

# Division of Aging and Adult Services



## Directory of Resources

for Older Adults & Adults with Disabilities



Department of Community and Human Services

703.746.5999

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

## Directory of Resources for Older Adults and Adults with Disabilities

### Please contact us for more information regarding:

- Adult Day Services Center
- Adult Protective Services
- Assistance for Persons with Disabilities
- Assisted Living Facility Placement
- Case Management
- Health Insurance Counseling
- In-Home Services
- Legal Services
- Meals on Wheels
- Nursing Facility Placement
- Safety Alert System
- Senior Centers with Daily Lunches
- Support for Caregivers
- Transportation

You can reach us at: **703.746.5999 option 1**, Monday - Friday, 8 a.m. - 5 p.m.

You can also visit our website at: **[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)**

Stayed informed with news and events through aging eNews. Sign up at:  
**<https://enews.alexandriava.gov/register.php>**

The listings, contents and summary of information contained in this directory are for general reference or resource purposes. The directory listings are in alphabetical order. It is the reader's responsibility to thoroughly review the listed agencies, including licensing status or other credentials, prior to his or her personal selection.



Published by:  
Division of Aging and Adult Services  
Department of Community and Human Services  
Phone: 703.746.5999  
Fax: 703.746.5975

# Directory of Resources for Older Adults and Adults with Disabilities

## Table of Contents

City of Alexandria Services Phone Numbers .....	4
Teletypewriters (TTYs for the Hearing Impaired) .....	5
Emergency Numbers .....	5
Directory of Resources for Older Adults and Adults with Disabilities Phone Numbers by Categories .....	6
Directory of Resources for Older Adults and Adults with Disabilities Phone Numbers Alphabetically By Name .....	14
Adult Day Health Services.....	20
Adult Protective Services .....	20
Advocacy.....	20
Caregiver Resources.....	21
Consumer Information.....	22
Counseling Services.....	23
Disability Services .....	24
Educational Opportunities .....	26
Employment .....	27
Financial Assistance.....	28
Food and Nutrition.....	29
Health Care Professional Referral Services.....	30
Health Care Services .....	30
Clinics - General Medical .....	30
Clinics - Kidney Dialysis.....	31
Dental Care.....	31
Eye and Vision Care .....	32
Mental Health.....	32
Mental Health – Day Treatment and Inpatient Programs.....	33
Health Education Resources .....	34
Durable Medical and Rehabilitation Equipment .....	35
Health Insurance .....	35
Counseling.....	35
Medicaid .....	35
Medicare .....	36
In-Home Care and Assistance .....	36
Hospice Services.....	37
Hospitals.....	37
Housing .....	37

Adult Care Residences/Assisted Living .....	37
Continuing Care Retirement Communities .....	38
Emergency Shelters and Homelessness Prevention Services .....	38
Nursing Homes / Facilities / Services .....	39
Subsidized Housing (Independent Living) .....	40
Other Housing Resources.....	40
Information and Referral.....	42
Legal Services.....	42
Libraries.....	44
Multicultural Services and Special Populations .....	44
Recreation Activities.....	46
Recreation Centers .....	47
Senior Centers.....	48
Other Senior Activities.....	48
Services for Speech, Language and Hearing Impaired Persons .....	48
Transportation Services .....	49
Metrobus/Metrorail.....	49
Special Transportation Services .....	50
Vehicle Registration and Handicapped Plates and Permits.....	51
Utilities and Utility Assistance.....	51
Vital Records.....	52
Volunteering .....	52
Voter Information.....	53

## City of Alexandria Services Phone Numbers

For more information visit: [www.alexandriava.gov](http://www.alexandriava.gov)

Abandoned Vehicles.....	703.746.4444
Adopting Pets .....	703.746.4774
Animal Bites and Control.....	703.746.4774
Bedbugs .....	703.746.4910
Cable Television Complaints .....	703.746.4350
Car Decal, Tax, and Registration .....	703.746.3901
Cat and Dog Licensing .....	703.746.4774
City Manager's Office .....	703.746.4300
Complaints about City Services .....	703.746.4800
Courthouse Information (Alexandria) .....	703.746.4141
Crime Concerns (Non-Emergency).....	703.838.4636
Deeds.....	703.746.4044
Delinquent Taxes.....	703.746.3909
Disposal of a Vehicle.....	703.746.3901
Emergency Medical Services .....	911
(Non-Emergency Contact).....	703.746.5200
Farmers' Markets .....	703.746.3200
Graffiti.....	703.838.4444
Grass and Weed Problems .....	703.746.4200
Hazardous Waste Disposal .....	703.746.4410
Landlord-Tenant Issues .....	703.746.4990
Leaf Collection Program.....	703.746.LEAF (5323)
Mayor, Vice-Mayor and Council Members.....	703.746.4500
Mulch Program.....	703.746.4410
Noise Complaints .....	703.746.4065
Notaries Public .....	703.746.4044
Parking Tickets.....	703.746.3902
Paving .....	703.746.4488
Personal Property (Vehicle) Tax .....	703.746.3901
Police Reports .....	703.838.4444
Potholes .....	703.746.4488
Rabies .....	703.746.4774
Recycling.....	703.746.4410
Residential Parking Permits .....	703.746.3902
Rodent Control .....	703.746.4200
Sidewalks .....	703.746.4488
Smoke Detector Request .....	703.746.5260
Snow .....	703.746.4488
Solid Waste .....	703.746.4410



Street Lights .....	888.667.3000
Streets .....	703.746.4488
Towed Vehicles.....	703.746.4200
Trash .....	703.746.4410
Vehicle Decals, Taxes, Registration .....	703.746.3901 / 703.746.5030
Wills and Probate .....	703.746.4044

### Teletypewriters (TTYs for the Hearing Impaired)

Alexandria Redevelopment and Housing Authority (ARHA).....	703.836.6425
Alexandria Library (Talking Books).....	703.746.1790
Communications and Public Information .....	703.838.5056
Fire Department .....	703.838.4896
Human Services .....	703.836.1493
Human Resources (Employment) .....	703.838.5035
Police Department (Communications).....	703.746.4444
TES/Transit Services.....	703.838.5056
Women’s Shelter (Voice TTY) .....	703.746.4911

### Emergency Numbers

Fire/Police .....	911
American Red Cross .....	703.549.8300
Adult Protective Services .....	703.746.5778
Domestic Violence.....	703.746.4911
Child Abuse/Neglect.....	703.746.5800
Crisis Link .....	211
Poison Control Center .....	1.800.222.1222
Sexual Assault Hotline.....	703.683.7273
Suicide Hotlines.....	1.800.784.2433
Spanish .....	1.877.784.2432

## Phone Numbers by Categories

### Adult Day Health Services

Alexandria Adult Day Services Center .....	703.746.5676
City of Alexandria, Division of Aging and Adult Services	
Insight Memory Care Center .....	703.204.4664

### Adult Protective Services

Adult Protective Services.....	703.746.5778
--------------------------------	--------------

### Advocacy

Administration for Community Living (ACL) .....	202.619.0724
Alexandria Commission on Aging (COA).....	703.746.5999 option 1
Domestic Violence Program.....	703.746.4911
Northern Virginia Long-Term Care Ombudsman.....	703.324.5861
Sexual Assault Center .....	703.683.7273

### Caregiver Resources

Alexandria Adult Day Services Center Caregivers' Support Group .....	703.746.5999 option 1
CareRing .....	703.516.6770
Eldercare Locator .....	1.800.677.1116
MediAlert + Alzheimer's Association Safe Return.....	1.888.572.8566
Project Lifesaver .....	703.746.5151
Senior Link (ACTS Helpline) .....	703.368.4141
The Source Book, Guide to Retirement Living .....	703.992.1100 or 1.800.394.9990

### Consumer Information

Consumer Affairs .....	703.746.4800
Consumer Product Safety Commission Hotline .....	1.800.638.2772
National Active and Retired Federal Employees	
National Fraud Information Center .....	www.fraud.org
U.S. Department of Health and Human Services Civil	
Virginia Department of Agriculture and Consumer Services Consumer	

### Counseling Services

Alcoholics Anonymous (Northern VA Intergroup).....	703.293.9753
Center for Pastoral Counseling of Virginia .....	703.903.9696
Haven of Northern Virginia.....	703.941.7000
Jewish Social Service Agency (JSSA).....	703.204.9100
Multicultural Clinical Center .....	703.354.0000
Northern Virginia Family Services (NVFS) .....	571.748.2840
Widowed Persons Services of Northern Virginia .....	703.281.9595

### Disability Services

Autism Society Northern Virginia Chapter.....	703.495.8444
---	--------------

Brain Injury Association of America.....	703.761.0750
Children and Adults with Attention Deficit/Hyperactivity Disorder of Northern Virginia (CHADD) .....	703.641.5451
ENDependence Center of Northern Virginia, Inc.....	703.525.3268
Spina Bifida Association of the Mid-Atlantic Region.....	1.866.938.3407
The Arc of Northern Virginia.....	703.532.3214
The National Multiple Sclerosis Society National Capital Chapter .....	202.296.5363
United Cerebral Palsy Affiliates .....	202.269.1500

#### Educational Opportunities

Adult and Community Education .....	703.824.6845
Encore Learning (formerly ALRI).....	703.228.2144
Experience Works (formerly Green Thumb, Inc.) .....	703.522.7272
Hogar Immigrant Services (Catholic Charities of the Diocese of Arlington) .....	703.534.9805
Lifetime Learning /Lifelong Learning Institute .....	703.503.0600
Literacy Council of Northern Virginia, Inc. ....	703.237.0866
Northern Virginia Community College - Community Education .....	703.845.6227
Osher Lifelong Learning Institute (OLLI) .....	703.503.3384
Road Scholar.....	1.800.454.5768
Saint Martin de Porres Senior Center .....	703.751.2766

#### Employment

Experience Works (formerly Green Thumb, Inc.).....	703.522.7272
NCOA Northern Virginia Workforce Resource Center.....	571.335.4027
Senior Employment Resources .....	703.750.1936
Virginia Employment Commission Job Service.....	703.813.1300

#### Financial Assistance

Customer Call Center .....	703.746.5700
Direct Deposit for Social Security Checks.....	1.800.772.1213
Money Management International .....	1.866.531.3433
Pension Rights Center.....	202.296.3776
The United States Social Security Administration .....	703.274.0145

#### Food and Nutrition

Alexandria Cooperative Extension Office - Nutrition Education.....	703.746.5544
Liquid Supplement Program.....	703.746.5999 option 1
Meals on Wheels - Private Pay .....	703.836.4414 extension 12
Meals on Wheels - Subsidized.....	703.746.5999 option 1
Supplemental Nutrition Assistance Program (SNAP-formerly Food Stamps) City of Alexandria, Benefits Programs .....	703.746.5801
SHARE (Food network).....	301.864.3115 or 1.800.217.4273

#### Health Care Professional Referral Services

INOVA Alexandria Hospital Physician Referral .....	1.855.694.6682
--	----------------



## Health Care Services

### Clinics - General Medical

City of Alexandria, Health Department.....	703.746.4996
Alexandria Neighborhood Health Services, Inc.....	703.535.5568
Casey Clinic (Flora Krause Casey Health Center).....	703.746.4886
Fort Belvoir Outpatient Clinic .....	571.231.2408
Queen Street Clinic .....	703.299.9701

### Clinics - Kidney Dialysis

Alexandria Kidney Center (Dialysis Service).....	703.370.8250
DaVita Dialysis Center.....	1.800.424.6589

### Dental Care

Alexandria Neighborhood Health Services, Inc. Dental Clinic (ANHSI Dental) Howard University, College of Dentistry Dental Clinic .....	202.806.0008
Northern Virginia Community College Dental Hygiene Clinic.....	703.822.6673
Northern Virginia Dental Clinic of the Northern VA Dental Society .....	703.820.7170

### Eye and Vision Care

Community Action Agency.....	703.746.5700
Eye Care America .....	<a href="http://www.eyecareamerica.org">www.eyecareamerica.org</a>
Prevention of Blindness Society of Metro Washington.....	202.234.1010
Prevention of Blindness Society Low Vision Learning Center.....	703.652.7803

### Mental Health

Alcohol and Drug Abuse Services (Detox) .....	703.746.3600 or 703.746.3636
Dominion Hospital .....	703.538.2872
First Step.....	703.538.2872
George Washington University Hospital - Geriatric Center .....	202.741.2222
INOVA Comprehensive Addiction Treatment Services (CATS) .....	703.776.7777
Mental Health America .....	703.684.7722
Older Adult Clinical Services.....	703.746.3400

### Mental Health – Day Treatment and Inpatient Programs

Dominion Hospital .....	703.538.2872
INOVA Fairfax Behavioral Health Services.....	703.660.8100

### Health Education Resources

ABCD Helpline (After Breast Cancer Diagnosis) .....	1.800.221.2141
Alzheimer's Association (National Capital Area).....	703.359.4440
Alzheimer's Disease Education and Referral Center .....	1.800.438.4380
American Cancer Society.....	703.938.5550
American Diabetes Association .....	703.549.1500 or 1.800.342.2383
American Heart Association (Greater Washington Region).....	703.248.1700
Arthritis Foundation (Metropolitan Washington Chapter) .....	1.800.365.3811
INOVA Healthsource Senior Services.....	1.855.694.6682

