Monday	Tuesday	Wednesday	Thursday	Friday
1 9:30 In the News 10:15 Shootin thru the Hoops 11:00 Person, Place, or Thing 1:00 “Unwind Time” 1:30 Tic Tac Toe 2:15 Crosswords 3:30 Games 4:30 Individual Pursuits	**2** 9:30 Devotions & Inspirations 10:15 Full Body Stretch 11:00 Double Take 1:00 “Unwind Time” 1:30 Robust Exercise w/Lulee 2:15 States Spelling Bee 3:30 Games 4:30 Individual Pursuits	**3** 9:30 In the News 10-12 Morning Movie 1:00 “Unwind Time” 1:30 APD K-9 Unit Demonstration 2:15 Trivia Challenge 3:30 Games 4:30 Individual Pursuits	**4** 9:30 Devotions & Inspirations 10:15 Warm-Up w/ Angela 10:30 Trivia Plus 1:00 “Unwind Time” 1:30 Robust Exercise w/Lulee 2:15 Charades 3:30 Games 4:30 Individual Pursuits	**5** 9:30 In the News 10:15 Rhythm Workout 11:00 Take A Good Guess/Little Lilies Knitting Club 1:00 “Unwind Time” 1:30 Bull’s Eye 2:15 Healthy Tips w/Gina 3:30 Games 4:30 Individual Pursuits
8 9:30 Devotions & Inspirations 10:15 Popcorn Toss 11:00 Bulletin Board Trivia 1:00 “Unwind Time” 1:30 Balloon Pop 2:15 Categories 3:30 Games 4:30 Individual Pursuits	**9** 9:30 In the News 10:15 Ring Toss 11:00 Words That Start w/ “A” 1:00 “Unwind Time” 1:30 Ten Pin Bowling 2:00 Expressive Art w/Carol 3:30 Games 4:30 Individual Pursuits	**10** 9:30 Devotions & Inspirations 10-12 Morning Movie 1:00 “Unwind Time” 1:30 Robust Exercise w/Lulee 2:15 Senior Expressions/Table Talk 3:30 Games 4:30 Individual Pursuits	**11** 9:30 In the News 10:15 30 Minute Workout 11:00 One-Liners 1:00 “Unwind Time 1:30 Music & Memories w/Cheryl 2:15 Kick Ball 3:30 Games 4:30 Individual Pursuits	**12** 9:30 Devotions & Inspirations 10:15 Yoga w/Thelma 11:00 Turn On The Fan/Little Lilies Knitting Club 1:00 “Unwind Time” 1:30 Bowling 2:15 Rhyming Objectives 3:30 Games 4:30 Individual Pursuits
15 9:30 In the News 10:15 Balloon Volleyball 11:00 Fill in the Blank 1:00 “Unwind Time” 1:30 Hand Golf 2:15 The Great Story Tellers 3:30 Games 4:30 Individual Pursuits	**16** 9:30 Devotions & Inspirations 10:15 Participant Choice 11:00 Words w/ “ ST ” 1:00 “Unwind Time” 1:30 Robust Exercise w/Lulee 2:00 Expressive Art w/Carol 3:30 Games 4:30 Individual Pursuits	**17** 9:30 In the News 10-12 Morning Movie 1:00 “Unwind Time” 1:30 Basketball 2:15 Fill in the Blanks 3:00 Snack Time 3:30 Games 4:30 Individual Pursuits	**18** 9:30 Devotions & Inspirations 10:15 Right Side, Left Side 10:30 Marvelous Musicals 1:00 “Unwind Time” 1:30 Match Game 2:15 Not Quite Family Feud 3:30 Games 4:30 Individual Pursuits	**19** 9:30 In the News 10:15 Movement to Music 11:00 Steve Gellman Hour 1:00 “Unwind Time” 1:30 Tug-A- War 2:15 Board Trivia 3:30 Games 4:30 Individual Pursuits
22 9:30 Devotions & Inspirations 10:15 Floor Hockey 11:00 The Trivia Quiz 1:00 “Unwind Time” 1:30 Robust Exercise w/Lulee 2:15 Wacky Words 3:30 Games 4:30 Individual Pursuits	**23** 9:30 In the News 10:15 Get Moving 11:00 A to Z Words 1:00 “Unwind Time” 1:30 Olympic Ring Toss 2:15 Price is Right 3:30 Games 4:30 Individual Pursuits	**24** 9:30 Devotions & Inspirations 10-12 Morning Movie 1:00 “Unwind Time” 1:30 Horseshoes 2:15 Senior Expressions 3:30 Games 4:30 Individual Pursuits	**25** 9:30 In the News 10:15 Words w/ ING 11:00 Robust Exercise w/Lulee 1:00 “Unwind Time” 1:30 Music & Memories w/Cheryl 2:15 Balloon Tap 3:30 Games 4:30 Individual Pursuits	**26** 9:30 Devotions & Inspirations 10:15 Yoga w/Thelma 11:00 Name 10/ Little Lilies Knitting Club 1:00 “Unwind Time” 1:30 High Rollers 2:15 Rainy-day Mystery 3:30 Games 4:30 Individual Pursuits
29 9:30 In the News 10:15 Star Targets 11:00 Person, Place, or Thing 1:00 “Unwind Time” 1:30 Jackpot Beanbag 2:15 Word Fit 3:30 Games 4:30 Individual Pursuits	**30** 9:30 Devotions & Inspirations 10:15 Bull’s Eye 11:00 Dog Days: Fill In The Blanks 1:00 “Unwind Time” 1:30 Balloon Volleyball 2:15 Rhyme Time 3:30 Games 4:30 Individual Pursuits	**31** 9:30 In the News 10-12 Morning Movie 1:00 “Unwind Time” 1:30 Robust Exercise w/Lulee 2:15 Hand Golf 3:30 Games 4:30 Individual Pursuits		

AUGUST 2016

Type a title or other information here.

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