community Shelter and **313** at the Winter Shelter
- **8,853 served** on average each month through SNAP (food stamps)
- **545 job placements** through Workforce Development Center

Community Impact





Community Impact

- DCHS employees trained 270 residents and City employees in Mental Health First Aid
- Out of School Time Services provided child-care for 1,197 children at 11 elementary school sites
- Sexual Assault & Domestic Violence Program volunteers provided crisis intervention to 2,334 people through 24-hour hotline
- Holiday Sharing Program assisted 401 families, 187 seniors or adults with disabilities and 92 foster children



Highlights of Upcoming Key Initiatives

- Unification and Integration of DCHS Services
- Permanent Supportive Housing Model
- Children and Youth Master Plan
- Economic Security Approaches



In Crisis?

Call us 24 hours a day:

**Emergency Mental Health
Services**

703.746.3401

**Detox/Substance Abuse
Services**

703.746.3636

Sexual Assault

703.683.7273

Domestic Violence

703.746.4911

Child Protective Services

703.746.5800

or **State of Virginia**

1.800.552.7096

Adult Protective Services

703.746.5778



Resources

- Visit us at alexandriava.gov/DCHS
 - See the service chart to learn more about our programs
 - Register for Mental Health First Aid Training
- To find out about volunteer opportunities, visit alexandriava.gov/Volunteer
- To apply online for benefits, visit alexandriava.gov/CommonHelp
- DCHS Customer Call Center: 703.746.5700



Thank You!

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Suzanne.Chis@alexandriava.gov

Department Director
Kate.Garvey@alexandriava.gov

**Thank you for your interest in the
Department of Community and Human Services.**



Questions?

Department of Community & Human Services

720 N. Saint Asaph St.
Alexandria, VA 22314
703.746.3400

www.alexandriava.gov/DCCHS