Durable Medical and Rehabilitation Equipment	
Washington Area Wheelchair Society .....	1.855.694.6682
Health Insurance	
Counseling	
State Corporation Commission .....	1.800.552.7945 or 804.371.9741
Virginia Insurance Counseling and Assistance Program (VICAP) .....	703.228.1700
Medicaid	
Medicaid Helpline .....	1.804.786.6145
Medicaid Program .....	703.746.5902
Medicare	
Centers for Medicare and Medicaid Services (CMS) .....	1.800.MEDICARE
Medicare HMO Appeals Hotline .....	1.888.466.9050
Social Security Administration – Medicare .....	1.800.772.1213
In-Home Care and Assistance	
Companion Service Program.....	703.746.5999 option 1
Door Thru Door (Home Care Partner’s, Inc.) .....	202.638.0736
Friendly Visitor Program.....	703.836.4414 extension 20
Snow Buddies .....	703.746.4357
Hospice Services	
National Hospice and Palliative Care Organization .....	703.837.1500
Hospitals	
INOVA Alexandria Hospital.....	703.504.3000
Housing	
Adult Care Residences/Assisted Living	
LaBier Assisted Living .....	703.370.7555
Sunrise Assisted Living of Alexandria .....	703.212.9192
Willow Oaks & District Home Birmingham Green Assisted Living Facility	
.....	703.257.0935
Continuing Care Retirement Communities	
Goodwin House.....	703.578.1000
The Hermitage in Northern Virginia.....	703.797.3844
The Fountains at Washington House .....	703.845.5100
Emergency Shelters and Homelessness Prevention Services	
Alexandria Community Shelter	
Single Men or Women.....	703.548.0452
Families with children.....	703.746.5700
ALIVE! House	
125 Payne St. Alexandria, VA 22314 .....	703.684.1430

2723 King St. Alexandria, VA 22314 .....	703.837.9300
Carpenter's Shelter .....	703.548.7500
Christ House .....	703.549.8644
Eviction Assistance and Homeless Prevention Program (HPP) .....	703.746.5700
<b>Nursing Homes / Facilities / Services</b>	
Birmingham Green Nursing Facility .....	703.257.0935
Envoy of Alexandria.....	703.684.9100
Woodbine Rehabilitation and Health Care Center .....	703.836.8838
<b>Subsidized Housing (Independent Living)</b>	
Alexandria Redevelopment & Housing Authority (ARHA).....	703.549.7115
Annie B. Rose House.....	703.548.4946
Claridge House II .....	703.823.5444
Foxchase of Alexandria.....	571.451.0532
Old Towne West.....	703.549.4343
<b>Other Housing Resources</b>	
Apartment Locator Services (FREE) Southern Management.....	1.888.612.7868
Home Ownership Assistance Program.....	703.746.3099 or 703.746.3097
Home Rehabilitation/Repair Loans.....	703.746.4990
Landlord/Tenant Relations.....	703.746.4990
Real Estate Tax/Property Tax Relief/Deferral.....	703.746.3909/3902
Rebuilding Together Alexandria .....	703.836.1021
Rental Accessible Modification Program (RAMP) .....	703.746.4990
Rent Relief Program.....	703.746.5918
Virginia Housing Development Authority Accessibility .....	804.782.1986
<b>Information and Referral</b>	
Regional Resources .....	211
Call.Click.Connect.....	703.746.4357
Customer Call Center .....	703.746.5700
SeniorNavigator/disAbilityNavigator (VirginiaNavigator).....	1.866.393.0957
Senior Helpline (Jewish Council for the Aging of Greater Washington) .....	703.425.0999
<b>Legal Services</b>	
Alexandria Bar Association Lawyer Referral .....	703.548.1106
American Association of Retired Persons (AARP).....	1.866.330.0753
Commonwealth's Attorney .....	703.746.4100
Human Rights .....	703.746.3140 or 703.746.5419
Legal Services of Northern Virginia Alexandria Office.....	703.684.5566
Intake Line.....	703.778.6800
Toll Free .....	866.534.5243
National Academy of Elder Law Attorneys (NAELA).....	703.942.5711
Nationwide Lawyer Referral Service .....	1.800.552.7977

Virginia Department of Aging and Rehabilitation Services,  
 Virginia Division for the Aging (VDA) ..... 1.800.552.3402

Libraries

Charles E. Beatley, Jr. Central Library ..... 703.746.1702  
 Ellen Coolidge Burke Branch Library ..... 703.746.1704  
 James M. Duncan Branch Library ..... 703.746.1705  
 Kate Waller Barrett Branch Library ..... 703.746.1703

Multicultural Services and Special Populations

Alexandria VET Center ..... 703.360.8633  
 Christ House, Catholic Charities of Arlington Diocese  
 Monetary Assistance ..... 703.548.4227  
 Shelter ..... 703.549.8644  
 Ethiopian Community Development Council, Inc. (ECDC) ..... 703.685.0510  
 Hispanic Committee of Virginia (NVFS) ..... 703.671.5666  
 Hogar Immigrant Services ..... 703.534.9805  
 Jewish Community Center of Northern Virginia (JCCNV) ..... 703.323.0880  
 Jewish Council for the Aging of Greater Washington  
 ..... 703.425.0999 or 301.255.4200  
 Jewish Social Service Agency ..... 703.204.9100 or 703.896.7918  
 Korean Services (Salvation Army) ..... 703.385.8702 extension 28  
 Multicultural Human Services Center (NVFS) ..... 571.748.2800  
 National Caucus and Center on Black Aged, Inc. .... 202.637.8400  
 Older Women's League (OWL)  
 Field Services Office ..... 1.800.825.3695 or 202.567.2606  
 Virginia Department for Veteran Services ..... 703.813.1529  
 Veterans Health Care Benefits at Fort Belvoir ..... 571.231.2408  
 Veterans (Armed Forces) services through the Red Cross ..... 240.485.3031  
 U.S. Department of Veterans Affairs ..... 1.800.827.1000

Recreation Activities

City of Alexandria, Department of Recreation, Parks and Cultural Activities  
 ..... 703.746.5575  
 TTY ..... 711(VA Relay)  
 Power-Plus 55 ..... 703.746.5575

Recreation Centers

Charles Houston Recreation Center ..... 703.746.5552  
 Chinquapin Recreation Center ..... 703.746.5553  
 Cora Kelly Recreation Center ..... 703.746.5554  
 Mount Vernon Recreation Center ..... 703.746.5556  
 Nannie J. Lee Memorial Recreation Center ..... 703.746.5550  
 Northern Virginia Senior Olympics ..... 703.228.4721  
 William Ramsay Recreation Center ..... 703.746.5558

## Senior Centers

Saint Martin de Porres Senior Center .....703.751.2766  
The Senior Center at Charles Houston.....703.746.5456

## Other Senior Activities

YMCA .....703.838.8085

## Services for Speech, Language and Hearing Impaired Persons

American Speech-Language Hearing Association (ASHA)  
..... 301.296.5700 or 1.800.638.8255  
Hearing Loss Association of America.....301.657.2248  
Northern Virginia Resource Center for Deaf and Hard of Hearing Persons  
.....703.352.9055  
Virginia Department for the Deaf and Hard of Hearing  
Voice/TTY.....1.800.552.7917 or 1.804.662.9502  
Virginia Relay Center Voice/TTY.....1.800.552.7917

## Transportation Services

DASH Bus/Alexandria Transit Company.....703.746.3274/703.746.DASH  
Senior Transportation Services.....703.746.3275

## Metrobus/Metrorail

Old Town Transit Shop.....703.229.6227  
Washington Metropolitan Area Transit Authority (WMATA).....202.637.7000

## Special Transportation Services

Alexandria Yellow Taxi Cab (24-hour notice for lift vans).....703.549.2500  
American Cancer Society.....703.938.5550 or 1.888.227.6333  
Diamond Transportation Services (24-hour notice for lift vans).....703.912.7606  
D.O.T -Transportation for People with Disabilities .....703.746.4079  
Medicaid Transportation Service (Logisticare) .....1.866.386.8331  
MetroAccess.....301.562.5360  
Senior Taxi Yellow Card Program.....703.746.5999 option 1

## Vehicle Registration and Handicapped Plates and Permits

Commonwealth of Virginia Department of Motor Vehicles/Alexandria  
.....804.497.1700

## Utilities and Utility Assistance

Dominion Virginia Power (electric company)....1.888.DOM.HELP / 1.888.366.4357  
Energy Assistance City of Alexandria, Office of Community Services  
.....703.746.5918  
Fan Care Program City of Alexandria, Division of Aging and Adult Services  
.....703.746.5999 option 1  
Verizon Telephone Company Lifeline Program.....1.800.837.4966  
Virginia American Water.....703.549.7080  
Washington Gas Company (natural gas).....703.750.1000

TTY .....703.750.7975  
Weatherization Assistance Program.....540.955.5630

Vital Records

City of Alexandria County Clerk Marriage Certificates and Divorce Records  
..... 703.746.4044 option 0  
Death Certificates, Virginia Department of Health, Office of Vital Records  
.....804.662.6200  
Vital Records - Any State ..... www.vitalrec.com

Volunteering

American Red Cross - Alexandria Chapter .....703.549.8300  
City of Alexandria, Division of Aging and Adult Services..... 703.746.5999 option 1  
Senior Services of Alexandria ..... 703.836.4414  
Volunteer Alexandria.....703.836.2176

Voter Information

Alexandria Registrar of Voters ..... 703.746.4050  
Virginia Department of Motor Vehicles (DMV) ..... 804.497.1700  
Virginia State Board of Elections..... 1.800.552.9745  
TTY:..... 1.800.260.3466



## Phone Numbers Alphabetically By Name

Alexandria Adult Day Services Center .....	703.746.5676
Alexandria Yellow Taxi Cab (24-hour notice for lift vans).....	703.549.2500
ABCD Helpline (After Breast Cancer Diagnosis) .....	1.800.221.2141
Administration for Community Living (ACL) .....	202.619.0724
Adult and Community Education .....	703.824.6845
Adult Protective Services.....	703.746.5778
Alcohol and Drug Abuse Services (Detox) .....	703.746.3600 or 703.746.3636
Alcoholics Anonymous (Northern VA Intergroup) .....	703.293.9753
Alexandria Adult Day Health Services Center Caregivers' Support Group .....	703.746.5999 option 1
Alexandria Bar Association Lawyer Referral.....	703.548.1106
Alexandria Commission on Aging (COA) .....	703.746.5999 option 1
Alexandria Community Shelter	
Alexandria Cooperative Extension Office - Nutrition Education.....	703.746.5544
Alexandria Kidney Center (Dialysis Service) .....	703.370.8250
Alexandria Marriage Certificates and Divorce Records.....	703.746.4044 option 0
Alexandria Neighborhood Health Services, Inc. Dental Clinic (ANHSI Dental Clinic).....	703.535.5568
Alexandria Neighborhood Health Services, Inc.....	703.535.5568
Alexandria Redevelopment & Housing Authority (ARHA) .....	703.549.7115
Alexandria Registrar of Voters .....	703.746.4050
Alexandria VET Center.....	703.360.8633
ALIVE! House	
125 Payne St. Alexandria, VA 22314 .....	703.684.1430
2723 King St. Alexandria, VA 22314 .....	703.837.9300
Alzheimer's Association (National Capital Area).....	703.359.4440
Alzheimer's Disease Education and Referral Center .....	1.800.438.4380
American Association of Retired Persons (AARP).....	1.866.330.0753
American Cancer Society .....	703.938.5550 or 1.888.227.6333
American Diabetes Association .....	703.549.1500 or 1.800.342.2383
American Heart Association (Greater Washington Region) .....	703.248.1700
American Red Cross - Alexandria Chapter .....	703.549.8300
American Speech-Language Hearing Association (ASHA) .....	301.296.5700 or 1.800.638.8255
Annie B. Rose House.....	703.548.4946
Apartment Locator Services (FREE) Southern Management.....	1.888.612.7868
Arthritis Foundation (Metropolitan Washington Chapter).....	1.800.365.3811
Autism Society Northern Virginia Chapter .....	703.495.8444
Benefits Checkup .....	<a href="http://www.benefitscheckup.org">www.benefitscheckup.org</a>
Birmingham Green Nursing Facility.....	703.257.0935
Brain Injury Association of America.....	703.761.0750
Call.Click.Connect .....	703.746.4357

