



NORTHERN VIRGINIA
dementia care
consortium



LEARN

ADAPT

THRIVE

GROW WITH THE FLOW

34th Annual Caregiver's Conference

NOVEMBER 9-13, 2020

FREE Virtual Sessions 10:00 am to 12:00 pm daily

FREE CONFERENCE SCHEDULE

DAY ONE | MONDAY, NOVEMBER 9

Connected Caring: Optimizing Engagement and Well-Being

Various Activity and Recreation Professionals

DAY TWO | TUESDAY, NOVEMBER 10

Caregiving Lessons: Learning, Coping, and Surviving

Former Wisconsin Gov. Martin J. Schreiber, author, My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver

Advancing the Science: Alzheimer's and Dementia Research

Ana Nelson, Vice President of Programs & Services, Alzheimer's Association National Capital Area Chapter

DAY THREE | WEDNESDAY, NOVEMBER 11

If Not Alzheimer's Disease, What Is It? Getting a Diagnosis and Care

Chiadi U. Onyike, M.B.B.S., M.D., Director, Frontotemporal Dementia and Young-Onset Dementias Program, Co-Director, Lewy Body Disease Research Center of Excellence, Associate Professor of Psychiatry and Behavioral Sciences, Johns Hopkins Medicine

DAY FOUR | THURSDAY, NOVEMBER 12

Caregiving at a Glance: Hints, Tips, and Aha's

*Brigid Reynolds, RN, MSN, NP, Georgetown Memory Disorders Program
Carol Blackwell, Memory Café 4U
Lindsey Vajpeyi, Insight Memory Care Center*

DAY FIVE | FRIDAY, NOVEMBER 13

The Presence of Mind to Grow with the Flow: Making the Most of Every Situation

Ron Culberson, MSW, CSP, CPAE, Speaker, Author, and Humorist

REGISTER AT NVDCC.COM