

Objective: Maintain and Expand Essential Health and Behavioral Health Services

Initiative 1A: EXPANSION AND INTEGRATION OF PRIMARY MEDICAL, ORAL HEALTH AND MENTAL HEALTH SERVICES

Support expansion of primary care medical and oral health services as well as integration of mental health and primary medical care services.

Measures:

- Decrease wait time for new appointments in ANHSI's programs (pediatric, medical, behavioral and oral health).
- Increase number of Community Services Board (CSB) clients receiving medical care through Alexandria Neighborhood Health Services, Inc. (ANHSI).
- Increase number/percentage of women receiving pre-natal care at the Casey Health Center who have their first pre-natal visit in the first trimester of pregnancy.
- Increase number of oral health appointments available for children and adults in Alexandria.

Initiative 1B: DECREASE SUBSTANCE ABUSE IN ALEXANDRIA

By 2013, develop substance abuse prevention and treatment services to be piloted in the Arlandria community aimed at decreasing alcohol related crimes and improving individual and community health.

Measures:

- One year after program implementation, realize a five to ten percent decrease in the number of persons picked up for public intoxication ("Drunk in Public") in Arlandria.
- Design and implement substance abuse prevention and treatment services in the Arlandria community. Serve at least 600 persons each year.

Initiative 1C: DECREASE INVOLVEMENT OF MENTALLY ILL IN CRIMINAL JUSTICE SYSTEM.

By 2013, fully implement City-wide initiatives that will decrease the involvement of persons with mental illness in the criminal justice system.

Measures:

- Forty Alexandria Police officers complete Crisis Intervention Team (CIT) training.
- 80% of all CIT calls will result in non arrest due to either a referral to appropriate mental health treatment or on-scene management of the incident.
- 50% decrease in jail days of mentally ill persons involved in the Public Defender led Jericho Project from one year prior to their involvement in Jericho.

Initiative 1D: ELECTRONIC HEALTH RECORDS

Ensure that by 2013 the Mental Health/Mental Retardation/Substance Abuse (MH/MR/SA) electronic health records software will allow electronic exchange of protected health information with essential healthcare providers.

Measures:

- By 2013, ninety-five percent or more of the health care records are electronic.

Initiative 1E: DEVELOPMENTAL DISABILITIES AND AUTISM

By 2013, complete a needs assessment of the services necessary to serve Alexandrians with developmental disabilities and autism spectrum disorders.

Measure:

- Needs assessment will be completed and will identify the specific unmet service needs and associated costs of Alexandrians with Developmental Disabilities and Autism Spectrum Disorders.

Initiative 1F: COMMUNITY SERVICES BOARD (CSB) FACILITIES

By 2013, ensure that CSB facilities are appropriately designed & maintained to meet the needs of the populations served.

Measures:

- FY 2013, the number of facility-related incidents reported will decrease by at least fifty percent.
- No facility-related licensing citations.
- ADA and accessibility issues at Mill Road will be addressed by 2013.

Objective: Maintain and Improve the Quality and Sustainability of Alexandria's Environment

Initiative 2A: AIR QUALITY

Improve ambient air quality through emission reductions in the City and educating community on air quality issues.

Measures:

- Ambient air quality data and trends of all criteria pollutants annually.

Initiative 2B: URBAN FORESTRY

Implement the recommendations of the Urban Forestry Master Plan and move towards the American Forest's suggested goal of 40% tree canopy and ensure the sustainability of Alexandria's urban forest by promoting tree planting on public and private properties to produce a multi-aged and diverse tree community.

Measure:

- Percentage change in canopy cover.
- Number of trees planted through City sponsored activities.

Initiative 2C: CLIMATE CHANGE ACTION PLAN/ENERGY CONSERVATION

Develop and implement a climate change action plan to support the achievement of City-wide green house gas emission reductions to below 2005 levels by 2012.

Measures:

- Reduction in greenhouse gas emissions by the City government,
- Reduction in greenhouse gas emission by residents and businesses.

Initiative 2D: GREEN BUILDINGS

Expand and enhance the City Green Building Program including incorporating green building practices into existing structures.