CareRing .....	703.516.6770
Carpenter's Shelter .....	703.548.7500
Casey Clinic (Flora Krause Casey Health Center) .....	703.746.4886
Center for Pastoral Counseling of Virginia.....	703.903.9696
Centers for Medicare and Medicaid Services (CMS) .....	1.800.MEDICARE
Charles E. Beatley, Jr. Central Library .....	703.746.1702
Charles Houston Recreation Center .....	703.746.5552
Children and Adults with Attention Deficit/Hyperactivity Disorder of Northern Virginia (CHADD) .....	703.641.5451
Chinquapin Recreation Center .....	703.746.5553
Christ House .....	703.549.8644
City of Alexandria County Clerk Death Certificates.....	804.662.6200
City of Alexandria Department of Recreation, Parks and Cultural Activities .....	703.746.5575
City of Alexandria Division of Aging and Adult Services .....	703.746.5999 option 1
City of Alexandria Health Department .....	703.746.4996
Claridge House II .....	703.823.5444
Commonwealth of Virginia Department of Motor Vehicles/Alexandria.....	804.497.1700
Commonwealth's Attorney .....	703.746.4100
Community Action Agency .....	703.746.5700
Companion Service Program.....	703.746.5999 option 1
Consumer Affairs .....	703.746.4800
Consumer Product Safety Commission Hotline .....	1.800.638.2772
Cora Kelly Recreation Center .....	703.746.5554
Customer Call Center.....	703.746.5700
DASH Bus/Alexandria Transit Company .....	703.746.3274/703.746.DASH
DaVita Dialysis Center .....	1.800.424.6589
Diamond Transportation Services (24-hour notice for lift vans).....	703.912.7606
Direct Deposit for Social Security Checks .....	1.800.772.1213
Domestic Violence Program.....	703.746.4911
Dominion Hospital.....	703.538.2872
Dominion Virginia Power (electric company) .....	1.888.DOM.HELP / 1.888.366.4357
Door Thru Door (Home Care Partner's, Inc.).....	202.638.0736
D.O.T -Transportation for People with Disabilities.....	703.746.4079
Eldercare Locator.....	1.800.677.1116
Ellen Coolidge Burke Branch Library .....	703.746.1704
Encore Learning (formerly ALRI) .....	703.228.2144
ENDependence Center of Northern Virginia, Inc.....	703.525.3268
Envoy of Alexandria .....	703.684.9100
Ethiopian Community Development Council, Inc. (ECDC) .....	703.685.0510
Eviction Assistance and Homeless Prevention Program (HPP) .....	703.746.5700
Experience Works (formerly Green Thumb, Inc.) .....	703.522.7272
Eye Care America.....	www.eyecareamerica.org
First Step .....	703.538.2872

Fort Belvoir Outpatient Clinic .....	571.231.2408
Foxchase of Alexandria.....	571.451.0532
Friendly Visitor Program.....	703.836.4414
George Washington University Hospital - Geriatric Center.....	202.741.2222
Goodwin House .....	703.578.1000
Haven of Northern Virginia.....	703.941.7000
Hearing Loss Association of America.....	301.657.2248
Hispanic Committee of Virginia (NVFS).....	703.671.5666
Hogar Immigrant Services (Catholic Charities of the Diocese of Arlington).....	703.534.9805
Home Ownership Assistance Program .....	703.746.3099/3097
Home Rehabilitation/Repair Loans .....	703.746.4990
Howard University, College of Dentistry Dental Clinic.....	202.806.0008
Human Rights.....	703.746.3140/5419
INOVA Alexandria Hospital Physician Referral .....	1.855.694.6682
INOVA Alexandria Hospital.....	703.504.3000
INOVA Comprehensive Addiction Treatment Services (CATS).....	703.776.7777
INOVA Fairfax Behavioral Health Services.....	703.660.8100
INOVA Healthsource Senior Services.....	1.855.694.6682
Insight Memory Care Center .....	703.204.4664
James M. Duncan Branch Library.....	703.746.1705
Jewish Community Center of Northern Virginia (JCCNV).....	703.323.0880
Jewish Council for the Aging of Greater Washington.....	703.425.0999 or 301.255.4200
Jewish Social Service Agency (JSSA) .....	703.204.9100 or 703.896.7918
Kate Waller Barrett Branch Library .....	703.746.1703
Korean Services (Salvation Army) .....	703.385.8702 extension 28
LaBier Assisted Living.....	703.370.7555
Landlord/Tenant Relations .....	703.746.4990
Legal Services of Northern Virginia .....	703.684.5566 (Alexandria Office)
Lifetime Learning /Lifelong Learning Institute.....	703.503.0600
Liquid Supplement Program.....	703.746.5999 option 1
Literacy Council of Northern Virginia, Inc.....	703.237.0866
Meals on Wheels (subsidized).....	703.746.5999 option 1
Meals on Wheels (private pay).....	703.836.4414
Medicaid Helpline.....	1.804.786.6145
Medicaid Program.....	703.746.5902
Medicaid Transportation Service (Logisticare) .....	1.866.386.8331
MedicAlert + Alzheimer's Association Safe Return.....	1.888.572.8566
Medicare HMO Appeals Hotline.....	1.888.466.9050
Mental Health America .....	703.684.7722
MetroAccess .....	301.562.5360
Money Management International.....	1.866.531.3433
Multicultural Clinical Center .....	703.354.0000
Multicultural Human Services Center (NVFS).....	571.748.2800

Nannie J. Lee Memorial Recreation Center .....	703.746.5550
National Academy of Elder Law Attorneys (NAELA) .....	703.942.5711
National Active and Retired Federal Employees (NARFE) Association .....	703.838.7760
National Caucus and Center on Black Aged, Inc.....	202.637.8400
National Hospice and Palliative Care Organization .....	703.837.1500
Nationwide Lawyer Referral Service .....	1.800.552.7977
NCOA Northern Virginia Workforce Resource Center .....	571.335.4027
Northern Virginia Community College - Community Education .....	703.845.6227
Northern Virginia Community College Dental Hygiene Clinic .....	703.822.6673
Northern Virginia Dental Clinic of the Northern VA Dental Society.....	703.820.7170
Northern Virginia Family Services (NVFS) .....	571.748.2840
Northern Virginia Long-Term Care Ombudsman .....	703.324.5861
Northern Virginia Resource Center for Deaf and Hard of Hearing Persons	703.352.9055
Northern Virginia Senior Olympics .....	703.228.4721
Old Town Transit Shop .....	703.229.6227
Old Towne West.....	703.549.4343
Older Adult Clinical Services .....	703.746.3400
Older Women's League (OWL) Field Services Office .....	1.800.825.3695 or 202.567.2606
Osher Lifelong Learning Institute (OLLI) .....	703.503.3384
Pension Rights Center .....	202.296.3776
Power-Plus 55 .....	703.746.5575
Prevention of Blindness Society Low Vision Learning Center .....	703.652.7803
Prevention of Blindness Society of Metro Washington .....	202.234.1010
Project Lifesaver.....	703.746.5151
Queen Street Clinic .....	703.299.9701
Real Estate Tax/Property Tax Relief/Deferral .....	703.746.3909/3902
Rebuilding Together Alexandria.....	703.836.1021
Regional Resources Dial 211 Customer Call Center .....	703.746.5700
Rent Relief Program .....	703.746.5918
Rental Accessible Modification Program (RAMP) .....	703.746.4990
Road Scholar .....	1.800.454.5768
Saint Martin de Porres Senior Center.....	703.751.2766
Senior Employment Resources.....	703.750.1936
Senior Helpline (Jewish Council for the Aging of Greater Washington) .....	703.425.0999
Senior Link (ACTS Helpline).....	703.368.4141
Senior Services of Alexandria.....	703.836.4414
Senior Taxi Yellow Card Program.....	703.746.5999 option 1
Senior Transportation Services .....	703.746.3275
SeniorNavigator/disAbilityNavigator (VirginiaNavigator) .....	1.866.393.0957
Sexual Assault Center .....	703.683.7273
SHARE (Food network) .....	301.864.3115 or 1.800.217.4273
Snow Buddies .....	703.746.4357

Social Security Administration – Medicare .....	1.800.772.1213
Spina Bifida Association of the Mid-Atlantic Region .....	1.866.938.3407
State Corporation Commission .....	1.800.552.7945 or 804.371.9741
Sunrise Assisted Living of Alexandria .....	703.212.9192
Supplemental Nutrition Assistance Program (SNAP-formerly Food Stamps)	
City of Alexandria, Benefits Programs .....	703.746.5801
The Arc of Northern Virginia .....	703.532.3214
The Fountains at Washington House .....	703.845.5100
The Hermitage in Northern Virginia .....	703.797.3844
The National Multiple Sclerosis Society National Capital Chapter .....	202.296.5363
The Senior Center at Charles Houston .....	703.746.5456
The Source Book, Guide to Retirement Living .....	703.992.1100 or 1.800.394.9990
The United States Social Security Administration .....	703.274.0145
TTY .....	711(VA Relay)
U.S. Department of Health and Human Services Civil Rights Hotline	
Main .....	1.800.368.1019
TTY .....	1.800.537.7697
U.S. Department of Veterans Affairs .....	1.800.827.1000
United Cerebral Palsy Affiliates .....	202.269.1500
Verizon Telephone Company Lifeline Program .....	1.800.837.4966
Veterans (Armed Forces) services through the Red Cross .....	240.485.3031
Veterans Health Care Benefits at Fort Belvoir .....	571.231.2408
Virginia American Water .....	703.549.7080
Virginia Department for the Deaf and Hard of Hearing	
Voice/TTY .....	1.800.552.7917 or 1.804.662.9502
Virginia Department for Veteran Services .....	703.813.1529
Virginia Department of Aging and Rehabilitation Services,	
Virginia Division for the Aging (VDA) .....	1.800.552.3402
Virginia Department of Agriculture and Consumer Services Consumer	
Virginia Department of Health, Office of Vital Records	
.....	804.662.6200
Vital Records - Any State .....	<a href="http://www.vitalrec.com">www.vitalrec.com</a>
Virginia Department of Motor Vehicles .....	(DMV) 804.497.1700
Virginia Employment Commission Job Service .....	703.813.1300
Virginia Housing Development Authority Accessibility .....	804.782.1986
Virginia Insurance Counseling and Assistance Program (VICAP) .....	703.228.1700
Virginia Relay Center Voice/TTY .....	1.800.552.7917
Virginia State Board of Elections .....	1.800.552.9745
TTY .....	1.800.260.3466
Volunteer Alexandria .....	703.836.2176
Washington Area Wheelchair Society .....	1.855.694.6682
Washington Gas Company (natural gas) .....	703.750.1000
TTY .....	703.750.7975

Washington Metropolitan Area Transit Authority (WMATA).....	202.637.7000
Weatherization Assistance Program.....	540.955.5630
Widowed Persons Services of Northern Virginia .....	703.281.9595
William Ramsay Recreation Center.....	703.746.5558
Woodbine Rehabilitation and Heath Care Center.....	703.836.8838
YMCA.....	703.838.8085



## Adult Day Health Services

**Alexandria Adult Day Services Center ..... 703.746.5676**

**City of Alexandria, Division of Aging and Adult Services**

1108 Jefferson Street, Alexandria, VA 22314

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

Hours: 7:30 a.m. - 5:30 p.m., Monday-Friday

The Center provides respite for caregivers and day services in a safe, supervised environment for older persons who should not be home alone. Program includes therapeutic activities and health monitoring by a registered nurse. Medicaid payment accepted; sliding fee scale for low-income Alexandrians. Transportation can be arranged.

**Insight Memory Care Center ..... 703.204.4664**

2812 Old Lee Highway, Suite 210, Fairfax, VA 22031

[www.alzheimersfdc.org](http://www.alzheimersfdc.org)

The center offers a safe, uplifting and engaging environment for people with dementia and is a practical resource for caregivers.

## Adult Protective Services

**Adult Protective Services ..... 703.746.5778**

**City of Alexandria, Division of Aging and Adult Services**

**APS HOTLINE ..... 1.888.832.3858**

4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

Provides protective services to adults who are at risk of physical or mental harm due to neglect, abuse or exploitation including abuse of financial or personal assets.

## Advocacy

**Administration for Community Living (ACL) ..... 202.619.0724**

One Massachusetts Avenue, NW, Washington, DC 20001

[www.acl.gov](http://www.acl.gov)

ACL includes the Administration on Aging, the Administration on Intellectual and Developmental Disabilities, and the HHS Office on Disability and serves as the Federal agency responsible for increasing access to community supports, while focusing attention and resources on the unique needs of older Americans and people with disabilities.

**Alexandria Commission on Aging (COA)..... 703.746.5999 option 1**  
**City of Alexandria, Division of Aging and Adult Services**  
4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302  
[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)  
Composed of 21 city residents appointed by The Alexandria City Council, the COA studies and makes recommendations for proposed programs to serve seniors and advocates for aging issues. Monthly public meetings; call for times and locations.

**Domestic Violence Program..... 703.746.4911**  
**City of Alexandria, Domestic Violence and Sexual Assault**  
421 King Street, Suite 400, Alexandria, VA 22314  
[www.alexandriava.gov/DomesticViolence](http://www.alexandriava.gov/DomesticViolence)  
Support and resources for those experiencing physical assault, verbal abuse, emotional abuse, sexual abuse, harassment or threats.

**Northern Virginia Long-Term Care Ombudsman..... 703.324.5861**  
**TTY ..... 711**  
[www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman](http://www.fairfaxcounty.gov/dfs/olderadultservices/ltombudsman)  
Investigates complaints regarding care in nursing homes, assisted living facilities and home health agencies in the City of Alexandria, Fairfax, Arlington and Loudoun Counties.

**Sexual Assault Center ..... 703.683.7273**  
**City of Alexandria, Domestic Violence and Sexual Assault**  
421 King Street, Suite 400, Alexandria, VA 22314  
[www.alexandriava.gov/SexualViolence](http://www.alexandriava.gov/SexualViolence)  
Volunteers and staff are available 24 hours a day to provide crisis intervention, advocacy, counseling and information and referral.

**Caregiver Resources**

**Alexandria Adult Day Health Services Center**  
**Caregivers' Support Group ..... 703.746.5999 option 1**  
**City of Alexandria, Division of Aging and Adult Services**  
1108 Jefferson Street, Alexandria, VA 22314  
[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)  
Monthly support group that provides educational, emotional, and social support for caregivers of adults with medical and aging-related issues.

**CareRing ..... 703.516.6770**  
2503 D North Harrison Street, PMB#114, Arlington, VA 22207  
[www.crisislink.org](http://www.crisislink.org)  
A telephone support program offered by CrisisLink. Through daily phone calls, volunteers monitor physical and emotional well-being. They can also provide reminders for medications and doctor's appointments.

- Eldercare Locator**..... **1.800.677.1116**  
[www.eldercare.gov](http://www.eldercare.gov)  
 Nationwide service provided by the National Association of Area Agencies on Aging (N4A) to help families and friends find information about resources, services and programs for older adults and persons with disabilities.
- MedicAlert + Alzheimer’s Association Safe Return** ..... **1.888.572.8566**  
 3701 Pender Drive, Suite 400, Fairfax, VA 22030  
[www.alz.org/care/dementia-medic-alert-safe-return.asp](http://www.alz.org/care/dementia-medic-alert-safe-return.asp)  
 This program of the Alzheimer's Association of the National Capital Area provides ID bracelets for persons with memory loss who wander.
- Project Lifesaver** ..... **703.746.5151**  
 2003 Mill Road, Alexandria, VA 22314  
[www.alexandriava.gov/sheriff](http://www.alexandriava.gov/sheriff)  
 Program locates wandering adults and children through a wristband. Caregivers notify the sheriff’s office that a loved one is missing and a search and rescue team responds with tracking equipment.
- Senior Link (ACTS Helpline)**..... **703.368.4141**  
 Free call reassurance program that provides scheduled phone calls to senior citizens or physically disabled persons who are homebound.
- The Source Book, Guide to Retirement Living**..... **703.992.1100 or 1.800.394.9990**  
 1919 Gallows Road, Suite 200 Vienna, VA 22182  
[www.retirement-living.com](http://www.retirement-living.com)  
 Magazine that lists senior housing options, including independent living options, assisted living facilities, nursing facilities, home care agencies, other care resources, services and information for senior residents and their family members.

**Consumer Information**

- Consumer Affairs** ..... **703.746.4800**  
**TTY** ..... **703.838.5056**  
**City of Alexandria, Office of Communication and Public Information**  
 301 King Street, City Hall, Alexandria, VA 22314  
[www.alexandriava.gov/Consumers](http://www.alexandriava.gov/Consumers)  
 Provides information and referral to help resolve issues involving consumer issues and complaints.
- Consumer Product Safety Commission Hotline**..... **1.800.638.2772**  
[www.cpsc.gov](http://www.cpsc.gov)  
 This national hotline provides information about the safety of specific consumer products.

**Benefits Checkup ..... [www.benefitscheckup.org](http://www.benefitscheckup.org)**

A program of the National Council of the Aging (NCOA) that determines whether individuals are eligible for state and/or federal programs. Confidential and free service that does not require the provision of a name, address or Social Security number.

**National Active and Retired Federal Employees (NARFE) Association ..... 703.838.7760**

P.O. Box 17112, Alexandria, VA 22302

[www.narfe.org](http://www.narfe.org)

Telephone assistance for retirement and health care benefits for current and retired federal employees.

**National Fraud Information Center ..... [www.fraud.org](http://www.fraud.org)**

Gives consumers needed information to avoid becoming victims of telemarketing and Internet fraud and to help them get their complaints to law enforcement quickly and easily.

**U.S. Department of Health and Human Services Civil Rights Hotline**

**Main..... 1.800.368.1019**

**TTY ..... 1.800.537.7697**

[www.hhs.gov/ocr](http://www.hhs.gov/ocr)

Information regarding discrimination on the basis of race, national origin, religion, disability, age or gender identity, in state and federal health and human services programs.

**Virginia Department of Agriculture and Consumer Services Consumer Protection/Affairs Hotline ..... 1.800.552.9963**

**TTY ..... 1.800.828.1120**

1100 Bank Street, Suite 100, Richmond, VA 23219

[www.vdacs.virginia.gov](http://www.vdacs.virginia.gov)

Provides protection to consumers against fraudulent, deceptive, and illegal practices in the marketplace. Also provides assistance with consumer complaints, advice on consumer issues, dispute resolution alternatives, and information on how to become a smarter consumer.

**Counseling Services**

**Alcoholics Anonymous (Northern VA Intergroup) ..... 703.293.9753**

10400 Eaton Place, Suite 106, Fairfax, VA 22030

[www.nvintergroup.org](http://www.nvintergroup.org)

Provides support and help to those with alcohol dependency through self-help support groups.

**Center for Pastoral Counseling of Virginia ..... 703.903.9696**

3737 Seminary Road, Alexandria, VA 22304

[www.pastoralcounseling.com](http://www.pastoralcounseling.com)

Professional counseling for individuals, couples, adolescents, children and families.

- Haven of Northern Virginia** ..... **703.941.7000**  
 4606 Ravensworth Road, Annandale, VA 22003  
[www.havenofnova.org](http://www.havenofnova.org)  
 A non-profit, non-sectarian community organization of trained volunteers that offers emotional support to the bereaved, the seriously ill, the dying and to their families and friends. Provides education to the community about the needs of those who are grieving.
- Jewish Social Service Agency (JSSA)** ..... **703.204.9100**  
 3018 Javier Road, 2nd Floor, Fairfax, VA 22031  
[www.jssa.org](http://www.jssa.org)  
 Non-sectarian organization that provides information and referral, counseling, home visit assessments, and friendly visiting for older persons.
- Multicultural Clinical Center** ..... **703.354.0000**  
 6563 Edsall Road, Springfield, VA 22151  
[www.mccva.com](http://www.mccva.com)  
 Therapy in a wide range of languages including Farsi, Spanish, Korean, Vietnamese, Sign Language and several Middle Eastern languages. Accepts Medicaid for home-based services.
- Northern Virginia Family Services (NVFS)** ..... **571.748.2840**  
 5249 Duke Street, Suite 308, Alexandria, VA 22304  
[www.nvfs.org](http://www.nvfs.org)  
 Empowers individuals and families to improve their quality of life, and to promote community cooperation and support in responding to family needs. Provides counseling on a sliding fee scale.
- Widowed Persons Services of Northern Virginia** ..... **703.281.9595**  
 Support for newly widowed individuals including telephone assistance, monthly meetings, and special activities.

## Disability Services

- Autism Society Northern Virginia Chapter** ..... **703.495.8444**  
 98 North Washington Street, Falls Church, VA 22046  
[www.asnv.org](http://www.asnv.org)  
 Provides information regarding treatment, education, research and advocacy for individuals who have autism and their families.
- Brain Injury Association of America** ..... **703.761.0750**  
 1608 Spring Hill Road, Suite 110, Vienna, VA 22182  
[www.biausa.org](http://www.biausa.org)  
 Assists with increasing access to quality health care and raising awareness and understanding of Brain Injuries through advocacy, education and research.

**Children and Adults with Attention Deficit/Hyperactivity Disorder of Northern Virginia (CHADD) ..... 703.641.5451**

P.O. Box 2645, Fairfax, VA 22031

[www.chadd.org](http://www.chadd.org)

Non-profit organization providing education, advocacy and support for individuals who have Attention Deficit Hyperactivity Disorder; publishes material on research, medications and treatments.

**ENDependence Center of Northern Virginia, Inc..... 703.525.3268**

2300 Clarendon Boulevard, Suite 305, Arlington, VA 22201

[www.ecnv.org](http://www.ecnv.org)

Community-based resource and advocacy center managed by and for people with disabilities. Provides peer counseling, independent living skills and travel training.

**Spina Bifida Association of the Mid-Atlantic Region..... 1.866.938.3407**

4590 MacArthur Boulevard, NW Suite 250, Washington, DC 20007

[www.sbamar.org](http://www.sbamar.org)

Supports individuals who have Spina Bifida and similar conditions and their families.

**The Arc of Northern Virginia ..... 703.532.3214**

2755 Hartland Road, Suite 200, Falls Church, VA 22043

[www.thearcofnova.org](http://www.thearcofnova.org)

Promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community. Offers information on guardianship, Medicaid Waivers, community education, transition resources and referrals.

**The National Multiple Sclerosis Society National Capital Chapter..... 202.296.5363**

1800 M. Street NW, Suite 750, South Washington, DC 22036

[www.nationalmssociety.org/index.aspx](http://www.nationalmssociety.org/index.aspx)

Addresses challenges of living with Multiple Sclerosis and offers programs for individuals and their families.

**United Cerebral Palsy Affiliates ..... 202.269.1500**

3135 8<sup>th</sup> Street NE, Washington, DC 20017

[www.ucp.org](http://www.ucp.org)

Serves all individuals who have disabilities and their families through education, employment, housing, family support and adult day rehabilitation.



## Educational Opportunities

### **Adult and Community Education..... 703.824.6845**

T.C. Williams High School

3330 King Street, Alexandria, VA 22302

[www.acps.k12.va.us/forms/adult-highschool](http://www.acps.k12.va.us/forms/adult-highschool)

Classes include basic education, English as a Second Language (ESL), employment training, GED and high school diplomas and other training programs.

### **Adult Learning Center..... 703.461.4179**

Stonewall Jackson Building

25 South Quaker Lane, Room 28, Alexandria, VA 22314

[www.acps.k12.va.us/interim-education](http://www.acps.k12.va.us/interim-education)

Offers GED preparation, basic computer classes, basic reading for non-readers, and English as a Second Language (ESL) classes for foreign-born persons. Call for fees.

### **Encore Learning (formerly ALRI)..... 703.228.2144**

2110 Washington Boulevard, Arlington, VA 22204

[www.arlingtonlri.org](http://www.arlingtonlri.org)

Offers courses, special events, social activities, and non-degree college-level courses in social sciences, history, arts and humanities, law, politics, science, engineering, health and wellness, and public affairs. Open to anyone in DC Metro area, age 50 and over. Annual membership dues.

### **Experience Works (formerly Green Thumb, Inc.) ..... 703.522.7272**

4401 Wilson Boulevard, Suite 1100, Arlington, VA 22203

[www.experienceworks.org](http://www.experienceworks.org)

A national, charitable, community based organization originally named Green Thumb. Experience Works helps low-income seniors with multiple barriers to employment get the training they need to find good jobs in their communities.

### **Hogar Immigrant Services**

#### **(Catholic Charities of the Diocese of Arlington)..... 703.534.9805**

6201 Leesburg Pike, Suite 307, Falls Church, VA 22044

[www.hogarimmigrantservices.org](http://www.hogarimmigrantservices.org)

Offers a combination of legal consultation and representation, naturalization assistance, English-language instruction and other adult education programs.

### **Lifetime Learning /Lifelong Learning Institute ..... 703.503.0600**

Northern Virginia Community College

8333 Little River Turnpike, Annandale, VA 22003

[www.lli.nova.org](http://www.lli.nova.org)

Offers non-credit classes, discussion groups, seminars, and trip for seniors.

**Literacy Council of Northern Virginia, Inc..... 703.237.0866**

2855 Annandale Road, Falls Church, VA 22042

[www.lcnv.org](http://www.lcnv.org)

LCNV-trained volunteers and paid instructors teach a personalized curriculum that helps adults improve their employment opportunities, become citizens, acquire consumer skills, and increase their involvement in their children's education.

**Northern Virginia Community College - Community Education ..... 703.845.6227**

3001 North Beauregard Street, Alexandria, VA 22311

[www.nvcc.edu](http://www.nvcc.edu)

Free, non-credit courses to persons 60+ on space available basis if not part of certification program.

**Osher Lifelong Learning Institute (OLLI) ..... 703.503.3384**

George Mason University

4210 Roberts Road, Fairfax, VA 22032

[www.oli.gmu.edu](http://www.oli.gmu.edu)

Independent, non-profit institute that provides intellectual and cultural experiences for residents in their retirement years. Annual membership fee.

**Road Scholar ..... 1.800.454.5768**

11 Avenue De Lafayette, Boston, MA 02111

[www.road scholar.org](http://www.road scholar.org)

Offers educational tours in all 50 states and 150 countries. Older adults can experience in-depth and behind-the-scenes learning opportunities from cultural tours and study cruises to walking and biking.

**Saint Martin de Porres Senior Center..... 703.751.2766**

4650 Taney Avenue, Alexandria, VA 22304

[www.cdda.net/programs\\_elderly.php](http://www.cdda.net/programs_elderly.php)

Conducts English as a Second Language (ESL) classes and computer skills training for individuals over age 60.