Measures:

- Track and report number of green buildings approved and constructed and number of existing building that have conducted energy audits and/or incorporated green building elements.

Initiative 2E: OPEN SPACE

Continue to implement the strategies identified in the approved Open Space Master Plan, including its current, measurable actions to protect an additional 34 acres to reach the 100 acre goal for open space by 2013.

Measure:

- Number of valuable open space sites preserved through acquisition and other protective methods and total acreage protected by 2013.

Initiative 2F: RECYCLING

Expand the City's recycling programs to exceed the state requirements and achieve a diversion goal of 35% by 2011.

Measures:

- Annually report overall solid waste generated, amount recycled, and material reused/donated.

Initiative 2G: WATER QUALITY

Enhance the ecological integrity of waterways by maintaining and improving storm water and sanitary infrastructure and stream system health to minimize environmental impacts.

Measure:

- Track and quantify the number of projects between 2010-2015, that have water quality related benefits. Examples include: upgraded infrastructure, stream/RPA restoration/stabilization projects, retrofitted stormwater facilities, green roofs, water conservation including grey water and other innovative practices.

Initiative 2H: ENVIRONMENTAL BENCHMARKS

Develop a series of environmental benchmarks, indicators and performance measures for the City and community that will enable to evaluate progress towards sustainability.

Measures:

- A reporting system that compiles environmental data in one location and report to the stakeholders such as City Council, Environmental Policy Commission and community at regular intervals starting in 2011.

Objective: Support Healthy Lifestyles and Disease Prevention

Initiative 3A: REDUCE RISKY BEHAVIOR IN ADOLESCENTS

By 2013, reduce the occurrence of risky behaviors in adolescents including substance use and abuse, risky sexual behavior and violence.

Measures:

- Decrease underage drinking among youth by five percent.
- Decrease teen pregnancy rate by ten percent of the 2004 rate.
- Decreased reporting of risky behavior by youth.

Initiative 3B: RESPIRATORY HEALTH

By no later than 2014, establish a proactive health program to reduce respiratory illness by reducing exposures to second-hand smoke and indoor air contaminants.

Measures:

- Percent of respiratory health complaints received by Health Department resolved within 30 days.
- Percent reduction in school days missed due to asthma by students that had an environmental assessment of their home conducted.

Initiative 3C: ACCESS TO HEALTHY FOODS

By 2012, increase access to fruits, vegetables and other healthy foods for low-income residents through increased gardening opportunities, better access to farmers markets and increased nutrition educational opportunities.

Measures:

- Percent of new community garden plots utilized in growing season by low-income residents.
- Number of Supplemental Nutrition Assistance Program (SNAP) participants who participate in farmers market program.

Initiative 3D: ECO-CITY OUTREACH

Increase community education and outreach efforts for Eco-City related initiatives focused on sustainability, such as energy and water conservation, green buildings, Eco-City Audit, behavioral changes etc. and improve coordination across the City.

Measures:

- Increased participation by community in Eco-City related activities and initiatives that can be tracked by number of educational, community, and workshops and attendance.

Initiative 3E: "HEALTHY CITY" INDICATOR SYSTEM

By 2011, establish a "Healthy City" indicator system, updated biannually, that tracks key indicators identified by the community for their importance in promoting and maintaining public and personal health.

Measures:

- Healthy City indicator system developed and made publicly available.

Initiative 3F: PLAYSPACES FOR TOTS

Create a "Play Spaces for Tots" initiative to address obesity and overall well-being in toddlers and preschoolers by increasing quality play spaces.

Measures:

- Number of neighborhoods with usable play spaces for toddlers and preschoolers.
- Number of children using play spaces.
- Number of age appropriate naturalistic play opportunities.

Initiative 3G: Pedestrian and Bicyclist Travel

Increase access to safe walking and biking trails in the City.

Measures:

- Earn a Silver "Bicycle Friendly Community" designation by 2013.
- Improve the "Walk Score" for neighborhoods across Alexandria.
- Reduce pedestrian and bicycle crashes.
- Annually increase the total miles of sidewalks, shared-use paths and bikeways.