## Employment

**Experience Works (formerly Green Thumb, Inc.)..... 703.522.7272**

4401 Wilson Boulevard, Suite 1100, Arlington, VA 22203

[www.experienceworks.org](http://www.experienceworks.org)

Job placements for seniors through "Experience Works" staffing service. A national non-profit organization that provides training and employment services to mature workers.

**NCOA Northern Virginia Workforce Resource Center ..... 571.335.4027**  
85 South Bragg Street, Suite 301, Alexandria, VA 22312  
Manages and operates the Senior Community Service Employment Program (SCSEP—also known as Title V). SCSEP matches eligible older adults with part-time jobs in community service organizations.

**Senior Employment Resources ..... 703.750.1936**  
P. O. Box 1324, Annandale, VA 22003  
[www.seniorjobs.org](http://www.seniorjobs.org)  
Provides information and resources for seniors to help them locate suitable job openings and to enhance their ability to secure interviews and receive job offers.

**Virginia Employment Commission Job Service ..... 703.813.1300**  
5520 Cherokee Avenue, Alexandria, VA 22312  
[www.vec.virginia.gov](http://www.vec.virginia.gov)  
Referral, placement and screening services for work-ready applicants; unemployment benefits, counseling and related vocational and aptitude testing.

## Financial Assistance

**Customer Call Center..... 703.746.5700**  
**City of Alexandria, Department of Community and Human Services**  
2525 Mount Vernon Avenue, Alexandria, VA 22301  
[www.alexandriava.gov/DCCHS](http://www.alexandriava.gov/DCCHS)  
Eligibility services for Virginia public benefits, including Medicaid, SNAP (formerly Food Stamps) and General Relief.

**Direct Deposit for Social Security Checks..... 1.800.772.1213**  
**TTY ..... 1.800.325.0778**  
6295 Edsall Road, Suite 190, Alexandria, VA 22312  
[www.ssa.gov/deposit](http://www.ssa.gov/deposit)  
Senior citizens are encouraged to use Direct Deposit to checking or savings accounts to prevent delay or theft of federal benefit payments. Call local Social Security Administration at number above.

**Money Management International ..... 1.866.531.3433**  
[www.cccswdc.org](http://www.cccswdc.org)  
Counsels families and individuals with financial problems. Provides assistance in renegotiating delinquent home mortgages and other credit payments. Also assists those needing reverse mortgages and first-time home buyers.

**Pension Rights Center..... 202.296.3776**  
1350 Connecticut Avenue, NW, Washington, DC 20036  
[www.pensionrights.org](http://www.pensionrights.org)  
Non-profit organization helps with pension questions and problems.

**The United States Social Security Administration ..... 703.274.0145**  
**Toll-Free ..... 1.800.772.1213**  
**TTY ..... 1.800.325.0778**

6295 Edsall Road, Suite 190, Alexandria, VA 22312

[www.ssa.gov](http://www.ssa.gov)

Administers Social Security Retirement Benefits and Survivors Insurance, Disability Insurance and Supplemental Security Income (SSI). Assists applicants to file for benefits/answers inquiries.

## Food and Nutrition

**Alexandria Cooperative Extension Office - Nutrition Education ..... 703.746.5544**

1108 Jefferson Street, Alexandria, VA 22314

[www.ext.vt.edu](http://www.ext.vt.edu)

Free nutrition education for individuals and groups.

**Liquid Supplement Program ..... 703.746.5999 option 1**

**City of Alexandria, Division of Aging and Adult Services**

4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

Once a month delivery of nutritional liquid food supplement (3 flavors available) for low-income persons aged 60+ who are unable to prepare meals and have a doctor's prescription for the supplement.

**Meals on Wheels ..... 703.746.5999 option 1**

**City of Alexandria, Division of Aging and Adult Services**

4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

Provides two nutritious meals, one hot and one cold, delivered at mid-day, seven days a week for person's age 60+ who are homebound, meet Department of Aging criteria and cannot afford to pay for meals.

**Meals on Wheels ..... 703.836.4414 extension 12**

**Senior Services of Alexandria**

700 Princess Street, Alexandria, VA 22314

[www.seniorservicesalex.org](http://www.seniorservicesalex.org)

Provides two nutritious meals, one hot and one cold, delivered seven days a week for private pay clients.

**Supplemental Nutrition Assistance Program (SNAP-formerly Food Stamps)  
City of Alexandria, Benefits Programs ..... 703.746.5801**  
2525 Mount Vernon Avenue, Alexandria, VA 22301  
[www.dss.virginia.gov/benefit](http://www.dss.virginia.gov/benefit)  
SNAP (formerly Food Stamps) can be used like cash to buy eligible food items from authorized retailers. A SNAP account is established for eligible households and automatic deposits are made into the account each month.

**SHARE (Food network)..... 301.864.3115 or 1.800.217.4273**  
5170 Lawrence Place, Hyattsville, MD 20781  
[www.sharedc.org](http://www.sharedc.org)  
A cooperative food program which enables registered participants to get food once a month at a bargain rate. Monthly value packages cost just \$20 and include \$40-\$50 worth of basic and healthy groceries.

**Health Care Professional Referral Services**

**INOVA Alexandria Hospital Physician Referral..... 1.855.694.6682**  
**Virginia Department of Health Professions  
(Virginia Board of Medicine)..... 1.800.533.1560**  
[www.dhp.virginia.gov](http://www.dhp.virginia.gov)  
Enforces standards of practice and provides health care information to health practices and public. License look up.

**Health Care Services**

**Clinics - General Medical**

**Alexandria Neighborhood Health Services, Inc. .... 703.535.5568**  
[www.anhsi.org](http://www.anhsi.org)  
Federally qualified low-cost health center for all ages and genders. All insurances accepted and there is no City residency requirement.

**Casey Clinic (Flora Krause Casey Health Center)..... 703.746.4886**  
1200 North Howard Street, Alexandria, VA 22304  
General medical and specialty care to Alexandria residents who meet state income guidelines. Services include clinics for medical, surgery follow-up, urology, ear, nose and throat, allergies, oncology, nutrition counseling, audiology screenings, and pharmacy.

**City of Alexandria, Health Department..... 703.746.4996**  
4480 King Street, Alexandria, VA 22302  
[www.alexhealth.org](http://www.alexhealth.org)  
Services include blood pressure screening, blood sugar testing, chest clinic, speech therapy, home visits for counseling and supervision of health conditions.

**Fort Belvoir Outpatient Clinic** ..... **571.231.2408**  
9300 Dewitt Loop, Sunrise Pavilion, Fort Belvoir, VA 22060  
www2.va.gov  
Outpatient services for veterans.

**Queen Street Clinic** ..... **703.299.9701**  
1000 Queen Street, Alexandria, VA 22314  
This clinic is for the medically uninsured, provides full check-ups and diagnoses for any illness or concern.

## Clinics - Kidney Dialysis

**Alexandria Kidney Center (Dialysis Service)** ..... **703.370.8250**  
4141 Duke Street, Alexandria, VA 22304  
www.dialysiscenters.org  
Provides kidney dialysis, Continuous Ambulatory Peritoneal Dialysis and support services.

**DaVita Dialysis Center** ..... **1.800.424.6589**  
5999 Stephenson Avenue, Suite 100, Alexandria, VA 22304 ..... **703.751.3892**  
5150 Duke Street, Alexandria, VA 22304 ..... **703.823.7945**  
www.davita.com  
Provides a complete range of dialysis treatments and support services for patients living with chronic kidney failure.

## Dental Care

**Alexandria Neighborhood Health Services, Inc. Dental Clinic (ANHSI Dental Clinic)** ..... **703.535.5568**  
4480 King Street, 1st Floor, Alexandria, VA 22302  
www.anhsi.org  
Dental care for low-income children and seniors 60+. Medicaid, Commercial/Private Insurance and sliding scale fee discount for the uninsured.

**Howard University, College of Dentistry Dental Clinic** ..... **202.806.0008**  
600 W Street, NW, Washington, D.C. 20059  
Extensive range of dental treatments and oral health care services for adults and children.

**Northern Virginia Community College Dental Hygiene Clinic** ..... **703.822.6673**  
6699 Springfield Center Drive, Springfield, VA 22150  
www.nvcc.edu  
Free routine preventive services such as examination, cleaning, polishing and oral cancer screening, performed by students under supervision.



**Northern Virginia Dental Clinic of the Northern VA Dental Society ..... 703.820.7170**  
5827 Columbia Pike, Suite 405, Falls Church, VA 22041  
www.nvds.org/northern-virginia-dental-clinic  
Preventive dental exams, regular dental care, and dentures. Sliding scale fees. Referral needed from Department of Community and Human Services 703.746.5901.

## Eye and Vision Care

**Community Action Agency..... 703.746.5700**  
**City of Alexandria, Department of Community and Human Services**  
2525 Mount Vernon Avenue, Alexandria, VA 22301  
www.alexandriava.gov/DCHS  
Coordinates with the Lions Club to provide eyeglasses to the financially needy. DCCHS may also be able to assist with the cost of an eye exam.

**Eye Care America..... www.eyecareamerica.org**  
Referral for eye care for needy persons aged 65 and older. Referrals must be done via website.

**Prevention of Blindness Society of Metro Washington ..... 202.234.1010**  
1775 Church Street, NW, Washington, DC 20036  
www.youreyes.org  
Offers eyeglasses to the financially needy. Client must not be able to receive glasses from a public program, and be unable to afford the full fee of glasses. Appointment required. No residency required.

**Prevention of Blindness Society Low Vision Learning Center ..... 703.652.7803**  
103 South Alfred Street, Alexandria, VA 22314  
www.youreyes.org  
Offers a variety of programs and services for people with low vision including examinations and personalized rehabilitation programs. They also provide individuals the opportunity to test the latest visual aids and low vision technology.

## Mental Health

**Alcohol and Substance Abuse Services (Detox).....703.746.3600 or 703.746.3636**  
**City of Alexandria, Department of Community and Human Services**  
2355A Mill Road, Alexandria, VA 22314  
www.alexandriava.gov/DCCHS  
Detox Center offers detox services as well as drug and alcohol treatments services.

**Dominion Hospital..... 703.538.2872**  
2960 Sleepy Hollow Road, Falls Church, VA 22044  
www.dominionhospital.com  
Assessments conducted at the hospital. Third party payments accepted.

**First Step..... 703.538.2872**

2960 Sleepy Hollow Road, Falls Church, VA 22044

[www.dominionhospital.com](http://www.dominionhospital.com)

Free, confidential mental health information, assessment and referral service.

**George Washington University Hospital - Geriatric Center ..... 202.741.2222**

2150 Pennsylvania Avenue, NW, Room 5-425, Washington, D.C. 20037

[www.gwhospital.com](http://www.gwhospital.com)

Medical and psychiatric evaluations of the elderly. Call for appointment.

**INOVA Comprehensive Addiction Treatment Services (CATS) ..... 703.776.7777**

3300 Gallows Road, Falls Church, VA 22042

[www.inova.org](http://www.inova.org)

Inpatient Program: admission by scheduled appointment, 24 hours per day, 7 days per week. CATS offers a series of structured programs for patients and their concerned others, tailoring services according to individual needs. Treatment and counseling are provided by a professional staff of addiction specialists, including physicians, psychiatrists, nurses, certified addiction counselors and licensed professional counselors.

**Mental Health America..... 703.684.7722**

2000 North Beauregard Street, 6<sup>th</sup> Floor, Alexandria, VA 22311

[www.nmha.org](http://www.nmha.org)

Advocacy, community outreach and education for persons with mental health disorders.

**Older Adult Clinical Services ..... 703.746.3400**

**City of Alexandria, Clinical and Emergency Services**

4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302

[www.alexandriava.gov/DCHS](http://www.alexandriava.gov/DCHS)

Geriatric mental health evaluation team provides a professional assessment of mental health and substance abuse problems, provides case management services, one-on-one therapy and makes referrals to appropriate services.

## **Mental Health – Day Treatment and Inpatient Programs**

**Dominion Hospital..... 703.538.2872**

2960 Sleepy Hollow Road, Falls Church, Virginia 22044

[www.dominionhospital.com](http://www.dominionhospital.com)

Offers senior adult inpatient and partial hospitalization programs, free mental health information and referral, geriatric evaluations, and home visits by psychiatric nurses.

**INOVA Fairfax Behavioral Health Services ..... 703.660.8100**

6910 Richmond Highway, Suite 110, Alexandria, VA 22306

[www.inova.org](http://www.inova.org)

Psychiatric day hospital for adults.

## Health Education Resources

**ABCD Helpline (After Breast Cancer Diagnosis)..... 1.800.221.2141**

This 24 hours hot line offers breast cancer information and support.

**Alzheimer's Association (National Capital Area)..... 703.359.4440**  
**1.800.272.3900 24 hour/7 day helpline**

3701 Pender Drive, Suite 400, Fairfax, VA 22030

[www.alz.org/nca](http://www.alz.org/nca)

Patient care information and support groups for families of Alzheimer's patients in all stages of dementia.

**Alzheimer's Disease Education and Referral Center ..... 1.800.438.4380**

3701 Pender Drive, Suite 400, Fairfax, VA 22030

Alzheimer's Support Group Helpline 703.359.4440

[www.alzheimers.org/clintrials](http://www.alzheimers.org/clintrials)

Information on diagnosis, treatment, and research of Alzheimer's Disease. Services for patients and families.

**American Cancer Society ..... 703.938.5550**

124 Park Street, SE, Vienna, VA 22180

[www.cancer.org](http://www.cancer.org)

Services to cancer patients and their families including education, patient services and rehabilitation. For transportation to treatments call 1.888.227.6333.

**American Diabetes Association.....703.549.1500 or 1.800.342.2383**

1701 North Beauregard Street, Alexandria, VA 22311

[www.diabetes.org](http://www.diabetes.org)

Provides information and advice to people with diabetes and their families, including books, brochures, magazine articles and nutrition information.

**American Heart Association (Greater Washington Region)..... 703.248.1700**

4301 North Fairfax Drive, Suite 530, Arlington, VA 22203

[www.americanheart.org](http://www.americanheart.org)

Information on heart disease and stroke, blood pressure screenings, CPR and nutrition classes.

**Arthritis Foundation (Metropolitan Washington Chapter)..... 1.800.365.3811**

4720 Montgomery Lane, Bethesda, MD 20814

[www.arthritis.org](http://www.arthritis.org)

Information and education on arthritis, related diseases, self-help courses and support groups.

**INOVA Healthsource Senior Services..... 1.855.694.6682**

8110 Gatehouse Road, Falls Church, VA 22042

[www.inova.org](http://www.inova.org)

Information on health education classes and the Senior Health Access Resources and Education Program (SHARE). Health and service discounts, health screenings, newsletters, emergency ID cards, and educational presentations.

## **Durable Medical and Rehabilitation Equipment**

**Washington Area Wheelchair Society ..... 1.855.694.6682**

8220 Mayor Lane, Silver Spring, MD 20901

Collects, refurbishes, and distributes used durable medical equipment to the medically and financially needy in Virginia, Maryland, and Washington, DC. Information and referral services to assist those with medical insurance, Medicare or Medicaid.

## **Health Insurance**

### **Counseling**

**State Corporation Commission ..... 1.800.552.7945 or 804.371.9741**

**Bureau of Insurance**

P.O. Box 1157, Richmond, VA 23209

[www.scc.virginia.gov/boi](http://www.scc.virginia.gov/boi)

Processes inquiries or complaints about insurances. Provides information about insurance companies and facilities licensed by the state.

**Virginia Insurance Counseling and Assistance Program (VICAP) ..... 703.228.1700**

2100 Washington Boulevard, 4th Floor, Arlington, VA 22204

Free Medicare education and counseling regarding Medicare health insurance options and assistance with medical insurance forms. Educational workshops offered to public on Medicare insurance issues.

## **Medicaid**

**Medicaid Program ..... 703.746.5902**

**City of Alexandria, Benefits Programs**

2525 Mount Vernon Avenue, Alexandria, VA 22301

[www.alexandriava.gov/CommonHelp](http://www.alexandriava.gov/CommonHelp)

Medicaid is an assistance program that pays medical service providers for medical services to eligible low-income individuals.

## Medicare

**Centers for Medicare and Medicaid Services (CMS)..... 1.800.MEDICARE**

[www.medicare.gov](http://www.medicare.gov)

[www.cms.gov](http://www.cms.gov)

Speak to a representative regarding enrollment, drug coverage, preventative services, durable medical equipment competitive bidding program, billing and claims, and general questions.

**Medicare HMO Appeals Hotline ..... 1.888.466.9050**

[www.medicarerights.org](http://www.medicarerights.org)

The Medicare Rights Center operates a national Medicare HMO hotline to assist Medicare HMO members who are appealing HMO denials of care or coverage.

**Social Security Administration – Medicare..... 1.800.772.1213**

6295 Edsall Road, Suite 190, Alexandria, VA 22312

[www.ssa.gov](http://www.ssa.gov)

Federal health insurance program for persons 65+ and persons of any age with certain certifiable disabilities.

## In-Home Care and Assistance

**Companion Service Program ..... 703.746.5999 option 1**

**City of Alexandria, Division of Aging and Adult Services**

4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

Companion Service Program provides free assistance with housekeeping, laundry and shopping for eligible persons.

**Door Thru Door (Home Care Partner's, Inc.) ..... 202.638.0736**

1234 Massachusetts Avenue, NW, Suite C-1002, Washington, D.C. 20005

Service provides a free home health aide to accompany clients to medical appointments. Client provides or arranges transportation.

**Friendly Visitor Program ..... 703.836.4414 extension 20**

**Senior Services of Alexandria**

700 Princess Street, Alexandria, VA 22314

Volunteers make weekly visits to elderly people residing in the City of Alexandria. The goal of the program is to relieve loneliness and the feelings of isolation experienced by many of the City's seniors.

**Snow Buddies..... 703.746.4357**  
**City of Alexandria, Office of Communication and Public Information**  
301 King Street, Room 1900, Alexandria, VA 22314  
Provide snow removal assistance for low-income, homeowners or occupants who are elderly or disabled. The City and Volunteer Alexandria will match eligible residents with volunteers who can shovel their snow.

## Hospice Services

**National Hospice and Palliative Care Organization ..... 703.837.1500**  
1731 King Street, Suite 100, Alexandria, VA 22314  
[www.nhpco.org](http://www.nhpco.org)  
Organization advocates for the terminally ill and their families. Develops public and professional educational programs and materials to enhance understanding and availability of hospice and palliative care, provides technical informational resources to its membership, conducts research, monitors Congressional and regulatory activities and works closely with other organizations that share an interest in end of life care.

## Hospitals

**INOVA Alexandria Hospital ..... 703.504.3000**  
4320 Seminary Road, Alexandria, VA 22304  
[www.inova.org/iah](http://www.inova.org/iah)  
Also offers home healthcare through the INOVA Visiting Nurses Association of Northern Virginia.

## Housing

### Adult Care Residences/Assisted Living

**District Home**  
**Birmingham Green Assisted Living Facility ..... 703.257.0935**  
8605 Centreville Road, Manassas, VA 20110  
[www.birminghamgreen.org](http://www.birminghamgreen.org)  
Private pay assisted living facility offering private and semi-private rooms.

**Sunrise Assisted Living of Alexandria ..... 703.212.9192**  
3520 Duke Street, Alexandria, VA 22304  
[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)  
Private pay assisted living. Includes assisted living units, Alzheimer's and memory care unit and short term stay units.

**LaBier Assisted Living..... 703.370.7555**

Dawes House, 5708 Dawes Avenue, Alexandria, VA 22311

David Lane House, 4009 David Lane, Alexandria, VA 22311

Private pay assisted living facilities for residents with Alzheimer’s disease, dementia or other related conditions that need daily assistance.

**Willow Oaks**

**Birmingham Green Assisted Living Facility ..... 703.257.0935**

8605 Centreville Road, Manassas, VA 20110

www.birminghamgreen.org

Assisted living facility for adults eligible for Auxiliary Grant Program. Private and semi-private rooms. Admission available through Division of Aging and Adult Services. Call 703.746.5999 option 1.

**Continuing Care Retirement Communities**

A continuing Care Retirement Community (CCRC) is a retirement community that offers independent living, assisted living and skilled nursing all on one campus.

**Goodwin House..... 703.578.1000**

4800 Fillmore Avenue, Alexandria, VA 22311

www.goodwinhouse.org

**The Hermitage in Northern Virginia..... 703.797.3844**

5000 Fairbanks Avenue, Alexandria, VA 22311

www.hermitage-nova.com

**The Fountains at Washington House ..... 703.845.5100**

5100 Fillmore Avenue, Alexandria, VA 22311

www.watermarkcommunities.com/washingtonhouse

**Emergency Shelters and Homelessness Prevention Services**

**Alexandria Community Shelter**

**City of Alexandria, Office of Community Services**

2355B Mill Road, Alexandria, VA 22314

Single men or women..... 703.548.0452

Families with children..... 703.746.5700

65-bed shelter for single men, single women and families.

**ALIVE! House**

**125 Payne St. Alexandria, VA 22314 ..... 703.684.1430**

**2723 King St. Alexandria, VA 22314 ..... 703.837.9300**

www.alive-inc.org

Shelter for single or married women, with or without children, and men with children.



**Carpenter's Shelter** ..... 703.548.7500  
 930 North Henry Street, Alexandria, VA 22314  
[www.carpentersshelter.org](http://www.carpentersshelter.org)  
 Single men and women..... 703.548.0452  
 Families with children..... 703.746.5700  
 Shelter for individuals and families. Provides an overnight hypothermia unit in winter.

**Christ House** ..... 703.549.8644  
**Catholic Charities of Arlington Diocese**  
 131 South West Street, Alexandria. VA 22314  
[www.cdda.net](http://www.cdda.net)  
 Soup kitchen offers meals at 5 p.m. daily.

**Eviction Assistance and Homeless Prevention Program (HPP)** ..... 703.746.5700  
**City of Alexandria, Department of Community and Human Services**  
 2525 Mount Vernon Avenue, Alexandria, VA 22301  
[www.alexandriava.gov/DCCHS](http://www.alexandriava.gov/DCCHS)  
 Provides emergency rental payment, security deposit and assistance with furniture storage in eviction cases for Alexandria residents facing homelessness.

## Nursing Homes / Facilities / Services

Nursing home care is for those persons who require less than the acute care provided by a hospital, but for whom adequate nursing services are not available at home, in the community. Call 703.746.5999 for information on area nursing homes.

**Birmingham Green Nursing Facility** ..... 703.257.0935  
 8605 Centreville Road, Manassas, VA 20110  
[www.birminghamgreen.org](http://www.birminghamgreen.org)  
 Skilled, intermediate care and a specialized dementia unit. Call the Division of Aging and Adult Services, 703.746.5999 for state assistance.

**Envoy of Alexandria** ..... 703.684.9100  
 900 Virginia Avenue, Alexandria, VA 22302  
[www.envoycare.com](http://www.envoycare.com)

**Woodbine Rehabilitation and Health Care Center**..... 703.836.8838  
 2729 King Street, Alexandria, VA 22302  
[www.woodbinerehab.com](http://www.woodbinerehab.com)



## Subsidized Housing (Independent Living)

In subsidized, or government assisted HUD housing, tenants pay about 30% of their income for rent. Residents must be age 62+ or be disabled and be income eligible. Call the following for specific rental costs and waiting list information.

**Alexandria Redevelopment & Housing Authority (ARHA)..... 703.549.7115**

18 Roth Street, Alexandria, VA 22314

Information and applications for housing vouchers, subsidized housing and public housing for low-income persons.

**Annie B. Rose House ..... 703.548.4946**

399 Pendleton Street Alexandria, VA 22314

**Claridge House II ..... 703.823.5444**

301 North Ripley Street Alexandria, VA 22304

**Foxchase of Alexandria ..... 571.451.0532**

320 North Jordan Street Alexandria, VA 22304

**Old Towne West..... 703.549.4343**

500 South Alfred Street Alexandria, VA 22314

## Other Housing Resources

**Apartment Locator Services (FREE) Southern Management..... 1.888.612.7868**

2 Sun Court, NW, Suite 300, Norcross, GA 30092

[www.apartmentfinder.com](http://www.apartmentfinder.com)

**Home Ownership Assistance Program ..... 703.746.3099/3097**

**City of Alexandria, Office of Housing**

421 King Street, Suite 200, Alexandria, VA 22314

Office of Housing offers affordable homeownership opportunities for low-income City resident homebuyers.

**Home Rehabilitation/Repair Loans ..... 703.746.4990**

**City of Alexandria, Office of Housing**

421 King Street, Suite 200, Alexandria, VA 22314

[www.alexandriava.gov/Housing](http://www.alexandriava.gov/Housing)

Offers interest free home rehabilitation loans and grants to qualified persons with low-income or persons with disabilities to make home or accessibility improvements. Also offers Home Ownership Assistance Program for all eligible City residents.

- Landlord/Tenant Relations ..... 703.746.4990**  
**City of Alexandria, Office of Housing**  
 421 King Street, Suite 200, Alexandria, VA 22314  
[www.alexandriava.gov/Housing](http://www.alexandriava.gov/Housing)  
 Investigates and mediates disputes between landlords and tenants involving rental housing.
- Real Estate Tax/Property Tax Relief/Deferral ..... 703.746.3909/3902**  
**City of Alexandria, Office of Housing**  
 421 King Street, Suite 200, Alexandria, VA 22314  
[www.alexandriava.gov/Housing](http://www.alexandriava.gov/Housing)  
 Real estate and property taxes can be forgiven or deferred for qualified persons over 65 or those with a total or permanent disability who meet income criteria.
- Rebuilding Together Alexandria ..... 703.836.1021**  
 700 Princess Street, Mezzanine Suite 206, Alexandria, VA 22314  
[www.rebuildingtogetheralex.org](http://www.rebuildingtogetheralex.org)  
 Volunteers make repairs free of charge to the homes of low-income elderly and disabled persons.
- Rental Accessible Modification Program (RAMP) ..... 703.746.4990**  
**City of Alexandria, Office of Housing**  
 421 King Street, Suite 200, Alexandria, VA 22314  
[www.alexandriava.gov/Housing](http://www.alexandriava.gov/Housing)  
 Program assists low and moderate income renters with physical disabilities in completing modifications to improve accessibility to their residences.
- Rent Relief Program ..... 703.746.5918**  
**City of Alexandria, Office of Community Services**  
 2525 Mount Vernon Avenue, Alexandria, VA 22301  
[www.alexandriava.gov/DCCHS](http://www.alexandriava.gov/DCCHS)  
 Grants available for qualified renters 65 years and older or those with a permanent disability.
- Virginia Housing Development Authority Accessibility ..... 804.782.1986**  
[www.vhda.com](http://www.vhda.com)  
 Helps improve accessibility in homes for people with physical and sensory disabilities.

## Information and Referral

### REGIONAL RESOURCES DIAL 211

**Call.Click.Connect..... 703.746.4357**

**City of Alexandria, Office of Communications and Public Information**

301 King Street, Room 1900, Alexandria, VA 22314

[www.alexandriava.gov/ContactUs](http://www.alexandriava.gov/ContactUs)

Information and referral to services in the City of Alexandria and a means of communicating with City officials and staff.

**Customer Call Center..... 703.746.5700**

**City of Alexandria, Department of Community and Human Services**

2525 Mount Vernon Avenue, Alexandria, VA 22301

[www.alexandriava.gov/DCCHS](http://www.alexandriava.gov/DCCHS)

Information on social services and public benefits assistance; mental health, intellectual disability and substance abuse services; and support initiatives for women.

**SeniorNavigator/disAbilityNavigator (VirginiaNavigator)..... 1.866.393.0957**

[www.virginiannavigator.org](http://www.virginiannavigator.org)

A free public service and website for Virginians seeking resources for seniors and persons with disabilities.

#### **Senior Helpline**

**(Jewish Council for the Aging of Greater Washington)..... 703.425.0999**

12320 Parklawn Drive, Rockville, MD 20852

[www.accessjca.org](http://www.accessjca.org)

Provides information and referral on a wide range of senior services.

## Legal Services

**Alexandria Bar Association Lawyer Referral..... 703.548.1106**

520 King Street, Suite 202, Alexandria, VA 22314

[www.alexandriabarva.org](http://www.alexandriabarva.org)

Referral to members of the private bar. Consultations at a nominal fee.

#### **American Association of Retired Persons (AARP)**

**AARP Legal Services Network..... 1.866.330.0753**

[www.aarplsbyge.org](http://www.aarplsbyge.org)

Free access to AARP legal network directory of attorneys. Free initial consultation with a lawyer in your neighborhood, for members.

**Commonwealth's Attorney ..... 703.746.4100**

**City of Alexandria, Office of the Commonwealth Attorney**

Courthouse, 520 King Street, Suite 301, Alexandria, VA 22314

[www.alexandriava.gov/commattorney](http://www.alexandriava.gov/commattorney)

This office is responsible for prosecution of criminal and traffic offenses in Virginia. Provides assistance to crime victims and witnesses.

**Human Rights ..... 703.746.3140/5419**

**City of Alexandria, Office of Human Rights**

421 King Street, Suite 400, Alexandria, VA 22314

[www.alexandriava.gov/HumanRights](http://www.alexandriava.gov/HumanRights)

Enforces the non-discrimination provisions of the City's Human Rights Ordinance, including discrimination based on age.

**Legal Services of Northern Virginia**

**Alexandria Office ..... 703.684.5566**

**Intake Line ..... 703.778.6800**

**Toll Free ..... 866.534.5243**

603 King Street, Alexandria, VA 22314

[www.lsnv.org](http://www.lsnv.org)

Non-profit public interest law firm that provides advice to person's age 60+ regardless of income. Provides free legal assistance to low-income residents of Northern Virginia.

**National Academy of Elder Law Attorneys (NAELA) ..... 703.942.5711**

1577 Spring Hill Road, Suite 220, Vienna, VA 22182

[www.naela.org](http://www.naela.org)

A non-profit association that provides information, education, networking and referrals to those with specialized issues involving the elderly or persons with special needs.

**Virginia State Bar Nationwide Lawyer Referral Service ..... 1.800.552.7977**

707 East Main Street, Suite 1500, Richmond, Virginia 23219

[www.vsb.org](http://www.vsb.org)

Provides a referral to an attorney that is in good standing with the Virginia State Bar.

**Virginia Department of Aging and Rehabilitation Services,**

**Virginia Division for the Aging (VDA) ..... 1.800.552.3402**

1610 Forrest Avenue, Suite 100, Richmond, VA 23229

[www.vda.virginia.gov](http://www.vda.virginia.gov)

VDA works with 25 local Area Agencies on Aging (AAAs) as well as other public and private organizations to help older Virginians, their families and loved ones find the services and information.

## Libraries

Alexandria libraries host a variety of events and programs. For calendars, please visit the website or call the branch.

**Charles E. Beatley, Jr. Central Library ..... 703.746.1702**

5005 Duke Street, Alexandria, VA 22304

[www.alexandria.lib.va.us](http://www.alexandria.lib.va.us)

Houses the Alexandria Library Talking Book Department which offers reading machines that play pre-recorded tapes that contain complete, unabridged books for the blind and physically challenged. These tapes are professionally recorded through The National Library Service of the Library of Congress.

**Ellen Coolidge Burke Branch Library..... 703.746.1704**

4701 Seminary Road, Alexandria, VA 22304

[www.alexandria.lib.va.us](http://www.alexandria.lib.va.us)

**James M. Duncan Branch Library ..... 703.746.1705**

2501 Commonwealth Avenue, Alexandria, VA 22301

[www.alexandria.lib.va.us](http://www.alexandria.lib.va.us)

**Kate Waller Barrett Branch Library..... 703.746.1703**

**Special Collections/Local History..... 703.746.1706**

717 Queen Street, Alexandria, VA 22314

[www.alexandria.lib.va.us](http://www.alexandria.lib.va.us)

Houses the Special Collections Division which includes information regarding Alexandria and Virginia history. Activities include generating online exhibits, collection guides and genealogy indexes.

## Multicultural Services and Special Populations

**Alexandria VET Center..... 703.360.8633**

6940 South Kings Highway, Suite 204, Alexandria, VA 22310

Provides mental health services to veterans.

**Christ House, Catholic Charities of Arlington Diocese**

**Monetary Assistance..... 703.548.4227**

**Shelter ..... 703.549.8644**

131 South West Street, Alexandria, VA 22314

[www.cdda.net](http://www.cdda.net)

Emergency assistance, counseling, immigration service, legal assistance and information and referral.

**Ethiopian Community Development Council, Inc. (ECDC)..... 703.685.0510**  
901 South Highland Street, Arlington, VA 22204  
www.ecdcus.org  
Responds to the needs of newcomers from diverse cultural backgrounds.

**Hispanic Committee of Virginia (NVFS) ..... 703.671.5666**  
5827 Columbia Pike, Suite 200, Falls Church, VA 22041  
www.nvfs.org  
Information and referral, English as a Second Language and citizenship classes, immigration services, employment, education, social services, home buying, and entrepreneurial projects.

**Hogar Immigrant Services ..... 703.534.9805**  
**Catholic Charities of Arlington Diocese**  
6201 Leesburg Pike, Suite 307, Falls Church, VA 22044  
www.hogarimmigrantservices.org  
Adoption, counseling, elderly services, crisis pregnancy counseling, food pantry, immigration, legal, services for the disabled, English as a Second Language classes, and prison ministry.

**Jewish Community Center of Northern Virginia (JCCNV) ..... 703.323.0880**  
8900 Little River Turn Pike, Fairfax, VA 22031  
www.jccnv.org  
Educational, social and recreational activities for senior adults, and information and referral.

**Jewish Council for the Aging of Greater Washington 703.425.0999 or 301.255.4200**  
**TTY ..... 301.881.5263**  
12320 Parklawn Drive, Rockville, MD 20852  
www.accessjca.org  
Provides transportation, volunteer opportunities, information and referrals in Northern Virginia. Services are non-sectarian.

**Jewish Social Service Agency .....703.204.9100 or 703.896.7918**  
3018 Javier Road, 2nd Floor, Fairfax, VA 22031  
www.jssa.org  
Provides information and referral, employment, counseling, home visit assessments, friendly visiting, volunteer opportunities, hospice, bereavement, disability, services and home care.

**Korean Services (Salvation Army)..... 703.385.8702 extension 28**  
**Social Services Alexandria..... 703.548.0579**  
**Shelter referral..... 703.329.2080**  
**Transitional housing ..... 703.836.2427**  
4915 Ox Road, Fairfax, VA 22030  
www.salvationarmysouth.org  
Korean information and referral service.

**Multicultural Human Services Center (NVFS)..... 571.748.2800**

6400 Arlington Boulevard, Suite 110, Falls Church, VA 22046

[www.nvfs.org](http://www.nvfs.org)

Domestic violence programs. Programs for survivors of torture and severe trauma and multicultural mental health treatment and services in a variety of languages.

**National Caucus and Center on Black Aged, Inc. .... 202.637.8400**

1220 L Street, NW, Suite 800, Washington, D.C. 20005

[www.ncba-aged.org](http://www.ncba-aged.org)

Goal is to improve the quality of life for elderly African Americans and low income minorities.

**Older Women's League (OWL)**

**Field Services Office ..... 1.800.825.3695 or 202.567.2606**

1625 K Street NW Suite 1275 Washington DC 20006

[www.owl-national.org](http://www.owl-national.org)

National association that works to improve the status and quality of life for midlife and older women.

**U.S. Department of Veterans Affairs ..... 1.800.827.1000**

810 Vermont Avenue, NW Washington, DC 20420

[www.va.gov](http://www.va.gov)

Information regarding services available to service members, veterans, spouses and other eligible beneficiaries.

**Virginia Department for Veteran Services ..... 703.813.1529**

5520 Cherokee Avenue, Suite 100, Alexandria, VA 22312

Provides assistance in preparing claims for Veterans benefits and referrals to other services.

**Veterans Health Care Benefits at Fort Belvoir ..... 571.231.2408**

9300 DeWitt Loop (Sunrise Pavilion), Fort Belvoir, VA 22060

Provides medical care and issues Veterans ID Cards.

**Veterans (Armed Forces) services through the Red Cross ..... 240.485.3031**

2020 East West Highway, Silver Spring, MD 20910

Provides job placement and referral services.

## Recreation Activities

**City of Alexandria,**

**Department of Recreation, Parks and Cultural Activities ..... 703.746.5575**

**TTY ..... 711(VA Relay)**

1108 Jefferson Street, Alexandria, VA 22314

[www.alexandriava.gov/recreation](http://www.alexandriava.gov/recreation)

**Power-Plus 55..... 703.746.5575**  
**City of Alexandria, Department of Recreation, Parks and Cultural Activities**  
 1108 Jefferson Street, Alexandria, VA 22314  
[www.alexandriava.gov/recreation](http://www.alexandriava.gov/recreation)  
 Recreation programs for older adults ages 55 and over. Including Power-Plus classes, clubs, one-day adventures, sports, senior Olympics and other services.

**Recreation Centers**

Recreation centers have activities geared toward persons of all ages including trips, special events, classes, and special interest clubs. Fitness and exercise programs are available at many locations. For more information, see [alexandriava.gov/Recreation Centers](http://alexandriava.gov/RecreationCenters). For information, to register for any of the City Recreation Center-based activities listed below, or to be placed on a mailing list, call the Senior Program Office **703.746.5575**.

**Charles Houston Recreation Center..... 703.746.5552**  
 901 Wythe Street, Alexandria, VA 22314

**Chinquapin Recreation Center..... 703.746.5553**  
 3210 King Street, Alexandria, VA 22302

**Cora Kelly Recreation Center..... 703.746.5554**  
 25 West Reed Avenue, Alexandria, VA 22302

**Mount Vernon Recreation Center ..... 703.746.5556**  
 2701 Commonwealth Avenue, Alexandria, VA 22301

**Nannie J. Lee Memorial Recreation Center ..... 703.746.5550**  
 1108 Jefferson Street, Alexandria, VA 22314

**Northern Virginia Senior Olympics..... 703.228.4721**  
[www.nvso.us](http://www.nvso.us)

The Northern Virginia Senior Olympics Program is held annually in September and open to all resident ages 50 years and older. Senior adults are offered the opportunity for competition and fellowship through the Senior Olympics experience.

**William Ramsay Recreation Center ..... 703.746.5558**  
 5650 Sanger Avenue, Alexandria, VA 22311



## Senior Centers

**Saint Martin de Porres Senior Center..... 703.751.2766**

**City of Alexandria, Division of Aging and Adult Services**

4650 Taney Avenue, Alexandria, VA 22304

[www.cdda.net/programs\\_elderly.php](http://www.cdda.net/programs_elderly.php)

Non-denominational senior center serving City residents aged 60 and over. Offers wellness classes, exercise, English as a Second Language (ESL) classes, blood pressure screenings, support groups and social services. A nutritious lunch is served daily. Transportation is available through the Division of Aging and Adult Services at **703.746.3275**.

**The Senior Center at Charles Houston ..... 703.746.5456**

**City of Alexandria, Division of Aging and Adult Services**

901 Wythe Street, Alexandria, VA 22314

[www.alexandriava.gov/RecreationCenters](http://www.alexandriava.gov/RecreationCenters)

Serves City residents aged 60 and over with wellness classes, blood pressure screenings, support groups, recreational and social activities. Lunch is served daily. Door-to-door bus transportation service to the Center is available through the Division of Aging and Adult Services at **703.746.3275**.

## Other Senior Activities

**YMCA..... 703.838.8085**

420 East Monroe Avenue, Alexandria, VA 22301

[www.ymca.net](http://www.ymca.net)

Helps clients remain fit using indoor pool, ladies health center, and the men's athletic club. Discount memberships for seniors 65 and older.

## Services for Speech, Language and Hearing Impaired Persons

**American Speech-Language Hearing Association**

**(ASHA).....301.296.5700 or 1.800.638.8255**

2200 Research Boulevard, Rockville, MD 20852

[www.asha.org](http://www.asha.org)

Brochures, booklets, lists of centers for assistive devices, practical tips and referrals.

**Hearing Loss Association of America ..... 301.657.2248**

**TTY ..... 301.657.2249**

7910 Woodmont Avenue, Suite 1200, Bethesda, MD 20814

[www.hearingloss.org](http://www.hearingloss.org)

Education, support and self-help motivation to hard of hearing people.

**Northern Virginia Resource Center for Deaf and Hard of Hearing Persons** ..... **703.352.9055**  
**TTY** ..... **703.352.9056**

Pender Drive, Suite 130, Fairfax, VA 22030

[www.nvrc.org](http://www.nvrc.org)

Information and referral, advocacy with public agencies, and community education.

**Virginia Department for the Deaf and Hard of Hearing Voice/TTY** ..... **1.800.552.7917 or 1.804.662.9502**

1602 Rolling Hills Drive, Suite 203, Henrico, Virginia 23229

[www.vddhh.org](http://www.vddhh.org)

The Virginia Department for the Deaf and Hard of Hearing (VDDHH) works to reduce the communication barriers between persons who are deaf or hard of hearing and those who are hearing.

**Virginia Relay Center Voice/TTY** ..... **1.800.552.7917**

1602 Rolling Hills Drive, Suite 203, Richmond, VA 23229

[www.varelay.org](http://www.varelay.org)

This free service connects people who are deaf, hard of hearing, deaf blind or speech disabled and relays the conversation between both parties.

## Transportation Services

**DASH Bus/Alexandria Transit Company** ..... **703.746.3274/703.746.DASH**

3000 Business Center Drive, Alexandria, VA 22314

[www.dashbus.com](http://www.dashbus.com)

City of Alexandria fixed route bus system, including after rush hour service to and from Metro Stations.

**Senior Transportation Services** ..... **703.746.3275**

**City of Alexandria, Division of Aging and Adult Services**

2900 Business Center Drive, Alexandria, VA 22314

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

The Aging and Adult Services bus is available for various trips: grocery shopping, to/from senior centers, and some of their outings. Service is for City residents aged 60+ on specially scheduled routes. Fare: Donation requested, but not required. Special “chartered” trips may be arranged for a fee by reservation.

## Metrobus/Metrorail

**Old Town Transit Shop** ..... **703.229.6227**

1775-C Duke Street, Alexandria, VA 22314

[www.alexandriava.gov/Localmotion](http://www.alexandriava.gov/Localmotion)

Reduced fare tickets for Metro for seniors 65 and above. Obtain passes, tokens, Smartrip cards, schedules and transit information around the Washington Metro area.

**Washington Metropolitan Area Transit Authority (WMATA)..... 202.637.7000**  
**TTY ..... 202.638.3780**  
 600 5<sup>th</sup> Street, NW, Washington, DC 20001  
[www.wmata.com](http://www.wmata.com)  
 Metro Information including schedules, fares, parking, and services for seniors and adults with disabilities.

## Special Transportation Services

\*Denotes vehicles with wheelchair lift van equipment to transport persons with disabilities.

**\*Alexandria Yellow Taxi Cab (24-hour notice for lift vans) ..... 703.549.2500**  
 3014 Colvin Street, Alexandria, VA 22314  
[www.alexandriayellowcab.com](http://www.alexandriayellowcab.com)  
 Dispatch service to taxicabs that provides immediate service.

**American Cancer Society ..... 1.888.227.6333**  
[www.cancer.org](http://www.cancer.org)  
 The American Cancer Society Road to Recovery program provides transportation to and from treatment for people who have cancer who do not have a ride or are unable to drive themselves.

**\*Diamond Transportation Services (24-hour notice for lift vans) ..... 703.912.7606**  
 7307C Highland Street, Springfield, VA 22315  
[www.diamondtransportation.us](http://www.diamondtransportation.us)  
 Paratransit service with wheelchair accessible vans, services for persons with intellectual disabilities and shuttle buses.

**\*D.O.T -Transportation for People with Disabilities ..... 703.746.4079**  
**City of Alexandria, Transit Services**  
 301 King Street, Room 4100, Alexandria, VA 22314  
[www.alexandriava.gov/Transit](http://www.alexandriava.gov/Transit)  
 City of Alexandria taxi cab or wheelchair accessible van service for persons unable to use public transportation. Must have doctor's certification of disability. DOT provides service throughout Alexandria, Falls Church, Fairfax City and Arlington and Fairfax Counties seven days a week. Call for an application or information.

**Medicaid Transportation Service (Logisticare) ..... 1.866.386.8331**  
**Dialysis appointments ..... 1.866.836.1570**  
 620 Herndon Parkway, Suite 100, Herndon, VA 20170  
[www.transportation.dmas.virginia.gov](http://www.transportation.dmas.virginia.gov)  
 Free round-trip transportation to medical appointments for people who have Medicaid and FAMIS clients.

**MetroAccess** ..... 301.562.5360  
**TTY** ..... 301.588.7535  
600 5<sup>th</sup> Street, NW, Washington, DC 20001

[www.wmata.com/accessibility/metroaccess\\_service](http://www.wmata.com/accessibility/metroaccess_service)

Shared ride transit service for people with disabilities who are unable to use fixed-route public transportation. The service provides daily trips throughout the entire Metropolitan region. Accepts Metrorail fare cards as a form of payment. To qualify, you must complete an application and participate in a functional assessment to determine which services best meet your needs.

**Senior Taxi Yellow Card Program** ..... 703.746.5999 option 1  
**City of Alexandria, Division of Aging and Adult Services**

4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

Available to Alexandria residents age 60 and older who meet income requirements. Allows eligible riders to schedule taxi rides directly with Yellow Cab 24 hours a day, 7 days a week with no destination restrictions.

## Vehicle Registration and Handicapped Plates and Permits

**Commonwealth of Virginia Department of Motor Vehicles/Alexandria** 804.497.1700  
**TTY** ..... 1.800.272.9268

2681 Mill Road, Alexandria, VA 22314-4680

[www.dmv.state.va.us](http://www.dmv.state.va.us)

Driver's license, vehicle registration, driving records and disability programs.

## Utilities and Utility Assistance

**Dominion Virginia Power** (electric company)..... 1.888.DOM.HELP / 1.888.366.4357  
[www.dom.com](http://www.dom.com)

Call for information on the Gatekeeper Program, large print bills, third party notice, and priority service for life support devices.

### Energy Assistance

**City of Alexandria, Office of Community Services** ..... 703.746.5918  
2525 Mount Vernon Avenue, Alexandria, VA 22301

[www.alexandriava.gov/DCCHS](http://www.alexandriava.gov/DCCHS)

Financial help to qualified individuals to pay their gas, electric and other utility bills. Ongoing and emergency assistance requests evaluated by DCCHS Community Action Agency staff.

### Fan Care Program

**City of Alexandria, Division of Aging and Adult Services** ..... 703.746.5999 option 1  
4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

Program provides fans, air conditioners, or air conditioner repairs for low-income persons 60+ with health problems. Program runs May-September annually.

**Verizon Telephone Company Lifeline Program** ..... 1.800.837.4966  
**TTY** ..... 1.800.564.0999  
140 West Street, New York, NY 10007  
www.verizon.com  
Provides special service rates for Medicaid, SNAP/food stamp and TANF clients.

**Virginia American Water** ..... 703.549.7080  
2223 Duke Street, Alexandria, VA 22314  
www.amwater.com/myh2o  
Special programs for seniors and disabled adults.

**Washington Gas Company (natural gas)** ..... 703.750.1000  
**TTY** ..... 703.750.7975  
1100 H Street, NW, Washington, DC 20005  
www.washingtongas.com  
Special programs for seniors and disabled adults.

**Weatherization Assistance Program** ..... 540.955.5630  
448 Depot Street, Christiansburg, VA 24013  
www.dhcd.virginia.gov  
Free program that helps to make the homes of low-income homeowners more energy efficient.  
Lowers electric, gas, and possibly other utility bills.

## Vital Records

**City of Alexandria County Clerk**  
**Marriage Certificates and Divorce Records** ..... 703.746.4044 option 0  
520 King Street, Alexandria, VA 22314  
www.alexandriava.gov/clerkofcourt

### Death Certificates

**Virginia Department of Health, Office of Vital Records** ..... 804.662.6200  
2001 Maywill Street, Richmond, VA 23230  
www.vdh.state.va.us/vital\_records

### Vital Records - Any State

www.vitalrec.com

## Volunteering

**American Red Cross - Alexandria Chapter** ..... 703.549.8300  
123 North Alfred Street, Alexandria, VA 22314  
www.redcross.org  
Various opportunities to volunteer.

**City of Alexandria, Division of Aging and Adult Services ..... 703.746.5999 option 1**  
4401 Ford Avenue, 1<sup>st</sup> Floor, Alexandria, VA 22302  
[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)  
Opportunities to work with older persons in senior centers or the Adult Day Services Center.

**Senior Services of Alexandria ..... 703.836.4414**  
700 Princess Street, Alexandria, VA 22314  
[www.seniorservicesalex.org](http://www.seniorservicesalex.org)  
Opportunities to volunteer for the friendly visitor program by visiting lonely seniors or to deliver Meals on Wheels to homebound seniors.

**Volunteer Alexandria ..... 703.836.2176**  
123 North Alfred Street, 1<sup>st</sup> Floor, Alexandria, VA 22314  
[www.volunteeralexandria.org](http://www.volunteeralexandria.org)  
Opportunities to volunteer with any of over 200 local service agencies.

## Voter Information

**Alexandria Registrar of Voters 703.746.4050**  
132 North Royal Street, Room 100, Alexandria, VA 22314  
[www.alexandriavoter.org](http://www.alexandriavoter.org)  
Voter registration information and applications for voter absentee ballots.

**Virginia Department of Motor Vehicles ..... (DMV) 804.497.1700**  
2681 Mill Road, Alexandria, VA 22314  
[www.dmv.virginia.gov](http://www.dmv.virginia.gov)  
Apply to register to vote or make changes to your voter registration.

**Virginia State Board of Elections ..... 1.800.552.9745**  
**TTY: ..... 1.800.260.3466**  
1100 Bank Street, Richmond, VA 23219  
[www.sbe.gov](http://www.sbe.gov)  
Questions about voter registration or the status of your voter registration, application or card.



## DCHS Program Site Directory

### **1900 North Beauregard Street**

AlexandriaWorks!, 703.746.5865  
Center for Alexandria's Children, 703.838.4381  
Early Childhood Division, 703.746.5437  
JobLink Adult Employment, 703.746.5940  
TeensWork!, 703.746.5880

### **2525 Mt. Vernon Avenue**

Child Welfare, 703.746.5757  
Community Services, 703.746.5901  
Eligibility Programs, 703.746.5801  
Women's Initiatives, 703.746.5030

### **421 King Street**

Alexandria Campaign on Adolescent Pregnancy,  
703.746.3131  
Domestic Violence Program, 703.746.4911  
Sexual Assault Center, 703.683.7273  
School-Age Youth Development, 703.746.3436  
Substance Abuse Prevention Coalition of Alexandria,  
703.746.3670

### **720 North Saint Asaph Street**

Administrative Offices, CSB, 703.746.3400  
Emergency Services, 703.746.3401  
MH/ID/SA Intake, 703.746.3535  
Outpatient Mental Health Services, 703.746.3400

### **4480 King Street**

Child Assessment and Treatment Center, 703.838.4708  
Parent Infant Education Program, 703.746.3350  
Residential Services Administrative Offices, 703.746.3500  
West End Wellness Center (formerly Clubhouse), 703.746.3456

### **4401 Ford Avenue**

Aging and Adult Services, 703.746.5999  
Alexandria Vocational Services, 703.746.3333  
Intellectual Disability Case Management, 703.746.3333

### **2355 Mill Road**

Detox Center, 703.746.3636  
Homeless and Ex-Offender Services, 703.746.5912  
Substance Abuse Services, 703.746.3600

**703.746.5999**

**[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)**